

ἈΠΟΛΥΤΙΚΙΑ AND ΚΟΝΤΑΚΙΑ FOR THE ENTIRE YEAR



Music in Byzantine Notation

St. Anthony's Greek Orthodox Monastery

APOLYTIKIA AND KONTAKIA

For the Entire Year

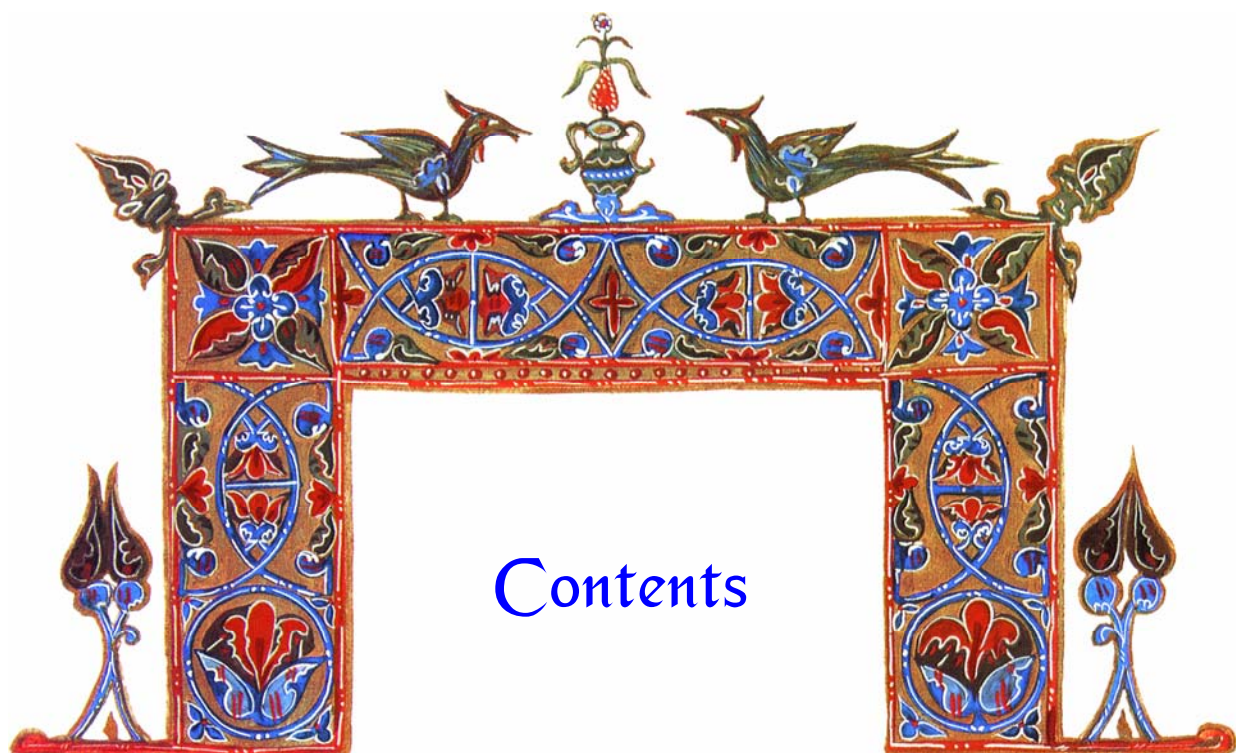
Byzantine Notation
May 2009, Version 1.11

This book is available online for free at:
<http://www.stanthonysmonastery.org/music/MenaionB.htm>

This book is also available in Western Notation at:
<http://www.stanthonysmonastery.org/music/Menaion.htm>

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<u>Foreword</u>	iv
<u>Rubrics</u>	vi
<u>Sources</u>	xi
<u>Credits</u>	xii
I. <u>Menaion</u>	
a. September	1
b. October	99
c. November	207
d. December	319
e. January	437
f. February	563
g. March	647
h. April	731
i. May	799
j. June	885
k. July	977
l. August	1109
II. <u>Triodion</u>	1215
III. <u>Holy Week</u>	1276
IV. <u>Pentecostarion</u>	1289
V. <u>Weekday Theotokia</u>	1343
VI. <u>Additional Troparia</u>	1399
<u>Index</u>	1443



One of the reasons why Byzantine music is not in wide use by choirs outside of Greece, especially in the lands where English is the predominant language, is the lack of resources that faithfully reproduce and reflect the original melodies and accents in Greek. That was until recently: The Divine Music Project undertaken by St. Anthony's Greek Orthodox Monastery in Arizona, USA, and more specifically by the tireless Father Ephraim, is a firm response to this challenge. The breadth of the project is huge. The talented Father Ephraim has succeeded along many lines. It is no easy task to assemble, translate and meter even one service, let alone an entire book.

The latest project, the *Apolytikia and Kontakia for the Entire Year* demonstrates that Byzantine music in the English language is now a mature reality. There are no excuses left for any choir to not consider and adopt what is inherently one of the building blocks of Orthodox Christianity. For those unfamiliar with the Byzantine neumatology, Fr. Ephraim has gone to great lengths to transcribe the melodies into Western notation in settings that any competent choir can offer to the congregation.

The project succeeds at many other levels including the strict metering according to the original Greek text and melody, the accentuation and traditionally accurate rhythm and cadence, the motivation to be all-inclusive and comprehensive given the additional hymns to modern-day and "New World" Orthodox saints, and the coverage of hymns and apolytikia for every day of the ecclesiastic year. The Western notation is also useful for the laity especially those with some degree of musical knowledge. It will assist them in coming together with family and friends to celebrate, on a personal level, saints and services outside the communal setting of the church. Last, on an aesthetic level, the book offers rare artwork that heightens the devotional experience of the dedicated church musician as well as the laity.

From the perspective of a classically trained chanter by Greece's most eminent and legendary teachers and practitioners, I find this resource to be a timely and additional element that serves to strengthen the reason for American Orthodox communities to return to the roots of our faith in the musical and poetic context. There can be no more excuses for excluding the millennial-old traditional Byzantine music from our services given the comprehensive coverage of our services in the English language and in Western notation by St. Anthony's Monastery. Concurrently this, among all other resources offered by the Divine Music Project at St. Anthony's Monastery in Arizona, simplifies the task of the few truly traditional chanters and teachers of Byzantine Music in America to transmit the beautiful art and science to our brothers and sisters who yearn to learn it and to practice it in the very strict and unadulterated manner practiced in the monastic community of Mt. Athos in Greece, and also transmitted to the West through the musicians and chanters who came from Asia Minor and Constantinople.

I pray that our Lord Jesus Christ keep Fr. Ephraim and the brothers at St. Anthony's Monastery healthy and strong in body, mind and spirit to continue to offer us this unparalleled and historically grand opportunity and resource as an additional tool to keep the Orthodox faith traditional to its roots and to resurrect it and establish it as a living art here in America and elsewhere where the English language is the *lingua franca* of the people and the Orthodox ecclesiastic community.

—Dr. Nick Giannoukakis,

Associate Professor of Pathology and Immunology,
University of Pittsburgh School of Medicine

Director of the Byzantine Choir of the Greek Orthodox Metropolis of Pittsburgh,
the Byzantine Music Workshop of the Metropolis, and Protopsaltis.



Rubrics for the Troparia After the Small Entrance

After the Small Entrance of the Divine Liturgy, several troparia are chanted. To determine which troparia should be chanted on a given day, one may consult the typicon in the Ecumenical Patriarchate's yearly publication *Ἡμερολόγιον τοῦ Οἰκουμενικοῦ Πατριαρχείου*. An abbreviated version of this in English is published every year by the National Forum of Church Musicians, entitled *The Liturgical Guide Book*.

On the Holy Mountain, however, the monasteries follow an older typicon that calls for chanting more troparia after the Small Entrance. In particular, the following troparia are chanted after the Small Entrance in a weekday liturgy:

1. The apolytikion of the feast day (only if during a post-feast period, i.e., between a major feast day and its apodosi) or the pre-feast apolytikion (on the eve of a major feast day).
2. The apolytikion of the saint(s) of the day. (When there is more than one saint of the day, only the apolytikia of celebrated saints are chanted, i.e., saints whose canon was chanted in Orthros.)
3. The apolytikion of the church
4. The apolytikion of the monastery
5. The kontakion of the saint of the day. (As with the apolytikia, only kontakia of celebrated saints are chanted.)
6. On Saturdays, "With the Saints give rest" is chanted (see page 1365).
7. The final kontakion "O Protection of Christians." However, on days that the Menaion appoints the Great Doxology to be chanted in Orthros, this final kontakion is replaced by the kontakion of the feast day during post-feast periods (and, of course, on the feast day itself). When not in a post-feast period, the final kontakion is replaced by the kontakion of the Annunciation: "To thee the Champion Leader." Likewise, during pre-feast periods, this final kontakion is replaced by the pre-feast kontakion.

On Sundays, the Athonite typicon dictates that the following troparia be chanted:

1. The apolytikion of the resurrection in the mode of the week is chanted twice. (When there is a co-celebration of the liturgy by more than one priest, the priests chant this apolytikion the first time. Otherwise, the first choir chants it the first time.)
2. The apolytikion of the feast day (only if during a post-feast period, i.e., between a major feast day and its apodosis) or the pre-feast apolytikion (only on the eve of a major feast day).
3. The apolytikion of the saint(s) of the day. (When there is more than one saint of the day, only the apolytikia of celebrated saints are chanted, i.e., saints whose canon was chanted in Orthros.)
4. The apolytikion of the church
5. The apolytikion of the monastery
6. The hypakoë of the mode of the week
7. The kontakion of the saint of the day. (As with the apolytikia, only kontakia of celebrated saints are chanted.)
8. The final kontakion "To thee, the Champion Leader." However, during post-feast periods and on a feast day itself, this final kontakion is replaced by the kontakion of the feast day. Likewise, during pre-feast periods, this final kontakion is replaced by the pre-feast kontakion.

Since it can be difficult to keep track of when the pre-feast and post-feast periods begin and end (which determines what the final kontakion after the Small Entrance will be), we have compiled the chart on the following three pages that gives the final kontakion for every day of the year.





The Final Kontakion After the Small Entrance

Day(s) Chanted	Final Kontakion	Page*
September 1	O God of all...	5
September 2 - 5	Protection of Christians...	1403
	(but on Sundays: Joachim and Anna were freed...)	36
September 6	Joachim and Anna were freed...	36
September 7	In the Immaterial Spirit...	29
September 8 - 12	Joachim and Anna were freed...	36
September 13	The Church is shown to be...	1407
September 14 - 21	Thou Who wast raised up...	49
September 22 - November 7	Protection of Christians...	1403
	(but on Sundays and feast days**: To Thee, the Champion Leader...)	713
November 8 - 9	The sacred treasury...	289

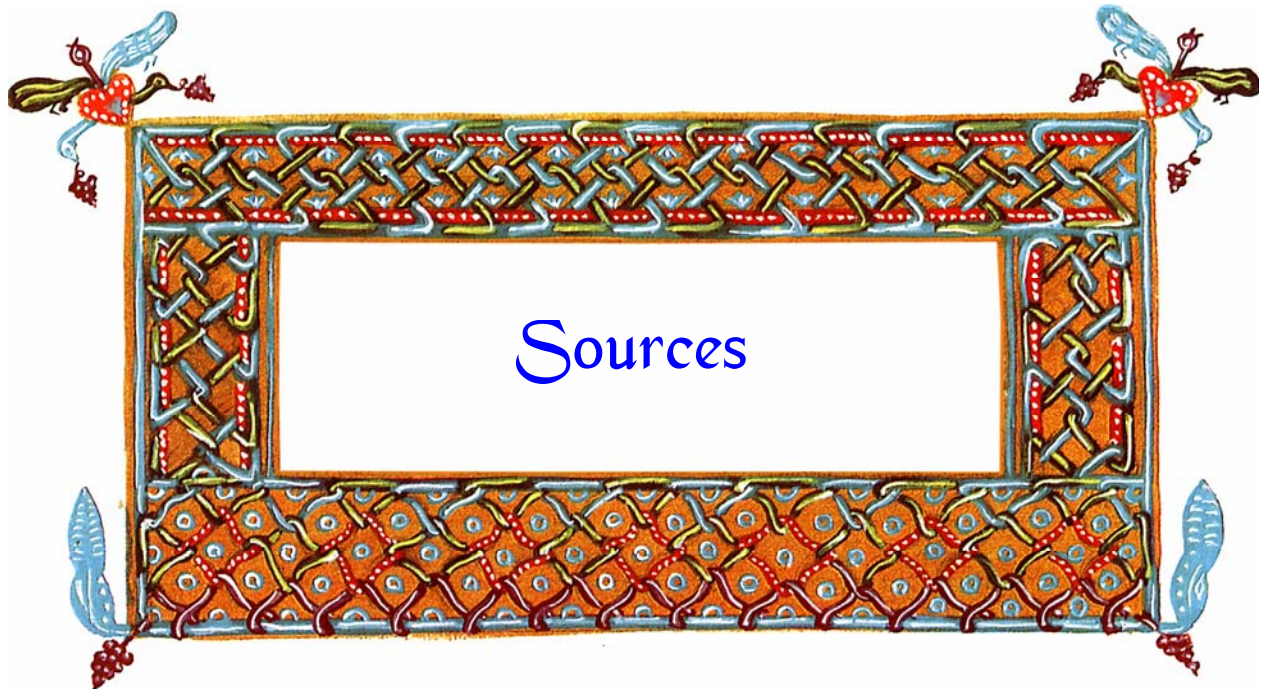
* The numbers in this chart refer to the page numbers in our book in Byzantine notation. To download the chart with page numbers for the same book in Western notation, go to:

<http://www.stanthonymonastery.org/music/Kontakia.pdf>

** A "feast day" is a day on which the Menaion appoints the Great Doxology to be chanted in Orthros.

November 10 - 12	Protection of Christians... (but on Sundays and feast days: The sacred treasury...)	1403 289
November 13 - 14	The sacred treasury...	289
November 15	Protection of Christians... (but on Sundays and feast days: The sacred treasury...)	1403 289
November 16	The sacred treasury...	289
November 17 - 19	Protection of Christians... (but on Sundays and feast days: The sacred treasury...)	1403 289
November 20	The whole world is filled today...	285
November 21 - 25	The sacred treasury...	289
November 26 - December 19	Protection of Christians... (but on Sundays and feast days: On this day the Virgin cometh...)	1403 396
December 20 - 24	On this day the Virgin cometh...	396
December 25 - 31	On this day the Virgin beareth...	416
January 1	Now the Lord of all...	443
January 2 - 5	In the running waters...	467
January 6 - 14	On this day Thou hast appeared...	470
January 15 - 31	Protection of Christians... (but on Sundays and feast days: Thou Who didst sanctify...)	1403 575
February 1	On this day doth Symeon...	567
February 2 - 9	Thou Who didst sanctify...	575
February 10	To Thee, the Champion Leader...	713
February 11 until the Beginning of the Triodion	Protection of Christians... (but on Sundays and feast days: To Thee, the Champion Leader...)	1403 713
March 24	At the great Archangel's voice...	706
March 25	To Thee, the Champion Leader...	713
Beginning of Triodion until the Fifth Sunday of Lent	To Thee, the Champion Leader...	713
Lazarus Saturday	To those on the earth...	1269
Sunday of Pascha until Wednesday of the 6 th Week	Though Thou didst descend...	1293
Weekdays of Thomas Week	With his searching right hand...	1305
Weekdays of the Week of the Myrrh-Bearing Women	When Thou didst cry, Rejoice...	1310
Weekdays of the Paralytic until Mid-Pentecost	As of old Thou didst raise up...	1312

Mid-Pentecost until Wednesday of the 5 th Week	O Sovereign Master and Creator...	1316
Thursday until Saturday of the 5 th Week	Having come to the well in faith...	1318
Monday and Tuesday of the 6 th Week	Being blinded in the eyes...	1320
Ascension Thursday until Friday of the 7 th Week	When Thou hadst fulfilled...	1324
Saturday of the 7 th Week	With the Saints grant rest...	1331
Sunday of Pentecost until its apodosis	Once, when He descended...	1334
Sunday of All Saints	As first-fruits of our nature...	1338
After the Sunday of All Saints until June 28	Protection of Christians... (but on Sundays and feast days: To Thee, the Champion Leader...)	1403 713
June 29 - July 1	To Thee, the Champion Leader...	713
July 2	O godly shelter...	984
July 3 - 24	Protection of Christians... (but on Sundays and feast days: To Thee, the Champion Leader...)	1403 713
July 25	We celebrate now...	1086
July 26	Protection of Christians... (but on Sundays: To Thee, the Champion Leader...)	1403 713
July 27	On the mount Thou wast transfigured...	1132
July 28 - 31	Protection of Christians... (but on Sundays: On the mount Thou wast transfigured...)	1403 1132
August 1	Thou Who wast raised up... (This is chanted even if it falls on a Sunday)	1112
August 2 - 4	Protection of Christians... (but on Sundays: On the mount Thou wast transfigured...)	1403 1132
August 5	All of mortal nature now... (but on Sundays: On the mount Thou wast transfigured...)	1123 1132
August 6-13	On the mount Thou wast transfigured...	1132
August 14	In the Immaterial Spirit	1151
August 15 - 28	The grave and death...	1155
August 29	Joachim and Anna were freed...	36
August 30	Protection of Christians... (but on Sundays: To Thee, the Champion Leader)	1403 713
August 31	Thy precious sash...	1211



The troparia in this book are original compositions based on the melodies and melodic formulae found in the following books:

Ἀναστασιματάριον, Ἰωάννου Πρωτοψάλτου, Ἀδελφότης Θεολόγων ἡ «Ζωή», ιδ΄ ἐκδόσεις, Ἀθήναι, 2002.

Εἰρμολόγιον Καταβασιῶν, Ἰωάννου Πρωτοψάλτου, Ἐκδοτικὸς Οἶκος Βασ. Ρηγοπούλου, Θεσσαλονίκη, 1998 (ἀναύπωσις τῆς ἐν Κωνσταντινούπολει ἐκδόσεως τῇ 1903).

Μουσικὴ Κύψελη, Τόμος Α΄, Β΄ καὶ Γ΄, Στεφάνου Λαμπαδαρίου, Ἐκδόσεις «Ὁ Μιχ. Ι. Πολυχρονάκης», Κρήτη (ἀναύπωσις τῆς ἐν Κωνσταντινούπολει ἐκδόσεως τῇ 1883).

Μουσικὸν Ἐγκόλπιον Παρακλητικῆς, Τόμος Α΄ καὶ Β΄, Ἱερομονάχου Ἱεροθέου, Ἐκδόσεις Ἱ.Μ. Φιλοθέου, Ἁγιον Ὄρος, 2003.





Credits

ALMOST all the texts used for the hymns in this publication are from the Holy Transfiguration Monastery in Brookline, Massachusetts. These copyrighted texts are used with their kind permission. These texts may be found in *The Great Horologion* and the *Menaion*. We chose their translation because many people throughout the world hold their liturgical translations in high regard due to their precision, meter, and elegance.

The apolytikion for the environment was composed by the "Hymnwriter of the Great Church of Christ," Fr. Gerasimos of Little St. Anne's Skete on the Holy Mountain, and was translated by Archimandrite Ephrem Lash.

The texts for the troparia to St. Paisius Velichkovsky are copyrighted by the St. John of Kronstadt Press. We are grateful to Fr. Gregory Williams for allowing us to use these texts.

The text for the troparion of St. Alban, the First Martyr of Britain, was kindly provided to us by Fr. Stephen Platt on behalf of the Fellowship of St. Alban and St. Sergius.

The apolytikion and kontakion of St. Herman of Alaska were taken from the *Orthodox Word*, with permission of the St. Herman Brotherhood in Platina, California. They also graciously gave us permission to use their icons of St. Sushanik and St. Nino that were published in their book *Georgian Saints*, the photo of St. Anatole the Younger of Optina from their book *St. Ambrose of Optina*, and the icon of Sts. Barsanuphius and John from the cover of their book *Guidance Toward Spiritual Life*.

The photo of St. Joseph of Optina was taken with permission from the book *The Elder Joseph of Optina*, published by the Holy Transfiguration Monastery in Brookline, Massachusetts.

The apolytikion of St. Nicholas of Japan was taken from http://orthodoxwiki.org/Nicholas_of_Japan.

The apolytikia of St. Etheldreda of Ely and St. Theodore of Tarsus were originally composed by Krastu Banev, and with his permission we altered a few words to improve the meter of his work.

The apolytikion of St. Tabitha was taken from David Bryant's collection of troparia and kontakia at: <http://users.netmatters.co.uk/davidbryant/C/TropKon/TP.htm> The icon of St. Tabitha, painted at the Holy Monastery of the Dormition of the Theotokos in Parnethos, was used with the kind permission of Aperges & Co. (www.aperges.com) in Athens who print the icon.

We ourselves translated the troparia to St. Stylianos of Pamphlagonia and St. Nicodemus of the Holy Mountain, as well as the Athonite hymn to the Panagia "Παναγία Δέσποινα."

The icon of St. Botolph was painted by the Holy Transfiguration Monastery in Brookline, Massachusetts, and is used with their permission.

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September





THE BEGINNING OF THE INDICTION

September 1

Apolytikion

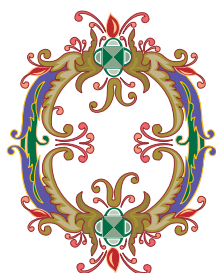
Second Mode

150

Intonation: #4

Ἦχος Δι

Ὁ πάσης Δημιουργός



(M)

(Δ)

Mak - - - er of all cre - a - tion, Who hast es - tab -

(B)

(M)

lished the times and the sea - sons in Thine own pow - - - - er: Bless


(Δ)

the crown of this year with Thy good-ness, O Lord, and keep our

(B)

(M)

rul - ers and Thy flock in peace, by thē in - ter - ces-sions of the The - o -


 to - kos, and save _____ us.



THE PANAGIA OF ARIZONA



SAINT SYMEON THE STYLITE

September 1

Apolytikion

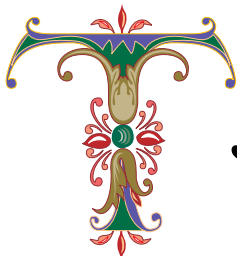
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

ὑπομονῆς στύλος



(Π)

hou be - cam - est a pil - lar of pa - - tience and didst

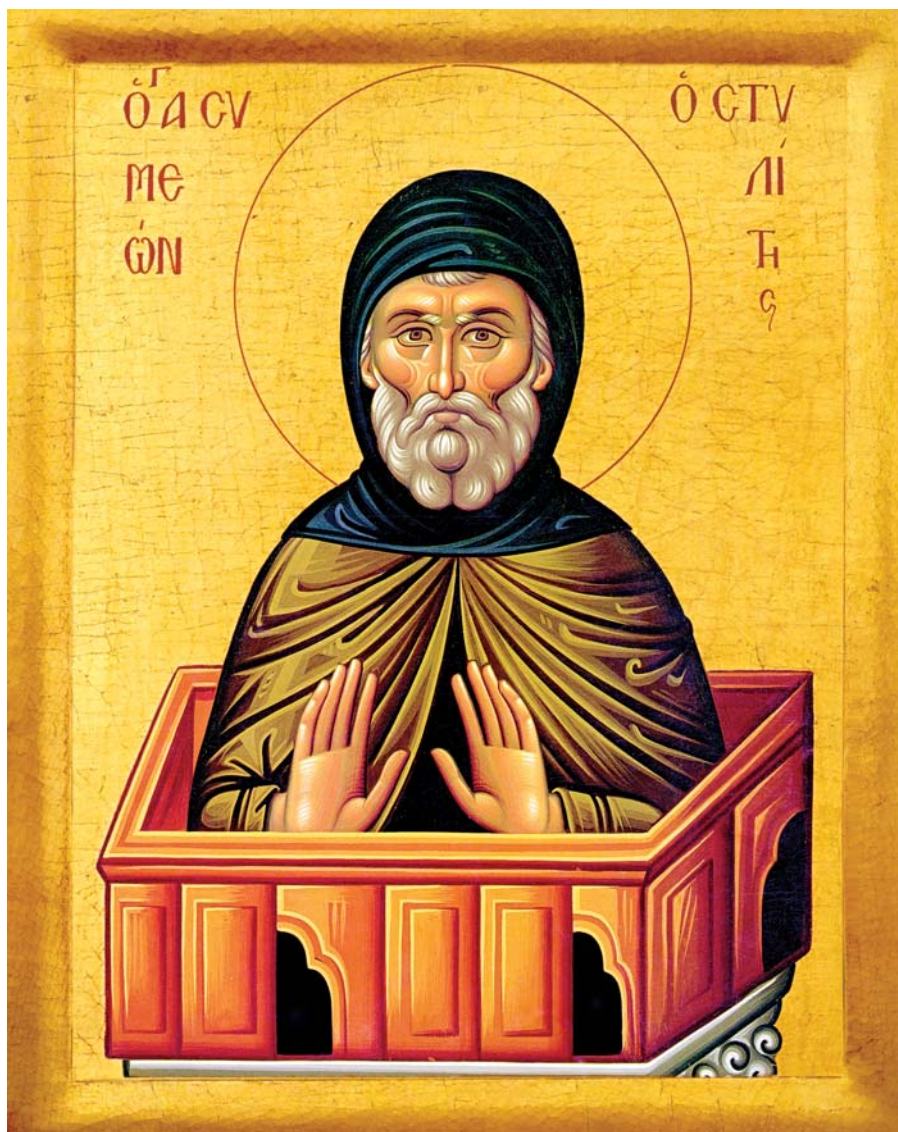
em - u - late the Fore - fa - thers, O right - eous one: Job in his suf - fer -

ings, Jo - seph in temp - ta - tions, and the life of the bod - i - less

while in the bod - y. O Sym - e - on, our right - eous Fa - ther, in - ter -

cede with Christ___ God that our souls___ be___ saved.

π
ρ



SAINT SYMEON THE STYLITE



THE BEGINNING OF THE INDICATION

September 1

Kontakion

Fourth Mode

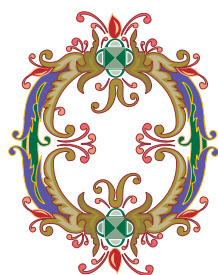
"Thou Who wast raised up"

150


Intonation: #10

Ἦχος Δ

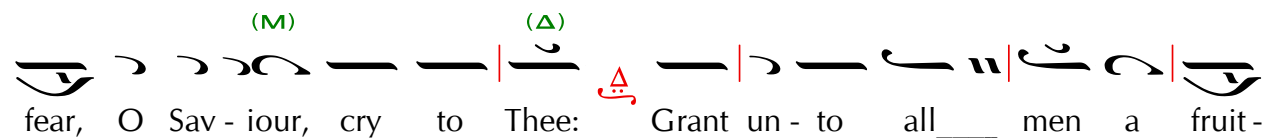
Ὁ τῶν αἰώνων ποιητής




(Δ) (B) (M) (Δ) 4
 God of all,___ Thou___ Who hast made all the ag - es,
 (B) (M) (Δ) 4 (B)
 O Sov - 'reign Lord,___ tru - - ly tran - scen - dent in es-sence, be - stow
 (M) (Δ)
 Thy grace and bless-ing on the year to come; and, O Most Com-
 (M) (Δ) (Γ)
 pas - - sion-ate, in Thine in - fi-nite mer-cy save all them that



 wor-ship Thee, Who a - lone art our Mas - - - - ter, and that with



 fear, O Sav - iour, cry to Thee: Grant un - to all men a fruit -



 ful and god - - ly year.

Let the word of Christ dwell in you richly in all wisdom;
 teaching and admonishing one another in psalms and hymns and spiritual songs,
 singing with grace in your hearts to the Lord.

Colossians 3:16



SAINT SYMEON THE STYLITE

September 1

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τὰ ἄνω ζητῶν



(M)

(Δ)

hou sought-est the heights, though part - ed not from things___ be-low.

(B)

(M)

Thy pil - lar be - came a char - i - ot of fire___ for thee. Thou

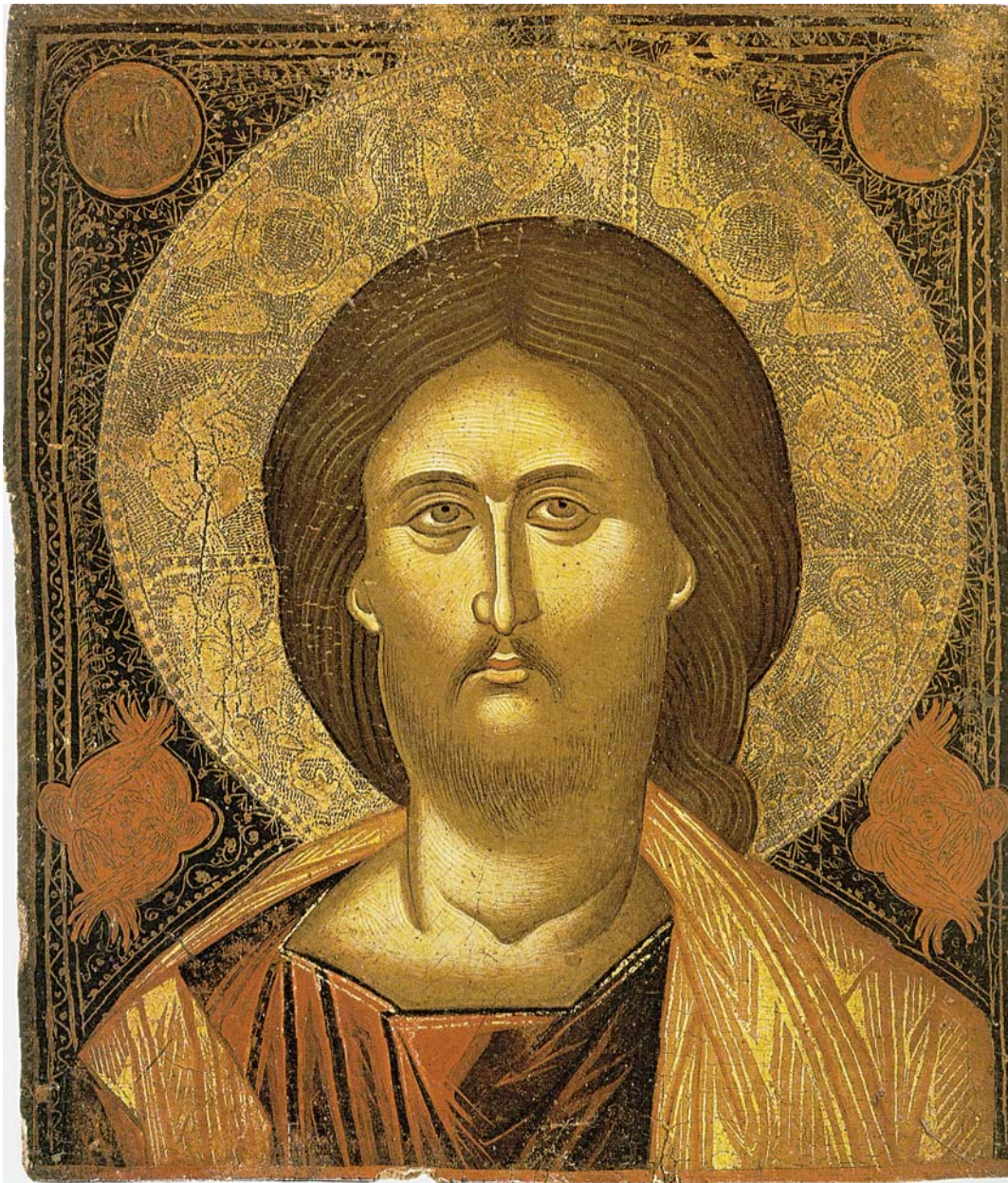
be - cam - est there-by a true com - pan-ion of the an - gel - - - ic

(Δ)

(B)

(M)

host; and to - geth - er with them, O Saint, thou cease - less - ly pray-est





THE SYNAXIS OF THE THEOTOKOS OF MIASENAE

September 1

Apolytikion

150

Grave Mode

Intonation: #21

Ἦχος βαρύς Γα

Χαῖρε κεχαριτωμένη

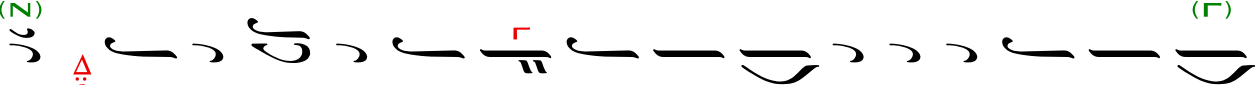




(Γ) (N) e - joice, thou who art full of grace, O Vir - gin The - o - to -

(Γ) - kos, ha - ven and pro - tec - tion of the race of man; for the Re -

(N) deem - er of the world be - came in - car - nate of thee; for thou a -

(M) (Γ) lone art both moth - - er and vir - - - gin, ev - er bless - ed and glo - ri -

(Z)  (Г)
 fied.  In - ter - cede with Christ _____ God that peace be grant-ed un - to all_


 _ the _ world.







THE RIGHTEOUS JESUS OF NABI (JOSHUA SON OF NUN)

September 1

Apolytikion

Second Mode

150

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Je - sus of Nav - i O Lord, through him we be - seech Thee to save_

our souls.





THE HOLY MARTYR MAMAS

September 2

Apolytikion

Fourth Mode

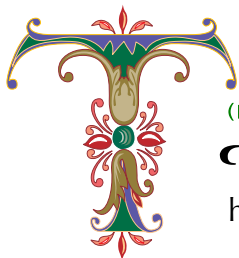
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
(B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.

.



SAINT MAMAS



SAINT JOHN THE FASTER PATRIARCH OF CONSTANTINOPLE

September 2

Apolytikion

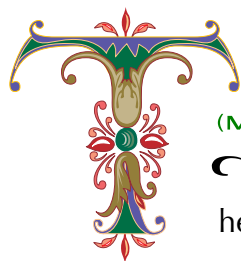
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - - arch John, in - ter - cede_



 __with Christ_____ God that our souls be saved.

6.

Old men ignore the stiffness of age
 to sing [a psalm], and melancholy veterans
 echo it in the joy of their hearts; young men sing
 one without the bane of lust, as do adolescents without
 threat from their insecure age or the temptation of sensual
 pleasure; even young women sing psalms with no loss of wifely
 decency, and girls sing a hymn to God with sweet and supple voice
 while maintaining decorum and suffering no lapse of modesty.
 Youth is eager to understand [a psalm], and the child who
 refuses to learn other things takes pleasure in contem-
 plating it; it is a kind of play, productive of more
 learning than that which is dispensed
 with stern discipline.

- St. Ambrose of Milan



THE HOLY HIEROMARTYR ANTHIMUS BISHOP OF NICOMEDIA

September 3

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος

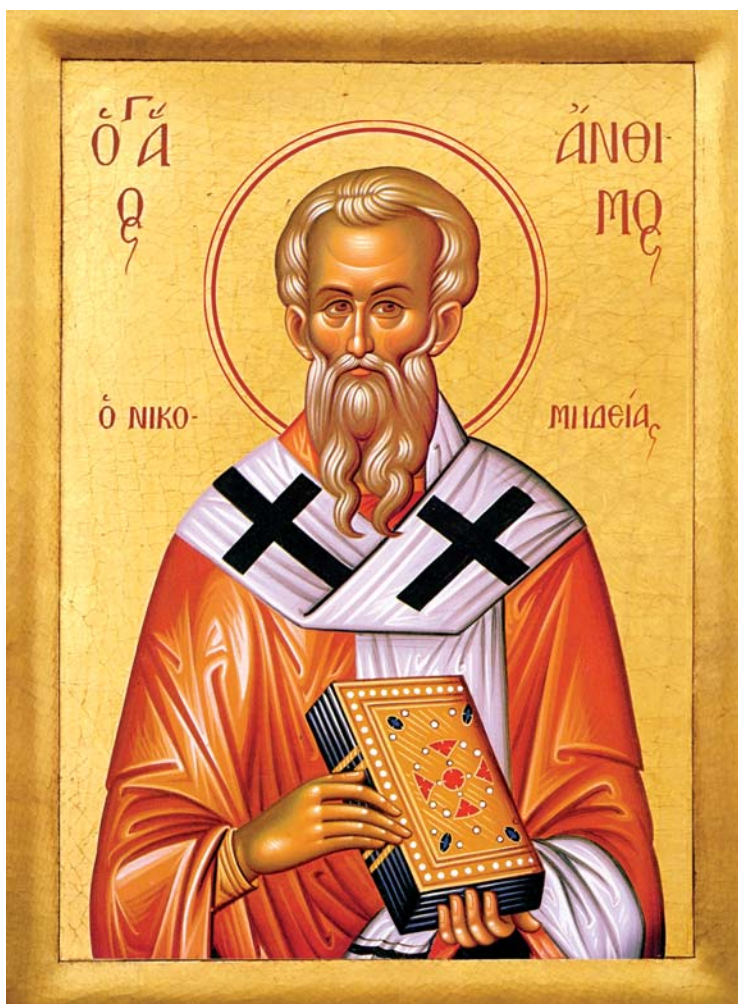


(M) (Δ)
s a shar - er of the ways and a suc - ces - sor to
(B) (M) (Δ)
the throne of the A-pos - - tles, O in - spired of God, thou found -
(M) (Δ) (B)
est dis - - ci - pline to be a means of as - cent to di - vine vi -
(M)
- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(A) thou didst al- so con- test for the Faith e- ven un- to blood, ^(A)

^(B) O Hier- o- mar- tyr An- thi- mus. ^(M) In- ter- cede with Christ our God

^(B) that our souls be saved. ^(B)



SAINT ANTHIMUS



SAINT THEOCTISTUS, FELLOW ASCETIC OF ST. EUTHYMIUS THE GREAT

September 3

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

Θεῶ ἐκ νεότητος



(M) (Δ) (B)

n ho - li - ness con - se - crat - ed un - to God from thy youth,

(Δ) (M) (Δ)

O wise The - oc - tis - tus, thou didst hate at - tach - ment to all

(B) (Δ) (M) (Δ)

things vain and cor - rupt - i - ble. Hence, while shin - ing bright - ly in di - vine

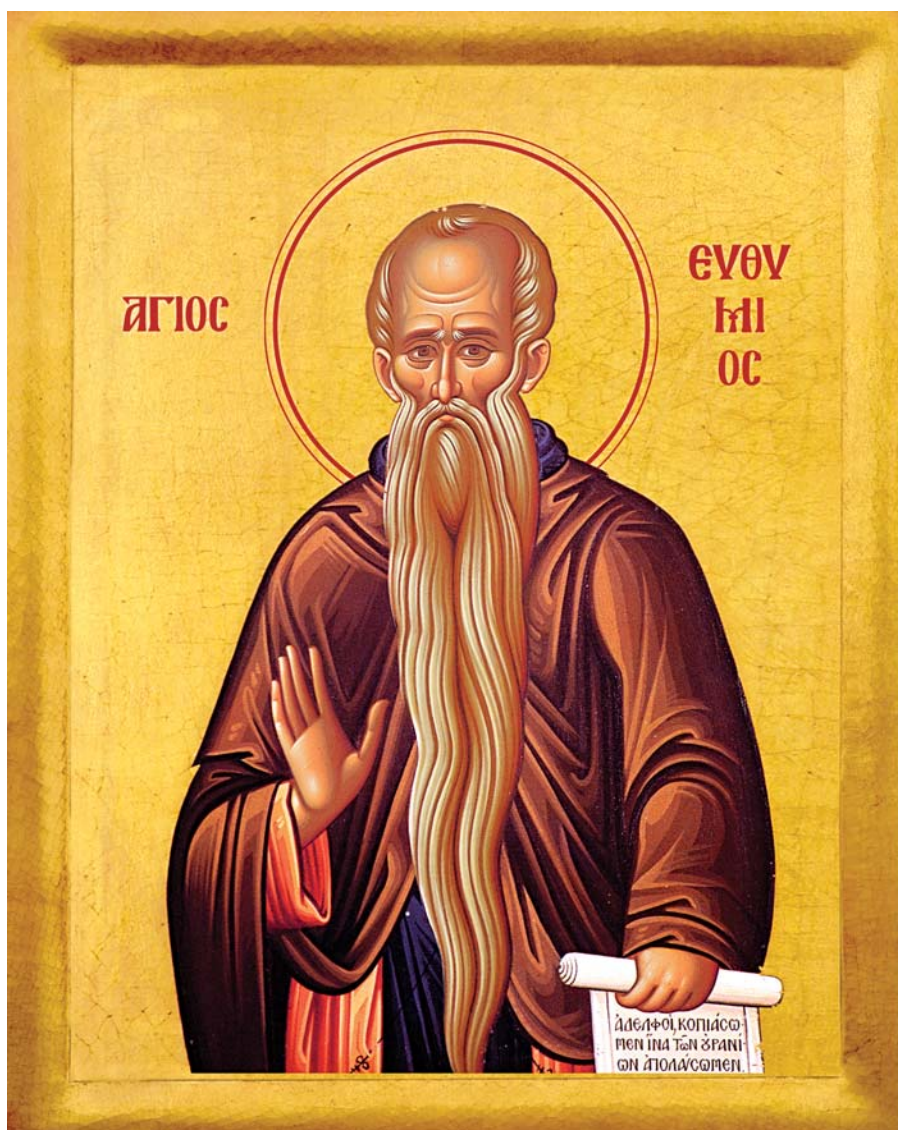
(B)

prayer and still - ness, thou wast a strict train - er of God - bear - ing mo - nas -

tics. And now, O bless - ed Fa - ther, do thou guide us who come to

thee.

.



SAINT EUTHYMIUS THE GREAT



THE HOLY PROPHETS MOSES AND AARON

September 4

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

Proph-ets Mo - ses and Aar - on__ O Lord, through them we be - seech Thee

(B)

(M)

to save _____ our souls.





THE HOLY HIEROMARTYR BABYLAS BISHOP OF ANTIOCH

September 4

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, thou didst al- so con- test for the Faith e- ven un- to blood, ^Δ
^(B) ^(M)
 O Hier- o- mar- tyr Bab- y- las. In- ter- cede with Christ our God
^(B)
 that our souls be saved. ^{6.}



THE MARTYRDOM OF THE
HOLY HIEROMARTYR BABYLAS



THE HOLY PROPHET ZACHARIAS FATHER OF THE VENERABLE FORERUNNER

September 5

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἱερωσύνης στολισμόν



(□) (Δ) (□) (Δ) (□) (Δ) (□) (Δ)

n the ves - ture of a priest, ac - cord - ing to the Law of
God, thou didst of - - fer un - - to Him well - pleas - ing whole - burnt
of - fer - ings, as it be - fit - ted a priest, O wise Zach - - a - ri - -
as. Thou wast a shin - - ing light, a seer of mys - - ter - -

ies, bear - - ing___ in___ thy - self clear - ly the signs___ of___
 grace; and in God's tem - ple, O wise Proph - et of Christ God, thou wast
 slain with the___ sword. Hence, with___ the Fore - - - run - ner, make en -
 treat - y that our souls find___ sal - va - - - - - tion.



THE PROPHET ZACHARIAS



THE COMMEMORATION OF THE MIRACLE BY THE ARCHANGEL MICHAEL IN CHONAE

September 6

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

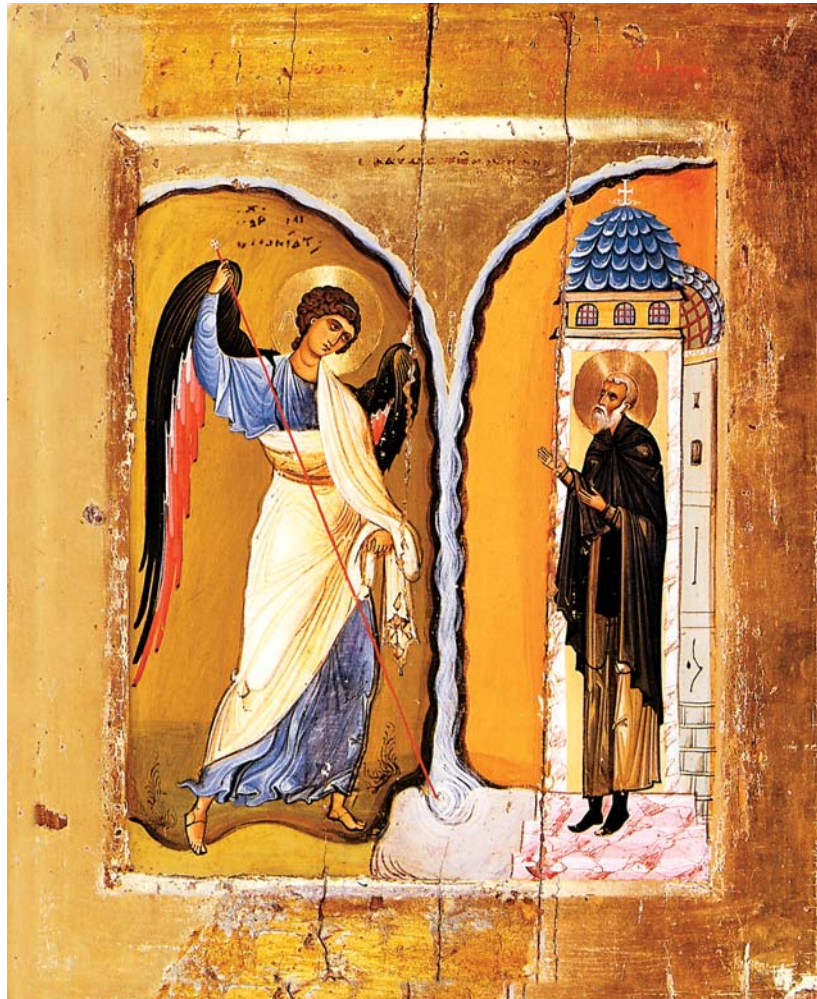
Ἦχος Δ

Τῶν οὐρανίων στρατιῶν



(Δ) (B) (M) (Δ) 4
u - preme Com - mand - - er of the Hosts of the Heav - ens,
(B) (M) (Δ) 4 (B)
we, thē un - wor - - thy, im - por - tune and be - seech thee that by
(M) (Δ)
thy sup - pli - ca - tions thou en - cir - cle us in the shel - ter
(M) (Δ) (Γ)
of the wings of thine im - ma - te - ri - al glo - ry, guard - ing

us who now fall down and cry to thee with fervour: De-liv-
 er us from dangers of all kinds, as the great marshal of
 the heav-en-ly hosts on high.





THE FOREFEAST OF THE BIRTH OF THE THEOTOKOS

September 7

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος ᾠδῆς Δε

Ἐκ τῆς ρίζης Ἰεσοῦ



(□) — — — — — (Δ)
 rom the root of Jes - - se and the loins of Da - vid the great
 king, Δ — — — — — (□)
 Mar - i - am, — the child — of God, is born for our sake
 (Δ) — — — — — (□)
 on this day. Δ Hence, all cre - a - tion ex - ult - eth on its — re - new - -
 4 — — — — — (Δ)
 - al. π Both Heav - en and — thē earth Re - joice to - geth - - er —

now. Praise__ her,__ O__ ye tribes of na - tions here__ be - -
 low. The right - eous Jo - a - chim re - joic - eth, and An - na keep - eth
 feast, cry - ing__ out: The bar - - ren bear - - - eth the The - o -
 to - kos, the nour - ish - er__ of our__ life.



SAINTS IOACHIM AND ANNA
EMBRACING THE THEOTOKOS



THE FOREFEAST OF THE BIRTH OF THE THEOTOKOS

September 7

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Τῇ σепτῇ γεννήσει σου



(Δ) (Κ)
n the Im - ma - te - - ri - al Spir - it, the whole _____
(Δ) (Κ)
world hath been mys - ti - c'ly _____ a-dorned on thine au - gust Na-tiv - - i -
(Δ) Δ
ty; and it doth cry to thee joy-ous - ly: Re-joice, O Vir - - gin,
(Π) (Μ)
thou boast _____ of the Chris- tian race. _____

Δ



THE HOLY MÀRTYR SOZON

September 7

Apolytikion

Fourth Mode

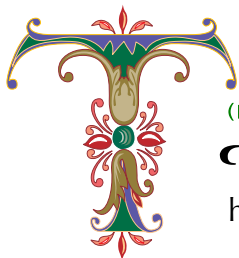
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art mer - ci -

ful.

.





SAINT MACARIUS OF OPTINA

September 7

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα



hough a per - - fect man in years and wis-dom, thou didst
 put thy - self un - der sub - jec - tion in thy love for the
 life of o - - be - di - - ence; and when the Most High be - held
 thy hu - mil - i - ty, He gave thee wis - dom and ho - - li-ness

great-er___ still. ^(Г) O di - vine - ly bless-ed Fa - ther, all-wise Ma - car - i -
 us, ^(Г) en - treat Christ God to grant great mer - cy un - - to___ us. ^(Г)





THE BIRTH OF THE THEOTOKOS

September 8

Apolytikion

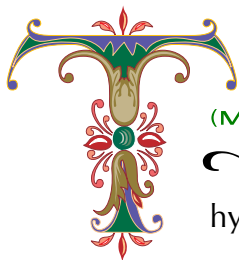
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Ἡ γέννησίς σου Θεοτόκε



(M) (B)

hy Na - tiv - i - ty, O The - o - to - kos, hath pro-claimed_ joy

(M) (Δ)

to the whole__world; for from thee hath dawned the Sun of Right-eous-ness,

(B) (Δ)

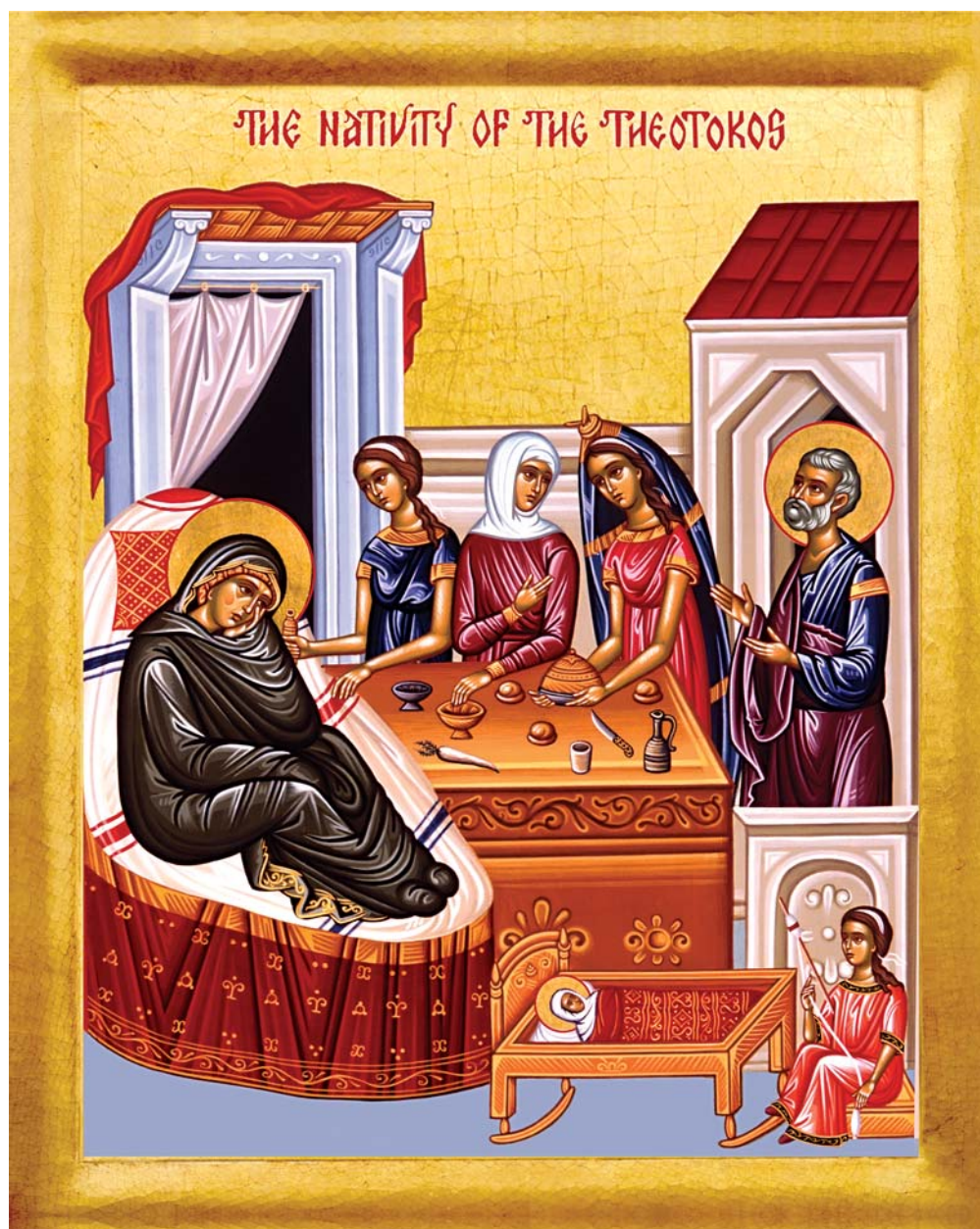
Christ our God, an - nul-ling the curse and be - stow-ing the bless - - -

* (B)

ing, a - bol - ish - ing death and grant-ing us life ev - er-last-ing.

* Finale:

grant-ing us life ev - er - last - - - ing. _____





THE BIRTH OF THE THEOTOKOS

September 8

Kontakion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Ἰσακὲι καὶ Ἄννα



(M)

(B)

o - a - chim and An - na were freed from the re-proach of child -

(M)

(Δ)

less-ness, and Ad - am and Eve from the cor - rup - tion of death, O

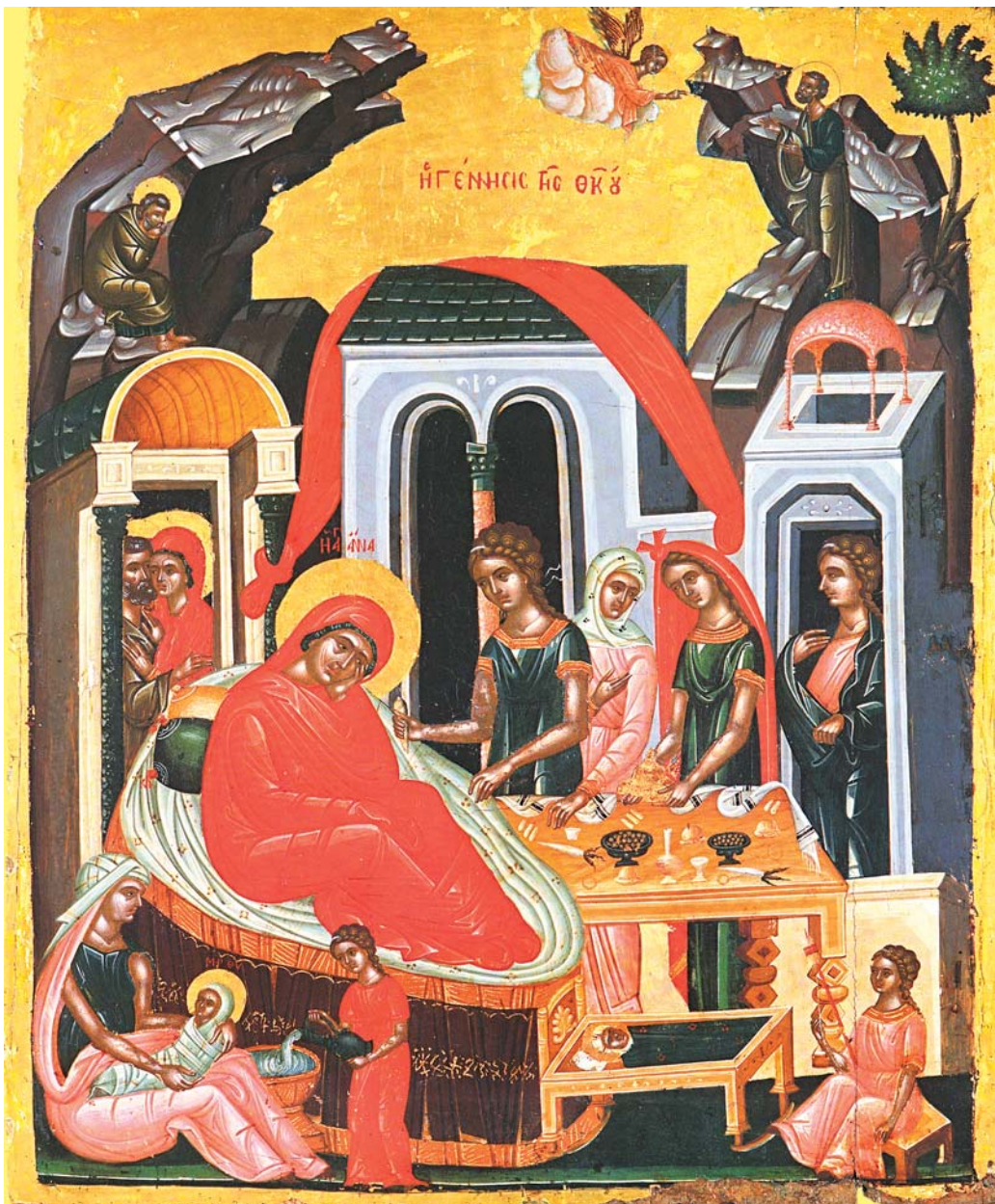
(B)

(M)

im - mac - u - - late one, by thy ho - ly Na - tiv - i - ty, which thy

peo - ple, re - deemed from the guilt of of - fenc - - - es, cel - e -

(B) (M)
 brate by cry - ing to thee: The bar - ren wom - an giv - eth birth to the
 (Δ) (B) (Γ) (Δ)
 The - o - to - - kos, the nour - ish - er of our life.





THE HOLY AND RIGHTEOUS ANCESTORS OF GOD JOACHIM AND ANNA

September 9

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τῶν δικαίων Θεοπατόρων



(M)

s we cel - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

right-eous An - ces-tors O Lord, through them we be - seech Thee to save _____

_____ our souls.





THE HOLY MARTYRS MENODORA, METRODORA AND NYMPHODORA

September 10

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

When, indeed, the Holy Spirit saw that the human race was guided only with difficulty toward virtue, and that, because of our inclination toward pleasure, we were neglectful of an upright life, what did He do? The delight of melody He mingled with the doctrines so that by the pleasantness and softness of the sound heard we might receive without perceiving it the benefit of the words, just as wise physicians who, when giving the fastidious rather bitter drugs to drink, frequently smear the cup with honey.

Therefore, He devised for us these harmonious melodies of the psalms, that they who are children in age, or even those who are youthful in disposition, might to all appearances chant, but in reality, become trained in soul.

- St. Basil the Great



SAINT THEODORA OF ALEXANDRIA

September 11

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ̣ ϣ̣ Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; ϣ̣ for tak - ing up thy cross, thou didst fol - low Christ, Δ̣ q̣ and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ϣ̣ for
 (Γ) (N)
 it pass - eth a - way, Δ̣ q̣ but to at - tend__ to__ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous The - o - do - ra, thy spir -
^(M) it re - joic - eth with thē___ An - gels.





THE HOLY HIEROMARTYR AUTONOMUS

September 12

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M) (Δ)

s a shar - er of the ways and a suc - ces - sor to

(B) (M) (Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M) (Δ) (B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, thou didst al- so con- test for the Faith e- ven un- to blood, ^Δ
^(B) ^(M)
 O Hier- o- mar- tyr Au- ton- o- mus. In- ter- cede with Christ our God
^(B)
 that our souls be saved. ^{6.}



SAINT AUTONOMUS



THE CONSECRATION OF THE CHURCH OF THE HOLY RESURRECTION

September 13

Apolytikion

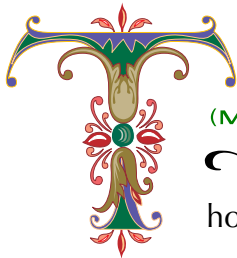
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Ὡς τοῦ ἁνω στερεώματος



(M)

(Δ)

(B)

hou hast shown thē earth - ly beau - ty of the ho - ly tab - er - na -

(M)

(Δ)

cle of Thy glo - - ry to be like un - to the splen-dour of the

(B)

(M)

(Δ)

heav - en - ly fir - ma - ment, O Lord. Strength - en it for ev - er and ev -

(B)

- - - - er, and ac - cept our prayers which we un - ceas - ing - ly of - fer

there-in un-to Thee, ^(M) through the The-o-to-kos, ^(Δ) O Thou Who art the
^(B)
 Life and Res-ur-rec-tion of all. ^{6.}





THE FOREFEAST OF THE EXALTATION OF THE CROSS

September 13

Apolytikion

150

Second Mode

Intonation: #26

Ἦχος Δι

Τὸν ζῶοποιὸν Σταυρόν



(M) e of - - - fer Thee in me - di - a - tion the life - giv -

(B) - ing Cross which, of Thy good-ness, Thou hast giv - en un - to us,

(M) the un - wor- thy, O Lord. Save Thy hier - archs and Thy flock, (Δ) and grant

(M) Thou peace through the The - o - to - kos, O on - ly Friend _____ of man.



THE UNIVERSAL EXALTATION OF THE VENERABLE AND LIFE-GIVING CROSS

September 14

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Σῶσον Κύριε τὸν λαόν σου



(Π)

ave, O Lord, Thy peo - - ple and bless ____ Thine in - her - - i - tance; π q

grant Thou un - to the faith - - ful vic-to - ry o - ver ad-ver - sar - ies. π q And

by the pow - er of Thy Cross do Thou pre-serve Thy com - - mon - wealth. π q



THE UNIVERSAL EXALTATION OF THE VENERABLE AND LIFE-GIVING CROSS

September 14

Kontakion

Fourth Mode

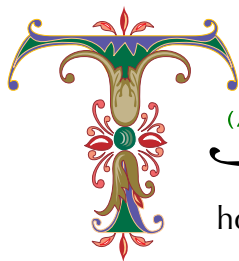
"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

Ὁ ὑψωθείς ἐν τῷ σταυρῷ



hou Who wast raised up on the Cross of Thine own will,
O Christ our God, do Thou be - stow Thy com - pas - sions up - on
this, Thy new com - mon - wealth named af - ter Thee. Glad - den with Thy
sov - - 'reign might our most Or - tho - dox hier - archs, and vouch - safe them

(B) ————
 vic - to - ry o - ver eve - ry false teach - - - ing; and as Thy
 (M) (Δ) ————
 help in war__may they pos - sess the weap - on of peace, the tro -
 (B) (Γ) (Δ) ————
 phy in - vin - - ci - ble. _____





THE HOLY MARTYR NICETAS

September 15

Apolytikion

Fourth Mode

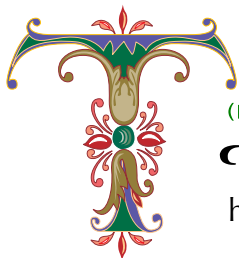
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

.



SAINT NICETAS



THE HOLY GREAT MARTYR EUPHEMIA THE ALL-FAMED

September 16

Apolytikion

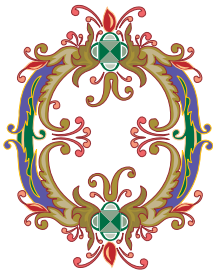
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(□) (Δ)

Lord Je - sus, un - - to Thee Thy lamb doth cry with a

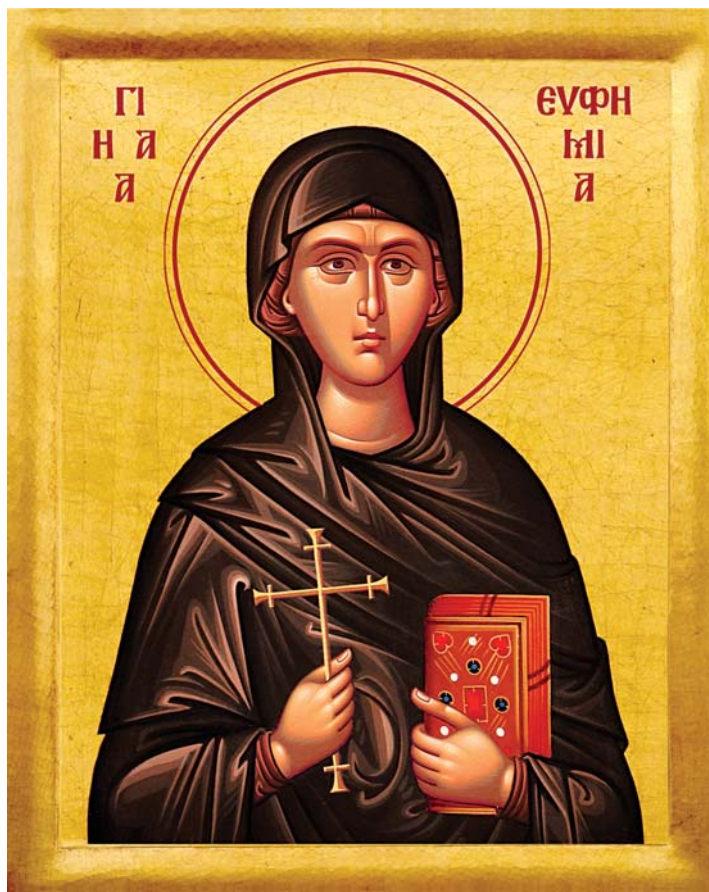
great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I

(Δ) (□)

now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -

4 ied. I suf - fer for Thy sake, that I may reign with

Thee; ^(Δ) for___ Thy___ sake___ I die, that I may live___ in___
^(Δ) Thee: ^(Δ) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. ^(Δ) Lord, save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)



SAINT EUPHEMIA



SAINT NINIAN ENLIGHTENER OF SCOTLAND

September 16

Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8



(Γ) s thē e - - - qual of the Lord's A - pos - tles, (Γ) thou
 (N) didst bring the grace of the good tid - ings (Γ) to the lands of the
 (N) Scots, O wise Nin - i - - an. (N) Thou art a lamp to our feet,
 (Γ) who en - light - en - est (N) our souls to walk in the path of our

God's com - -mands. Hence, we hon - our thee and cry un - to thee with fer - vent

faith: En - treat Christ God to grant great mer - cy un - - - to us.



SAINT NINIAN



THE HOLY MARTYR SOPHIA AND HER THREE DAUGHTERS FAITH, HOPE, AND LOVE

September 17

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.

.





SAINT EUMENIUS THE WONDERWORKER BISHOP OF GORTYNIA

September 18

Apolytikion

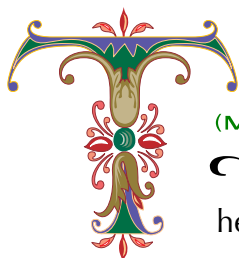
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Eu - men - - i - us, in -



 ter - cede__with Christ_____ God that our souls be saved.

6.

For to sing the Psalms
 demands such concentration
 of a man's whole being on them
 that, in doing it, his usual disharmony
 of mind and corresponding bodily confusion
 is resolved, just as the notes of several flutes are
 brought by harmony to one effect; and he is thus no
 longer to be found thinking good and doing evil, ...so he
 who sings well puts his soul in tune, correcting by degrees its
 faulty rhythm so that at last, being truly natural and integrated,
 it has fear of nothing, but in peaceful freedom from all
 vain imaginings may apply itself with greater long-
 ing to the good things to come. For a soul
 rightly ordered by chanting the sacred
 words forgets its own afflictions
 and contemplates with joy
 the things of Christ
 alone.

- St. Athanasius the Great



THE HOLY MARTYRS TROPHIMUS, SABBATIUS, AND DORYMEDON

September 19

Apolytikion

Fourth Mode

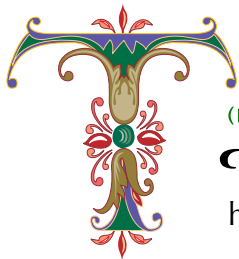
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε

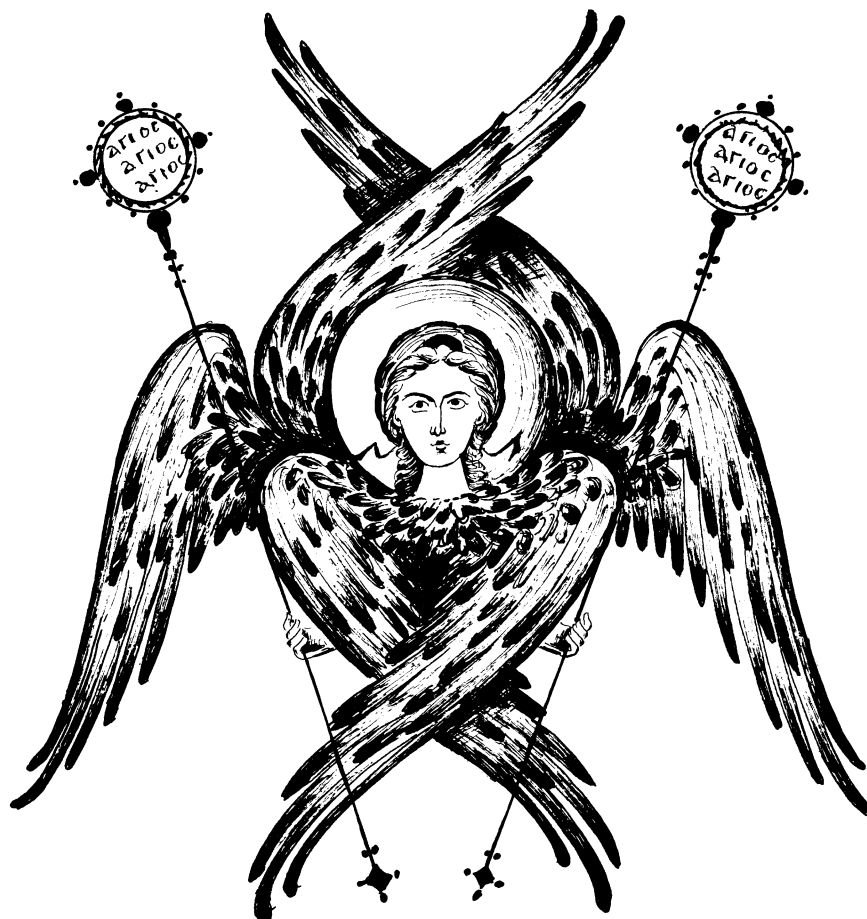


hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

^(M)
 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.

6.





THE HOLY GREAT MARTYR EUSTATHIUS AND THEOPISTE, HIS SPOUSE, AND THEIR TWO SONS AGAPIUS AND THEOPISTUS

September 20

Apolytikion

Fourth Mode

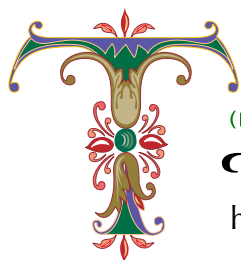
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.

.



SAINT EUSTATHIUS



September 21

Apolytikion

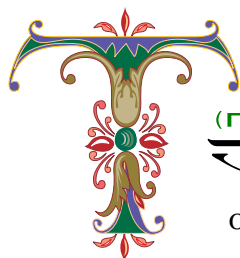
Third Mode
"Thy confession"


χ^2 150

Intonation: #8

ἦχος γ'. Γα

Σάλπιγξ εὐηχος



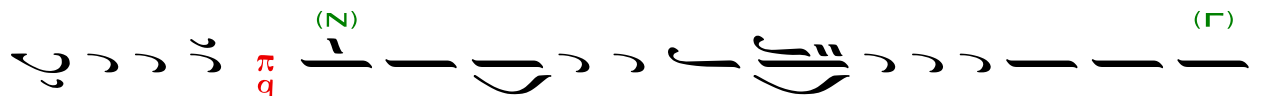


(Γ) o the Nin - - e - vites, thou wast a trum-pet, (N) blar - ing

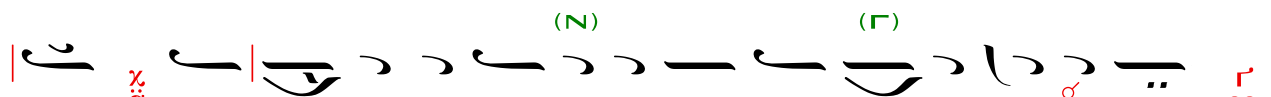
(N) fear - - ful threats of Heav-en's judg-ments, (Γ) at the which__ they re -

(Π) pent - - ed with__ all their__ hearts; (N) πq and from the sea - mon-ster's bel - -

(Γ) ly didst thou fore - show xq the Lord's di - vine Res-ur - rec - - tion to



 all the__world. Hence, en - treat Him to bring out of cor-rup-tion all of



 us, who hon - our thee, O Jo-nas, as a friend__ of__ God.

Even though the meaning of the words [of psalmody] be unknown to you,
 teach your mouth to utter them meanwhile. For the tongue
 is made holy by the words when they are
 uttered with a ready and
 eager mind.

- St. John Chrysostom



THE HOLY APOSTLE QUADRATUS

September 21

Apolytikion

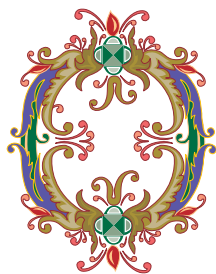
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - ly A - pos - - tle Qua - dra - tus, in - ter - cede -

with the mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.

150



SYNAXIS OF THE RIGHTEOUS FATHERS OF THE NEAR KIEV CAVES

September 22-28*

Apolytikion

Fourth Mode

150

Ἦχος ᾠδὴ Δ΄

Intonation: #10



(B)

e bring be - fore Thee in prayer, O Christ, the great An -

thon - y to - geth - er with the whole as - sem - bly of the God - bear - ing

(M)

(Δ)

Fa - - - thers as a fi - er - y pil - lar and bril - liant sun

(B)

(M)

which hath shone forth from the moun - tain of the Ki - ev Caves. We en - treat

* Their memory is celebrated on the first Saturday after the Apodosis of the Feast of the Exaltation of the Cross.

Thee, by their prayers, grant grace un - to our mon - as - ter - - - y, and
 (B)
 to our souls great mer - - - cy.



THE FATHERS OF THE NEAR KIEV CAVES



THE HOLY HIEROMARTYR PHOCAS BISHOP OF SINOPE

September 22

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

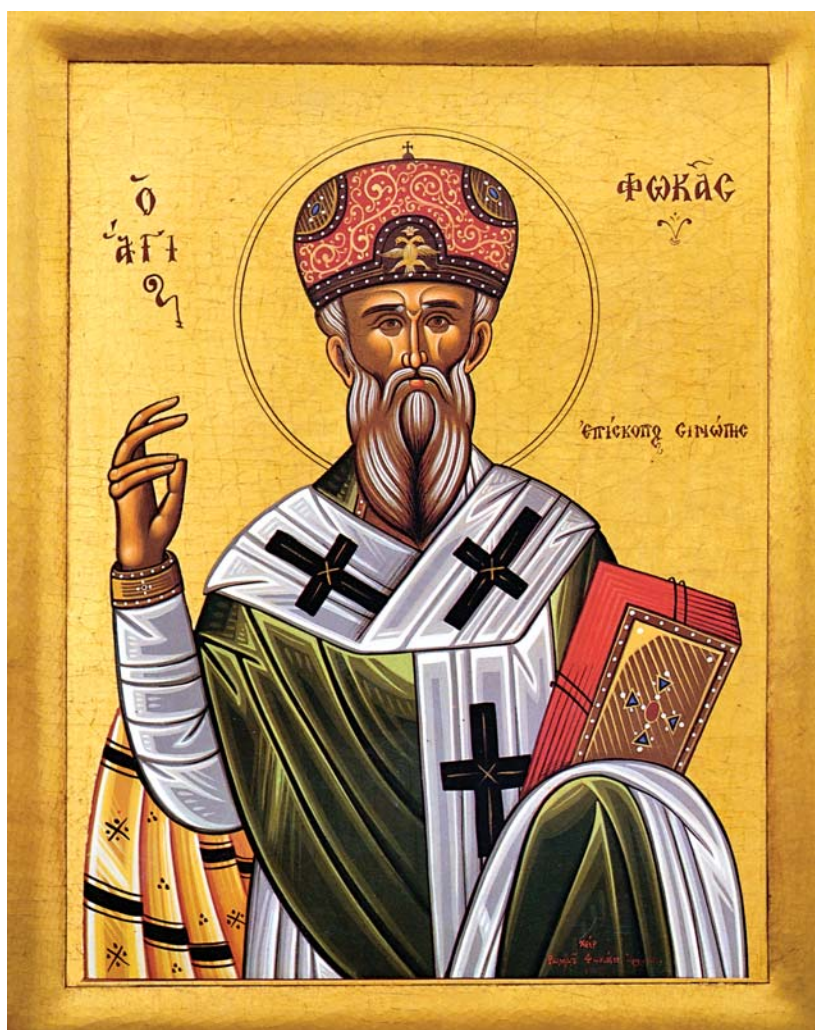
(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(A) thou didst al- so con- test for the Faith e- ven un- to blood, ^(A)

O Hier- o- mar- tyr Pho- - cas. ^(B) In- ter- cede with Christ our God ^(M)

that our souls be saved. ^(B) ⁽⁶⁾



SAINT PHOCAS



THE CONCEPTION OF ST. JOHN THE FORERUNNER

September 23

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ταχὺ προκατάλαβε



(M) (Δ) (B)
e - joice, O thou bar-ren one who hadst not borne un - til now;

(Δ) (M) (Δ)
for lo, in all truth thou hast con-ceived the lamp of the Sun,

(B) (Δ) (M) (Δ)
and he shall send forth his light o - ver all thē earth, which is af - flict -

(B)
ed with blind-ness. Dance, O Zach - a - ri - as, and cry out with great bold-

ness: The one to be born is the blest Proph-et of God Most High.





THE CONCEPTION OF ST. JOHN THE FORERUNNER

September 23

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Intonation: #4

Ἦχος ᾠδὴ Κε

Εὐφραίνεται λαμπρῶς



reat Zach - a - ri - as now doth re - joice with re-splend-ence;
E - liz - a - beth his glo - - ri - ous yoke-mate__ ex - ult-eth; for
she hath con-ceived__ di - vine__ John the Fore - run - - ner wor - - - thi -
ly, whom__ the great__ Arch-an-gel had an-nounced with__ re - joic -

ing, whom, as it _____ is meet, we men re - vere as _____ a sa - cred in -
 i - tiate of grace di - vine.





THE HOLY FIRST MARTYR THECLA THE EQUAL TO THE APOSTLES

September 24

Apolytikion

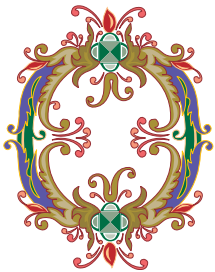
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(Π) Lord Je - sus, un - - to Thee Thy lamb doth cry with a
great voice: (Δ) O my Bride - - groom, Thee I love; and seek-ing Thee, I
now con - test, (Π) and with Thy bap - tism am cru - ci - fied and bur - -
ied. (Δ) I suf - fer for Thy sake, that I may reign with

Thee; for Thy sake I die, that I may live in
 Thee: accept me of-fered out of long-ing to Thee as a spot-
 less sac-ri-fice. Lord, save our souls through her in-ter-ces-sions,
 since Thou art great in mer-cy.

SAINT



THECLA



SAINT SILOUAN THE ATHONITE

September 24

Apolytikion

Fourth Mode

150

Ἦχος Δε

Intonation: #10



(M) y prayer thou didst re- ceive Christ as thy Mas - - - ter

(B) on the path of hu - mil - i - ty; and in thy heart the Ho - ly Spir -

(M) it wit-nessed un - to thy sal-va - - - tion. For this cause all peo -

(Δ) (B) ple called to live in hope are now re - joic - - - ing, and cel - e - brat -

ing thy mem - o - ry. ⁽⁶⁾ O ho - ly fa - ther Sil - - - ou - an, pray to
 Christ to save our souls. ^(B) ⁽⁶⁾



SAINT SILOUAN PRAYING IN HIS CELL

SAINT SILOUAN THE ATHONITE

September 24

Kontakion

Plagal Fourth Mode

150

Ἡχος λ π ρ Γα

Intonation: #10



ur - ing thy life on earth thou didst serve Christ, fol - low - -

(M) ing His path, (N) and now in Heav-en thou dost con-tem-plate Him Whom

thou hast loved; dwell - - ing with Him as He prom-ised to His e - -

lect, O ho - ly Fa-ther Sil - ou-an, in - struct us in the way

(M)

that__ thou hast__ gone.

ⲁⲓ





SAINT EUPHROSYNE

September 25

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; ς for tak - ing up thy cross, thou didst fol - low Christ, Δ q and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
 (Γ) (N)
 it pass - eth a - way, Δ q but to at - tend__ to__ the soul since it

(M) (Γ) (N)
 is im - - mor - tal. Where-fore, O right-eous Eu - phros - y - ne, thy spir -
 (M)
 it re - joic - eth with the ____ An - gels.



SAINT EUPHROSYNE



SAINT SERGIUS OF RADONEZH

September 25

Apolytikion

Fourth Mode

150

Ἦχος Δ'

Intonation: #10



(M)

(Δ)

s an ath - lete in vir - tue, and as a true sol - dier

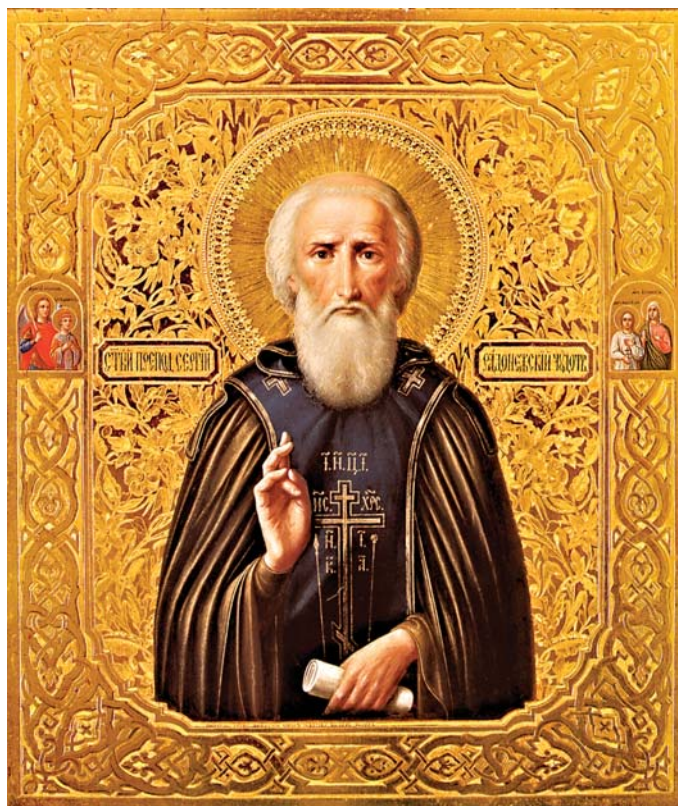
(B) (Δ) (B)
of Christ our God, thou didst strug - gle might - i - ly a - gainst the pas - - sions

(Δ) (B)
in this tem - po - ral life, and thou wast a mod - el__ for thy

(M)
dis - ci - ples in psal - mo - dy, vig - ils, and fasts. Where - fore, the Most Ho -

ly Spir - it dwelt _____ in thee, and thou wast ra-diant - ly a-dorned by
 His grace. But since thou hast bold-ness with the Ho - ly Trin - - i - ty,
 re - mem-ber__ the flock which thou didst gath - er, O wise one; and for -
 get not to vis - it thy chil - dren as thou didst prom-ise, O Ser -
 gius our ho - ly Fa - - - - ther.

SAINT
SERGIUS



OF
RADONEZH



THE TRANSLATION OF THE HOLY APOSTLE AND EVANGELIST JOHN THE THEOLOGIAN

September 26

Apolytikion

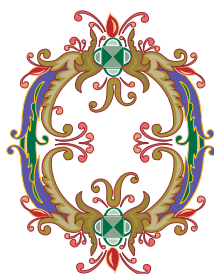
150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀπόστολε Χριστῷ τῷ Θεῷ



(M) A - pos - - - tle, (Δ) be - lov - ed of Christ our God,

(B) Has - ten to de - liv - er a de - fence-less peo - - - ple. (M) He that

(Δ) al - lowed thee to re - cline on His breast, re - ceiv - eth thee bow -

(B) ing in in - ter - ces - - - - - sion. (Δ) Im - plore Him, O The -

o - lo - gian, to dis - pel the per - sist - ent cloud of the hea - - - then,
 and ask for us His peace and great mer - - - - cy.



