



The Six Psalms (3, 37, 62, 87, 102, 142)

Glory to God in the highest, and on earth, peace, good will toward men. (thrice)

O Lord, open thou my lips, and my mouth shall declare thy praise. (twice)

Psalm 3

O Lord, why are they that afflict me multiplied? Many rise against me. Many say of my soul, There is no salvation for him in his God. But thou, O Lord, art my succor, my glory, and the lifter-up of my head. With my voice have I cried to the Lord, and He hath heard me out of his holy mountain. I fell asleep and slept; I rose up again, for the Lord succoreth me. I will not fear ten thousands of the people that have set themselves against me round about. Arise, O Lord, save me, O my God: For thou has smitten all who bear enmity against me; the teeth of sinners hast thou shattered. Salvation is of the Lord, and thy blessing is upon thy people.

And again:

I fell asleep and slept; I rose up again, for the Lord succoreth me.

Psalm 37

O Lord, in thy displeasure rebuke me not, neither in thy wrath chastise me: for thine arrows have stuck fast in me, and thy hand hath lain upon me. There is no wholeness in my bones in the face of thy wrath; there is no peace in my bones by reason of my sins. my transgressions have gone over my head, and as a heavy burden are become heavy upon me. My wounds stink and are corrupt by reason of my foolishness. I grew weary and was

bowed down even to the end; all the day long I went about grieving: for my loins are filled with deceptions; and there is no wholeness in my flesh. I was oppressed and humbled exceedingly; I roared from the groaning of my heart. O Lord, before thee is all my desire, and my groaning is not hidden from thee. My heart is troubled, my strength hath forsaken me, and the light of mine eyes itself is not with me. My friends and my neighbors have come nigh and have stood against me: and those near me stood afar off, and those that sought my soul did violence; and those that sought evil for me spake vain things and meditated deceit all the day. But I, as a deaf man, heard not, and as a man not opening his mouth: and was like a man that heareth not, and who in his mouth hath no reproofs. on thee, O Lord, have I hoped; thou shalt hearken, O Lord my God. For I said, let mine enemies never rejoice over me: for when my feet were moved they spake greatly against me. For I am prepared for scourges, and mine agony is continually before me. For I will declare my transgression, and I will care for my sin. But mine enemies live, and are become mightier than I, and those that hate me wrongfully are multiplied: those that reward me evil for good slandered me because I pursued goodness. Forsake me not, O Lord my God; turn not away from me. Attend to my help, O Lord of my salvation.

And Again:

Forsake me not, O Lord my God; turn not away from me. Attend to my help, O Lord of my salvation.

Psalm 62

O God, my God, unto thee do I rise up early; for thee my soul hath thirsted, how often my flesh hath thirsted for thee, in a desert land, untrodden and waterless. Thus in the sanctuary have I appeared before thee, that I might see thy power and thy glory. For better is thy mercy than life; my lips shall praise thee. Thus will I bless thee in my life, and in thy name will I lift up my hands. As with marrow and fatness let my soul be satisfied; and my mouth shall praise thee with joyful lips. Whilst I remembered thee in my bed, in the mornings have I meditated upon thee: for thou art become my Helper, and under the shelter of thy wings will I rejoice. My soul hath cleaved unto thee; thy right hand hath upholden me. But in vain have they sought my soul; they shall go into the nether regions of the earth; they shall be delivered into the hands of the sword; they shall be a portion for foxes. But the king shall be glad in God; all they that swear by him shall be praised, for the mouth of them that speak unrighteousness hath been stopped.

And again:

In the mornings have I meditated upon thee, for thou hast become my helper, and under the shelter of thy wings will I rejoice. My soul hath cleaved unto thee; thy right hand hath upholden me.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages Amen.

Alleluia, Alleluia, Alleluia, Glory to thee, O God. (thrice)

Lord have mercy. (thrice)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages Amen.