SAINT JOHN THE THEOLOGIAN



THE TRANSLATION OF THE HOLY APOSTLE AND EVANGELIST JOHN THE THEOLOGIAN

September 26

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τὰ μεγαλεῖά σου



(M)

(Δ)

ho can tell _____ thy might - y works, O vir - - - gin Saint?

(B)

(M)

(Δ)

For thou pour-est forth mir - a - cles, and art a source of heal - ings,

(B)

and thou dost in - ter - cede for __ our souls, as the The - o - lo - gian

(M)

and the friend _____ of Christ.





THE HOLY MARTYR CALLISTRATUS AND THE FORTY-NINE MARTYRS WITH HIM

September 27

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

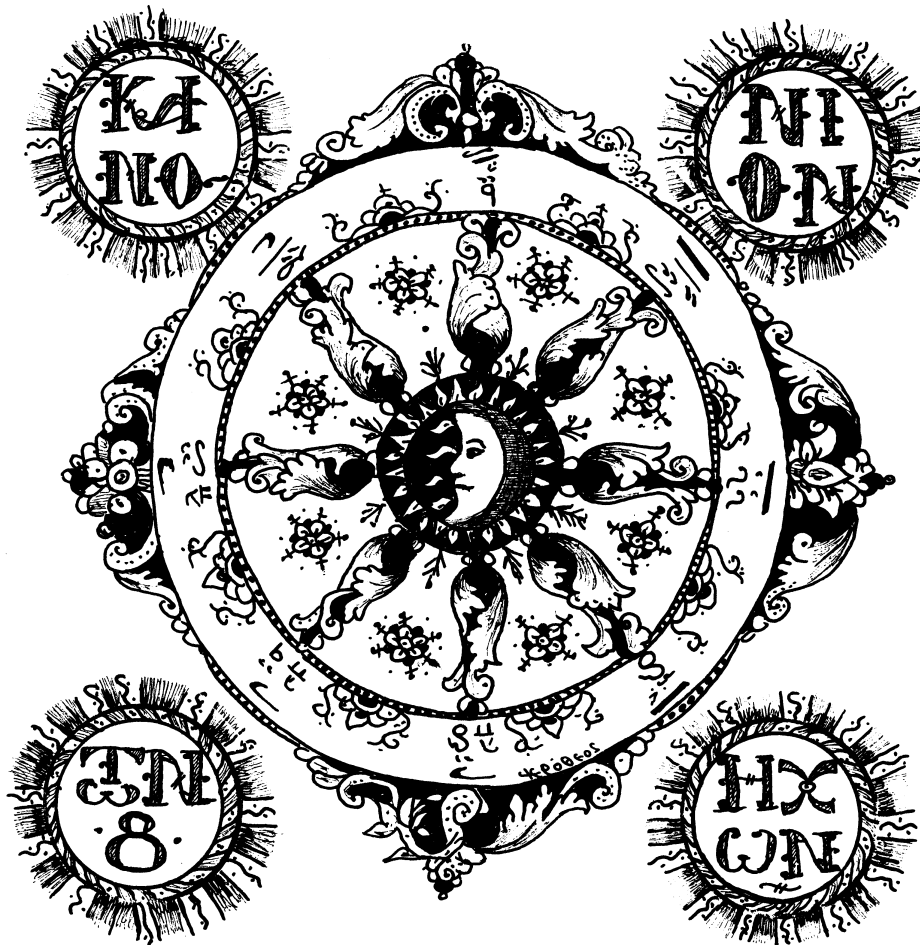
(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

^(M)
 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.

ful.





THE HOLY PROPHET BARUCH

September 28

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

Προφητικῆς ἀξιοθεΐς



(Δ) (B) (M) (Δ) 4
 hou didst fore - tell the Lord's di - vine In - car - na - tion
 (B) (M) (Δ) 4 (B)
 when thou didst cry out to the whole world, O Proph-et: This is
 (M) (Δ)
 our God, there shall be none com-pared to Him; He was seen up -
 (M) (Δ) (Γ)
 on the earth, be - ing born of a Vir-gin: He hath shone up -

on our souls the ^(B) di - vine light of knowl - - - edge. And He doth

grant sal - va - tion un - to ^(M) ^(Δ) all who sing thy praise, O di - vine -

ly in - spired Bar - uch. ^(B) ^(Δ)





SAINT CHARITON THE CONFESSOR

September 28

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π) the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles _ up - on

the world, ^(Δ) O Cha - ri - ton our right - eous ^(M) Fa - ther. ^(Γ) In - ter - cede
 with Christ God that our ^(N) souls ^(M) be ^(Γ) saved.

It was explained to the blessed Epiphanius, bishop of Cyprus, by the abbot of the monastery he had in Palestine: "In accordance with your instructions we have not neglected our rule, but diligently discharge Terce, Sext, and None." However, Epiphanius corrected them and made it clear to them, saying: "You obviously neglect the other hours of the day when you refrain from prayer, for the true monk must have prayer and psalmody in his heart without ceasing."

- Apophthegmata Patrum



SAINT CYRIACUS THE ANCHORITE

September 29

Apolytikion

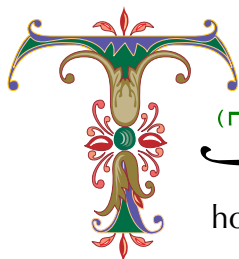
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an an -

gel in the flesh, and a won - der - work - - er, O Cy - ri - a - - cus, our God -

bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

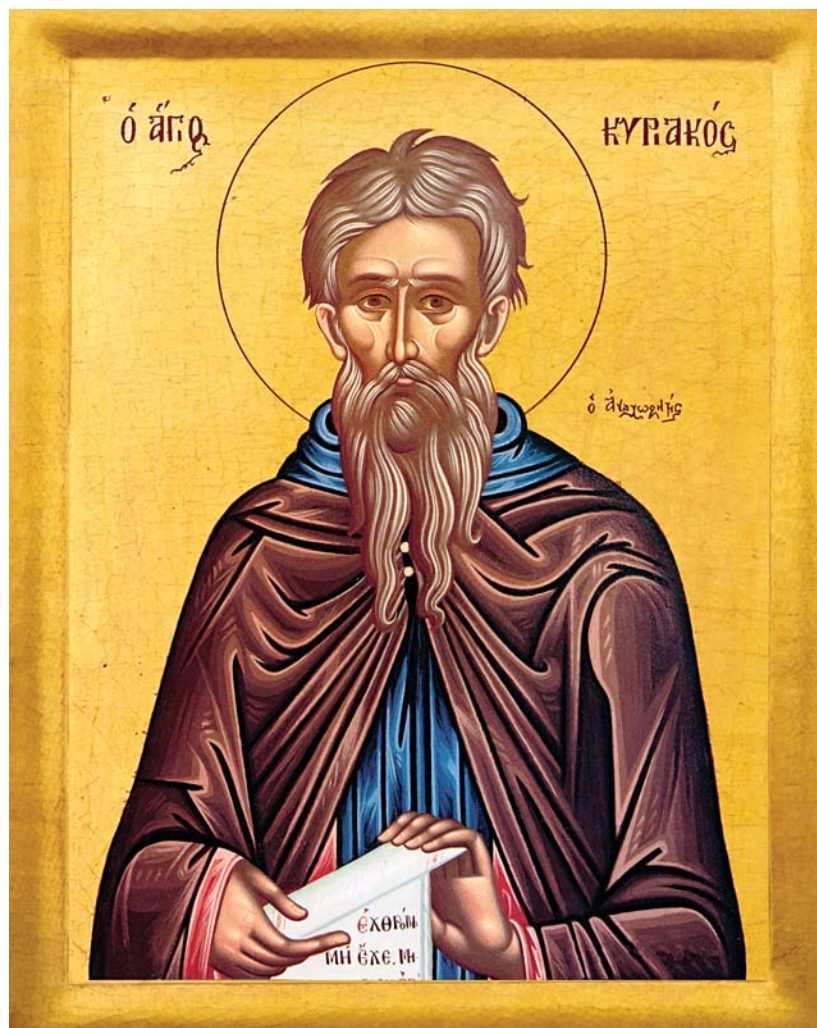
__ heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. π ρ Glo-ry to Him that hath giv - - en thee

strength. Δ ρ Glo - - ry to Him___ that hath crowned_thee. Δ ρ Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee.

π ρ



SAINT CYRIACUS THE ANCHORITE



THE HOLY HIEROMARTYR GREGORY BISHOP OF GREATER ARMENIA

September 30

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, thou didst al- so con- test for the Faith e- ven un- to blood, ^Δ
^(B) ^(M)
 O Hier- o- mar- tyr Greg- o- ry. In- ter- cede with Christ our God
^(B)
 that our souls be saved. ^{6.}



SAINT GREGORY OF ARMENIA



October





HOLY PROTECTION OF THE THEOTOKOS

October 1 or 28

Apolytikion

First Mode

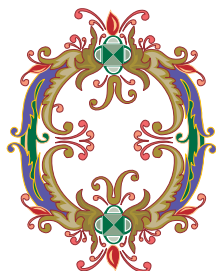
"While Gabriel was saying"

150

Intonation: #1

Ἦχος ᾠ Πα

Τῆς σκέπης σου



(Π)



Vir - gin, we ex - tol the great grace of thy Pro - tec - - tion,



which thou didst spread out like a bright__ cloud be - yond all un - der - stand -

(Δ)

(Π)

4



- ing; for thou__ dost in - vis - - i - bly pro - tect thy peo - ple from



the foe's eve - ry as -sault. Since we have__ thee as our shel - ter and cer -

tain help, ⁴ we cry___ to thee with our whole soul: Glo - - ry to

thy great deeds, O most pure Maid. Glo-ry to thy shel-ter most di-vine.

Glo-ry to thy care and prov-i-dence for us, O spot- - less___ one.





HOLY PROTECTION OF THE THEOTOKOS

October 1 or 28

Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

150

Intonation: #24

Ἦχος λ π δῖ Νη

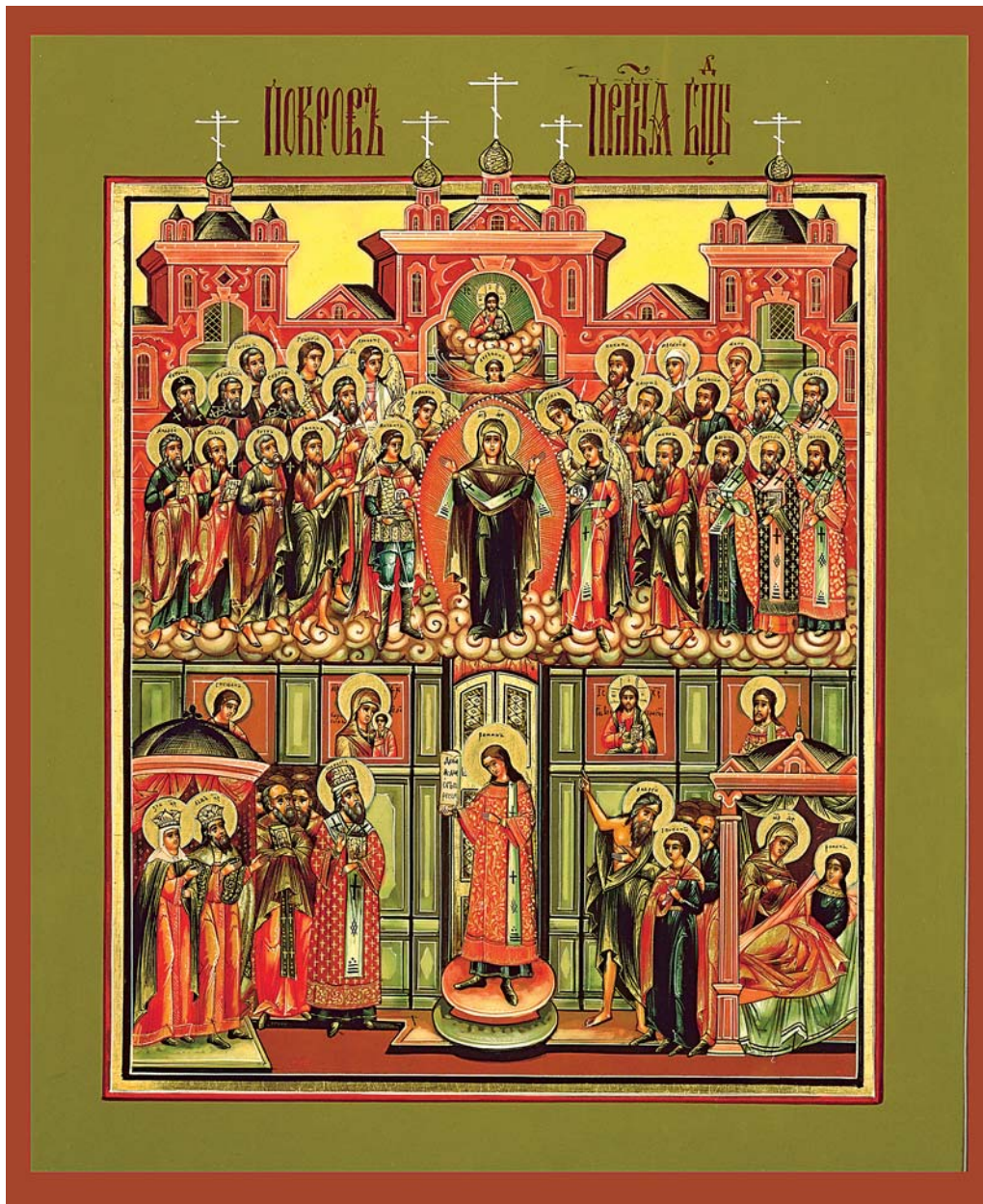
Τῇ Θεοτόκῳ οἱ πιστοί



et us the faith - - ful has - ten to the The - o - to -
kos_ now and ven - er - ate ___ her sa - cred veil, as we chant un -
to_ her, sing - ing hymns to praise and hon - our her, as is fit-ting;
for she shelt - - 'reth with her shel - ter all her faith-ful_ flock and

pre - serv - eth them un-harmed from all ca - lam - i - ties, as they cry to__

her: Re - joice, Pro - tec - - tion most ra - di - ant.





THE HOLY APOSTLE ANANIAS

October 1

Apolytikion

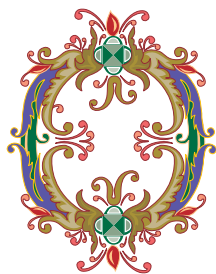
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - ly A - pos - tle An - a - ni - as, in - ter - cede_

_ with the _ mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.

150



SAINT ROMANUS THE MELODIST

October 1

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O
 (N)
 Fa - ther; for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the flesh, for
 (Γ) (N)
 it pass - eth a - way, but to at - tend to the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Ro - man-us, thy spir - it
 re - joic - eth with the ^(M) An - gels.



SAINT ROMANUS THE MELODIST



THE HOLY Hieromartyr Cyprian AND THE VIRGIN Martyr JUSTINA

October 2

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M) (Δ)
s a shar - er of the ways and a suc - ces - sor to
(B) (M) (Δ)
the throne of thē A-pos - - tles, O in - spired of God, thou found -
(M) (Δ) (B)
est dis - - ci - pline to be a means of as - cent to di - vine vi -
(M)
- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, thou didst al - so con - test for the Faith e - ven un - to blood,
^(B) ^(M)
 O Hier - o - mar - tyr Cyp - ri - an. In - ter - cede with Christ our God
^(B)
 that our souls be saved.

Reading, keeping vigil and prayer focus the wandering mind. Hunger, toil and solitude
 quell inflamed desire. Psalmody, patience and pity arrest seething anger.
 And these are to be practiced at the appropriate time and in good
 measure, for what is excessive and ill-timed is not lasting,
 and what does not last is harmful
 rather than beneficial.

—Evagrius the Solitary



THE HOLY HIEROMARTYR DIONYSIUS THE AREOPAGITE

October 3

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Χρηστότητα ἐκδιδάχθεις



(M)

(Δ)

ince thou hadst been in - struct - ed in up - right-ness thor - -

(B)

ough - ly and wast vig - i - lant in all _____ things, thou wast clothed

(Γ)

with a good con-science as be - fit - teth one ho - - ly. Thou didst draw

(Δ)

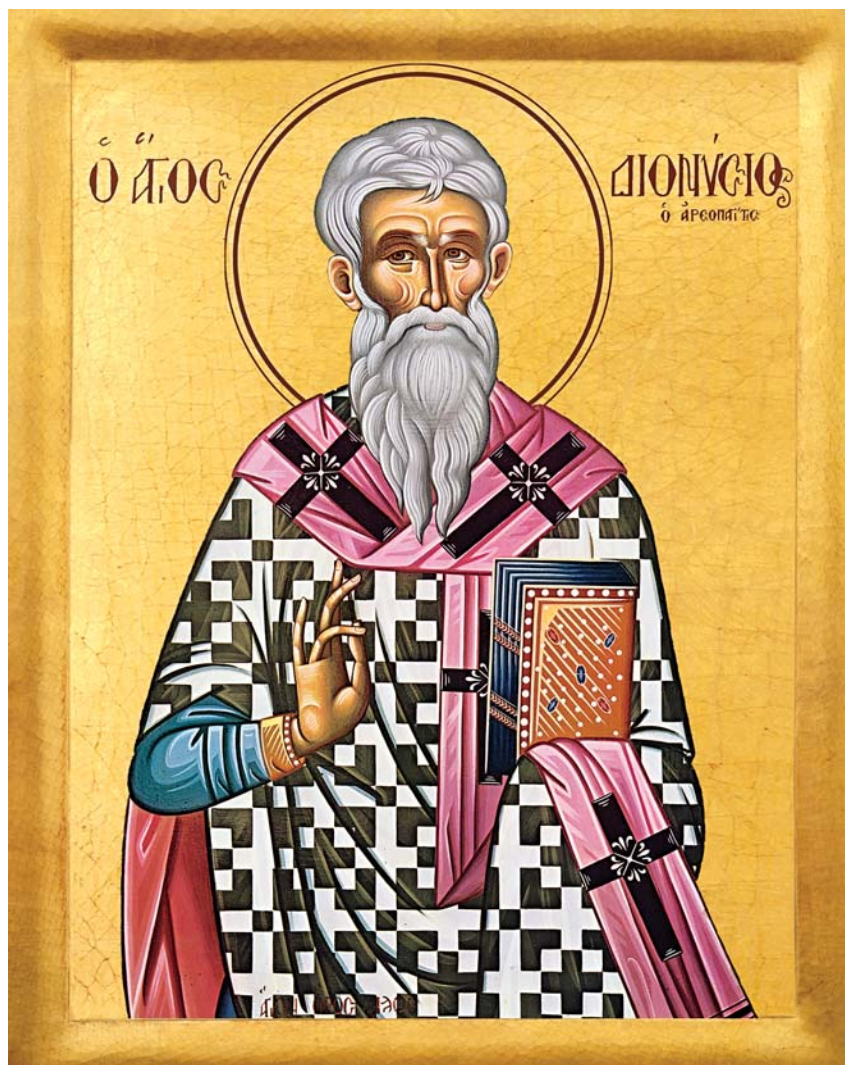
(M)

from the Cho - sen Ves - sel in - ef - fa - ble mys - ter-ies; and hav -

(Δ) (B)
 - ing kept the Faith, thou didst fin - ish a like course, O Hier - o - mar -
 tyr Di - o - ny - - sius. (Δ) (B)
 In - ter - cede with Christ God that our souls be

saved.

6.



SAINT DIONYSIUS THE AREOPAGITE



SAINT HIROTHEUS BISHOP OF ATHENS

October 4

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Χρηστότητα ἐκδιδαχθεῖς



(M)

(Δ)

ince thou hadst been in - struct - ed in up - right-ness thor - -

(B)

ough - ly and wast vig - i - lant in all _____ things, thou wast clothed

(Γ)

with a good con-science as be - fit - teth one ho - - ly. Thou didst draw

(Δ)

(M)

from the Cho - sen Ves - sel in - ef - fa - ble mys - ter-ies; and hav -

(Δ) (B)
 - ing kept the Faith, thou didst fin - ish a like course, O Hier - o - mar -
 (Δ) (B)
 tyr Hi - er - o - the - us. In - ter - cede with Christ God that our souls be

saved.

6.



SAINT HIEROTHEUS



SAINT CHARITINA

October 5

Apolytikion

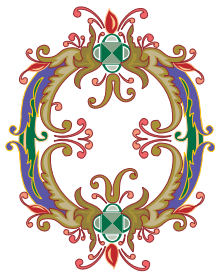
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(□) (Δ)

Lord Je - sus, un - - to Thee Thy lamb doth cry with a

great voice: Δ O my Bride - - groom, Thee__ I love; and seek-ing Thee, I

(Δ) (□)

now con - test, Δ and with Thy bap - tism__ am cru - ci - fied__ and bur - - -

4 (Δ)

ied. π I suf - fer for__ Thy sake, that I may reign__ with__

Thee; ^(Δ) for___ Thy___ sake___ I die, that I may live___ in___
^(Δ) Thee: ^(Δ) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. ^(Δ) Lord, save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)





THE HOLY HIERARCHS OF MOSCOW PETER, ALEXIS, JONAS, PHILIP, HERMOGENES, AND TIKHON

October 5

Apolytikion

Fourth Mode
(soft chromatic)

150

Ἦχος Δε

Intonation: #10



re - lates of Rus - sia, true keep - ers of thē ap - os - tol - ic tra - di -
- - tions, un - shake - a - ble pil - lars, teach - ers of Or - tho - dox - - -
y, O Pe - ter, A - lex - is, Jo - nas, Phil - - - - ip, Herm - o -
gen - es, and Tik - hon, pray to the Lord of all to grant peace to__ the

(M) (B)
6.
 world and to our souls great mer - - cy.

When you approach a king,
 you stand before him bodily, entreat him orally,
 and fix your eyes upon him, thus drawing to yourself his royal favour.
 Act in the same manner, whether in church or in the solitude of your cell. When
 in God's name you gather together with the brethren, present yourself bodily to God
 and offer Him psalms chanted orally; and likewise keep your intellect attentive to the
 words and to God Himself, aware of who it is that your intellect addresses and
 entreats. For when the mind devotes itself to prayer actively and
 with purity, the heart is granted inexpressible peace
 and a joy which cannot be taken away.

—Theoliptos, Metropolitan of Philadelphia



THE HOLY APOSTLE THOMAS

October 6

Apolytikion

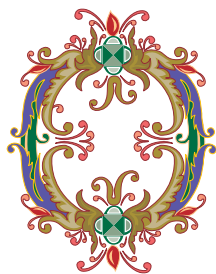
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



(N) ho - - ly A-pos - tle Thom - as, (Γ) in - ter - cede (Π)

with the mer - ci - ful God (Γ) that He grant un - to our souls for - give - ness of

of - fenc - es.

Γα



THE HOLY MARTYRS SERGIUS AND BACCHUS

October 7

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

It was explained to the blessed Epiphаний, bishop of Cyprus, by the abbot of the
 monastery he had in Palestine: "In accordance with your instructions we have not
 neglected our rule, but diligently discharge Terce, Sext, and None." However,
 Epiphаний corrected them and made it clear to them, saying: "You
 obviously neglect the other hours of the day when you refrain
 from prayer, for the true monk must have prayer and
 psalmody in his heart without ceasing."



SAINT PELAGIA THE FORMER COURTESAN

October 8

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϝ Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
n thee thē im - age was pre - served with ex - act - ness, O____
(N)
Moth - er; ϝ for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the__ flesh, ϝ for
(Γ) (N)
it pass - eth a - way, Δ but to at - tend__ to__ the soul since it

^(M) ^(Γ) ^(N)
 is im - - mor - tal. Where-fore, O right-eous The - o - do - ra, thy spir -
^(M)
 it re - joic - eth with thē An - gels.





THE HOLY APOSTLE JAMES THE SON OF ALPHÆUS

October 9

Apolytikion

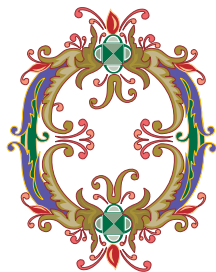
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε

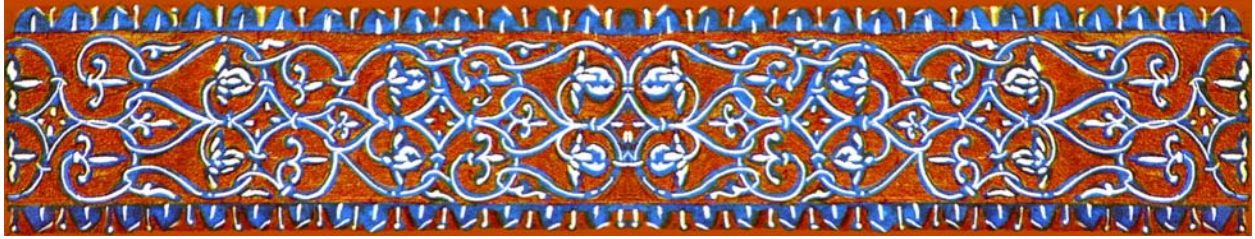


(N) ho - - ly A - pos - tle James, (Γ) in - ter - cede (Π)

with the mer - ci - ful God (Γ) that He grant un - to our souls for - give - ness of

of - fenc - es.

1



SAINT ANDRONICUS AND ATHANASIA

October 9

Apolytikion

Plagal First Mode

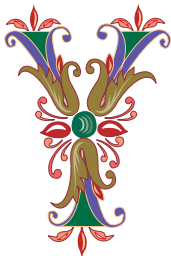
"Let us worship the Word"

150

Intonation: #13

Ἦχος λ̣ ᾠ Κε

Σωφροσύνης τὴν χλαῖναν



(K)





e a - dorned your di - vine - ly wrought robe of chas - ti - ty with

the sub - lime var - ied col - ours of sa - cred vir - - tues in God, when

with one ac - cord ye strove in thē as - cet - ic life. Where - fore, your si - lence

(Δ)

on thē earth was re - ceived e - qual - ly with the thrice - ho - ly hymn in

(K)  (M)
 Heav-en;  O wise An - dro - ni - cus, pray _____ God, with Ath - a - na -

 sia, that we all be _____ saved. 



When you have children, teach them music.

But, of course, real music—angelic, not dances and songs.

Music assists the development of the perception of spiritual life.

The soul becomes refined. It begins to understand
spiritual music as well.

—St. Barsanuphius of Optina



THE RIGHTEOUS PATRIARCH ABRAHAM

October 9

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Ἦχος λ̣̇ ᾠ̣̇ Κε

Intonation: #13



(Κ)
n the night u - ni - ver - sal of ig - no - rance towards God, and
in that star - less, pro-found gloom be - reft of heav - en - ly light, thou,
O A - bra-ham, wast kin - dled in the fir - ma-ment, burn-ing with bright
(Δ)
far-shin - ing faith in thē Ev - er-last-ing Light, Who shone_forth to us



THE HOLY MARTYRS EULAMPIUS AND EULAMPIA, HIS SISTER

October 10

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε




(M) (Δ) (B)
hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

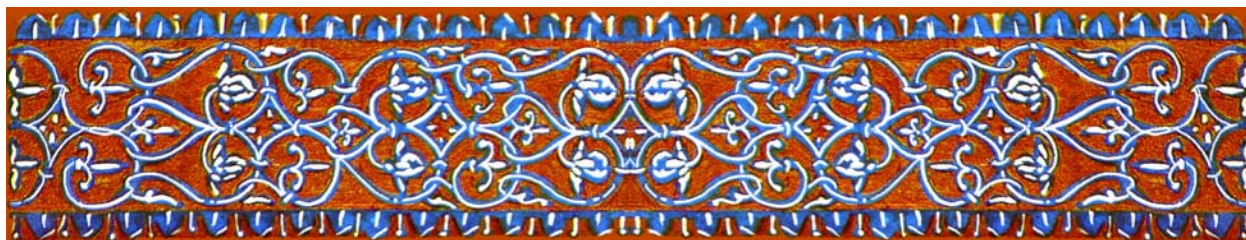
4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

A religious hymn
 is a great blessing for everyone.
 It constitutes praise to the Most High,
 honor for His holy people, worldwide harmony,
 an eloquent proof of the Church's unity. It expresses the voice
 of the Church, its confession. It brings about a complete spiritual uplifting
 and absolute peace and joy in redeemed hearts, with the triumphal hymn
 and song of happiness. It drives away hardness of heart. It chases
 away disturbance. It dissolves and dissipates despondency. . .
 The voice sings the soul's joy, while the spirit
 delves into the mysteries of the faith.

—St. Ambrose of Milan



THE SYNAXIS OF THE RIGHTEOUS AND GOD-BEARING FATHERS OF OPTINA

October 10

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Ἦχος λ̣ ᾠ̣ Κε

Intonation: #13



(Κ)

or your great-ness in prayer and hu - mil - i - ty and love, for

your as - cet - ic - al firm-ness and Or - tho-dox - - y of faith, God

hath giv - en His ex-ceed - ing won-drous gifts to you as un - to Proph -

(Δ)

ets of His will, as to an - gels on thē earth, and stew - - ards of men's



SUNDAY OF THE HOLY FATHERS OF THE SEVENTH ECUMENICAL COUNCIL

October 11-17

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

ὑπερδεδοξασμένος εἰ



(Γ) (N) (M) (Γ)
ost glo - ri - fied art Thou, O ___ Christ our ___ God, ς

(N) (M) (Γ)
Who hast es - tab - - lished our Fa - thers as lu - mi - nous stars up - - on

(N) (Γ)
thē ___ earth, ς and through them didst guide us all ___ to the true ___ Faith. O

(N) (M) (Γ)
Most Mer - ci - ful One, ς glo - ry ___ be to ___ Thee. ς



SUNDAY OF THE HOLY FATHERS OF THE SEVENTH ECUMENICAL COUNCIL

October 11-17

Kontakion

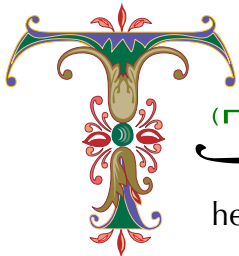
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Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Τῶν Ἀποστόλων



(Γ) (N) (M)
he preach-ing of thē A - pos-tles and the doc-trines of the___ Fa -
(Π) (N)
4 thers con - firmed_ the one Faith in the Church. And wear-ing the gar -
(M) (Γ)
ment of truth, wo - - ven from the the - ol - - o - - gy on___ high, 4
(Π) (N)
she right - - ly di - vid - eth and glo - ri - fi - eth the great mys-ter - y

(M) (Г)
 of ___ pi - e - - ty.

Г
 а



THE FIRST ECUMENICAL COUNCIL



SAINT THEOPHANES THE BRANDED

October 11

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and___
(Γ) (N) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired___
(M) (N)
a - dorn - ment of___ hier - archs, ς O wise The - oph - an - es, by thy
(M) (Γ)
teach - ings thou hast en - light - ened all, O harp of the___ Spir - it. ς In -

ter - cede with Christ God that our____ souls be____ saved.



A psalm is a city of refuge from the demons; a means of inducing help from the angels,
 a weapon in fears by night, a rest from the toils of the day, a safeguard for infants,
 an adornment for those at the height of their vigor, a consolation for the elders,
 a most fitting ornament for women. It peoples the solitudes; it rids the
 market places of excesses; it is the elementary exposition of beginners,
 the improvement of those advancing, the solid support of the
 perfect, the voice of the Church. It brightens feast day; it
 creates a sorrow which is in accordance with God.

For, a psalm calls forth a tear even from
 a heart of stone. A psalm is the work
 of angels, a heavenly institution,
 the spiritual incense.

- St. Basil the Great



THE HOLY APOSTLE PHILIP

October 11

Apolytikion

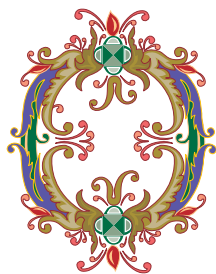
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Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



(N) ho - - ly A-pos - tle Phil - ip, in - ter - cede

with the mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.

150



SAINT SYMEON THE NEW THEOLOGIAN

October 12

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Θείαν ἔλλαμνιν

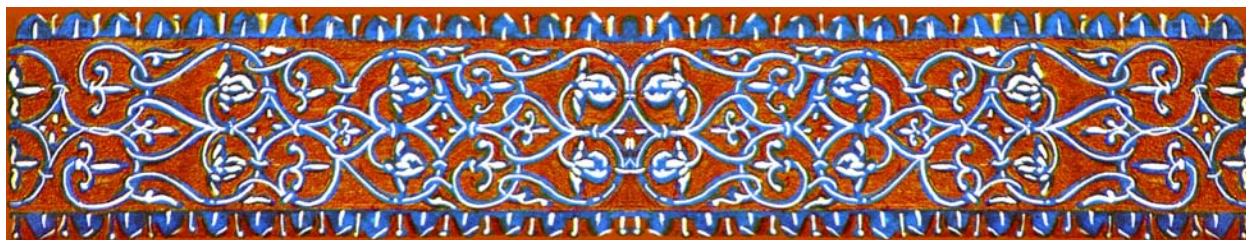


ince thou hadst _____ re-ceived with - in thy pure soul ^(Γ) God's en -
 light - - en-ment, O right-eous Fa - ther, ^(N) thou wast shown__ to the
 world__ as a__ blaz-ing__ light ^(Γ) which drave a - way its thick dark - -
 ness and moved all men ^(N) to seek the grace of the Spir - - it which__

they had___ lost. ^(Γ) O all - ho - ly Fa-ther Sym - e - on, in - ter-cede with
 Him ^(N) to grant great mer - cy un - to us who hon - - our___ thee. ^(Γ)



ST. SYMEON THE NEW THEOLOGIAN
AND ST. SYMEON THE PIOUS



SAINTS PROBUS, TARACHUS, AND ANDRONICUS

October 12

Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Intonation: #13

Ἦχος λ̣ ᾠ Κε

Τῶν ἁγίων Μαρτύρων



(Κ)


|| the pow - ers of Heav - en were awe - struck and a - mazed ^{χ̣} at

thē a - chieve - ment and deeds of the ho - ly Mar - tyrs of Christ; ^{γ̣} for


con - tend - ing well in mor - tal bod - ies clothed with flesh, they o - ver - came

(Δ)

the flesh - less foe by the pow - er of the Cross and in - vis - i - bly sub -



 dued him. And now they pray to the Lord, _____ that He might be - stow



 His mer - cy on our _____ souls.

When it happens to me that the song moves me
 more than the thing which is sung, I confess
 that I have sinned blamefully and then
 prefer not to hear the singer.

- Blessed Augustine



THE HOLY MARTYRS CARPUS, PAPYRUS, AGATHODORUS, AND AGATHONICA

October 13

Apolytikion

Fourth Mode

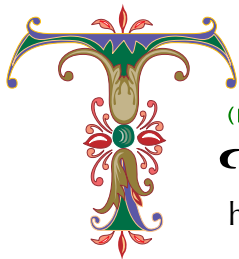
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

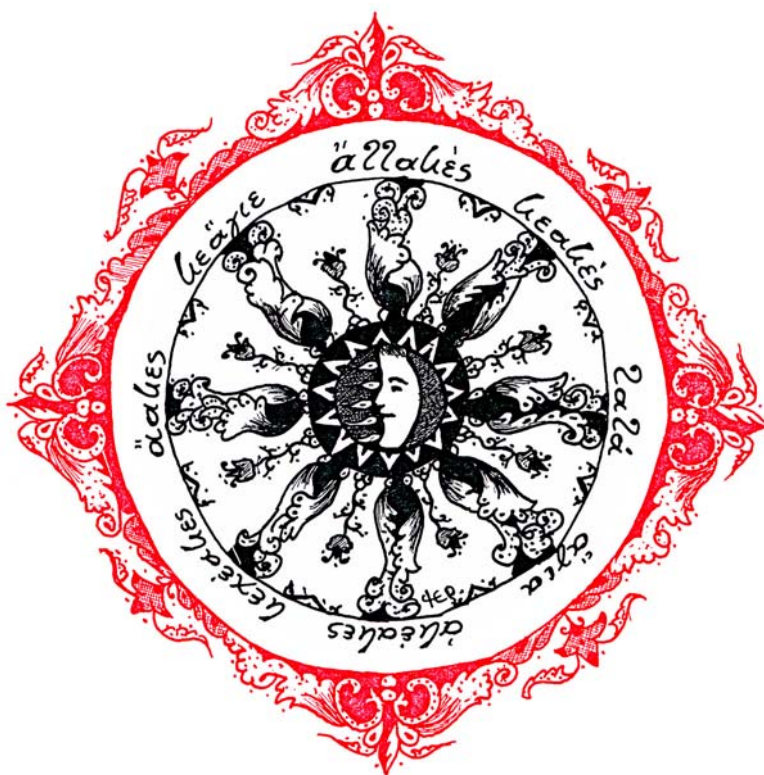
(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.

.





THE HOLY MARTYRS NAZARIUS, GERVASIUS, PROTASIUS, AND CELSUS

October 14

Apolytikion

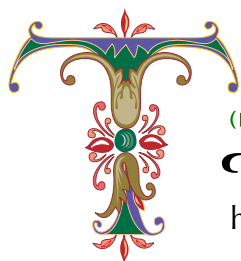
Fourth Mode
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

I think it is useful
 to have diversity and variety
 in the prayer and psalmody at these
 appointed times, because somehow the soul is
 frequently bored and distracted by routine, while by
 change and variety of the psalmody and prayer at each
 hour its desire is renewed and its concentration restored.

- St. Basil the Great



SAINT COSMAS THE HYMNOGRAPHER

October 14

Apolytikion

150

Plagal Fourth Mode


Intonation: #25

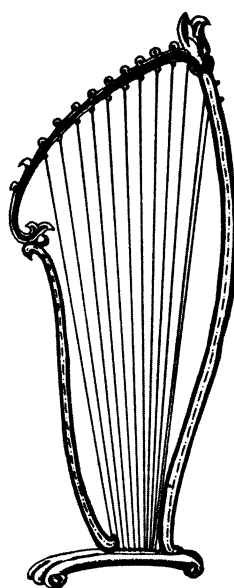
Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and__
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired__
(M) (N)
a - dorn - ment of__ hier - archs, ς O wise Cos - mas, by thy teach - ings
(M) (Γ)
thou hast en - light - ened all, O harp of the__ Spir - it. ς In - ter - cede

(N) (M) (Γ)

 with Christ God that our____ souls be____ saved.





THE HOLY MARTYR LUCIAN

October 15

Apolytikion

Fourth Mode

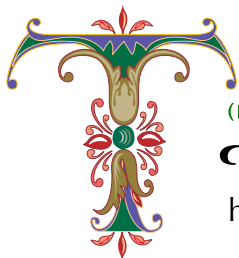
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

.



THE MARTYRDOM
OF SAINT LUCIAN



THE HOLY MARTYR LONGINUS THE CENTURION

October 16

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

^(M)
 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -

ful.

.





THE HOLY PROPHET HOSEA

October 17

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δ΄

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Ho - se - a, O Lord, through him we be - seech Thee to save

our souls.





THE HOLY RIGHTEOUS MARTYR ANDREW IN "THE JUDGMENT"

October 17

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150


Intonation: #10

Ἦχος Δ


Ἀσκητικῶς προγυμνασθεῖς




rained on the moun - - tain__ in as - cet - ic - al la-bours,
 with the whole ar - - mour__ of the Cross thou didst van-quish the spir -
 i - tual ar - rays of un - seen en - e - mies; and when thou hadst
 stripped__ thy - self with great cour-age for con-test, thou didst slay Cop-



 ro - nym - us with the sword of the true _____ Faith. For both these



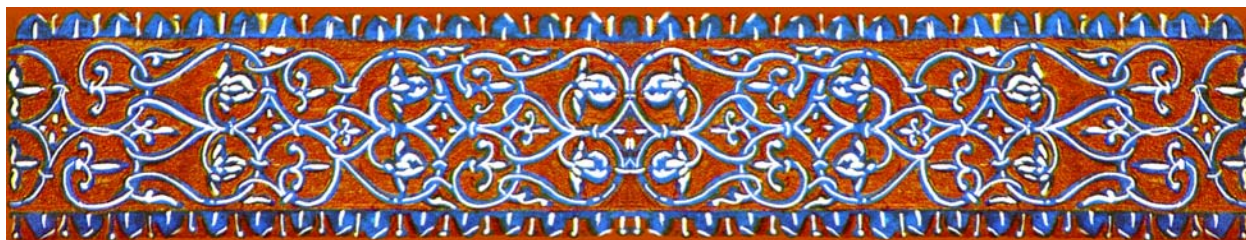
 things hast thou been crowned by God, O right-eous Mar - - tyr, blest An -



 drew of great re-nown.

For since human nature rejects
 and avoids what is difficult, even if beneficial,
 and accepts virtually nothing unless it seems to offer pleasure,
 through David the Lord prepares from men this potion which is sweet
 by reason of its melody and effective in the cure of disease by reason of its
 strength. For a psalm is sweet to the ear, it penetrates the soul when it gives pleasure,
 it is easily remembered when sung often, and what the harshness of the Law cannot
 force from the minds of man it excludes by the suavity of song. For whatever
 the Law, the Prophets and even the Gospels teach is contained as a
 remedy in the sweetness of these songs.

- St. Niceta of Remesiana



SAINT SUSANNA QUEEN OF GEORGIA

October 17 (and August 28)

Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Ἦχος λ̣ ᾠ̣ Κε

Intonation: #13



(K)

et us hon - our Su - san - na, the wise hand-maid of God, the

god - ly boast of I - be - ri - a, the bright lamp of the Faith, the

far - shin-ing and great bea-con of true pi - e - ty. For, by her con - fes -

(Δ)

sion of the Truth, she hath shown forth un - to all the path lead-ing to

χ
ö
q



THE HOLY MARTYR SUSANNA
QUEEN OF GEORGIA



THE HOLY APOSTLE AND EVANGELIST LUKE

October 18

Apolytikion

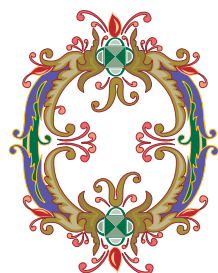
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - ly A - pos - tle and E - van - gel - ist Luke, in -

ter - cede with the mer - ci - ful God that He grant un-to our souls for - give -

ness of of - fenc - es.

1



THE HOLY PROPHET JOEL

October 19

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Jo - el, O Lord, through him we be - seech Thee to save

our souls.





THE HOLY MARTYR VARUS

October 19

Apolytikion

Fourth Mode

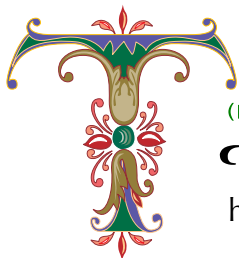
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art mer - ci -

ful.

.



THE PROPHET JOEL
AND SAINT VARUS



SAINT JOHN OF RILA

October 19

Apolytikion

First Mode

150

Ἦχος ᾠὴ Πα

Intonation: #1



(Π) hy life was a foun - da - tion of re - pen - tance, a mod - el of
com-punc - tion, π an im - age of con - so - la - tion and spir - - i - tual per -
fec - - tion Δ e - qual to thē An - - gels, O Saint; π for thou didst per -
se - vere in prayer, fast - - ing, and tears. Δ O Fa - ther__ John, in - ter - cede

̅ ̅ ̅ ̅ ̅ ̅ ̅
 with Christ our God ___ for our souls.

π
9



SAINT JOHN OF RILA



SAINT JOHN OF KRONSTADT

October 19

Apolytikion

(text composed by St. John Maximovitch)

Fourth Mode

150

Ἦχος Δι

Intonation: #10



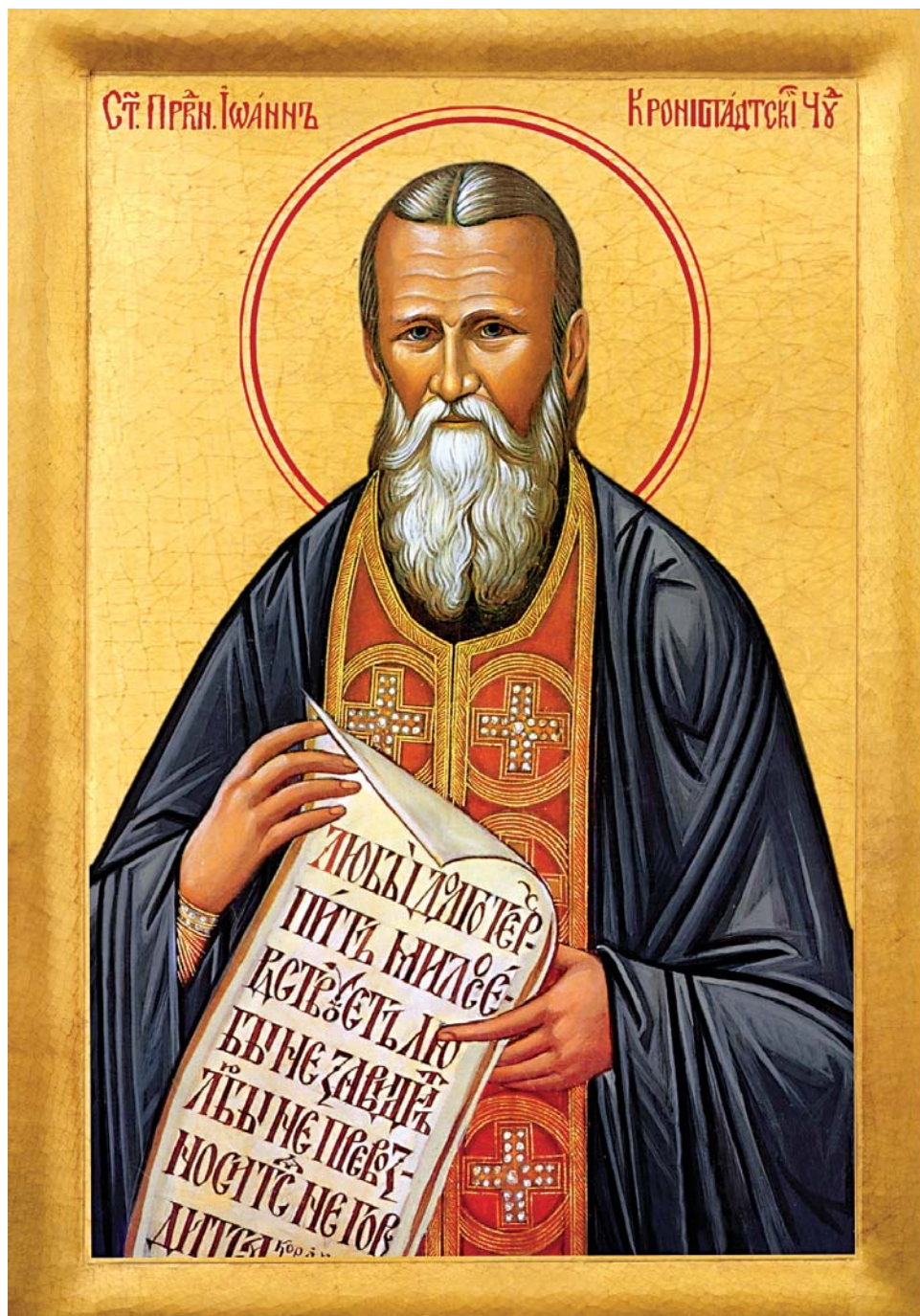
(M) won - der - work - er liv - ing in Christ for ev - er, with

(B) love have mer - cy on them that are in dan - ger; (M) hear thy chil - dren

(Δ) who call up - on thee with faith; (M) be thou com - pas - sion - ate un - to

(B) them that hope for aid from thee, (Δ) O Fa - ther John of Kron - stadt, our be - lov -

ed shep - - herd.



SAINT JOHN OF KRONSTADT



THE HOLY GREAT MARTYR ARTEMIUS

October 20

Apolytikion

Fourth Mode

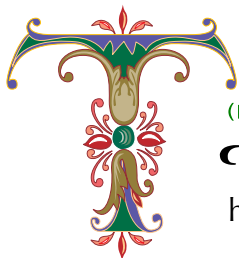
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINT ARTEMIUS



SAINT GERASIMUS THE NEW ASCETIC OF CEPHALONIA

October 20

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῶν ὀρθοδόξων προστάτην



(Π)

et us the faith - ful praise the di - vine Ger - as - i - mus,

who hath been new - - ly re - vealed to us as a pro - tect - or of thē

Or - tho - dox, an an - gel in the flesh, and a God - - bear - ing won -

- der - work - er. For he wor - - thi - ly re - ceived from God thē un -

fail - ing gift of heal - - ing; ^Δ he re - stor - eth thē ail - - ing and

heal - - eth de - mo - ni - acs. ^π Where - - fore, he pour - eth forth heal -

- ings up - on them that hon - - our him. ^π



SAINT GERASIMUS THE NEΦ



SAINT HILARION THE GREAT

October 21

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π) the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles _ up - on

the world, ^Δ O Hil - ar - i - on our right - eous ^(M) Fa - ther. ^(Γ) In -
 ter - cede with Christ God that our ^(N) souls ^(M) be ^(Γ) saved.



While your tongue sings,
 let your mind search out the meaning of the words,
 so that you might sing in spirit and sing also in understanding.

- St. Basil the Great



SAINT ABERCIUS BISHOP OF HIEROPOLIS

October 22

Apolytikion

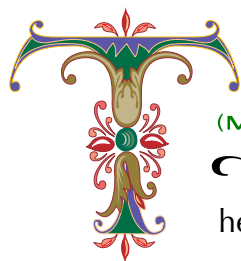
150

Fourth Mode


Intonation: #10

Ἦχος Δ

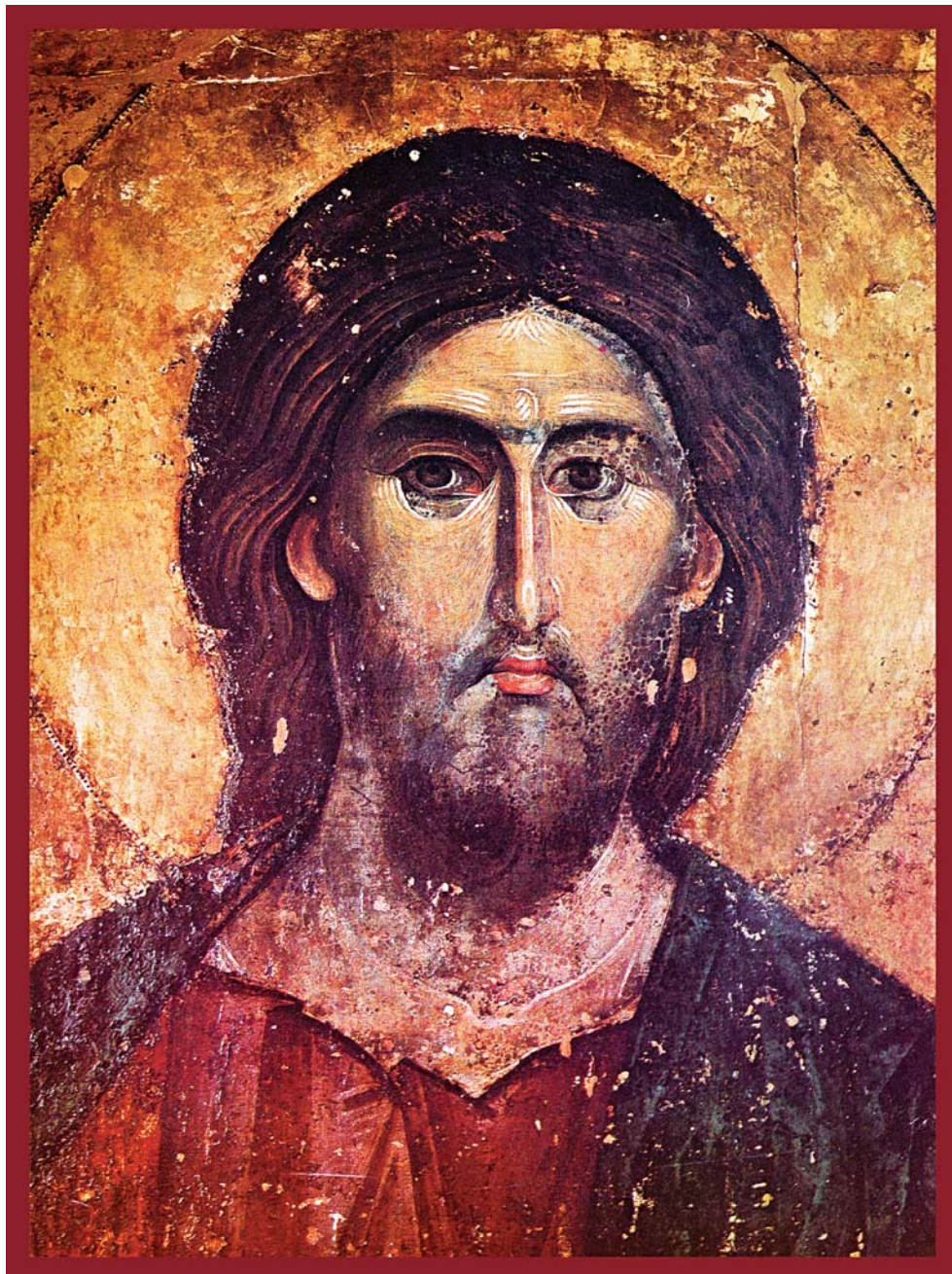
Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch A - ber - - ci - us, in -


 ter - cede__with Christ_____ God that our souls be saved.

٦.





THE HOLY SEVEN YOUTHS OF EPHESUS MAXIMILIAN, JAMBlichUS, MARTINIAN, DIONYSIUS, ANTHONY, EXACUSTODIAN, AND CONSTANTINE

October 22

Apolytikion

Fourth Mode

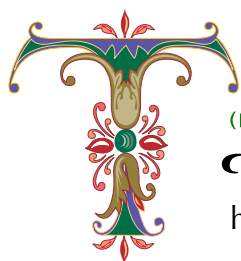
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

^(M)
 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.

ful.





SAINT JAMES THE BROTHER OF GOD

October 23

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Ὡς τοῦ Κυρίου μαθητής



s a dis - ci - ple of the Lord, O right - - eous one,

thou hast re - ceived the Gos - - pel. As a Mar - tyr thou art nev -

- er turned a - way. As the Broth - er of God thou hast bold -

ness. As a hier-arch thou canst in-ter-cede. Do thou in - ter - cede with



SAINT ARETHAS AND HIS FELLOW MARTYRS

October 24

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τὰς ἀλγηδόνας



(π)

e Thou en - treat - ed for the sake of the suf - fer - ings of

Thy Saints which they en-dured for Thee, O Lord, and do Thou heal all

our pains, we pray, O Friend of man.

π
q



THE HOLY MARTYRS MARCIAN AND MARTYRIUS

October 25

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε

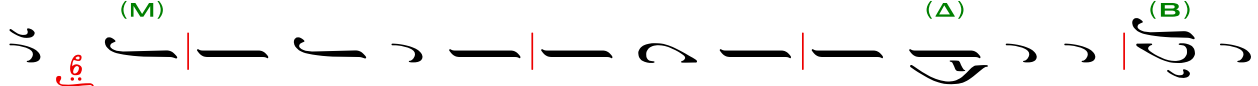


(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

Sing to God,
 not with the voice, but with the heart;
 not, after the fashion of tragedians, in smearing the throat
 with a sweet drug, so that theatrical melodies and songs are heard
 in the church, but in fear, in work, and in knowledge of the
 Scriptures. And although a man be cacophonous, if
 he have good works, he is a sweet
 singer before God.

- St. Jerome



SAINT DEMETRIUS THE MYRRH-STREAMER

October 26

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος Γα

Μέγαν εὐρατο



(Γ) (N) (Γ)
great cham - - pi - on hath the whole world found__

(N) (Γ)
thee__ to be when in grave per - ils; for thou dost put to

(N) (N)
flight the hea - then, O vic - to - ri - ous one. As thou didst hum - ble Ly - ae - -

(Γ) (N)
us - 's ar - ro - gance and gav - est bold - ness to Nes - tor in the__ sta -

di - - um, ⁽²⁾ thus, O ⁽⁷⁾ ho - ly Great Mar - - tyr De - me - tri - us, do

thou en-treat Christ God that we be grant-ed__great mer - cy.

do





THE COMMEMORATION OF THE GREAT EARTHQUAKE IN CONSTANTINOPLE

October 26

Apolytikion

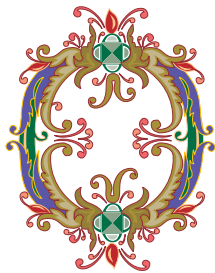
150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Ὁ ἐπιβλέπων ἐπὶ τὴν γῆν

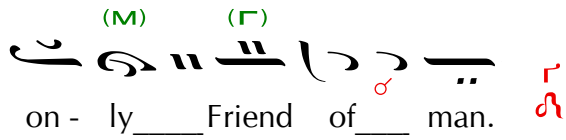


(Γ) (N) (M)
Thou Who look-est up - on thē earth and mak-est it

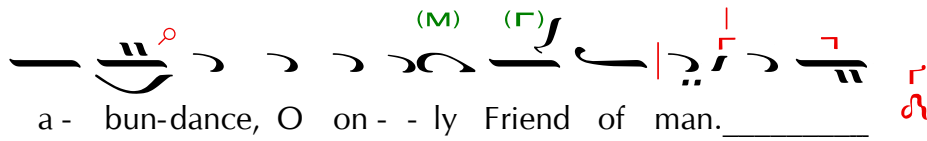
(N) (M)
trem - ble, de - liv - er us from the fear-ful men-ace of earth-quake, O -

(Γ) (N) (N) (M)
_ Christ our_ God, and by_ thē in - ter - ces - sions of the The -

(Γ) (N) *
o - to - - kos, send down up - on us Thy mer-cies in a - bun-dance, O

^(M) ^(Γ)

 on - ly ___ Friend of ___ man.

* Finale:

^(M) ^(Γ)

 a - bun-dance, O on - - ly Friend of man.



SAINT DEMETRIUS



SAINT DEMETRIUS THE MYRRH-STREAMER

October 26

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῖς τῶν αἱμάτων σου



(M) od, Who hath giv - - - en thee in - vin - ci - ble strength,

(Δ) O De - me - tri - us, (M) hath a - dorned the Church with the roy - al pur - ple of (Δ)

(B) the streams of thy blood (M) and hath kept thy cit - y un - harmed, (Δ) for

(B) thou art the sup - port (M) there - of. (Δ)



THE COMMEMORATION OF THE GREAT EARTHQUAKE IN CONSTANTINOPLE

October 26

Kontakion

Plagal Second Mode

150

Ἦχος λ π ς ς Δι

Intonation: #17



(M) (Δ)
e - liv - - - er us all from earth-quakes, O Lord, and

(B)
from wounds un - bear - a - ble on ac-count of our sins, and spare Thy peo -

(M) (Δ)
ple whom Thou hast pur-chased with Thy Blood, O Mas - - ter; and de -

liv - er not Thy cit - y to de - struc-tion by ter - ri - ble earth - - -

quakes, ^(A) for we know none oth-er God be-sides ^(B) ^(M) Thee. And to
 those who chant do Thou re - spond: ^(A) I am with you, and no one shall pre -
 vail a - gainst ^(A) you.



SAINT CONSTANTINE THE GREAT



THE HOLY MARTYR NESTOR

October 27

Apolytikion

Fourth Mode

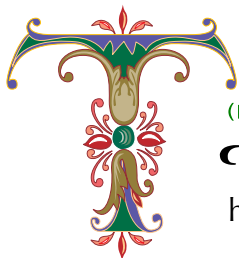
"Be quick to anticipate"

150

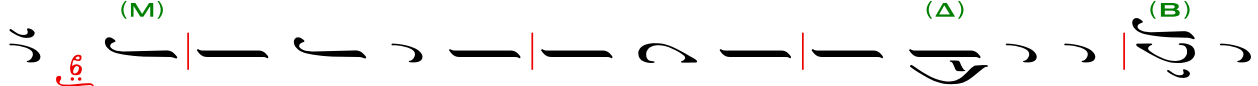
Intonation: #10


Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
 hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
 (Δ) (M) (Δ)
 re - ceived as the prize the crowns of in - cor - rup - tion and life
 (B) (Δ) (M) (Δ)
 from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
 4 (B)
 down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -


 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -


 ful.

He who is not alone, but is with others,
 cannot derive so much benefit from psalmody
 as from internal prayer; for the confusion
 of voices renders the psalms indistinct.

- St. John of the Ladder



HOLY PROTECTION OF THE THEOTOKOS

October 1 or 28

Apolytikion

First Mode

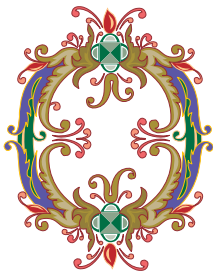
"While Gabriel was saying"

150

Intonation: #1

Ἦχος ♯ Πα

Τῆς σκέπης σου



(Π)



Vir - gin, we ex - tol the great grace of thy Pro - tec - - tion,



which thou didst spread out like a bright__ cloud be - yond all un - der - stand -

(Δ)

(Π)

4

- ing; for thou__ dost in - vis - - i - bly pro - tect thy peo - ple from

the foe's eve - ry as -sault. Since we have__ thee as our shel - ter and cer -

tain help, ⁴ we cry___ to thee with our whole soul: Glo - - ry to

thy great deeds, O most pure Maid. Glo-ry to thy shel-ter most di-vine.

Glo-ry to thy care and prov-i-dence for us, O spot- - less___ one.





HOLY PROTECTION OF THE THEOTOKOS

October 1 or 28

Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

150

Intonation: #24

Ἦχος λ π δῖ Νη

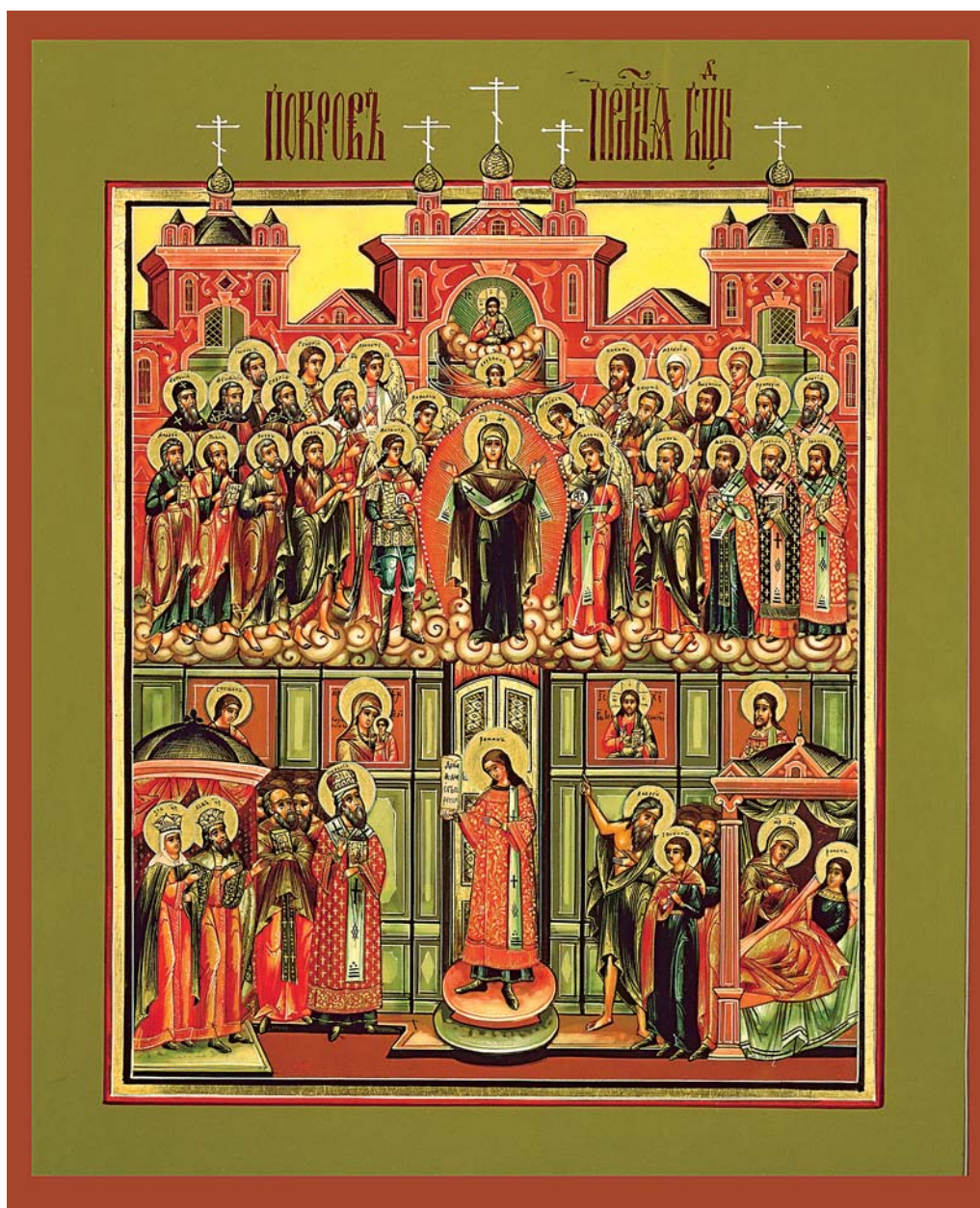
Τῇ Θεοτόκῳ οἱ πιστοί



et us the faith - - ful has - ten to the The - o - to -
kos_ now and ven - er - ate ___ her sa - cred veil, as we chant un -
to_ her, sing - ing hymns to praise and hon - our her, as is fit-ting;
for she shelt - - 'reth with her shel - ter all her faith-ful_ flock and

pre - serv - eth them un-harmed from all ca - lam - i - ties, as they cry to__

her: Re - joice, Pro - tec - - tion most ra - di - ant.





THE THREE HOLY MARTYRS TERENCE, HIS WIFE NEONILLA, AND THEIR SEVEN CHILDREN

October 28

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

.





SAINT STEPHEN OF MAR SABBAS MONASTERY

October 28

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and___
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired___
(M) (N)
a - dorn - ment of___ hier - archs, ς O wise Ste - phen, by thy teach - ings
(M) (Γ)
thou hast en - light - ened all, O harp of the___ Spir - it. ς In - ter - cede

(N) (M) (Γ)
 with Christ God that our___ souls be___ saved.

Γ
 α



Prospectus exterior Septentrionalis, et Occiduius Aedis Sanctae Sophiae CP.



SAINT ANASTASIA OF ROME

October 29

Apolytikion

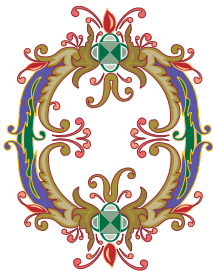
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(□) (Δ)

Lord Je - sus, un - - to Thee Thy lamb doth cry with a

great voice: Δ O my Bride - - groom, Thee I love; and seek-ing Thee, I

(Δ) (□)

now con - test, Δ and with Thy bap - tism am cru - ci - fied and bur - - -

4 (Δ)

ied. π I suf - fer for Thy sake, that I may reign with

Thee; for Thy sake I die, that I may live in
 Thee: accept me of-fered out of long-ing to Thee as a spot-
 less sac-ri-fice. Lord, save our souls through her in-ter-ces-sions,
 since Thou art great in mer-cy.



SAINT ANASTASIA OF ROME



SAINT ABRAMIUS

October 29

Apolytikion

150

Plagal Fourth Mode

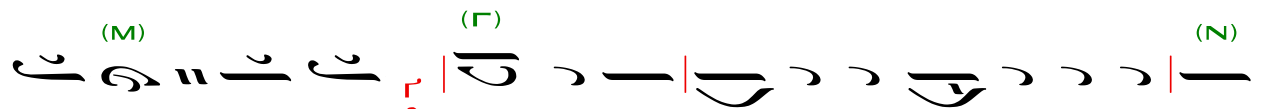
Intonation: #25

Ἦχος λ π ς Γα

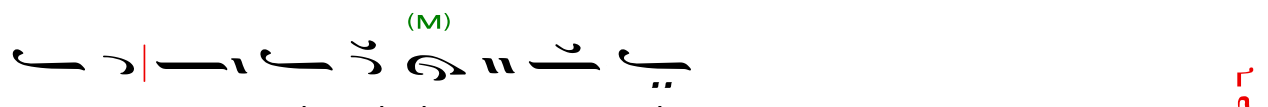
Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O
 (N)
 Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, Δ q
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the flesh, ς for
 (Γ) (N)
 it pass - eth a - way, Δ q but to at - tend to the soul since it



 is im - - mor - tal. Where-fore, O right-eous A - bram - i - us, thy spir -



 it re - joic - eth with thē An - gels.

When we are weighed down by deep despondency,
 we should for a while sing psalms out loud,
 raising our voice with joyful expectation
 until the thick mist is dissolved
 by the warmth of song.

- St. Diadochos of Photiki



THE HOLY MARTYRS ZENOBIUS AND HIS SISTER ZENOBIΑ

October 30

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

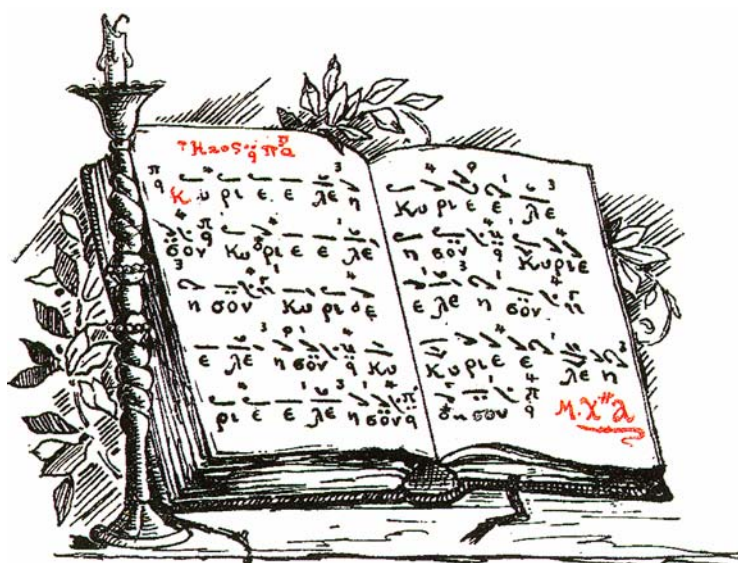
(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

^(M)
 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.

.





THE HOLY APOSTLES OF THE SEVENTY: STACHYS, APELLES, AMPLIAS, URBAN, NARCISSUS, AND ARISTOBULUS

October 31

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



ho - ly A - pos - tles, in - ter - cede with the
mer - ci - ful God that He grant un - to our souls for - give - ness of of - fenc -
es.

150



THE HOLY MARTYR ΕΡΙΜΑΧΟΣ OF EGYPT

October 31

Apolytikion

Fourth Mode

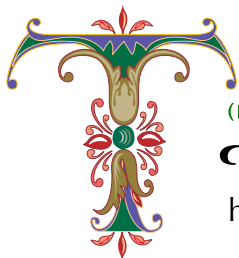
"Be quick to anticipate"

150

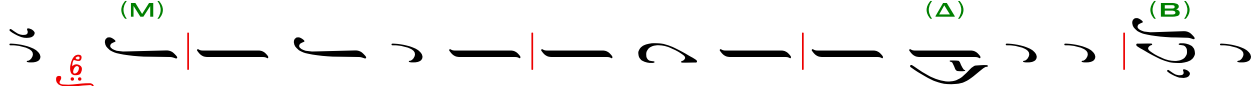
Intonation: #10


Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -


 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -


 ful.

Pray gently and calmly, sing with understanding and rhythm;
 then you will soar like a young eagle high in the heavens.
 Psalmody calms the passions and curbs the
 uncontrolled impulses in the body.

- Evagrios the Solitary



November





THE HOLY AND WONDERWORKING UNMERCENARIES COSMAS AND DAMIAN

November 1

Apolytikion

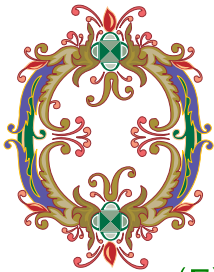
150

Plagal Fourth Mode

Intonation: #25

Ἁγὸς λ π δ ρ

Ἁγιοι Ἀνάγκυροι



(Γ) (N) (M)
ho - ly Un - mer - ce - nar - ies and won - der - - work -

(Γ) (N) (M)
ers, ρ vis - it our in - fir - mi - ties; Δ ρ free - ly ye re - ceived, free - - ly__

give to__ us.

ρ



THE HOLY AND WONDERWORKING UNMERCENARIES COSMAS AND DAMIAN

November 1

Kontakion

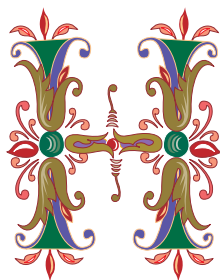
150

Second Mode

Intonation: #4

Ἦχος Δι

Οἱ τὴν χάριν λαβόντες



(M) _____ (Δ) _____
av - ing re - ceived _____ the grace of heal - - - ing, Δ

_____ | _____ | _____ |
ye ex - tend _____ health to those in need, O glo - ri - ous and won - der -

(B) _____ (M) _____
work - ing phy - si - - - cians. Hence, by your vis - i - ta - tion, cast

(B) _____ (M) _____ (B) _____
down the au - dac - i - ty of our en - e - mies, Δ and by your mir - a -

(M)
 cles, heal _____ the world. ✠



SAINTS COSMAS AND DAMIAN



SAINTS ACINDYNUS, PEGASUS, APHTHONIUS, ELPIDEPHORUS, AND ANEMPODISTUS

November 2

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀθλοφόροι Κυρίου



(M)

(Δ)

less-ed is thē earth____ that drank your blood, O prize-win-ners

(M)

(B)

of the Lord, and ho - ly are the tab - er - na - cles that re - ceived your spir -

(M)

- - - its; for in the sta - di - um ye tri-umphed o - ver

(Δ)

(B)

thē en - - - e - my, and ye pro-claimed Christ with bold - - -

- - - - - ness. ⁶ Be - seech Him, we pray, since He is good, to
 (M) save _____ our souls. ^A





THE HOLY MARTYRS ACEPSIMAS, JOSEPH, AND AETHALAS

November 3

Apolytikion

Fourth Mode

"Be quick to anticipate"

150


Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

Let us examine during psalmody
 what kind of sweetness comes to us
 from the demon of fornication and, on
 the other hand, what kind of sweetness
 come to us from the words of the
 Spirit and from the grace and
 power contained in them.

- St. John of the Ladder



THE CONSECRATION OF THE CHURCH OF SAINT GEORGE IN LYDDA

November 3

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Ὡς τῶν αἰχμαλώτων



(M) ib - er - a - tor of cap-tives, de - fend - er of the poor, phy -

(B) si - cian of the sick, and cham-pion of kings, (Δ) O tro-phy-bear - er, Great

(B) Mar-tyr George, in - ter - cede with Christ God that our souls be saved.



SAINT JOANNICIUS THE GREAT

November 4

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π) the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

7





THE HOLY HIEROMARTYR NICANDER BISHOP OF MYRA

November 4

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ
^(B) ^(M)
 O Hier - o - mar - tyr Nic - an - - der. ⁶ In - ter - cede with Christ our God
^(B)
 that our souls be saved. ⁶

I will sing unto the Lord throughout my life,
 I will chant to my God for as long as I have my being.



THE HOLY MARTYRS GALACTION AND EPISTEME

November 5

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

^(M)
 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
^(Δ)
^(B)
 ful.



THE SECOND COMING OF CHRIST



SAINT PAUL THE CONFESSOR ARCHBISHOP OF CONSTANTINOPLE

November 6

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Θείας πίστεως



hy con - fes - - sion of the one di - vine Faith showed thee
to the Church to be a new Paul and a zeal - - ot a
mong priests, O ho - ly one. The right - eous blood both of A - -
bel and Zach - a - ry with thee doth cry out to - geth - - er un - -

to the__ Lord. Right-eous Fa - ther, in - ter - cede with Christ God in our be -
 half that His great mer - cy may be grant - ed un - - to__ us.

Recite the words of psalmody as your very own,
 that you may utter the words of your supplication with insight
 and with discriminating compunction, like a man who truly understands his work.

- St. Isaac the Syrian



THE HOLY THIRTY-THREE MARTYRS OF MELITENE

November 7

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

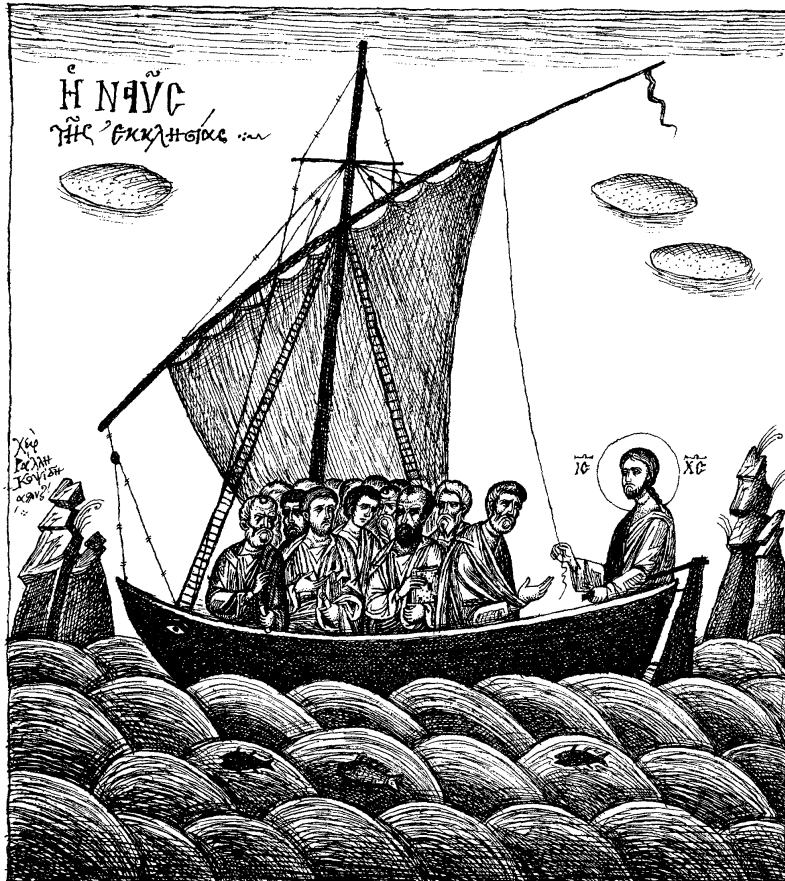
(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

⁴
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

(M) (Δ) (B)
 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.

.



THE SHIP OF THE CHURCH



SAINT LAZARUS OF MOUNT GALESION THE WONDERWORKER

November 7

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Ταῖς ἐπαγρύπνοις προσευχαῖς



(N) n thy vig - i - lant prayers, thou didst drench thy pil - lar with__
 (M) streams of__ tears; (N) by thy sigh - - ings from the depths, (N) thou didst bear
 (N) fruit a hun-dred-fold in__ la - bours; (N) and thou be-cam - est a shep -
 (N) herd, (N) grant-ing for - give-ness__ to them that came to thee, (N) O our

(M) (Γ) (N)
 right-eous Fa - ther___ Laz - a - - rus. In - ter - cede with Christ God that
 (M)
 our___ souls be___ saved.



We should offer our prayers to God with fear and trembling, tears and sighs,
 and our voices when we chant should be sober,
 contrite, measured, and humble.

- St. Palladios



THE SYNAXIS OF THE ARCHANGEL MICHAEL AND OF THE OTHER BODILESS HOSTS

November 8

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Ἀ Δ ε

Τῶν οὐρανίων στρατιῶν



(Δ) (B) (M) (Δ) 4
u - preme Com - mand - - ers__ of the Hosts of the Heav - ens,
(B) (M) (Δ) 4 (B)
we, thē un - wor - - thy,__ im - por - tune and be - seech you that by
(M) (Δ)
your sup - pli - ca - tions ye en - cir - cle us in the shel - ter of
(M) (Δ) (Γ)
the wings__ of your im - ma - te - ri - al glo - ry, guard - ing us who now

(B)
 fall down and cry to you with fer - - - - - vour: De - liv - er us
 (M) (Δ)
 from dan - gers of all kinds, as the great mar - - shals of the heav -
 (B)
 en - ly hosts on high.



THE SYNAXIS OF THE BODILESS HOSTS



THE SYNAXIS OF THE ARCHANGEL MICHAEL AND OF THE OTHER BODILESS HOSTS

November 8

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀρχιστράτηγοι Θεοῦ



(M)

(Δ)

u-preme Com-mand - - ers of God and min - is - ters of the Di -

(B)

vine__ glo - - - - ry, guides of men and lead - ers of the bod - i -

(M)

less hosts: Ask for what is to our prof - it and for great mer - - - cy,

(Δ)

(B)

(M)

since ye are Su-preme Com-mand-ers of the bod - i - less hosts.



SAINT NECTARIUS THE WONDERWORKER METROPOLITAN OF PENTAPOLIS

November 9

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πα

Συληβρίας τὸν γόνον



(Π)

he off-spring of Se-ly-vri-a and the guard-ian of Ae-

gi-na, the true friend of vir-tue who didst ap-pear in the

last years, O Nec-tar-i-us, we faith-ful-ly hon-our thee as

a god-ly ser-vant of Christ, for thou pour-est forth heal-ings of

(□) eve-ry kind ^Δ for those__who pi-ous - - ly cry__out: ^{π ρ} Glo-ry to Christ
 Who hath glo-ri - fied thee. ^Δ Glo - ry to Him Who hath made thee won - -
 (Δ) ^(□) drous. ^Δ Glo - ry to Him Who work - eth heal-ings__for all__through_ thee. ^{π ρ}





SAINT NECTARIUS THE WONDERWORKER METROPOLITAN OF PENTAPOLIS

November 9

Kontakion

Plagal Fourth Mode

"To Thee, the Champion Leader"

150

Intonation: #24

Ἦχος λ ϝ Νη

Ὁρθοδοξίας τὸν ἀστέρα



(N) (Π) (N)
ome, let us all___ laud Or - tho - dox - y's new - ly - shin -

4 6
ing__ star and the di - vine___ and new - ly build - ed bul - wark of

6 6
the__ Church; and in joy - ful - ness of heart, let us sing his prais-es.

(Π) (N)
By the work - ing of the Spir - it was he glo - ri - - fied, and

doth pour forth the a-bun-dant grace of won-drous cures up - on them
 that cry: Re-joice, O Fa- - ther Nec-tar- - i- - us.





THE HOLY MÀRTYRS ONESIPHORUS AND PORPHYRIUS

November 9

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

⁴
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

No one in
 chanting with a
 ready and eager mind
 will be blamed if he be weak-
 ened by old age, or young, or have
 a rough voice, or is altogether ignorant
 of rhythm. What is here sought for is a sober
 soul, an alert mind, a contrite heart, sound reason,
 and a clear conscience. If having these you have entered
 into God's sacred choir, you may stand beside David himself.
 There is no need of zithers, nor of taut strings, nor of a plectrum,
 nor skill, nor any instruments. But if you will, you can make
 yourself into a zither, mortifying the limbs of the flesh,
 and forming full harmony between body and soul.
 For when the flesh does not lust against the
 spirit, but yields to its commands, and
 perseveres along the path that is
 noble and admirable, you thus
 produce a spiritual melody.

- St. John Chrysostom



SAINT MATRONA

November 9

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

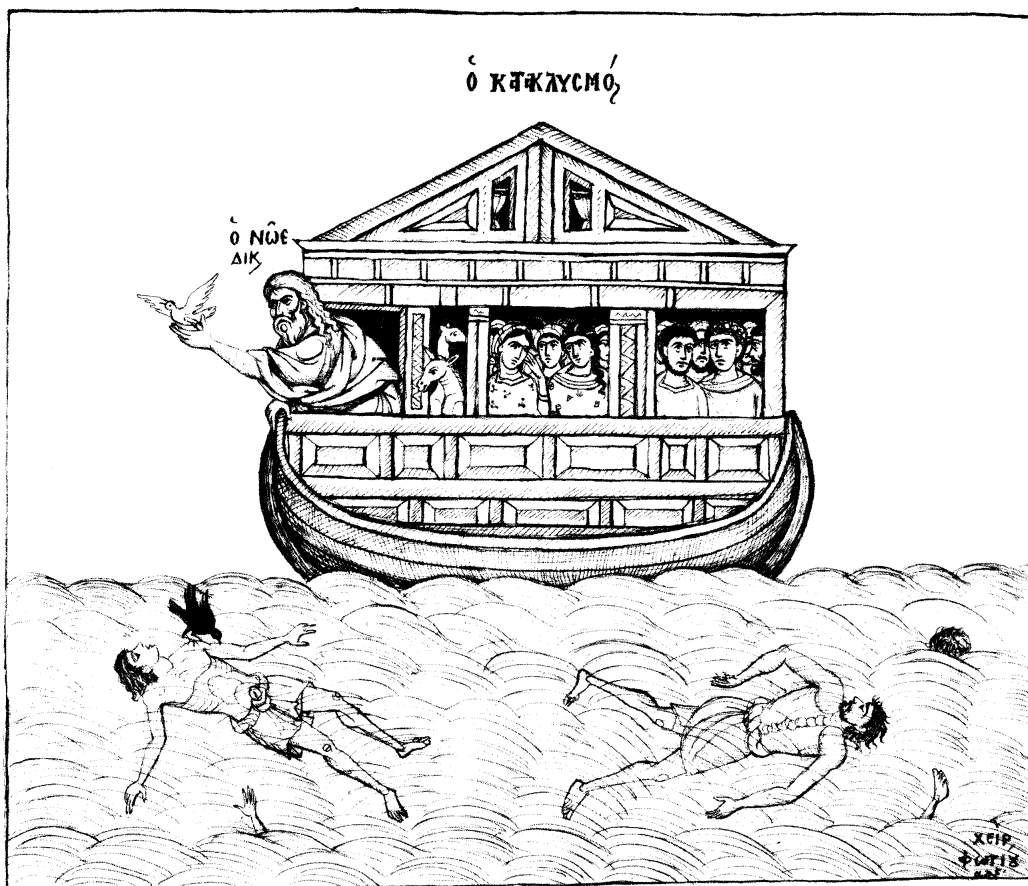
Ἦχος λ π ς Γα

Ἐν σοὶ Μητηρ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; ς for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
 (Γ) (N)
 it pass - eth a - way, Δ but to at - tend__ to__ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Ma - tro - na, thy spir - it
 re - joic - eth with the ^(M) An - gels.



THE FLOOD



THE HOLY APOSTLES OF THE SEVENTY: OLYMPAS, RODION, ERASTUS SOSIPATER, AND QUARTUS

November 10

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - - ly A - pos - tles, (Γ) in - ter - cede (Π) with the

(Γ) mer - ci - ful God π that He grant un - to our souls for - give - ness of of - fenc -

es.

150



THE HOLY MARTYR ORESTES

November 10

Apolytikion

Fourth Mode

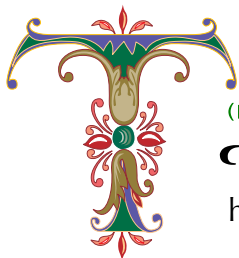
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art mer - ci -

ful.



THE LADDER OF DIVINE ASCENT



SAINT MENAS

November 11

Apolytikion

Plagal First Mode

"Let us worship the Word"

 $\overline{\chi} \quad 150$

Intonation: #13

$$\hat{H} \chi_0 \approx \frac{\lambda}{\pi} \ddot{q} + K \varepsilon$$


Τοὺς μεγίστους ἀγῶνας



(K)

with great val-our of soul, thou didst strive in mar-tyr-dom,

and hav - ing fought the good fight, O di - vine Great Mar - tyr Me - nas,



 thou from Heav-en hast re-ceived the gift of mir-a-cles; for God hath

 (Δ)

shown thee to the world as a work-er of great signs, and He made thee

X
C

SAINT MENAS



SAINTS MENAS, VICTOR, AND VINCENT

November 11

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

Τρισάριθμον σύνταγμα



(M) (Δ) (B)
ith songs of praise, let us hymn the stead - fast ath - letes of

(Δ) (M) (Δ)
Christ: di - vine Vic - tor, Vin - cent, and the no - ble Steph - a - nie,

(B) (Δ) (M)
with Me - nas thē all - glo - ri - ous. Hav - ing crushed the foe in sun - dry

(Δ) (B)
ag - es and coun - tries, they re - joice to - geth - er, glo - ri - fied in

^(M)
 the Heav-ens. ^{6.} Have mer - cy, O Christ Sav - iour, on all, ^(Δ) by Thy Great

^(B)
 Mar - tyrs' prayers.

^{6.}



SAINTS VICTOR, STEPHANIE,
MENAS, THEODORE THE STUDITE, AND VINCENT



SAINT THEODORE THE STUDITE

November 11

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and__
(Γ) (N) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired__
(M) (N)
a - dorn - ment of mo - - nas - tics, ς O wise__ The - o - dore, by thy
(M) (Γ)
teach - ings thou hast en - light - ened all, O harp of the__ Spir - it. ς In -

ter - cede with Christ God that our _____ souls be _____ saved.



I think it is useful to have diversity and variety in the prayer and psalmody at these appointed times, because somehow the soul is frequently bored and distracted by routine, while by change and variety of the psalmody and prayer at each hour its desire is renewed and its concentration restored.

- St. Basil the Great



SAINT JOHN THE ALMSGIVER ARCHBISHOP OF ALEXANDRIA

November 12

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

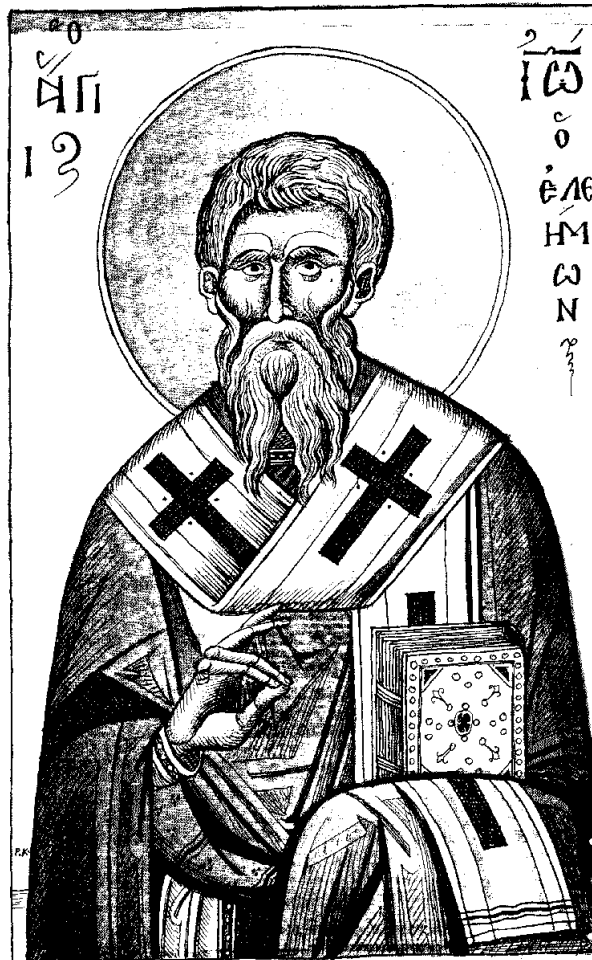
Ἦχος λ π ς

Ἐν τῇ ὑπομονῇ σου



(Γ) n thy pa-tience thou hast won thy re-ward, O right - - eous__ Fa -
(M) ther. (Π) (N) Thou__didst per - se - vere un - ceas-ing-ly in prayer; (Δ) thou didst love
(M) the poor, and didst pro-vide for them in__ all things. (N) Where-fore, in - ter - cede
(M) with Christ, our God, (Δ) O bless-ed John thē Alms-giv-er, that our__ souls

be__ saved. r



SAINT JOHN THE ALMSGIVER



SAINT MARTIN BISHOP OF TOURS

November 12

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Ἦχος Ἀΐ

Intonation: #10



(M) (Δ) (B)
 n signs and in mir - a - cles thou wast re - nowned through-out Gaul;
 (Δ) (M) (Δ)
 by grace and a - dop - tion now thou art a light for the world,
 (B) (Δ) (M) (Δ)
 O Mar - tin, most blest of God. Alms - deeds and com - pas - sion filled thy life
 (B)
 with their splen - dour; teach - ing and wise coun - sel were thy rich - es and treas -

ures, ^(M) which thou dost dis-pense free - ly un - to ^(Δ) all them that ^(B) hon - our

thee.

.





SAINT NILUS THE ASCETIC OF SINAI

November 12

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π) the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^(M) O Ni - lus our right-eous__ Fa - ther. ^(Γ) In - ter - cede with
 Christ God that our__ souls be__ saved.



SAINT NILUS THE ASCETIC



SAINT JOHN CHRYSOSTOM ARCHBISHOP OF CONSTANTINOPLE

November 13

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Ἡ τοῦ στόματός σου



(Γ) race shin - ing forth from thy mouth like a bea - con hath il -

(M) lu - mined the ___ u - (N) ni - - verse, and dis - closed to the world treas - ures

of un - cov - et - ous - ness, and shown us the heights of hu - - mil - i - -

(N) ty; but whilst in - struct - ing us by thy words, O Fa - ther John Chrys - os -

(M)
 tom, ^Δ in - ter-cede_ with the Word, Christ our God, to ___ save our ___ souls.



SAINT JOHN CHRYSOSTOM



SAINT JOHN CHRYSOSTOM ARCHBISHOP OF CONSTANTINOPLE

November 13

Kontakion

150

Plagal Second Mode

Intonation: #17

Ἦχος λ π̣ Ḅ

Ἐκ τῶν οὐρανῶν

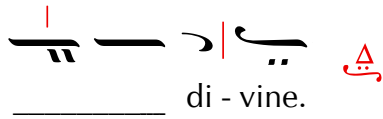


(M) (Δ) (B)
rom the Heav - ens hast thou re - ceived di - vine _____ grace,

(M) (Δ)
and by thy lips thou dost teach all to wor - - - ship the One God in

(B)
Trin - i - ty, O John Chrys - os - tom, all - bless - ed right - eous one. Right - ly do

(M) (Δ) (M)
we ac - claim _____ thee, for thou art a teach - er re - veal - ing things_



This I say,
 not only that you
 may yourselves sing praises,
 but also that you may teach your
 wives and children to do so, not merely
 to lighten the work while weaving, but especially
 at the table. For since Satan is wont to lie in wait at feasts,
 and to employ as allies drunkenness, gluttony, immoderate
 laughter, and an inactive mind; on these occasions, both
 before and after table, it is especially necessary to
 fortify oneself with the protection of the
 psalms and, rising from the feast
 together with one's wife and
 children, to sing sacred
 hymns to God.

- St. John Chrysostom



THE HOLY APOSTLE PHILIP

November 14

Apolytikion

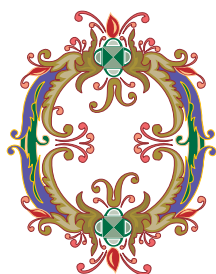
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - - ly A-pos - tle Phil - ip, in - ter - cede

with the mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.

150



SAINT GREGORY PALAMAS THE WONDERWORKER ARCHBISHOP OF THESSALONICA

November 14

Apolytikion

Plagal Fourth Mode

150

Intonation: #25

Ἦχος λ ϝ ϝ —

Ὁρθοδοξίας ὁ φωστήρ




(N) ight of Or - tho - dox - y, pil - lar and teach - er (M) of the

(N) Church, (N) a - dorn - ment of mo - nas - tics, in - vin - ci - ble cham - pi - on

(M) of the - o - - lo - gians, (N) O Greg - o - ry thou won - der - work - er, Δ q

(M) boast of Thes - sa - lon - i - ca, her - - ald of grace: Δ q ev - er pray that our (M)

souls be saved. 



SAINT GREGORY PALAMAS



SAINT GREGORY PALAMAS THE WONDERWORKER ARCHBISHOP OF THESSALONICA

November 14

Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

150

Intonation: #24

Tò τῆς σοφίας

*Ηχος λ π δι Νη



ith one ac - cord, we praise thee as the sa - cred and
di - vine ves - sel of wis - dom and clear trum - pet of the - ol -
o - gy, O our right - eous Fa - ther Greg - o - ry of di - vine speech.
As a mind that stan - deth now be - fore the Pri - mal Mind, do

thou ev - er guide a - right and lead our mind to Him, ^(Δ) that we all may__
⁴ cry: ^(N) Re - jice, O her - - ald of grace__ di - - vine.

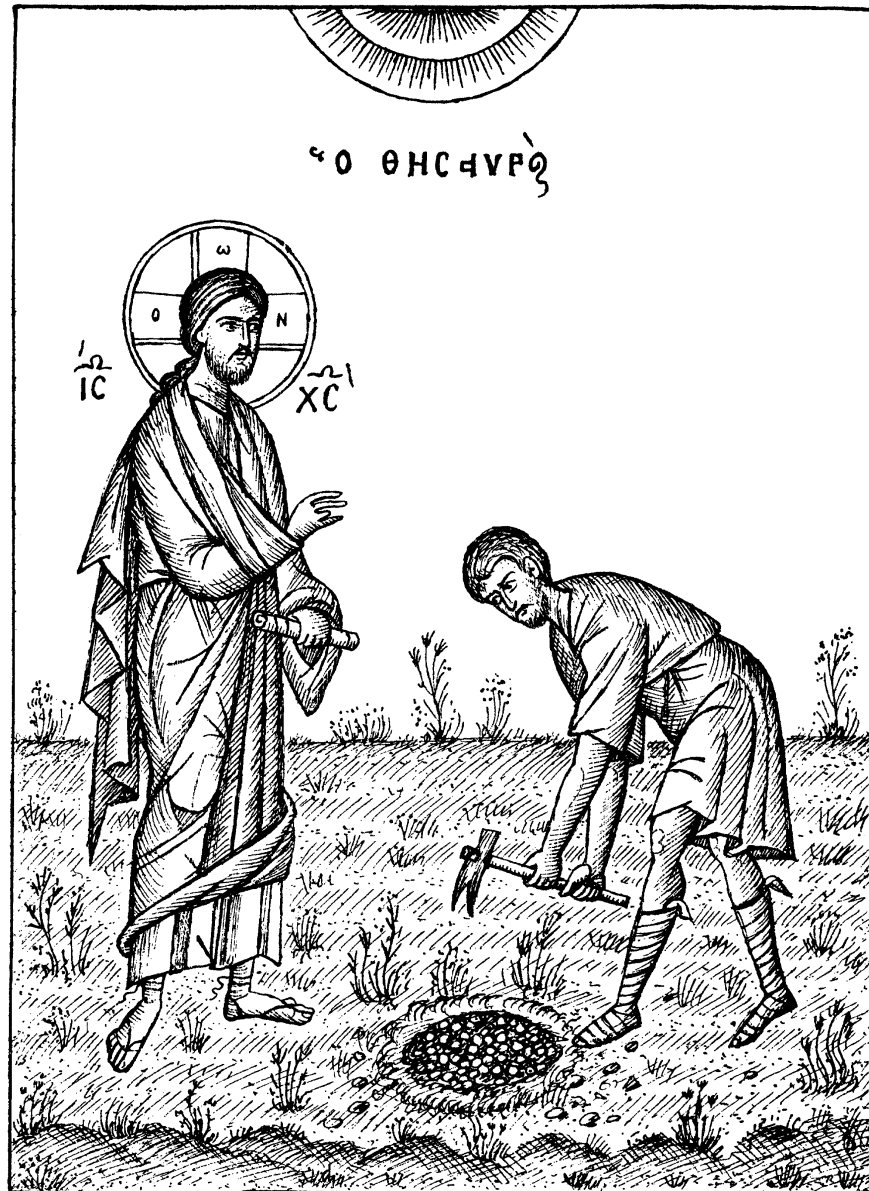
While your tongue sings,
 let your mind search out the meaning of the words,
 so that you might sing in spirit and sing also in understanding.

- St. Basil the Great

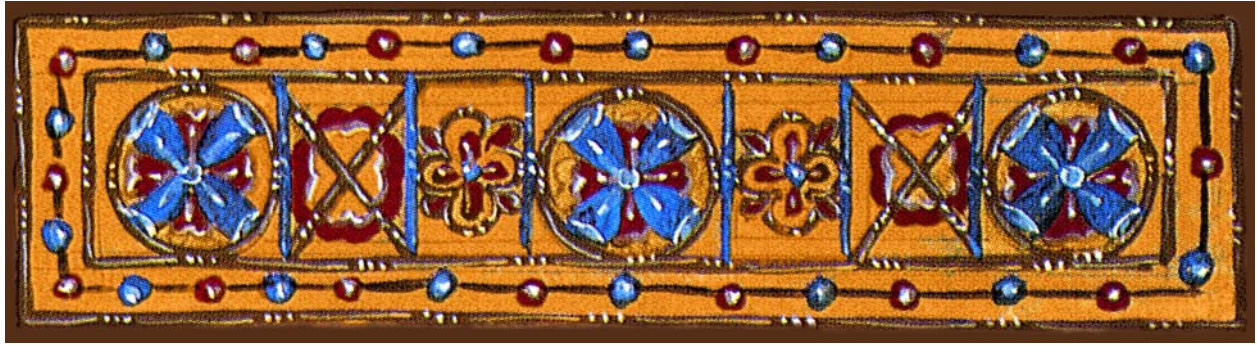
(M)

art good__ and the Friend of__ man. ⲕⲓⲁ

THE PARABLE OF THE TREASURE



ⲕⲓⲁⲛⲧⲟⲗⲁⲥ.



SAINT PAISIUS VELICHKOVSKY

November 15

Apolytikion

Second Mode

150

Ἦχος Δ΄

Intonation: #4



(M) so - jour - - - er up - on the earth, (M) thou didst reach

(Δ) the Heav - en - ly home-land, O ven - er - a - ble Fa - ther Pa - i - si - (B)

(M) us, as - cet - ic of god - - - ly love, (Δ) and didst teach the faith -

(B) ful to lift up their minds un - - to God and cry out to Him with all

their heart: O Lord Je - sus Christ, Son__ of God, have mer - cy on me_
 _ a sin - - - - ner!





SAINT PAISIUS VELICHKOVSKY

November 15

Kontakion

Second Mode

150

Ἦχος Δι

Intonation: #4



(M)

(Δ)

m - u - lat - - - ing the chaste Jo - seph and the des - ert -

lov-ing Fore - - run - ner, thou didst for - sake all thē al - lure - ments of _

(Γ) (B)

(M)

(B)

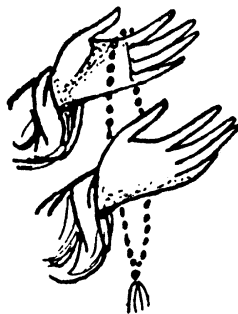
_ this world, O ven - 'ra - ble one; fell - ing thē e - vil and craft - y ser -

(M)

(Δ)

pent with the spear _ of pa - - - tience, thou didst fill the moun-tains and

hills with thy vir - - - - tues; and put-ting to shame the wick-ed -
 ness of her - - - e - sies, thou didst show thy - self to be a teach -
 er e - qual with thē a - pos - - - - - tles. Where-fore, we
 cry _____ to thee: Re - rejoice, O Pa - i - si - us our fa - - - - -
 ther, ra - di - ant bea-con of the Or - tho - dox Church!





SAINT HERMAN OF ALASKA

November 15
(or December 12)

Apolytikion

Fourth Mode

150

Ἦχος Ἀδ

Intonation: #10



(Δ)

less - ed as - cet - ic of the north - - ern wilds and gra - cious

(B)

(M)

in - ter - ces - sor for the whole__ world, teach - er of the Or - tho - dox Faith,

(Δ)

(Γ) (B)

good in - struc - tor of pi - e - ty, a - dorn - ment of A - las - ka and joy

(Δ)

of all A - mer - i - ca, ho - ly Fa - ther Her - man, pray to Christ_____

(B)
Годъ что Онъ спасъ наши души. 6.



SAINT HERMAN OF ALASKA



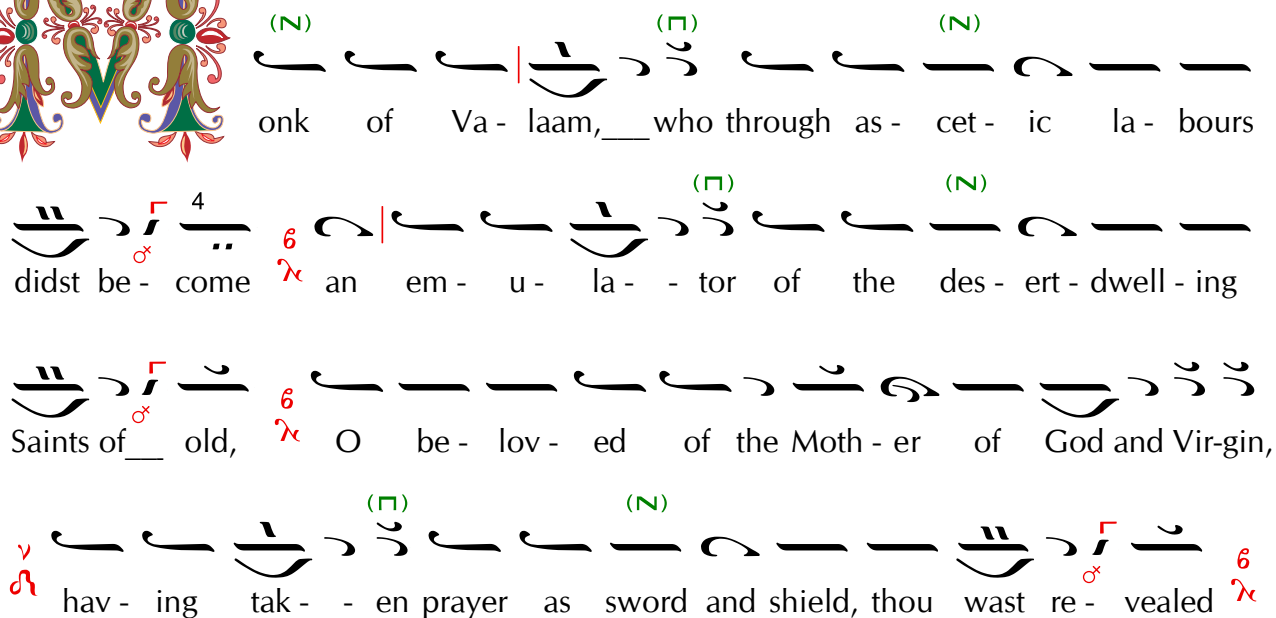
November 15
(or December 12)

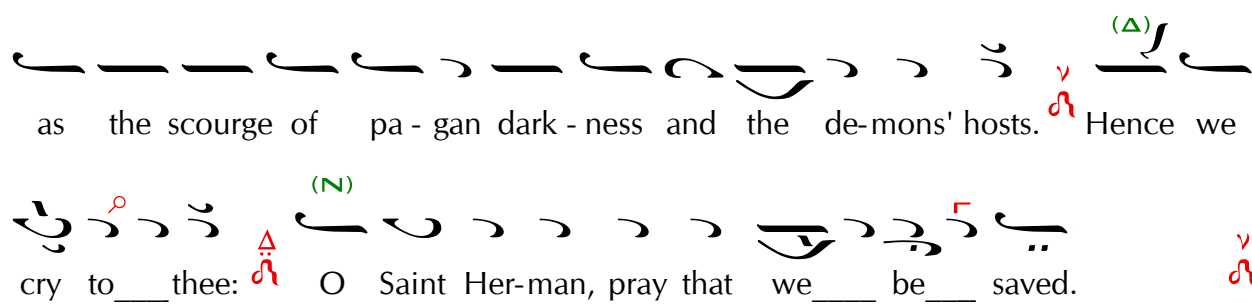
Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

150

Intonation: #24

$$^{\epsilon}H_{\chi\phi} \frac{\lambda}{\pi} \ddot{\phi} \quad N\eta$$




When you worship God with hymns,
 you should be worshipping Him with your
 entire being: your voice should sing; your heart
 should also sing; and your life should also
 sing. Everything should sing!

- Blessed Augustine



THE HOLY APOSTLE AND EVANGELIST MATTHEW

November 16

Apolytikion

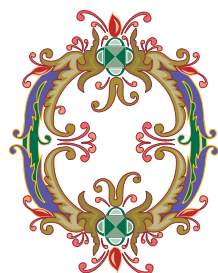
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



(N) ho - ly A - pos - tle and (Γ) E - van - - gel - ist Mat - thew, in -

(Π) ter - cede with the mer - ci - ful God (Γ) that He grant un - to our souls for - give -

ness of of - fenc - es.

1



SAINT GREGORY THE WONDERWORKER BISHOP OF NEOCAESAREA

November 17

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ β ᾠ ς

Ἐν προσευχαῖς γρηγορῶν



(Γ) (N)
 y vig - i-lance in prayer, and con - tin - u-ance in the work -
 ing of won - - ders, (Γ) (N) (M)
 thou didst ac - quire thine a - chieve-ment as a sur -
 name; (Γ) (N)
 where - fore, in - ter - cede with Christ our God, O Fa - ther Greg - o -
 ry, to en - light - en our souls, (M)
 lest we sleep in sin un-to death.



SAINT HILDA OF WHITBY

November 17

Apolytikion

150

Plagal Fourth Mode

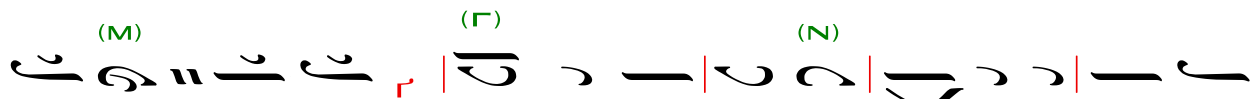

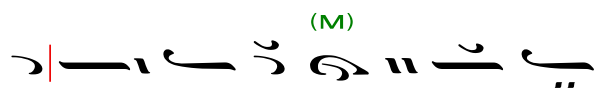

Intonation: #25

Ἦχος λ ϣ Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, for
 (Γ) (N)
 it pass - eth a - way, but to at - tend__ to__ the soul since it

^(M)

 is im - - mor - tal.  Where-fore, O ^(Γ) right-eous ^(N) Hil - da, thy spir - it
^(M)

 re - joic - eth with thē  An - gels.

O sleepless nights, with the singing of psalms,
 and with standing which lasts from one day to the next!
 O David, only for these faithful souls [the nuns], have you not sung too long!

- St. Gregory of Nazianzus



THE HOLY MARTYRS PLATO AND ROMANUS

November 18

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

(M) (Δ) (B)
 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.

6.



THE PARABLE OF THE TALENTS



THE HOLY PROPHET ABDIAS (OBADIAH)

November 19

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δ'

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Ab - di - as, O Lord, through him we be - seech Thee to save

our souls.





THE HOLY MARTYR BARLAAM

November 19

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

(M) (Δ) (B)
 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -

ful.

ful.





THE FOREFEAST OF THE ENTRY OF THE THEOTOKOS INTO THE TEMPLE

November 20

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

Χαρὰν προμνηστεύεται



(M) (Δ) (B)

y blos - som - ing forth thē on - ly Ev - er - vir - gin as fruit,

(Δ) (M) (Δ)

to - day ho - ly An - na doth be - troth us all un - to joy,

(B) (Δ) (M) (Δ)

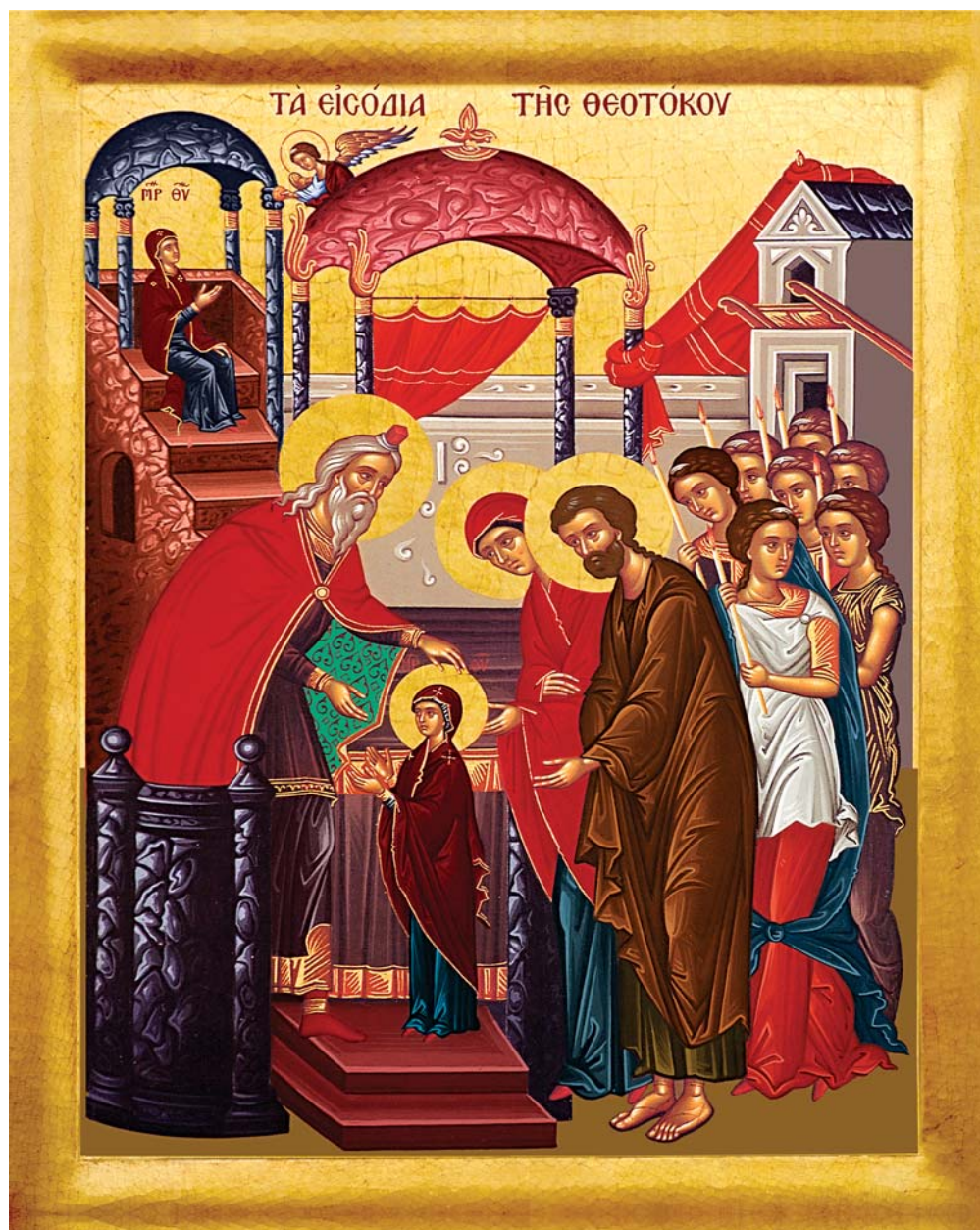
in - stead of our for - mer grief; on this day she doth ful - fil her vows

(B)

to the Most High, lead - ing her with joy in - to the Lord's ho - ly tem -

ple, ^(M) who tru - ly is the tem - ple and pure ^(Δ) Moth - er of ^(B) God the

Word.





THE FOREFEAST OF THE ENTRY OF THE THEOTOKOS INTO THE TEMPLE

November 20

Kontakion

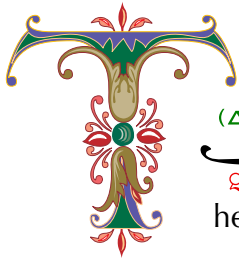
Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Εὐφροσύνης σήμερον



he whole world is filled to - - day with joy and glad - - -
 ness on the The - o - to - kos - - 's aus - pi - cious and re-splen-dent
 feast, where - on with great voice it cri-eth out: The heav-en - ly tab -
 er - na - - cle is she in truth.



SAINTS GREGORY OF DECAPOLIS AND PROCLUS, ARCHBISHOP OF CONSTANTINOPLE

November 20

Apolytikion

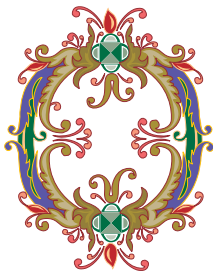
✠ 150

Fourth Mode

Intonation: #10

Ἦχος Ἀ Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat- ies guide our life in peace.

✠



THE ENTRY INTO THE TEMPLE OF THE THEOTOKOS

November 21

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Σήμερον τῆς εὐδοκίας



(M) (Δ) (B)
o - day is the pre - lude of God's good will and the her -
(Δ)
ald - ing of the sal - va - tion of man - - kind. In the tem - ple of
(B)
God, the Vir - gin is pre - sent - ed o - pen - ly, and she pro - claim - eth
(M) (Δ)
Christ un - to all. To her, then, with a great voice let us cry a - loud:

Re - jice, O thou ful - fil - ment of the Cre - a - tor's dis - pen - sa - - tion.

* Finale:

Cre - a - tor's dis - pen - sa - - - - - tion. _____





THE ENTRY INTO THE TEMPLE OF THE THEOTOKOS

November 21

Kontakion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

Ὁ καθαρώτατος ναός



he sa - cred treas - - ur - - y of God's ho - ly glo - ry,
the great - ly pre - - cious__ bri - dal cham - ber and Vir - gin, the Sav -
iour's most pure tem - ple, free of stain and un - de - filed, in - to the
House of__ the Lord on this day is brought for-ward and bring - eth

(B)
 with her-self the grace of the Most Di-vine Spir - - - it; her do
 (M) (Δ)
 God's An - gels hymn_ with songs of praise, for she is tru - - ly the
 (B) (Γ) (Δ)
 heav - en - ly tab - er - na - - - cle.





THE HOLY APOSTLES OF THE SEVENTY PHILEMON, APPHIA, ARCHIPPUS, AND ONESIMUS

November 22

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - - ly A - pos - tles, (Γ) in - ter - cede (Π) with the

(Γ) mer - ci - ful God π that He grant un - to our souls for - give - ness of of - fenc -

es.

150



THE HOLY MARTYRS CECILIA, VALERIAN, AND TIBURTIUS

November 22

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful. ⁽⁶⁾

Those who chant in the churches
should refrain from forcing their nature to yell,
but also from saying anything else that is unsuitable for the church.

- Canon LXXV of the Sixth Ecumenical Synod



SAINTS AMPHILOCHIOS, BISHOP OF ICONIUM AND GREGORY, BISHOP OF AGRIGENTUM

November 23

Apolytikion

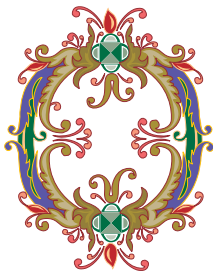
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat-ies guide our life in peace.



SAINTS CLEMENT OF ROME AND PETER OF ALEXANDRIA

November 24

Apolytikion

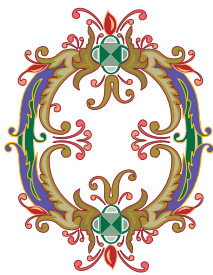
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

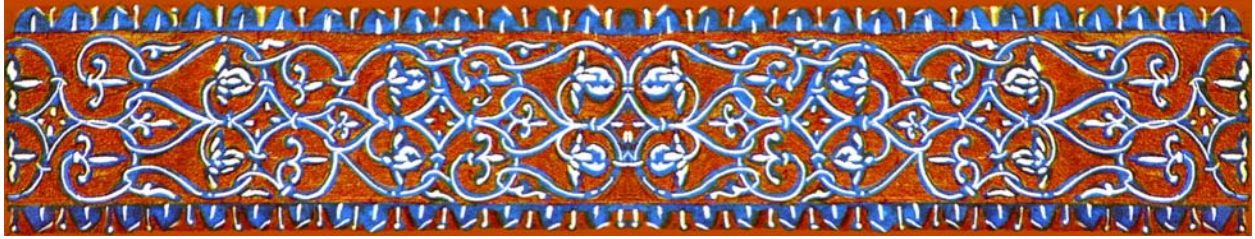
cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat-ies guide our life in peace.





SAINT CATHERINE THE GREAT MARTYR

November 25

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Intonation: #13

Ἦχος λ̣ ᾠ Κε

Τὴν πανεύφημον νύμφην



(K)

et us praise thē all-laud-ed and no-ble bride of Christ, the

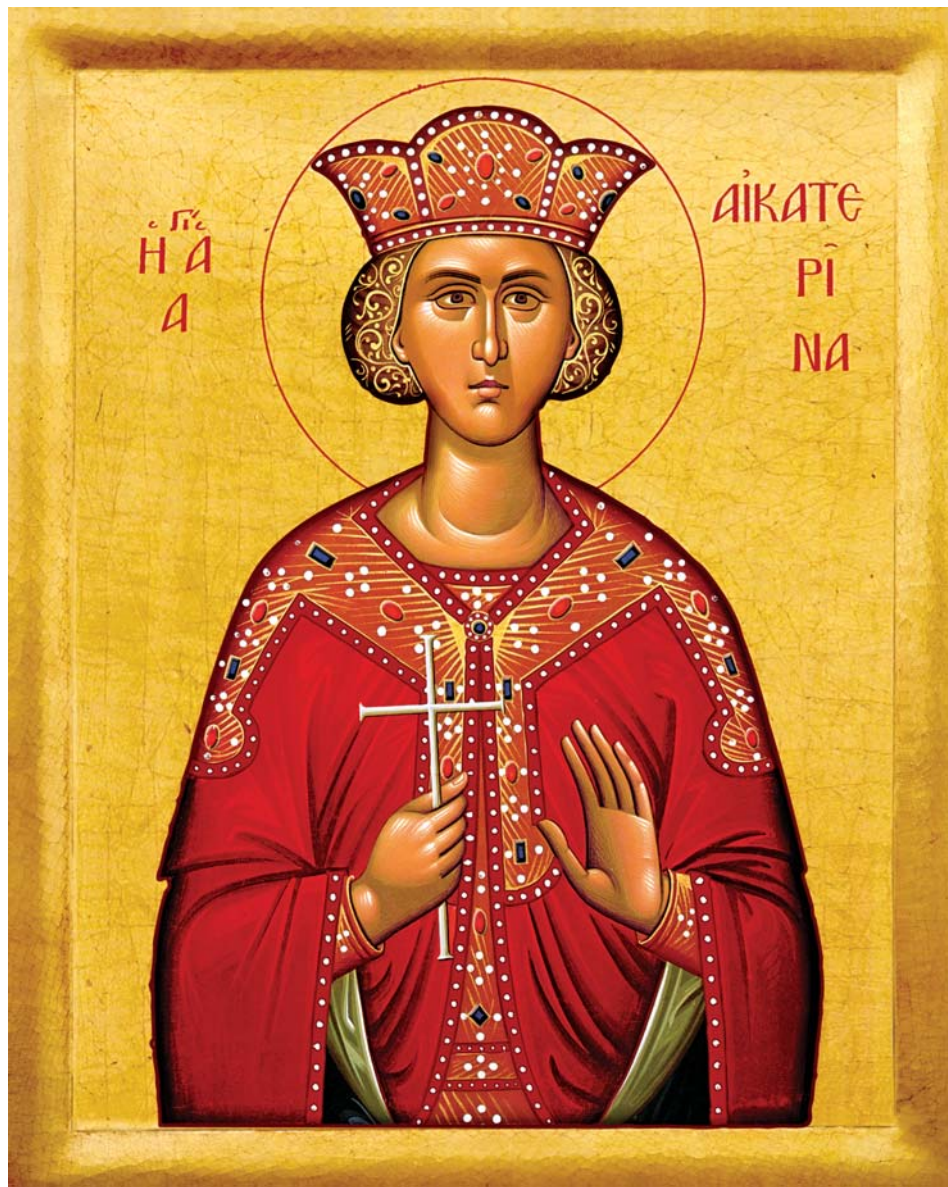
god-ly Cath-erine, the guard-ian of Si-nai and its de-fence, who

is al-so our sup-port and suc-cour and our help; for with the Ho-

(Δ)

ly Spir-it's sword she hath si-lenced bril-liant-ly the clev-er a-mong

the god-less; and be - ing crowned as a Mar - - - tyr, she now doth
ask great mer - cy for us all.





SAINT MERCURIUS THE GREAT MARTYR

November 25

Apolytikion

Fourth Mode

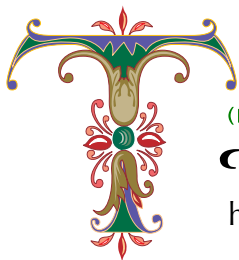
"Be quick to anticipate"

150

Intonation: #10

Ἦχος ᾠδῆς

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINT MERCURIUS



SAINT CATHERINE THE GREAT MARTYR

November 25

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δ

Χορείαν σεπτήν



(M)

rise up now a choir, O ye that love the mar - - tyred

(Δ)

Saints, au - gust and in-spired, ac - claim - ing the su - preme - - ly wise Mar -

(B)

(M)


tyr Cath-erine, who hath pro-claimed and preached of Christ in the sta - -

di - um and hath tram-pled the ser-pent down and spat on the knowl -

(Δ)

(B)

(M)

edge of thē el - - - o - quent. 



SAINT CATHERINE



SAINT ALYPIUS THE STYLITE

November 26

Apolytikion

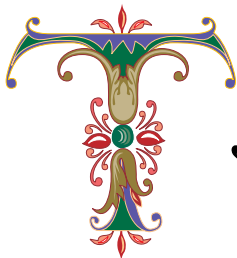
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

ὑπομονῆς στύλος



(Π)

hou be - cam - est a pil - lar of pa - - tience and didst

em - u - late the Fore - fa - thers, O right - eous one: Job in his suf - fer -

ings, Jo - seph in temp - ta - tions, and the life of the bod - i - less

while in the bod - y. O A - ly - pi - us, our right - eous Fa - ther, in -



SAINT NICON "REPENT Ye"

November 26

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Χαίρει ἔχουσα



ac - e - dae - - mon doth re - joice with glad - ness in

the god - - ly shrine of thy blest rel - ics, which doth make__ streams of

heal - - ings to__ o - ver - - flow and doth pre - serve from af - flic - -

tions and sore dis - tress all them that has - ten, O Fa - - ther, to__

thee with__ faith. ^(Γ) Right-eous Ni - con, in - ter - cede with Christ God in our be -
 half ^{π q} that His great mer - cy may be grant - ed ^(N) ^(Γ) un - - to__ us. ^σ

A holy hymn gives
 birth to piety of soul,
 creates a good conscience,
 and is accepted by God in
 the treasures of the heavens.

- St. John Chrysostom



SAINT STYLIANOS OF PAMPHLAGONIA

November 26

Apolytikion

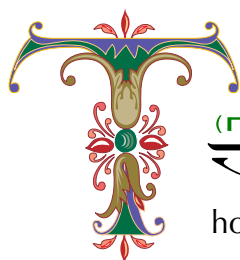
Third Mode
"Thy confession"

150

Intonation: #8

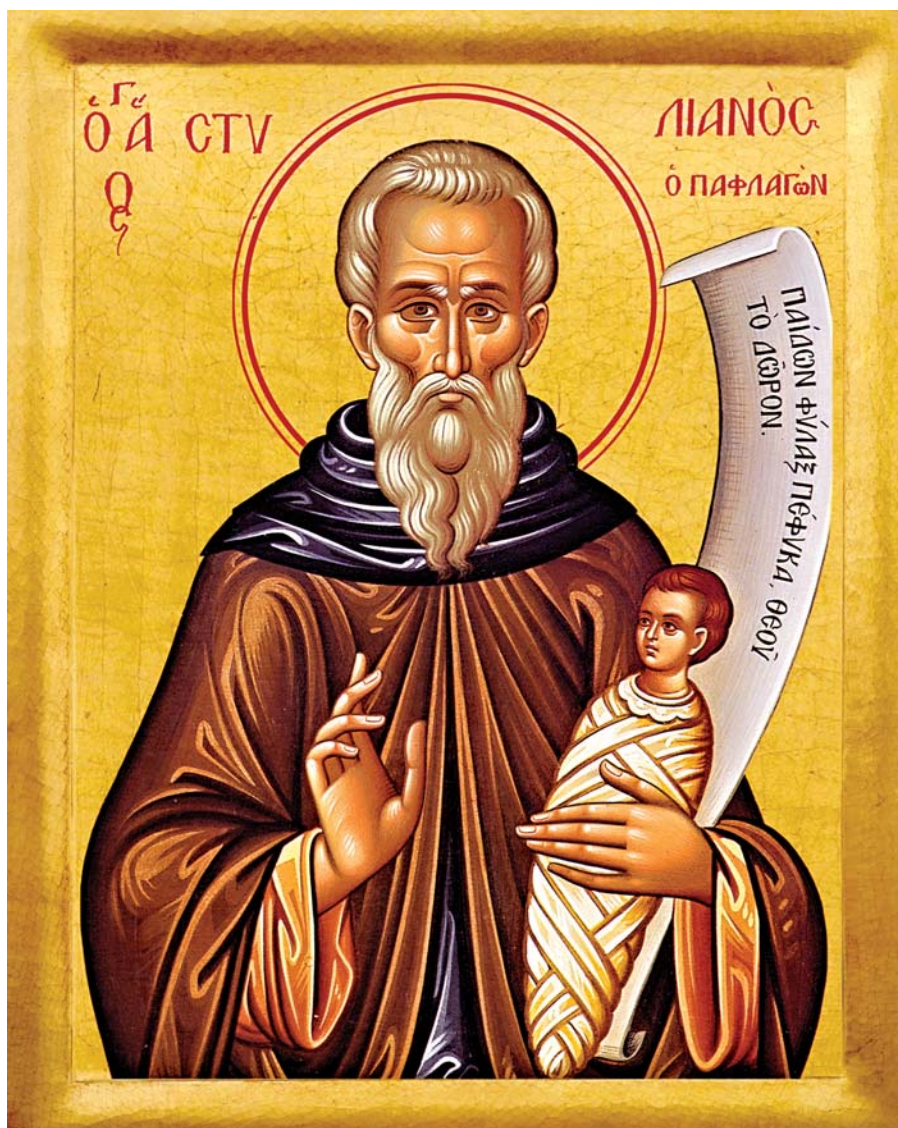
Ἦχος γ'. Γα

Θεῖαν ἔλλαμνιν



hou hast proved___ to be a liv - ing pil - lar and the
Church - - 's firm un - sha - ken tow - er bless - ed Styl - - i - a -
nos___ through thine___ ab - stin - - ence. For from thy youth thou be - cam - -
est a dwell - ing - place and con - se - crat - ed a - bode___ of the___

Par - a - - clete. ^π Right-^(Γ)eous Fa - ther in - ter - cede with Christ our long - suf - f'ring
 God ^χ and ^ρ pray to Him to grant great mer - cy ^(N) un - ^(Γ) - to ^σ us. ^α



SAINT STYLIANOS



THE HOLY GREAT MARTYR JAMES THE PERSIAN

November 27

Apolytikion

Fourth Mode

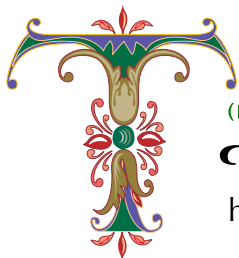
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

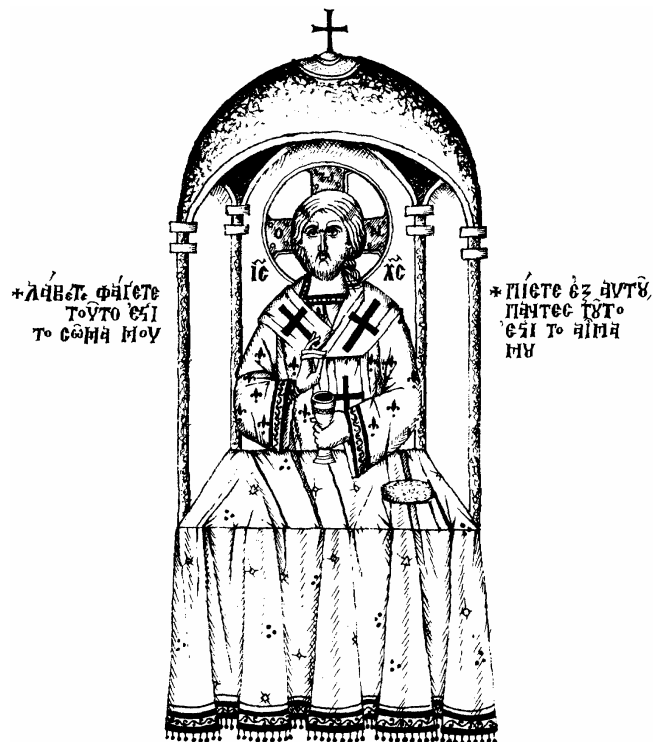
(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art mer - ci -

ful.

.





THE HOLY RIGHTEOUS MARTYR STEPHEN THE NEW

November 28

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

Ἀσκητικῶς προγυμνασθεῖς



(Δ) (B) (M) (Δ) 4
 rained on the moun - - tain__ in as - cet - ic - al la-bours,
 (B) (M) (Δ) 4 (B)
 with the whole ar - - mour__ of the Cross thou didst van-quish the spir -
 (M) (Δ)
 i - tual ar - rays of un - seen en - e - mies; and when thou hadst
 (M) (Δ) (Γ)
 stripped__ thy - self with great cour-age for con-test, thou didst slay Cop-

ro - nym - us with the sword of the true _____ Faith. For both these

things hast thou been crowned by God, O right-eous Mar - - tyr, blest Ste -

phen of great re-nown.





THE HOLY MARTYR IRENARCHUS

November 28

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

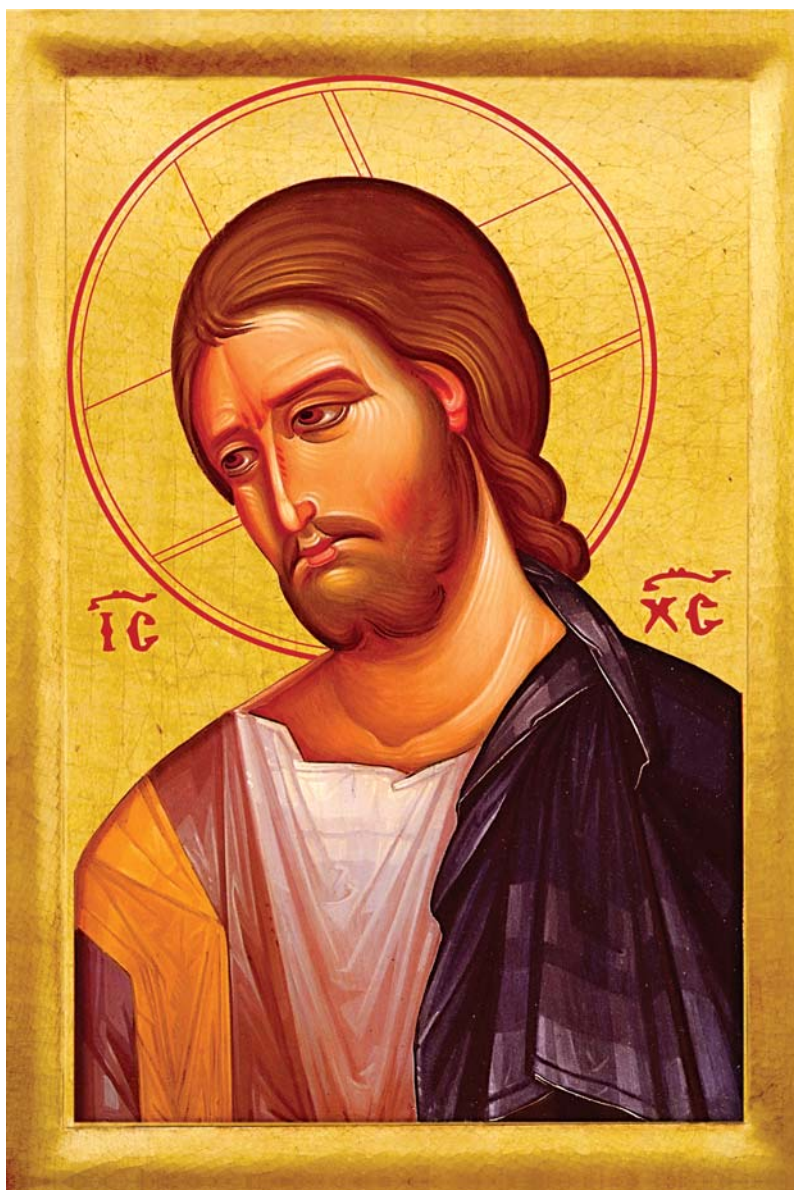
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.





THE HOLY MARTYRS PARAMONUS AND PHILUMENUS

November 29

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε




(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee


(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -



 ful.

Not if someone utters the words the psalm with his mouth,
 does that one sing to the Lord; but, all who send up the psalmody
 from a clean heart, and who are holy, maintaining righteousness toward
 God, these are able to sing to God, harmoniously guided by the spiritual rhythms.

- St. Basil the Great



THE HOLY APOSTLE ANDREW THE FIRST-CALLED

November 30

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὡς τῶν Ἀποστόλων



(M)

(B)

s the first - called of the A - pos - tles, and broth - er of

(M)

(Δ)

their lead - - er, O An - drew, en - treat the Mas - ter of all

(B)

that peace be grant - ed un - to the world and great mer - cy to our souls.



THE HOLY APOSTLE ANDREW THE FIRST-CALLED

November 30

Kontakion


150

Second Mode

Intonation: #4

Ἦχος Δι

Τὸν τῆς ἀνδρείας

 (M) (Δ) (B)
et us ac - claim the name-sake of cour - - - - -
(M)
- age, that her - ald of things di - vine, the first-called of
(Δ) (B)
the Sav - iour's dis - ci - ples, and the kins-man of Pe - - - - ter;
(M) (B) (M) (Δ)
for as he for - mer-ly cried out to him, so doth he now_

to us: Come, we have found the De-sired One



SAINT ANDREW THE FIRST-CALLED



December





THE HOLY PROPHET NAHUM

December 1

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Na-hum, O Lord, through him we be - seech Thee to save _____

_____ our souls.





SAINT PHILARET THE ALMSGIVER

December 1

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Θείας πίστεως



(Γ) (N) (Γ)
 rom thē in - - ner wealth of a di - vine faith, ^ρ thou didst
 (N) (Γ)
 deal__ thy rich - es to the need - y; ^ρ and thy works__ of com -
 (Π) (N)
 pas - - sion have__ glo - ri - - fied ^π Christ, the Be - stow - er of mer - -
 (Γ) (Π)
 cy, O Phil - a - ret; ^ρ for thy whole life was a - dorned__ with a__

love like__ His. In - ter - cede for us, O Alms - giv - er, that He rich - ly
 grant great mer - cy and com - pas - sion un - to us, the poor.

If Paul--imprisoned, made fast in the stocks, and threatened with intolerable scourges--
 praised God along with Silas continually throughout the night (when sleep is most
 pleasant to everyone); and if neither the place, nor the hour, nor his anxieties,
 nor the tyrant's slumbers, nor the pain of his labors, nor anything else
 could bring him to interrupt his singing, so much the more
 ought we, who live pleasantly and enjoy God's
 blessings, to give forth hymns that
 express thanks to Him.

- St. John Chrysostom



THE HOLY PROPHET ABBACUM

December 2

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δε

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Ab - ba-cum, O Lord, through him we be - seech Thee to save _____

_____ our souls.





THE HOLY PROPHET SOPHONIAS

December 3

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - e - brate the mem - o - ry of Thy

(Δ)

Proph-et So - pho - ni - as, O Lord, through him we be - seech Thee to

(B)

(M)

save _____ our souls.





THE HOLY GREAT MARTYR BARBARA

December 4

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς —

Βαρβάραν τὴν ἁγίαν



(Γ) (N)
et us hon - our Saint Bar - b'ra, for she hath bro - ken the
(M) (N)
snares of thē en - e - - my; and like a spar - row, she, thē
(Γ) (N)
all - mod - est maid - en, was de - liv - ered out of them by the help and weap -
(M)
- on of the Cross.



SAINT JOHN OF DAMASCUS

December 4

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

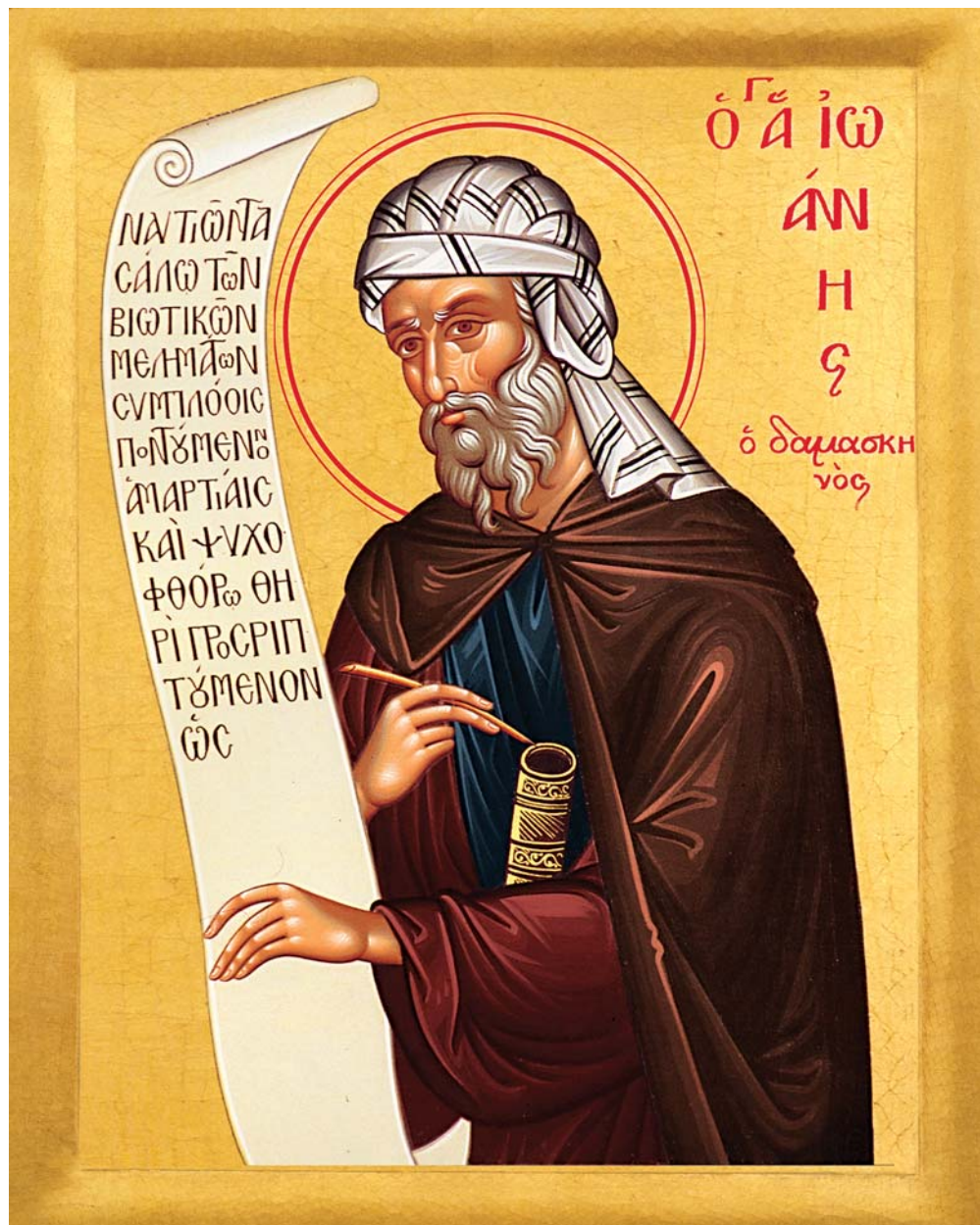
Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and__
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired__
(M) (N)
a - dorn - ment of mo - - nas - tics, ς O wise__ John, by thy teach - ings
(M) (Γ)
thou hast en - light - ened all, O harp of the__ Spir - it. ς In - ter - cede

(N) (M) (Γ)
 with Christ God that our___ souls be___ saved.

Γ



SAINT JOHN OF DAMASCUS



THE HOLY GREAT MARTYR BARBARA

December 4

Kontakion

Fourth Mode

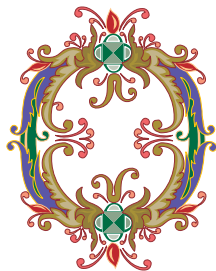
"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Ὠ Δι

Τῷ ἐν Τριάδι



(Δ) (B) (M) (Δ) 4
 mod - est tro - - phy - - bear - er, as thou didst fol -
 (B) (M) (Δ) 4
 low Him that in Trin - - i - - ty is hymned with true rev-'rence,
 (B) (M) (Δ)
 thou didst for - sake de - vo - tion to i - dol - a - try; nor didst
 (M) (Δ) (Γ)
 thou shrink back in fear from the threats of the ty - rants while

con - test - ing man - ful - ly in the bat - tle, O Bar - - - - b'ra,
 while ev - er loud - ly sing - ing: I a - dore the Ho - ly Trin - -
 i - ty, the One Di - vin - i - ty.



SAINT BARBARA



SAINT JOHN OF DAMASCUS

December 4

Kontakion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

Τὸν ὑμνογράφον



(Δ) (B) (M) (Δ) 4
Come, O ye faith - - ful, let us praise the hymn-writ -
(B) (M) (Δ) 4 (B)
er, the Church - 's lu - - mi - - nar - y and wise in - struc - tor, the
(M) (Δ)
hal - lowed John, who cast down all her en - e - mies; for since he
(M) (Δ) (Γ)
took up the Cross of the Lord as a weap-on, he drave off

the her - e - sies, with their eve - ry de - lu - - - - sion. And as our
 fer - vent cham - pi - on with God, he grant - eth all the for - give -
 ness of tres - pass - es.

Lovers of God are moved to spiritual joy,
 to divine love, and to tears both by worldly and by
 religious songs; but lovers of pleasure are moved to the opposite.

- St. John of the Ladder



SAINT SABBAS THE SANCTIFIED

December 5

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



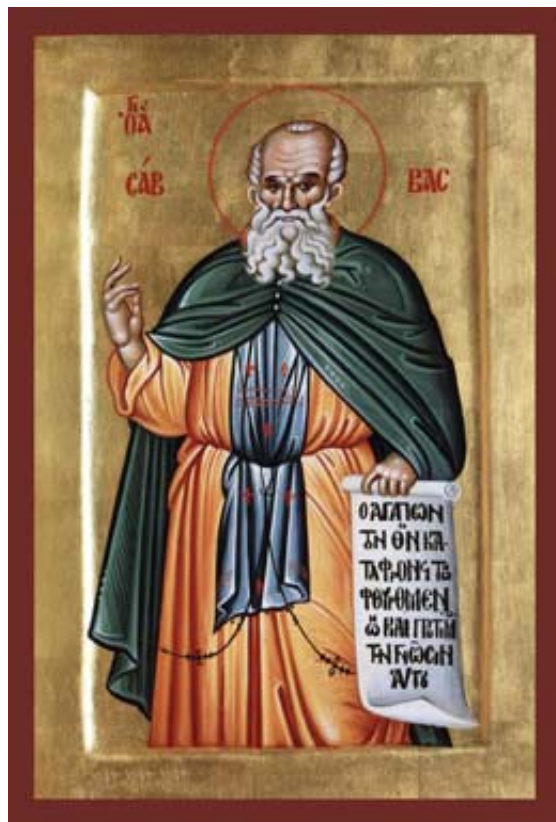
(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π) the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^(M) O Sab-bas our right-eous__ Fa - ther. ^(Γ) In - ter - cede with
 Christ God that our__ souls be__ saved.



SAINT SABBAS

all - praised found - er of cit - ies in the wild-er-ness. Hence, I cry to_

_thee: Re - joice, O Fa - - ther of great__ re - - nown.





SAINT NICHOLAS THE WONDERWORKER BISHOP OF MYRA OF LYCIA

December 6

Apolytikion

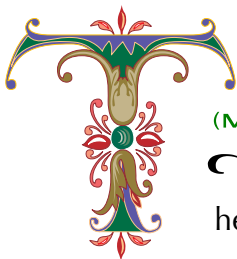
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - - arch Nich - - o - las, in -

6.





SAINT NICHOLAS THE WONDERWORKER BISHOP OF MYRA OF LYCIA

December 6

Kontakion

Third Mode

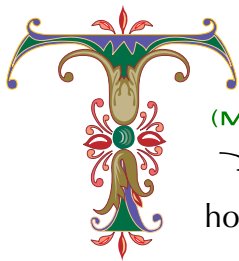
"On this day the Virgin"

150

Intonation: #8

Ἐν τοῖς Μύροις

Ἦχος Γα



(M) (N) (N)
hou, O right - eous Nich - - o - las, in Myr - a tru - ly
(M) (N) (N)
wast shown _____ forth as a sa - cred min - - is - ter ful - fill -
ing Christ's ho - ly Gos - - - pel; for _____ thou didst lay down thy
(N)
life _____ for thy flock and peo - - - ple and, O Saint, didst

A large, central icon of a bearded man, likely a saint or bishop, with grey hair and a beard. He is wearing a purple robe and a white stole decorated with large crosses. He holds a book with a decorative cover. The icon is set against a golden background and is surrounded by a border of smaller icons of saints in the corners.



SAINT AMBROSE BISHOP OF MILAN

December 7

Apolytikion

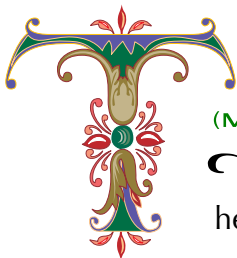
150

Fourth Mode

Intonation: #10

Ἦχος Δ' Δε

Κανόνα πίστεως

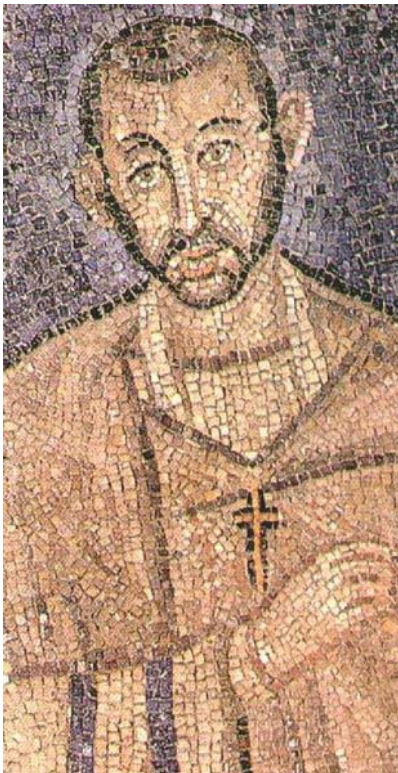


(M) (Δ) (B)
he truth of things hath re - vealed thee to thy flock as a rule
(M) (Δ) (B) (M)
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
(Δ) (M) (Δ)
this cause thou hast a - chieved the heights by hu - mil - - i - ty, rich -
(B) (Δ)
es by pov - er - ty. O Fa - ther and Hier - - arch Am - - brose, in -

ter - cede__with Christ_____ God that our souls be saved.

6.

SAINT AMBROSE



OF MILAN

(A mosaic of him from his church in Milan
that might have been made when he was alive)



SAINT PATAPIUS

December 8

Apolytikion

150

Plagal Fourth Mode

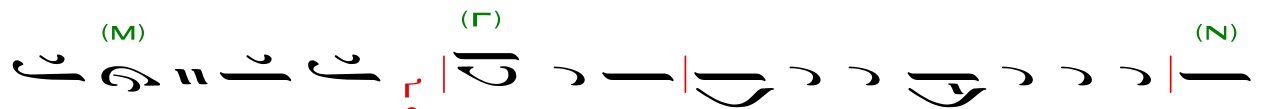
Intonation: #25


Ἦχος λ π ς Γα

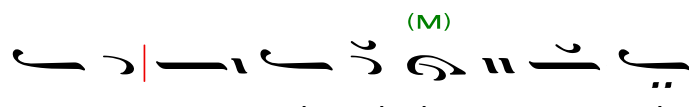
Ἐν σοὶ Πάτερ ἀκριβῶς




(Γ) n thee thē (N) im - age was pre - served with ex - act - ness, O (M)
 Fa - ther; (N) for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N) by thy deeds thou didst teach us to o - ver - - look the flesh, for
 (Γ) (N) it pass - eth a - way, but to at - tend to the soul since it



 is im - - mor - tal.  Where-fore, O right-eous Pa - tap - i - us, thy spir -



 it re - joic - eth with the  An - gels.

The book of psalms
 uproots the passions with
 a certain melodic enjoyment and
 a delight that instills pure thoughts.

- St. Basil the Great



THE CONCEPTION OF SAINT ANNA THE MOTHER OF THE THEOTOKOS

December 9

Apolytikion

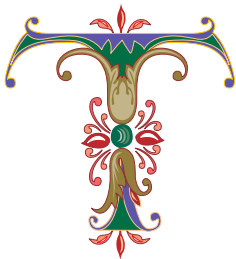
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Σήμερον τῆς ἀτεκνίας



(M) (Δ) (B) (M)
o - day the bonds of child - less - ness are loosed; for God

heark-ened to Jo - a - chim and An - - - na. And though_ it was

(Δ) (B)
be - yond_ hope, He clear-ly prom-ised them that they should bear a

(M) (Δ)
di-vine_ child, from whom was born thē Un - cir - cum - scrib - a - ble One

(M) (Δ)
 Him - self Who be - came a mor - - tal, and through an An - gel com-mand-
 (M) (B) (Δ) *
 ed them to cry un - to her: Re - joice, thou who art full ____ of grace; the
 (B)
 Lord is with ____ thee.

* Final Ending:

(B) (Γ) (Δ)
 4
 the Lord is with ____ thee. ____





THE CONSECRATION OF THE CHURCH OF THE HOLY RESURRECTION

December 9

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὡς τοῦ ἄνω στερεώματος



(M)

(Δ)

(B)

hou hast shown thē earth - ly beau - ty of the ho - ly tab - er - na -

(M)

(Δ)

cle of Thy glo - - ry to be like un - to the splen-dour of the

(B)

(M)

(Δ)

heav - en - ly fir - ma - ment, O Lord. Strength - en it for ev - er and ev -

(B)

- - - - er, and ac - cept our prayers which we un - ceas - ing - ly of - fer

there-in un - to Thee, ^(M) through the The - o - ^(Δ) to - kos, O Thou Who art the
 Life and Res - ur - rec - tion of all. ^(B)





THE CONCEPTION OF SAINT ANNA THE MOTHER OF THE THEOTOKOS

December 9

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Ἑορτάζει σήμερον



(Δ) (Κ)
Il the world doth cel - - e-brate An - na's con - cep -

(Δ) (Κ)
- - - tion on this day with fes - - tive joy, be - cause it came

(Δ)
to pass_through God; for by di - vine grace she hath con-ceived her that

(Π) (Μ)
be - yond words con-ceiv - - eth the Word of God.

Δ



THE HOLY MARTYRS MENAS, HERMOGENES, AND EUGRAPHUS

December 10

Apolytikion

Plagal Fourth Mode
"When the bodiless one"

150

Intonation: #24

Ἦχος λ ϣ Νη

Δι' ἐγκρατείας



(N) (M) (N)
ince they had slain___ through their ab - sti - nence and strug -
(M) (N)
- - - gles the fier - y rag - - ings and fierce mo - tions of the
pas - - - sions, the staunch Mar - tyrs of Christ God laid hold on___ the
(Δ↓) (N)
grac - es to drive___ off the pains and ill - - ness - es of the

⁴
 sick and work___ won-ders both while liv - - - ing and af - ter
 death. Strange in - deed_____ is___ the mir - a - cle! That these bare
 bones___ should pour forth such o - ver - flow - ing streams of___ cures. Glo -
 ry be___ to our on - - ly___ God.





THE SUNDAY OF THE HOLY FOREFATHERS

December 11-17

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Ἐν πίστει τοὺς Προπάτορας



(M) (Δ) (B) (M) (Δ) (B) (M) (Δ)

y faith_____ didst Thou jus - ti - fy the Fore - - fa - thers,

when through them Thou didst be - troth Thy - self a - fore-time to the Church from

a - mong the na - - - - tions. The Saints boast in glo - ry__ that

from their seed there is a glo - ri - ous fruit, e - ven she that bare



THE SUNDAY OF THE HOLY FOREFATHERS

December 11-17

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Χειρόγραφον εἰκόνα



(M)

(Δ)

hand-wrought im - - - age ye would not wor-ship, O thrice -

(B)

(M)

bless-ed ones; but armed by thē Un-de - pict - a-ble Es - - - sence,

(Δ)

(B)

(M)

ye were glo - ri - fied in your or - deal by fire. Stand-ing in the

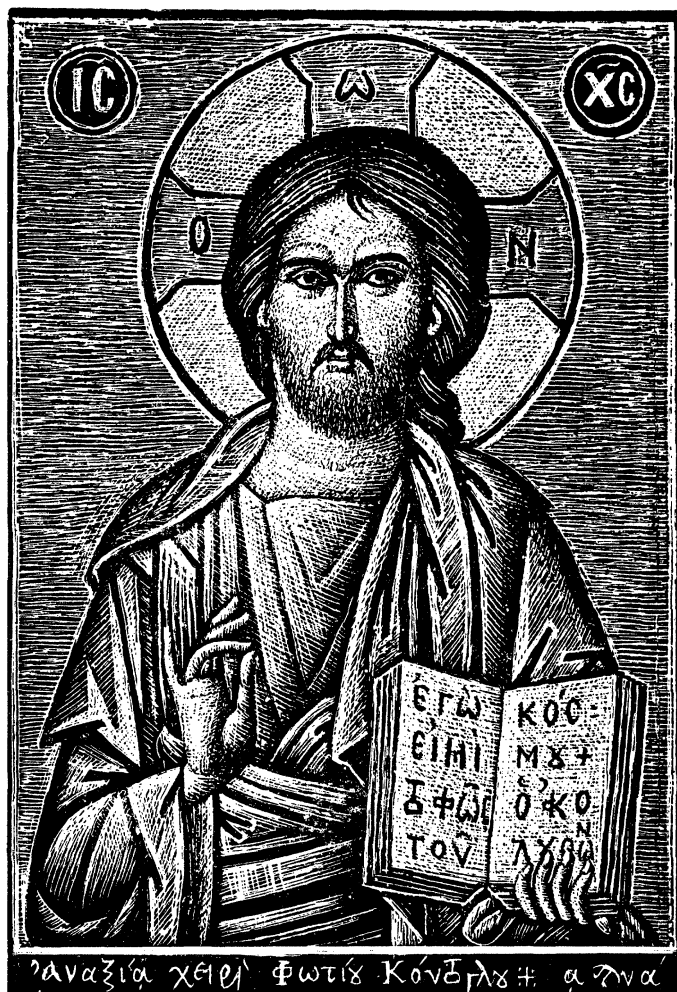
(Δ)

(B)

(M)

midst of thē ir - re - sis - ti - - ble flame, ye called up-on God: Speed Thou,

O Com - pas - sion - ate One, ^(B) and Has - ten, since Thou art mer - - - ci -
 ful, ^(Δ) to come un - to__our . aid; ^(B) for Thou art a - ble, if it
^(M) be_____Thy will.





SAINT DANIEL THE STYLITE

December 11

Apolytikion

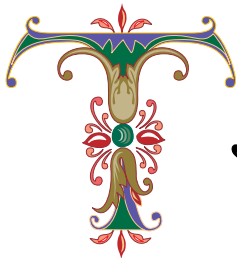
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Ὑπομονῆς στύλος



(Π)

hou be - cam - est a pil - lar of pa - - tience and didst

em - u - late the Fore - fa - thers, O right - eous one: Job in his suf - fer -

ings, Jo - seph in temp - ta - tions, and the life of the bod - i - less

while in the bod - y. O Dan - - iel, our right - eous Fa - ther, in - ter -

cede with Christ___ God that our souls___ be___ saved.

π
q

SAINT
DANIEL



THE
STYLITE



SAINT SPYRIDON THE WONDERWORKER BISHOP OF TRIMYTHUS IN CYPRUS

December 12

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ♪ Πά

Τῆς Συνόδου τῆς πρώτης



(Π)

hou wast shown forth as a cham-pi - on of the First Coun - -

cil and a won - der - work - - er, O Spyr - i - don, our God-bear - ing

Fa - ther. Where-fore, thou didst speak un-to one dead__ in the grave, and

didst change a ser - - pent to gold. And while chant-ing__ thy ho - ly prayers,

thou hadst An - gels serv - - ing with thee, _____ O most sa - cred one. π ϩ Glo - ry to

Him that hath glo - ri - fied thee. Δ ϩ Glo - ry to Him that hath crowned_

thee. Δ ϩ (Δ) (□) Glo - ry to Him that work - eth heal-ings_ for all_ through_ thee. π ϩ





SAINT SPYRIDON THE WONDERWORKER BISHOP OF TRIMYTHUS IN CYPRUS

December 12

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τῷ πόθῳ Χριστοῦ



(M) Pierced through with the love of Christ, O sa-cred Spyr - - i -

(B) don, thou gav - est thy mind di - vine wings with the Spir - - it's light;

(M) in the ac - tive vi - sion of God were all thy la - bours, O in - spired

(Δ) (B) (M) of God, where - by thou be - cam - est the Lord's di - vine al - tar,

ask - ing di - vine light _____ for all.



SAINT SPYRIDON THE WONDERWORKER



SAINT HERMAN OF ALASKA

December 12

Apolytikion

Fourth Mode

Ἦχος Δϛ

150

Intonation: #10



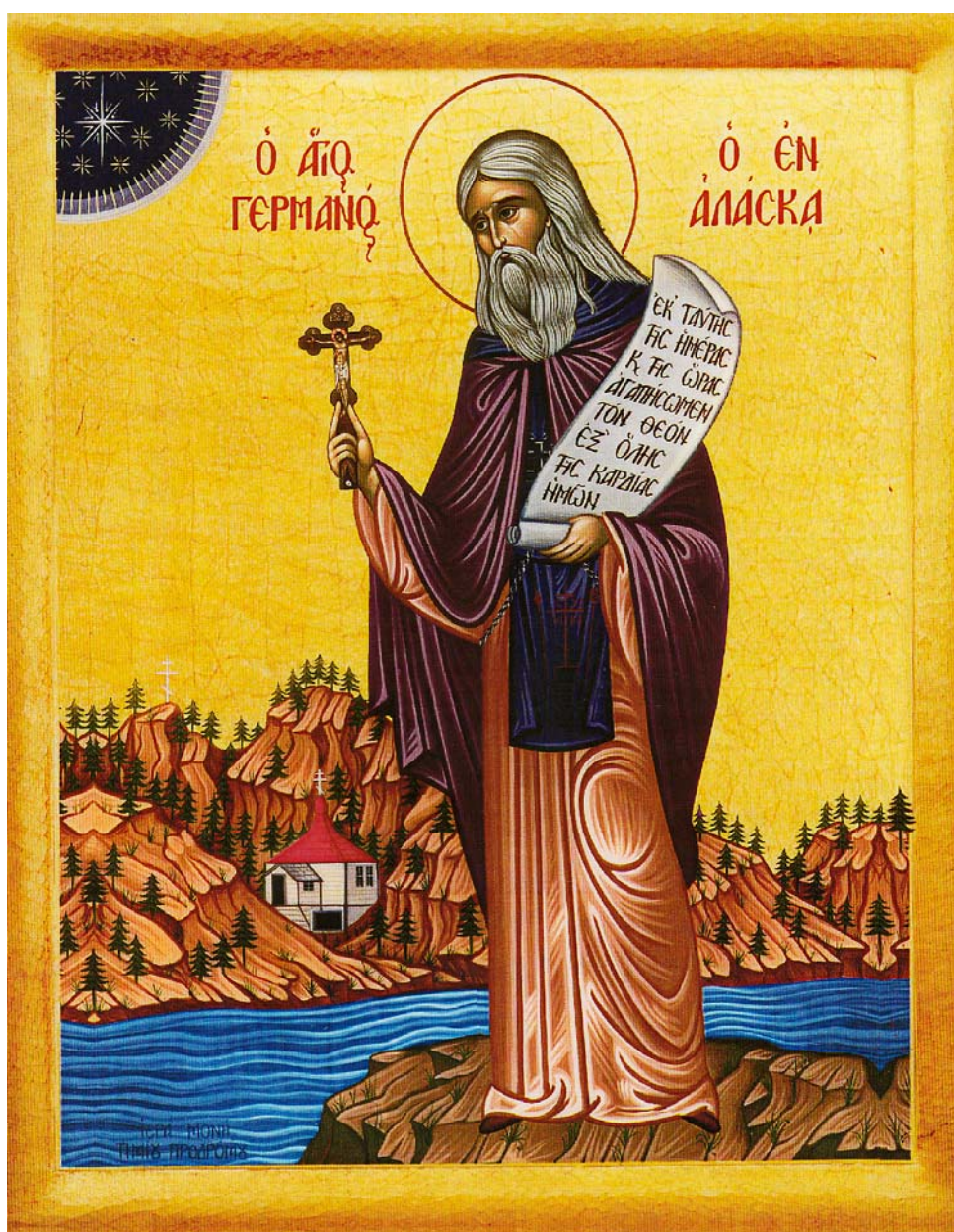
(Δ) less - ed as - cet - ic of the north - - ern wilds and gra - cious

(B) in - ter - ces - sor for the whole world, (M) teach - er of the Or - tho - dox Faith,

(Δ) (Γ) (B) good in - struc - tor of pi - e - ty, a - dorn - ment of A - las - ka and joy

(Δ) of all A - mer - i - ca, (Γ) ho - ly Fa - ther Her - man, pray to Christ _____

(B)
 ܐܠܗܐ ܕܗܝ ܗܝ ܕܗܝ ܕܗܝ ܕܗܝ
 God that He save our souls. 6



SAINT HERMAN OF ALASKA



SAINT HERMAN OF ALASKA

December 12

Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

150

Ἦχος λ̣ δ̣ Νη

Intonation: #24

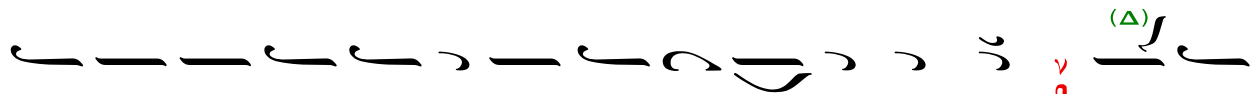


(N) (N) (N)
 onk of Va - laam, ___ who through as - cet - ic la - bours


4
 didst be - come an em - u - la - - tor of the des - ert - dwell - ing

Saints of ___ old, O be - lov - ed of the Moth - er of God and Vir - gin,

hav - ing tak - - en prayer as sword and shield, thou wast re - vealed



 as the scourge of pa - gan dark - ness and the de-mons' hosts. Hence we



 cry to ___ thee: O Saint Her-man, pray that we ___ be ___ saved.

When the day is over,
 the vendor sits down and counts
 his profits; but the worker of virtue
 does so when the psalmody is over.

- St. John of the Ladder



SAINT PETER THE ALEUT

December 12

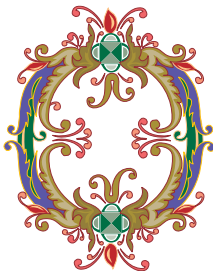
Apolytikion

First Mode

150

Ἦχος ♪ Πά

Intonation: #1



(□) Pe - - - ter, up - on the rock of thy faith hath

(Δ) Christ built His Church, and in the streams of thy blood hath He hal - -

lowed our land. π In thee thy peo-ple hath been sanc - ti-fied, O A - leut; Δ

from the far-thest is - lands of the west hath He raised thee, a light un -

to all. ^{π q} Glo-ry to Him that hath glo - ri - fied thee. ^Δ Glo - ry to Him
 that hath crowned_ thee. ^Δ ^(Δ) ^(Π) Glo - ry to Him that work - eth heal-ings_ for all_
 through thee. ^{π q}



SAINT PETER THE ALEUT



SAINT PETER THE ALEUT

December 12

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Ἦχος Ἀ

Intonation: #8



(Δ) s a skill - ful fish - - er-man, the Mar - tyr Pe -

(Δ) (Κ) - - - ter was not harmed when he was caught by ad - ver - sar - ies

(Δ) of the Faith; but in a sea of mar-tyr-ic blood, he gained the

King - - dom and drowned bit - ter her - - e - - sy. Δ



THE HOLY MARTYRS EUSTRATIUS, AUXENTIUS, EUGENE, MARDARIUS, AND ORESTES

December 13

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
 hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
 (Δ) (M) (Δ)
 re - ceived as the prize the crowns of in - cor - rup - tion and life
 (B) (Δ) (M) (Δ)
 from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
 4 (B)
 down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.