Psalm 87

O Lord God of my Salvation, I have cried in the day and in the night before thee. Let my prayer come in before thee; bow down thine ear to my supplication. For my soul is filled with evil, and my life hath come nigh to hell. I have been counted among them that go down into the pit. I am become as a helpless man, free among the dead, like them that are wounded and lie down in the grave, whom thou hast remembered no more; and they are cut off from thy hand. They have laid me in the lowest pit, in dark places, and in the shadow of death. Thy displeasure hath lain upon me; and all thy waves hast thou brought upon me. Thou hast removed mine acquaintances from me; they have made me an abomination to themselves. I was delivered up and did not come forth. Mine eyes were weakened from poverty: I cried unto thee, O Lord, all the day; I stretched forth my hands unto thee. thou work wonders for the dead? Or shall physicians raise them up that they may confess thee? Shall any one declare thy mercy in the grave, and thy truth in perdition? Shall thy wonders be known in the darkness, and thy righteousness in a forgotten land? But I, O Lord, cried unto thee, and in the morning my prayer shall come before thee. Why, O Lord, dost thou reject my soul, and turn away thy face from me? I am poor and in troubles from my youth up; and being exalted, I was humbled and perplexed. Thy wrath hath passed over me; thy terrors have disquited me. They have encompassed me like water all the day, and have overwhelmed me at once. Thou hast removed friend and neighbor from me, and mine acquaintance because of my misery.

And again:

O Lord God of my salvation, I have cried in the day and in the night before thee. Let my prayer come in before thee; bow down thine ear to my supplication.

Psalm 102

Bless the Lord, O my soul, and all that is within me, his holy name. Bless the Lord, Oh my soul, and forget not all his benefits, who cleanseth all thy transgressions, who healeth all thine infirmities, who redeemeth thy life from destruction, who crowneth thee with mercy and compassion, who satisfieth thy desire with good things; thy youth shall be re-newed like an eagle's. The Lord worketh mercies and judgement for all that are wronged. He made known his ways unto Moses, his will to the children of w:st="on"Israel. Compassionate and merciful is the Lord, long-suffering and of great mercy. He shall not be wroth until the end; nor shall He keep his anger for ever. Not according to our sins hath He dealt with us, nor according to our transgressions hath He rewarded us. For as high as the heaven is above the earth, the Lord hath strengthened his mercy toward them that fear him. As far as the

east is from the west, so far hath He removed our transgressions from us. As a father is compassionate to his children, so is the Lord compassionate to them that fear him. For He knew our frame; He remembered that we are dust. As for man, his days are as grass; as the flower of the field so shall he flourish. For the spirit passeth in him, and he shall not be: the place thereof shall know it no more. But the mercy of the Lord is from ages to ages on them that fear him. And his righteousness upon children's children, to such as keep his covenant, and remember his commandments to do them. The Lord hath prepared his throne in heaven; and his kingdom shall be master over all. Bless the Lord, all ye his angels, powerful in might, that do his word, hearing the voice of his words. Bless the Lord, all ye his powers, ye servants of his that do his will. Bless the Lord, all ye his works, in every place of his dominion. Bless the Lord O my soul.

And again:

In every place of his dominion, bless the Lord, O my soul.

Psalm 142

O Lord, hearken unto my prayer; give heed to my supplication in thy truth; hearken unto me in thy righteousness. And enter not into judgement with thy servant, for before thee shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath made me sit in darkness like them that have been long dead. My spirit is dejected within me; within me my heart is disquieted. I have remembered ancient days; I meditated on all thy works; on the works of thy hands did I meditate. I stretched forth my hands unto thee, and my soul like a waterless land unto thee. Hearken unto me speedily, O Lord; my spirit hath vanished. Turn not away thy face from me, lest I become like them that go down into the pit. Make me to hear thy mercy in the morning, for in thee have I hoped. Make known to me the way, O Lord, wherein I should walk, for to thee have I lifted up my soul. Redeem me from mine enemies, O Lord; unto thee have I fled. Teach me to do thy will, for thou art my God. Thy good spirit shall guide me to the land of uprightness. For thy name's sake, O Lord, quicken me. In thy righteousness thou shalt lead my soul out of tribulation. And in thy mercy thou shalt blot out mine enemies, and shalt destroy all them that afflict my soul, for I am thy servant.

And again:

Hearken to me in thy righteousness, O Lord, and enter not into judgment with thy servant.
(twice)

Thy good spirit shall guide me to the land of uprightness.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia, Glory to thee, O God. (thrice)