.



SAINT EUSTRATIUS



SAINT LUCIA

December 13

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
 great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
 now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -
 ied. I suf - fer for Thy sake, that I may reign with

Thee; ^(Δ) for___ Thy___ sake___ I ^(Π) die, that I may live___ in___
 Thee: ^(Δ) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. Lord, ^(Δ) save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)





THE HOLY MARTYRS THYRSUS, LEUCIUS, CALLINICUS, PHILEMON, APOLLONIUS, AND ARIAN

December 14

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε

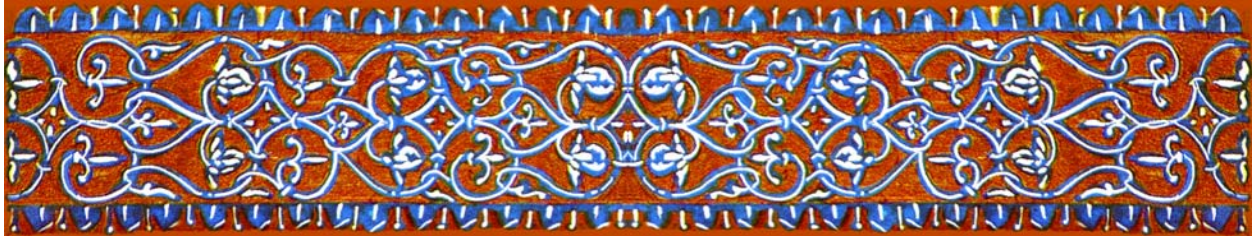


hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -
 ful. ⁽⁶⁾

The demon of fornication,
 in the manner of a licking puppy,
 is wont to cling to the one he tempts,
 so as not to be cast out. But it is possible
 for you--it is a matter of your prerogative and
 intention--either to nourish him with the work of
 dishonor or vigorously to put him to flight with prayer and
 psalmody, with fasting and vigils, and with sleeping on the ground.

- Nilus of Ancyra



SAINT EULEUTHERIUS BISHOP OF ILLYRICUM

December 15

Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Intonation: #13

Ἦχος λ̣ ᾠ̣ Κε

Ἑρέων ποδήρει



(Κ)

e - ing come - ly a-dorned in thy sa - cred priest - ly robes and

new - ly drenched with the streams of thy pure and sanc - - ti - fied blood,

thou didst soar a - loft to stand be - fore thy Mas - ter, Christ; hence nev - er

(Δ)

cease to in - ter - cede for those hon - our - ing with faith thy might - - y and

X
C

ΕΛΕΥΘΕ
ΡΙ
Ο

SAINT ELEUTHERIUS



THE HOLY PROPHET AGGAEUS (ΗΑΓΓΑΙ)

December 16

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Ag - gae - us, O Lord, through him we be - seech Thee to save

our souls.





THE HOLY EMPRESS THEOPHANO THE WONDERWORKER

December 16

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

Προελομένη τὰ οὐράνια



re - fer - ring heav - en - ly things un - to thē earth-ly,
thou while on earth__didst__ live the life of thē An - gels, raised up
on god - ly long - ing, O The - o - phan - o. Where - fore, thou hast
been__vouch-safed Heav-en's grac - es and vi - sions, Stand - ing with

(B)
 the An - gels' hosts and the Saints' fair as - sem - - - - blies be - fore
 (M) (Δ)
 the King of all, Whom thou didst love; pray Him to grant us His
 (B)
 mer - cy and bless - ed - ness.



SAINT THEOPHANO



THE HOLY PROPHET DANIEL AND THE HOLY THREE CHILDREN ANANIAS, AZARIUS, AND MISAEΛ

December 17

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Μεγάλα τὰ τῆς πίστεως



(M) (Δ) reat____ are thē a - chieve-ments of faith! In the
(B) (M) foun-tain__ of flame, as by the wa - ter of rest, the Three Ho - ly
(Δ) (M) (B) Chil-dren re - joiced. And the Proph-et Dan - iel proved a shep-herd of li -
(M) ons as of sheep. By their prayers, O Christ God, save____ our souls.



THE HOLY PROPHET DANIEL AND THE HOLY THREE CHILDREN ANANIAS, AZARIUS, AND MISAEΛ

December 17

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Χειρόγραφον εἰκόνα



(M)

(Δ)

hand-wrought im - - - age ye would not wor-ship, O thrice -

(B)

(M)

bles-sed ones; but armed by thē Un-de - pict - a-ble Es - - - sence,

(Δ)

(B)

(M)

ye were glo - ri - fied in your or - deal by fire. Stand-ing in the

(Δ)

(B)

(M)

midst of thē ir - re - sis - ti - - ble flame, ye called up-on God: Speed Thou,

O Com - pas - sion - ate One, ^(B) and Has - ten, since Thou art mer - - - ci -
 ful, ^(Δ) to come un - to__our . aid; ^(B) for Thou art a - ble, if it
 be____Thy will. ^(M)





SAINT DIONYSIUS OF ZAKYNTHOS

December 17

Apolytikion

First Mode

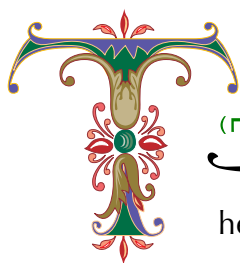
"While Gabriel was saying"

150

Intonation: #1

Ἦχος ᾠ Πα

Τῆς Ζακύνθου τὸν γόνον



(Π)

he faith - ful son of Za - kyn-thos, Ae - gi - na's wise prel - -

ate, the pro - tect - or of thē au - gust Mon - as - ter - y of Stro -

(Δ)

(Π)

pha - - da, O wise Di - o - ny - sius, with one voice, all

we the faith-ful hon - our thee and cry: By thy prayers, save them that

keep thy me-mo - ri - al and cry___ un - to thee sin - cere - ly: Glo - ry

to Christ Who hath glo - ri - fied thee. Glo - ry to Him Who hath made

thee won - - drous. Glo - ry to Him Who made thee our un-sleep-ing in-ter - ces -

sor.





THE SUNDAY BEFORE THE NATIVITY OF CHRIST

December 18 - 24

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δ'

Μεγάλα τὰ τῆς πίστεως



(M) (Δ) reat are the a - chieve-ments of faith! In the
(B) (M) foun-tain of flame, as by the wa - ter of rest, the Three Ho - ly
(Δ) (M) (B) Chil-dren re - joiced. And the Proph-et Dan - iel proved a shep-herd of li -
(M) ons as of sheep. By their prayers, O Christ God, save our souls.



THE SUNDAY BEFORE THE NATIVITY OF CHRIST

December 18 - 24

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Χειρόγραφον εἰκόνα



(M)

(Δ)

hand-wrought im - - - age ye would not wor-ship, O thrice -

(B)

(M)

bless-ed ones; but armed by thē Un-de - pict - a-ble Es - - - sence,

(Δ)

(B)

(M)

ye were glo - ri - fied in your or - deal by fire. Stand-ing in the

(Δ)

(B)

(M)

midst of thē ir - re - sis - ti - - ble flame, ye called up-on God: Speed Thou,

^(B)
 O Com - pas - sion - ate One, ^(M) and Has - ten, since Thou art mer - - - ci -
^(Δ)
 ful, ^(B) to come un - to__our . aid; for Thou art a - ble, if it
^(M)
 be_____Thy will.





THE SUNDAY BEFORE THE NATIVITY OF CHRIST

December 18 - 24

Kontakion of the Forefeast

First Mode (soft chromatic)
"The soldiers standing guard"

150


Intonation: #4

Ἦχος ᾠ̣ Κε

Εὐφραίνου Βηθλεέμ



Beth - le - hem, re - joice; Eph - ra - tha, make thou read - y;
for in her womb the Ewe - lamb doth bear the Great Shep-herd, and
lo, she now ur - - gent - ly mak - eth haste to give birth to
Him. On be - hold - - ing Him, the right-eous God - bear - - ing Fa -



 thers all re-joyce,___ and with the shep-herds sing hymns__ in praise of the

Vir - gin that nursed a child.





THE HOLY MARTYR SEBASTIAN AND THOSE WITH HIM

December 18

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε


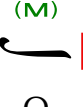



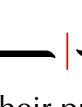

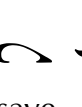
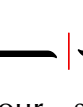




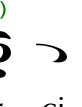


(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

O the wise invention
 of the teacher who contrives
 that in our singing we learn what
 is profitable, and that thereby doctrine
 is somehow more deeply impressed upon
 our souls! What is learned under duress tends
 not to be retained, but what suavely ingratiates it-
 self somehow abides within our souls more steadfastly.

- St. Basil the Great



THE HOLY MARTYR BONIFACE

December 19

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

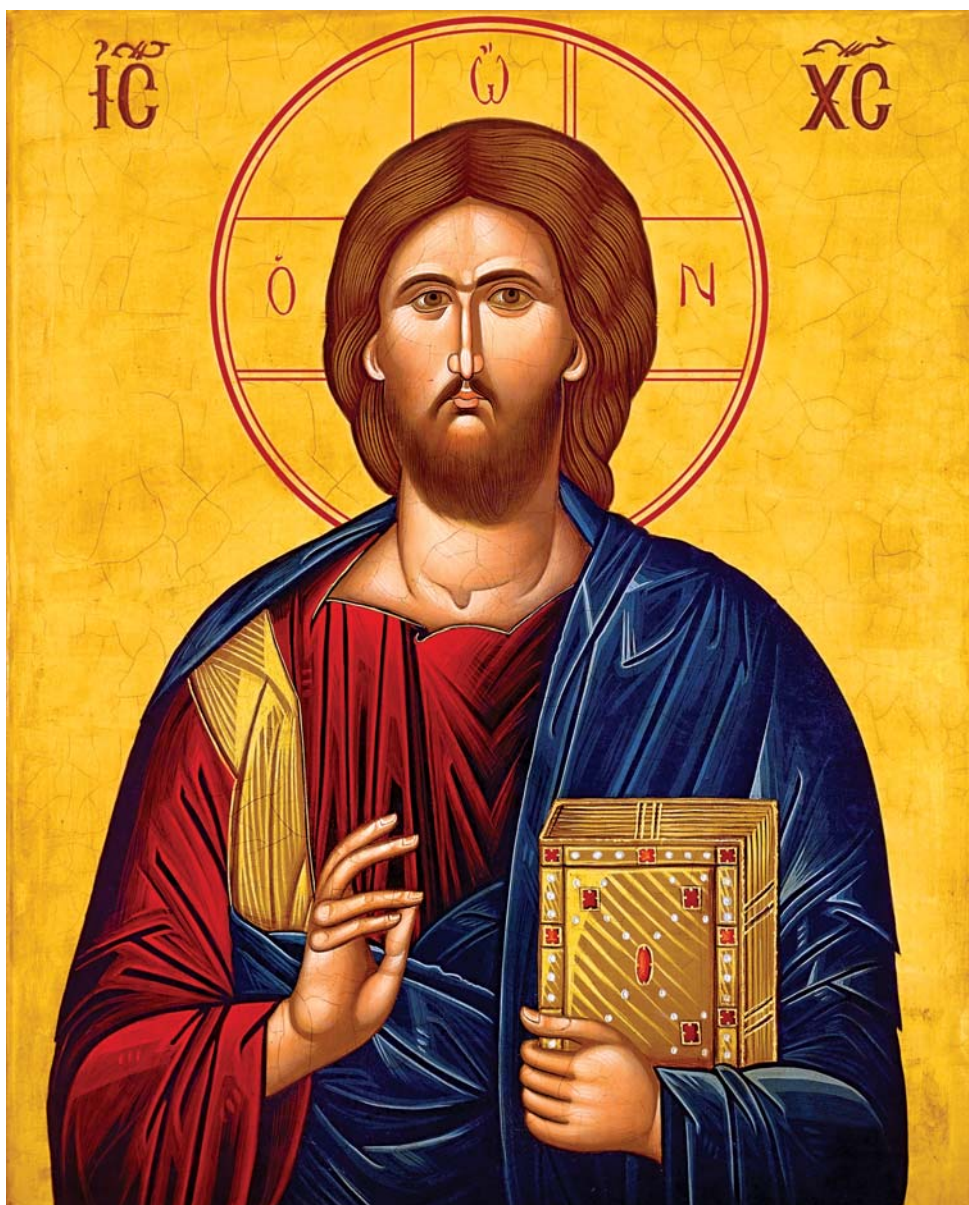
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.





THE FOREFEAST OF THE NATIVITY OF CHRIST

December 20

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

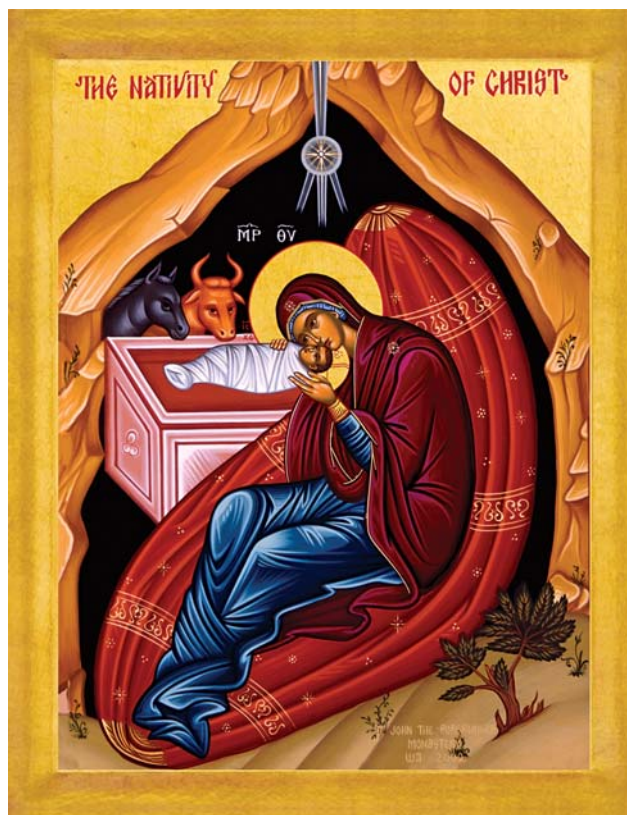
Ἦχος Δι

Ἑτοιμάζου Βηθλεέμ



(Π) e thou read - y, Beth - - le - hem, E - den hath o - pened un - to
(Δ) all. Eph - ra - tha, pre - pare thy - self, for now, be - hold, the
(Π) Tree of life hath blos - somed forth in the cave from the ho - - ly Vir - -
(Δ) - gin. Her womb hath proved a true spir - i - tual Par - - a - -

dise, where - - in the di - vine and sav - ing Tree is
 found, and as we eat there-of we shall all live, and shall not die as
 did Ad - - - am. For Christ is born now to raise the
 im - age that had fall - en a - fore - - - - time.





THE FOREFEAST OF THE NATIVITY OF CHRIST

December 20

Kontakion

Third Mode

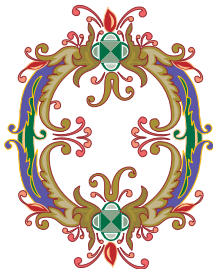
"On this day the Virgin"

150

Intonation: #8

Ἦχος Γα

Ἡ Παρθένος σήμερον



(M) (N) (N) (M) (N) (N)

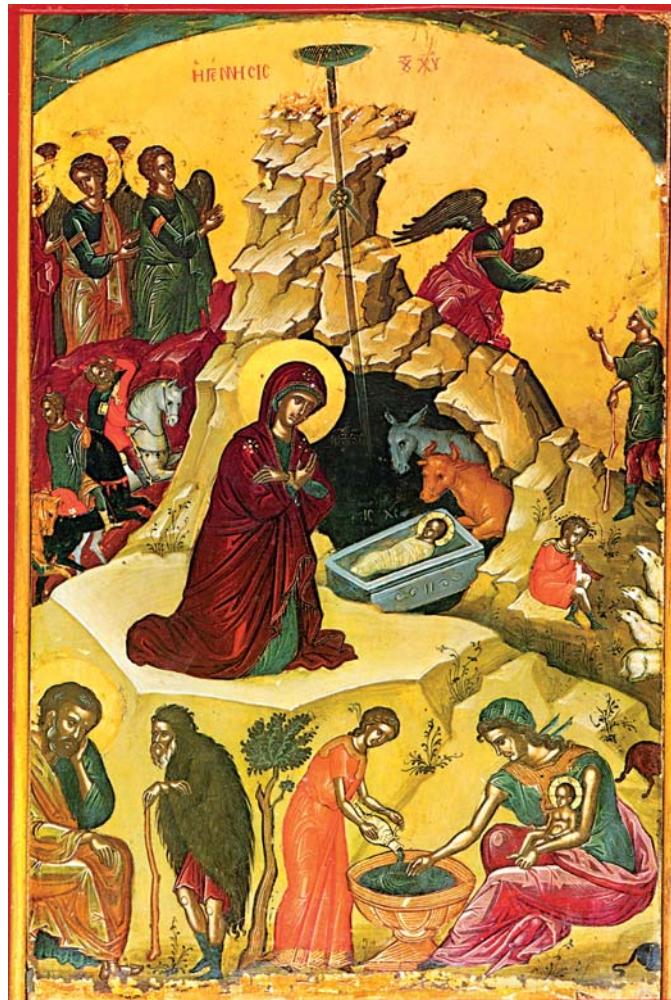
n this day the Vir - - gin com - eth to the cave to

give birth_____ to God the Word in - ef - - fa - bly, Who was

be - fore all thē ag - - - es. Dance_____ for joy, O earth, on

hear - - - - ing the glad - some tid - - - ings; with_____ thē An - gels

(Π) ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— |
 and the shep-herds now glo - ri - fy _____ Him π Who is will-ing
 to be gazed__ on Δ as a young Child Who be - fore thē ag - es is
 (Δ↓) | (M) ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— |
 God. _____ γ





THE HOLY HIEROMARTYR IGNATIUS THE GOD-BEARER

December 20

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al- so con- test for the Faith e- ven un- to blood, ^Δ
^(B) ^(M)
 O Hier- o- mar- tyr Ig- na- - tius. In- ter- cede with Christ our God
^(B)
 that our souls be saved. ^{6.}



SAINT IGNATIUS THE GOD-BEARER



SAINT JULIANA

December 21

Apolytikion

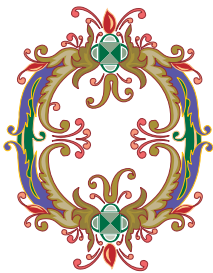
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -
ied. I suf - fer for Thy sake, that I may reign with

Thee; ^(Δ) for___ Thy___ sake___ I ^(Π) die, that I may live___ in___

Thee: ^(Δ) ac - cept me of - fered out of ^(Π) long - ing to Thee as a spot - -

less sac - ri - - fice. ^(Δ) Lord, save___ our souls through her ^(Π) in - ter - ces - sions,

since Thou art great___ in mer - - - - - cy. ^(Δ)





hier-arch in - deed of the Most _____ High, (B) Who was his fel - low -

work - er in these things. _____

6.





THE HOLY GREAT MARTYR ANASTASIA THE DELIVERER FROM POTIONS

December 22

Apolytikion

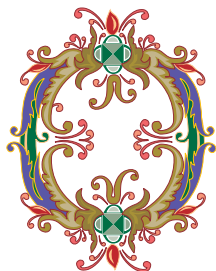
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος δὲ Δε

Ἡ ἀμνάς σου Ἰησοῦ



(Π) (Δ)

Lord Je - sus, un - - to Thee Thy lamb doth cry with a

great voice: O my Bride - - groom, Thee__ I love; and seek-ing Thee, I

(Δ) (Π)

now con - test, and with Thy bap - tism__ am cru - ci - fied__ and bur - - -

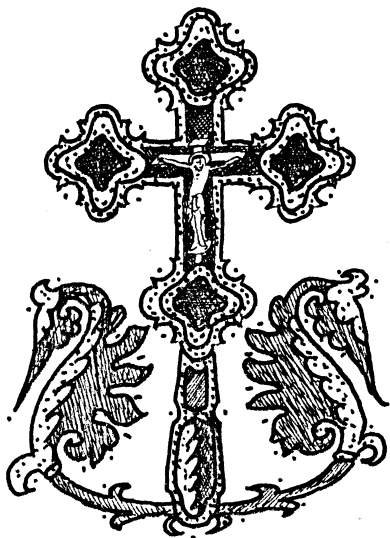
4 ied. I suf - fer for__ Thy sake, that I may reign__ with__

Thee; for Thy sake I die, that I may live in

Thee: accept me of-fered out of long-ing to Thee as a spot-

less sac-ri-fice. Lord, save our souls through her in-ter-ces-sions,

since Thou art great in mer-cy.





THE HOLY TEN MARTYRS OF CRETE

December 23

Apolytikion

Third Mode
"Awed by the beauty"

150

Intonation: #8

Ἦχος γ'. Γα

Τὴν πολυθαύμαστον



(Γ) et us now hon-our Crete, that land most mar - - vel - lous,

(Γ) which sprout - ed forth the ten ⁴ flow - ers re - vered by all, those good -

(Π) ly pearls of Christ_our God, those ver - - dant boughs of the Mar - - tyrs; π

(Γ) for al - though they were but ten, ⁴ the most bless - ed men put to

shame ^Δ the ten thou - sand ^(Γ) ar-moured_ host ^(N) of the wick - - - ed de-mon-
 ic ranks. ^γ And hence, they have re - ceived_ crowns of ^(Γ) glo - ry ^χ as stout -
 heart-ed Mar - tyrs of Christ Sav - iour. ^α

A holy hymn gives birth to piety of soul,
 creates a good conscience, and is accepted
 by God in the treasures of the heavens.

- St. John Chrysostom



THE HOLY RIGHTEOUS MARTYR EUGENIA

December 24

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Θείου Πνεύματος



e - ing mys - - ti - c'ly moved by the Spir - it, thou didst
 sing God's praise, there-by re - ceiv-ing the clear light of di -
 vine knowl-edge in thy heart; and shin - ing bright as the sun
 with a right - eous life, thou o - ver - cam - est the dev - - il in

mar - tyr - - dom. ^(N) O Eu - ge - nia, thou most glo - ri - ous Mar - tyr of
 the Lord, ^(F) en - treat Christ God to grant__ mer - cy un - - to__
 us. ^(F)



SAINT EUGENIA



THE EVE OF THE NATIVITY OF CHRIST

December 24

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δι

Ἀπεγράφετο ποτέ



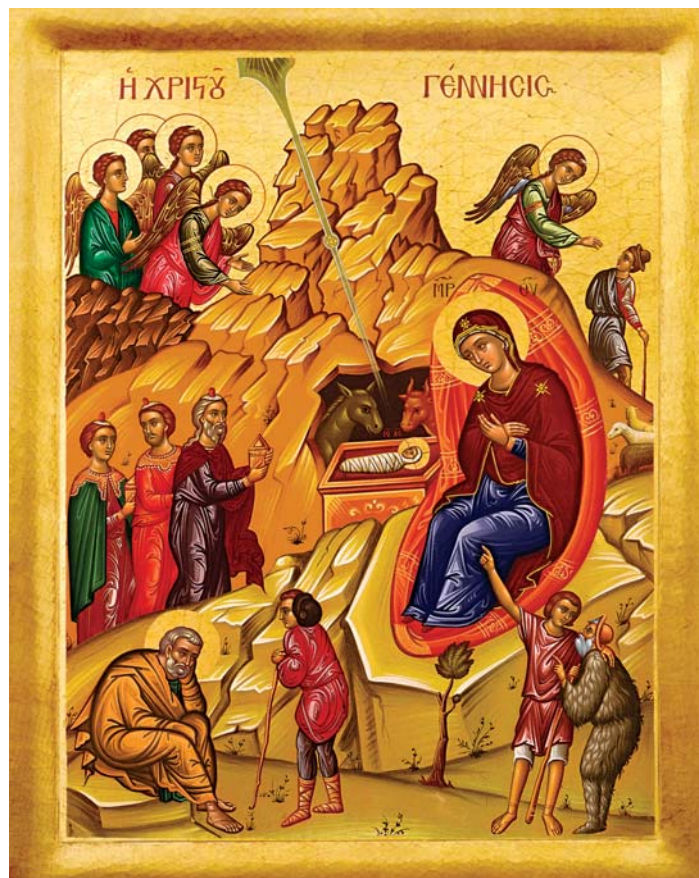
(Π) s the fruit of Da - - vid's seed, Mar - y was reg - is-tered (Δ)

of old with thē Eld - - er Jo - - seph in the lit - tle town of

Beth-le - hem, when she con - ceived with a seed - less and pure con - cep - -

tion. Be - hold, the time was come that she should bear her

Child, but no place was found with - in the inn for
 them; yet the cave proved a de - light - ful pal - ace for the pure La - dy
 and Queen of all. For Christ is born now to raise the
 im - age that had fall - en a - fore - - - - time.





THE EVE OF THE NATIVITY OF CHRIST

December 24

Kontakion

Third Mode

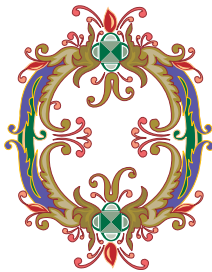
"On this day the Virgin"

150

Intonation: #8

Ἦχος Γα

Ἡ Παρθένος σήμερον



(M) (N) (Π)
n this day the Vir - - gin com - eth to the cave to
give birth _____ to (M) (N) (Π)
God the Word in - ef - - fa - bly, Who was
be - fore all thē ag - - - es. (M) (N) (Π)
Dance _____ for joy, O earth, on
hear - - - ing the glad - some tid - - - ings; (N)
with _____ thē An - gels



THE NATIVITY OF CHRIST

December 25

Apolytikion

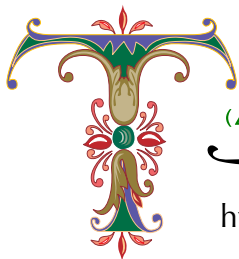
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Ἡ γέννησίς σου



(Δ) hy Na - tiv - i - ty, O Christ our God, (B) hath shined_ the light

(Δ) of knowl - edge up - on the world; (Δ) for there - by they that wor - shipped the stars

(B) were in - struct - ed by a star (M) to wor - ship Thee, the Sun of Right - - eous -

(Δ) ness, (Δ) and to know Thee, the Day - spring from_ on high. (Δ) O Lord,

* (B)
 glo-ry be to Thee. 6.

* Finale:

(B) (Г) (Δ)
 glo-ry be__ to Thee. A.





THE NATIVITY OF CHRIST

December 25

Kontakion

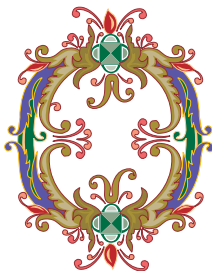
150

Third Mode

Intonation: #8

Ἦχος Γα

Ἡ Παρθένος σήμερον



(M) (N) (Π)
n this day the Vir - - gin bear - eth the Tran - scen - dent

(M) (N) (Π)
in Es - - - sence; π to thē Un - ap - proach - - a - ble, thē earth

doth of - fer a small _____ cave; π An - - gels join in choir with

(N)
shep - - - herds in giv - ing glo - - - ry; π with _____ a star the



THE SUNDAY AFTER THE NATIVITY

December 26-31

Apolytikion

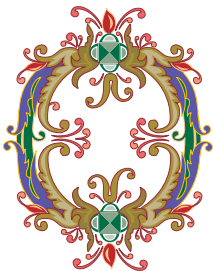
150

Second Mode

Intonation: #26

Ἦχος Δι

Εὐαγγελίζου Ἰωσήφ



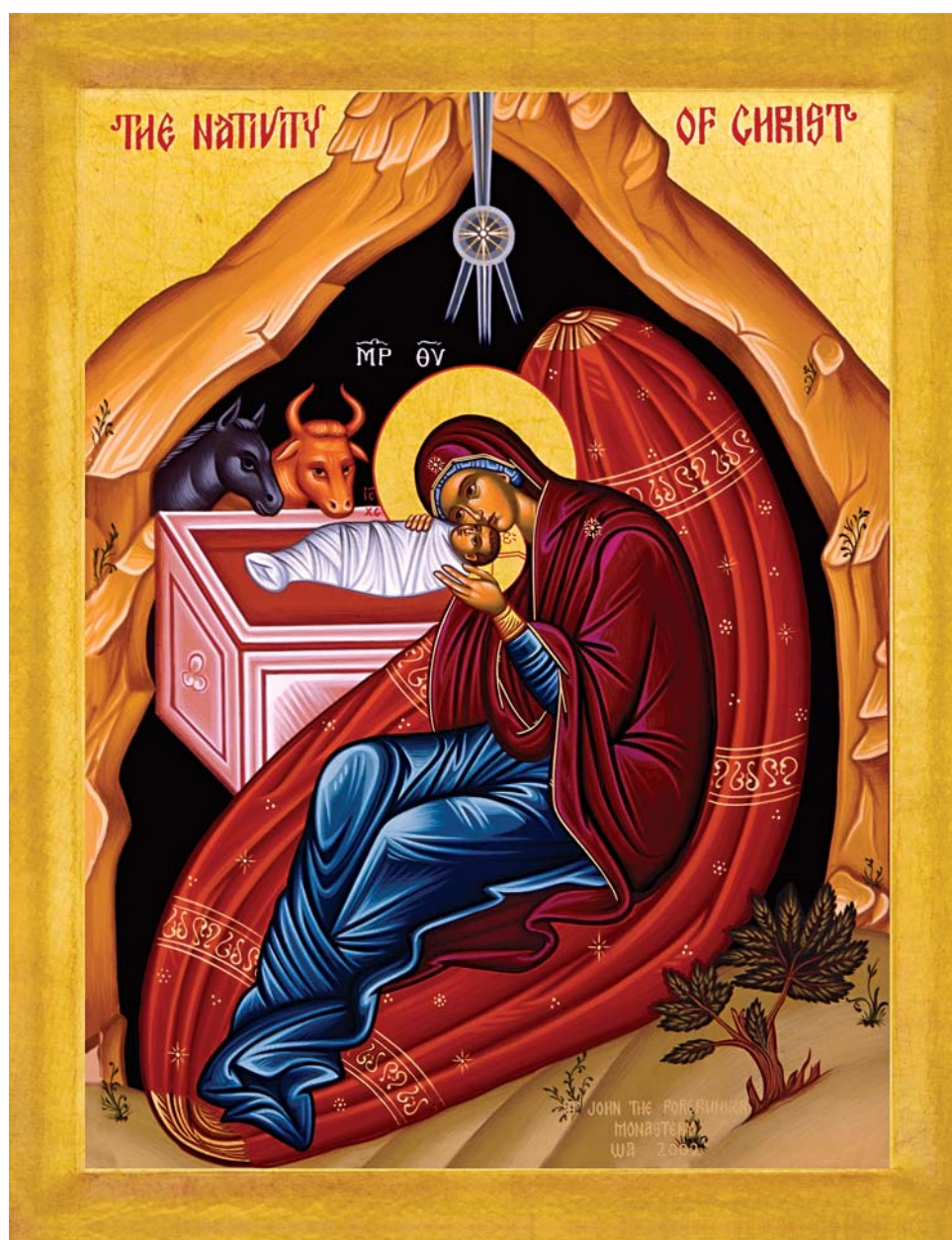
(M) (Δ)
Jo - - - seph, pro - claim the won - ders to Da - - -

(B) (M)
- vid, thē an - ces - tor of God. Thou hast seen a Vir - gin great with

(Δ) (B)
child; thou hast giv - en glo - ry with the shep - herds; thou hast wor - shipped

(M)
with the Ma - - - gi; and thou hast been in - struct - ed through an

An - - - gel. ^(B) En - treat Christ God ^(M) to save _____ our souls.





THE SUNDAY AFTER THE NATIVITY

December 26-31

Kontakion

Third Mode

"On this day the Virgin"

150

Intonation: #8

Ἦχος Γα


Ἡ Παρθένος σήμερον



(M) — | (N) — | (Π) — |
 od - ly Da - vid on ___ this day is filled with glad - ness
 of spir - - - it; (M) — | (N) — | (Π) — |
 Jo - seph al - so join - - eth James in of -
 f'ring glo - ry and prais - - - es. They ___ re - joice, for as Christ's
 kins - - - men, they have re - ceived ___ crowns: and ___ they praise the

(1) One in - ef - fa - bly born up - on _____ earth

with a great__ voice: O Lord of mer - cy, save them that hon - our Thy

Name. 

A religious hymn is a great blessing for everyone.

It constitutes praise to the Most High, honor for His holy people, worldwide harmony, an eloquent proof of the Church's unity. It expresses the voice of the Church, its confession. It brings about a complete spiritual uplifting and absolute peace and joy in redeemed hearts, with the triumphal hymn and song of happiness. It drives away hardness of heart. It chases away disturbance. It dissolves and dissipates despondency. . .

The voice sings the soul's joy, while the spirit
delves into the mysteries of the faith.

- St. Ambrose of Milan



THE HOLY FIRST MARTYR AND ARCHDEACON STEPHEN

December 27

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Ἀ δὲ

Βασίλειον διάδημα



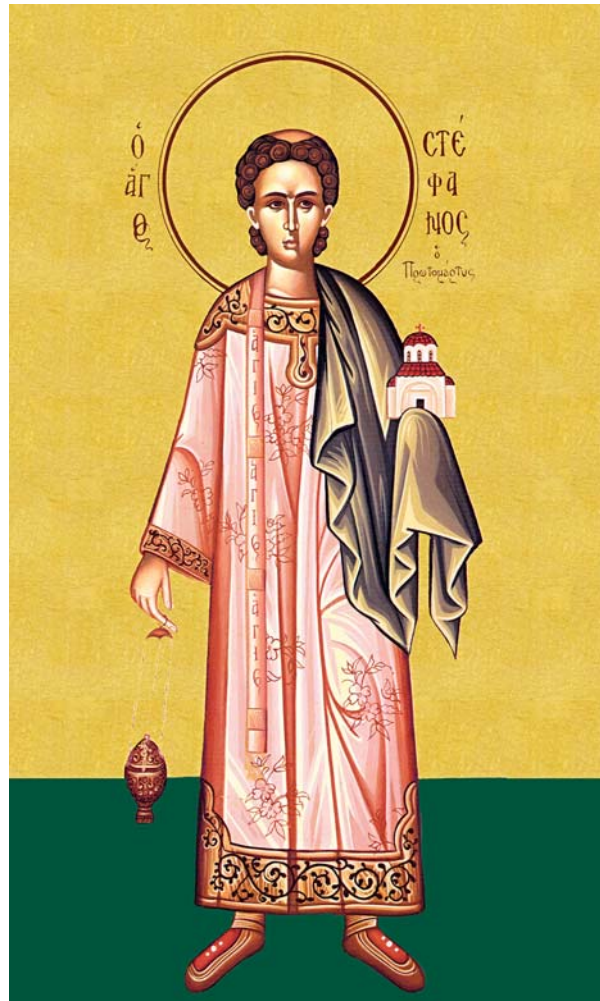
(M) (Δ) (B)
he crown of the King-dom hath a - dorned the brow of thy head

(Δ) (M) (Δ)
be - cause of the con-tests that thou hast en - dured for Christ God,

(B) (Δ) (M)
thou first of the mar-tyred Saints; for when thou hadst cen-sured the Jews'

(Δ) (B)
mad - ness, thou saw - est Christ thy Sav-iour stand - ing at the right hand

^(M)
 of the Fa-ther. O Ste - phen, ev - er pray Him for us, ^(Δ) that He would
^(B)
 save our souls.



SAINT STEPHEN THE FIRST MARTYR



SAINT THEODORE THE BRANDED

December 27

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

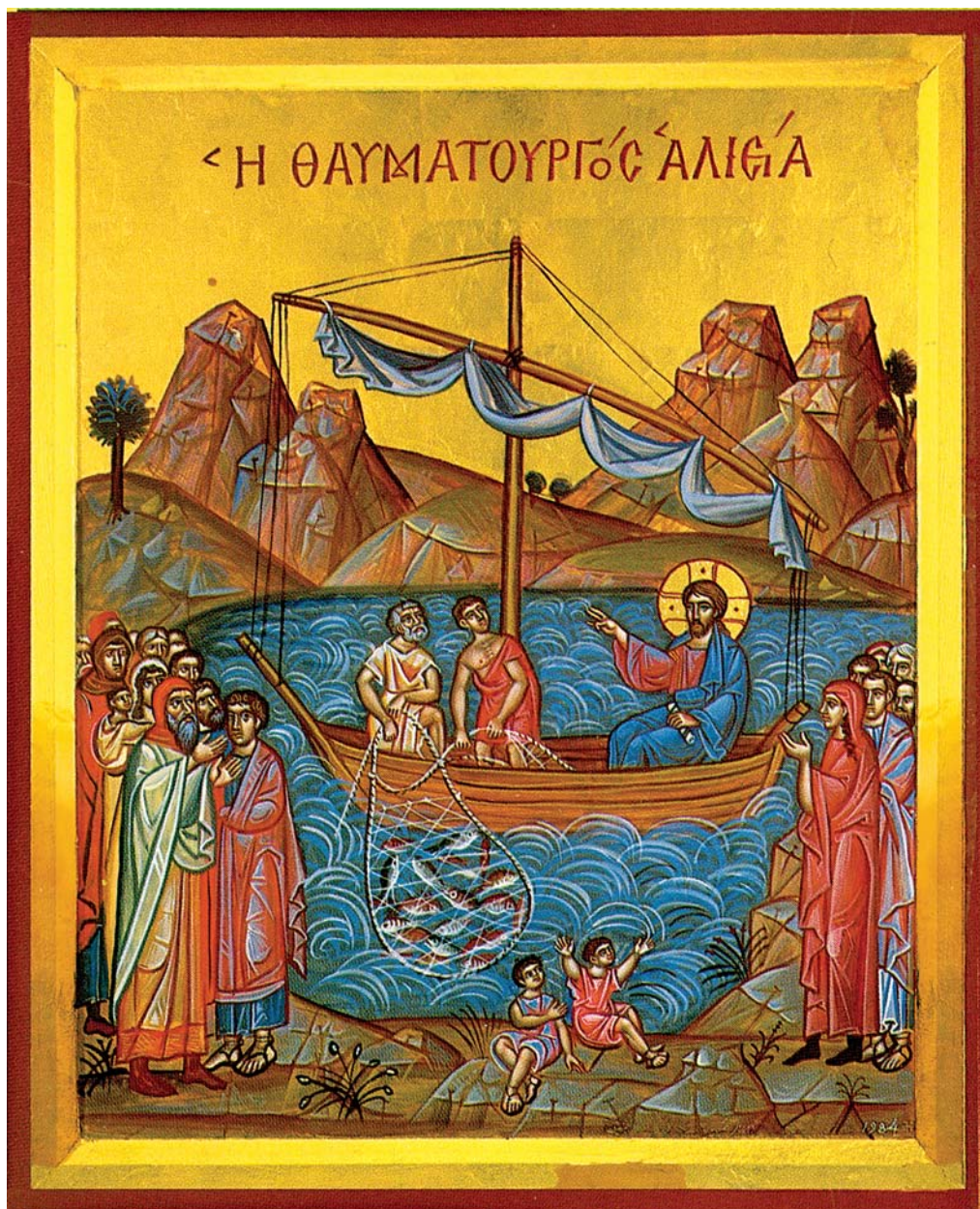
Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and__
(Γ) (N) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired__
(M) (N)
a - dorn - ment of mo - - nas - tics, ς O wise__ The - o - dore, by thy
(M) (Γ)
teach - ings thou hast en - light - ened all, O harp of the__ Spir - it. ς In -

ter - cede with Christ God that our ____ souls be ____ saved.





THE HOLY FIRST MARTYR AND ARCHDEACON STEPHEN

December 27

Kontakion

Third Mode

"On this day the Virgin"

150

Intonation: #8

Ἦχος ϣ Γα

Ἡ Παρθένος σήμερον



(M) es - ter - day (N) the Mas - - ter came, to (N) be with us in
the bod - - - y; (M) and to - day (N) His faith - - ful slave de - part -
eth out of the bod - - - y; (M) yes - - ter - day (N) the King was
born _____ in the flesh for our _____ sakes; (M) and _____ to - day the

(m) ————|—————|—————|—————|—————|—————
ser - vant suf - fer - eth death by ston - - - ing;

(n) ————|—————|—————
and for His sake

is per - fect - - ed Δ the first of Mar-tyrs, Ste-phen the tru - ly di-vine. γ

I will sing unto the Lord throughout my life,
I will chant to my God for as long
as I have my being.

Psalm 103: 35



THE HOLY TWENTY-THOUSAND MARTYRS BURNED IN NICOMEDIA

December 28

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀθλοφόροι Κυρίου



(M)

(Δ)

less-ed is thē earth____ that drank your blood, O prize-win-ners

(M)

(B)

of the Lord, and ho - ly are the tab - er - na - cles that re - ceived your spir -

(M)

- - - its; for in the sta - di - um ye tri-umphed o - ver

(Δ)

(B)

thē en - - - e - my, and ye pro-claimed Christ with bold - - -



THE HOLY INFANTS KILLED FOR CHRIST'S SAKE BY HEROD

December 29

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τὰς ἀλγηδόνας



(π)

e Thou en - treat - ed for the sake of the suf - fer - ings of

Thy Saints which they en-dured for Thee, O Lord, and do Thou heal all

our pains, we pray, O Friend of man.

π
q



SAINT MARCELLUS

December 29

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

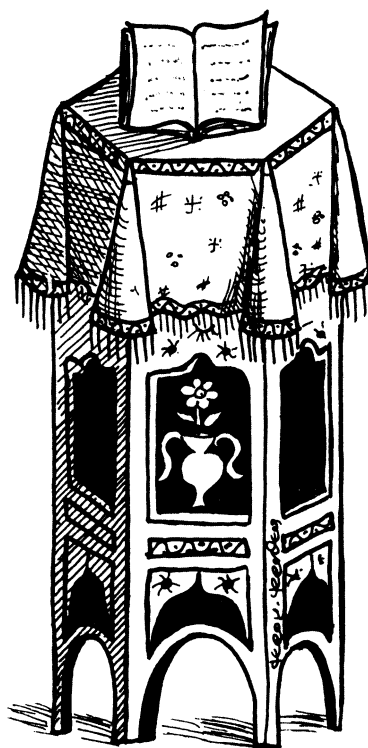
Ἦχος λ π ς Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
n thee thē im - age was pre - served with ex - act - ness, O____
(N)
Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
(Γ) (N)
it pass - eth a - way, ς but to at - tend__ to__ the soul since it

^(M)
 is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Mar - cel - lus, thy spir - it
^(M)
 re - joic - eth with thē___ An - gels.





THE HOLY RIGHTEOUS MARTYR ANYSIA

December 30

Apolytikion

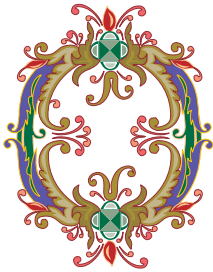
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(Π) (Δ)

Lord Je - sus, un - - to Thee Thy lamb doth cry with a

great voice: Δ O my Bride - - groom, Thee I love; and seek-ing Thee, I

(Δ) (Π)

now con - test, Δ and with Thy bap - tism am cru - ci - fied and bur - - -

4 (Δ)

ied. π I suf - fer for Thy sake, that I may reign with

Thēe; for Thy sake I die, that I may live in

Thēe: ac - cept me of - fered out of long - ing to Thēe as a spot - -

less sac - ri - - fice. Lord, save our souls through her in - ter - ces - sions,

since Thou art great in mer - - - - - cy.





SAINT MELANIA THE YOUNGER OF ROME

December 31

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϝ Γα

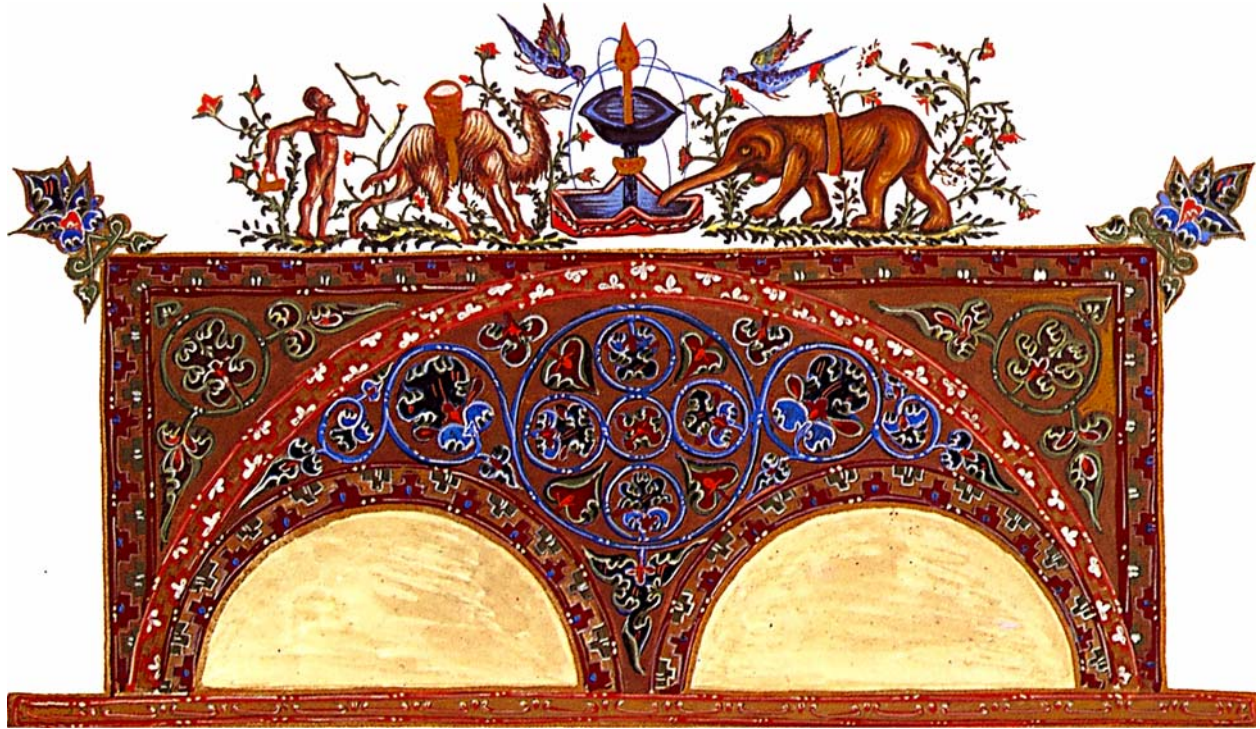
Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
n thee thē im - age was pre - served with ex - act - ness, O____
(N)
Moth - er; ϝ for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the__ flesh, ϝ for
(Γ) (N)
it pass - eth a - way, Δ but to at - tend__ to__ the soul since it

^(M)
 is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Mel - a - nia, thy spir - it
^(M)
 re - joic - eth with thē___ An - gels.





January





THE CIRCUMCISION OF CHRIST

January 1

Apolytikion

First Mode

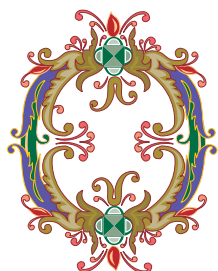
"While Gabriel was saying"

150

Intonation: #1

Ἦχος ♪ Πα

Μορφὴν ἀναλλοιώτως



(Π)

ur hu - man form hast Thou tak - en on Thy-self with - out__

change, O great - ly com - pas - sion - ate Mas - - ter, though be - ing God by

(Δ)

(Π)

na - - ture; ful - fill - - ing the Law, _Thou will - ing - ly re - ceiv - est

cir-cum - ci - sion in the flesh that Thou might - - est end the shad-ow and

roll a - way the veil___ of our sin - ful pas - sions. ^π_q Glo - ry be to Thy
 good-ness un - to us. ^Δ Glo - ry be to Thy com - pas - - sion. ^Δ Glo -
 - ry, ^(□) O Word, to Thine in - ex - press - i - ble con - - de - scen - sion. ^π_q

O chant unto our God, chant ye;
 chant unto our King, chant ye. . .
 O chant ye with understanding.



SAINT BASIL THE GREAT ARCHBISHOP OF CAESAREA OF CAPPADOCIA

January 1

Apolytikion

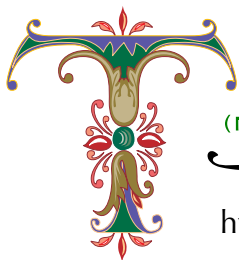
150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πά

Εἰς πᾶσαν τὴν γῆν



(Π)

hy sound hath gone forth in-to all thē earth, which hath re-ceived

thy word. There - by thou hast di - vine - ly taught the Faith; thou hast made

man - i - fest the na - ture of all things that be; thou hast a - dorned

the ways of man. O name-sake of the roy - al priest - - hood, our right-eous







Fa - ther Bas - il,  in - ter - cede with Christ God that our souls__ be__ saved. 





THE CIRCUMCISION OF CHRIST

January 1

Apolytikion

Third Mode

"On this day the Virgin"

150

Intonation: #8

Ἦχος Γα

Ὁ τῶν ὅλων Κύριος



(M) (N) (Π)
ow the Lord of all ___ that is doth un - der - go cir -

(M) (N) (Π)
cum - ci - - - sion, in His good - ness cut - - ting off the sins

and fail - ings of mor - - - tals. He ___ this day doth give sal -

(N)
va - - - - tion un - to the whole ___ world; and ___ the hier - arch

(Π) ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— |
 and bright day-star of the Cre - a - - - tor π ϩ now re - joic-eth
 ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— |
 in the high - - est, Δ ϩ Bas - il the wise and di - vine in - i - tiate of
 (Δ↓) | (M) ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— | ———— |
 Christ. ———— ϩ





SAINT BASIL THE GREAT ARCHBISHOP OF CAESAREA OF CAPPADOCIA

January 1

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Ὁφθης βάσις ἀσειστος



or the Church art thou in truth a firm foun - da - -
 tion, grant-ing an in - vi - - o - late lord - ship un - to all mor - tal
 men and seal - ing it with what thou hast taught, O right-eous Bas - -
 il, re - veal - - er of heav-en-ly things.

Δ



THE FOREFEAST OF THEOPHANY

January 2

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δι

Ἐτοιμάσου Ζαβουλών



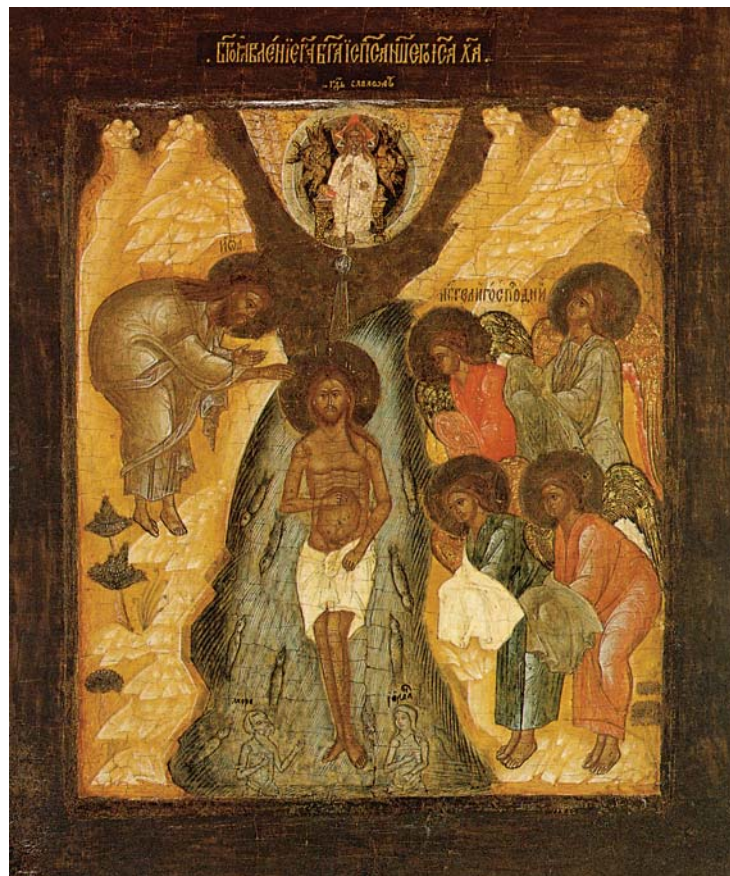
(□) e thou read - y, Za - - bu - lon; pre - pare thy - self, O Neph-tha-

lim. Riv - er Jor - - dan, stay__ thy course and skip for glad - ness

(Δ) to re - ceive the Sov - 'reign Mas - ter, Who com - eth now to__ be bap - - -

4 tized. O Ad - am, be__ thou glad with our first moth - - er,__

Eve; ^(Δ) hide___ not___ as___ ye did of old in Par - - a - -
^(Δ) dise. ^(Δ) See - ing you na - ked, He hath ap - peared now to clothe you in
 the first robe a - - gain. ^(Δ) Christ hath___ ap-peared,___ for He tru - ly
 will - eth to re - new all___ cre - a - - - - - tion. ^(Δ)





THE FOREFEAST OF THEOPHANY

January 2

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Ἐν τοῖς ρείθοις σήμερον



(Δ) (Κ)
 n the run - ning wa - - ters of the Jor - dan Riv - - -
 er, x q on this day the Lord__ of all cri - eth to John: Be not__ a -
 (Δ) (Κ)
 fraid x q and hes - i - tate not to bap-tize Me, Δ for I am come__ to
 (Π) (Μ)
 save Ad - - am, the first - formed man. Δ



SAINT SYLVESTER POPE OF ROME

January 2

Apolytikion

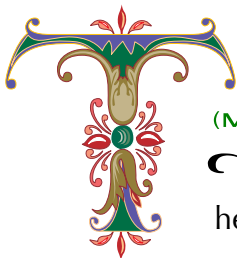
150

Fourth Mode

Intonation: #10

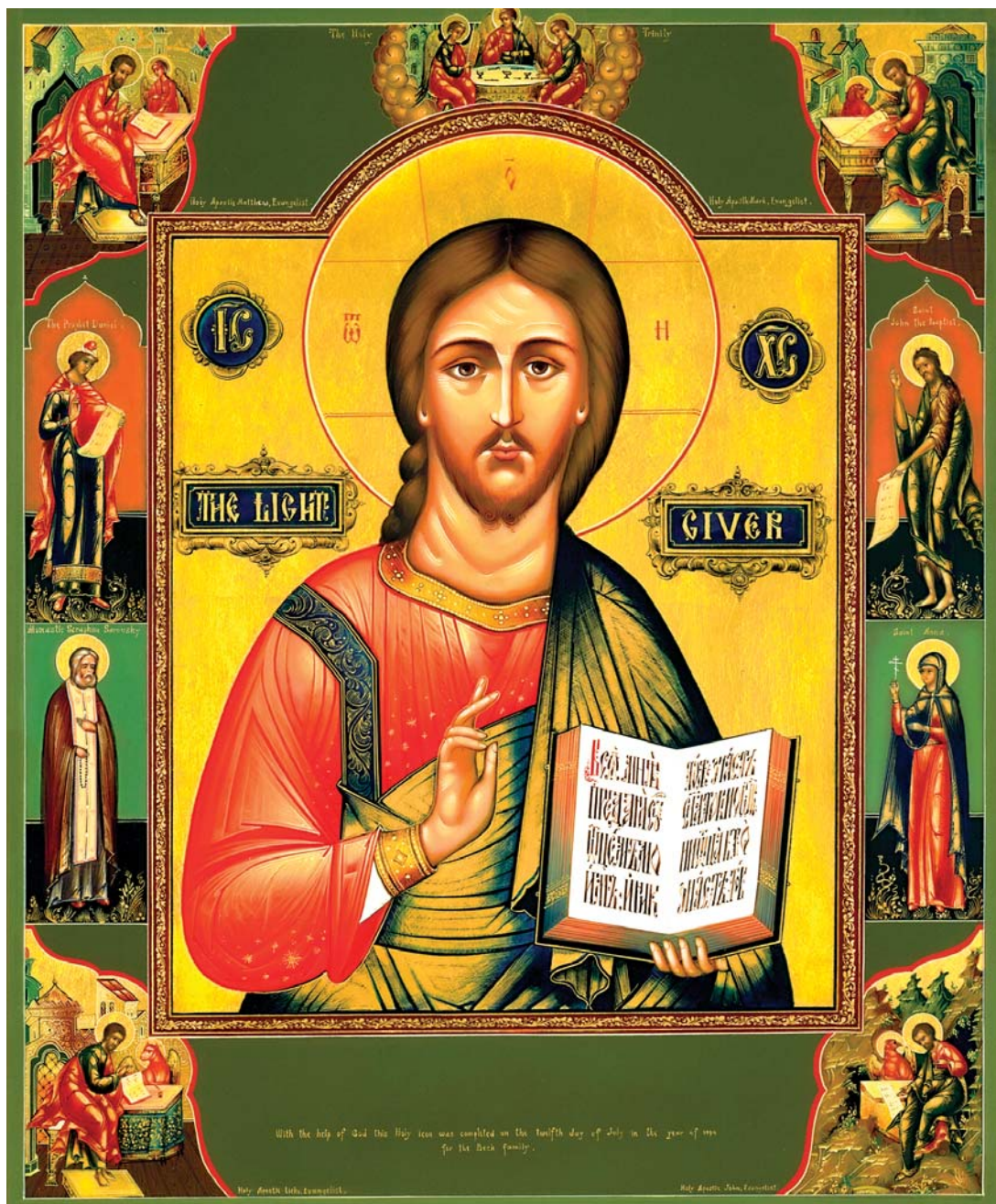
Ἦχος Δ' ᾠδὴ

Κανόνα πίστεως



(M) (Δ) (B)
he truth of things hath re - vealed thee to thy flock as a rule
(M) (Δ) (B) (M)
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
(Δ) (M) (Δ)
this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
(B) (Δ)
es by pov - er - ty. O Fa - ther and Hier - arch Syl - ves - - - ter, in -

6





SAINT SERAPHIM OF SAROV

January 2

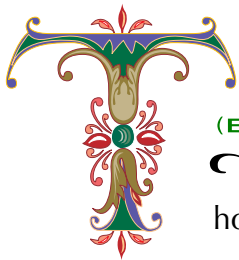
Apolytikion

Fourth Mode

150

Ἦχος ᾠδῆς Δε

Intonation: #10



(B)

hou didst love Christ from thy youth, O bless-ed one, and ar -

(M)

(Δ)

dent - ly de - sir - ing to work_for Him a - lone, thou didst strug - gle

(B)

(M)

in the wild - er-ness with con-stant prayer and la - - bour; and hav - ing

(Δ)

ac - quired__ love for Christ with com-punc-tion of heart, thou didst prove

to be the be - lov - ed fa - vourite of the Moth - er of God. Where - fore, we
 cry to thee: Save us by thy prayers, O Ser - a - - phim, our ho - ly Fa -
 - - - ther.





SAINT SERAPHIM OF SAROV

January 2

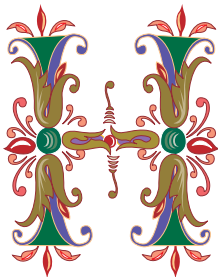
Kontakion

Second Mode

150

Ἦχος Δι

Intonation: #4



(M)

(Δ)

av - ing left the beau - ty of the world and what is

(B)

cor - rupt there-in, O Saint, thou didst set - tle in the Mon - as - ter -

(M)

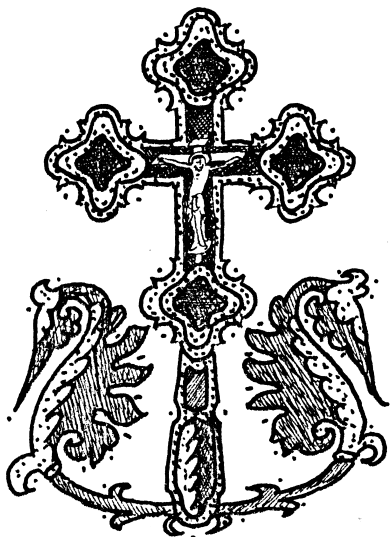
y of Sar - - - ov. And hav - ing lived there an an - gel - -

(Δ)

(B)

ic life, thou wast for man - y the way un - to sal - va - - -

- - - tion. ^(M) Where-fore, ^(Δ) Christ hath ^(B) glo - ri-fied thee, ^(M) O Fa-ther Ser -
 - - a - phim, ^(Δ) and hath ^(Δ) en - riched thee with__the gift of heal-ing
 and mir - a-cles. ^(B) And ^(M) so we cry to thee: ^(Δ) Re - joice, O Ser - -
 a - phim, our ^(M) ho - - ly ^(B) Fa - - - - ther. ^(M)





THE HOLY PROPHET MALACHIAS

January 3

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

Proph-et Mal - a - chi - as, O Lord, through him we be - seech Thee to

(B)

(M)

save _____ our souls.





THE HOLY MARTYR CORDIUS

January 3

Apolytikion

Fourth Mode

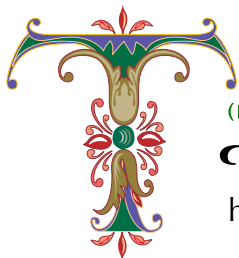
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε

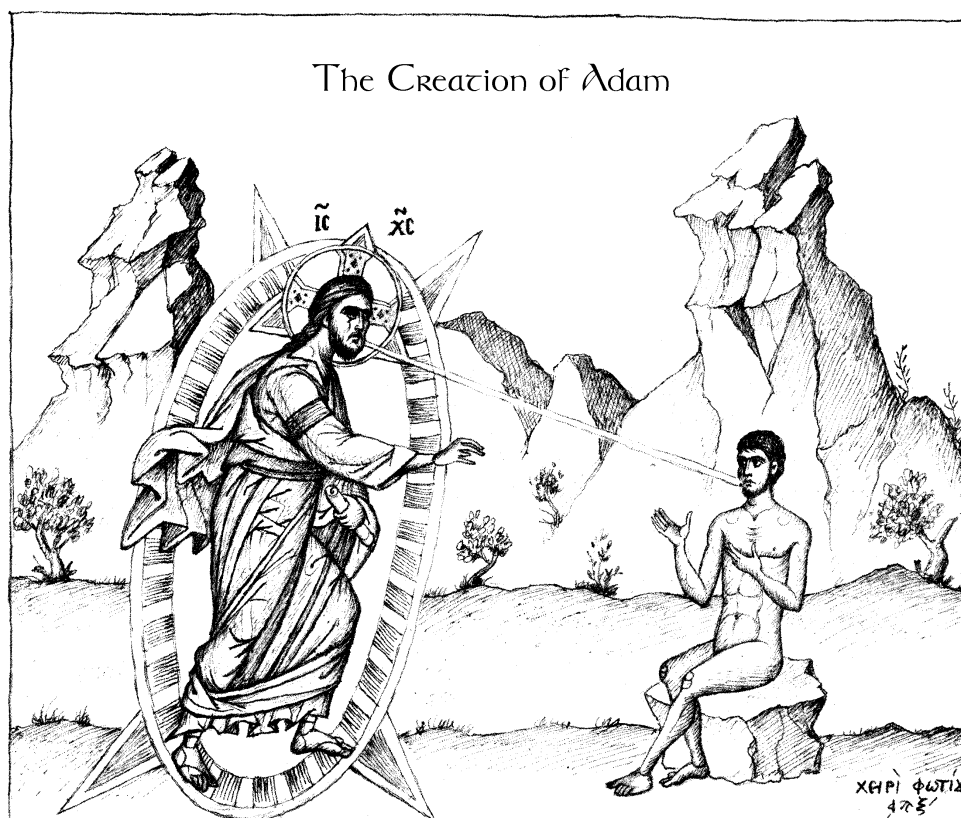


hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art mer - ci - ^(Δ) ^(B)

ful.

.





THE SYNAXIS OF THE HOLY SEVENTY APOSTLES

January 4

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - ly A - pos - tles, (Γ) in - ter - cede (Π) with the

(Γ) mer - ci - ful God π that He grant un - to our souls for - give - ness of of - fenc -

es.

Γ



SAINT THEOCTISTUS ABBOT OF CUOMO IN SICILY

January 4

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς

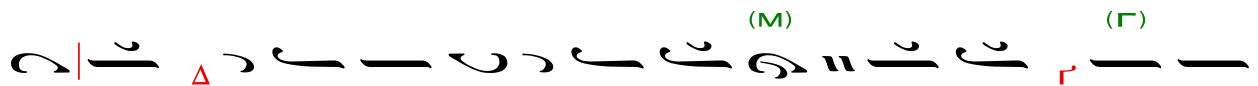





(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the


(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from






(M) (Π) the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on



 the world,  O The - oc - tis - tus our right-eous  Fa - ther.  In - ter -



 cede with Christ God that our    souls be  saved. 

Psalmody in a crowded congregation

is accompanied by captivity and wandering

of the thoughts; but in solitude, this does not happen.

However, those in solitude are liable to be assailed by despondency,

whereas in congregation the brethren help each other by their zeal.

- St. John of the Ladder



THE HOLY MÀRTYRS THEOPEMPTUS AND THEONAS

January 5

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε

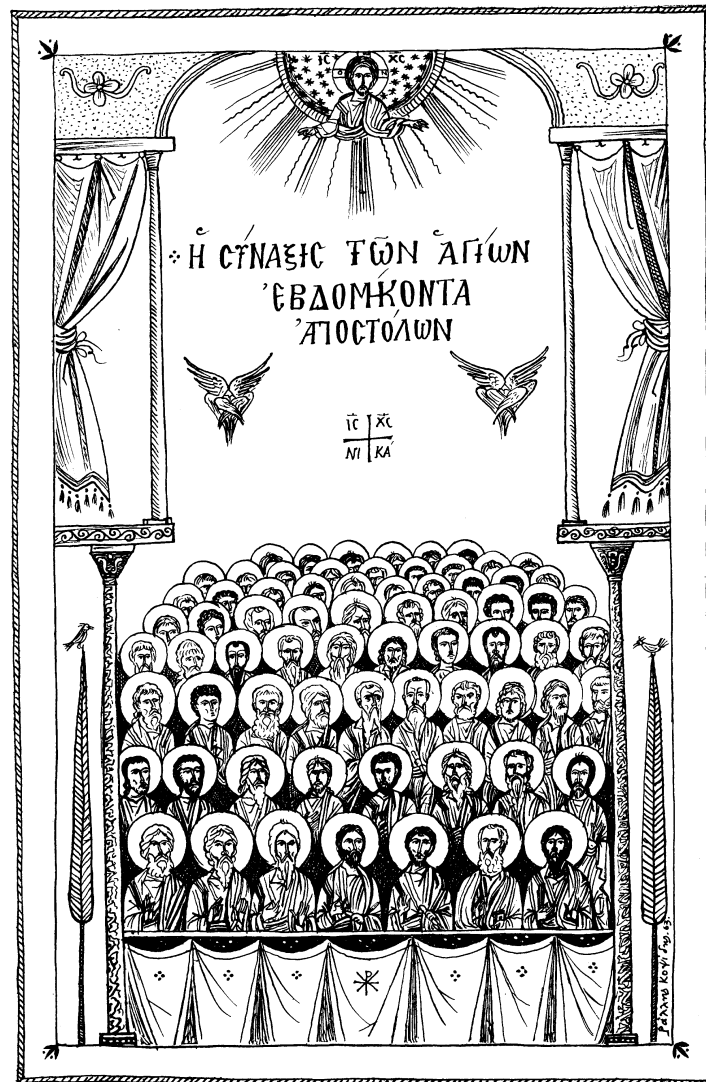


hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

(M) ————— (Δ) ————— (B)
 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.

.



THE SYNAXIS OF THE SEVENTY APOSTLES



SAINT SYNCLETIKE

January 5

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

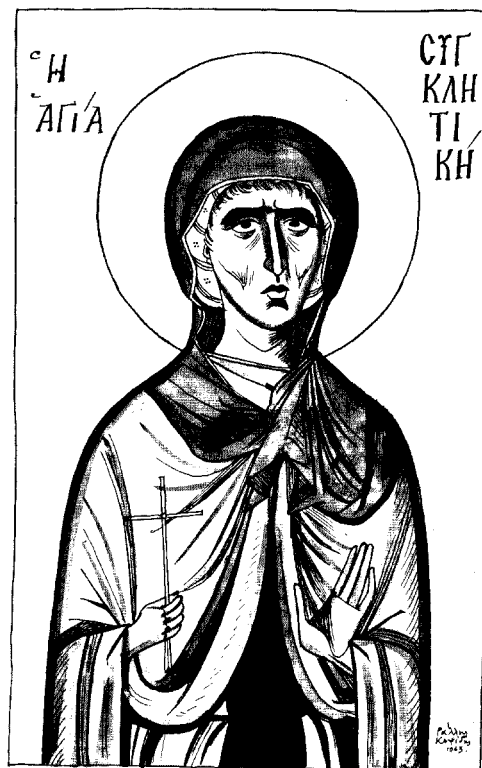
Ἦχος λ π ς Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; ς for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
 (Γ) (N)
 it pass - eth a - way, Δ but to at - tend__ to__ the soul since it

^(M)
 is im - - mor - tal. ^(Γ) Where-fore, O right - - eous Syn-cle - ti - ke, thy
^(N) spir - it re - joic - eth with thē ^(M) An - gels.



SAINT SYNCLETIKE



THE EVE OF THEOPHANY

January 5

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἀπεστρέφετο ποτέ



(Π)

(Δ)

iv - er Jor - dan was___ turned back by El - is - se - us'

man-tle once, when the fier - - y man__ of zeal E - li - as had

been tak-en up; then were its wa - ters di - vid - ed hith-er and thith - -

- er. The run - ning streams_ be - came dry pas - sage un - - to__

him, ^(Δ) tru - - ly___ as___ a ^(Π) sign and type of Bap - - tis - -
 m, ^(Δ) where-by we pass to thē oth - er side of the shift - ing stream of
 this fleet - ing___ life. ^(Δ) Christ hath___ ap-peared___ in the Jor - dan
 Riv - er, to sanc - ti - fy___ the wa - - - - - ters. ^(Δ)





THE EVE OF THEOPHANY

January 5

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Ἐν τοῖς ρείθοις σήμερον



(Δ) (Κ)
 n the run - ning wa - - ters of the Jor - dan Riv - - -
 er, on this day the Lord of all cri - eth to John: Be not a -
 fraid and hes - i - tate not to bap-tize Me, for I am come to
 save Ad - - am, the first - formed man.

Δ



THE HOLY THEOPHANY OF CHRIST

January 6

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πά

Ἐν Ἰορδάνῃ



(Π) hen Thou wast bap - tized in the Jor - - dan, O Lord, Δ

the wor - ship of the Trin - i - ty was made man - i - fest; π for the voice

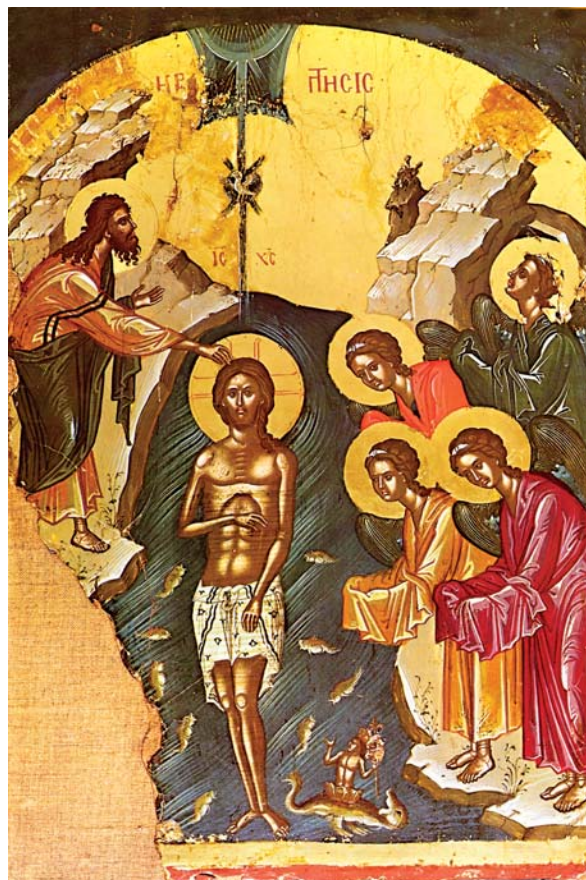
of the Fa - ther bare wit - - ness to Thee, Δ call-ing Thee ____ His be - lov -

ed Son. π And the Spir - it in the form_ of a dove con - firmed the cer -

(M) 4 (Δ) (Π)
 - tain-ty of the word. π ϑ O Christ our__ God, Who hast ap - peared and hast
 en - light-ened the world,_ glo - ry be to Thee. π ϑ

* Finale:

4
 be to Thee. π ϑ





THE HOLY THEOPHANY OF CHRIST

January 6

Kontakion

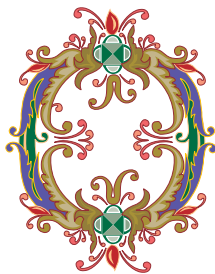
Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Ἐν τοῖς ρείθοις σήμερον



(Δ) (Κ)
n this day Thou hast__ ap-peared un - to the whole_
(Δ) (Κ)
__world, and Thy light, O Sov - -'reign Lord, is signed on us who sing_
(Δ)
_Thy praise and chant with knowl-edge: Thou hast now come, Thou hast ap -
(Π) (Μ)
peared,__ O Thou Light__ un-ap-proach - a - ble._____

Δ



THE SYNAXIS OF SAINT JOHN THE FORERUNNER

January 7

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Μνήμη δικαίου



(M)

he mem - o - ry of the just _____ is cel - e - brat - ed with

(Δ)

hymns _____ of praise, but the Lord's tes - ti - mo - ny is suf - fi -

(B)

(M)

cient for thee, O Fore - - run-ner; for thou hast proved to be tru -

(Δ)

(B)

ly e - ven more ven - er - a - ble than the Proph - - ets, since thou

(M)

wast grant-ed to bap - tize in the run - ning wa - ters Him Whom they pro -
 claimed. Where-fore, hav - ing con - test - ed for__ the truth, thou didst re -
 joice to an - nounce the good ti - dings e - ven to those in Ha - - -
 des: that God hath ap - peared_ in the flesh, tak - ing a - way the
 sin of__ the world and grant - ing us great mer - - - - cy.





THE SYNAXIS OF SAINT JOHN THE FORERUNNER

January 7

Kontakion

150

Plagal Second Mode

Intonation: #4

Ἦχος λ π̣ Ḅ

Τὴν σωματικὴν σου



(B) er - ri - fied at Thy bod - i - ly pres - - ence, (M) (B) Jor - dan turned

(M) back in fear; and hav - ing ful - filled his pro - phet - ic min - - is - try,

(Δ) (B) John drew back in trem - - - - bling. (M) Thē or - ders of An - gels were

(Δ) a - mazed to see Thee in__ the streams (B) (M) baptized in the flesh, and all

(Δ)

those in dark-ness were il - lu-mined and praised_____ Thee, Who hadst

(M)

ap - peared and hadst en - light-ened all things.

A





SAINT DOMNICA

January 8

Apolytikion

150

Plagal Fourth Mode


Intonation: #25


Ἦχος λ π ς Γα


Ἐν σοὶ Μητὲρ ἀκριβῶς




(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; ς for tak - ing up thy cross, thou didst fol - low Christ, Δ q and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
 (Γ) (N)
 it pass - eth a - way, Δ q but to at - tend__ to__ the soul since it



 is im - - mor - tal.  Where-fore, O right-eous Dom - ni - ca, thy spir - it



 re - joic - eth with the____ An - gels. 

Sometimes singing in moderation successfully relieves the temper.

But sometimes, if untimely and immoderate, it lends itself
to the lure of pleasure. Let us then appoint definite
times for this, and so make good use of it.

- St. John of the Ladder



SAINT GEORGE OF HOZEVA

January 8

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
n thee thē im - age was pre - served with ex - act - ness, O____
(N)
Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
(Γ) (N)
it pass - eth a - way, ς but to at - tend__ to__ the soul since it

^(M)
 is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous George, thy spir - it re -
^(M)
 joic - eth with thē___ An - gels.



SAINT GEORGE OF HOZEVA



THE HOLY MARTYR POLYEUCTUS

January 9

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art mer - ci -

ful.





SAINT PHILIP METROPOLITAN OF MOSCOW

January 9

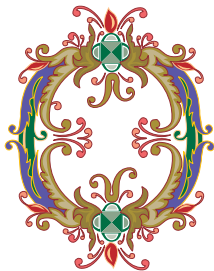
Apolytikion

Plagal Fourth Mode

150

Ἦχος λ π ς

Intonation: #25



(Γ) ————— (N) ————— (M)
suc - ces - sor of first prel - - ates, pil - lar of Or - tho -

(Π) (N) —————
- dox - y, cham - pi - on of truth, new con - fes - sor, Saint Phil - ip,

(M) (N) —————
thou didst lay down thy life for thy flock. Where-fore, since thou hast bold -

ness with Christ, pray for the suf - - fer-ing Rus-sian land and them that

10





SAINTS GREGORY, BISHOP OF NYSSA AND SAINT DOMETIAN

January 10

Apolytikion

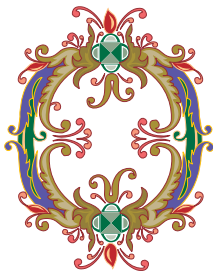
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat- ies guide our life in peace.



SAINT THEODOSIUS THE CENOBIARCH

January 11

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ῥοαῖς



(Γ) (N)
 ith the streams of thy tears, thou didst cul - ti - vate the
 (M) (Π) (N)
 bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from
 (M) (Π)
 the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and
 (N)
 thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^(M) O The - o - do - sius our right - eous ^(Γ) Fa - ther. In - ter -
 cede ^(N) with Christ God that our ^(M) ^(Γ) souls be saved.





SAINT TATIANA

January 12

Apolytikion

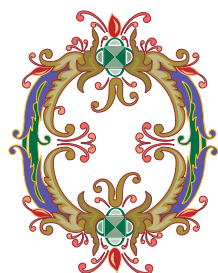
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ

Ἡ ἀμνάς σου Ἰησοῦ



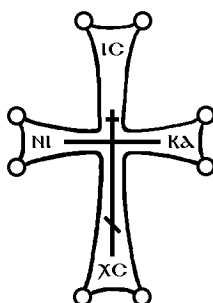
Lord Je - sus, un - - to Thee Thy lamb doth cry with a
 great voice: O my Bride - - groom, Thee__ I love; and seek-ing Thee, I
 now con - test, and with Thy bap - tism__ am cru - ci - fied__ and bur - - -
 ied. I suf - fer for__ Thy sake, that I may reign__ with__

Thēe; for Thy sake I die, that I may live in

Thēe: ac - cept me of - fered out of long - ing to Thēe as a spot -

less sac - ri - fice. Lord, save our souls through her in - ter - ces - sions,

since Thou art great in mer - cy.





THE HOLY MARTYRS HERMYLUS AND STRATONICUS

January 13

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε

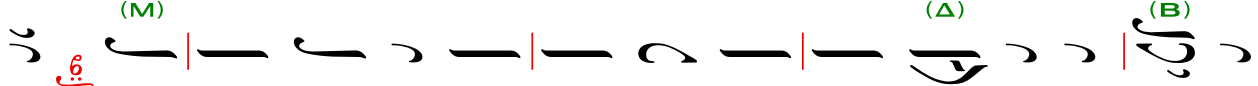


(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

In all places
 and at all seasons
 you may sing with the mind.
 For whether you walk in the market place,
 or begin a journey, or sit down with your friends
 you may rouse up your mind or call out silently. So also
 Moses called out, and God heard him. If you are an artisan,
 you may sing sitting and working in your shop. If you are a soldier,
 or if you sit in judgment, you may do the very same. One may
 also sing without voice, the mind resounding inwardly.
 For we sing, not to men, but to God, who can
 hear our hearts and enter into the
 silences of our minds.

- St. John Chrysostom



SAINT HILARY OF POITIERS

January 13

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and__
(Γ) (N) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired__
(M) (N)
a - dorn - ment of__ hier - archs, ς O wise__ Hil - a - ry, by thy
(M) (Γ)
teach - ings thou hast en - light - ened all, O harp of the__ Spir - it. ς In -

— — (N) — (M) (Γ) — — — — —
ter - cede with Christ God that our___ souls be___ saved.

Γ
Ω





THE RIGHTEOUS MARTYRS OF SINAI AND RAITHU

January 14

Apolytikion

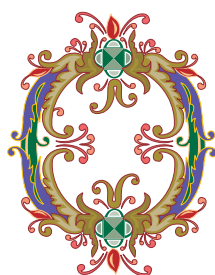
Fourth Mode

150

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat-ies guide our life in peace.



SAINT NINA (NINO) ENLIGHTENER OF GEORGIA

January 14

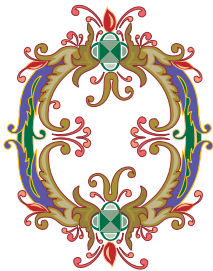
Apolytikion

Fourth Mode

150

Ἦχος Δ

Intonation: #10



(Δ) hand-maid of the Word of God, (M) who in preach-ing hast

(Δ) e-qualified the first - called A-pos-tle (B) An-drew, and hast em - u - lat - ed

(M) thē oth - er A-pos - - tles; O en - light - en - er of I - be -

(Δ) (B) ri - a and reed-pipe of the Ho - ly Spir - - - it, (Δ) ho - ly

Ni - na, e - qual to thē A - pos - tles: Pray to Christ God to save our souls.

OF
GEORGIA





SAINT SABBAS ARCHBISHOP OF SERBIA

January 14

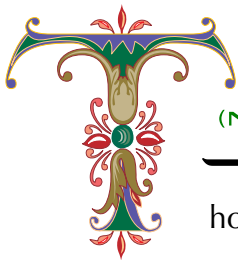
Apolytikion

Third Mode

150

Ἦχος Γα

Intonation: #8



(N) (Γ) x q
hou wast a guide of the way that lead - eth to life, and
(Π) (N) π q
a first prel - - ate and teach - - er; for thou wast the first to
(Γ) x q
en - light - en thy fa - ther - land, O Saint Sab - bas, hav - ing giv - en
(Π) (N) π q
it__ re - birth in the Ho - ly Spir - - it. Thou didst plant thy sanc - - ti -

fied chil - dren like ol - ive trees in the spir - i - tu - al Par - a - -

dise. Where - fore, as we hon - our thee as an e - qual of the A -

pos - tles and ho - ly hier - archs, we im - plore thee: Pray to Christ

God to grant us great mer - cy.





SAINT PAUL OF THEBES

January 15

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ῥοαῖς



(Γ)

(N)

ith the streams of thy tears, thou didst cul - ti - vate the

(M)

(Π)

(N)

bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M)

(Π)

the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N)

thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^Δ O Paul our right-eous ^(M) Fa - ther. ^(Γ) In - ^(N) ter - cede with Christ
 God that our ^(M) ^(Γ) souls be ^σ saved.





SAINT JOHN THE HUT-DWELLER

January 15

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Ἀ δὲ

Ταχὺ προκατάλαβε



(M) (Δ) (B)

ince thou hadst with fer - vour longed af - ter the Lord from thy

(Δ) (M) (Δ)

youth, thou left - est the world with its de - lights and no - bly didst

(B) (Δ) (M)

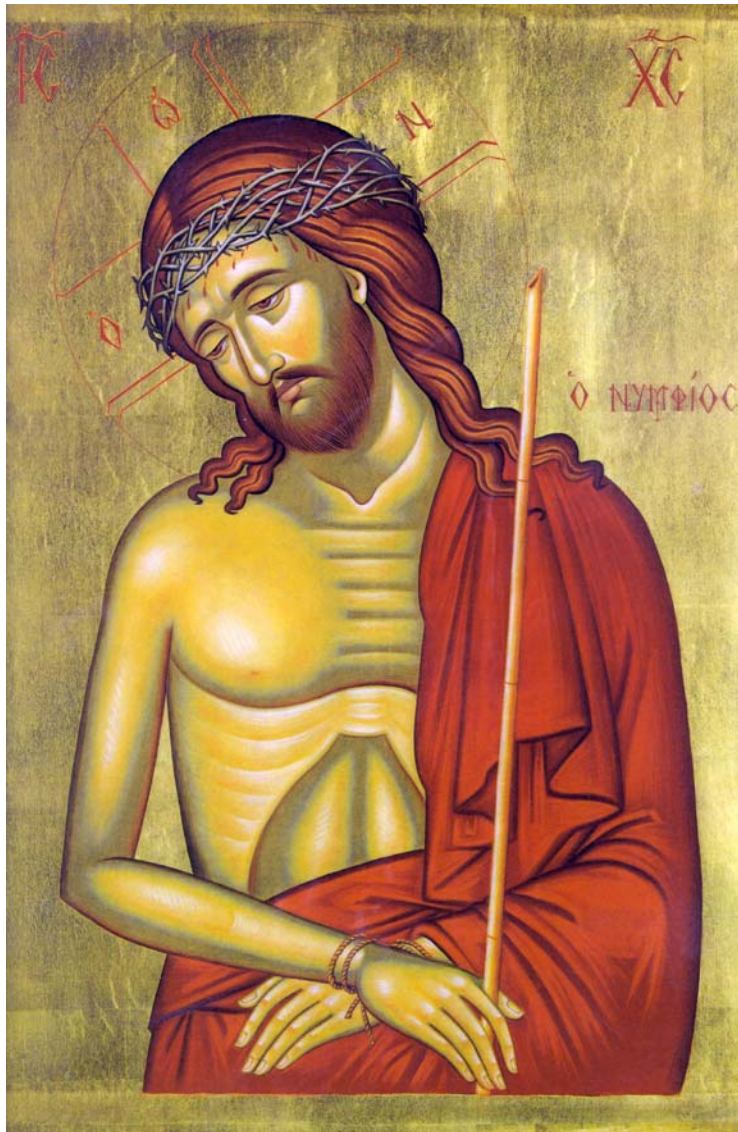
strive in val - iant as - cet - ic deeds. Thou didst pitch thy hut be - fore the

(Δ) (B)

gates of thy par - ents; thou didst break the de - mons' snares, O all - bless - ed

Fa-ther. ^(M) And there - fore, as is meet, hath Christ God ^(Δ) glo - ri - fied thee, ^(B)

O John.





THE VENERATION OF THE PRECIOUS CHAINS OF THE HOLY APOSTLE PETER

January 16

Apolytikion

150

Fourth Mode

Intonation: #26

Ἦχος Δι

Τὴν Ῥώμην μὴ λιπὼν



(M) ith - out leav-ing Rome, thou didst come to us by the pre-

(B) cious chains which thou didst wear, (M) O fore - most of thē A - pos - tles. (Δ)

(B) And wor - ship-ping them with faith, we pray: (M) By thine in - ter - ces - sions_

(B) _with God, (Δ) grant us great mer - - cy. (Δ)



SAINT ANTHONY THE GREAT

January 17

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Τὸν ζηλωτὴν Ἡλίαν



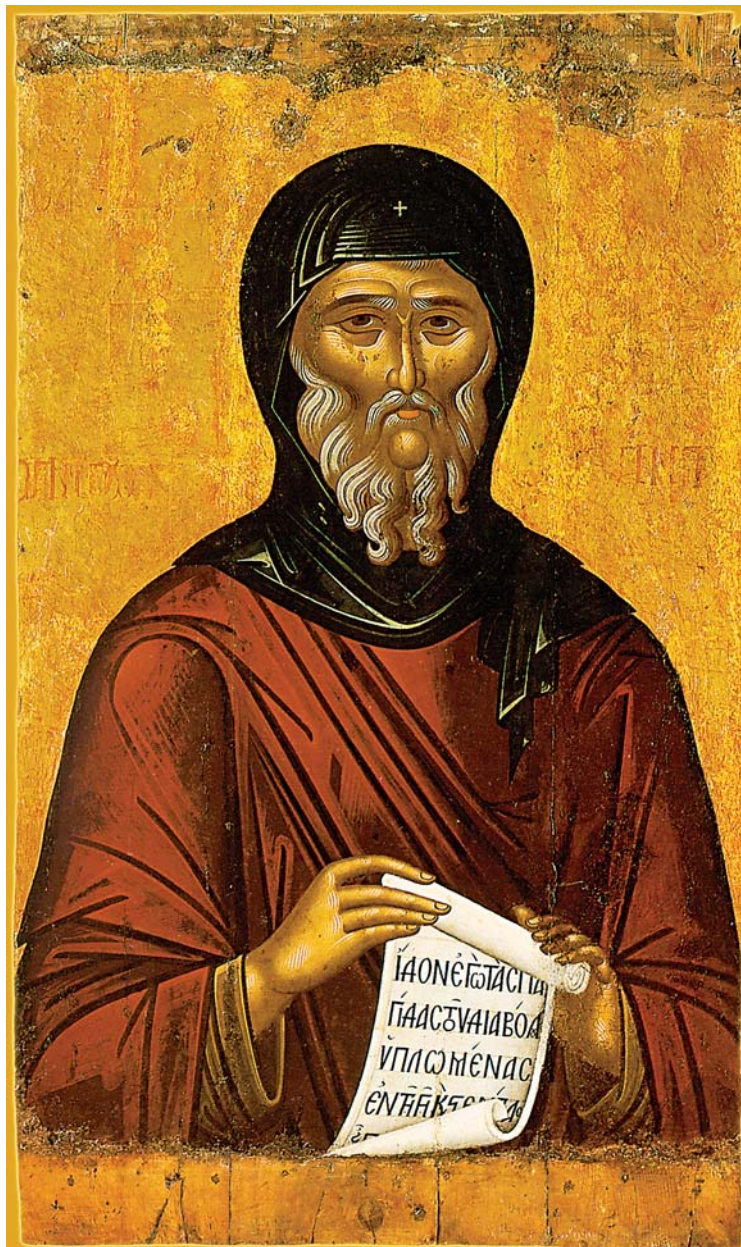
(M) (B)
m - u - lat - ing the ways of E - li - as the zeal - - ot,

(M) (Δ) (B)
and fol - low - ing the straight paths of the Bap - tist, O Fa - ther An -

(Δ)
thon - y, thou mad - est of the wild - er - ness a cit - - - y;

(B) (M)
and didst sup - port the world by thy prayers. Where - fore in - ter - cede with Christ

— — — — — (B) — — — — —
our God that our souls be saved. 6.



SAINT ANTHONY THE GREAT



SAINT ANTHONY THE GREAT

January 17

Kontakion

150

Second Mode

Intonation: #4

"Thou soughtest the heights"

Τοὺς βιωτικούς

Ἦχος Δι



(M)

(Δ)

hou left - est be - hind all earth - ly cares and tur - - - bu-lence,

(B)

(M)

and led - dest a life of still - ness and tran - quil - - li - ty, em -

u - lat - ing John the Bap - tist in eve - ry way, O most right - - eous

(Δ)

(B)

(M)

one. Where - fore, we ac - claim thee with him, O Fa - ther of Fa - thers,

right - eous An - - - - thon - y. 





SAINTS ἈΘΑΝΑΣΙΟΣ AND ΚΥΡΙΛΛΟΣ ARCHBISHOPS OF ἈΛΕΞΑΝΔΡΙΑ

January 18

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Ἔργοις λάμπαντες

hin - ing forth ___ with works of Or - tho - dox - y, ye quenched

eve - - ry false be - lief and teach - ing and be - came ___ tro - phy -

bear - - ers and ___ con - quer - - ors. And since ye made all things rich ___

with true pi - e - ty, great - ly a - dorn - ing the Church ___ with mag - -

^(Г)
 nif - i - - cence, ^π Ath - a - na - sius and wise Cyr - il, ye just-ly found Christ

^(N) ^(Г)
 God, ^π Who through your prayers doth grant great mer - cy un - - to__

^π
 all.





SAINTS ἈΘΑΝΑΣΙΟΣ AND ΚΥΡΙΛΛΟΣ ARCHBISHOPS OF ΑLEXANDRIA

January 18

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ'

Ἱεράρχοι μέγιστοι



reat high priests of pi - - e - ty and no - ble cham -
- pions of the ho - ly Church of Christ, keep and pre - serve all those
who chant: O most com - pas-sion-ate Lord, do Thou gra-cious-ly save
_ those who faith - - ful - ly hon - - our Thee.



SAINT MACARIUS THE GREAT OF EGYPT

January 19

Apolytikion

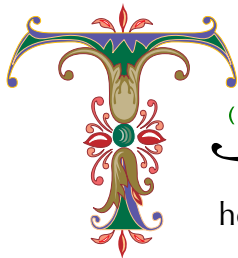
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an

an - gel in the flesh, and a won - der - work - er, O Ma - car - i - us, our God -

bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

- heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. π q Glo-ry to Him that hath giv - - en thee

strength. Δ q Glo - - ry to Him___ that hath crowned_thee. Δ q Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee.

π q

When chanters chant with the tongue and
also with the mind, they greatly benefit
not only themselves but also those
who want to hear them.

- St. Athanasius the Great



SAINT ARSENIUS OF CORFU

January 19

Apolytikion

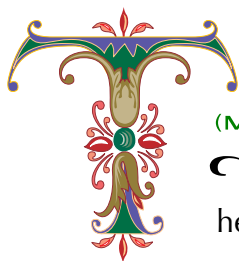
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Ar - sen - - i - us, in -



 ter - cede__with Christ_____ God that our souls be saved.







SAINT MARK EUGENICUS METROPOLITAN OF EPHESUS

January 19

Apolytikion

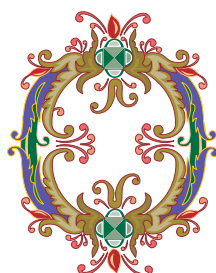
Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Θείας πίστεως



all - laud - - a - ble and most di - vine Mark, in
thee the Church found a great zeal - ot by thy con - fes - sion of
the ho - - ly and sa - cred Faith; for thou didst cham - pion the doc -
trines which the Fa - thers taught, and thou didst cast down dark - - ness - 's

boast-ful___pride. ^(Г) Where-fore, pray thou to Christ God for them that hon - our
 thee, ^(N) that He may grant us the for - give - ^(Г) - ness of sins. ^ⲓ

SAINT
MARK



OF
EPHESUS



SAINT EUTHYMIUS THE GREAT

January 20

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Εὐφραίνου ἔρημος



(M)

(B)

e glad, O bar-ren one, that hast not giv - en birth; be

(Δ)

of good cheer, thou that hast not tra-vailed; for a man of de - sires

(B)

(M)

(Δ)

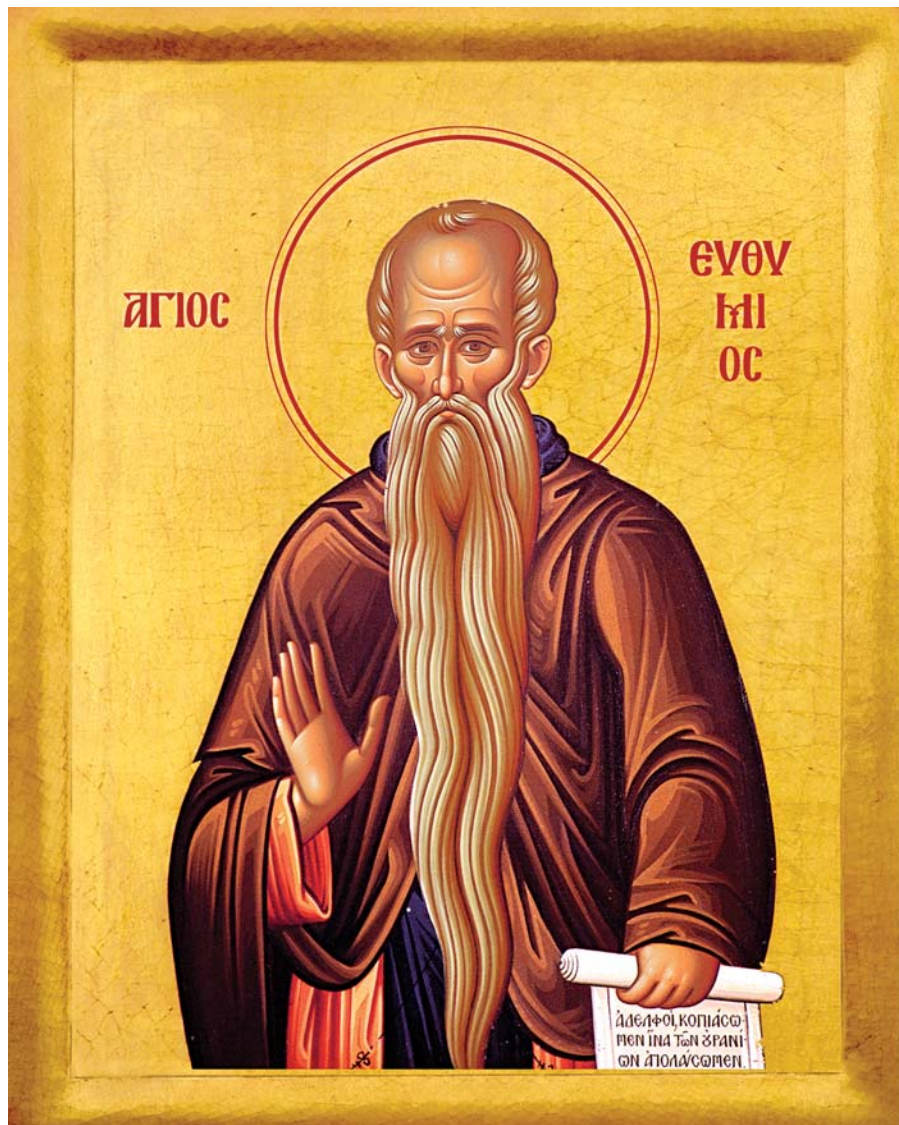
hath mul - ti - plied thy chil - dren of the Spir - - it, hav - ing plant -

(B)

ed them in pi - e - ty and reared them in con - ti - nence to the per -

fec - tion of the vir - - - - - tues. By his prayers, O Christ our God,

make our life peace - - - ful.



SAINT EUTHYMIUS



SAINT EUTHYMIUS THE GREAT

January 20

Kontakion

Plagal Fourth Mode
"As first-fruits of our nature"

150

Intonation: #25

Ἦχος λ π ς

Ἐν τῇ σεπτῇ γεννήσει



(Γ) (N)
re - a - tion found de - light and joy in thine au - gust na - tiv -

i - ty and the good cheer of thy num - ber - less mir - a - cles on thy di - vine

(M) (N)
me - - mo - ri - - al. Now be - stow there - of rich - ly on our souls

(Π) (N)
and wash clean the stain of our eve - ry sin, Eu - thy - mi - us most

Г
А





SAINT MAXIMUS THE CONFESSOR

January 21

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and__
(Γ) (N) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired__
(M) (N)
a - dorn - ment of mo - - nas - tics, ς O wise__ Max - i - mus, by thy
(M) (Γ)
teach - ings thou hast en - light - ened all, O harp of the__ Spir - it. ς In -

10



SAINT MAXIMUS THE CONFESSOR



THE HOLY MÀR TYR NEOPHYTUS

January 21

Apolytikion

Fourth Mode

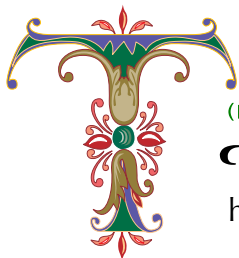
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT NEOPHYTUS



THE HOLY APOSTLE TIMOTHY

January 22

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Χρηστότητα ἐκδιδαχθεῖς



(M)

(Δ)

ince thou hadst been in - struct - ed in up - right-ness thor - -

(B)

ough - ly and wast vig - i - lant in all _____ things, thou wast clothed

(Γ)

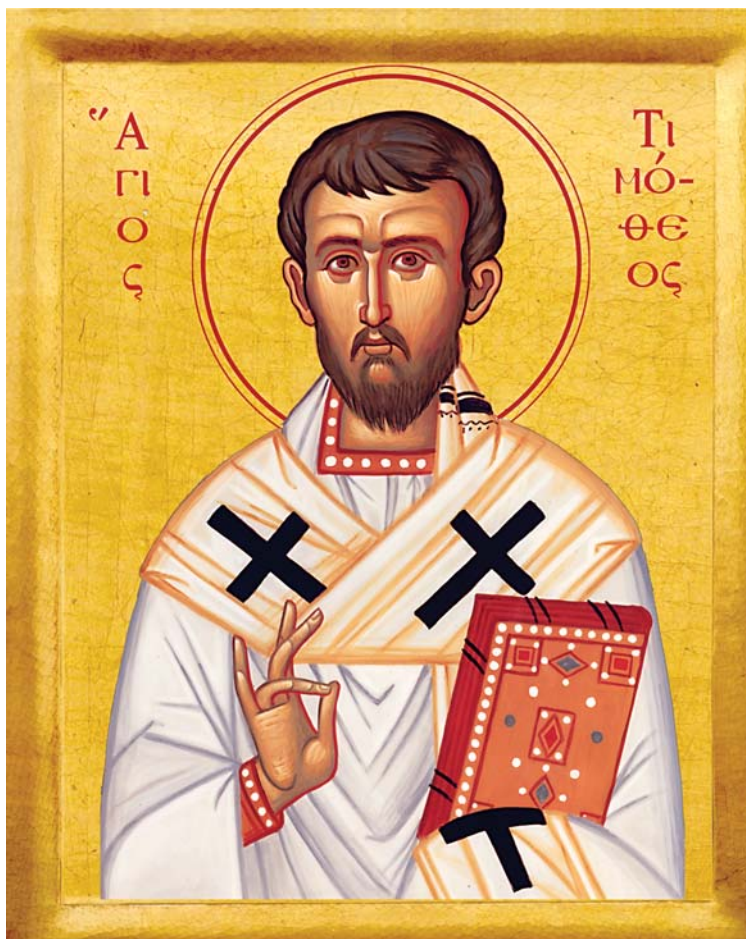
with a good con-science as be - fit - teth one ho - - ly. Thou didst draw

(Δ)

(M)

from the Cho - sen Ves - sel in - ef - fa - ble mys - ter-ies; and hav -

(Δ) (B)
 - ing kept the Faith, thou didst fin - ish a like course, O Hier - o - mar -
 (Δ) (B)
 tyr and A - pos - tle Tim - o - thy. In - ter - cede with Christ God that our souls
 be saved.





THE RIGHTEOUS MARTYR ANASTASIUS OF PERSIA

January 22

Apolytikion

Fourth Mode

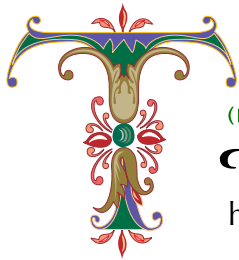
"Be quick to anticipate"

150

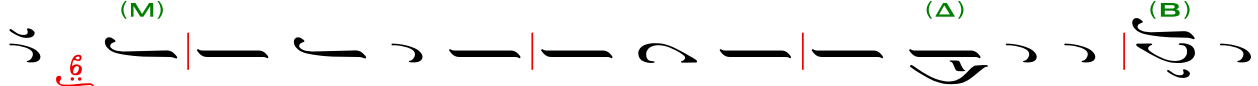
Intonation: #10

Ἦχος Δ


Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life
(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
(B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -



 ful.

For prayer and psalmody,
 as for many other things, every time is suitable;
 so that we praise God with psalms and hymns and spiritual songs,
 while we move our hands in work, chanting with our tongue
 if this is possible and conducive to the edification
 of the faith, but if not, then in the heart.

- St. Basil the Great



THE SYNAXIS OF ALL THE HOLY NEW MARTYRS OF RUSSIA

January 22-28

Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8



(Γ) (N) (Γ) (N)
 n these lat - - - ter times, a host of Mar - tyr, new - ly
 crowned_ with grace, re-joyce in Heav - en, glo - ri - fied_ with di
 (Π) (N)
 verse_ forms of_ mar - tyr - - dom; for hav - ing cen - sured the mad - -
 (Γ) (Π)
 ness of god - less foes, they gained the lau - rels of tri - - umph and_

vic - to - - ry. ^(Г) Hence, they ^{π q} fer - vent - ly en - treat Christ for us un - ceas - ing -
 ly, ^{π q} to ^(N) grant great mer - cy un - to us ^(Г) who sing___ their___ praise. ^{π q}





THE HOLY HIEROMARTYR CLEMENT BISHOP OF ANCYRA

January 23

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Κλῆμα ὁσιότητος



(Δ)

(B)

hou didst blos-som forth for the faith-ful, O most sa-cred Clem - ent,

(Δ)

6

as a branch of ho - li - ness, a staff of con - - - test, a

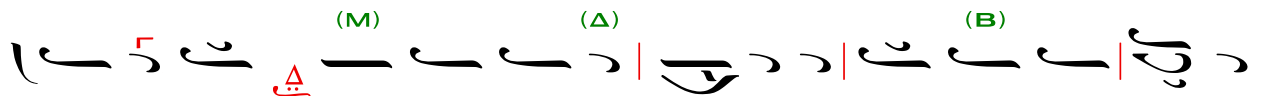
(B)

most sa-cred flow - er, and a sweet God-giv-en fruit. But as a fel -


(M)

(Δ)

low - suf - fer - er of Mar - - tyrs and a fel - low - prel - ate of hier -



 - - - archs, in - ter - cede with Christ__ our God that our souls be



 saved.

Just as swine run to a place where there is mire
 and bees dwell where there are fragrances and incense,
 likewise demons gather where there are carnal songs
 and the grace of the Holy Spirit settles where there are
 spiritual melodies, sanctifying both mouth and soul.

- St. John Chrysostom



THE HOLY MARTYR AGATHANGELUS

January 23

Apolytikion

Fourth Mode

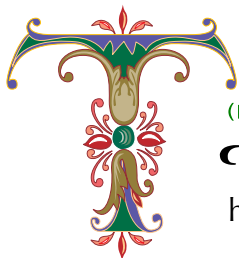
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε

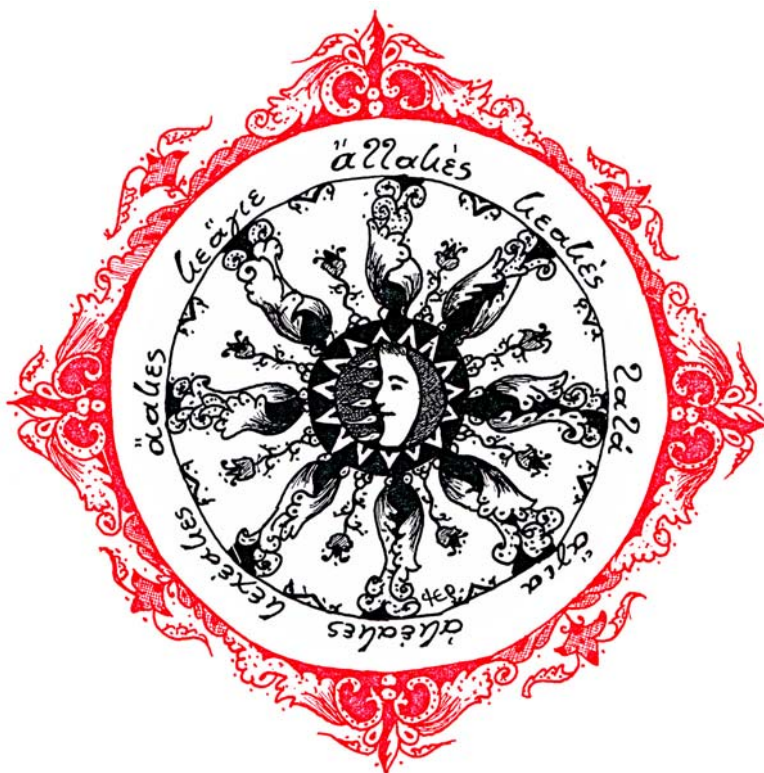


hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art mer - ci - ^(Δ) ^(B)

ful.

.





SAINT NEOPHYTUS THE RECLUSE OF CYPRUS

January 24

Apolytikion

First Mode

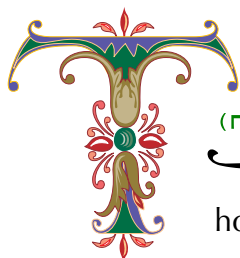
"While Gabriel was saying"

150

Intonation: #1

Ἦχος Πα

Τῶν Λευκάρων τὸν γόνον



(Π)

hou glo - ry of Leu - ca - ra and bless - ed boast of Cy - -

prus and pro - tect - or of the di - vine Mon - as - ter - y of the

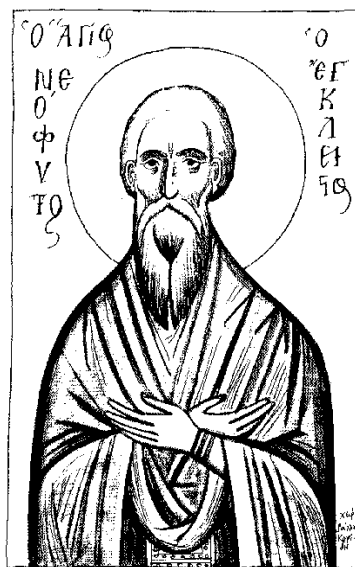
(Δ)

(Π)

Clois - - tered, through fast - - ing and vig - - il and prayer while liv -

ing in re - clu - sion in a cave, there didst thou re - ceive di - vine grace,

which is be - stowed on all___ through thy ho - ly rel - ics. π ϩ Glo - - ry
 to Him that grant-ed them to us. Δ ϩ Glo - ry to Him that hath glo -
 ri - fied___ thee. Δ ϩ (Δ) (Π) Glo - ry to Him that work - eth heal-ings for all through thee,
 O God - bear-ing Fa - ther Ne - o - - phy - - tus. π ϩ



SAINT NEOPHYTUS
THE RECLUSE



SAINT XENIA OF ROME

January 24

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
n thee thē im - age was pre - served with ex - act - ness, O____
(N)
Moth - er; ς for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
(Γ) (N)
it pass - eth a - way, ς but to at - tend__ to__ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Xe - nia, thy spir - it
 re - joic - eth with thē ^(M) An - gels.





SAINT XENIA OF ST. PETERSBURG

January 24

Apolytikion

Plagal Fourth Mode

150

Ἦχος λ π ς 150

Intonation: #25



(Γ) n thee, O wan-der-ing strang - er, (N) Christ the Lord hath giv-en
us an ar - dent in - ter - ces - sor (M) for our kind. (N) For hav - ing re -
ceived in thy life suf - fer - ings and grief Δ and served God and men with love, ς
(M) thou didst ac - quire great bold - ness. ς Where - fore, we fer - vent - ly has - ten

(N)

to thee in temp - ta - tions and grief, ^Δq cry - ing out from the depths_ of

(M)

our hearts: ^Δq Put not our hope to shame, O Bless - ed___ Xe - nia. ^q





SAINT GREGORY THE THEOLOGIAN ARCHBISHOP OF CONSTANTINOPLE

January 25

Apolytikion

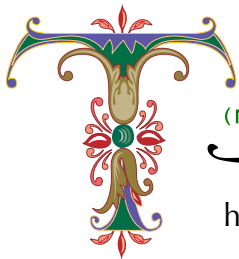
150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πα

Ὁ ποιμενικὸς αὐλὸς




(Π)

he shep-herd's pipe of thy the - ol - o - gy con-quer-ed the

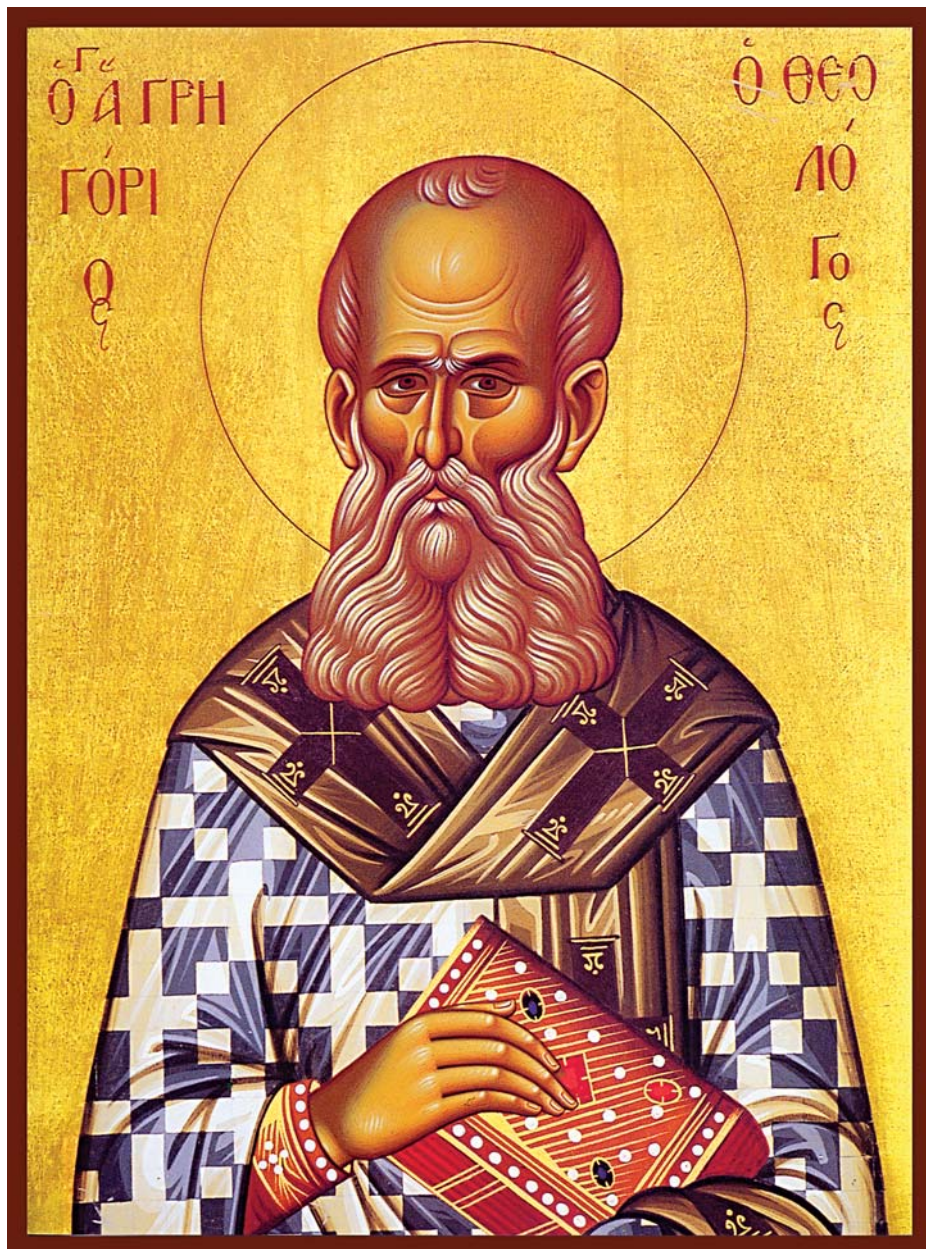
trum-pets__of the phi - los - o - phers; for since thou didst search____ out

__the depths of the Spir - - it, beau-ty of speech was add - - ed to thee.

But in - ter - cede with Christ__ God, O Fa - ther Greg - o - ry, that our


 souls__ be__ saved.

π
9



SAINT GREGORY THE THEOLOGIAN



SAINT GREGORY THE THEOLOGIAN ARCHBISHOP OF CONSTANTINOPLE

January 25

Kontakion

Third Mode

"On this day the Virgin"

150

Intonation: #8

Ἦχος Γαϕ

Θεολόγω γλώττη σου



(M) (N) (N)
ith thy the - o - lo - - gian's speech thou didst de - stroy thē
(M) (N) (N)
en - tan - - - gled webs of vain phi - los - - o - phers, while beau -
ti - fy - ing the whole Church with the robe of Or - tho -
(N)
dox - - - y wo - ven in Heav - - - en; and the Church, clothed

The value of prayer can be inferred from the way the demons attack us during services in church.

- St. John of the Ladder



SAINT ANATOLIUS OF OPTINA

January 25

Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8



hen the ston - - y blows of trib - u - la-tions struck
a - gainst the flint of thy di - vine faith, might - y prayer was en -
kin - - dled with - - in thy heart, and thou didst burn with the Com - -
fort - er's ho - ly fire, to light the way of sal - va - - tion for

man - y___souls. Right-eous Fa - ther An - a - to - li - us, in - ter - cede with
 Christ that His great mer - cy may be grant - ed un - - to___us.



SAINT ANATOLIUS OF OPTINA



SAINT XENOPHON AND THOSE WITH HIM

January 26

Apolytikion

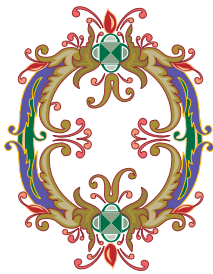
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat-ies guide our life in peace.

6



THE TRANSLATION OF THE HOLY RELICS OF SAINT JOHN CHRYSOSTOM ARCHBISHOP OF CONSTANTINOPLE

January 27

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϣ ϣ

Ἡ τοῦ στόματός σου



(Γ) race shin - ing forth from thy mouth like a bea - con hath il -

(M) lu - mined the u - (N) ni - - verse, and dis - closed to the world treas - ures

of un - cov - et - ous - ness, and shown us the heights of hu - - mil - i - -

(N) ty; but whilst in - struct - ing us by thy words, O Fa - ther John Chrys - os -

tom, ^Δ in - ter-cede_ with the Word, Christ our God, to ___ save our ___ souls. ^(M)



SAINT JOHN CHRYSOSTOM



THE TRANSLATION OF THE HOLY RELICS OF SAINT JOHN CHRYSOSTOM ARCHBISHOP OF CONSTANTINOPLE

January 27

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Intonation: #4

Ἦχος ♯̣ Κε

Εὐφράνθη μυστικῶς



he ho - ly and au - gust Church is mys - ti - c'ly glad - dened to -
day on the trans - la - - tion of thy ho - - ly rel - ics. And though
she had kept ___ them hid ___ in con - ceal - ment ___ like pre - - - cious gold,
by ___ thine in - - ter - ces - sions she un - ceas - ing - - ly grant - eth,

(K) (M) (K) 4 (M)
 un - to them___ that praise thee, the di - vine grace___ of heal - ing, O Fa -

ther John Chrys - os - tom.

✠





SAINT EPHRAIM THE SYRIAN

January 28

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Ῥεῖθρον ἄϋλον

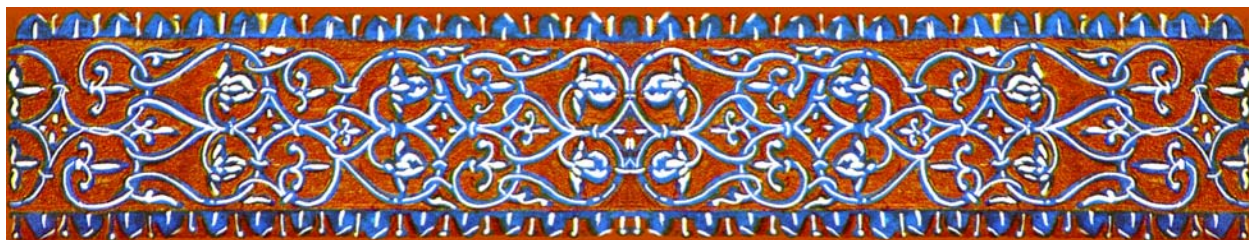


ut of Par - - a - dise, a riv - er flow-eth, flood - ing
all the earth with joy un - end-ing, cheer - ing souls with com -
punc - - tion and sav - ing fear: Eph - raim, the wine-bowl of glad - -
ness in - spired of God, from all e - ter - ni - ty cho - - sen to

light the__Church with his sa - cred hymns, his ser-mons, his shin - ing can -
 ti - cles, where - by he fill - eth faith-ful souls with god - - li - - ness.



SAINT EPHRAIM THE SYRIAN



SAINT ISAAC THE SYRIAN

January 28

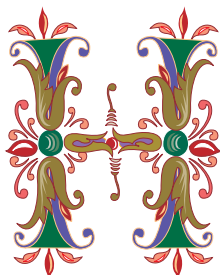
Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Ἦχος λ̣ ᾠ̣ Κε

Intonation: #13



(K) e that thun-dered on Si - nai with sav - ing laws for man

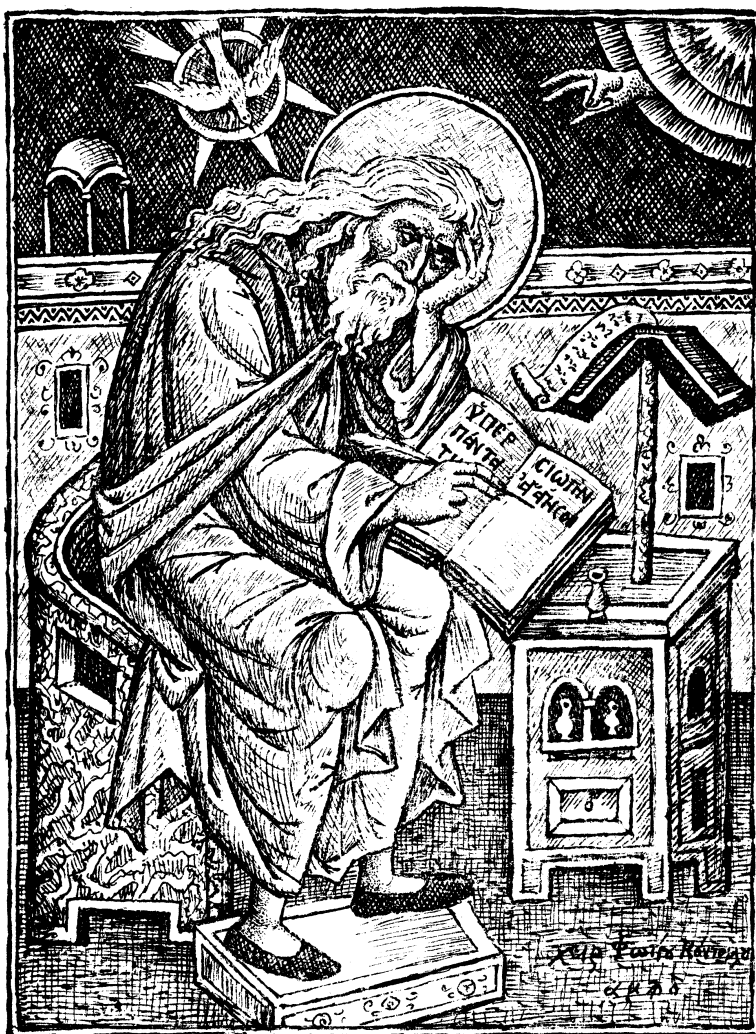
hath al - so giv - en thy writ-ings as guides in prayer_un - to monks,

O re - veal - er of un - fath - om - a - ble mys - ter - ies; for hav-ing

gone up in the mount of the vi - sion of the Lord, thou wast_shown the

man - y man-sions. Where-fore, O God - bear-ing I - - - saac, en - treat

the Sav - iour for all prais - ing thee.



SAINT ISAAC THE SYRIAN



THE TRANSLATION OF THE SACRED RELICS OF SAINT IGNATIUS THE GOD-BEARER

January 29

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

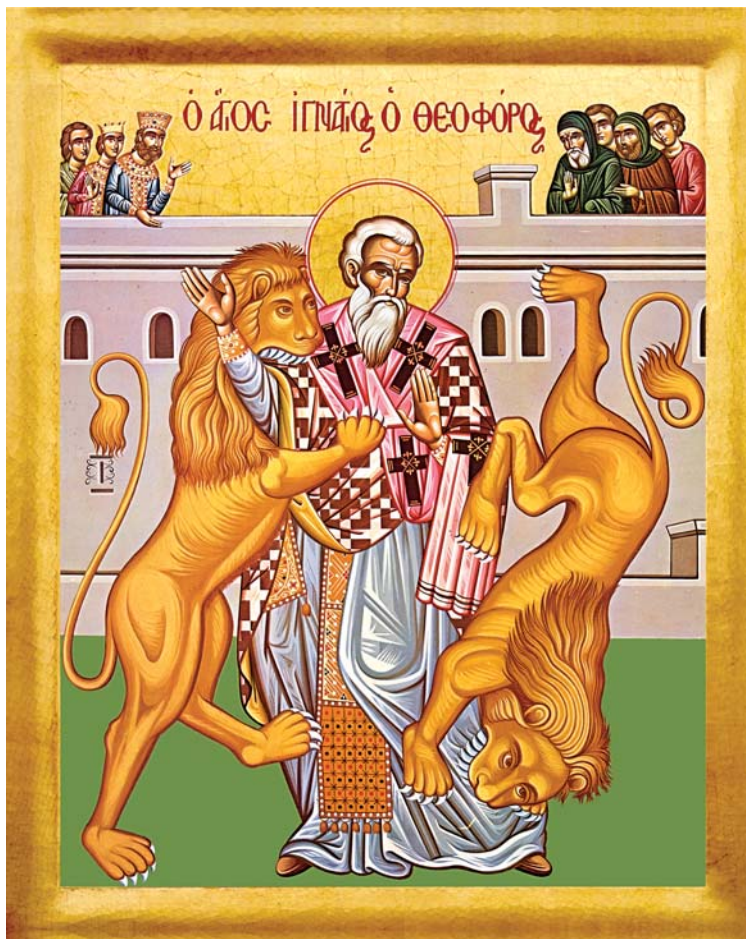
(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ
^(B) ^(M)
 O Hier - o - mar - tyr Ig - na - - tius. In - ter - cede with Christ our God
^(B)
 that our souls be saved. ⁶





SAINTS BASIL THE GREAT, GREGORY THE THEOLOGIAN, AND JOHN CHRYSOSTOM

January 30

Apolytikion

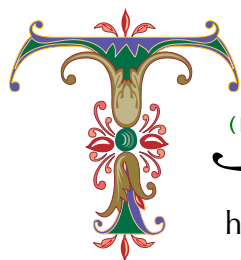
150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πά

Τοὺς τρεῖς μεγίστους



(Π)

he three most great lu-mi - nar - ies of the Three-Sun Di - vin -

i - ty have il - lu - mined all of the world__ with the rays of doc -

- trines di-vine and true; they are the sweet-ly-flow-ing riv - ers of wis -

dom, who with god - ly knowl - - edge have wa-tered all cre - a - - tion in

clear and might-y__streams: ^{π q} The great and sa - cred Ba - sil, and the the -
 o - lo - gian, wise Greg - o - ry, ^Δ to - geth - er with the re-nowned John,
^Δ the famed Chrys-os - tom of gold - - en speech. ^{π q} Let us all who love their
 di - vine - ly wise words come to - geth - er, ^Δ hon - our - ing them with hymns;
 for cease - - less - ly they of - - fer en - treat - y for us to the Trin -
 - i - - ty. ^{π q}

Nothing elevates the soul,
 nothing gives it wings as a liturgical hymn does.

— St. John Chrysostom



SAINTS BASIL THE GREAT, GREGORY THE THEOLOGIAN, AND JOHN CHRYSOSTOM

January 30

Kontakion

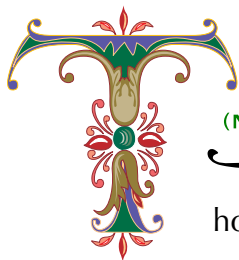
150

Second Mode

Intonation: #4

Ἦχος Δι

Τοὺς ἱεροῦς καὶ θεοφθόγγους



(M) (Δ)
hou hast tak - - - en to Thy - self, O Lord, the sa - cred

(B) (M)
and God - pro - claim - ing her - - - - als, the crown of Thy teach - -

(Δ) (B)
ers, for thē en - joy - ment of Thy bless - - - - ings and for re - pose;

(M) (Δ)
for Thou hast ac - cept - ed their suf - fer - ings and la - - - bours a -

bove all sac - - - ri - fice, O Thou Who a - lone dost glo - ri - fy____

____ Thy Saints.





THE HOLY AND WONDERWORKING UNMERCENARIES CYRUS AND JOHN

January 31

Apolytikion

150

Plagal First Mode

Intonation: #13

$$\mathbb{H}^{\infty}_{\chi_0} \cap \frac{\lambda}{\pi} \cap \frac{1}{K\varepsilon}$$

Τὰ θαύματα τῶν ἁγίων σου



(K)

ince Thou hast giv - en us the mir - a - cles of Thy ho - ly Mar -

 (Δ)

(K)

- tyrs as an in - vin - - ci - ble bat - tle - ment, by their en - treat -

 (Δ)

(K)

ies scat-ter the coun-sels of the hea- - - then, O Christ our God, and

strength - - en the faith of Or - tho - dox Chris - - tians, since Thou a-lone

(M)

art good___ and the Friend of___ man. 

In the churches there are vigils,
and David is first and middle and last.
In the singing of early morning hymns David
is first and middle and last. In the tents at funeral
processions David is first and middle and last. In the
houses of virgins there is weaving, and David is first and
middle and last. What a thing of wonder! Many who have not
even made their first attempt at reading know all of David by heart
and recite him in order. Yet it is not only in the cities and the churches
that he is so prominent on every occasion and with people of all ages; even
in the fields and deserts and stretching into uninhabited wasteland, he
rouses sacred choirs to God with greater zeal. In the monasteries
there is a holy chorus of angelic hosts, and David is first and
middle and last. In the convents there are bands of virgins
who imitate Mary, and David is first and middle and
last. In the deserts men crucified to this world hold
converse with God, and David is first and middle
and last. And at night all men are dominated by
physical sleep and drawn into the depths, and
David alone stands by, arousing all the
servants of God to angelic vigils,
turning earth into heaven
and making angels
of men.

— St. John Chrysostom



February





THE FOREFEAST OF THE MEETING IN THE TEMPLE

February 1

Apolytikion

First Mode (soft chromatic)
"The soldiers standing guard"

150


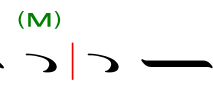

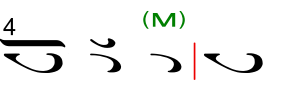

Intonation: #4

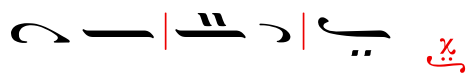

Ἦχος ᾠδὴ Κε

Οὐράνιος χορός



he Heav - ens' choir looked down from the vaults of the Heav - ens,
and gaz - ing on thē earth, they be - held with a - maze - ment the First -
born of all cre - a - - tion brought forth as a suck - - ling babe
to the Tem - - ple by a pure and vir - gin - - al moth - er;

^(K) |  ^(M) |  ^(K) |  ⁴  ^(M) | 
 and with us,___ they now do sing a hymn for___ the Fore-feast, a - ston -

 
 ished and full of awe.





THE FOREFEAST OF THE MEETING IN THE TEMPLE

February 1

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Ἐν ἀγκάλαις δεῖξασθαι



(Δ) (Κ)
n this day doth Sym - - e - on re - ceive with glad - -
(Δ) (Κ)
- ness God, the Giv - er of the Law; and he doth cry to Him
(Δ)
in fear: Let me de - part now, O Mas - ter Christ, for I have seen
Thee, the Glo - - ry of Is - - ra - - el.



THE HOLY MÀRTYR TRYPHO

February 1

Apolytikion

Fourth Mode

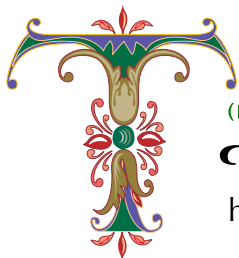
"Be quick to anticipate"

150

Intonation: #10

Ἦχος ᾠδῆς

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINT TRYPHO



THE HOLY MARTYRS PERPETUA AND FELICITY OF CARTHAGE AND THOSE WITH THEM

February 1

Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8



et us ven - - - er - ate the ho - ly Mar - tyr, Saints Per -
pet - - u - a and Sat - urn - i - nus, with Se - cund - u - lus and
bless - - ed Fe - - lic - i - - ty, who shed their blood for our Lord
with Saint Sa - tu - rus and Rev - o - ca - tus, with whom they are

crowned on___ high. Where-fore hav - ing found much bold- ness and grace to
 pray for all, they ev - er ask the Lord God that He save___ our___
 souls.





SAINT BRIGID OF KILDARE

February 1

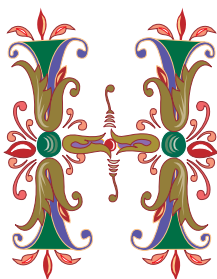
Apolytikion

Fourth Mode

150

Ἦχος Δ'

Intonation: #10



(M) (Δ) (B) av - ing learned of things di - vine by the words of Pat - - rick,

(Δ) thou hast pro-claimed in the West the good tid - ings of Christ. Where-fore,

we ven - er - ate thee, O Brig-id, and en - treat thee to in - ter-cede

(B) with God that our souls be saved.



THE MEETING OF OUR LORD JESUS CHRIST IN THE TEMPLE

February 2

Apolytikion

First Mode

150

Intonation: #1

Ἦχος ᾠὴ Πά

Χαῖρε κεχαριτωμένη



(Π)

e - joice, thou who art full of grace, O Vir - gin The - o - to -

- kos, for from thee hath ris - - - en the Sun of Right-eous-ness, Christ

our God, en - light - en - ing those in dark - ness. Re - joice thou al - so, O

right-eous El - der, as thou re - ceiv - est in__thine arms the Re-deem - er

of our souls, ⁴ Who al - so grant-eth un-to us the Res - - ur - rec -

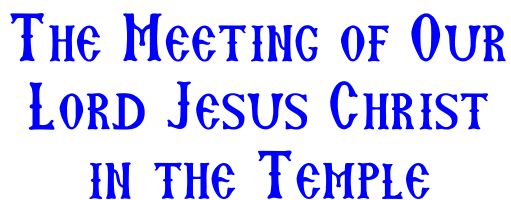
tion. ^π q

* Finale:

Res-ur - rec - - tion. ^(N) ⁴ ^(Π) ^π q

The psalms ought not to be sung one after the other in the assemblies,
but a reading should be interpolated after each psalm.

- Canon XVII of the Council of Laodicea



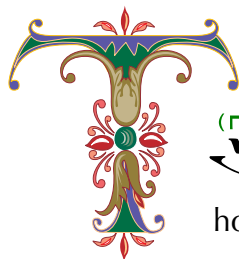
February 2

Kontakion

First Mode

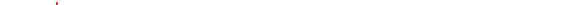
Intonation: #1

Ὁ μήτραν παρθενικήν



(□)

hou Who didst sanc - ti - fy the Vir - gin's womb by Thy birth,  and


 didst bless Sym - - e - - on's hands as was meet,

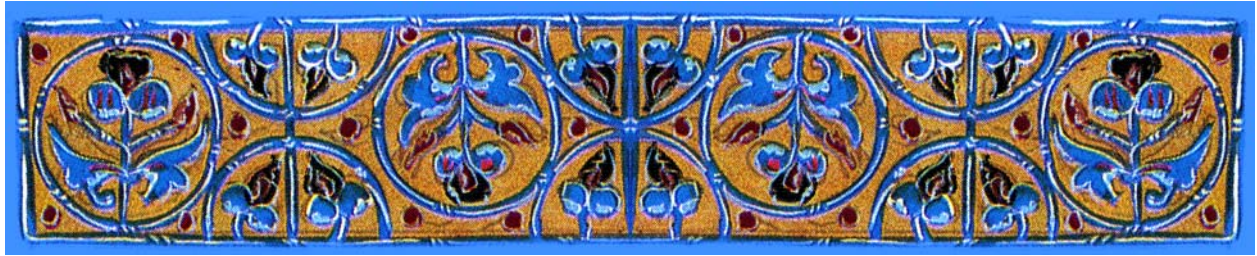
tion hast e - ven now saved us, O Christ God. But grant peace in the

midst of wars un - to Thy com-mon-wealth and strength - - en the hier -

3 2 1 4 (2) 1 (П)
 archs_ whom Thou hast loved, O on - ly Friend_ of_ man. _____

π
9





SAINT NICHOLAS THE ENLIGHTENER OF JAPAN

February 3

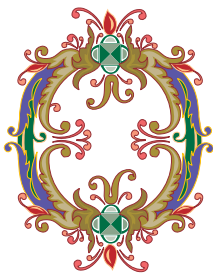
Apolytikion

Fourth Mode

150

Ἦχος Δ' Δι

Intonation: #10



(M)

(B)

ho - ly Saint Nich - o - las, thē En - light - en - er of Ja -

(Δ)

(B)

pan, thou dost share the dig - ni - ty and the throne of thē A - pos - -

(M)

(Δ)

tles: thou art a wise and faith - ful ser - vant of Christ, a

tem - ple cho - sen by the Di - vine Spir - - - it, a ves - sel

o - ver - flow-ing with the love of Christ. O hier - arch e - qual__ to
 the A - pos-tles, pray to the life-giv-ing Trin - i - ty, for all thy
 flock and for the whole_____ world.





SAINT ISIDORE OF MOUNT PELUSIUM

February 4

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ρ Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Fa - ther; ρ for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ρ for
 (Γ) (N)
 it pass - eth a - way, Δ but to at - tend__ to__ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Is - i-dore, thy spir - it
 re - joic - eth with the ^(M) An - gels.



SAINT ISIDORE



THE HOLY MARTYR AGATHA

February 5

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -
ied. I suf - fer for Thy sake, that I may reign with

Thee; for___ Thy___ sake___ I die, that I may live___ in___
 Thee: ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. Lord, save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy.



SAINT AGATHA



SAINT BUCOLUS BISHOP OF SMYRNA

February 6

Apolytikion

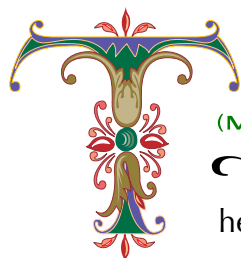
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - - arch Buc - - o - las, in -



 ter - cede__with Christ_____ God that our souls be saved.

6.

One who jubilates [iubilat] does not speak words, but it is rather a sort of sound of joy without words, since it is the voice of a soul poured out in joy and expressing, as best it can, the feeling, though not grasping the sense. A man delighting in his joy, from some words which cannot be spoken or understood, bursts forth in a certain voice of exultation without words, so that it seems he does indeed rejoice with his own voice, but as if, because filled with too much joy, he cannot explain in words what it is in which he delights. You observe this even in those who sing improperly. Now our jubilation will not be such as theirs, for we ought to jubilate in justification, while they jubilate in iniquity; we, then, in confession, they in confusion. Yet that you might understand what I say, call to mind what you well know, that it is especially those who perform some task in the fields who jubilate. Mowers and vintagers and those who gather other products, happy in the abundance of harvest and gladdened by the very richness and fecundity of the earth, sing in joy. And between the songs which they express in words, they insert certain sounds without words in the elevation of an exultant spirit, and this is called jubilation.

- Blessed Augustine



SAINTS BARSANUPHIUS AND JOHN OF GAZA

February 6

Apolytikion

First Mode

"While Gabriel was saying"

150

Ἦχος ᾠὴ Πα

Intonation: #1



(Π)

i - vine and tune - ful harps of the Ho - ly Spir - it's mys - -

t'ries, sound - ing forth sweet hymns of dis - cern - - ment which soothe all those

(Δ)

(Π)

4

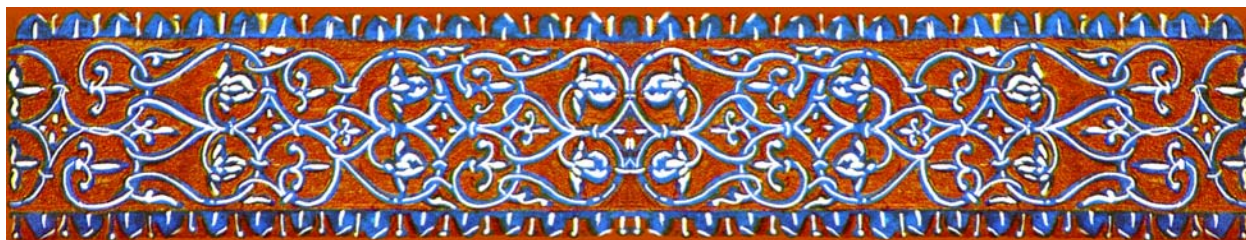
in sor - - rows: ye moved__ men to cast__ off pas - sion's yoke and

tram - ple up - on Sa - tan's loath - some head. Where - fore, God - - like Bar - sa -

nu - phi - us and wise John, ⁴ de - liv - - er us who now cry out: ^{π q} Glo - ry
 to Him that hath giv - - en you grace. ^Δ Glo - - ry to Him__ that
 hath blessed__ you. ^(Δ) ^(π) ^Δ Glo - ry to Him that hath saved man - y through your sa -
 cred words of coun - sel. ^{π q}



SAINTS BARSANUPHIUS AND JOHN



SAINT PHOTIUS THE GREAT PATRIARCH OF CONSTANTINOPLE

February 6

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Intonation: #13

Ἦχος λ̣ ᾠ Κε

Τῆς σοφίας ἐκφάντωρ



(Κ)

s a ra - di - ant bea - con of wis - dom hid in God, and

a de - fend - er of Or - tho - dox - y re - vealed from on high, O

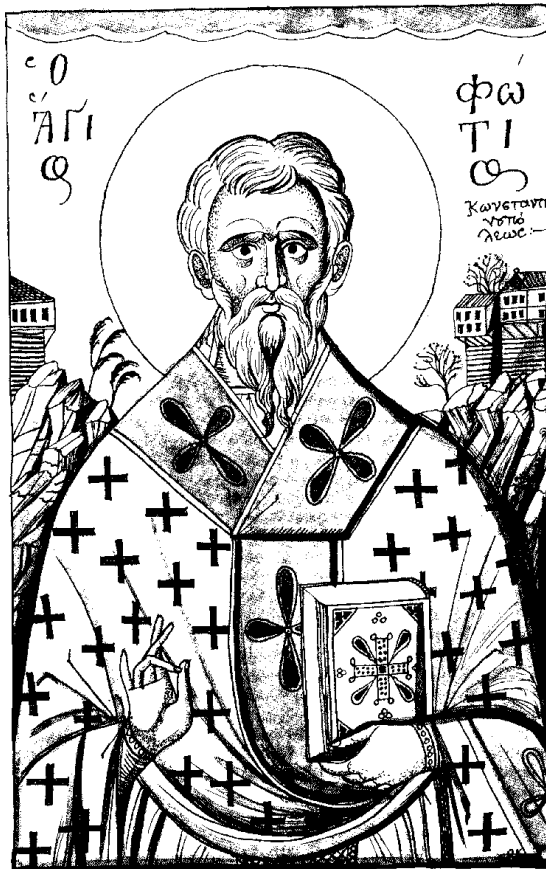
great Pho - tius, blest a - dorn - ment of the pa - tri - archs, thou didst re - fute

(Δ)

thē in - no - va - tions of boast - ful her - e - sy, O light of the ho -

ly church-es, ^(K) which do thou keep from all er - - - ror, O lu - mi - ^(M)

nar - y of the Day-spring on high. ^{q̇}



SAINT PHOTIUS



SAINTS PARTHENIUS BISHOP OF LAMPSACUS AND LUKE OF MOUNT STIRION

February 7

Apolytikion

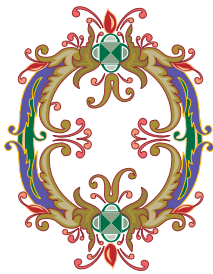
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat-ies guide our life in peace.



THE HOLY GREAT MARTYR THEODORE THE COMMANDER

February 8

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

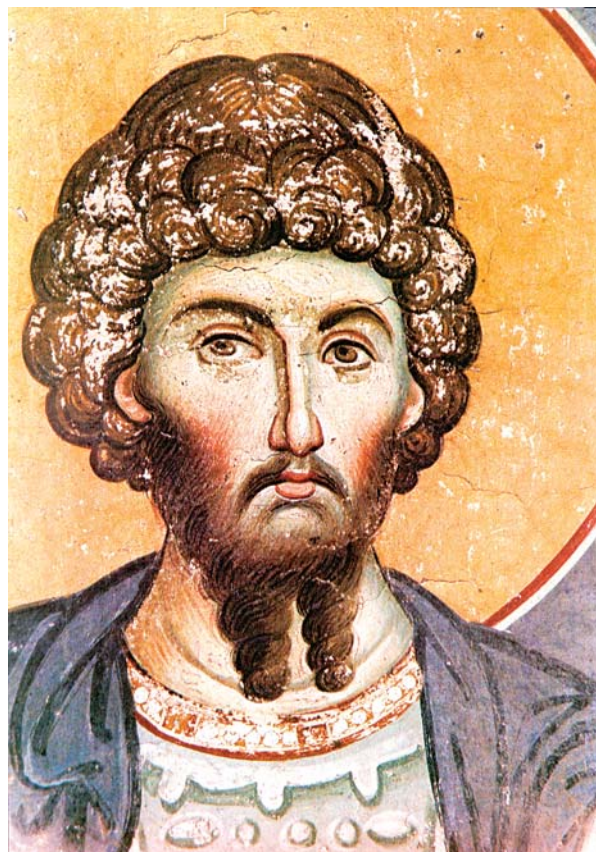
Στρατολογία ἀληθεῖ



(Δ) (B) (M) (Δ) 4
 n truth en - list - - ed___ with the King of the Heav-ens, Δ
 (B) (M) (Δ) 4 (B)
 thou didst be - come___ for___ Him a no - ble com-mand-er, Δ
 (M) (Δ)
 phy - bear - er and Great Mar - tyr The - o - dore. Δ With the weap-on -
 (M) (Δ) (Γ)
 ry___ of faith Δ didst thou arm thy-self wise-ly Δ and didst ut - ter -

ly de-stroy all the hordes of the de - - - mons, as a tri -
 um - phant ath - - lete of the Lord; where-fore we ev - - er do
 faith - ful - ly call thee blest.

SAINT
THEODORE



THE
COMMANDER



THE HOLY PROPHET ZACHARIAS

February 8

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

Proph-et Zach - a - ri - as, O Lord, through him we be - seech Thee to

(M)

save _____ our souls.





THE HOLY MARTYR NICEPHORUS

February 9

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε

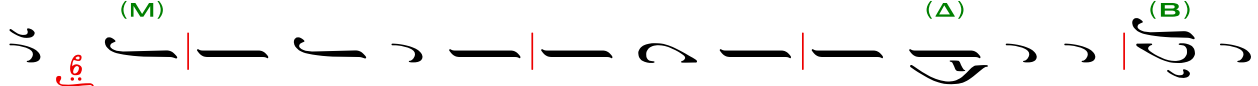


(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee


(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -



 ful.

We must think of what we sing
 rather than allow our mind, seized by extraneous thoughts
 as is often the case, to lose the fruit of our labor. One must sing with a manner
 and melody befitting holy religion; it must not proclaim theatrical
 distress but rather exhibit Christian simplicity in its very
 musical movement; it must not remind one of
 anything theatrical, but rather create
 compunction in the listeners.

- St. Niceta of Remesiana



THE HOLY Hieromartyr HARALAMPUS

February 10

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος ᾠδῆς

Ὡς στύλος ἀκλόνητος



(M) (Δ) (B)
n un - shak - en pil - lar of the Church of Christ God art

(Δ) (M) (Δ)
thou, an ev - er - re - splen - dent lamp, O Ha - ra - lam - pus most

(B) (Δ) (M)
wise, which shin - eth through - out thē earth; in mar - tyr - ic con - test thou hast

(Δ) (B)
shined on the whole world, and thou hast dis - pelled the moon - less night of

ὁ ἱ-δολς. (M) Now bold- ly in- ter- cede (Δ) thou with Christ (B) that we may all

ὁ ἱ-δολς. be saved.



SAINT HARALAMPUS



THE HOLY HIEROMARTYR HARALAMPUS

February 10

Kontakion

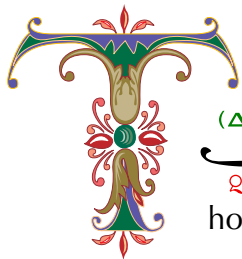
Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ'

Ὡς φωστήρ ἀνέτειλας



(Δ) x q Δ'
 hou didst rise up in the East, a lu - mi - nar - - -
 (Δ) x q Δ' K
 y that en - light - ened faith - - ful men with thy bright shafts of mir - a -
 (Δ) x q Δ' K
 cles, O Ha - ra - lam - pus; hence we re - vere thy god - ly con - -
 test, O Mar - - tyr of sa - - cred fame. Δ'



THE HOLY Hieromartyr Blaise

February 11

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

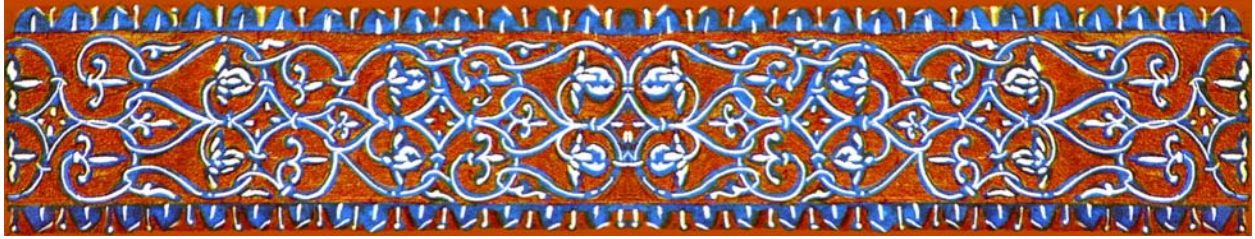
(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al- so con- test for the Faith e- ven un- to blood, ^Δ
^(B) ^(M)
 O Hier- o- mar- tyr Blaise. ⁶ In- ter- cede with Christ our God that our
^(B)
 souls be saved. ⁶



SAINT BLAISE



SAINT THEODORA THE EMPRESS

February 11

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Intonation: #13

Ἦχος λ̣ ᾠ̣ Κε

Δωρεῶν τῶν ἐνθέων



(Κ)

s a right wor-ty name-sake of gifts be-stowed of God, ^ⲕ and

a di - vine - ly wrought im-age of ho - ly wis - dom and faith, ^ⲕ thou

didst make the Church to shine with god - ly pi - e - ty; for thou didst dem -

(Δ)

on-strate to all that the Saints in eve-ry age have shown_ hon-our to



SAINT MELETIUS ARCHBISHOP OF ANTIOCH THE GREAT

February 12

Apolytikion

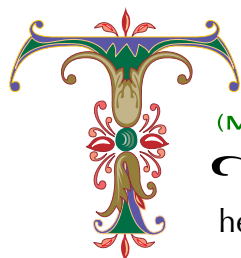
150

Fourth Mode

Intonation: #10

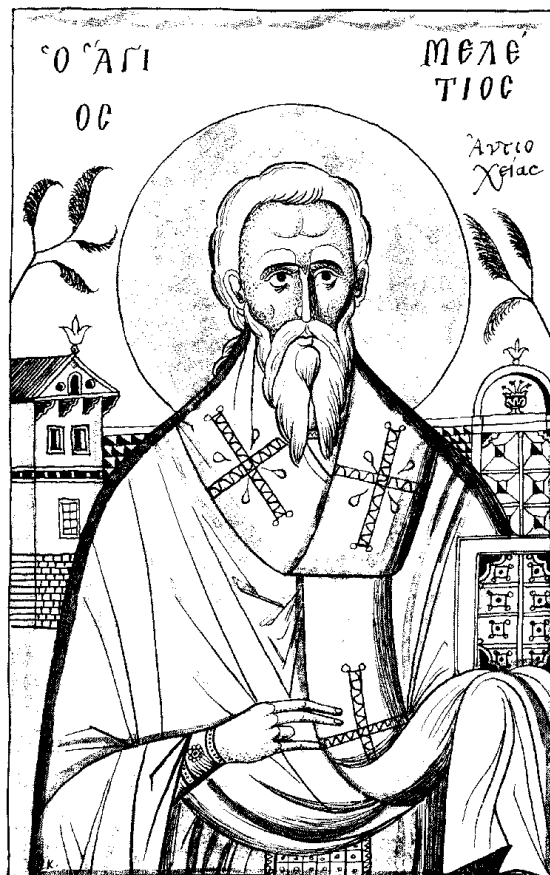
Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Mel - et - - - i - us, in -

ter - cede__with Christ_____ God that our souls be saved.



SAINT MELETIUS



SAINT MARTINIAN OF PALESTINE

February 13

Apolytikion

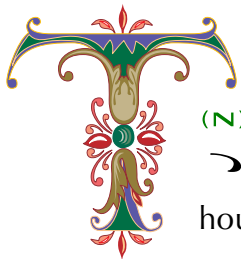
150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Τὴν φλόγα τῶν πειρασμῶν



(N)
 thou didst quench the flame of temp - ta - tion with the streams of thy
 (M) (N)
 tears, O bless-ed Mar - - tin - i - - an; and hav - ing checked the
 (Γ) (N) (M)
 waves of the sea and thē at - tacks of wild beasts, thou didst__ cry out:
 (N)
 Most glo - ri - ous art Thou,__ O Al-might - y One, Δ Who hast saved me

(M)
 from fire and ___ tem - pest.



SAINT MARTINIAN



SAINT SYMEON THE MYRRH-STREAMER

Februaury 13

Apolytikion

Third Mode

150

Intonation: #8

Ἦχος Γα



I - lu - mined by di - vine grace, e - ven af - ter death thou dost
 make man - i - fest the ra - diance of thy life; for thou pour - est forth fra - grant
 myrrh for them that have re - course to the shrine of thy rel - - -
 ics. Thou didst al - so guide thy peo - ple to the light of the knowl -

edge of God. ⁽²⁾ O our Fa - ther Sym - e - on, ^(Γ) en - treat Christ God that we
 be grant - ed___great mer - cy.



SAINTS SABBAS AND SYMEON OF SERBIA



SAINT ALEXANDRUS

February 14

Apolytikion

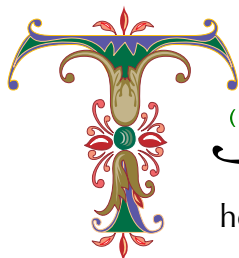
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(π)

hou didst prove to be a cit - i - zen of the des - - ert, an

an - gel in the flesh, and a won - der - work - er, O Au - xen - ti - us, our God -

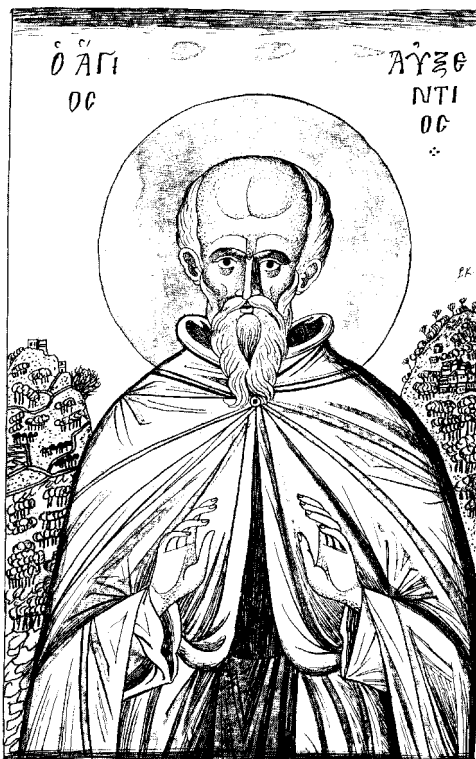
bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

__ heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. π q Glo-ry to Him that hath giv - - en thee

strength. Δ Glo - - ry to Him___ that hath crowned_thee. Δ Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee. π q



SAINT AUXENTIUS



THE HOLY APOSTLE ONESIMUS

February 15

Apolytikion

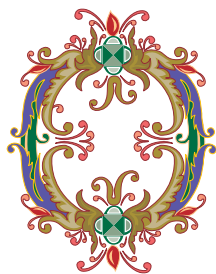
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



(N) ho - ly A - pos - - tle O - nes - i - mus, (Γ) in - ter - cede_ (Π)

__ with the __ mer - ci - ful God (Γ) that He grant un - to our souls for - give - ness of

of - fenc - es. (Γ)



THE HOLY MÀRTYR PÀMPHILUS AND THOSE WITH HIM

February 16

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

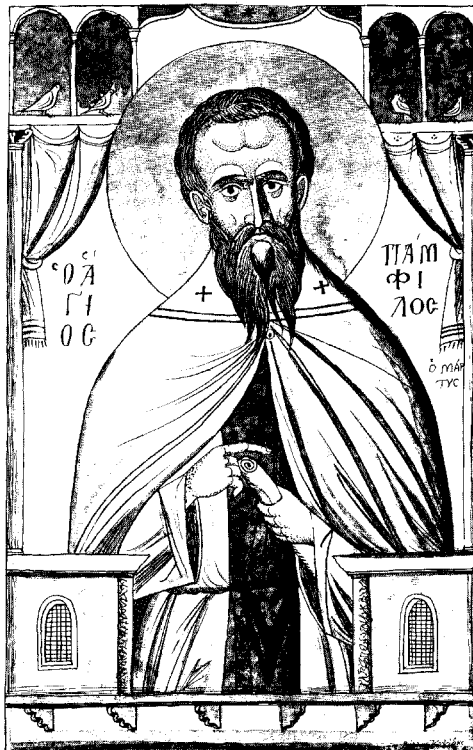
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT PAMPHILUS



THE HOLY GREAT MARTYR THEODORE THE TYRO

February 17

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Μεγάλα τὰ τῆς πίστεως



(M) (Δ)
reat are the a - chieve - ments of faith! In the

(B)
foun-tain of flame, as by the wa-ter of rest, the ho - ly Mar-tyr

(M) (Δ)
The - o - dore re - joiced; for hav - ing been made a whole-burnt of - fer -

(B)
ing in the fire, he was of-fered as sweet bread un-to the Trin - i - ty.



THE TWO SAINT THEODORES



SAINT HERMOGENES PATRIARCH OF MOSCOW

February 17

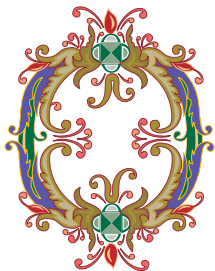
Apolytikion

Fourth Mode

150

Ἦχος Δ'

Intonation: #10



(M)

(B)

first hier - arch of the Rus - sian land and un - sleep - ing man

(M)


of prayer for her, hav - ing laid down thy life for the Faith of Christ

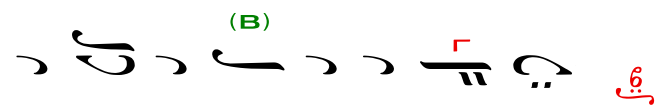
(Δ)

and for thy flock, thou didst make firm the do - min - ion of its sov -

(B)

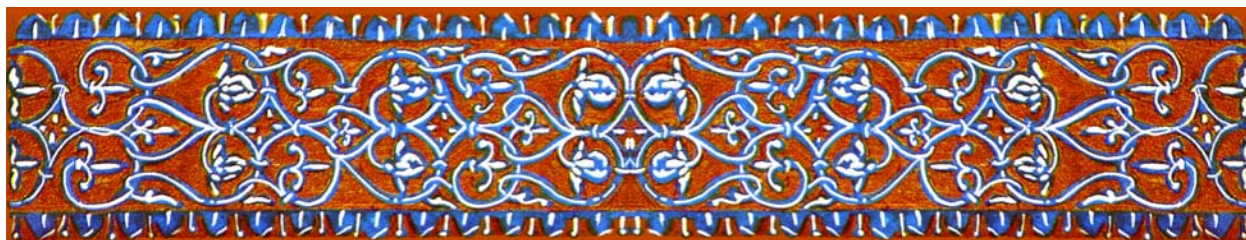
- - - 'reigns and didst de - liv - er thy coun - try from god - less - ness.

(M)

 Where-fore, we cry out to thee: Save us by thy prayers, O Hier - o - mar - tyr

(B)

 Her-mog-en - es our Fa - - ther.

Many times, as I offer praise,
 I am found committing sin; for with my tongue
 I pronounce songs of praise, yet in my soul I think unseemly things;
 but do Thou correct them both through repentance,
 O Christ God, and save me.

- Aposticha of the Praises
 Third Mode, Monday morning



SAINT NICHOLAS PLANAS OF ATHENS

February 17

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Ἦχος λ̣ ᾠ̣ Κε

Intonation: #13



(K)

et us praise our pro-te-or, the god - ly Nich - o-las; as

one en - dowed with blest vir - tue, he shone forth as a true priest

of the Most High God, and was His fer - vent wor - ship-per. For, by his

(Δ)

ho - ly life on earth, he hath left us most sub-lime, di - vine and un -

fail - ing teach-ings ^(K) of long - suf - fer - ing, meek-ness, pa - - tience, un -
 feigned hu - mil - i - ty and God - like ^(M) love.



SAINT NICHOLAS PLANAS



SAINT LEO THE GREAT POPE OF ROME

February 18

Apolytikion

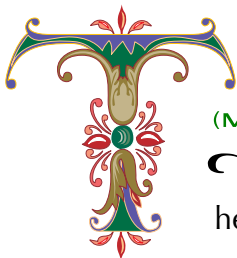
150

Fourth Mode

Intonation: #10

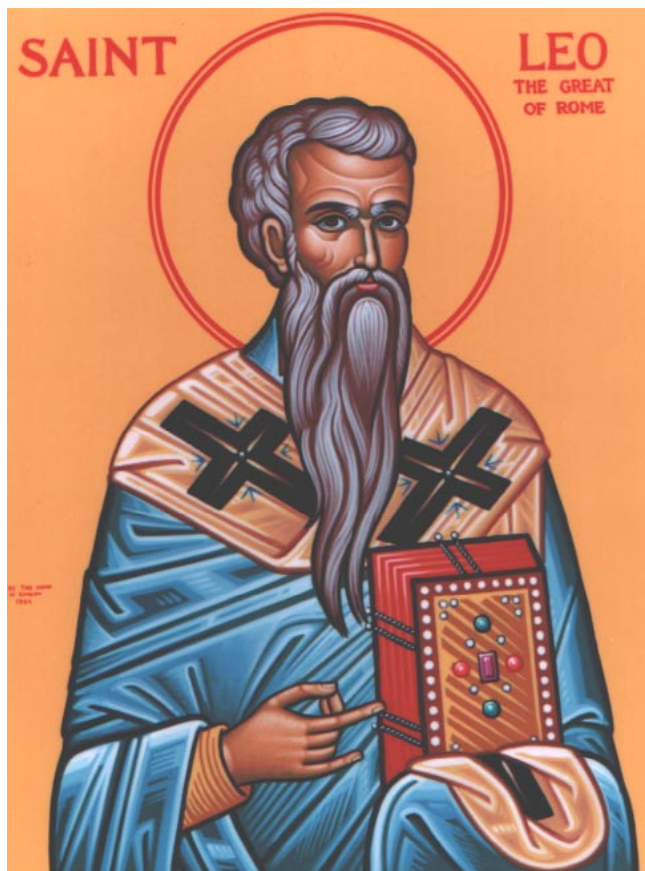
Ἦχος Δ' Δε

Κανόνα πίστεως



(M) (Δ) (B)
he truth of things hath re - vealed thee to thy flock as a rule
(M) (Δ) (B) (M)
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
(Δ) (M) (Δ)
this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
(B) (Δ)
es by pov - er - ty. O Fa - ther and Hier - - arch Le - - - o, in -

6.





THE HOLY APOSTLE ARCHIPPUS

February 19

Apolytikion

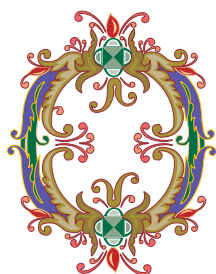
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε

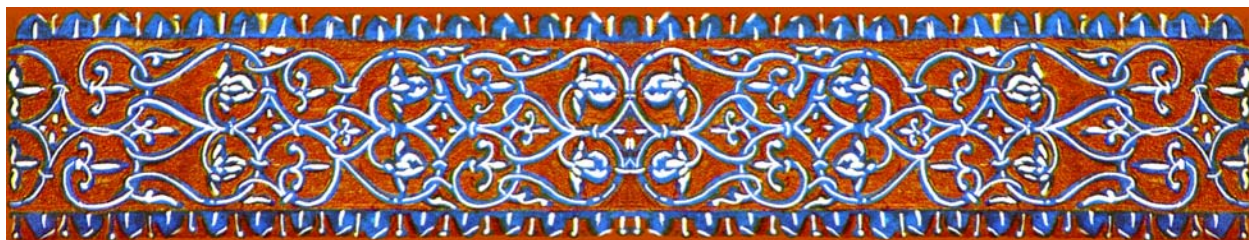


(N) ho - - ly A-pos-tle (Γ) Ar - chip - pus, (Π) in - ter - cede__

with the__ mer - ci - ful God (Γ) that He grant un - to our souls for - give - ness of

of - fenc - es.

150



SAINT PHILOTHEI OF ATHENS

February 19

Apolytikion

Plagal First Mode

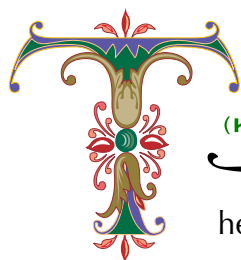
"Let us worship the Word"

150

Intonation: #13

Ἦχος λ π ᾠ Κε

Ἀθηναίων ἡ πόλις



(Κ)

he famed cit - y of Ath - ens doth hon - our Phil - o - thei, the

Right-eous Mar - tyr, whose rel - ics it now re - ver - eth with joy; for

while liv - ing in so - bri - e - ty and ho - li - ness, she hath ex - changed

(Δ)

all earth - ly things for thē ev - er - last - ing life through great con - tests as

a Mar-tyr; and she en-treat-eth the Sav- - - iour to grant His

mer-cy un-to all of___ us.



SAINT PHILOTHEI



SAINT LEO BISHOP OF CATANIA IN SICILY

February 20

Apolytikion

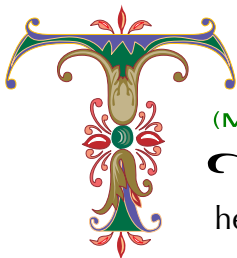
150

Fourth Mode

Intonation: #10

Ἦχος Δϛ Δε

Κανόνα πίστεως



(M) (Δ) (B)
he truth of things hath re - vealed thee to thy flock as a rule
(M) (Δ) (B) (M)
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
(Δ) (M) (Δ)
this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
(B) (Δ)
es by pov - er - ty. O Fa - ther and Hier - - arch Le - - - o, in -

ter - cede__with Christ_____ God that our souls be saved.

O the wise invention of the teacher who contrives that in our singing we learn
 what is profitable, and that thereby doctrine is somehow more deeply
 impressed upon our souls! What is learned under duress tends
 not to be retained, but what suavely ingratiate itself
 somehow adibes within our souls more steadfastly.

- St. Basil the Great



SAINTS TIMOTHY OF SYMBOLA AND EUSTATHIUS BISHOP OF ANTIOCH THE GREAT

February 21

Apolytikion

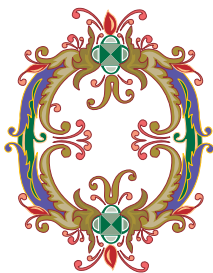
150

Fourth Mode

Intonation: #10

Ἦχος Δ' ᾠδὴ

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat-ies guide our life in peace.





THE FINDING OF THE PRECIOUS RELICS OF THE HOLY MARTYRS IN THE QUARTER OF EUGENIUS

February 22

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -
 ful.

To recite the psalms with melody is not done from a desire for pleasing sound,

but it is a manifestation of harmony among the thoughts of the soul.

And melodious reading is a sign of the well-ordered

and tranquil condition of the mind.

- St. Athanasius the Great



THE HOLY HIEROMARTYR POLYCARP BISHOP OF SMYRNA

February 23

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ
^(B) ^(M)
 O Hier - o - mar - tyr Pol - y - carp. ⁶ In - ter - cede with Christ our God
^(B) ⁶
 that our souls be saved.



SAINT POLYCARP



THE FIRST AND SECOND FINDING OF THE VENERABLE HEAD OF THE FORERUNNER

February 24

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

Ἐκ γῆς ἀνατείλασα



he Fore - run - ner's sa - cred head, hav - ing dawned forth from the
earth, doth send in - cor - rup - tion's rays un - to the faith - ful, where -
by they find heal - ings of their ills. From on high he gath - er - eth the
choirs of the An - gels and on earth he sum - mon - eth the whole race of

̣̣ | ̣̣ ^(M) ̣̣ | ̣̣ ̣̣ | ̣̣ ̣̣ | ̣̣ ̣̣ | ̣̣ ̣̣ | ̣̣ ^(Δ) ̣̣ ̣̣ | ̣̣ ^(B) ̣̣ |
 man-kind, that they with one voice might send up glo - ry to Christ our

̣̣ ^(B)
 God.





THE FIRST AND SECOND FINDING OF THE VENERABLE HEAD OF THE FORERUNNER

February 24

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Προφήτα Θεοῦ



(M)

(Δ)

ince we have ob - tained thy head as a most sa - - cred rose

(B)

(M)

from out of thē earth, O Fore - run - ner of grace___ di-vine, we

re - ceive sure heal-ings in eve - ry hour, O Proph-et of God___ the

(Δ)

(B)

(M)

Lord; for a - gain, now as for-mer-ly, thou preach - est re - pen-tance

un - to all _____ the world. 





SAINT TARASIVS ARCHBISHOP OF CONSTANTINOPLE

February 25

Apolytikion

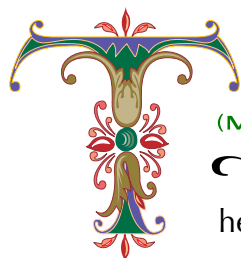
150

Fourth Mode

Intonation: #10

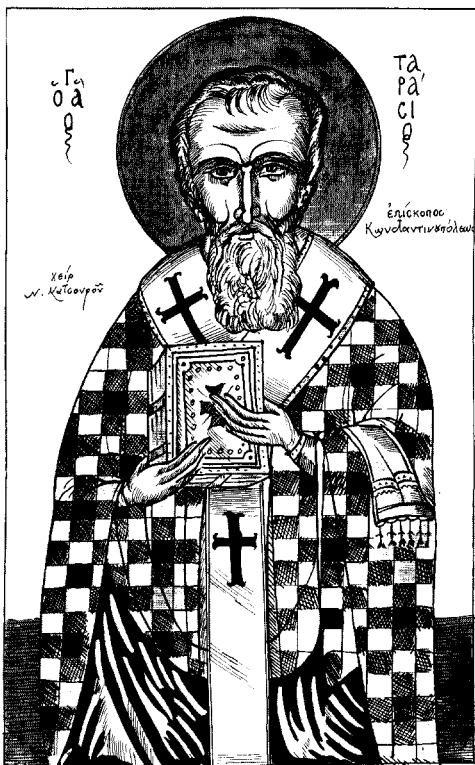
Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Ta - ra - - si - us, in -

6.



SAINT TARASIVS



SAINT PORPHYRIUS BISHOP OF GAZA

February 26

Apolytikion

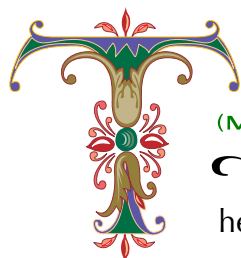
150

Fourth Mode

Intonation: #10

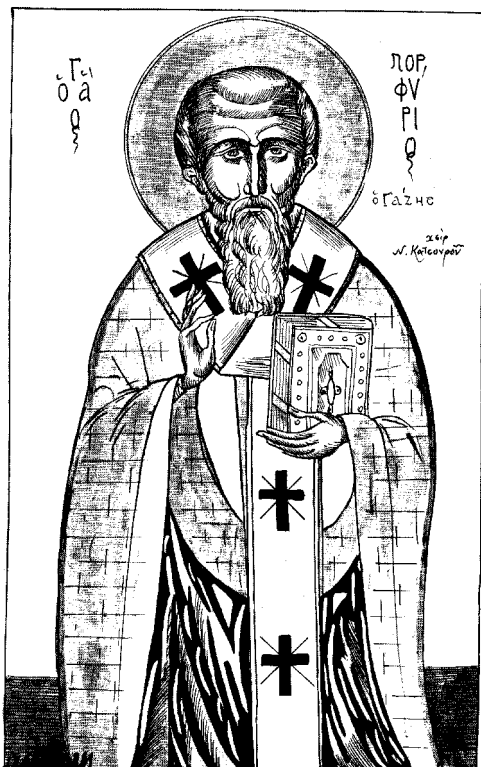
Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Por - phyr - - i - us, in -

6.



SAINT PORPHYRIUS



SAINT PHOTINE THE SAMARTIAN WOMAN

February 26

Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8



Il il - lu - - mined by the Ho - ly Spir - it, thou
 didst drink___with great and ar - dent long - ing of the wa - - ters Christ
 Sav - - iour gave___un - to___thee; and with the streams of sal - va - -
 tion wast thou re - freshed, which thou a - bun - dant - ly gav - - est to___

those a - - thirst. O Great Mar-tyr and true peer of A-pos-tles, Pho-ti -
 ne, en - treat Christ God to grant great mer - cy un - - to us.



SAINT PHOTINE THE SAMARITAN WOMAN



SAINT PROCOPIUS OF DECAPOLIS THE CONFESSOR

February 27

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N)
ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N)
bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π)
the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N)
thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^Δ q O Pro - co - pi - us our right - eous ^(M) Fa - ther. ^(Γ) In -
 ter - cede with Christ God that our ^(N) ^(M) ^(Γ) souls be ^σ saved.

O sleepless nights, with the singing of psalms,
 and with standing which lasts from one day to the next!
 O David, only for these faithful souls [the nuns],
 have you not sung too long!

-St. Gregory of Nazianzus



SAINT BASIL FELLOW ASCETIC OF ST. PROCOPIUS

February 28

Apolytikion

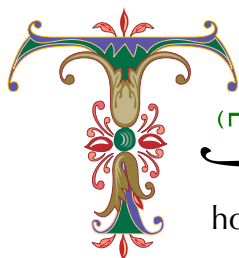
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an an -

gel in the flesh, and a won - der - work - - er, O Ba - - sil, our God -

bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

__ heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. π q Glo-ry to Him that hath giv - - en thee

strength. Δ q Glo - - ry to Him___ that hath crowned_thee. Δ q Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee.

π q





SAINT JOHN CASSIAN

February 29

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
 (Γ) (N)
 it pass - eth a - way, Δ but to at - tend__ to__ the soul since it

^(M)
 is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous John, thy spir - it re -
^(M)
 joic - eth with thē___ An - gels.

When, therefore, they [the monks of Egypt]
 come together to conduct the aforementioned services,
 which they call synaxes, all maintain such silence that even though
 so great a number of brethren assemble, one would believe
 no man to be present except he who rises
 in their midst to sing the psalm.

- St. John Cassian



March





THE HOLY RIGHTEOUS MARTYR EUDOCIA THE SAMARITAN

March 1

Apolytikion

150

Plagal Fourth Mode

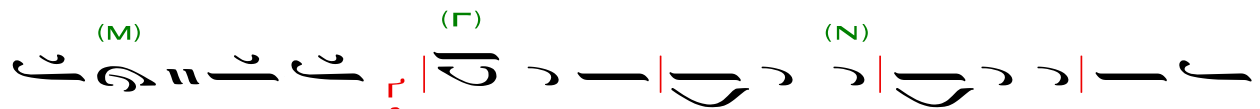

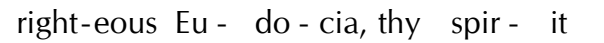
Intonation: #25




Ἦχος λ ρ Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; ρ for tak - ing up thy cross, thou didst fol - low Christ, and Δ ρ
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ρ for
 (Γ) (N)
 it pass - eth a - way, Δ ρ but to at - tend__ to__ the soul since it

^(M)

 is im - - mor - tal.  Where-fore, O 
 right-eous Eu - do - cia, thy spir - it

^(M)

 re - joic - eth with the  An - gels. 

Quality in psalmody and prayer consists in praying with the spirit and the nous.

One prays with the spirit only when, as he prays and chants,
 he is attentive to the content of the holy writings,
 and thus raises his heart to divine thoughts.

- Nikitas Stithatos



THE HOLY MARTYR HESYCHIUS

March 2

Apolytikion

Fourth Mode

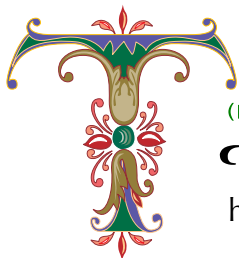
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT HESYCHIUS



THE HOLY MARTYRS EUTROPIUS, CLEONICUS, AND BASILISCUS

March 3

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε




(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee


(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci -



 ful.

Recite the words of psalmody as your very own,
 that you may utter the words of your supplication
 with insight and with discriminating compunction,
 like a man who truly understands his work.

- St. Isaac the Syrian



SAINT GERASIMUS OF THE JORDAN

March 4

Apolytikion

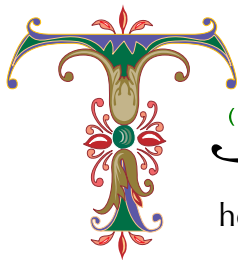
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an

an - gel in the flesh, and a won - der - work - er, O Ger - as - i - mus, our God -

bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. π ϩ Glo-ry to Him that hath giv - - en thee

strength. Δ ϩ Glo - - ry to Him___ that hath crowned_thee. Δ ϩ Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee. π ϩ



SAINT GERASIMUS



THE HOLY MARTYR CONON

March 5

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

If one were to put
all of the world's most precious
things on one side of a scale, and the
Divine Liturgy on the other, the scales
would tip completely in favor of the Liturgy.

- St. John of Kronstadt



THE HOLY FORTY-TWO MARTYRS OF AMORION

March 6

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

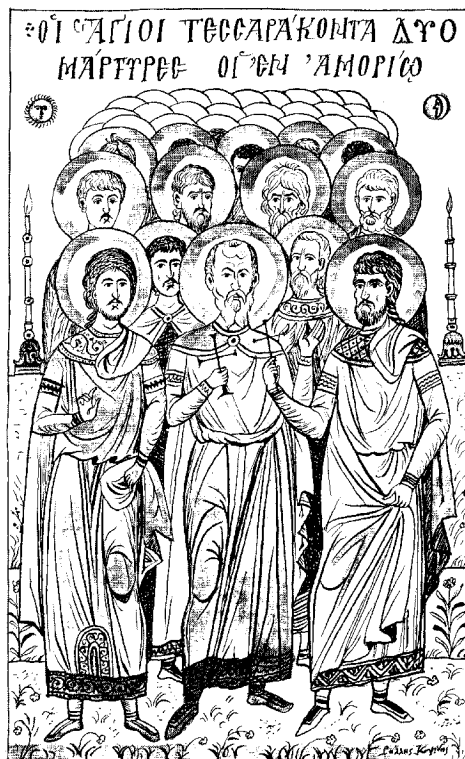
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.



THE HOLY FORTY-TWO
MARTYRS OF AMORION



THE HOLY MARTYRED BISHOPS OF CHERSON BASILEUS, EPHRAIM, EUGENE, CAPITO, ÆTHERIUS, AGATHODORUS, AND ELPIDIUS

March 7

Apolytikion

150

Plagal First Mode

Intonation: #13

Ἦχος λ̣ ᾠ̣ Κε

Τὰ θαύματα τῶν ἁγίων σου



(Κ)

ince Thou hast giv - en us the mir - a - cles of Thy ho - ly Mar -

- tyrs as an in - vin - - ci - ble bat - tle - ment, by their en - treat -

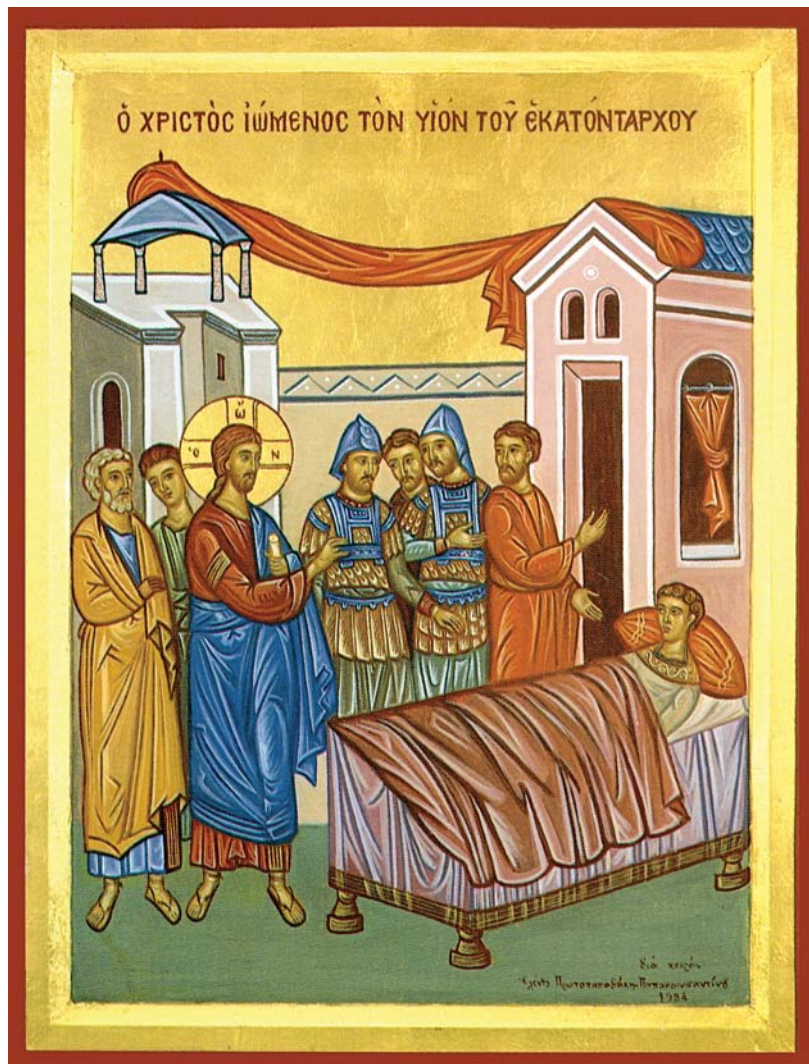
ies scat - ter the coun - sels of the hea - - - then, O Christ our God, and

strength - - en the faith of Or - tho - dox Chris - - tians, since Thou a - lone

(M)

art good___ and the Friend of___ man. ✠

CHRIST HEALING THE SON OF THE CENTURION





SAINT THEOPHYLACT THE CONFESSOR BISHOP OF NICOMEDIA

March 8

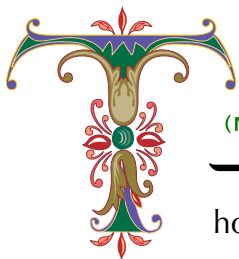
Apolytikion

Plagal Second Mode

150

Ἦχος λ π Β̅ϛ̅

Intonation: #17



(M)

(Δ)

hou didst live a life___ hid - den___ in God, O all-famed The -

(B)

(M)

(Δ)

o - phy - lact, but Christ re - vealed thee un - to all as a shin - ing

(B)

light set up - on the spir - i - tu - al lamp - - - stand, and He placed

(M)

in thy hands the tab - lets of the Spir - it's doc - - - trines; where -

(B) (M)
 by do thou en-light - - - en us.



Be not drunk with wine, wherein is debauchery, but be filled with the Spirit,
 speaking to one another in psalms and hymns and spiritual songs,
 singing and making melody in your heart to the Lord.

Ephesians 5:18-19



THE HOLY FORTY MARTYRS OF SEBASTIA

March 9

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ♪ Πα

Τὰς ἀλγηδόνας



(π)

e Thou en - treat - ed for the sake of the suf - fer - ings of

Thy Saints which they en-dured for Thee, O Lord, and do Thou heal all

our pains, we pray, O Friend of man.

π
9



THE HOLY FORTY MARTYRS OF SEBASTIA

March 9

Kontakion

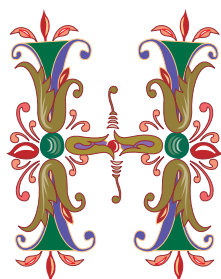
150

Plagal Second Mode

Intonation: #17

Ἦχος λ π̣ Ḅ

Πᾶσαν στρατιάν



(B)

av - ing left eve - ry mil - i - tar - y ar - ray of the

(M)

world, ye cleaved un - to the Mas - ter Who is in the Heav - - ens,

(Δ)

(B)

(M)

O For - ty Prize-win - ners of the Lord; for hav - ing passed through fire

(Δ)

and wa - ter, O bless - - - ed ones, ye right - ly re - ceived glo - ry_



THE HOLY MARTYR QUADRATUS AND THOSE WITH HIM

March 10

Apolytikion

Fourth Mode

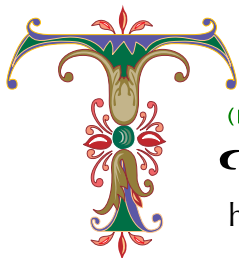
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT QUADRATUS



SAINT SOPHRONIUS ARCHBISHOP OF JERUSALEM

March 11

Apolytikion

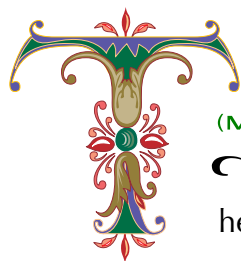
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch So - phro - - ni - us, in -

ter - cede__with Christ_____ God that our souls be saved.



SAINT SOPHROMIUS



SAINT GREGORY THE GREAT POPE OF ROME

March 12

Apolytikion

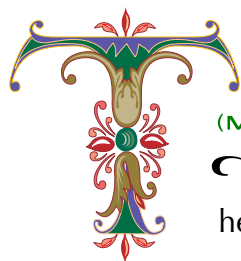
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - - arch Nich - - o - las, in -

ter - cede__with Christ_____ God that our souls be saved.



ST. GREGORY THE GREAT
SENDING ST. AUGUSTINE TO ENGLAND



SAINT THEOPHANES THE CONFESSOR

March 12

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and___
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired___
(M) (N)
a - dorn - ment of mo - - nas - tics, ς O wise The - o - phan - es, by
(M)
thy teach - ings thou hast en - light - ened all, O harp of the___ Spir - it. ς

(Г) (N) (M) (Г)
 In - ter - cede with Christ God that our___ souls be___ saved.

Г
 8



ST. THEOPHANES
 THE CONFESSOR



SAINT SYMEON THE NEW THEOLOGIAN

March 12

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Θείαν ἔλλαμνιν



(Γ) (N) (Γ) (N)
ince thou hadst___ re-ceived with - in thy pure soul ^Γ God's en -

(Γ) (N)
light - - en-ment, O right-eous Fa - ther, ^Γ thou wast shown___ to the

(N) (N)
world___ as a___ blaz-ing___ light ^π which drave a - way its thick dark - -

(Γ) (N)
ness and moved all men ^π to seek the grace of the Spir - - it which___

they had__ lost. ^(Γ) O all - ho - ly Fa - ther Sym - e - on, in - ter - cede with
Him ^(N) to grant great mer - cy un - to us who hon - - our__ thee. ^(Γ)



ST. SYMEON THE NEW THEOLOGIAN
AND ST. SYMEON THE PIOUS



THE TRANSLATION OF THE RELICS OF SAINT NICEPHORUS ARCHBISHOP OF CONSTANTINOPLE

March 13

Apolytikion

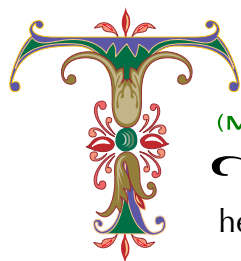
Fourth Mode

150

Intonation: #10

Ἦχος Δε

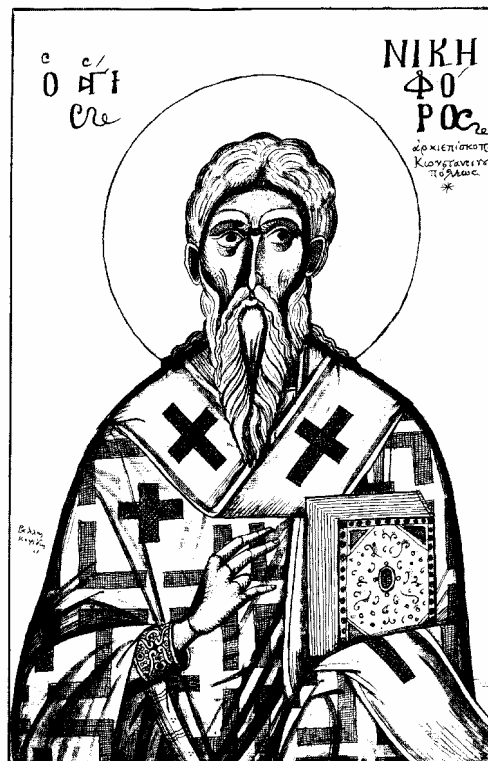
Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
es by pov - er - ty. O Fa - ther and Hier - arch Ni - ce - - for - us, in -

ter - cede__with Christ_____ God that our souls be saved.

6.



SAINT NICEPHORUS



SAINT BENEDICT

March 14

Apolytikion

150

Plagal Fourth Mode

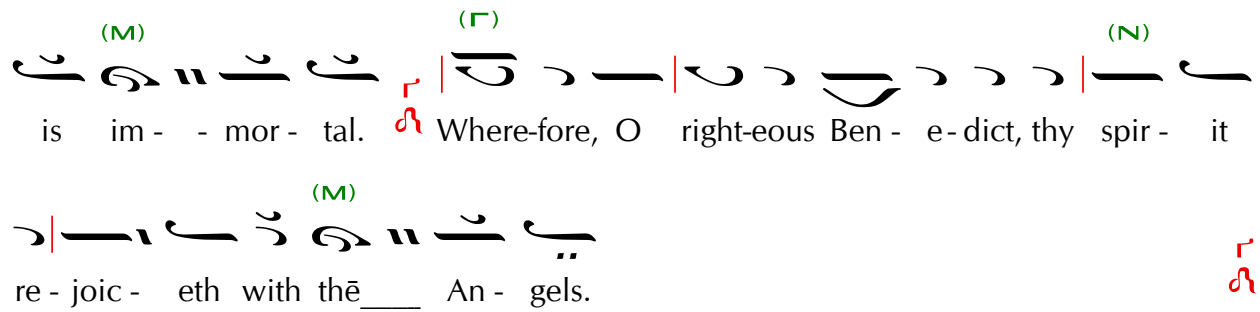
Intonation: #25

Ἦχος λ̣ ϣ̣ Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Fa - ther; ϣ̣ for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ϣ̣ for
 (Γ) (N)
 it pass - eth a - way, Δ̣ but to at - tend__ to__ the soul since it



We believe that God is present everywhere and that "the eyes of the Lord look upon good men and evil in every place"; but we must believe without a shadow of doubt that this is especially so when we assist at the Divine Office. Therefore, let us always be mindful of what the prophet says: "Serve the Lord in fear"; and again, "Sing psalms wisely"; and, "I will sing to Thee in the sight of the angels". Hence we must consider how we are to behave ourselves in the sight of the Divinity and of His angels, and let us so stand to sing, that our mind may be in harmony with our voice.



THE HOLY APOSTLE ARISTOBULUS OF THE SEVENTY

March 15

Apolytikion

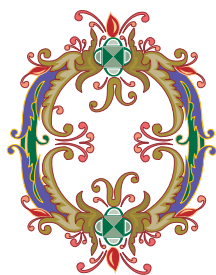
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - ly A - pos - tle A - ri - sto - bu - lus, in - ter - cede_

_ with the _ mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.



SAINT AGAPIUS AND THOSE WITH HIM

March 15

Apolytikion

First Mode (soft chromatic)
"The soldiers standing guard"

150

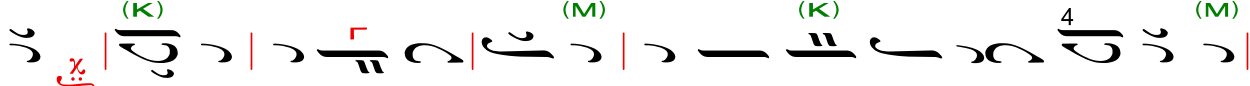

Intonation: #4

Ἦχος ᾠ̣ Κε

Τοὺς μάρτυρας Χριστοῦ



et all of us en - treat Christ the Lord's ho - ly Mar - tyr,
for they make sup - pli - ca - - tion for our souls'__sal - va - tion; with
faith and with long - - ing, there - fore, let us draw__nigh un - - - to
them, for____they o - - ver - flow with the di - vine grace__of heal -


 ings, and they drive___ a - way the ranks of de - mons__ in ter - ror, as

 guard - i - ans of the Faith.

Just as swine run to a place where there is mire
 and bees dwell where there are fragrances and incense,
 likewise demons gather where there are carnal songs and the
 grace of the Holy Spirit settles where there are
 spiritual melodies, sanctifying
 both mouth and soul.

- St. John Chrysostom



THE HOLY MARTYR SABINE OF EGYPT

March 16

Apolytikion

Fourth Mode

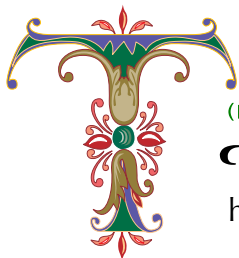
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

In all places and at all seasons you may sing with the mind.
 For whether you walk in the market place, or begin a journey,
 or sit down with your friends you may rouse up your mind or call
 out silently. So also Moses called out, and God heard him. If you are
 an artisan, you may sing sitting and working in your shop. If you are
 a soldier, or if you sit in judgment, you may do the very same.

One may also sing without voice, the mind resounding
 inwardly. For we sing, not to men, but to God,
 who can hear our hearts and enter into
 the silences of our minds.

- St. John Chrysostom



SAINT CHRISTODULUS OF PATMOS

March 16

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

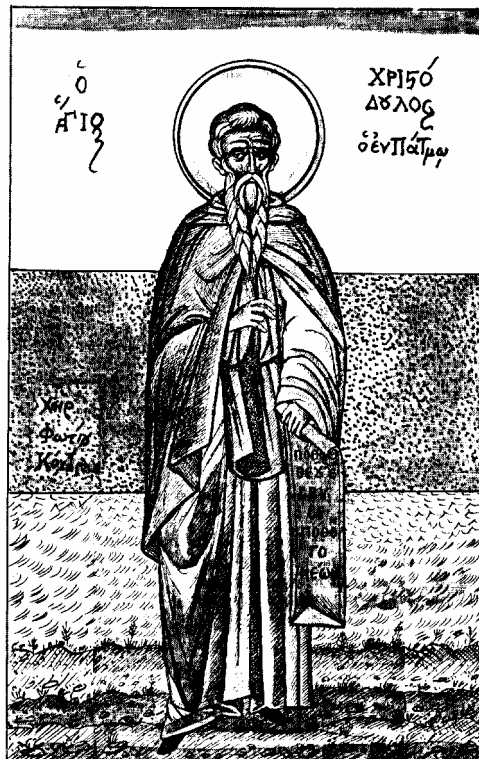
Ἦχος λ π ς Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the flesh, ς for
 (Γ) (N)
 it pass - eth a - way, ς but to at - tend____ to____ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Chris - to - du - lus, thy spir -
 it re - joic - eth with thē ____ An - gels.



SAINT CHRISTODULUS



SAINT ALEXIS THE MAN OF GOD

March 17

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

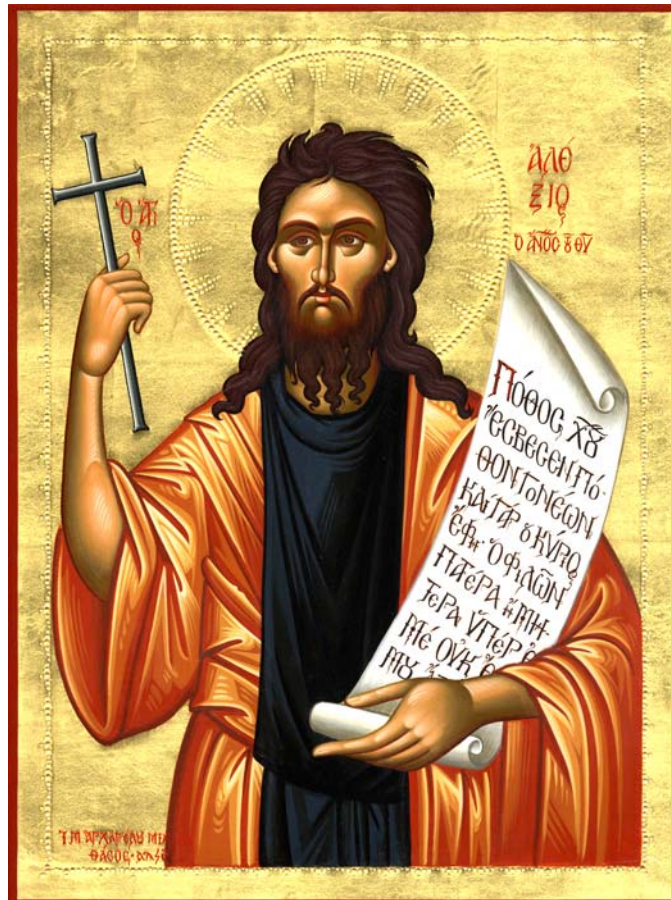
Ἦχος Δ

Ἐκ ρίζης ἐβλάστησας



(M) (Δ) (B)
 though thou didst bud forth from a re-nowned and no - ta - ble root,
 (Δ) (M) (Δ)
 and though thou didst blos-som from a cit - y famed for her great
 (B) (Δ) (M) (Δ)
 im - pe - ri - al dig - ni - ty, yet didst thou scorn all things as cor - rupt -
 (B)
 i - ble and fleet - ing, striv - ing to be joined to Christ thy Mas - ter

for ev - er. ^(M) En - treat him, O A - lex - is most wise, ^(Δ) fer - vent - ly ^(B) for
 our souls.



SAINT ALEXIS THE MAN OF GOD



SAINT PATRICK THE ENLIGHTENER OF IRELAND

March 17

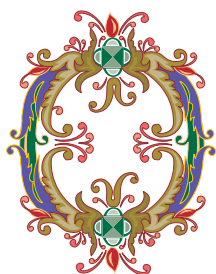
Apolytikion

Third Mode

150

Intonation: #8

Ἕχος Γα



(N) Ho - ly Hier - arch, e - qual of thē A - pos - tles, Saint

(N) Pat - rick, won - der - work - er and en - light - en - er of Ir - e - - land:

(N) In - ter - cede with the mer - ci - ful God, that He grant un - to our

souls for - give - ness of of - fenc - es.

150



SAINT CYRIL ARCHBISHOP OF JERUSALEM

March 18

Apolytikion

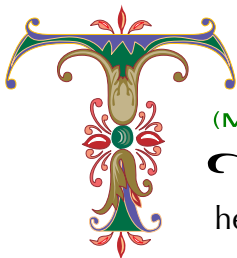
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
es by pov - er - ty. O Fa - ther and Hier - - arch Cyr - - il, in -

ter - cede__with Christ_____ God that our souls be saved.

٦



SAINT CYRIL OF JERUSALEM



THE HOLY MARTYRS CHRYSANTHUS AND DARIA

March 19

Apolytikion

Fourth Mode

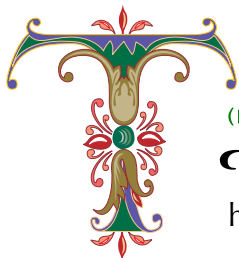
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINTS CHRYSANTHUS AND DARIA



THE FATHERS OF THE MONASTERY OF SAINT SABBA WHO WERE KILLED BY THE SARACENS

March 20

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀθλοφόροι Κυρίου

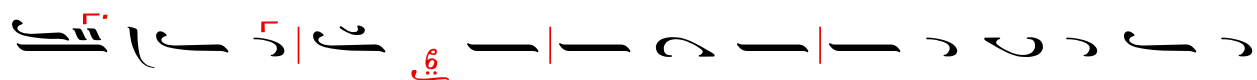


(M) less-ed is thē earth (Δ) that drank your blood, O prize-win-ners

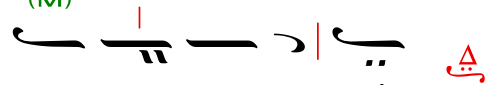
of the Lord, (M) and ho - ly are the tab - er - na - cles that re - ceived your spir - (B)

(M) - - - its; for in the sta - di - um ye tri-umphed o - ver

(Δ) thē en - - - e - my, and ye pro-claimed Christ with bold - (B) - - -



 - - - - - ness. Be - seech Him, we pray, since He is good, to

(M)
 

 save _____ our souls.

What state can be more blessed
 than to imitate on earth the choirs of angels?
 to begin the day with prayer, and honor our Maker with
 hymns and songs? As the day brightens, to betake ourselves, with
 prayer attending on it throughout, to our labors, and to
 season our work with hymns, as food with salt?
 The consolation from hymns produces a
 state of soul that is cheerful
 and free of sorrow.

- St. Basil the Great



SAINT CUTHBERT THE WONDERWORKER BISHOP OF LINDISFARNE

March 20

Apolytikion

Third Mode

150

Ἦχος Γα

Intonation: #8



(N) hile still in thy youth thou didst lay a-side all world - ly

(Γ) care and didst take up the sweet yoke of Christ, O god - ly mind - ed

(N) Cuth - bert, and thou wast shown forth in truth to be no - bly ra - di -

(Γ) ant in the grace of the Ho - ly Spir - it. Where - fore, God es -

(r)
 tab - lished thee as a rule of faith and shep-herd of His ra - tion - - al
 flock, O con - vers - er__with An - - gels and in - ter - ces - - sor
 for men.





SAINT JAMES THE CONFESSOR

March 21

Apolytikion

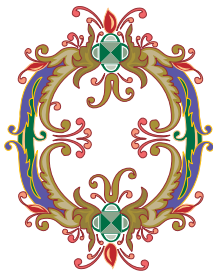
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M) God of our Fa-thers, ev - er deal - ing__with us ac -

(B) (M) cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ) (B) by their en - treat-ies guide our life in peace.



THE HOLY HIEROMARTYR BASIL PRESBYTER OF THE CHURCH OF ANCYRA

March 22

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(A) thou didst al - so con - test for the Faith e - ven un - to blood, ^(A)
 O Hier - o - mar - tyr Ba - - sil. ^(B) ^(M) In - ter - cede with Christ our God ^(B)
 that our souls be saved. ^(B) ^(B)

When you worship God with hymns,
 you should be worshipping Him with your entire
 being: your voice should sing; your heart should also
 sing; and your life should also sing. Everything should sing!

- Blessed Augustine



SAINT NICON AND HIS 199 DISCIPLES

March 23

Apolytikion

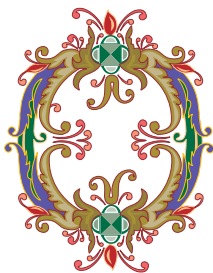
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat-ies guide our life in peace.





THE FOREFEAST OF THE ANNUNCIATION

March 24

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Σήμερον τῆς παγκοσμίου



(M) o - day the pre-ludes of (Δ) u - ni - ver - sal joy move us to (B)

(Δ) sing the pre - fes - tal hymn; for be - hold, Ga - bri - el com - - -

(B) eth, bring-ing the good tid - ings to the Vir - gin, and shall cry⁴ to her:

(Δ) Re - jice, thou who art full of grace; the Lord is with (B) thee.

* Finale:

(B) (Г) (Δ)
 grace; the Lord is with _____ thee. _____
 4





THE FOREFEAST OF THE ANNUNCIATION

March 24

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Ἐπελεύσει Πνεύματος



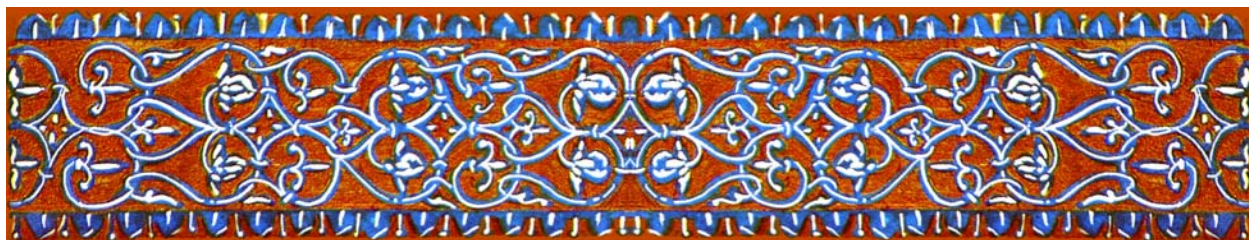
(Δ) — — — — — (Κ)
t the great Arch - an - - gel's voice, O The - o - to - -

(Δ) — — — — — (Κ)
- - kos, the All - ho - ly Spir - - it came up - on thee and thou

(Δ) — — — — —
didst_ con - ceive Him that is one in es - - sence and throne with

(Π) (Μ) — — — — —
God the Fa - - ther, O Ad - - am's re - cov - er - y. _____

Δ



SAINT TIKHON PATRIARCH OF MOSCOW

March 24

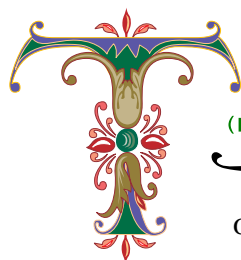
Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Ἦχος λ̣ ᾠ̣ Κε

Intonation: #13



(Κ)

o the new world sent forth as a shep-herd of the flock, thou

wast called back to the old, to take up the Cross as a staff and

from wolves and faith-less shep-herds to de-fend the Church; and af-ter

(Δ)

thee, the sheep of Christ knew no shep-herd to be true who kept not thy

۷۰



SAINT TIKHON, PATRIARCH OF MOSCOW



THE ANNUNCIATION OF THE THEOTOKOS

March 25

Apolytikion

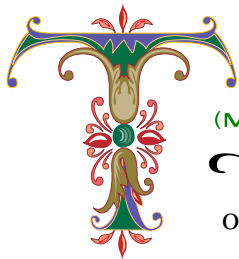
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Σήμερον τῆς σωτηρίας



(M) (Δ) (B)
 o - day is the foun - tain - head of our sal - va - - - tion
 (M) (Δ) (B)
 and the man - i - fes - ta - tion of the mys - ter - y which was from e -
 (M) (Δ)
 ter - ni - ty. The Son of God be - com - eth the Vir - gin's Son and
 (B) (M)
 Ga - bri - el an - nounc - eth the good ti - dings of grace; for this cause, let

us cry to the Moth-er__ of God with him: Re-joice, thou who

art full of grace; the Lord is with_____ thee.

* Finale:

grace; the Lord is with_____ thee._____





THE ANNUNCIATION OF THE THEOTOKOS

March 25

Kontakion

Plagal Fourth Mode

150



Intonation: #24

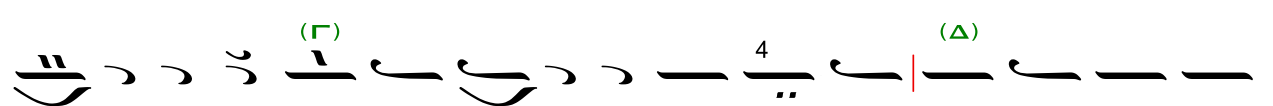
Ἦχος λ π ς Νη




Τὸ προσαχθέν



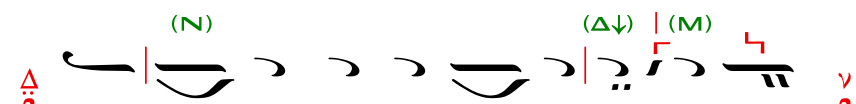

hen the bod - - i - less one__ learned the se - cret__ com -
mand, in haste he came__ and stood be - fore__ Jo - seph's dwell - - -
ing, and spake un - to the Maid - - en who__ knew not wed - lock: The
One__ Who hath bowed the Heav - - ens by His des - cent is held_


 __ and con - tained un - chang - - ing whol - ly in thee.  See - ing Him re -


 ceiv - ing the form of a ser - vant in thy womb, I stand in awe and


 cry to __ thee:  Re - joice, thou Bride un - wed - ded. 

* Finale:


 Re - joice, thou Bride un - wed - - ded. _____ 

Those who chant should offer their psalmodes with great care to God,
 Who looks into the hidden recesses of the heart, i.e., into
 the psalmody and prayer that are done mentally
 in the heart rather than uttered
 in external cries.



THE ANNUNCIATION OF THE THEOTOKOS

March 25

Another Kontakion

150

Plagal Fourth Mode

Intonation: #24

Ἦχος λ π ς Νη

Τῇ Υπερμάχῳ



o thee, the Cham - - pion Lead - er, we thy flock ded - i - cate
a feast of vic - - to - ry and of thanks - giv - ing, as ones res -
cued out of suf - f'rings, O The - - o - to - kos. But as thou__ art one
with might which is in - vin - ci - - ble, from all dan - gers that can

— — — — — ^(Δ) — — — — — ⁴ * ^(N)
 be do thou de - liv - er us, ^γ that we may cry to__ thee: Re - joice, thou

— — — — — ^γ
 Bride un - wed - ded. ^γ

* Finale:

^(N) ^(Δ↓) | ^(M) ^γ
 Re - joice, thou Bride un - wed - - ded. _____ ^γ





THE SYNAXIS OF THE ARCHANGEL GABRIEL

March 26

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Ἀ Δ ε

Τῶν οὐρανίων στρατιῶν



u - preme Com - mand - - er___ of the Hosts of the Heav-ens,
we, thē un - wor - - thy,___ im - por - tune and be - seech thee that by
thy sup - pli - ca - tions thou en - cir - cle us in the shel - ter of
the wings___ of thine im - ma - te - ri - al glo - ry, guard - ing us who now

(B)
 fall down and cry to thee with fer - - - - - vour: De - liv - er us
 (M) (Δ)
 from dan - gers of all kinds, as the great mar - - shal of the heav -
 (B)
 en - ly hosts on high.





THE SYNAXIS OF THE ARCHANGEL GABRIEL

March 26

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀρχιστράτηγε Θεοῦ



(M)

(Δ)

u-preme Com-mand - - er of God and min - is - ter of the Di -

(B)

vine__ glo - - - - ry, guide of men and lead - er of the bod - i -

(M)

less hosts: Ask for what is to our prof - it and for great mer - - - cy,

(Δ)

(B)

(M)

since thou art Su-preme Com-mand-er of the bod - i - less hosts.



THE HOLY MARTYR MATRONA OF THESSALONICA

March 27

Apolytikion

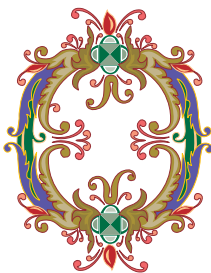
Fourth Mode (hard chromatic)
"Joseph was amazed"

150



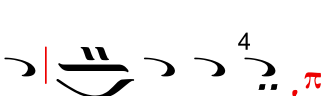

Intonation: #19

Ἦχος Δι

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
now con - test, and with Thy bap - tism am cru - ci - fied and bur - -
ied. I suf - fer for Thy sake, that I may reign with

Thee;  for___ Thy___ sake___ I die, that I may live___ in___
 Thee:  ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice.  Lord, save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. 

It is a great accomplishment to pray without distraction,
 but it is even greater to chant without distraction.

- Evagrius the Solitary



SAINT HILARION THE NEW

March 28

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
 (Γ) (N)
 it pass - eth a - way, Δ but to at - tend__ to__ the soul since it

(M) (Γ) (N)
 is im - - mor - tal. Where-fore, O right-eous Hil - a - ri - on, thy spir -
 (M)
 it re - joic - eth with thē___ An - gels.



SAINT HILARION THE NEW



SAINT MARK, BISHOP OF ARETHUSA, AND CYRIL THE DEACON, AND OTHERS MARTYRED DURING THE REIGN OF JULIAN

March 29

Apolytikion

Plagal Fourth Mode
"When the bodiless one"

150

Intonation: #24

Ἦχος λ π ς Νη

Δι' ἐγκρατείας



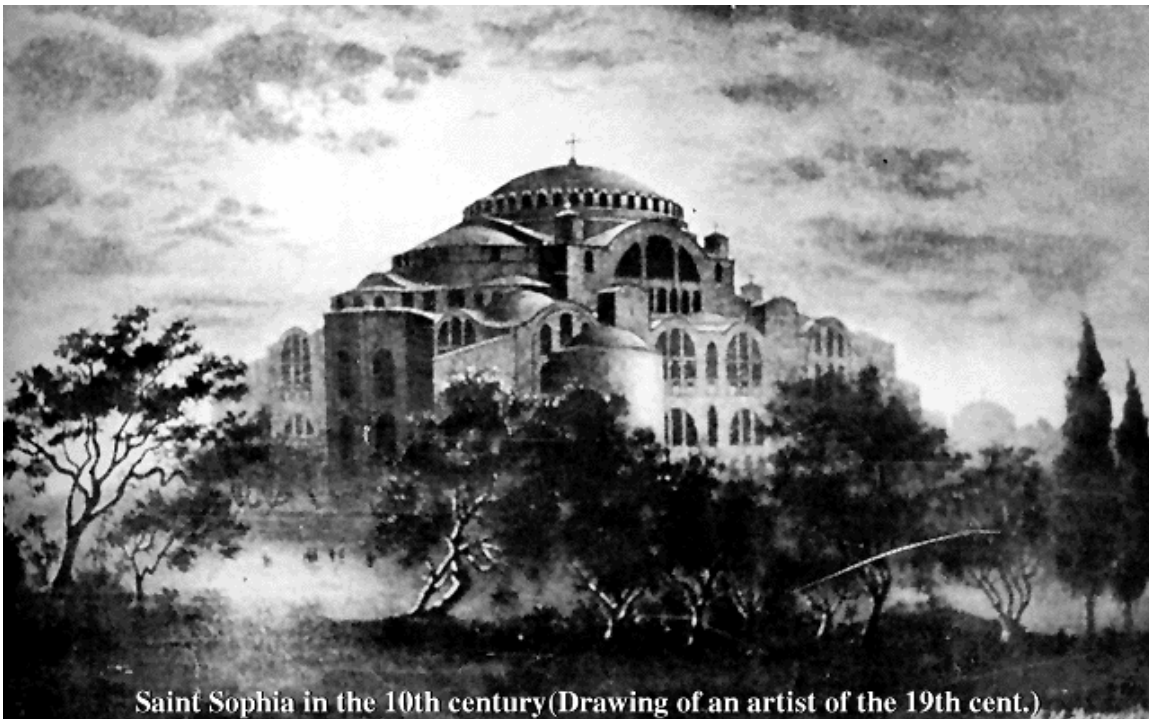
(N) (N) (N)
ince they had slain___ through their ab - sti - nence and strug -

(N) (N)
- - - gles ⁶λ the fier - y rag - - ings and fierce mo - tions of the

⁶λ pas - - - sions, the staunch Mar - tirs of Christ God laid hold on___ the

(Δ↓) (N)
grac - es ^γλ to drive___ off the pains and ill - - ness - es of the

⁴
 sick and work__ won-ders both while liv - - - ing and af - ter
 death. Strange in - deed_____ is___ the mir - a - cle! That these bare
 bones__ should pour forth such o - ver - flow - ing streams of__cures. Glo -
 ry be___ to our on - - ly___ God.



Saint Sophia in the 10th century (Drawing of an artist of the 19th cent.)



SAINT JOHN OF SINAI AUTHOR OF THE LADDER

March 30

Apolytikion

Plagal Fourth Mode

150

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π) the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^(M) O John our right-eous Fa - ther. ^(Γ) In - ter - cede with Christ ^(N)
 God that our ^(M) ^(Γ) souls be saved.





SAINT JOHN OF SINAI AUTHOR OF THE LADDER

March 30

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Ἦχος ᾠδῆς Κε

Intonation: #4

Καρπὸς ἀειθαλεῖς



s ev - er - bloom-ing fruits, thou dost of - fer the teach-ings

of thy God - giv - en book, O wise John, thou most bless-ed, while sweet -

'ning the hearts of all them that heed it with vig - - i - lance;

for it is a lad-der from thē earth un - - to Heav-en

(K) (M) (K) (M)
 that con-fer - - reth glo - ry on the souls that__ as - cend it and hon -
 our thee faith-ful - ly.

SAINT
JOHN



OF THE
LADDER



THE HOLY HIEROMARTYR HYPATIUS BISHOP OF GANGRA

March 31

Apolytikion

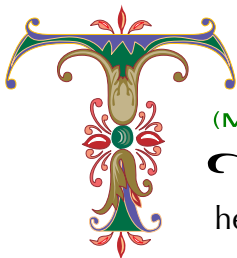
150

Fourth Mode

Intonation: #10

Ἦχος Δ

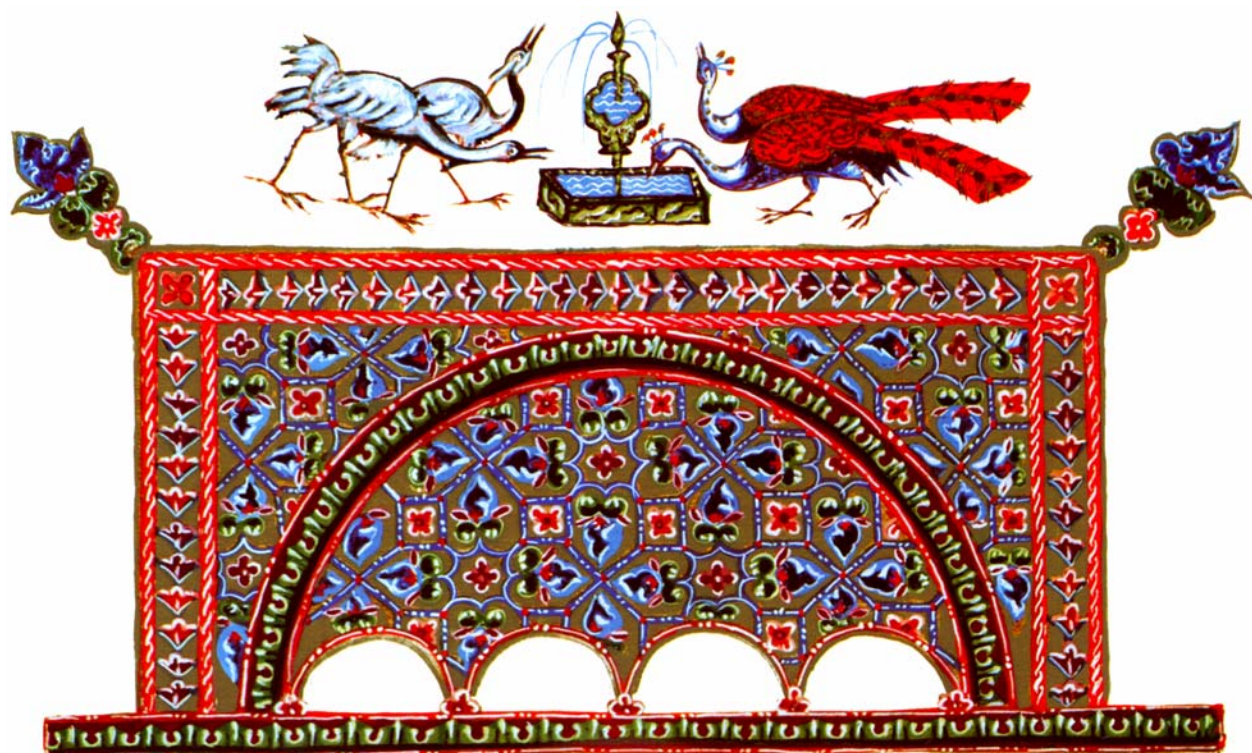
Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
es by pov - er - ty. O Fa - ther and Hier - arch Hy - pa - - tius, in -



SAINT HYPATIUS



April





SAINT MARY OF EGYPT

April 1

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; ς for tak - ing up thy cross, thou didst fol - low Christ, Δ q
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
 (Γ) (N)
 it pass - eth a - way, Δ q but to at - tend__ to__ the soul since it

^(M)
 is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Mar - y, thy spir - it
^(M)
 re - joic - eth with thē ___ An - gels.

SAINT
MARY



OF
EGYPT



SAINT TITUS

April 2

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ῥοαῖς



(Γ)

(N)



ith the streams of thy tears, thou didst cul - ti - vate the

(M)

(Π)

(N)



bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M)

(Π)



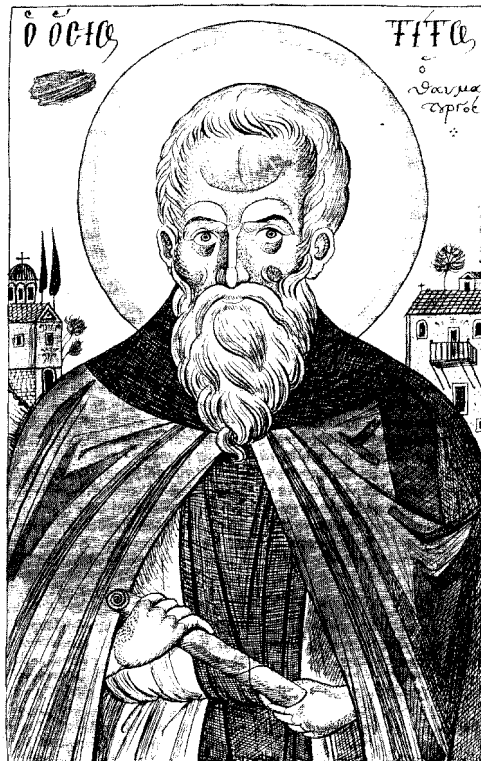
the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N)



thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^(M) O Ti - tus our right - eous__ Fa - ther. ^(Γ) In - ter - cede with
 Christ God that our__ souls be__ saved.



SAINT TITUS



SAINT NICETAS ABBOT OF THE MONASTERY OF MEDICIUM

April 3

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϣ Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
n thee the im - age was pre - served with ex - act - ness, O____
(N)
Fa - ther; ϣ for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the flesh, ϣ for
(Γ) (N)
it pass - eth a - way, Δ q but to at - tend____ to____ the soul since it

^(M)
 is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Ni - ce - tus, thy spir - it
^(M)
 re - joic - eth with thē___ An - gels.



SAINT NICETAS



SAINT JOSEPH THE HYMNOGRAPHER

April 3

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N)
ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N)
bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π)
the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N)
thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^(M) O Jo-seph our right-eous__ Fa - ther. ^(Γ) In - ter - cede with
 Christ God that our__ souls be__ saved.



SAINT JOHN OF DAMASCUS AND
SAINT JOSEPH THE HYMNOGRAPHER



SAINT GEORGE OF MOUNT MALEON

April 4

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς








(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π) the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles _ up - on


 the world,  O George our right-eous__ Fa - ther.  In - ter - cede with Christ


 God that our__ souls be__ saved. 

My lips shall rejoice when I chant unto Thee,
 yea, even my soul which Thou hast redeemed.

Psalm 70: 23



THE HOLY MARTYRS CLAUDIUS, DIODORE, VICTOR, VICTORINUS, PAPPIAS, SERAPION, AND NICEPHORUS

April 5

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.



SAINT VICTOR



SAINT EUTYCHIUS ARCHBISHOP OF CONSTANTINOPLE

April 6

Apolytikion

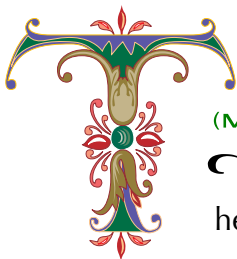
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Eu - tych - - i - us, in -

6.



SAINT EUTYCHIUS



THE HOLY MARTYR CALLIOPIUS

April 7

Apolytikion

Fourth Mode

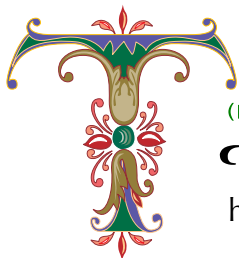
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT CALLIOPUS



SAINT GEORGE BISHOP OF MYTILENE

April 7

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Θείου Πνεύματος




s a gar - - den plant - ed by the Spir - it, thou


didst yield___ as fruit the soul's sal - va - tion, teach - ing men___ the in -

ef - - fa - ble___ mys - ter - - ies of Him that fell as a grain___


of wheat in the earth and by His dy - ing hath made___ all the___



 world to___ live. Right- eous Fa - ther George, en - treat Christ our God in our



 be - half, that His great mer - cy may be grant - ed un - - to___



 us.

He who is not alone, but is with others,
 cannot derive so much benefit from psalmody
 as from internal prayer; for the confusion of voices
 renders the psalms indistinct.

- St. John of the Ladder



THE HOLY APOSTLES OF THE SEVENTY HERODION, AGABUS, RUFUS, ASYNCRITUS, PHLEGON, AND HERMES

April 8

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



ho - ly A - pos - tles, in - ter - cede with the
mer - ci - ful God that He grant un - to our souls for - give - ness of of - fenc -
es.



THE HOLY MARTYR EUPSYCHIOUS OF CAESAREA

April 9

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT EUPSYCHIOS



SAINT GREGORY THE FIFTH PATRIARCH OF CONSTANTINOPLE

April 10

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Ἦχος Δ΄

Intonation: #10



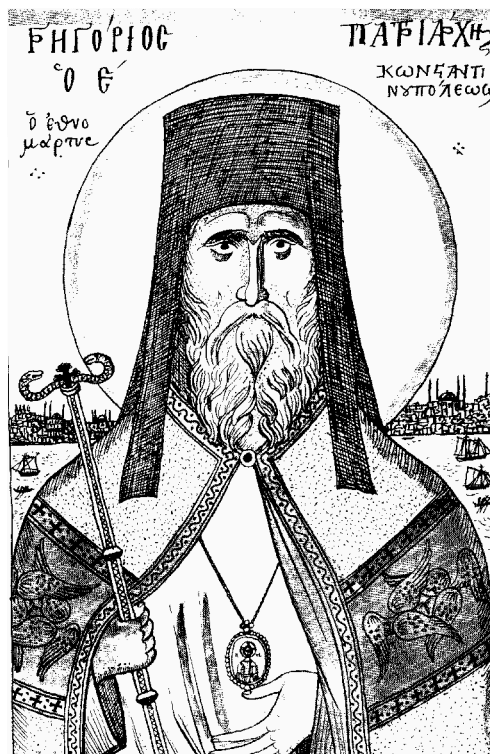
(M) (Δ) (B)
s hier - arch, thou right-eous-ly didst serve the Sav-iour of

(Δ) (M) (Δ)
all; in con - test, thou brought-est thy - self un - to Christ as a

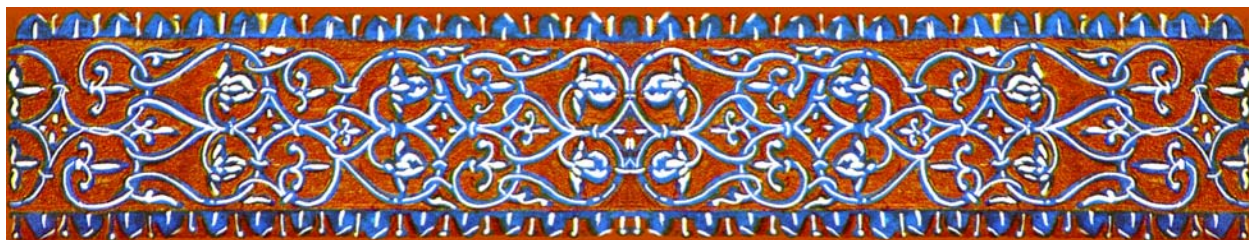
(B) (Δ) (M)
pure and well-pleas-ing sac - ri-fice. On a bish-op's throne thou wast

(Δ) (B)
ex - alt - ed by wis-dom; by the hang-man's noose thou wast raised up

^(M)
 to the Heav-ens, where thou dost pray for all, O di-vine Pa-tri-
^(B)
 arch Greg-o-ry.



SAINT GREGORY THE FIFTH
PATRIARCH OF CONSTANTINOPLE



THE HOLY MARTYRS TERENCE, POMPEY, AND THOSE WITH THEM

April 10

Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Intonation: #13

Ἦχος λ π ῥ Κε

Τῶν ἁγίων Μαρτύρων



(Κ)

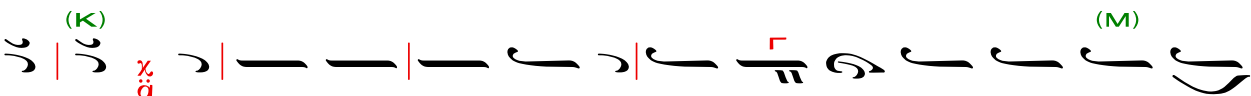
|| the pow - ers of Heav - en were awe - struck and a - mazed ῥ at

thē a - chieve - ment and deeds of the ho - ly Mar - tyrs of Christ; ῥ for

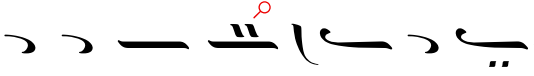
con - tend - ing well in mor - tal bod - ies clothed with flesh, they o - ver - came

(Δ)

the flesh - less foe by the pow - er of the Cross and in - vis - i - bly sub -



 dued him. And now they pray to the Lord, _____ that He might be - stow



 His mer - cy on our _____ souls.

Psalmody--bringing about choral singing, a bond,
 as it were, toward unity, and joining people
 into a hamonious union of one choir--
 produces also the greatest of blessings:
 love.

- St. Basil the Great



SAINT ANTIPAS BISHOP OF PERGAMUM

April 11

Apolytikion

First Mode

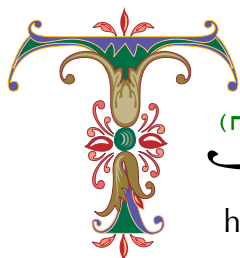
"While Gabriel was saying"

150

Intonation: #1

Ἦχος ᾠ Πα

Μυροβλύτην τὸν θεῖον



(Π)

he cel - e - brat - ed hier - arch and Per - ga - mum's first prel - -

ate, the fel - low - con - test - ant of Mar - - tyrs and most di - vine myrrh -

(Δ)

(Π)

stream - - er, ye faith - - ful, come let us hon - our now wise An -

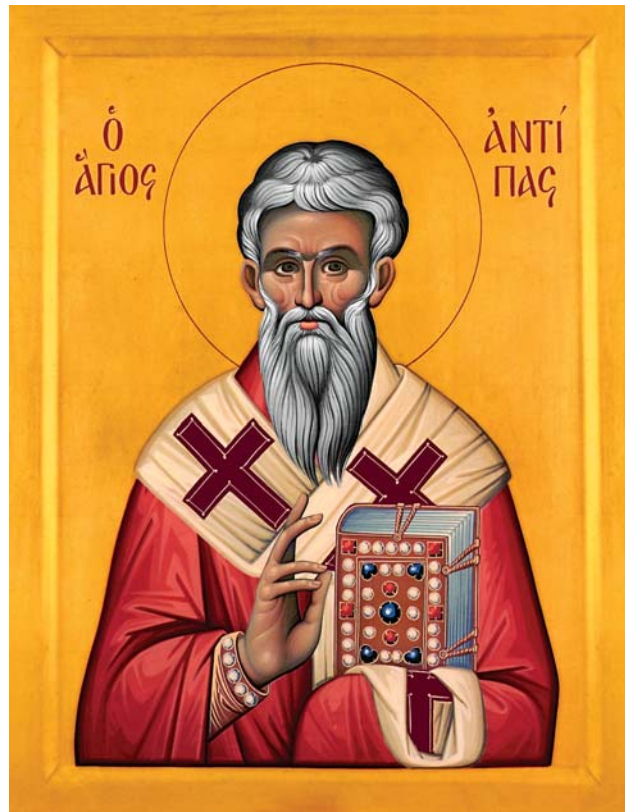
ti - pas, who tru - ly is a great and swift heal - - er of se - vere - ly

af-flict - ed teeth, and cry___ to him with our whole soul: Glo - ry to Christ

that hath glo - ri - fied___ thee. Glo - - ry to Him___ that hath

crowned_ thee. Glo - ry to Him that work - eth heal-ings_ for all___ through_

thee.





SAINT BASIL THE CONFESSOR BISHOP OF PATRIUM

April 12

Apolytikion

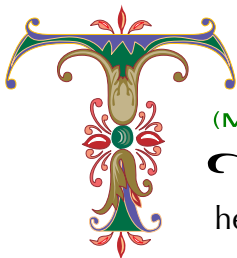
150

Fourth Mode

Intonation: #10

Ἦχος Δϛ Δε

Κανόνα πίστεως



(M) (Δ) (B)
he truth of things hath re - vealed thee to thy flock as a rule
(M) (Δ) (B) (M)
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
(Δ) (M) (Δ)
this cause thou hast a - chieved the heights by hu - mil - - i - ty, rich -
(B) (Δ)
es by pov - er - ty. O Fa - ther and Hier - - arch Bas - - il, in -

ter - cede__with Christ_____ God that our souls be saved.

6.

A psalm
 is a city of refuge
 from the demons; a means
 of inducing help from the angels,
 a weapon in fears by night, a rest from
 the toils of the day, a safeguard for infants,
 an adornment for those at the height of their vigor,
 a consolation for the elders, a most fitting ornament for women.
 It peoples the solitudes; it rids the market places of excesses; it is the
 elementary exposition of beginners, the improvement of those advancing,
 the solid support of the perfect, the voice of the Church. It brightens
 feast day; it creates a sorrow which is in accordance with God.
 For, a psalm calls forth a tear even from a heart of stone.
 A psalm is the work of angels, a heavenly
 institution, the spiritual incense.

- St. Basil the Great



SAINT MARTIN THE CONFESSOR POPE OF ROME

April 13

Apolytikion

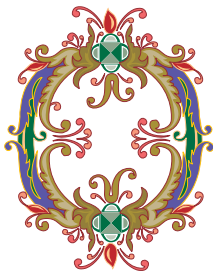
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat- ies guide our life in peace.



THE HOLY APOSTLES OF THE SEVENTY ARISTARCHUS, PUDENS, AND TROPHIMUS

April 14

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - ly A - pos - tles, (Γ) in - ter - cede (Π) with the

(Γ) mer - ci - ful God π that He grant un - to our souls for - give - ness of of - fenc -

es. π



THE HOLY MARTYR CRESCENS

April 15

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



THE GOOD SHEPHERD



THE HOLY VIRGIN MARTYRS AGAPE, IRENE, AND CHIONIA THE SISTERS

April 16

Apolytikion

150

Plagal First Mode

Intonation: #13

Ἦχος λ̣ π̣ ᾠ̣ Κε

Τὰ θαύματα τῶν ἁγίων σου



(Κ)

ince Thou hast giv - en us the mir - a - cles of Thy ho - ly Mar -

(Δ)

(Κ)

- tyrs as an in - vin - - ci - ble bat - tle - ment, by their en - treat -

(Δ)

(Κ)

ies scat - ter the coun - sels of the hea - - - then, O Christ our God, and

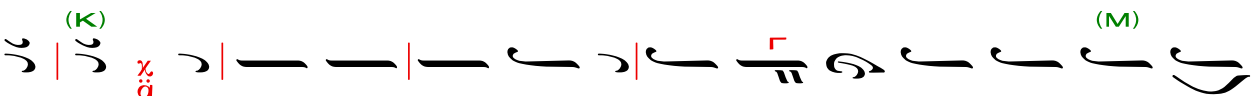
strength - - en the faith of Or - tho - dox Chris - - tians, since Thou a - lone

(M)

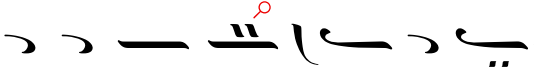
art good___ and the Friend of___ man. %q

The Apostle admonishes women to be silent in church,
yet they do well to join in a psalm; this is gratifying for all
ages and fitting for both sexes. Old men ignore the stiffness of age
to sing [a psalm], and melancholy veterans echo it in the joy of their hearts;
young men sing one without the bane of lust, as do adolescents without threat from
their insecure age or the temptation of sensual pleasure; even young women sing psalms
with no loss of wifely decency, and girls sing a hymn to God with sweet and supple
voice while maintaining decorum and suffering no lapse of modesty. Youth
is eager to understand [a psalm], and the child who refuses to learn
other things takes pleasure in contemplating it; it is a kind
of play, productive of more learning than that
which is dispensed with stern discipline.

- St. Ambrose



 dued him. And now they pray to the Lord, _____ that He might be - stow



 His mer - cy on our _____ souls.

A psalm consoles the sad, restrains the joyful, tempers the angry, refreshes the poor
 and chides the rich man to know himself. To absolutely all who take it,
 the psalm offers an appropriate medicine; nor does it despise
 the sinner, but presses upon him the wholesome
 remedy of penitential tears.

- St. Niceta of Remesiana



SAINT MACARIUS ARCHBISHOP OF CORINTH

April 17

Apolytikion

First Mode

"While Gabriel was saying"

150

Intonation: #1

Ἦχος ᾠ Πα

Τοῦ Κορίνθου ποιμένα



(Π)

e faith - ful, let us praise the di - vine shep-herd of Cor - - inth,



whom God's won-drous prov - i - dence made__ the a - dorn-ment of all

(Δ)

(Π)

4

Chi - - os, who shone__ forth in words_and deeds and prayers, Ma -

car - i - us most bless - ed in all truth, who re - ceived__ from God the

grace to heal eve - ry ill ⁴ and cast___ out thē un-clean spir - its. Glo -
 ry to God the Fa - ther, Who fore - or-dained___ him. Glo - ry to God
 the Son, Who hath ex - alt - ed him. Glo - ry to God the Ho - ly Spir -
 it, Who work - eth heal-ings___ for all___ through_ him.





SAINT JOHN DISCIPLE OF ST. GREGORY OF DECAPOLIS

April 18

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)

n thee thē im - age was pre - served with ex - act - ness, O___

(N)

Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, and

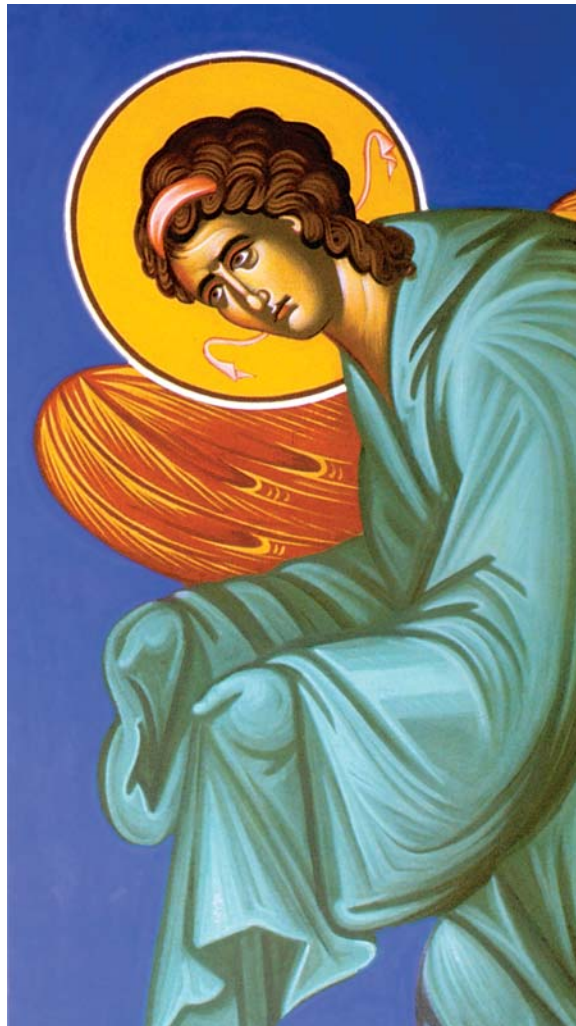
(M) (Γ) (N)

by thy deeds thou didst teach us to o - ver - - look the___ flesh, ς for

(Γ) (N)

it pass - eth a - way, Δ but to at - tend___ to___ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous John, thy spir - it re -
 joic - eth with thē ^(M) An - gels.





THE HOLY HIEROMARTYR PAPHNUTIUS

April 19

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M) (Δ)

s a shar - er of the ways and a suc - ces - sor to

(B) (M) (Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M) (Δ) (B)

est dis - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(Δ) thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ

^(B) O Hier - o - mar - tyr Paph - nu - ti - us. ^(M) In - ter - cede with Christ our

^(B) God that our souls be saved. ⁶



SAINT PAPHNUTIUS



SAINT THEODORE OF THE HAIR SHIRT

April 20

Apolytikion

150

Intonation: #25

Plagal Fourth Mode

Ἐν σοὶ Πάτερ ἀκριβῶς

Ἦχος λ π ς Γα



(Γ) (N) (M)

n thee thē im - age was pre - served with ex - act - ness, O ____

(N)

Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, and Δ ς

(M) (Γ) (N)

by thy deeds thou didst teach us to o - ver - - look the ____ flesh, ς for

(Γ) (N)

it pass - eth a - way, Δ ς but to at - tend ____ to ____ the soul since it

(M) (Г) (N)
 is im - - mor - tal. Where-fore, O right-eous The - o-dore, thy spir - it
 re - joic - eth with the An - gels.



SAINT THEODORE
 OF THE HAIR SHIRT



THE HOLY APOSTLE ZACCHÆUS

April 20

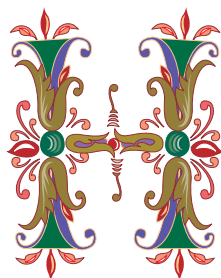
Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8

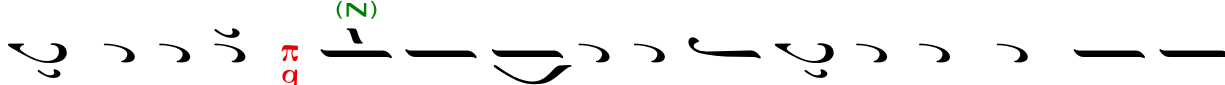


(Γ) av - ing just - - ly hat - ed un - just rich - es, (Γ) thou

(N) didst lay___ up treas - ures of sal - va - tion; (Γ) for, re - ceiv - - ing the

(N) Sav - - iour with - - in thy___ house, (N) thou, O Zac - chae - us, wast tru - -

(Γ) ly made mar - vel - lous (N) with all the fruits of re - pen - - tance thou___


 brought-est__ forth: ^(N) deeds of mer - cy, the cor - rec - tion of wrongs, and god -
^(Γ) ly life, ^(N) be - cause of which we hon - our thee and ^(Γ) call__ thee__
 blest. ^(Γ)

Sing to God,
 not with the voice,
 but with the heart; not,
 after the fashion of tragedians,
 in smearing the throat with a sweet
 drug, so that theatrical melodies and songs
 are heard in the church, but in fear, in work, and
 in knowledge of the Scriptures. And although a man be
 cacophonous, if he have good works, he is a sweet singer before God.

- St. Jerome



THE HOLY HIEROMARTYR JANUARIUS AND THOSE WITH HIM

April 21

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - ci - pline to be a means of as - cent to di - vine vi -

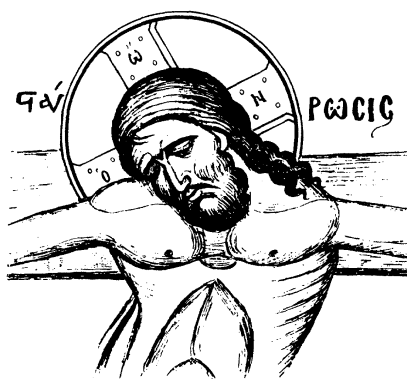
(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(A) thou didst al- so con- test for the Faith e- ven un- to blood, ^(A)

^(B) O Hier- o- mar- tyr Jan- u- ar- i- us. ^(M) In- ter- cede with Christ

^(B) our God that our souls be saved. ^(B)





SAINT THEODORE OF SYKEON

April 22

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Γνωρισθεὶς ἐκ παργάνων



(M)

(B)

ince thou hadst been known from thy swad-dling bands to be sanc - ti -

(M)

(Δ)

fied, and hadst been shown to be filled with grac - - - es, thou didst il -

(B)

(M)

lu- mi-nate the world with mir - a - cles, and didst drive off the swarms

(Δ)

of de - mons, O sa - cred min - is - ter The - o - dore; where-fore do thou

(B)
be-seech the Lord in our be-half.





THE HOLY AND GLORIOUS GREAT MARTYR GEORGE THE TROPHY-BEARER

April 23

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Ὡς τῶν αἰχμαλώτων



(M) ib - er - a - tor of cap-tives, de - fend - er of the poor, phy -

(B) si - cian of the sick, and cham-pion of kings, (Δ) O tro-phy-bear - er, Great

(B) Mar-tyr George, in - ter - cede with Christ God that our souls be saved.



THE HOLY AND GLORIOUS GREAT MARTYR GEORGE THE TROPHY-BEARER

April 23

Kontakion

Fourth Mode

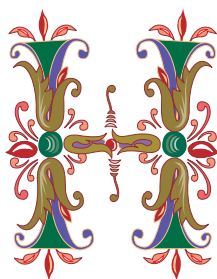
"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

Γεωργηθεὶς ὑπὸ Θεοῦ



av - ing been cul - - ti - - vat - ed well by the Lord
God, as the most hon - - oured cul - ti - va - tor of pi - e - ty
thou hast now gath - ered sheaves of vir - tues for thy - self; for, as
thou didst sow with tears, thou dost reap with re - joic-ing; with thy

(B) ————— blood didst thou con - test and thou now hast re - ceived _____ Christ. And
 (M) (Δ) ————— by thine in - ter - ces - sions, O Saint George, thou grant - est all _____ the
 (B) ————— for - give - ness of tres - pass - es.





SAINT ELIZABETH THE WONDERWORKER

April 24

Apolytikion

150

Plagal Fourth Mode

Intonation: #25



Ἦχος λ π ς Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς

(Γ) (N) (M) (N)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the flesh, for
 (Γ) (N)
 it pass - eth a - way, but to at - tend to the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous E - liz - a-beth, thy spir -
 it re - joic - eth with thẽ An - gels.





THE HOLY APOSTLE AND EVANGELIST MARK

April 25

Apolytikion

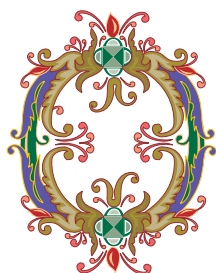
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - ly A - pos - tle and E - van - gel - ist Mark, in -

ter - cede with the mer - ci - ful God that He grant un-to our souls for - give -

ness of of - fenc - es.

150



THE HOLY HIEROMARTYR BASILEUS BISHOP OF AMASIA

April 26

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(A) thou didst al- so con- test for the Faith e- ven un- to blood, ^(A)

^(B) O Hier- o- mar- tyr Ba- si- le- us. ^(M) In- ter- cede with Christ our God

^(B) that our souls be saved. ⁽⁶⁾



SAINT BASILEUS



THE HOLY HIEROMARTYR SYMEON KINSMAN OF THE LORD

April 27

Apolytikion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Intonation: #4

Ἦχος ᾠ̣ Κε

Εὐφραίνεται λαμπρῶς



e sa - cred - ly ac - claim thee as Je - sus Christ's kins - man,
and as His stead - fast Mar - tyr, O all - laud - ed Hier - arch. For
brave - ly hast thou de - stroyed all de - cep - tion and kept the
Faith. Hence, O Sym - - e - on, we keep thy ho - ly re - mem -

brance on this fes - - tive day; and by thy prayers, we__ are grant - ed the

par - don of griev - ous sins.

✠



SAINT SYMEON



THE HOLY NINE MARTYRS OF CYZICUS

April 28

Apolytikion

Fourth Mode

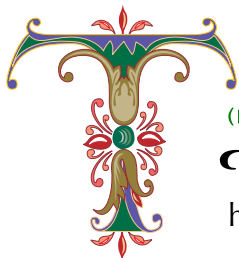
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life
(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -
ful.

One who jubilates does not speak words, but it is rather a sort of sound of joy without words, since it is the voice of a soul poured out in joy and expressing, as best it can, the feeling, though not grasping the sense. A man delighting in his joy, from some words which cannot be spoken or understood, bursts forth in a certain voice of exultation without words, so that it seems he does indeed rejoice with his own voice, but as if, because filled with too much joy, he cannot explain in words what it is in which he delights. You observe this even in those who sing improperly. Now our jubilation will not be such as theirs, for we ought to jubilate in justification, while they jubilate in iniquity; we, then, in confession, they in confusion. Yet that you might understand what I say, call to mind what you well know, that it is especially those who perform some task in the fields who jubilate. Mowers and vintagers and those who gather other products, happy in the abundance of harvest and gladdened by the very richness and fecundity of the earth, sing in joy. And between the songs which they express in words, they insert certain sounds without words in the elevation of an exultant spirit, and this is called jubilation.

- Blessed Augustine



THE HOLY APOSTLES JASON AND SOSIPATER

April 29

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - ly A - pos - tles, (Γ) in - ter - cede (Π) with the

(Γ) mer - ci - ful God π that He grant un - to our souls for - give - ness of of - fenc -

es. π



THE HOLY APOSTLE JAMES BROTHER OF JOHN THE THEOLOGIAN

April 30

Apolytikion

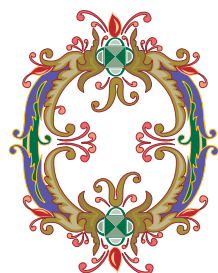
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - - ly A - pos - tle James, in - ter - cede

with the mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.

150



May





THE HOLY PROPHET JEREMIAH

May 1

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

Proph-et Je - re - mi - as, O Lord, through him we be - seech Thee to

(B)

(M)

save _____ our souls.





SAINT TAMARA (TAMAR) QUEEN OF GEORGIA

May 1

Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8



(Γ) (N) (Γ)
et the moun - - tain - tops and vales of Geor - gia sound

(N) (Γ)
with songs__ of praise to laud Ta - ma - ra as the ves - - sel of

(Π) (N)
wis - - dom, the__ smil - ing__ sun, the sword of truth, the con - ver - -

(Γ) (Π)
sion of in - fi - dels, the most har - mo - ni - ous reed - - pipe of__

Je - sus__ Christ, and our fer-vent in - ter - ces-sor be-fore the King of
Kings, en - treat-ing Him to grant great mer - cy un - - to__ us.



SAINT TAMARA
QUEEN OF GEORGIA



THE SYNAXIS OF THE THREE MARTYRS OF THE HOLY MOUNTAIN EUTHYMIUS, IGNATIUS, AND ACACIUS

May 1

Apolytikion

First Mode

150

Ἦχος ᾠδῆς Πα

Intonation: #1



(π)

e who are e-qual in num-ber to thē un - o - rig - i-nate
Trin - i - ty stand now with the choirs of thē An - - gels and hosts
of Mar - - tyrs in bound-less joy be - fore the thrice-re-splen-dent
throne of the God-head; where-fore, O most wise ones, ye par-take of

beams__ from that awe-some maj-es - - ty, π q and grant un - to the faith-ful
 the di - vine en - light - en - ment from on high, Δ un - end - ing well -
 springs of heal-ings, Δ and the par-don of our griev - ous sins. π q O di -
 vine Eu - thy - mi - us, Mar - tyr of Christ, Δ with the wise Ig - na - tius,
 and God - in-spired A - ca - - ci - us, ye ev - - er Δ en - treat the
 Lord God in be - half__ of__ all. π q

Is anyone cheerful?

Let him chant.

James 5:13



THE TRANSLATION OF THE HOLY RELICS OF SAINT ATHANASIUS THE GREAT

May 2

Apolytikion

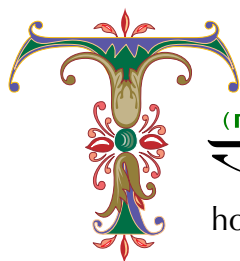
Third Mode
"Thy confession"

150

Intonation: #8

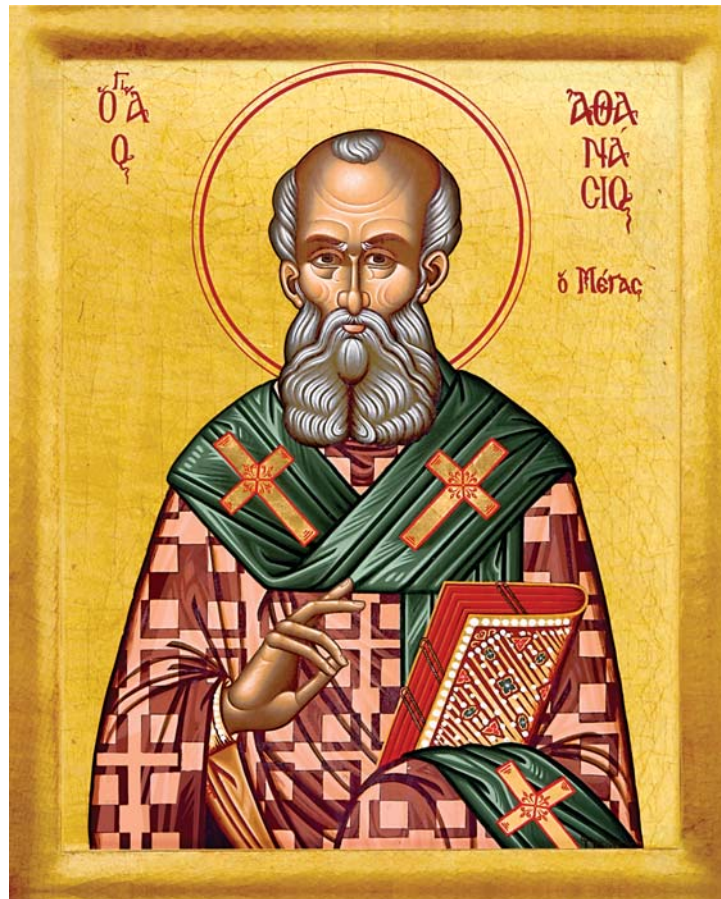
Ἦχος γ'. Γα

Στύλος γέγονας



hou wast Or - - tho - dox - y's stead - fast pil - lar, hold - ing
up the Church with god - ly dog - mas, O great Hier - - arch, for
thou didst preach un - to all that God the Son is one es - -
sence in ver - y truth with God the Fa - ther; thus thou didst shame

A - ri - - us. Right - eous Fa - ther Ath - a - na - sius, do thou en - treat
 Christ God that His great mer - cy may be grant - ed un - - to
 us.



SAINT ATHANASIOS THE GREAT



THE HOLY MARTYRS TIMOTHY AND MAURA

May 3

Apolytikion

Fourth Mode

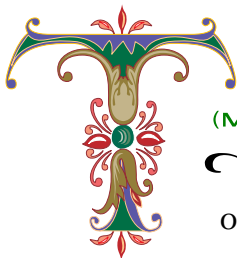
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

Ταχὺ προκατάλαβε



o Tim - o - thy let us faith - ful ren - der hom - age to - day
to - geth - er with Mau - ra, his fel - low con - test - ant and wife,
that most faith - ful bride of Christ, laud - ing their brave stead - fast - ness; for
by cru - ci - fix - ion they fol - lowed with long - ing in the steps of

their Mas-ter, Who nailed the sins of all to the Cross when He was

slain for us.

Let us examine during psalmody
 what kind of sweetness comes to us from the
 demon of fornication and, on the other hand, what kind of sweetness
 comes to us from the words of the Spirit and from
 the grace and power contained in them.

- St. John of the Ladder



SAINT THEODOSIUS

ABBOT OF THE KIEV CAVES LAYRA

FOUNDER OF MONASTICISM IN RUSSIA

May 3

Apolytikion

Plagal Fourth Mode

150

Ἦχος λ π ς ς

Intonation: #25



(Γ) (N) ais - ing thy - self a - loft up-on vir - - tue and hav -

ing loved the mo - nas - tic life from thy youth, thou didst val - iant - ly

(Π) (M) (Γ) (Π) (N) at - tain__ to__ thy de - - sire. Thou didst set - tle in a cave,

and while a - dorn - ing thy life with fast - - - ing and pu - ri - ty,

thou didst per - se - vere in prayers like one of the__ bod - i - - less.

And since thou hast shone forth in the Rus - sian land__ as a bril - liant

lamp, O Fa - ther The - o - do - - sius, pray Christ God that our__ souls be_

__ saved.



THE KIEV CAVES LAVRA



THE HOLY MARTYR PELAGIA

May 4

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
 great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
 now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -
 ied. I suf - fer for Thy sake, that I may reign with

Thee; ^(Δ) for___ Thy___ sake___ I ^(Π) die, that I may live___ in___
 Thee: ^(Δ) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. Lord, ^(Δ) save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)





THE HOLY AND GLORIOUS GREAT MARTYR IRENE

May 5

Apolytikion

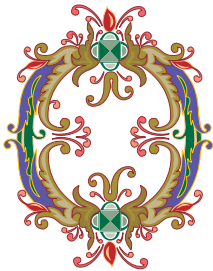
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(Π) Lord Je - sus, un - - to Thee Thy lamb doth cry with a
(Δ) great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
(Π) now con - test, and with Thy bap - tism am cru - ci - fied and bur - -
(Δ) ied. I suf - fer for Thy sake, that I may reign with

Thee; ^(Δ) for___ Thy___ sake___ I die, that I may live___ in___
^(Δ) Thee: ^(Δ) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. ^(Δ) Lord, save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)





THE HOLY AND RIGHTEOUS JOB THE MUCH-SUFFERING

May 6

Apolytikion

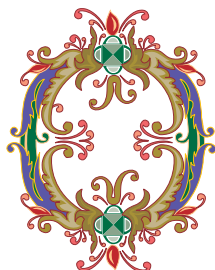
150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πα

Τὸν πλοῦτον θεωρήσας



(Π)

n be - hold - ing the rich - es of Job's vir - tues, thē en - e -

my of the right - eous con - trived ____ to de - spoil ____ them; and though he

cast down the tow - - er of the Saint's bod - - y, he could not

plun - der the wealth of ____ his spir - it, for he found the soul ____ of

that blame-less one to be___ ful - ly armed; Δ but as for me, he
 hath stripped me and led me cap - - tive a - way. π Has-ten, then, be-fore thē
 end, Δ (Δ) res - cue___ me from the wi - ly one, O Sav-iour, (π) and save___ me. π



RIGHTEOUS JOB



THE COMMEMORATION OF THE APPEARANCE OF THE SIGN OF THE CROSS

May 7

Apolytikion

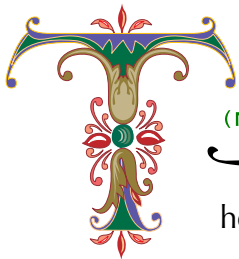
150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πά

Τοῦ Σταυροῦ σου



(Π)

(Δ)

(Π)

hē im-age of Thy Cross_____ at this time shone bright - er than

the sun, when___ Thou didst spread it out from the ho - ly Mount of Ol -

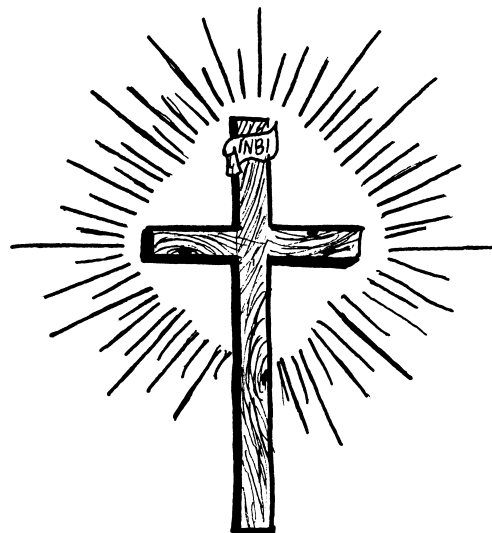
- ives to Cal - va - - ry; and in mak - ing plain Thy might which

is there-in, O Sav - iour, Thou didst al - so there-by strength-en___ the

faith - - ful. π Keep us al - - ways in peace, by thē in - ter - ces-sions of

the The - o - to - kos, O Christ our God, and save us.

π





THE HOLY APOSTLE AND EVANGELIST JOHN THE THEOLOGIAN THE BELOVED DISCIPLE AND VIRGIN

May 8

Apolytikion

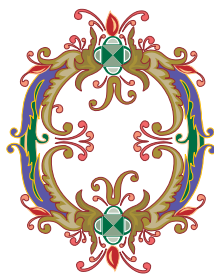
Second Mode

150

Intonation: #4

Ἦχος Δ΄

Ἀπόστολε Χριστῷ τῷ Θεῷ



(M) A - pos - - - tle, be - lov - ed of Christ our God, (Δ)

(B) Has - ten to de - liv - er a de - fence-less peo - - - - ple. (M) He that

(Δ) al - lowed thee to re - cline on His breast, (Δ) re - ceiv - eth thee bow -

(B) ing in in - ter - ces - - - - - sion. (Δ) Im - plore Him, O The -

o - lo - gian, to dis - pel the per - sist - ent cloud of the hea - - - then, ⲁ

and ask for us His peace and great mer - - - - cy. ⲁ





THE HOLY APOSTLE AND EVANGELIST JOHN THE THEOLOGIAN THE BELOVED DISCIPLE AND VIRGIN

May 8

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τὰ μεγαλεῖά σου



(M)

(Δ)

ho can tell____ thy might - y works, O vir - - - gin Saint?

(B)

(M)

(Δ)

For thou pour-est forth mir - a - cles, and art a source of heal - ings,

(B)

and thou dost in - ter - cede for__our souls, as the The - o - lo - gian

(M)

and the friend_____ of Christ.





SAINT ARSENIUS THE GREAT

May 8

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N) ith the streams of thy tears, thou didst cul - ti - vate the
(M) (Π) (N) bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from
the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and
(N) thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^(Δ) O Ar - sen - i - us our right - eous ^(M) Fa - ther. ^(Γ) In -
 ter - cede with Christ God that our ^(N) souls ^(M) be ^(Γ) saved.



SAINT ARSENIUS THE GREAT



THE HOLY PROPHET ESAIAS (ISAIAH)

May 9

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δ'

Τοῦ Προφήτου σου



(M)

s we cel - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et E - sai - as, O Lord, through him we be - seech Thee to save
I - sa - iah,

our souls.





SAINT JOSEPH OF OPTINA

May 9

Apolytikion

Third Mode
"Awed by the beauty"

150

Ἦχος γ'. Γα

Intonation: #8



(Γ) right with the gen - tle - ness and meek - ness of the Lamb,
(N) thou wast a shin - ing light in dark and trou - - bled storms, and
(Γ) lit - tle ships of souls found thee a ha - - ven, O Fa - ther
(Γ) Jo - - seph. An - ger nev - er stirred the sea of thy deep and un -

(N) (Г) (N)
cloud - - ed heart, which re - flect - ed un - ob - - scured the di - vine__

__ mys - t'ries from a - bove. Now, since the Lord will do__ what thou ask -

est, en - treat Him to save us who re - vere thee.



SAINT JOSEPH OF OPTINA



THE HOLY MARTYR CHRISTOPHER

May 9

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

Στολαῖς ταῖς ἐξ αἵματος



(M) (Δ) (B)
ade come - ly with gar - ments wo - ven from thy ven - 'ra -

(Δ) (M) (Δ)
ble blood, thou stand - est be - fore the Lord, the King of Heav - en

(B) (Δ)
and earth, O famed Mar - tyr Chris - to - pher. With the choirs of the An -

(M) (Δ) (B)
gels and the Mar - tyr thou chant - est, sing - ing the thrice - ho - ly hymn

and most awe-some prais-es. ^(M) Thus, by thine in - ter - ces - sions with God,

(A) (B)

save us, thy worth-less slaves.



SAINT CHRISTOPHER



THE HOLY APOSTLE SIMON THE ZEALOT

May 10

Apolytikion

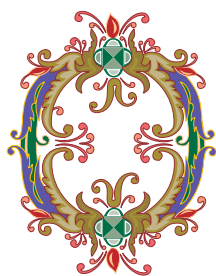
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



(N) ho - - ly A-pos - tle (Γ) Si - mon, in - ter - cede

with the mer - ci - ful God (Γ) that He grant un - to our souls for - give - ness of

of - fenc - es.

Γ



SAINTS CYRIL AND METHODIUS APOSTLES TO THE SLAVIC LANDS

May 11

Apolytikion

Fourth Mode

150

Ἦχος Δε

Intonation: #10



(M)

(Δ)

(B)

ince ye were e - qual in char - ac - ter to thē A - pos - -

(M)

(Δ)

- - - tles, and teach-ers of the Slav - ic lands, O di - vine -

(B)

(M)

(Δ)

ly wise Cyr - il and Me - tho - di - us, pray to the Lord of all to

strength-en all na - tions in Or - tho - dox - y and u - ni - ty of thought,

(B) (M) (B)
 to con - vert and rec-on - cile the world____ to God, and to save

our souls.



SAINTS CYRIL AND METHODIUS



THE HOLY HIEROMARTYR MOCIUS

May 11

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Intonation: #4

Ἦχος ᾠδῆς Κε

Χριστῷ ἱερουργῶν



n serv - ing Christ our King as a priest of His mys-t'ries, thou
went - est forth self-called un - to con - test, O Mo-cius, to of -
fer thy - self to Him through the pains of a will - - - ing death.
Where - - fore, crowned by Christ both as a priest and a mar-tyr,

^(K)
 thou dost heal____ thē ^(M)ills of all who ^(K)fer - vent - - ly ^(M)hon - our thy
 ho - ly me - mo - ri - al.

For prayer and psalmody,
 as for many other things, every
 time is suitable; so that we praise God
 with psalms and hymns and spiritual songs,
 while we move our hands in work, chanting with
 our tongue if this is possible and conducive to the
 edification of the faith, but if not, then in the heart.

- St. Basil the Great



SAINTS EPIPHANIUS, BISHOP OF CYPRUS AND GERMANUS, ARCHBISHOP OF CONSTANTINOPLE

May 12

Apolytikion

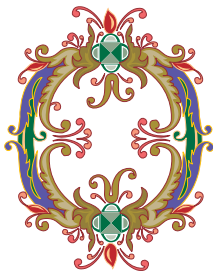
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat- ies guide our life in peace.



THE HOLY MARTYR GLYCERIA

May 13

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

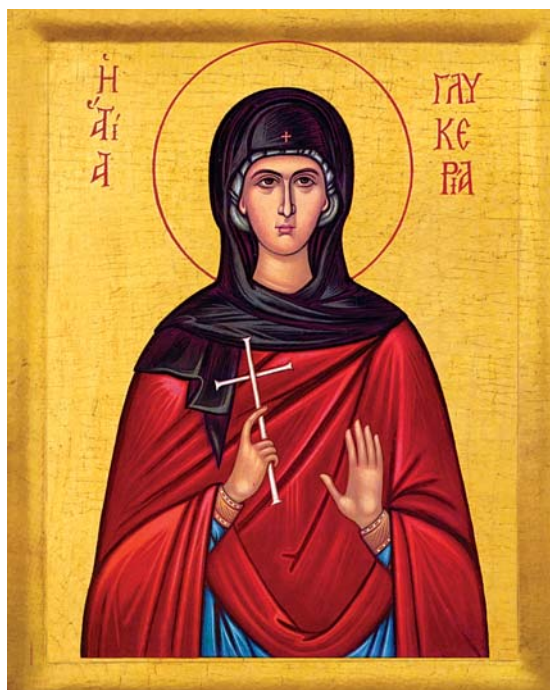
Ἦχος Δ

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
 great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
 now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -
 ied. I suf - fer for Thy sake, that I may reign with

Thee; for Thy sake I die, that I may live in
 Thee: accept me of-fered out of long-ing to Thee as a spot-
 less sac-ri-fice. Lord, save our souls through her in-ter-ces-sions,
 since Thou art great in mer-cy.



SAINT GLYCERIA



THE HOLY GREAT MARTYR ISIDORE OF CHIOS

May 14

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

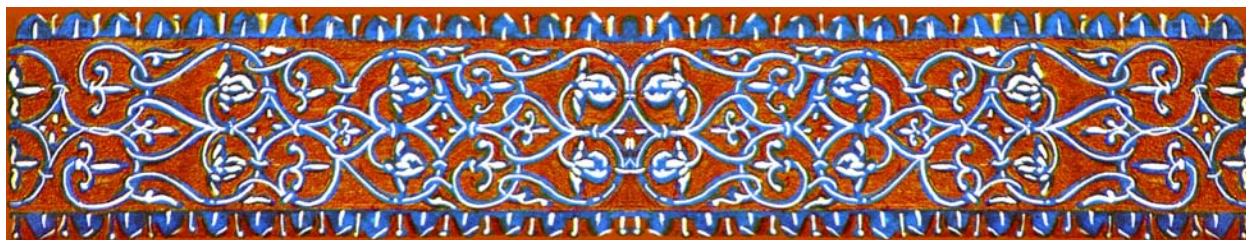
4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINT ISIDORE OF CHIOS



SAINT PACHOMIUS THE GREAT

May 15

Apolytikion

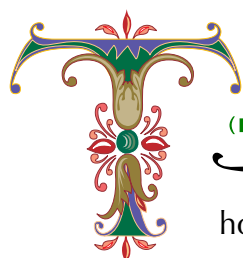
Plagal First Mode
"Let us worship the Word"

150

Intonation: #13

Ἦχος λ π ρ Κε

Ἀγελάρχης ἐδείχθης



(Κ)

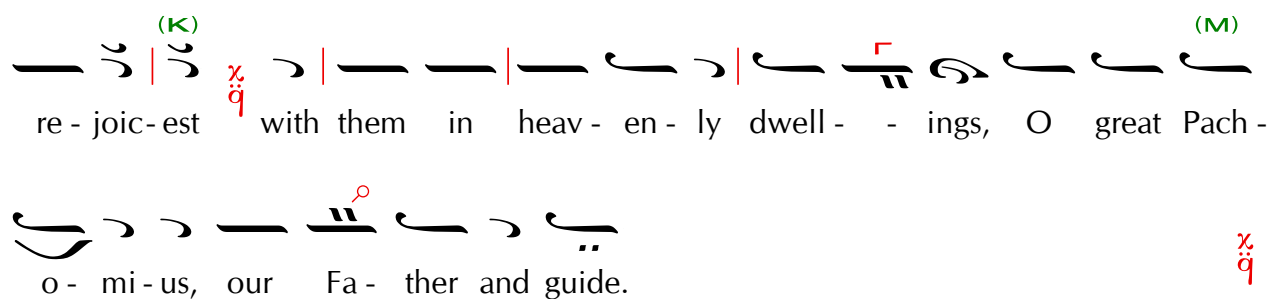
hou didst prove a chief pas-tor of the Chief Shep-herd, Christ, guid-

ing the flocks of mo-nas-tics un-to the heav-en-ly fold, whence

thou learnt-est of the hab-it and the way of life that doth be-fit

(Δ)

as-cet-ic ranks; hav-ing taught this to thy monks, thou now danc-est and



Virtually all know the words of this psalm
and they continue to sing it at every age, without knowing,
however, the sense of what has been said. This is not a small charge,
to sing something every day, putting forth words from the
mouth, without searching out the meaning of
the thoughts residing in the words.

- St. John Chrysostom



SAINT ACHILLIUS THE WONDERWORKER ARCHBISHOP OF LARISSA

May 15

Apolytikion

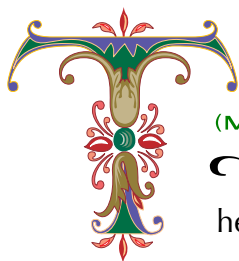
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch A - chil - - li - us, in -

ter - cede__with Christ_____ God that our souls be saved.

6.

Oh, that blessed alleluia of heaven that the angels chant where God dwells!

There, the harmony of those who hymn God with words and deeds

is perfect! So let us take care to chant the alleluia with

perseverance now, so that we will be counted

worthy of chanting it with stillness then.

- Blessed Augustine



SAINT THEODORE THE SANCTIFIED DISCIPLE OF ST. PACHOMIUS

May 16

Apolytikion

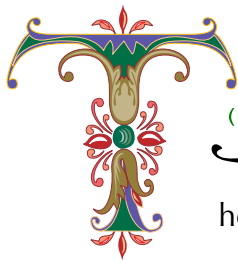
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an

an - gel in the flesh, and a won - der - work - - er, O The - o - dore, our God -

bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

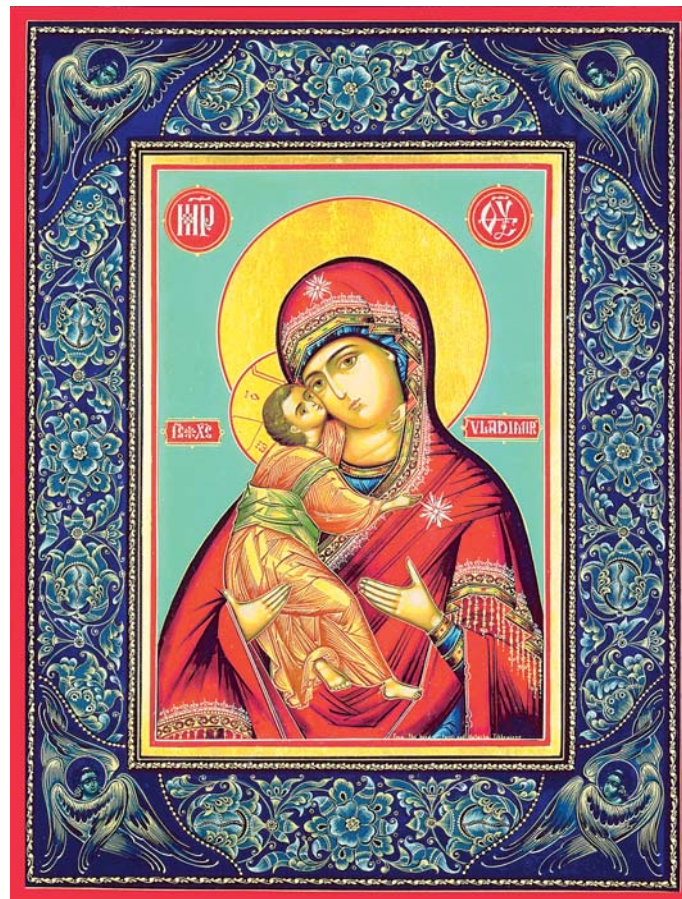
__ heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. π ϩ Glo-ry to Him that hath giv - - en thee

strength. Δ ϩ Glo - - ry to Him___ that hath crowned_thee. Δ ϩ Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee.

π ϩ





THE HOLY APOSTLES ANDRONICUS AND JUNIA

May 17

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - - ly A - pos - tles, (Γ) in - ter - cede (Π) with the

(Γ) mer - ci - ful God π that He grant un - to our souls for - give - ness of of - fenc -

es. Γ



THE HOLY MARTYRS PETER, DIONYSIUS, CHRISTINA, ANDREW, PAUL, BENEDIMUS, PAULINUS, AND HERACLIUS

May 18

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.





THE HOLY HIEROMARTYR PATRICK BISHOP OF PRUSA AND HIS FELLOW MARTYRS ACACIUS, MENANDER, AND POLYÆNUS

May 19

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

Pray gently and calmly,

sing with understanding and rhythm;

then you will soar like a young eagle high in the heavens.

Psalmody calms the passions and curbs the uncontrolled impulses in the body.

- Evagrius the Solitary



THE HOLY MARTYR THALLELEUS

May 20

Apolytikion

Fourth Mode

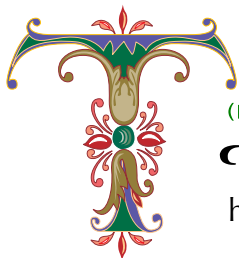
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
(B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINTS THALLELEUS, THALASSIOS, AND LYDIA



SAINT ALEXIS METROPOLITAN OF MOSCOW

May 20

Apolytikion

Second Mode

150

Ἦχος Δ΄

Intonation: #4



(M) (Δ) (B)
like a most _____ pre - cious treas - ure hid - den man - y years in

(M)
the earth, thy ven - 'ra - ble and mir - a - cle - flow - ing rel - ics

(Δ) (B)
were found, O most bless - ed Fa - ther and Hier - arch A - lex - - -

(M) (Δ)
is; and re - ceiv - ing heal - ing from them, we are en - riched and

(M) we glo - ri - fy Christ, say - - - ing: (Δ) Glo - ry to Him Who glo - ri - fi -
 eth His Saints.

There is nothing upon earth holier, higher, grander, more solemn, more life-giving than the Liturgy. The temple, at this particular time, becomes an earthly heaven; those who officiate represent Christ Himself, the angels, the cherubim, seraphim and apostles.

- St. John of Kronstadt



THE HOLY GREAT SOVEREIGNS AND EQUALS TO THE APOSTLES CONSTANTINE AND HELEN

May 21

Apolytikion

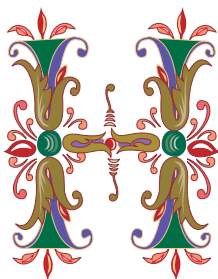
150

Fourth Mode

Intonation: #10

Ἦχος Δε

Τοῦ σταυροῦ τὸν τύπον



(B)

av - ing seen thē im - age of Thy Cross in Heav - - en,

(Δ)

and, like Paul, hav - ing re - ceived the call not from men, Thine a - pos - tle

(B)

a - mong kings en - trust - ed the com - mon - wealth to Thy hand, O Lord. Keep us

(Δ)

al - ways in peace, by thē in - ter - ces - sions of the The - o - to - kos,

(Г) (В)



 O on - ly Friend of man.





THE HOLY GREAT SOVEREIGNS AND EQUALS TO THE APOSTLES CONSTANTINE AND HELEN

May 21

Kontakion

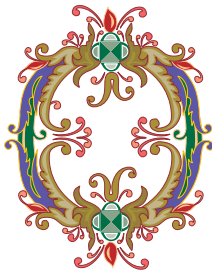
150

Third Mode

Intonation: #8

Ἦχος Γα

Κωνσταντίνου σήμερον



(M) (N) (Π)
n this day Saint Con - - stan-tine and bless - ed Hel-en, his
(M) (N) (Π)
moth - - - er, have re - vealed the Cross, the Wood wor - thy of all
(M) (N) (Π)
ven - er - a - - - tion. For the Jews, it is dis - hon - - -
(N) (Π)
our; but faith - ful rul - - - ers have it as a weap - on van-quish-ing

their op - po - - nents. ^(N) For our sakes hath it been shown__ forth ^(Δ↓) ^(M)
 as a great en- sign, dread and most awe-some in war.



SAINT CONSTANTINE THE GREAT



THE HOLY MARTYR BASILISCUS

May 22

Apolytikion

Fourth Mode

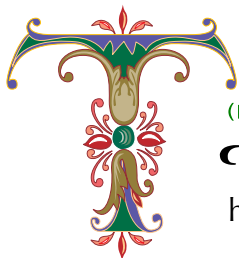
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
 hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
 (Δ) (M) (Δ)
 re - ceived as the prize the crowns of in - cor - rup - tion and life
 (B) (Δ) (M) (Δ)
 from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
 4 (B)
 down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT BASILISCUS



SAINT MICHAEL THE CONFESSOR BISHOP OF SYNNAΔA

May 23

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and___
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired___
(M) (N)
a - dorn - ment of___ hier - archs, ς O wise Mi - chael, by thy teach - ings
(M) (Γ)
thou hast en - light - ened all, O harp of the___ Spir - it. ς In - ter - cede

(N) (M) (Γ)
 with Christ God that our___ souls be___ saved.

Γ
Α



SAINT MICHAEL THE CONFESSOR



SAINT SYMEON OF THE WONDROUS MOUNTAIN

May 24

Apolytikion

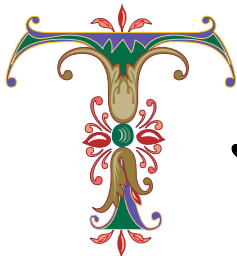
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

ὑπομονῆς στύλος



(Π)

hou be - cam - est a pil - lar of pa - - tience and didst

em - u - late the Fore - fa - thers, O right - eous one: Job in his suf - fer -

ings, Jo - seph in temp - ta - tions, and the life of the bod - i - less

while in the bod - y. O Sym - e - on, our right - eous Fa - ther, in - ter -

cede with Christ___ God that our souls___ be___ saved.

π
q

We should offer our prayers to God with fear and trembling,
tears and sighs, and our voices when we chant should
be sober, contrite, measured, and humble.

- St. Palladios



SAINT VINCENT OF LERINS

May 24

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

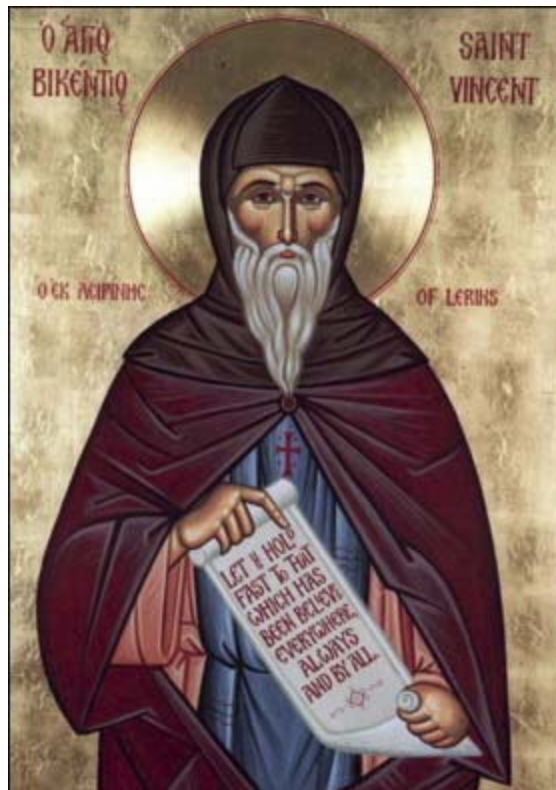
Ἦχος Δ΄

Intonation: #10



ith wis - dom hast thou made plain to all the Or - tho -
dox Faith as that which a - lone hath been be - lieved and hon - oured
by all men, al - ways and eve - ry - where, al - so show - ing her - e -
sy to be in - no - va - tion, ground - less and un - sta - ble as a

^(M)
 gust in a temp-est. ^(Δ)
 O Vin - cent, thine in - vin - ci - ble prayers shel -
^(B)
 ter the Church of God.





THE THIRD FINDING OF THE VENERABLE HEAD OF THE HOLY FORERUNNER

May 25

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὡς θεῖον θησαύρισμα



(M) (Δ) (B)
 Christ God hath re - vealed to us thy tru - ly ven - 'ra -
 ble head as a di - vine treas - ure that had been con - cealed in
 the earth, O Proph - et and Fore - run - ner. Where - fore, as we gath - er
 on the feast of its find - ing, with our hymns in - spired of God, we

praise Christ the Sav-iour, ^(M) Who by thy might-y prayers sav - eth ^(Δ) us from
 eve - ry ^(B) kind of harm.





THE THIRD FINDING OF THE VENERABLE HEAD OF THE HOLY FORERUNNER

May 25

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Προφήτα Θεοῦ



(M)

(Δ)

ince we have ob - tained thy head as a most sa - - cred rose

(B)

(M)

from out of thē earth, O Fore - run - ner of grace___ di-vine, we

re - ceive sure heal-ings in eve - ry hour, O Proph-et of God___ the

(Δ)

(B)

(M)

Lord; for a - gain, now as for-mer-ly, thou preach-est re - pen-tance

un - to all _____ the world. 





THE HOLY APOSTLE CARPUS OF THE SEVENTY

May 26

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - - ly A-pos - tle Car - pus, in - ter - cede

with the mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.

1



THE HOLY Hieromartyr HELLADIUS

May 27

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ
^(B) ^(M)
 O Hier - o - mar - tyr Hel - lad - i - us. ⁶ In - ter - cede with Christ our God
^(B)
 that our souls be saved. ⁶

O chant unto our God, chant ye;
 chant unto our King, chant ye. . .
 O chant ye with understanding.



SAINT JOHN THE RUSSIAN THE NEW CONFESSOR

May 27

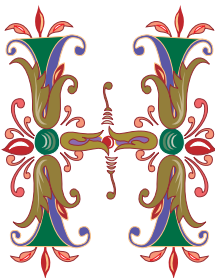
Apolytikion

Fourth Mode

150

Ἦχος Δ'

Intonation: #10



(M)

(Δ)

e that hath called thee from earth un - to the heav - en - ly

(B)

a - bodes doth e - ven af - ter thy death keep thy bod - y un-harmed,

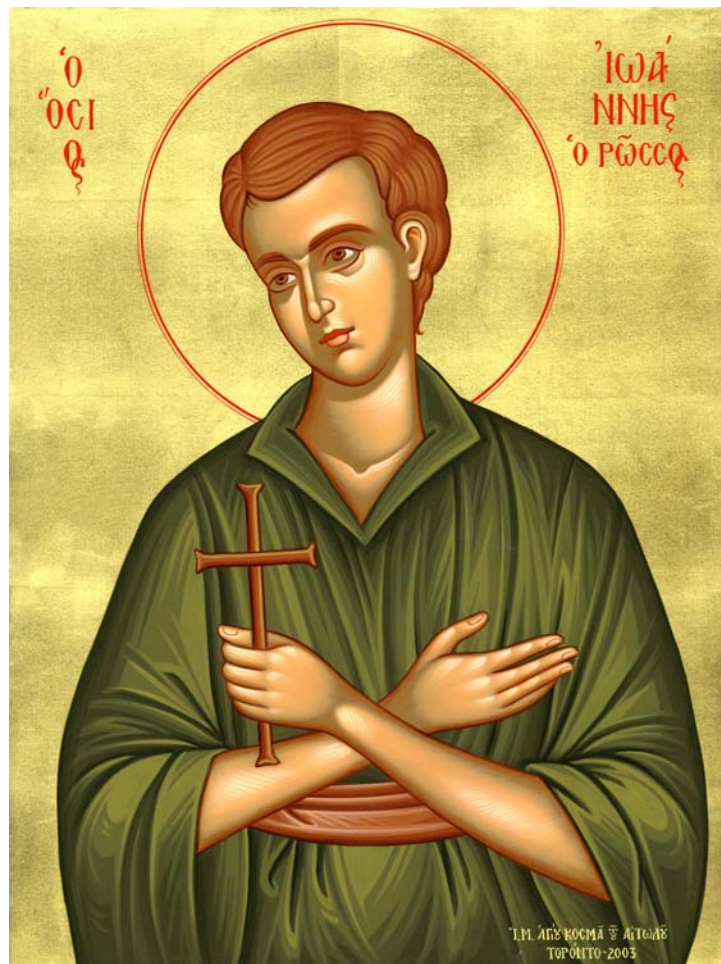
(M)

O right-eous one; for thou wast car - ried off as a pris - on-er

(B)

to A - - - sia, where - in al - so, O John, thou didst win Christ as thy

friend. ^(Δ) Where-fore, do thou be - seech Him that ^(B) our souls be saved.



SAINT JOHN THE RUSSIAN



THE HOLY HIEROMARTYR EUTYCHIOUS BISHOP OF MELITENE

May 28

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ
^(B) ^(M)
 O Hier - o - mar - tyr Eu - tych - i - us. ⁶ In - ter - cede with Christ our God
^(B)
 that our souls be saved. ⁶

Psalmody is the weapon of a monk,
 by which he chases away grief.

- St. John of the Ladder



THE HOLY MARTYR THEODOSIA OF TYRE

May 29

Apolytikion

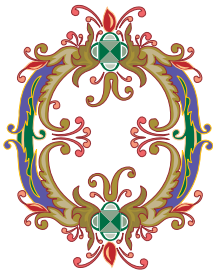
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(□) Lord Je - sus, un - - to Thee Thy lamb doth cry with a
(Δ) great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
(□) now con - test, and with Thy bap - tism am cru - ci - fied and bur - -
(Δ) ied. I suf - fer for Thy sake, that I may reign with

Thee; for Thy sake I die, that I may live in
 Thee: accept me of-fered out of long-ing to Thee as a spot-
 less sac-ri-fice. Lord, save our souls through her in-ter-ces-sions,
 since Thou art great in mer-cy.



SAINT THEODOSIA



SAINT ISAACIUS ABBOT OF THE MONASTERY OF DALMATUS

May 30

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

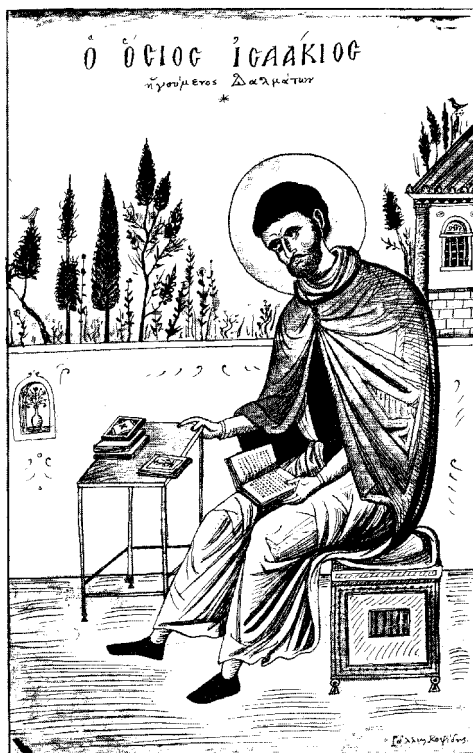
Ἦχος λ π ς Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
n thee thē im - age was pre - served with ex - act - ness, O____
(N)
Fa - ther; ς for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the__ flesh, ς for
(Γ) (N)
it pass - eth a - way, Δ ς but to at - tend__ to__ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous I - saac- i - us, thy spir -
^(M) it re - joic - eth with thē___ An - gels.



SAINT ISAACIUS



THE HOLY MARTYR HERMIAS

May 31

Apolytikion

Fourth Mode

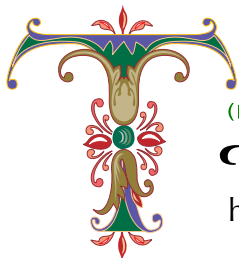
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

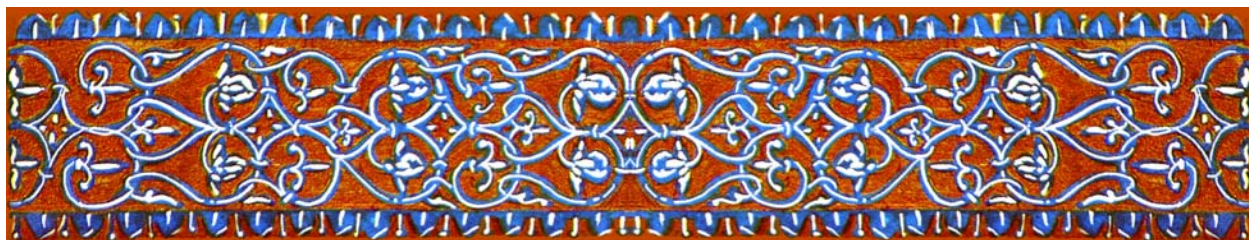
ful.





June





SAINT JUSTIN THE PHILOSOPHER

June 1

Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Ἦχος λ̣̂ ᾠ̣̂ Κε

Intonation: #13



(Κ)

hou didst emp - ty the cup of the wis - dom of the Greeks, and

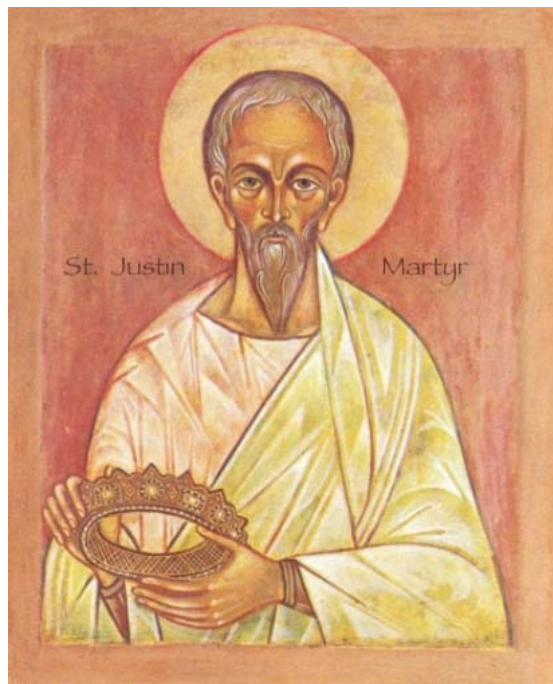
thou didst thirst yet a - gain, till thou cam - est un - - to the well where

thou found - est wa - ter spring - ing to e - ter - nal life. And hav - ing drunk

(Δ)

deep - ly there - of, thou didst al - so drink the cup that Christ gave to

His dis - ci - ples. Where-fore, O Jus - tin, we praise____ thee as a
 phi - los - o-pher and Mar - tyr of Christ.





SAINT NICEPHORUS THE CONFESSOR ARCHBISHOP OF CONSTANTINOPLE

June 2

Apolytikion

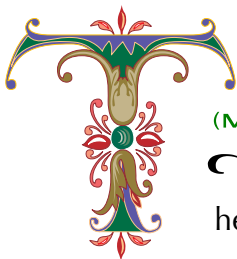
150

Fourth Mode

Intonation: #10

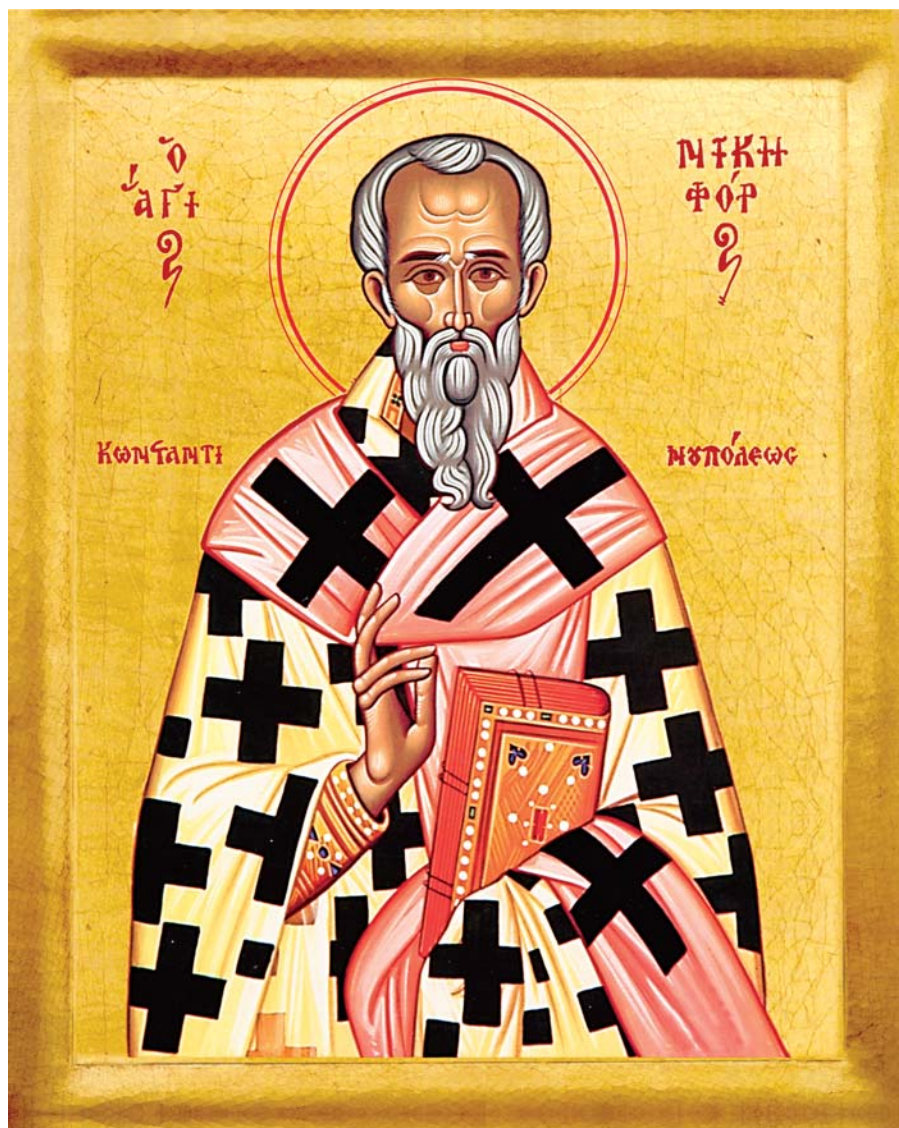
Ἦχος Δι

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Ni - ce - - pho - rus, in -

6.





THE HOLY MARTYR LUCILLIAN AND THOSE WITH HIM

June 3

Apolytikion

First Mode (soft chromatic)
"The soldiers standing guard"

150

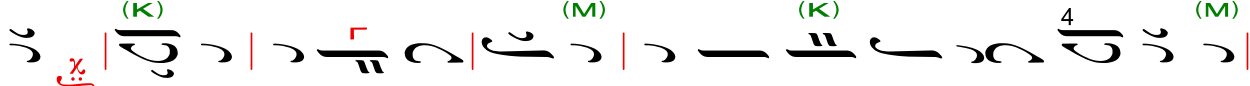

Intonation: #4

Ἦχος ᾠ̣ Κε

Τοὺς μάρτυρας Χριστοῦ



et all of us en - treat Christ the Lord's ho - ly Mar - tyr,
for they make sup - pli - ca - - tion for our souls'__sal - va - tion; with
faith and with long - - ing, there - fore, let us draw__nigh un - - - to
them, for____they o - - ver - flow with the di - vine grace__of heal -


 ings, and they drive___ a - way the ranks of de - mons__ in ter - ror, as

 guard - i - ans of the Faith.

The demon of fornication, in the manner of a licking puppy, is wont to cling
 to the one he tempts, so as not to be cast out. But it is possible for you -
 it is a matter of your prerogative and intention - either to nourish
 him with the work of dishonor or vigorously to put him to
 flight with prayer and psalmody, with fasting and
 vigils, and with sleeping on the ground.

- Nilus of Ancyra



SAINTS MARY AND MARTHA SISTERS OF SAINT LAZARUS

June 4

Apolytikion

Third Mode
"Awed by the beauty"

150

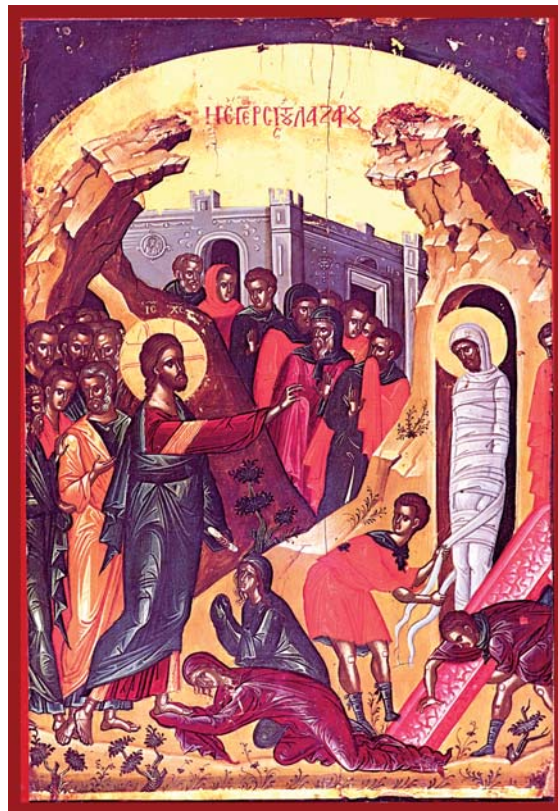
Ἦχος γ'. Γα

Intonation: #8



ince ye be - lieved in Christ___ with strong and ar - - dent faith,
and ev - er wor-shipped His___ di - vine and might - - y deeds, ye
both a - dorned your-selves_ with all the splen - - dour of sa - cred vir - -
tues. With your ho - ly broth-er now,___ ye are al - so vouch - safed___

to dwell with the ranks of Saints on__ high, O ye sis - - - ters of
 Laz - a - rus; and with him, O wise Mar - - y and Mar - tha, ye pray
 for us all un - to the Mas - ter.





SAINT METROPHANES ARCHBISHOP OF CONSTANTINOPLE

June 4

Apolytikion

First Mode

"While Gabriel was saying"

150

Ἦχος ᾠὴ Πα

Intonation: #1



(Π)

ro - claim - ing the great mys - t'ry, the God - head in Three Per - -

sons, thou didst make most clear un - to all___ men Christ's sav - ing dis -

(Δ)

(Π)

pen - sa - - tion. A shep - - herd to sheep___en - dowed with speech,

thou drav - est off the spir - i - tu - al wolves, and didst save___ from their

de - struc-tion and sav - age - ry Δ the lambs__ of Christ God, who cried
 out: π ϩ Glo - ry to Him that hath giv - - en thee strength. Δ Glo - - ry to
 Him__ that hath crowned_ thee. Δ (Δ) (Π) Glo - ry to Him__ that con - firmed the
 pure Or - tho - - dox Faith__ through_ thee. π ϩ

Psalmody is the weapon of a monk,
 by which he chases away grief.

- St. John of the Ladder



THE HOLY Hieromartyr Dorotheus BISHOP OF TYRE

June 5

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M) (Δ)
s a shar - er of the ways and a suc - ces - sor to
(B) (M) (Δ)
the throne of the A-pos - - tles, O in - spired of God, thou found -
(M) (Δ) (B)
est dis - - ci - pline to be a means of as - cent to di - vine vi -
(M)
- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ
^(B) ^(M)
 O Hier - o - mar - tyr Do - ro - the - us. ⁶ In - ter - cede with Christ our God
^(B)
 that our souls be saved. ⁶



SAINT DOROTHEUS



SAINT HILARION

June 6

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ρ Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Fa - ther; ρ for tak - ing up thy cross, thou didst fol - low Christ, and
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ρ for
 (Γ) (N)
 it pass - eth a - way, Δ ρ but to at - tend__ to__ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous A - bram - i - us, thy spir -
 it re - joic - eth with thē___ An - gels.



SAINT HILARION



THE HOLY MARTYR THEODOTUS OF ANCYRA

June 7

Apolytikion

Fourth Mode

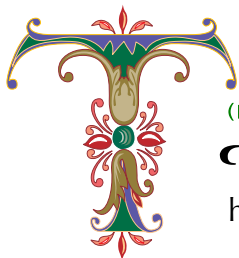
"Be quick to anticipate"

150

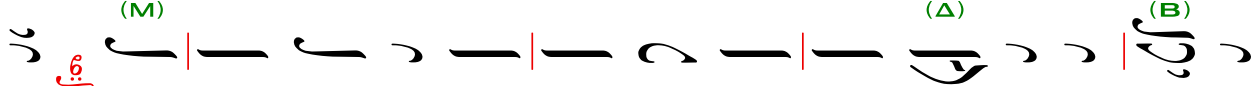
Intonation: #10

Ἦχος ᾠδῆς

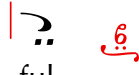
Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -



 ful.

When, indeed, the Holy Spirit
 saw that the human race was guided
 only with difficulty toward virtue, and that,
 because of our inclination toward pleasure, we
 were neglectful of an upright life, what did He do?
 The delight of melody He mingled with the doctrines
 so that by the pleasantness and softness of the sound heard
 we might receive without perceiving it the benefit of the words,
 just as wise physicians who, when giving the fastidious rather bitter
 drugs to drink, frequently smear the cup with honey. Therefore,
 He devised for us these harmonious melodies of the psalms,
 that they who are children in age, or even those who
 are youthful in disposition, might to all
 appearances chant, but in reality,
 become trained in soul.

- St. Basil the Great



THE TRANSLATION OF THE SACRED RELICS OF SAINT THEODORE THE COMMANDER

June 8

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δι

Στρατολογία ἀληθεῖ



(Δ) (B) (M) (Δ) 4
n truth en - list - - ed___ with the King of the Heav-ens, Δ

(B) (M) (Δ) 4 (B)
thou didst be - come___ for___ Him a no - ble com-mand-er, Δ O tro -

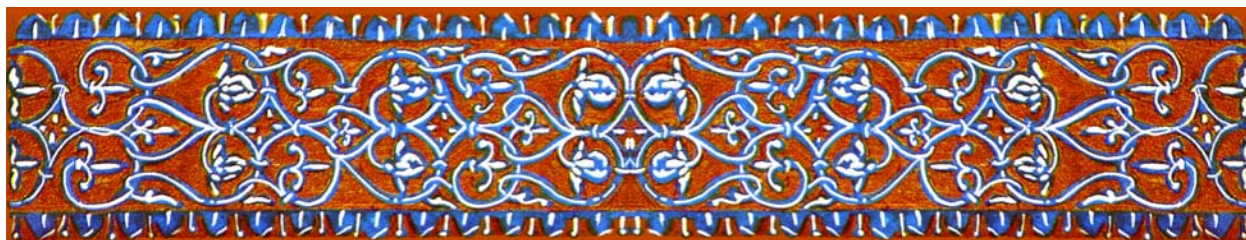
(M) (Δ)
phy - bear - er and Great Mar - tyr The - o - dore. Δ With the weap-on-

(M) (Δ) (Γ)
ry___ of faith Δ didst thou arm thy-self wise - ly Δ and didst ut -

ter - ly de-^(B)stroy all the hordes of the de - - - - mons, ⁽⁶⁾as a
 tri - ^(M)um - phant ath - - ^(Δ)lete of the Lord; ^(Δ)where-fore we ev - - er
 do ^(B)faith - ful - ly call thee blest. ⁽⁶⁾



SAINT THEODORE THE COMMANDER



SAINT MELANIA THE ELDER

June 8

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Ἦχος λ̣̂ ᾠ̣̂ Κε

Intonation: #13



(Κ)

corn - ing rich - es that per - ish and world - ly dig - ni - ty, ^ⲕⲓ thou

sought - est heav - en - ly glo - ry through self - de - ni - al and toils, ^ⲕⲓ mak -

ing no - ble rank more no - ble by hu - mil - i - ty; ^ⲕⲓ and thou didst build

(Δ)

a ho - ly house in Je - ru - sa - lem, where thou didst guide__ souls un -

to sal - va - tion.^(K) And now, O Moth - er Mel - a - - - nia, grant us

(M) the alms of thy rich prayers to God.





SAINT CYRIL ARCHBISHOP OF ALEXANDRIA

June 9

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and___
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired___
(M) (N)
a - dorn - ment of___ hier - archs, ς O wise Cyr - il, by thy teach - ings
(M) (Γ)
thou hast en - light - ened all, O harp of the___ Spir - it. ς In - ter - cede

(N) (M) (Γ)
 with Christ God that our___ souls be___ saved.

Γ



SAINT CYRIL
OF ALEXANDRIA



SAINT COLUMBA OF IONA

June 9

Apolytikion

Third Mode

150

Ἠχος Γα

Intonation: #8



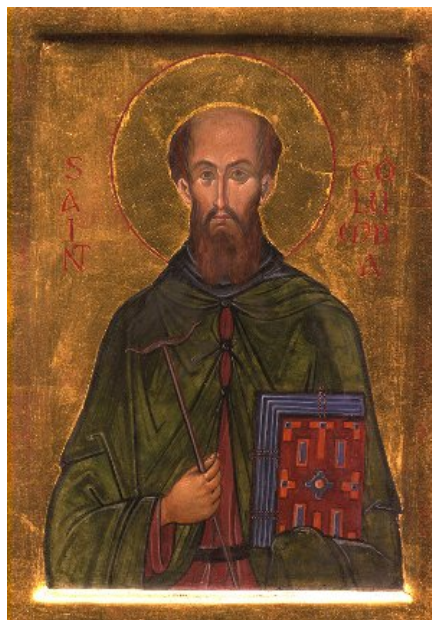
(N) fear-less ac-cus-er of sin_____ and a-veng-er

(Γ) of the in-jured, x q thou in re-pen-tance didst ac-cept ex-ile in a_____ (Γ)

(N) dis-tant_____ land, π q keep-ing the strait_____ and af-flict-ed path of o- (Γ)

(Γ) be-di-ence in the mo-nas-tic_____ rule. π q Thou didst cast the cloak of love

o - ver the fail - ings of the fee - ble. A lov - er of chant, thou
 didst re - jice in the cre - a - tion, whilst hymn - ing the Cre - a - -
 tor, and didst com - mand thy fol - low - ers to be at peace and have
 love a - mong them - selves, O gra - cious Co - lum - ba.



SAINT COLUMBA



SAINT CYRIL OF BELOZERSK

June 9

Apolytikion

First Mode

150

Ἦχος ♪̣ Πά

Intonation: #1



(□) p - root - ing the thorns ____ of the wick - ed pas - - sions,

(Δ) (□) thou didst blos - som like the lil - y in Da - vid's wild - er - ness, O Fa -

ther Cyr - il. π̣ Thou didst gath - er there - in a mul - - ti - tude of

dis - ci - - ples, Δ who were guid - ed by the fear of God and thine in -

struc - - tions. ^{π q} As a child - - - lov - ing fa - - ther, thou didst nev - ^(Δ)
 er a - ban - don them, and so we cry: ^{π q} Glo - ry to Him that hath giv - - en ^(□)
 thee strength. ^Δ Glo - - ry to Him ___ that hath crowned _ thee. ^Δ Glo -
 ry to Him that work - eth heal - ings ___ for all ___ through _ thee. ^{π q}





THE HOLY MARTYRS ALEXANDER AND ANTONINA

June 10

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

The virtue of silence, especially in church, is very great. . .

Is anything more unbecoming than the divine words should be so drowned by talking, as not to be heard, believed, or made known, that the sacraments should be indistinctly heard through the sound of voices, that prayer should be hindered when offered for the salvation of all?

- St. Ambrose of Milan



THE HOLY MARTYRS OF CHINA

June 10

Apolytikion

Third Mode
"Awed by the beauty"

150

Ἦχος γ'. Γα

Intonation: #8



et us the flock of Christ with love and pi - - e - ty
 now glo - ri - fy with hymns and tru - ly joy - - ous odes the faith -
 ful Mar - tyrs of the truth who suf - - fered for Christ in Chi - - na.
 For hav - ing con - fessed the Faith, they all brave - ly went un - - - to

death as lambs which were sac - ri - - ficed for our Shep - - - herd and
 Mas - ter Christ. And there - fore to the Mar - tyrs we cry out: Re -
 mem - ber us all, who sing your prais - es.





THE HOLY APOSTLES BARTHOLOMEW AND BARNABAS

June 11

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - - ly A - pos - tles, (Γ) in - ter - cede (Π) with the

(Γ) mer - ci - ful God π q that He grant un - to our souls for - give - ness of of - fenc -

es. Γ η



THE SYNAXIS OF THE ICON OF THE THEOTOKOS "IT IS TRULY MEET"

June 11

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Ἦχος Δι

Intonation: #10



(M) (Δ) (B)

e hosts of the Fa - thers of Mount Ath - os, gath - er to-day,

(Δ) (M) (Δ)

and shout with a voice of ju - bi - la - tion, leap - ing for joy,

(B) (Δ) (M)

and faith - ful - ly keep-ing feast: For, be - hold, the praise of the most

(Δ) (B)

pure The - o - to - kos won - drous - ly and awe-some-ly is sung by thē

Ა | Ა ^(M) and there - fore, as the Moth - er of God, we glo - ri - fy ^(B)

Ა | Ა ^(B)
her name.



THE "IT IS TRULY MEET"
ICON OF THE PANAGIA



SAINTS ONUPHRIUS OF EGYPT AND PETER OF ATHOS

June 12

Apolytikion

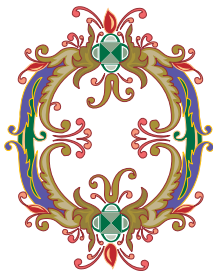
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat- ies guide our life in peace.



THE HOLY MARTYR AQUILINA

June 13

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

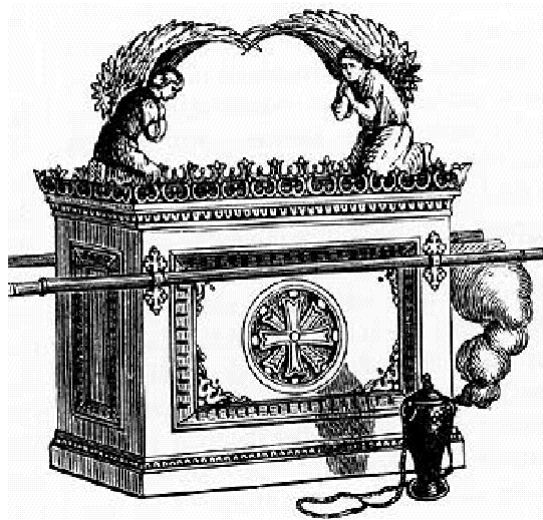
Ἦχος Δ

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
 great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
 now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -
 ied. I suf - fer for Thy sake, that I may reign with

Thee; ^(Δ) for___ Thy___ sake___ I ^(Π) die, that I may live___ in___
 Thee: ^(Δ) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. Lord, ^(Δ) save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)





THE HOLY PROPHET ELISSEUS (ELISHA)

June 14

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ΄

Ὁ ἐνσαρκος ἄγγελος



hē in - car - nate An - gel, and the Proph - ets' sum - mit and boast,
the sec - ond fore - run - ner of the com - ing of Christ our God,
E - li - as, the glo - ri - ous, from a - bove sent down his grace up - on
El - is - se - us; he doth cast out sick - ness and doth al - so cleanse lep -

ers; ^(M) and un - to all that hon - our him, ^(Δ) he ^(B) pour - eth forth streams of

cures.



THE PROPHET ELIAS



SAINT METHODIUS THE CONFESSOR ARCHBISHOP OF CONSTANTINOPLE

June 14

Apolytikion

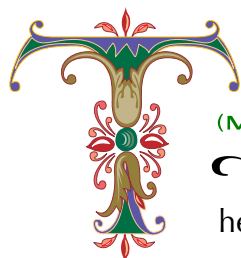
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Me - tho - - di - us, in -

6.



SAINT METHODIUS
THE CONFESSOR



THE HOLY PROPHET AMOS

June 15

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et A - mos, O Lord, through him we be - seech Thee to save

our souls.



SAINT JONAS METROPOLITAN OF KIEV

June 15

Apolytikion

Fourth Mode

150

Ἦχος ᾠδῆς Δε

Intonation: #10



(M)

ast - ing thy - self whol - ly up - on the Lord from thy youth,

(Δ)

in prayers and la - bours and fast-ing thou wast an im - age of vir -

(B)

(M)

tue. Hence, hav - ing be - held thy good vo - li - - - tion, God es -

(Δ)

(B)

(Δ)

tab - lished thee as a hier-arch and shep - herd of His Church. Where-fore,

e - ven af - ter thy__ re - pose, thy bod - y was kept whole_and in -
 cor - rupt, O ho - ly Hier - arch Jo - nas. Pray Christ God that our souls
 be saved.

There is nothing upon earth holier,
 higher, grander, more solemn, more life-giving
 than the Liturgy. The temple, at this particular time,
 becomes an earthly heaven; those who officiate represent
 Christ Himself, the angels, the cherubim, seraphim and apostles.

- St. John of Kronstadt



SAINT TIKHON BISHOP OF AMATHUS IN CYPRUS

June 16

Apolytikion

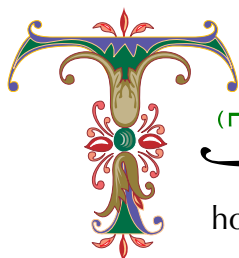
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an an -

gel in the flesh, and a won - der - work - - er, O Tik - - hon, our God -

bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. π ϩ Glo-ry to Him that hath giv - - en thee

strength. Δ ϩ Glo - - ry to Him___ that hath crowned_thee. Δ ϩ Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee. π ϩ



SAINT TIKHON OF CYPRUS



THE HOLY MARTYR ISAURUS AND THOSE WITH HIM

June 17

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
 hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
 (Δ) (M) (Δ)
 re - ceived as the prize the crowns of in - cor - rup - tion and life
 (B) (Δ) (M) (Δ)
 from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
 4 (B)
 down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

Sing to God in love and humility of spirit,
for the Lord rejoiceth therein.

- St. Silouan the Athonite



SAINT BOTOLPH ABBOT OF THE MONASTERY OF IKANHOR

June 17

Apolytikion

Plagal First Mode

150

Ἦχος λ̣ π̣ ᾠ̣ Κε

Intonation: #13



(K) (Δ) (K)
ei - ther the des - o - la - tion of the fens, ᾠ̣ nor the depth

(Δ) (K)
of thy hu - mil - i - ty could hide the light of thy vir - tues, ᾠ̣ where -

(Δ)
by thou be - cam - - est a lamp un - to the faith - ful, ᾠ̣ O Bo - tolp

(K) (Δ) (K)
our right - eous Fa - - ther. ᾠ̣ Where - fore, we en - treat thee: ᾠ̣ do

thou al - so en-light - en us who ven - er - ate thy bless - ed mem - o -

ry. xq





THE HOLY MARTYR LEONTIUS

June 18

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

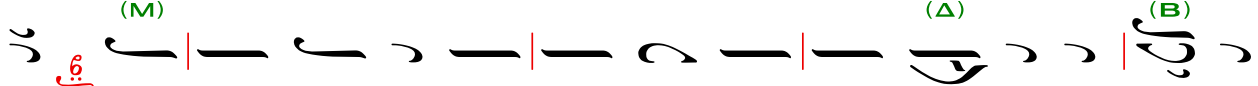
Intonation: #10

Ἦχος Δ


Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life
(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -



 ful.

Quality in psalmody and prayer consists in praying with the spirit and the nous.

One prays with the spirit only when, as he prays and chants, he is
 attentive to the content of the holy writings, and thus
 raises his heart to divine thoughts.

- Nikitas Stithatos



THE HOLY APOSTLE JUDE

June 19

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Intonation: #4

Ἦχος ᾠ̣ Κε

Χριστοῦ σε συγγενῇ



e know thee as a kins-man of Christ and we laud thee
with sa-cred hymns and songs as a most stead-fast Mar-tyr who
tram-pled on er-ror and who cou-ra-geous-ly kept the
Faith. As we cel-e-brate to-day thy ho-ly re-mem-

brance, we re - ceive___ for - give-ness of our sins and___trans-gres-sions,
 O Jude, through thy ho - ly prayers.



SAINT JUDE



SAINT PAISIUS THE GREAT OF EGYPT

June 19

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

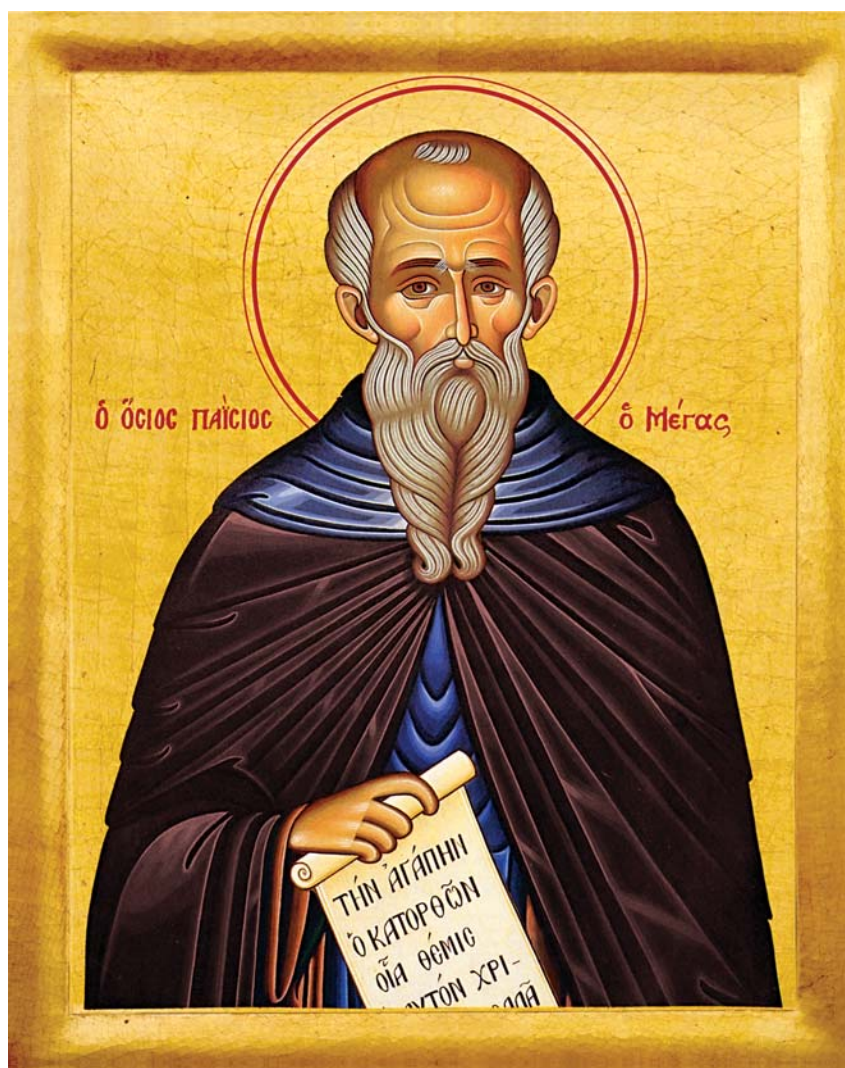
Ὁ ἑνσαρκος Ἄγγελος



hē in - car - nate An - gel, and the boast and sum - mit of monks,
the bod - i - less man, the cit - i - zen of Heav - en, the great
God - bear - ing Pa - i - si - us cel - e - brat - eth with us in di - vine
ju - bi - la - tion, grant - ing grace to all them that ex - tol him with rev -

'rence. ^(M) With ^(Δ) fer - ^(B) your let us hon - our this day, of - f'ring him songs of

praise.



SAINT PAISIUS THE GREAT



June 19

Plagal First Mode

"Let us worship the Word"

 χ^2_{150}
$$^{\epsilon}H_{\chi_0\varsigma} \frac{\lambda}{\pi} \ddot{q} = K\varepsilon$$

Intonation: #13



(K)

ike a spir - i - tual day - star in heav - en's fir - ma - ment, thou

— — | — — — — | — — — — — — — — — — — —
didst en - com - pass the whole world and didst en-light - en men's souls.

Hence, thy name is glo-ri-fied through-out thē East and West, for thou didst

 (Δ)

shine forth with the grace of the Sun of Right-eous-ness, O John, our

be - lov - ed shep-herd. Where-fore, cease not to en - treat _____ Christ,

that He show mer - cy and re - deem our _____ souls.



SAINT JOHN MAXIMOVITCH



THE HOLY Hieromartyr Methodius of Patara Bishop of Olympus

June 20

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, thou didst al - so con - test for the Faith e - ven un - to blood,
^(B) ^(M)
 O Hier - o - mar - tyr Me - tho - di - us. In - ter - cede with Christ our God
^(B)
 that our souls be saved.

Wherever there are spiritual melodies,
 there does the grace of the Spirit come,
 sanctifying the mouth and the soul.

- St. Nicodemus of the Holy Mountain



THE HOLY MARTYR JULIAN OF TARSUS

June 21

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

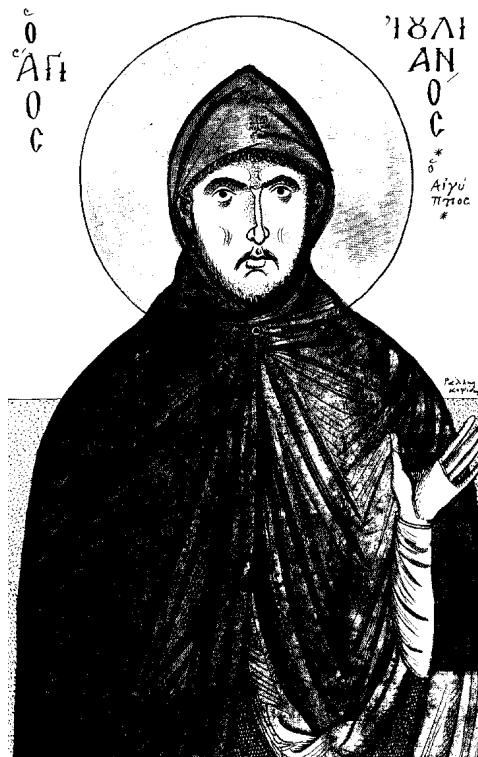
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT JULIAN OF TARSUS



THE HOLY HIEROMARTYR EUSEBIUS BISHOP OF SAMOSATA

June 22

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, thou didst al - so con - test for the Faith e - ven un - to blood,
^(B) ^(M)
 O Hier - o - mar - tyr Eu - se - bi - us. In - ter - cede with Christ our God
^(B)
 that our souls be saved.

Our psalmody should be angelic, not unspiritual and secular.

For to psalmodize with clamour and a loud voice

is a sign of inner turbulence.

- St. Gregory of Sinai



SAINT ALBAN THE FIRST MARTYR OF BRITAIN

June 22

Apolytikion

Fourth Mode

150

Ἦχος Δ' Δι

Intonation: #10



(M)

(Δ)

hou didst de - fend the per - se - cut - ed priest, and thy - self

(B)

didst re - ceive the mes - sage of sal - va - - tion. Fear - less be - fore

(M)

(Δ)

(B)

the judge thou didst pro - claim: "My name is Al - ban and I serve the

(M)

true and liv - ing God." Thou didst be - come the first - fruit of our

land; ^(A) O ho - ly mar - tyr Al - ban pray ^(Δ) un - ceas - ing - ly to God
^(B) for the sal - va - tion of the world. ⁽⁶⁾



THE MARTYRDOM OF SAINT ALBAN



THE HOLY MARTYR AGRIPPINA

June 23

Apolytikion

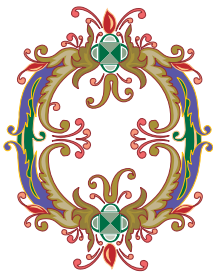
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
 great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
 now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -
 ied. I suf - fer for Thy sake, that I may reign with

Thee; for Thy sake I die, that I may live in

Thee: accept me of-fered out of long-ing to Thee as a spot-

less sac-ri-fice. Lord, save our souls through her in-ter-ces-sions,

since Thou art great in mer-cy.

Δ





THE NATIVITY OF SAINT JOHN THE BAPTIST

June 24

Apolytikion

Fourth Mode

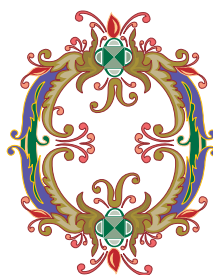
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

Προφήτα καὶ Πρόδρομε



(M) (Δ) (B)
 Proph - et and Fore-run - ner of Christ God's com - ing to us,
 (Δ) (M) (Δ)
 all we who with long - ing now ex - tol thee are at a loss
 (B) (Δ) (M) (Δ)
 to hon - our thee wor - thi - ly. For thy moth - er's bar - ren - ness and fa -
 (B)
 ther's long si - lence, by thine all - re - nowned and hal - lowed birth, were

both end-ed, ^(M) and thē In - car - na - tion of the Son of God is
^(Δ) ^(B)
 preached un - to all the world.



THE NATIVITY OF
ST. JOHN THE BAPTIST



THE NATIVITY OF SAINT JOHN THE BAPTIST

June 24

Kontakion

Third Mode
"On this day the Virgin"

150

Intonation: #8

Ἦχος Γα

Ἡ πρὶν στειρά



(M) (N) (Π)
he that once was bar - - ren doth to - day bring forth Christ's
(M) (N) (Π)
Fore - run - - - ner, John, the cul - mi - na - - tion and the crown
of all of the Proph - - - ets. For when he, in Riv - er
(N)
Jor - - - - dan, laid his hand on Him Whom the Proph-ets

(П) — — | ̣ ̣ ̣ | ̣ ̣ ̣ ̣ ̣ ̣ ̣ ̣ ̣ (N) — — ̣
 preached a - fore-time, he was re - vealed_____ as ̣ God the Word's
 ̣ ̣ — ̣ ̣ | ̣ ̣ ̣ ̣ | ̣ ̣ — ̣ ̣ ̣ ̣ ̣ ̣ ̣ ̣ ̣ ̣
 fore-cho - sen Proph - - et, ̣ His might - y preach-er, and His Fore-run - ner
 ̣ ̣ ̣ ̣
 in grace. ̣

When the day is over, the vendor sits down and counts his profits;
 but the worker of virtue does so when the psalmody is over.

- St. John of the Ladder



THE HOLY MARTYR FEBRONIA

June 25

Apolytikion

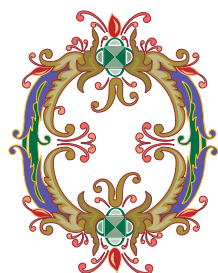
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



Lord Je - sus, un - - to Thee Thy lamb doth cry with a
great voice: O my Bride - - groom, Thee__ I love; and seek-ing Thee, I
now con - test, and with Thy bap - tism__ am cru - ci - fied__ and bur - - -
ied. I suf - fer for__ Thy sake, that I may reign__ with__

Thee; for Thy sake I die, that I may live in
 Thee: accept me of-fered out of long-ing to Thee as a spot-
 less sac-ri-fice. Lord, save our souls through her in-ter-ces-sions,
 since Thou art great in mer-cy.

SAINT



FEBRONIA



THE APPEARANCE OF THE ICON OF THE THEOTOKOS OF TIKHVIN

June 26

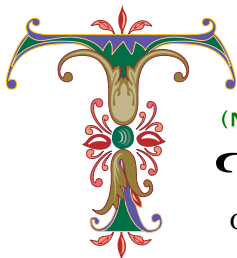
Apolytikion

Fourth Mode

150

Ἦχος Δι

Intonation: #10



(M) o - day thy most ven - 'ra - ble (B) i - con, O La - - dy, (M) hath

shone in Heav - en up - on us like a most bril - - - liant sun, Δ

(Δ) en - light - en - ing the world with rays of mer - cy, (B) which great Rus - sia and

A - mer - i - ca re - ceived from on high most rev - 'rent - ly as a di -

vine _____ gift, and they glo - ri - fy thee, O Moth - er of
 God, as the Queen _____ of all, and joy - ful - ly mag - ni - fy
 Christ our God Who was born of thee. Pray to Christ, O our La -
 dy and Queen, O The - o - to - - - kos, that He keep all Chris - tians _ un -
 harmed by all as - saults of thē en - e - my, and that He save them
 that ven - er - ate His di - vine im - age and thy pure i - con with
 faith, O Vir - gin who knew - est not wed - lock.





SAINT DAVID OF THESSALONICA

June 26

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϝ Γα

Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M) (Γ) (N)
n thee thē im - age was pre - served with ex - act - ness, O____
(N) Δ q
Fa - ther; ϝ for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the__ flesh, ϝ for
(Γ) (N)
it pass - eth a - way, Δ q but to at - tend__ to__ the soul since it

(M) (Γ) (N)
 is im - - mor - tal. Where-fore, O right-eous Da - vid, thy spir - it
 re - joic - eth with thē An - gels.



SAINT DAVID
 OF THESSALONICA



SAINT SAMSON THE HOSPITABLE

June 27

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π δ ς

Ἐν τῇ ὑπομονῇ σου



(N) n thy pa-tience thou hast won thy__ re - ward, O right - eous__ (M)
Fa - ther. (Γ) Thou didst per - se - vere un - ceas - ing - ly in prayer; (N) Δ q thou
(M) didst love the poor, and didst pro-vide for them in__ all things. (Γ) Δ q Where -
(N) - fore, in - ter - cede with Christ our God, (Γ) Δ q O bless - - ed and god - ly

(N) (M) (Γ)
 mind - ed Sam - son, that our ___ souls be ___ saved.

Γ
 Δ



SAINT SAMSON THE HOSPITABLE



THE TRANSLATION OF THE RELICS OF THE HOLY UNMERCENARIES CYRUS AND JOHN

June 28

Apolytikion

150

Plagal First Mode

Intonation: #13

Ἦχος λ̣ ᾠ̣ κε

Τὰ θαύματα τῶν ἁγίων σου



(K)

ince Thou hast giv - en us the mir - a - cles of Thy ho - ly Mar -

(Δ)

(K)

- tyrs as an in - vin - - ci - ble bat - tle - ment, by their en - treat -

(Δ)

(K)

ies scat - ter the coun - sels of the hea - - - then, O Christ our God, and

strength - - en the faith of Or - tho - dox Chris - - tians, since Thou a - lone

(M)

art good___ and the Friend of___ man. x̄ q̄





THE SYNAXIS OF THE ICON OF THE THEOTOKOS "OF THE THREE HANDS"

June 28

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Ἦχος Δι

Intonation: #10



(M) (Δ) (B)
 From Pal - es - tine, god - ly mind - ed Sab - bas brought un - to us
 (Δ) (M) (Δ)
 thy ven - 'ra - ble i - con, which is known as Of the Three Hands,
 (B) (Δ) (M) (Δ)
 O all - ho - ly Bride of God. Where - fore, since the monks of Hil - an - dar
 (B)
 now pos - sess it as their boast, they send up hymns of praise and thanks -

giv-ing, ^(M) while cry - ing out with fer - vour: Re - joice, ^(Δ) thou who art ^(B) full

of grace.





SAINTS SERGIUS AND HERMAN FOUNDERS OF VALAAM MONASTERY

June 28

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ



(M) e ap - peared as true ful - fill - ers of the Gos - pel of
(Δ)
(B) Christ, liv - ing for the sake of Christ as though the world and all
(M) there-in did not ex - ist. Ye set - tled on an is - land in the
(Δ) sea, where - on ye strug - gled as - sid - u - - ous - ly a - gainst thē
(B)

in - vis - i - ble foe; ^(M) by fasts, vig - ils, and all-night stand - ing ye ^(Δ)
 wise - ly sub - ject - ed your bod - ies to the spir - it; ^(B) for this cause did
 ye re - ceive wor - thy crowns from the right hand of the Al-might - y One.
 And now as ye stand be - fore the All - ho - ly Trin - i - ty, ^(Δ) O all -
 bless - ed Fa - thers Ser - gius and Her - - - man, ^(B) pray that we be
 pre - served in peace and that our souls be saved. ^(Δ)





THE HOLY, GLORIOUS, AND ALL-FAMED CHIEFS OF THE APOSTLES PETER AND PAUL

June 29

Apolytikion

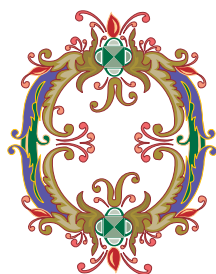
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Οἱ τῶν Ἀποστόλων πρωτόθροντοι



(M)

(B)

fore - most of thē A - pos - tles and teach - ers of the

(M)

(Δ)

world, in - ter - cede ye with the Mas - ter of all that He grant

(B)

peace to__ the world and great mer - cy to our souls.



THE HOLY, GLORIOUS, AND ALL-FAMED CHIEFS OF THE APOSTLES PETER AND PAUL

June 29

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοὺς ἀσφαλεῖς



(M)

(Δ)

hou hast tak - - - en to Thy - self, O Lord, the firm and

(B)

God - pro - claim - ing her - alds, the chief A - pos - tles, for thē en - joy -

(M)

ment of Thy bless - ings and for re - pose; for Thou hast ac - cept - ed

(Δ)

their la - bours and death as a - bove all sac - - ri - fice, O

Thou Who a - lone know - est the se - crets of _____ our hearts.





THE SYNAXIS OF THE HOLY GLORIOUS, AND ALL-FAMED TWELVE APOSTLES

June 30

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - - ly A - pos - tles, (Γ) in - ter - cede with the (Π)

(Γ) mer - ci - ful God that He grant un - to our souls for - give - ness of of - fenc -

es.



July





THE HOLY AND WONDERWORKING UNMERCENARIES COSMAS AND DAMIAN OF ROME

July 1

Apolytikion

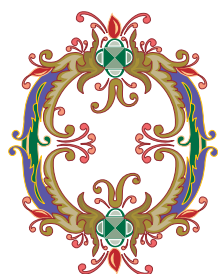
150

Plagal Fourth Mode

Intonation: #25

Ἕχος λ δ̣ —

Ἅγιοι Ἀνάργυροι



(M) (Γ) (N) (M)
Ho - ly Un - mer - ce - nar - ies and won - der - - work -

(Γ) (N) (Π) (M)
ers, vis - it our in - fir - mi-ties; free - ly ye re - ceived, free - - ly

(Γ)
give to us.



THE HOLY AND WONDERWORKING UNMERCENARIES COSMAS AND DAMIAN OF ROME

July 1

Kontakion

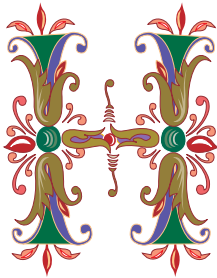
150

Second Mode

Intonation: #4

Ἦχος Δι

Οἱ τὴν χάριν λαβόντες



(M) av - ing re - ceived the grace of heal - ing, ye ex -

tend health to those in need, O glo - ri - ous and won - der - work - ing phy -

(B) si - - - cians. Hence, by your vis - i - ta - - - tion, (M) (B) cast down

(M) the au - dac - i - ty of our en - e - mies, (B) and by your mir - a - cles,

(M)
 heal _____ the world.





THE DEPOSITION OF THE RAIMENT OF THE THEOTOKOS IN BLACHERNAE

July 2

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Θεοτόκε ἀειπάρθενε



(Γ) ——— (N) ——— (M) (Γ)
Ev - er - vir - gin The - o - to - kos, shel - - ter___ of

(N)
man - - kind, thou hast be - stowed up - on thy peo - ple a might - y

(M) (Γ)
in - ves - - ture, e - ven thine im - mac - u - late bod - y's___ rai - ment and

(N)
sash, which by thy seed - less child - birth have re - mained in - cor -

rupt; ^(Δ)q for in thee na-^(M)ture and ^(Γ)time are made new. ^(Π)Where - fore,
^(Z)we im - plo^(N)re thee to grant peace to the world, ^(Δ)q and great mer - cy
^(Γ)to our ^(Δ)q souls.





THE DEPOSITION OF THE RAIMENT OF THE THEOTOKOS IN BLACHERNAE

July 2

Kontakion

Fourth Mode

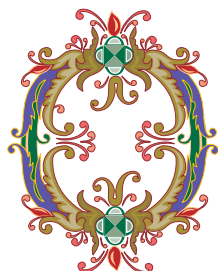
"Thou Who wast raised up"

150


Intonation: #10

Ἦχος Δι

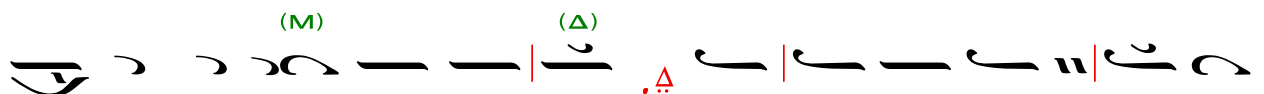
Περιβολὴν πᾶσι




god - ly shel - - ter__ that dost cov - er all man-kind,
the sa - cred robe__ that__ cov-ered thy sa - cred bod - y hast
thou be - stowed on all the faith - ful gra - cious - ly, O pure Vir - gin,
as__ a robe of di - vine in - cor - rup - tion. As we cel - e -



 brate with love its au - gust dep - o - si - - - - tion, we cry to



 thee with faith, O graced of God: Re - joice, O La - - dy, thou



 boast of the Chris - - tian race.

At all times, but most of all while chanting,
 let us be still and undistracted. For through
 distractions, the demons aim to ruin our prayer.

- St. John of the Ladder



THE HOLY HIEROMARTYR JUVENAL ENLIGHTENER OF AMERICA

July 2

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Ἦχος Ἀ Δι

Intonation: #10

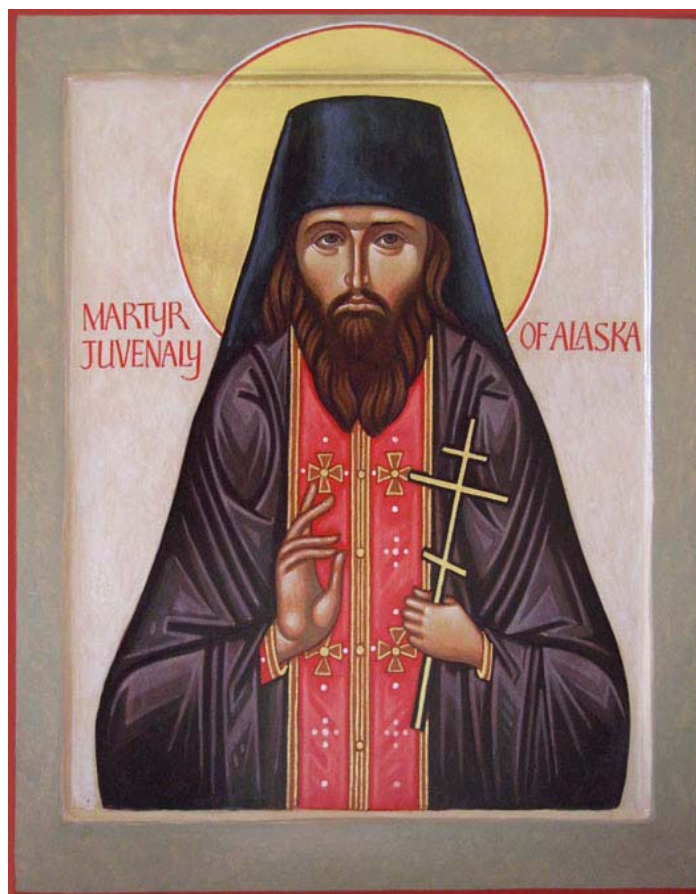


triv - ing to free___men___ from the dark - ness of i - dols,
thou didst break forth___bright___ as the sun as a Mar - tyr when thou
wast slaught - ered for pro - fess - ing Christ, O Ju - ve - nal. Where -
fore, as thou look - - - est down like a star out of Heav - en,

(Г) shine on us with beams of joy, (В) for thick gloom doth sur-round _____

us, 6 thou who art splen-did with__the light of Christ, (М) (Δ) Δ the Sun of

(В) Right - - eous - ness, Whom thou didst preach to all. 6





THE HOLY MARTYR HYACINTH THE CHAMBERLAIN

July 3

Apolytikion

Fourth Mode

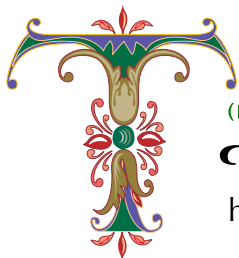
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

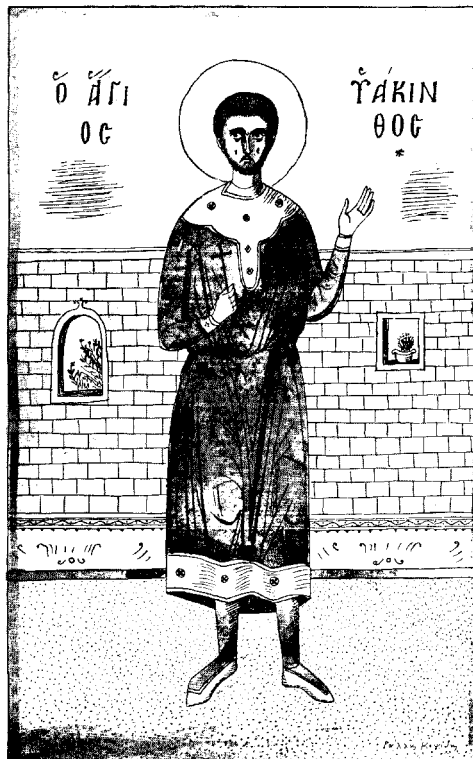
Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT HYACINTH



SAINT ANATOLIUS ARCHBISHOP OF CONSTANTINOPLE

July 3

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

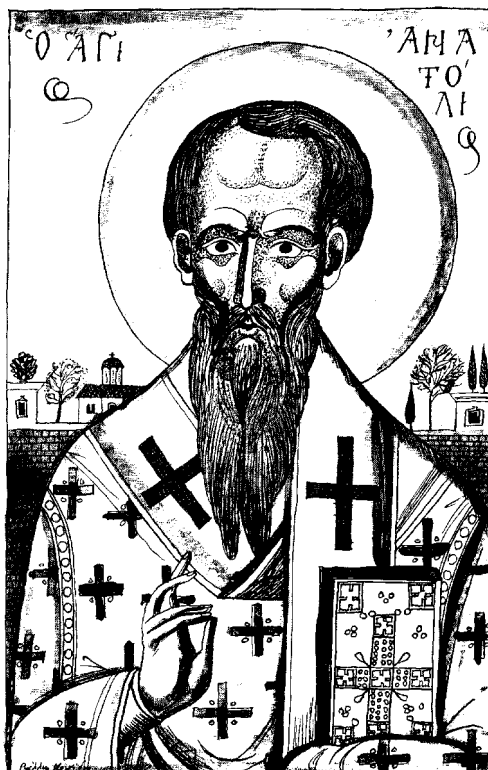
(B)

est dis - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al- so con- test for the Faith e- ven un- to blood, ^Δ
^(B) ^(M)
 O Hier- o- mar- tyr A- na- to- li- us. In- ter- cede with Christ ⁶
^(B)
 our God that our souls be saved. ⁶



SAINT ANATOLIUS



SAINT PHILIP METROPOLITAN OF MOSCOW

July 3

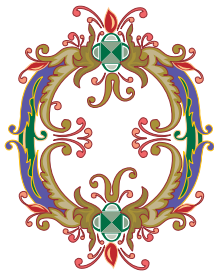
Apolytikion

Plagal Fourth Mode

150

Ἦχος λ π ς

Intonation: #25









(Γ) ————— (N) ————— (M)
suc - ces - sor of first prel - - ates, pil - lar of Or - tho -

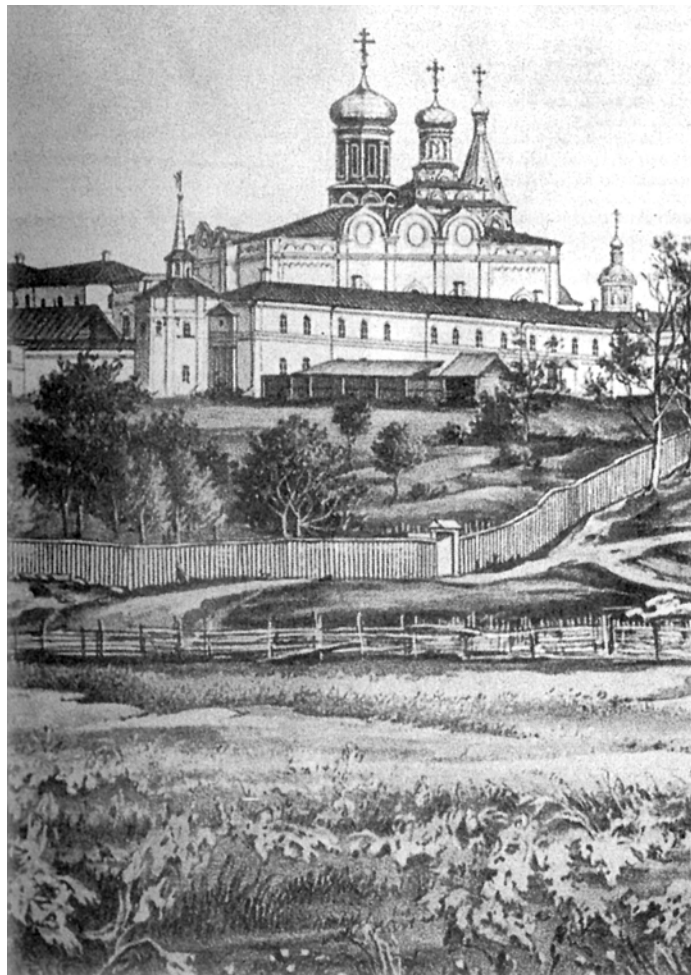
(Π) (N) ————— Δ
- dox - y, cham - pi - on of truth, new con - fes - sor, Saint Phil - ip,

(M) (N) ————— Δ
thou didst lay down thy life for thy flock. Where-fore, since thou hast bold -

ness with Christ, pray for the suf - - fer-ing Rus-sian land and them that

wor - thi - ly hon - - our thy ho - - ly___ mem - o - - ry.





SAINT ANDREW THE HYMNOGRAPHER ARCHBISHOP OF CRETE

July 4

Apolytikion

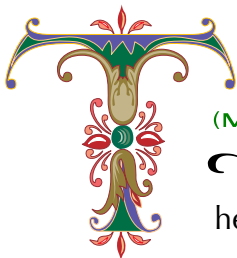
150

Fourth Mode

Intonation: #10

Ἦχος Δ' Δε

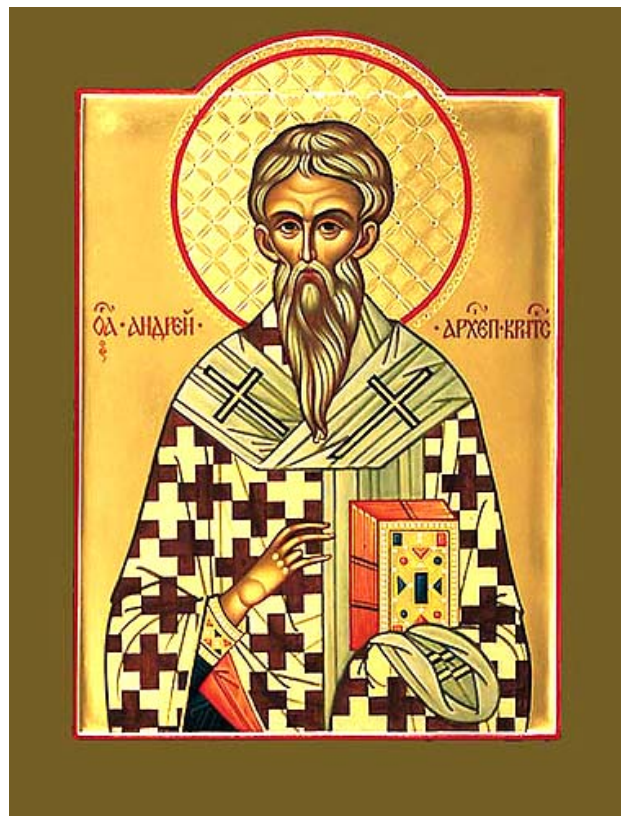
Κανόνα πίστεως



(M) (Δ) (B)
he truth of things hath re - vealed thee to thy flock as a rule
(M) (Δ) (B) (M)
of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
(Δ) (M) (Δ)
this cause thou hast a - chieved the heights by hu - mil - - i - ty, rich -
(B) (Δ)
es by pov - er - ty. O Fa - ther and Hier - - arch An - - drew, in -

ter - cede__with Christ_____ God that our souls be saved.

6



SAINT ANDREAS OF CRETE



THE HOLY ROYAL MARTYRS OF RUSSIA

July 4

Apolytikion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Ἦχος ᾠδὴ Κε

Intonation: #4



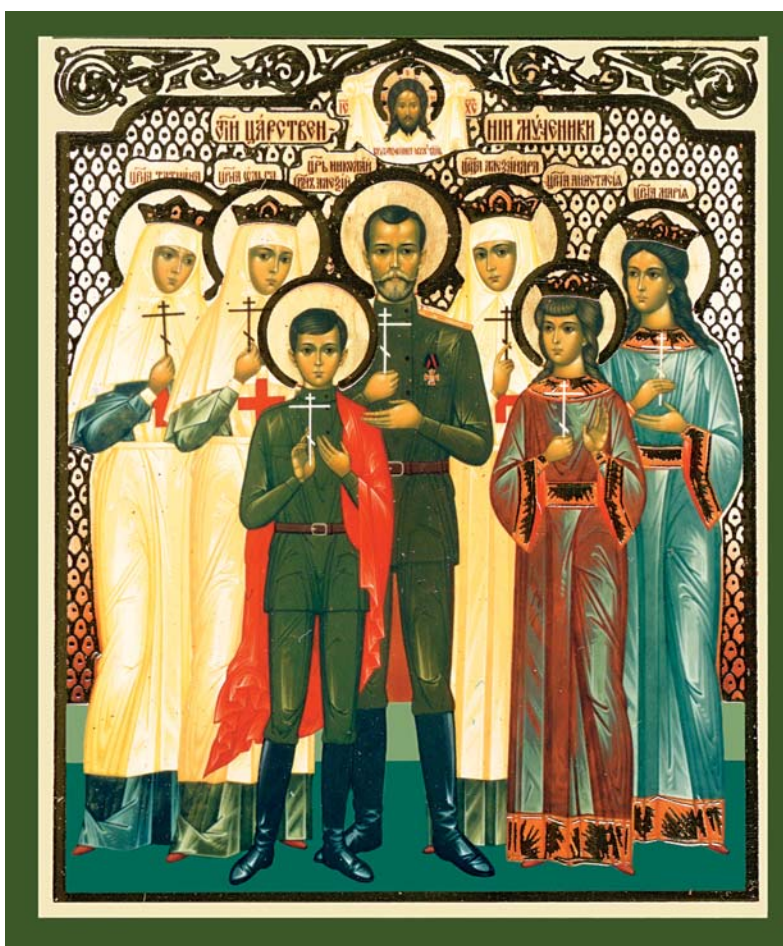
ost no - ble and sub - lime was your life and death, O

Sov - 'reigns; wise Nich - o - las and blest Al - ex - an - dra, we praise

you, ac - claim - ing your pi - - e - ty, meek - ness, faith, and hu - mil -

- - i - ty, where - - by ye at - tained to crowns of glo - ry

_ in Christ God, ^(K) with your five ^(M) re - nowned and god - ly ^(K) chil - dren
 _ of ⁴ blest fame. O ^(M) Mar - tyrs decked in pur - ple, in - ter - cede for us.





SAINT ATHANASIUS OF ATHOS

July 5

Apolytikion

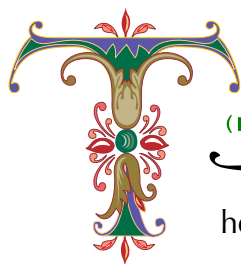
Third Mode
"Awed by the beauty"

150

Intonation: #8

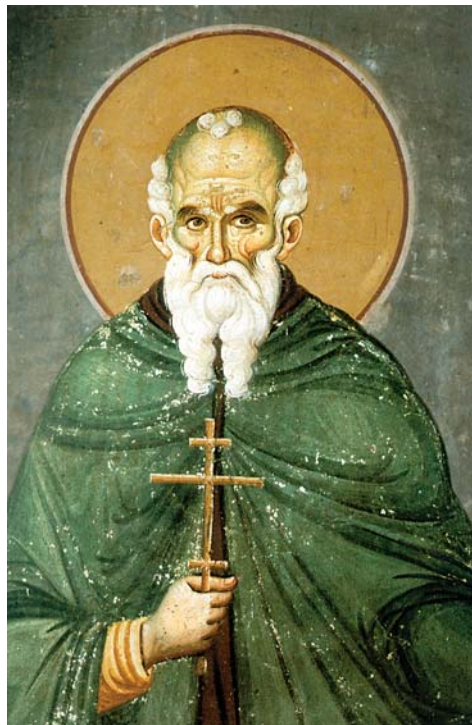
Ἦχος γ'. Γα

Τὴν ἐν σαρκί



hē An - gels' ranks were awed ___ by thy life in ___ the flesh,
how, though cor - po - re - al, ___ and clad with earth - - ly clay, thou didst
set forth with cour - age to in - vis - - i - ble wars and wres - - tlings
and didst bold - ly smite the hordes ___ of the de - mons with mor - - tal

wounds. ^(A) Where-fore, Christ ^(Γ) re - ward - ed ^(N) thee with a - bun - - - dant
 gifts in re - turn. ^(Γ) En - treat Him that our souls ^(N) find sal - va - tion,
 O most re-nowned Fa - ther Ath - a - na - sius.



SAINT ATHANSIUS



THE UNCOVERING OF THE RELICS OF SAINT SERGIUS OF RADONEZH

July 5

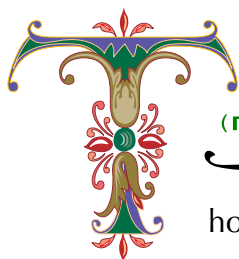
Apolytikion

Plagal Fourth Mode

150

Ἦχος λ π ς

Intonation: #25



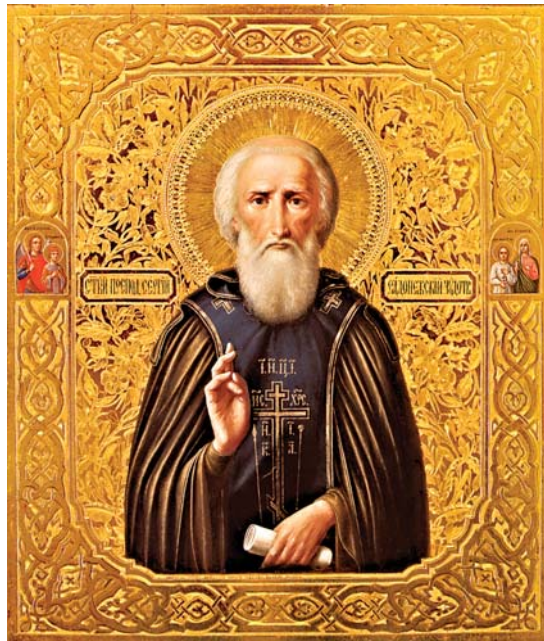
(Γ) (N) Δ q
hou didst re - ceive Christ in thy soul from thy youth, O Saint,

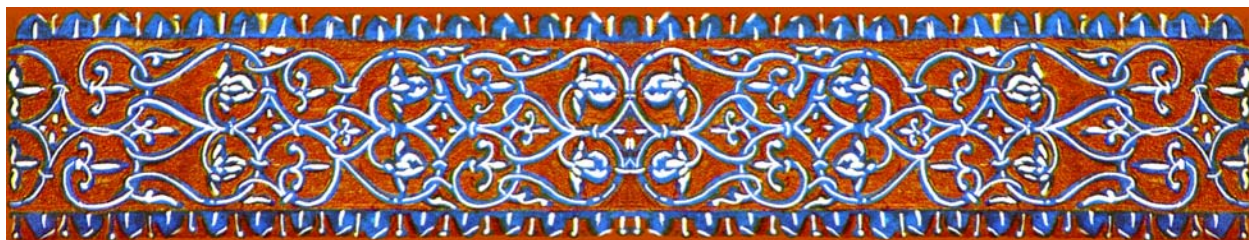
(M) (Γ)
and a - bove all didst de - sire to be quit of the tur -moil of

(Π) (N) Δ q
the world. Thou didst cou - ra - geous - ly set - tle in the wilds,

(M)
and there thou didst raise chil - dren of o - be - di - ence, fruits of hu -

(Г) mil - i - - ty. (Н) Thus, as an a - bode of the Trin - i - ty, (Н)
 thou didst en - light - en with thy mir - a - cles all who came to thee with
 (Г) faith, (Г) and didst grant heal - ings a - bun - dant - - ly (М) (Г) to all. (Г) O
 (Н) our Fa - ther Ser - gius, (М) (Г) pray to Christ our God that He save our
 souls.





THE HOLY NEW MARTYRS ELIZABETH THE GRAND DUCHESS AND THE NOVICE BARBARA

July 5

Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Ἦχος λ̣ ᾠ̣ Κε

Intonation: #13



(K)

m - u - lat - ing the Lord's self - a - base - ment on thē earth, ^ⲕⲓ

thou didst for - sake roy - al man - sions to serve the poor_ and dis - dained,

o - ver - flow - ing with com - pas - sion for the suf - fer - ing. And tak - ^ⲕⲓ

(Δ)

ing up a mar - tyr's cross, thou in meek - ness didst per - fect the Sav - - iour's

im - age with - in thee. ^(K) Where-fore, with Bar - b'ra, en - treat ^q Him
 to save us all, O wise E - liz - a - - beth. ^(M) ^q



SAINT ELIZABETH



SAINT SISOËS THE GREAT

July 6

Apolytikion

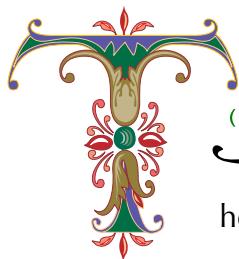
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an

an - gel in the flesh, and a won - der - work - er, O Si - so - - es,

our God - bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou

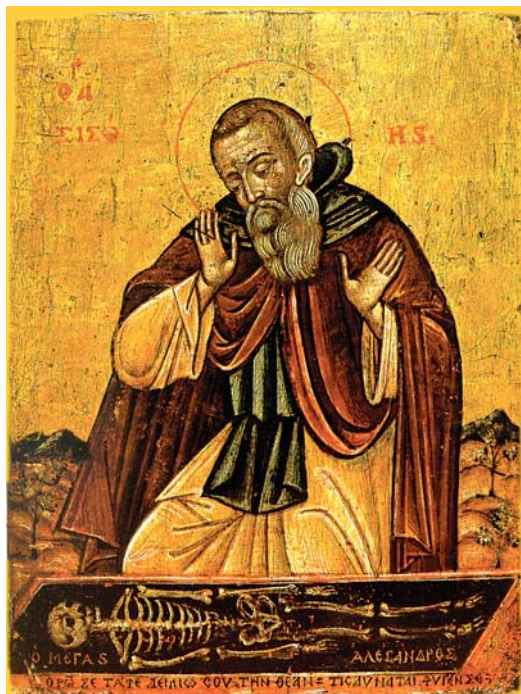
didst ob - tain heav - - en - ly gifts, and thou heal - - est the sick

and the souls of them that have re-course to thee with faith. π ρ Glo-ry to

Him that hath giv - - en thee strength. Δ ρ Glo - - ry to Him__ that hath

crowned_thee. Δ ρ Glo-ry to Him that work-eth heal-ings_for all__through_

thee. π ρ



SAINT SISOES THE GREAT
AND ALEXANDER THE GREAT



SAINT THOMAS OF MOUNT MALEON

July 7

Apolytikion

150

Plagal Fourth Mode

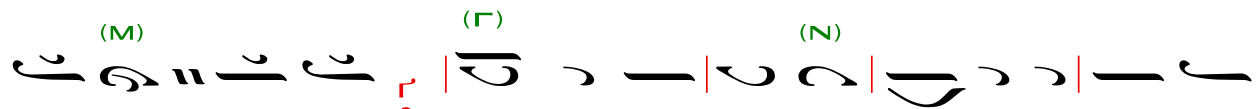
Intonation: #25

Ἦχος λ ρ Γα


Ἐν σοὶ Πάτερ ἀκριβῶς



(Γ) (N) (M) (Γ) (N)
n thee thē im - age was pre - served with ex - act - ness, O____
(N) Δ ρ
Fa - ther; ρ for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the__ flesh, ρ for
(Γ) (N)
it pass - eth a - way, Δ ρ but to at - tend__ to__ the soul since it



 is im - - mor - tal. Where-fore, O right-eous Thom-as, thy spir - it



 re - joic - eth with thē An - gels.

Nothing so arouses the soul,
 gives it wing, sets it free from the earth,
 releases it from the prison of the body, teaches it
 to love wisdom and to despise all the things
 of this life, as concordant melody
 and sacred song composed
 in rhythm.

- St. John Chrysostom



THE HOLY GREAT MARTYR KYRIAKE

July 7

Apolytikion

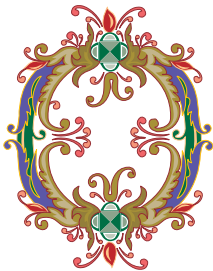
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(□) Lord Je - sus, un - - to Thee Thy lamb doth cry with a
(Δ) great voice: O my Bride - - groom, Thee__ I love; and seek-ing Thee, I
(Δ) now con - test, and with Thy bap - tism__ am cru - ci - fied__ and bur - - -
(Δ) ied. I suf - fer for__ Thy sake, that I may reign__ with__

Thee; ^(Δ) for___ Thy___ sake___ I die, that I may live___ in___
^(Δ) Thee: ^(Π) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. ^(Δ) Lord, save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)



SAINT KYRIAKE



THE APPEARANCE OF THE ICON OF THE THEOTOKOS OF KAZAN

July 8

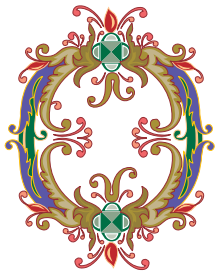
Apolytikion

Fourth Mode

150

Ἦχος Δι

Intonation: #10



(M) (Δ)
fer - vent in - ter - ces - sor, Moth - er of the Lord Most
(M) (B) (M)
High, thou pray - est for all to thy Son, Christ our God, and thou
(Δ) (B)
caus - est all to be saved who have re - course to thy pow - er - ful pro -
(M)
tec - - - tion. O Sov - 'reign La - dy and Queen, help and de -

fend all of us ^(Δ) who in trou- bles and ^(B) tri - als, in pain ^(Δ) and bur -
 dened with man - y ^(M) sins, stand be - fore thy most pure i - con in thy pres - ^(Δ)
 ence, ^(M) and pray to thee with com - punc - tion ^(Δ) of soul, con - tri - tion of ^(B)
 heart, and with tears, ^(M) and who have un - flag - ging hope in thee. ^(Δ) Grant
 to all what is good for us, ^(Δ) de - liv - er - ance from all ^(B) e - vil, ^(Δ)
 and save us all, O Vir - gin The - o - to - - - - kos, ^(M) for thou ^(Δ)
 _ art a di - vine pro - tec - tion to thy ser - - - vants. ^(B) ^(Δ)





THE HOLY GREAT MARTYR PROCOPIUS

July 8

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT PROCOPIUS



THE HOLY HIEROMARTYR PANCRA TIUS BISHOP OF TAUROMENIUM IN SICILY

July 9

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(Δ) thou didst al- so con- test for the Faith e- ven un- to blood, ^(B) O Hier- o- mar- tyr Pan- crat- i- us. ^(M) In- ter- cede with Christ our God that our souls be saved. ^(B)



SAINT PANCRA TIUS



THE DEPOSITION OF THE PRECIOUS ROBE OF OUR LORD JESUS CHRIST IN MOSCOW

July 10

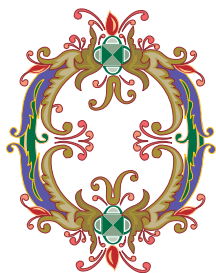
Apolytikion

Fourth Mode

150

Ἦχος Δ'

Intonation: #10



(M) (Δ)
n this day let us the faith-ful run to the di-vine and
(B) (M) (Δ)
heal-ing robe of our Sav-iour and God, Who was pleased to wear our
(M) (Δ)
flesh and pour out His ho-ly Blood on the Cross, where-by He
(B) (M)
hath re-deemed us from slav-er-y to thē en-e-my. Where-fore,

we thank-ful - ly cry_____ to Him: By__Thy pre - cious robe save

and__de - fend Or - tho-dox Chris-tians, and bish - ops, and cit - ies,

and all men eve - ry - where, and save our souls, for Thou art the Friend of

man.





THE HOLY FORTY-FIVE MARTYRS OF NICOPOLIS IN ARMENIA

July 10

Apolytikion

Fourth Mode

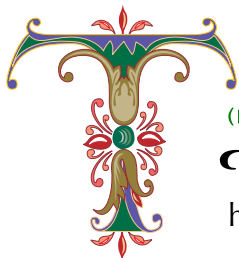
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -
ful.

This I say, not only that you may yourselves sing praises, but also that you may teach your wives and children to do so, not merely to lighten the work while weaving, but especially at the table. For since Satan is wont to lie in wait at feasts, and to employ as allies drunkenness, gluttony, immoderate laughter, and an inactive mind; on these occasions, both before and after table, it is especially necessary to fortify oneself with the protection of the psalms and, rising from the feast together with one's wife and children, to sing sacred hymns to God.

-St. John Chrysostom



SAINT ANTHONY OF THE KIEV CAVES

July 10

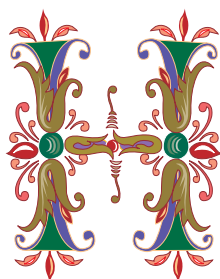
Apolytikion

Fourth Mode

150

Ἦχος Δ'

Intonation: #10




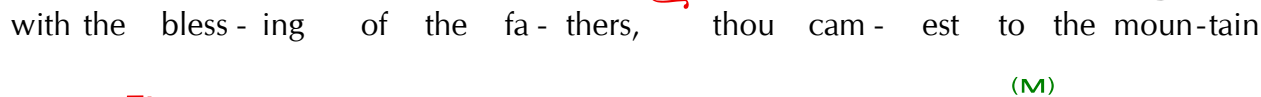
(M) av - ing left the tur - moil of the world, (Δ) thou didst fol -

(B) low Christ ac - cord - - ing to the Gos - pel by re-nounc - ing the world; (Δ)


(M) and hav - ing lived a life e - qual to thē An - - - gels, (Δ) thou didst


(B) at - tain to the qui - et ha - ven of Ho - ly Mount Ath - - os. Thence,



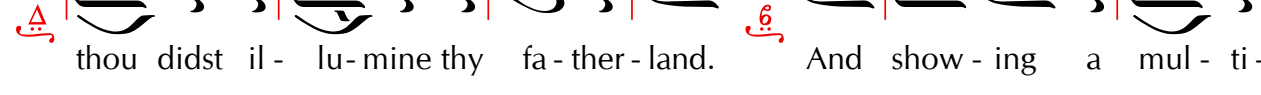
 with the bless - ing of the fa - thers, 


 thou cam - est to the moun-tain



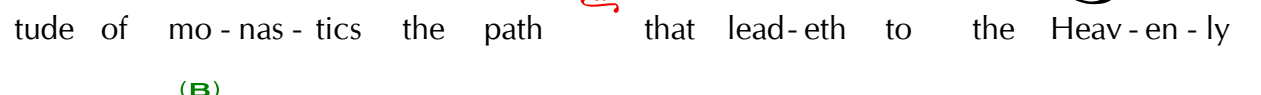
 of Ki - - - - ev, 

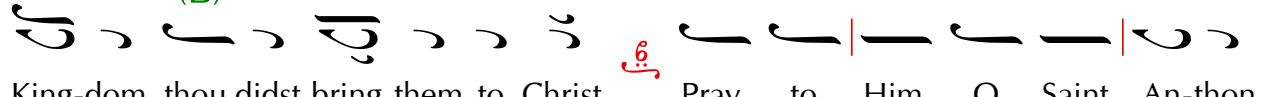
 and liv - ing there an ar - du - ous life,



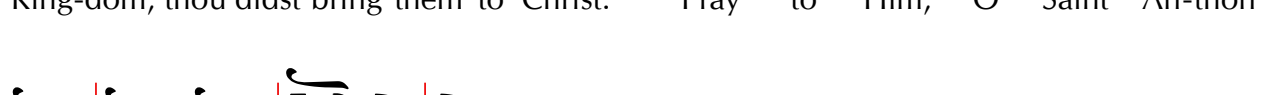
 thou didst il - lu - mine thy fa - ther - land. 


 And show - ing a mul - ti -




 tude of mo - nas - tics the path 

 that lead - eth to the Heav - en - ly



 King-dom, thou didst bring them to Christ. 

 Pray to Him, O Saint An-thon -



 y, that He save our souls.

We should offer up doxologies to God with
 fear and a contrite heart, in order that they
 may be accepted like fragrant incense.

- St. John Chrysostom



THE HOLY GREAT MARTYR AND ALL-FAMED EUPHEMIA

July 11

Apolytikion

Third Mode
"Thy confession"

150

Intonation: #8

Ἦχος γ'. Γα

Λίαν εὐφράνας



Eu - phe - - mi - a, Christ's come - ly vir - gin, thou

didst fill the Or - tho - dox with glad - ness and didst cov - - er

with shame all the her - e - - tics; for at the ho - ly Fourth

Coun - - cil in Chal - ce - don, thou didst con - firm what the Fa - -

thers de - - creed a - - right. O all - glo - ri - ous Great Mar - tyr, do thou en -
 treat Christ God that His great mer - cy may be grant - ed un - - to
 us.



SAINT EUPHEMIA



SAINT OLGA PRINCESS OF KIEV EQUAL TO THE APOSTLES

July 11

Apolytikion









First Mode

150

Ἦχος ♪ ♯ Πα

Intonation: #1



(□)  (Δ)
iv - ing thy mind wings with the knowl - edge of God,  thou
(□) 
didst soar be-yond__ vis - - i - ble crea - - tures,  seek-ing the God and

Cre - a - tor__ of all things;  and hav - ing found__ Him, thou didst

re - ceive re - birth by bap - tis - m.  Since thou dost en - joy the Tree of

Life, Δ thou re - main - est in - cor - rupt for all e - ter - ni - ty, Δ

O ev - er - glo - ri - - ous Ol - - ga. π
9



SAINT OLGA, PRINCESS OF KIEV



THE HOLY MARTYRS PROCLUS AND HILARY

July 12

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

O sleepless nights, with the singing of psalms,
and with standing which lasts from one day to the next!
O David, only for these faithful souls [the nuns], have you not sung too long!

- St. Gregory of Nazianzus



SUNDAY OF THE HOLY FATHERS OF THE SEVEN ECUMENICAL COUNCILS

July 13-19

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

ὑπερδεδοξασμένος εἰ



(Γ) (N) (M) (Γ)
ost glo - ri - fied art Thou, O Christ our God, 4

(N) (M) (Γ)
Who hast es - tab - - lished our Fa - thers as lu - mi - nous stars up - - on

(N) (Γ)
thē earth, and through them didst guide us all to the true Faith. O

(N) (M) (Γ)
Most Mer - ci - ful One, glo - ry be to Thee.



SUNDAY OF THE HOLY FATHERS OF THE SEVENTH ECUMENICAL COUNCIL

July 13-19

Kontakion

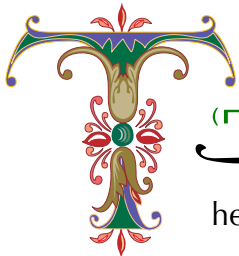
150

Plagal Fourth Mode


Intonation: #25

Ἦχος λ π ς Γα

Τῶν Ἀποστόλων



he preach-ing of thē A - pos - tles and the doc-trines of the Fa -
thers con - firmed the one Faith in the Church. And wear-ing the gar -
ment of truth, wo - - ven from the the - ol - - o - - gy on high,
she right - - ly di - vid - eth and glo - ri - fi - eth the great mys-ter - y

(M) (Г)
of ___ pi - e - - ty. 





THE SYNAXIS OF THE ARCHANGEL GABRIEL

July 13

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δ

Τῶν οὐρανίων στρατιῶν



(Δ) (B) (M) (Δ) 4
u - preme Com - mand - - er of the Hosts of the Heav - ens,
(B) (M) (Δ) 4 (B)
we, thē un - wor - - thy, im - por - tune and be - seech thee that by
(M) (Δ)
thy sup - pli - ca - tions thou en - cir - cle us in the shel - ter
(M) (Δ) (Γ)
of the wings of thine im - ma - te - ri - al glo - ry, guard - ing

us who now fall down and cry to thee with fervour: De-liv-
 er us from dangers of all kinds, as the great marshal of
 the heav-en-ly hosts on high.





SAINT STEPHEN OF MAR SABBAS MONASTERY

July 13

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and___
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired___
(M) (N)
a - dorn - ment of mo - - nas - tics, ς O wise Ste - phen, by thy teach
(M) (Γ)
ings thou hast en - light - ened all, O harp of the___ Spir - it. ς In -

ter - cede with Christ God that our____ souls be____ saved.

The book of psalms uproots the passions
 with a certain melodic enjoyment
 and a delight that instills
 pure thoughts.

- St. Basil the Great



THE HOLY MARTYR GOLINDUC

July 13

Apolytikion

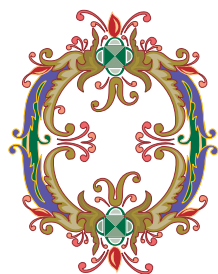
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δι

Ἡ ἀμνάς σου Ἰησοῦ



(Π) (Δ)

Lord Je - sus, un - - to Thee Thy lamb doth cry with a

great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I

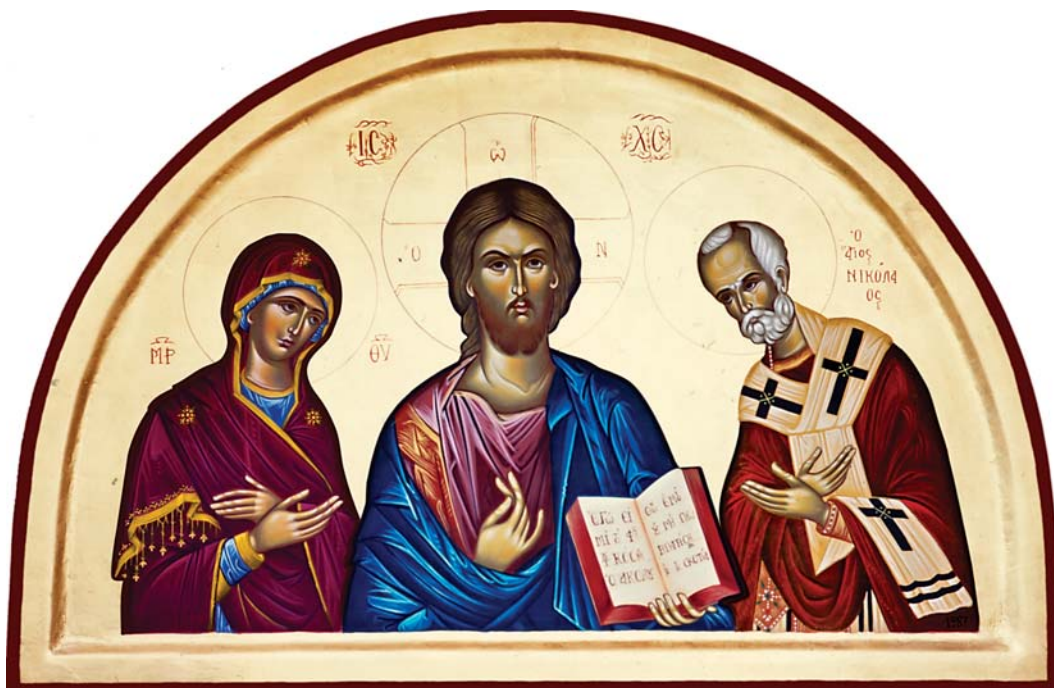
(Δ) (Π)

now con - test, and with Thy bap - tism am cru - ci - fied and bur - - -

4 (Δ)

ied. I suf - fer for Thy sake, that I may reign with

Thee; ^(Δ) for___ Thy___ sake___ I die, that I may live___ in___
^(Δ) Thee: ^(Δ) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. Lord, ^(Δ) save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)





THE HOLY APOSTLE AQUILA

July 14

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - ly A - pos - - tle A - quil - a, in - ter - cede -

__ with the __ mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.

150



THE HOLY HIEROMARTYR JOSEPH ARCHBISHOP OF THESSALONICA

July 14

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δ' Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(Δ) thou didst al - so con - test for the Faith e - ven un - to blood, ^(Δ)
^(B) O Hier - o - mar - tyr Jo - - seph. ^(M) In - ter - cede with Christ our God
 that our souls be saved. ^(B)

Psalmody in a crowded congregation is accompanied
 by captivity and wandering of the thoughts; but in solitude, this
 does not happen. However, those in solitude are liable to be assailed by
 despondency, whereas in congregation the brethren help each other by their zeal.

- St. John of the Ladder



SAINT NICODEMUS OF THE HOLY MOUNTAIN

July 14

Apolytikion

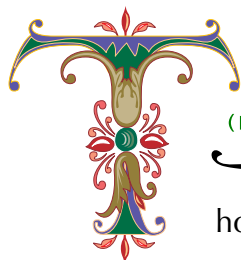
Third Mode
"Awed by the beauty"

150

Intonation: #8

Ἦχος γ'. Γα

Σοφίας χάριτι



hou hast been shown to be _____ a god-ly clar - - i - on

of ho - ly or - a - cles, _____ teach - ing us right - - eous - ness. Thou wast

a - dorned with wis - dom's grace, O Fa - - ther, Saint Nic - o - de - -

mus For thou didst pre - sent to all _____ thy pure life as a par - -

a - digm, ^Δ pour - ing forth ^(Γ) en - light - en - - ment by the ^(N) wealth _____ of
 thy god - ly words. ^γ Thy teach - ings of sal - va - - tion il - lu - mined ^(Γ)
 as light the whole world, O right - eous Fa - ther. ^ρ



SAINT NICODEMUS OF THE HOLY MOUNTAIN



THE HOLY MARTYRS CYRICUS AND HIS MOTHER JULITTA

July 15

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δι

Ἦ καλλιμάρτυς



less - ed Ju - lit - - ta, Christ God's ra - tion - al ewe-lamb,
with ho - ly Cyr - - i - - cus, her three-year - old off-spring, stood
at the judg - ment seat and with au - thor - i - ty and great bold -
ness they pro-claimed the true Faith of the Chris-tians. In no

wise were they a-fraid of the threats of the ty - - - - - rants; and
 now in Heav - en, wear - ing pre - cious crowns, they both re - joice__
 as they stand be - fore Christ our God.



SAINTS CYRICUS AND JULITTA



SAINT VLADIMIR
GREAT PRINCE OF KIEV
EQUAL TO THE APOSTLES

July 15

Apolytikion

Fourth Mode

150

ἤχος ἁδ

Intonation: #10



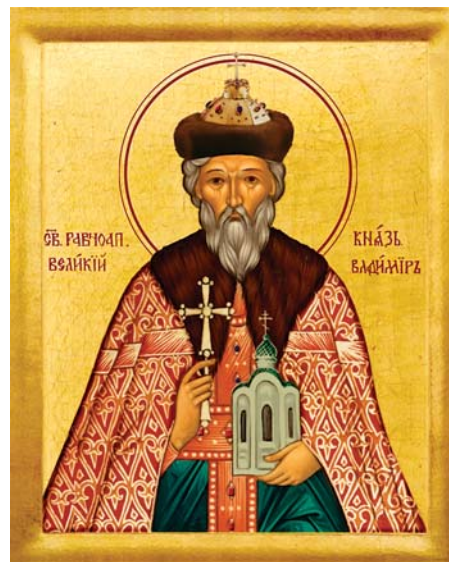
hou wast like a mer-chant who seek-eth a good-ly pearl,

O glo-ri-ous Sov-'reign Vlad-i-mir, sit-ting on the height of

_the throne of the moth-er of cit-ies, God-pro-TECT-ed Ki-ev. Search-

ing and send-ing to thē im-pe-ri-al cit-y to know thē Or-

tho - dox Faith, ^(B) thou didst find Christ, the price-less Pearl, ⁽⁶⁾ Who chose thee
 as a sec - ond Paul, ^(M) and Who did shake off thy spir - i - tu - ^(Δ)
 al and bod - i - ly blind-ness in the ho - ly font. ^(B) ^(M) ⁽⁶⁾ Where-fore, we
 who are thy peo - ple cel - e - brate thy fall - ing a - sleep. ^(Δ) Pray
 that thy land of Rus - sia ^(Δ) be saved, ^(B) and that Or - tho - dox peo -
 ple be grant - ed peace and great mer - cy. ⁽⁶⁾





SAINT MATRONA OF CHIOS

July 15

Apolytikion

Third Mode
"Awed by the beauty"

150

Ἦχος γ'. Γα

Intonation: #8



(Γ) ol - low - ing in the steps of Christ with ar - - dent faith,

(Γ) thou didst for - sake the world with all its fleet - - ing joys and in

(Γ) the flesh thou yet didst live the life of the ho - ly An - - gels.

(Γ) Where-fore thou hast filled with joy all of Chi - os, thy na - - - tive

isle, with the Spir - it's man - y__ gifts, right - eous Moth - - - er ac -
 claimed of all. And all with joy cry out__ to thee, say - ing,
 Re - joice, O all - ven - 'ra - ble Ma - tro - na.



SAINT MATRONA



THE HOLY Hieromartyr ATHENOGENES

July 16

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of the A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ
^(B) ^(M)
 O Hier - o - mar - tyr A - the - nog - e - nes. ⁶ In - ter - cede with Christ
^(B)
 our God that our souls be saved. ⁶

Chanting is the work of the Bodiless Powers,
 who stand beside God and praise Him unceasingly.

- Antiochos



THE HOLY GREAT MARTYR MARINA (MARGARET)

July 17

Apolytikion

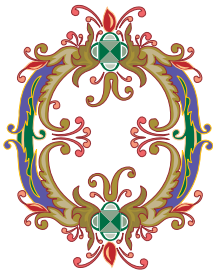
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(Π) Lord Je - sus, un - - to Thee Thy lamb doth cry with a
(Δ) great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
(Π) now con - test, and with Thy bap - tism am cru - ci - fied and bur - -
(Δ) ied. I suf - fer for Thy sake, that I may reign with

Thee; for Thy sake I die, that I may live in
 Thee: accept me of-fered out of long-ing to Thee as a spot-
 less sac-ri-fice. Lord, save our souls through her in-ter-ces-sions,
 since Thou art great in mer-cy.





THE HOLY MARTYR ΕΜΙΛΙΑΝ

July 18

Apolytikion

Fourth Mode

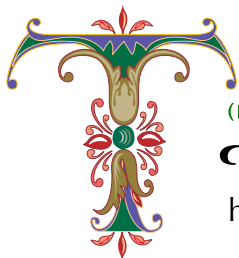
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

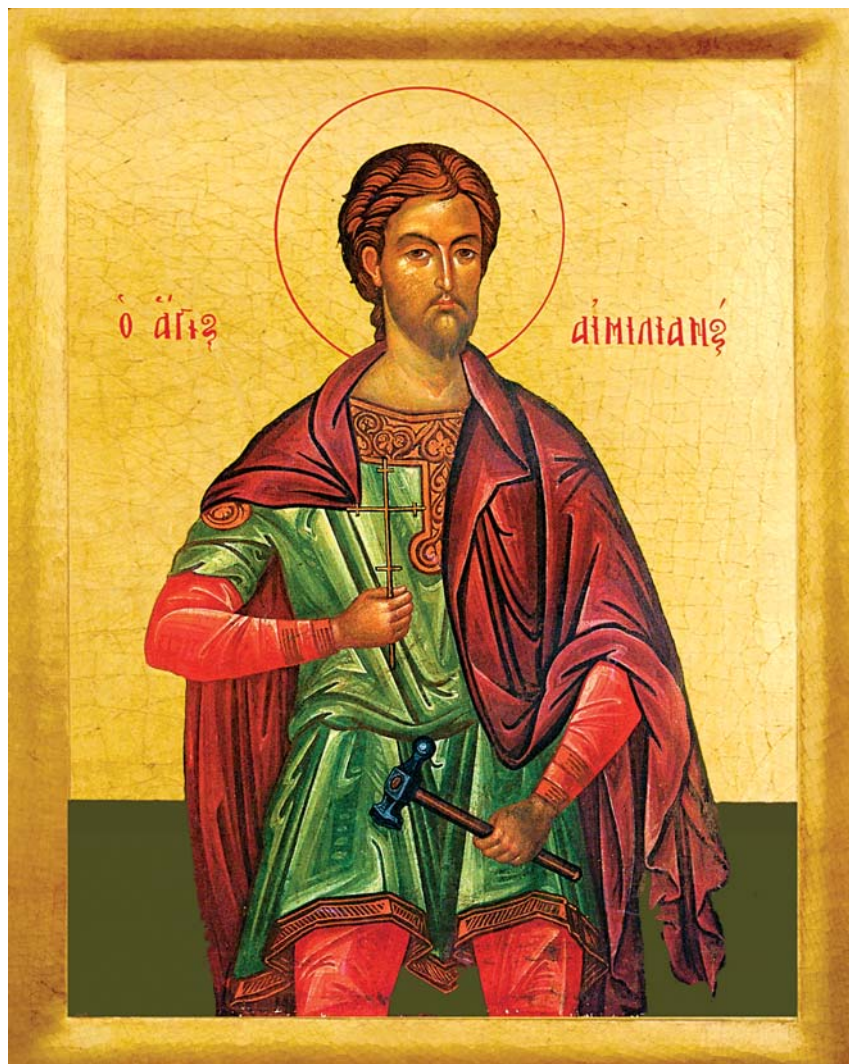
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINT EMILIAN



SAINT MACRINA

THE SISTER OF ST. BASIL THE GREAT

July 19

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ρ Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
 n thee thē im - age was pre - served with ex - act - ness, O____
 (N)
 Moth - er; ρ for tak - ing up thy cross, thou didst fol - low Christ, and Δ ρ
 (M) (Γ) (N)
 by thy deeds thou didst teach us to o - ver - - look the__ flesh, ρ for
 (Γ) (N)
 it pass - eth a - way, Δ ρ but to at - tend__ to__ the soul since it

^(M) is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Mac - rin - a, thy spir - it
 re - joic - eth with thē An - gels.





SAINT DIUS

July 19

Apolytikion

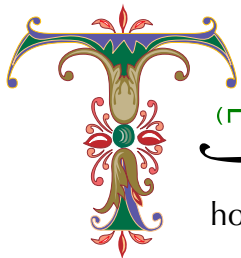
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an an -

gel in the flesh, and a won - der - work - - er, O Di - - us, our God -

bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

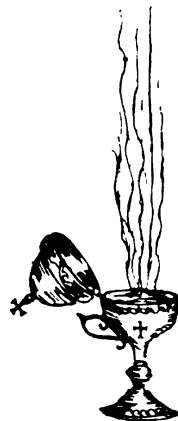
heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. π q Glo-ry to Him that hath giv - - en thee

strength. Δ q Glo - - ry to Him___ that hath crowned_thee. Δ q Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee.

π q





SAINT THEODORE BISHOP OF EDESSA

July 19

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and___
(Γ) (Π) (N)
ho - li - - ness, lu - mi - nar - y of the world, God - in - spired___
(M) (N)
a - dorn - ment of___ hier - archs, O wise___ The - o - dore, by thy
(M) (Γ)
teach - ings thou hast en - light - ened all, O harp of the___ Spir - it. In -

— — (N) — (M) (Γ) — — — — —
ter - cede with Christ God that our___ souls be___ saved.

ⲓⲁ

And even if you do not understand the meaning of the words, for the time being
teach your mouth to say them, for the tongue is sanctified by the
words alone whenever it says them with good will.

- St. John Chrysostom



SAINT SERAPHIM OF SAROV

July 19

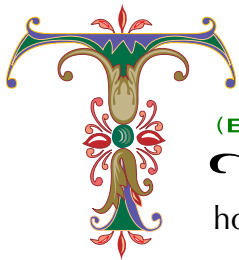
Apolytikion

Fourth Mode

150

Ἦχος Δ' Δι

Intonation: #10



(B)

hou didst love Christ from thy youth, O bless-ed one, and ar -

(M)

(Δ)

dent - ly de - sir - ing to work_for Him a - lone, thou didst strug - gle

(B)

(M)

in the wild - er-ness with con-stant prayer and la - - bour; and hav - ing

(Δ)

ac - quired__ love for Christ with com-punc-tion of heart, thou didst prove

to be the be - lov - ed fa-vourite of the Moth-er of God. Where-fore, we
 cry to thee: Save us by thy prayers, O Ser - a - - phim, our ho - ly Fa -
 - - - ther.





SAINT SERAPHIM OF SAROV

July 19

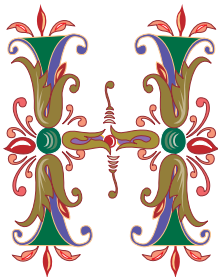
Kontakion

Second Mode

150

Ἦχος Δ΄

Intonation: #4



(M) av - ing left the beau - ty of the world and what is (Δ)

(B) cor - rupt there-in, O Saint, thou didst set - tle in the Mon - as - ter -

(M) y of Sar - - - - ov. And hav - ing lived there an an - gel - -

(Δ) ic life, thou wast for man - y the way un - to (B) sal - va - - - -

- - - tion. ^(M) Where-fore, ^(Δ) Christ hath ^(B) glo - ri-fied thee, O ^(M) Fa - ther Ser -
 - - a - phim, ^(Δ) and hath ^(Δ) en - riched thee with the gift of heal-ing
 and mir - a - cles. ^(B) And ^(M) so we cry to thee: ^(Δ) Re - joice, O Ser - -
 a - phim, our ^(M) ho - - ly ^(B) Fa - - - ther. ^(M)





THE HOLY AND GLORIOUS PROPHET ELIAS THE TISHBITE (ELIJAH THE TISHBITE)

July 20

Apolytikion

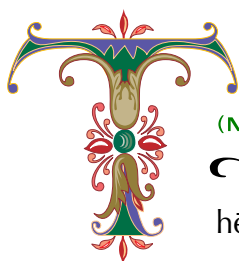
Fourth Mode
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ ἐνσαρκος ἄγγελος



(M) (Δ) (B)
hē in - car - nate An - gel, and the Proph - ets' sum - mit and boast,
(Δ) (M) (Δ)
the sec - ond fore - run - ner of the com - ing of Christ our God,
(B) (Δ) (M) (Δ)
E - li - as, the glo - ri - ous, from a - bove sent down his grace up - on
(B)
El - is - se - us; he doth cast out sick - ness and doth al - so cleanse lep -

ers; ^(M) and un - to all that hon - our him, ^(Δ) he ^(B) pour - eth forth streams of

cures.



THE PROPHET ELIAS



THE HOLY AND GLORIOUS PROPHET ELIAS THE TISHBITE (ELIJAH THE TISHBITE)

July 20

Kontakion

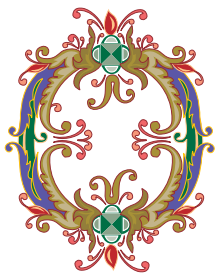
150

Second Mode

Intonation: #4

Ἦχος Δι

Προφήτα καὶ προόπτα



(M) (Δ)
re - nowned E - li - as, Proph - et and se - er of

(B) (M)
the might - y works of God, who by thy word didst check the rain

(Δ) (M)
clouds: In - ter - cede in our be - half with thē on - ly Friend

of man.



SAINTS JOHN AND SYMEON THE FOOL FOR CHRIST'S SAKE

July 21

Apolytikion

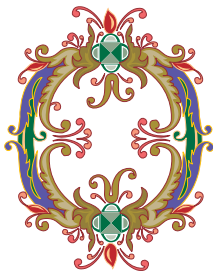
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat- ies guide our life in peace.



THE HOLY MYRRH-BEARER AND EQUAL TO THE APOSTLES MARY MAGDALENE

July 22

Apolytikion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Intonation: #4

Ἦχος 4̣ Κε

Χριστῷ τῷ δι' ἡμῶς



hen Christ God had been born for our sakes from the Vir - gin,
thou faith - ful - ly didst fol - - low Him, keep - ing__ His stat - utes and
heed - ing His sa - - cred laws,__ O au - gust Mar - - y Mag - - - da -
lene. Hence,__ as we__ to - day ob - serve thy ho - ly__ re - mem -

brance, we re-ceive___ the loos-ing of our sins and___trans-gres-sions
 through thy ho-ly prayers for us.



SAINT MARY MAGDALENE



SAINT MARCELLA OF CHIOS

July 22

Apolytikion

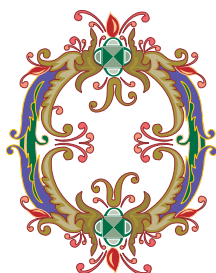
First Mode

"While Gabriel was saying"

150

Ἦχος ᾠ Πα

Intonation: #1



(Π)

- bey - ing the Lord's sav - ing com-mand-ments and di - vine__

laws, thou with zeal didst blame-less - ly keep__ them, O ven - 'ra - ble

(Δ)

(Π)

Mar - cel - - la; and fear - - ing thy fa-ther's vi - o - lence, O

pure and un-cor - rupt - ed bride of Christ, thou didst flee__ in - to the

mountains, where in pur - suit Δ he found__ thee and seized and slew thee. π ρ

Glo - ry to Christ that hath giv - - en thee strength. Δ Glo - - ry to Him__

that hath crowned_ thee. Δ Glo - ry to Him that work - eth heal - ings__ for

all__ through_ thee. π ρ





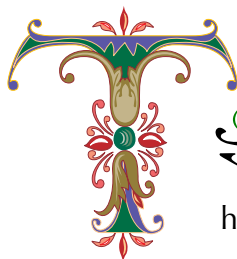
July 23

Apolytikion

Plagal First Mode

 χ^2_{150}
$$\hat{H}_{\chi\phi} = \frac{\lambda}{\pi} \int \frac{1}{K\varepsilon}$$

Intonation: #13



hey that pray be - fore thy ho - ly i - con, O sov - 'reign La - -

dy, **ṛ** are made wor - - thy of heal - - ing, re - ceive the gift of

un-der-stand-ing of the true Faith, and re-pel thē at-tacks

of the Hag - a-renes; like-wise for us who fall down be - fore thee,

do thou ask for for - give - ness of sins. En - light - en our hearts with
 de - vout pur - - pose and raise thy prayer_____ to thy Son for
 the sal - va - tion of our souls.





SYNAXIS OF THE ICON OF THE THEOTOKOS THE "JOY OF ALL THAT SORROW"

July 23

Apolytikion

Fourth Mode

"Thou Who wast raised up"

150

Ἦχος Ἀϛ Δε

Intonation: #10



(Δ) (B) (M) (Δ)
 o God's Birth - giv - - er__ let us run now most ear - nest -
 (B) (M) (Δ)
 ly, we sin - ners all__ and__ wretch - ed ones, and fall pros - trate
 (B) (M) (Δ)
 in re - pen - tance, call - ing from the depths of our souls: La - dy,
 (M) (Δ) (Γ)
 come un - to__ our aid, have com - pas - sion up - on us; has -

ten thou, for we are lost in a throng of trans-gres- - - sions;
 turn not thy ser-vants a-way__with emp-ty hands, for thee a-
 lone__ do we have as our on-ly hope.





SYNAXIS OF THE ICON OF THE THEOTOKOS THE "JOY OF ALL THAT SORROW"

July 23

Kontakion

Plagal Second Mode

150

Ἦχος λ β Δ ε

Intonation: #17



(M) e have no oth - - - er help, we have no oth - er

hope, but thee, (B) O sov-'reign La - dy; do thou help _____ us.

(M) In thee do we hope, and of thee do we boast, (Δ) for we are

thy ser - vants. Let us not be put _____ to shame.



THE HOLY PROPHET EZEKIEL

July 23

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - e - brate the mem - o - ry of Thy

(Δ)

(B)

Proph - et E - ze - ki - el, O Lord, through him we be - seech Thee to

(M)

save _____ our souls.





THE TRANSLATION OF THE HOLY RELICS OF THE HOLY HIEROMARTYR PHOCAS

July 23

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M) s a shar - er of the ways and (Δ) a suc - ces - sor to

(B) the throne of thē A-pos - - tles, (M) O in - spired (Δ) of God, thou found -

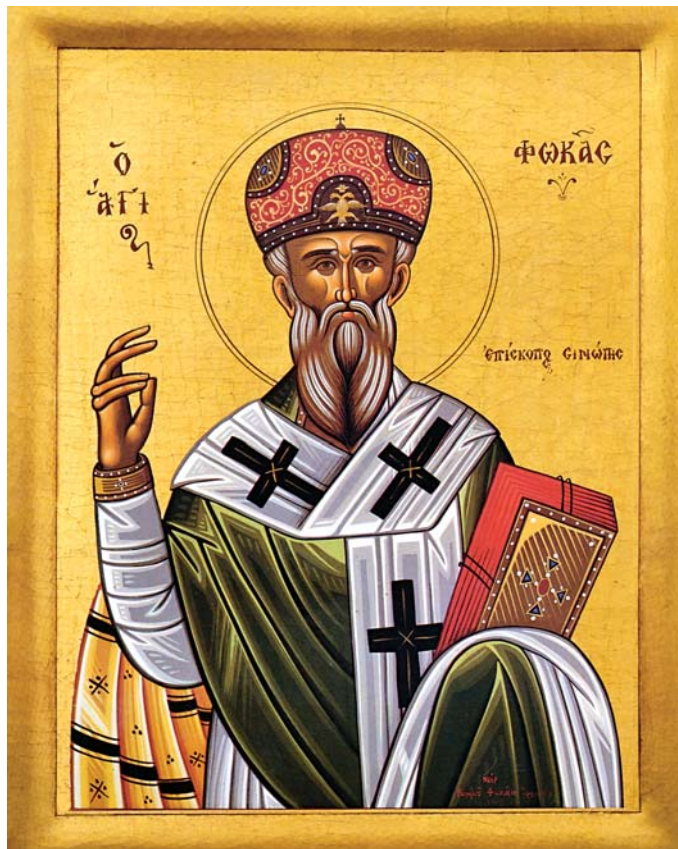
(M) est dis - - ci - pline to be (Δ) a means of (B) as - cent to di - vine vi -

(M) - - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

truth, ^(A) thou didst al - so con - test for the Faith e - ven un - to blood, ^(A)

O Hier - o - mar - tyr Pho - - cas. ^(B) In - ter - cede with Christ our God ^(M)

that our souls be saved. ^(B)



SAINT PHOCAS



THE HOLY GREAT MARTYR CHRISTINA

July 24

Apolytikion

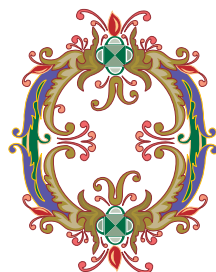
Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δ'

Ἡ ἀμνάς σου Ἰησοῦ



(Π) (Δ)

Lord Je - sus, un - - to Thee Thy lamb doth cry with a

great voice: Δ O my Bride - - groom, Thee I love; and seek-ing Thee, I

(Δ) (Π)

now con - test, Δ and with Thy bap - tism am cru - ci - fied and bur - - -

4 (Δ)

ied. I suf - fer for Thy sake, that I may reign with

Thee; ^(Δ) for___ Thy___ sake___ I die, that I may live___ in___
^(Δ) Thee: ^(Π) ac - cept me of - fered out of long - ing to Thee as a spot - -
 less sac - ri - - fice. ^(Δ) Lord, save___ our souls through her in - ter - ces - sions,
 since Thou art great___ in mer - - - - - cy. ^(Δ)





THE HOLY PASSION-BEARERS BORIS AND GLEB

July 24

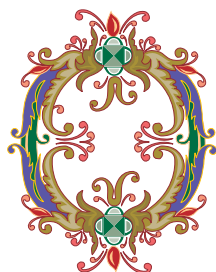
Apolytikion

Second Mode

150

Ἦχος Δι

Intonation: #4



(M) (Δ) (B)
right - - eous Pas - sion - bear-ers and true ful - fill - ers of

(M)
the Gos - pel of Christ, chaste Bo - ris and guile - less Gleb, ye did

(Δ)
not op - pose thē on - slaughts of your en - e - my, your broth - er, who

(B)
though kill - ing your bod - ies was un - a - ble to touch your souls. Let

the e - vil lov - er of pow - er mourn there - - fore, while ye
 re - jice with the an - gel - ic choirs; and as ye stand be - fore the
 Ho - ly Trin - - i - ty, pray for the souls of them that hon - our
 your mem - - o - ry, that they may be pleas - ing to God; and by
 your in - ter - ces - - sions, pray that all Or - tho - dox peo - ple may
 be saved.





THE DORMITION OF SAINT ANNA THE MOTHER OF THE THEOTOKOS

July 25

Apolytikion

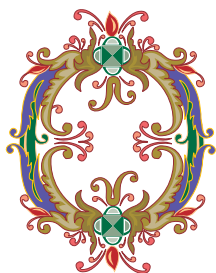
150

Fourth Mode

Intonation: #10

Ἦχος Δ' Δε

Ζωὴν τὴν κυήσασαν



(M)

(Δ)

god - ly mind - ed An - na, thou didst give birth un -

(B)

to God's pure Moth - er who con - ceived__ Him Who is our Life. Where -

(M)

(Δ)

fore, thou hast now passed with joy to thy heav - en - - ly rest,

(B)

(M)

(B)

where - in is thē a - bode of them that re-joyce in glo - - - ry; and

thou ask - est for - give - ness of sins ^(M) for them that hon - our thee with ^(Δ)
 love, O ev - er - bless - ed one. ^(B)





THE DORMITION OF SAINT ANNA THE MOTHER OF THE THEOTOKOS

July 25

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Προγόνων Χριστοῦ



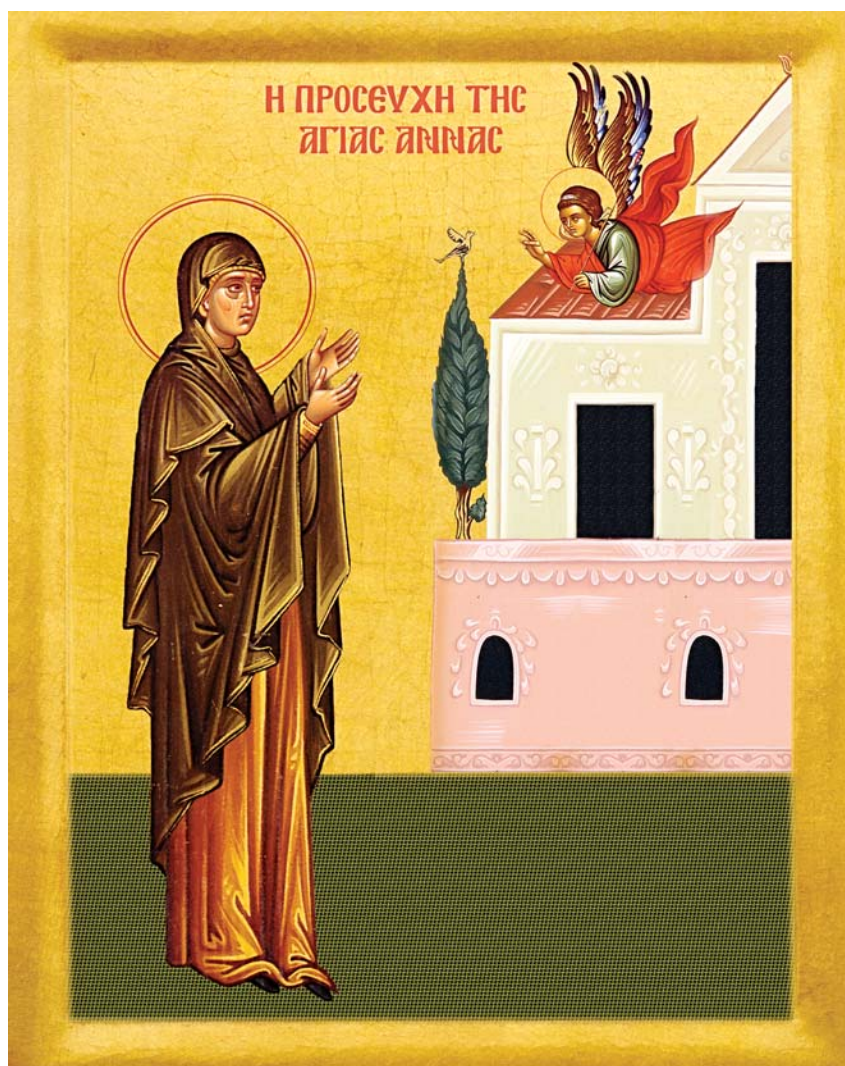
(M) e cel - e - brate now the mem - 'ry of Christ's an - - (Δ)

(B) ces-tors, while ask - ing their help with faith, that we may all be saved

(M) from all man - ner of trib - u - la - tion as we fer - vent-ly cry

(Δ) a - loud: (B) Be Thou with us, O Lord our God, Whose (M) pleas - ure it

was to glo - ri - fy _____ them both. _____



THE PRAYER OF SAINT ANNA



THE HOLY HIEROMARTYRS HERMOLAUS, HERMIPPUS, AND HERMOCRATES

July 26

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.



SAINTS EUBULA, PANTELEIMON,
AND HERMOLAUS



THE HOLY RIGHTEOUS MARTYR PARASKEVE

July 26

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πα

Τὴν σπουδὴν σου



(Π)

how-ing a dil-i-gence be-fit- - - ting thy call- - ing,

O name-sake of pre-par-ed-ness, π thou hast gained, as thy dwell-

ing, a faith wor- thy of thy name, Δ O prize-win-ning Pa-ra-ske-ve.

π Hence, thou pour-est forth heal-ings and in-ter-ced-est for our souls. π



THE HOLY AND GREAT MARTYR AND HEALER PANTELEIMON

July 27

Apolytikion

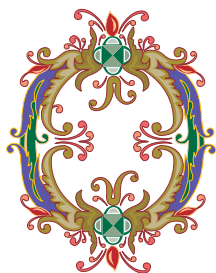
150

Third Mode

Intonation: #8

Ἦχος Γα

Ἀθλοφόρε ἅγιε



(N) ho - ly prize-win-ner and heal - er Pan - te - lei - mon, (Γ)

(Π) in - ter - cede with the mer - ci - ful God (Γ) that He grant un - to our souls

for - give - ness of of - fenc - es.



THE HOLY AND GREAT MARTYR AND HEALER PANTELEIMON

July 27

Kontakion

150

Plagal First Mode

Intonation: #13

Ἦχος λ̣ π̣ ᾠ̣ Κε

Μιμητὴς ὑπάρχων



(K) ince thou art an im - i - ta - tor of the Mer - - ci - ful One,

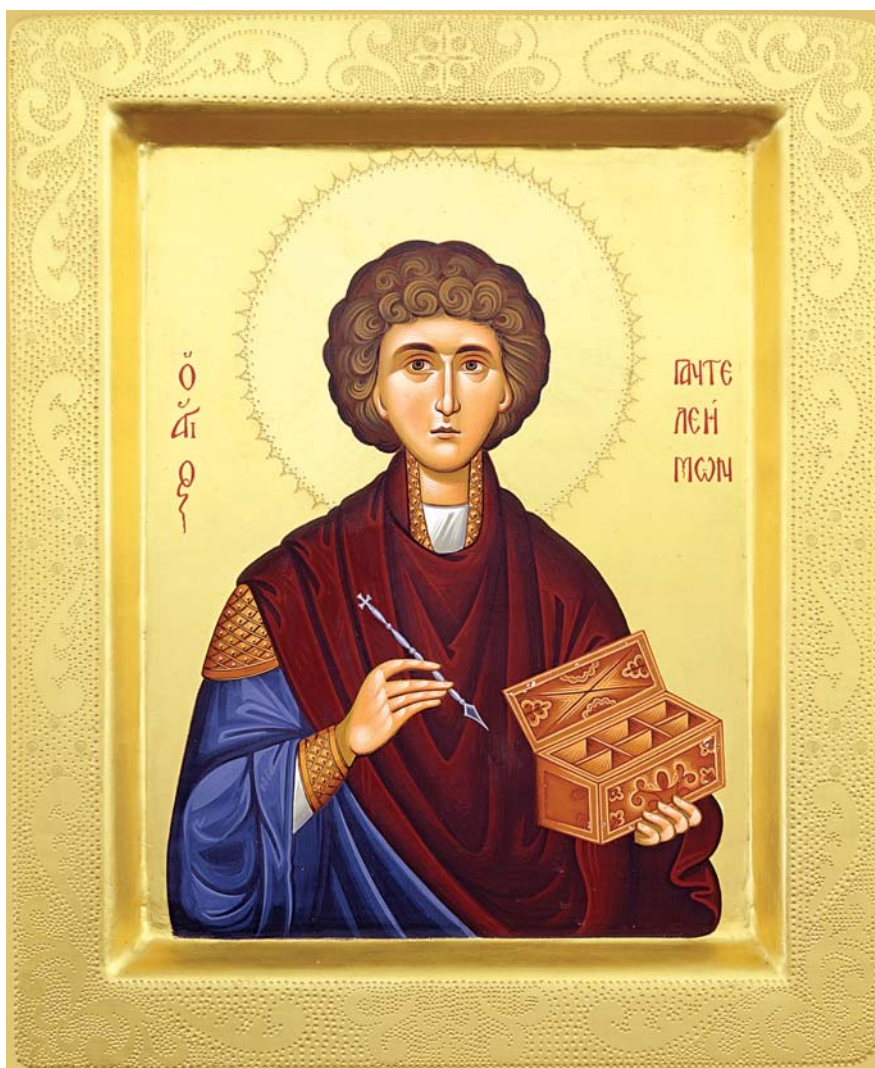
γ' and hast re - ceived from Him the grace of heal - - ing, γ' O prize -

(Δ) win-ner and Mar - - - - tyr of Christ our God, (K) γ' by thy prayers__

γ' heal the dis - eas - es of our souls, γ' and ev - er dis - pel the stum - bling -

blocks__ of the en - e - my ^(Δ) ^(K) from them that cry ^(M) un - ceas - - ing - ly:

Save us, O Lord. ^ⲕ ^ⲓ





THE HOLY APOSTLES OF THE SEVENTY AND DEACONS PROCHORUS, NICANOR, TIMON, AND PARMENAS

July 28

Apolytikion

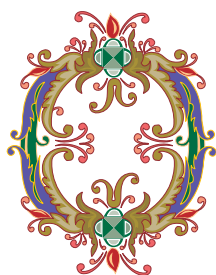
150

Third Mode

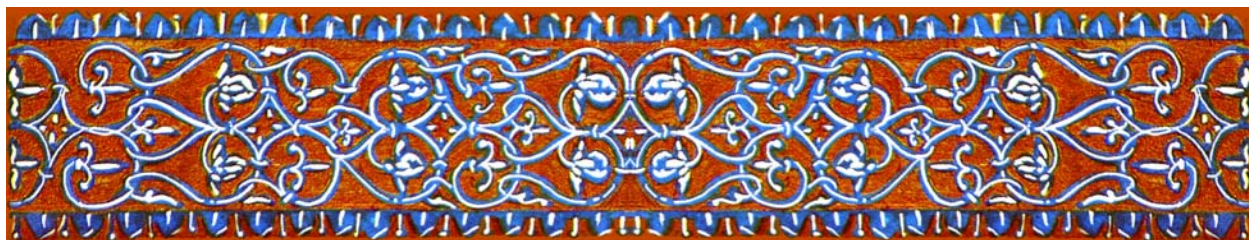
Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



ho - - ly A - pos - tles, in - ter - cede with the
mer - ci - ful God that He grant un - to our souls for - give - ness of of - fenc -
es.



SAINT IRENE ABBESS OF THE CONVENT OF CHRYSOVALANTOU

July 28

Apolytikion

Plagal First Mode
"Let us worship the Word"

150

Ἦχος λ̣ π̣ ᾠ̣ Κε

Intonation: #13



(Κ)

ot a tem - po - ral king - dom on earth didst thou ob - tain, ᾠ̣

but Christ, thy most come - ly Bride - groom, vouch - safed thee heav - en - ly crowns,

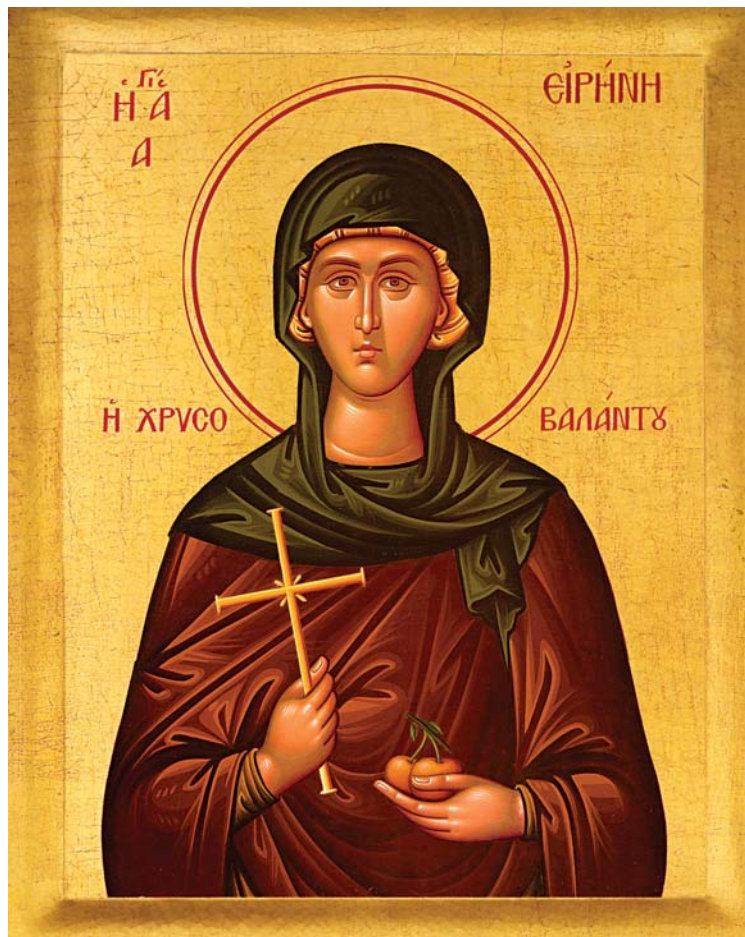
but Christ, thy most come - ly Bride - groom, vouch - safed thee heav - en - ly crowns,

ᾠ̣ and thou reign - est as a queen with Him e - ter - nal - ly; ᾠ̣ for thou

(Δ)

didst ded - i - cate thy - self un - to Him with all thy soul, O I - rene, our

right - eous Moth - er, ^(K) thou boast of Chrys - o - va - lan - - tou, and might -
^(M) y help of all thē Or - tho - - dox.



SAINT IRENE OF CHRYSOVALANTOU



THE HOLY MARTYR CALLINICUS

July 29

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINT CALLINICUS



THE HOLY VIRGIN MARTYR THEODOTA

July 29

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

150

Intonation: #19

Ἦχος Δε

Ἡ ἀμνάς σου Ἰησοῦ



(Π) Lord Je - sus, un - - to Thee Thy lamb doth cry with a
(Δ) great voice: O my Bride - - groom, Thee I love; and seek-ing Thee, I
(Π) now con - test, and with Thy bap - tism am cru - ci - fied and bur - -
(Δ) ied. I suf - fer for Thy sake, that I may reign with

Thēe; for Thy sake I die, that I may live in

Thēe: ac - cept me of - fered out of long - ing to Thēe as a spot -

less sac - ri - fice. Lord, save our souls through her in - ter - ces - sions,

since Thou art great in mer - cy.





THE HOLY APOSTLES OF THE SEVENTY SILAS, SILVAN, CRESCENS, EPENETUS, AND ANDRONICUS

July 30

Apolytikion

150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



ho - ly A - pos - tles, in - ter - cede with the
mer - ci - ful God that He grant un - to our souls for - give - ness of of - fenc -
es.



THE HOLY AND JUST ΕΥΔΟΧΙΜΟΣ

July 31

Apolytikion

Fourth Mode

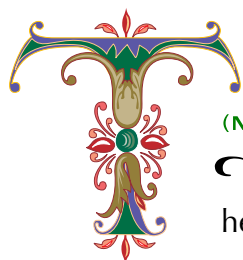
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ταχὺ προκατάλαβε

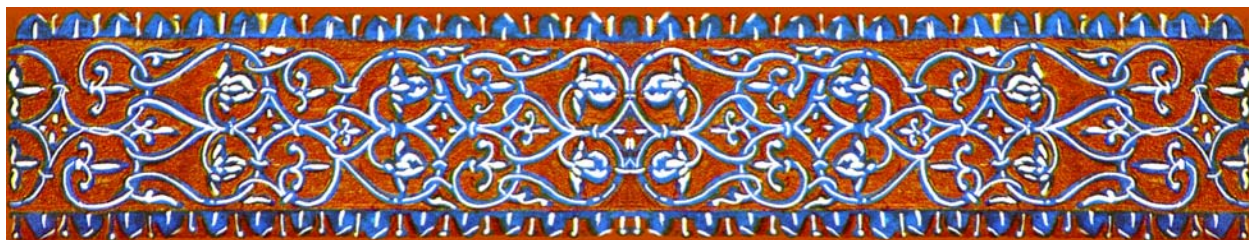


he One that hath called thee from thē earth to Heav - en to
 dwell pre - serv - eth thy bod - y un - cor - rupt - ed af - ter thy
 death, O saint - ly Eu - do - ci - mus; for in liv - ing mod - est - ly and
 chaste - ly, O blest one, thou didst keep thy flesh free of all stain and

^(M)
 de - file - ment; with bold - ness, there - fore, pray un - to Christ that we may
^(B)
 all be saved.



SAINT EUDOCIMUS



SAINT JOSEPH OF ARIMATHEA

July 31

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Ἦχος λ̣ ᾠ̣ Κε

Intonation: #13



(K)

et us hon - our the man that gave bur - i - al to God

and showed com - pas - sion to Him by Whose mer - cy all things ex - ist:

Christ the An - gel of Great Coun - sel's No - ble Coun - sel - lor: who gave

his nar - row grave to Christ and re - ceived as rec - om - pense the vast spa -

cious - ness of Heav - en, where he en - treat - eth the Sav - - - iour
 to show His mer - cy to those prais - ing___ him.





SAINT GERMANUS OF AUXERRE

July 31

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δι

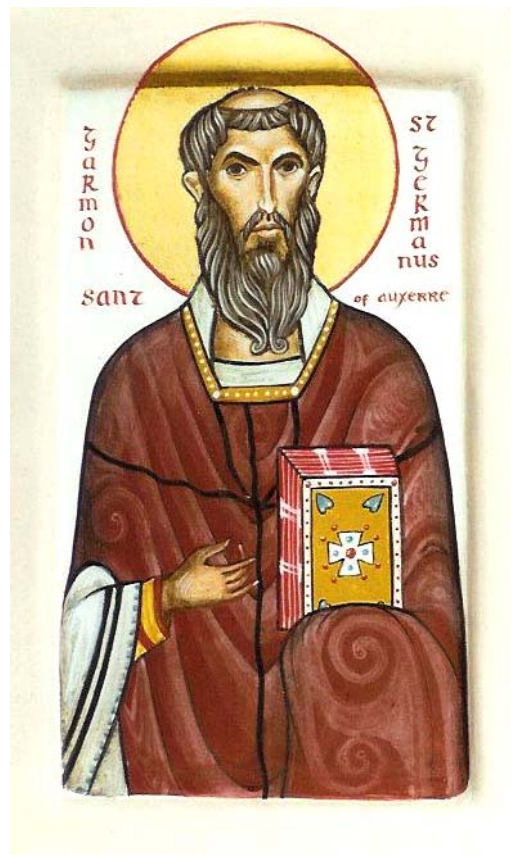
Ταχὺ προκατάλαβε

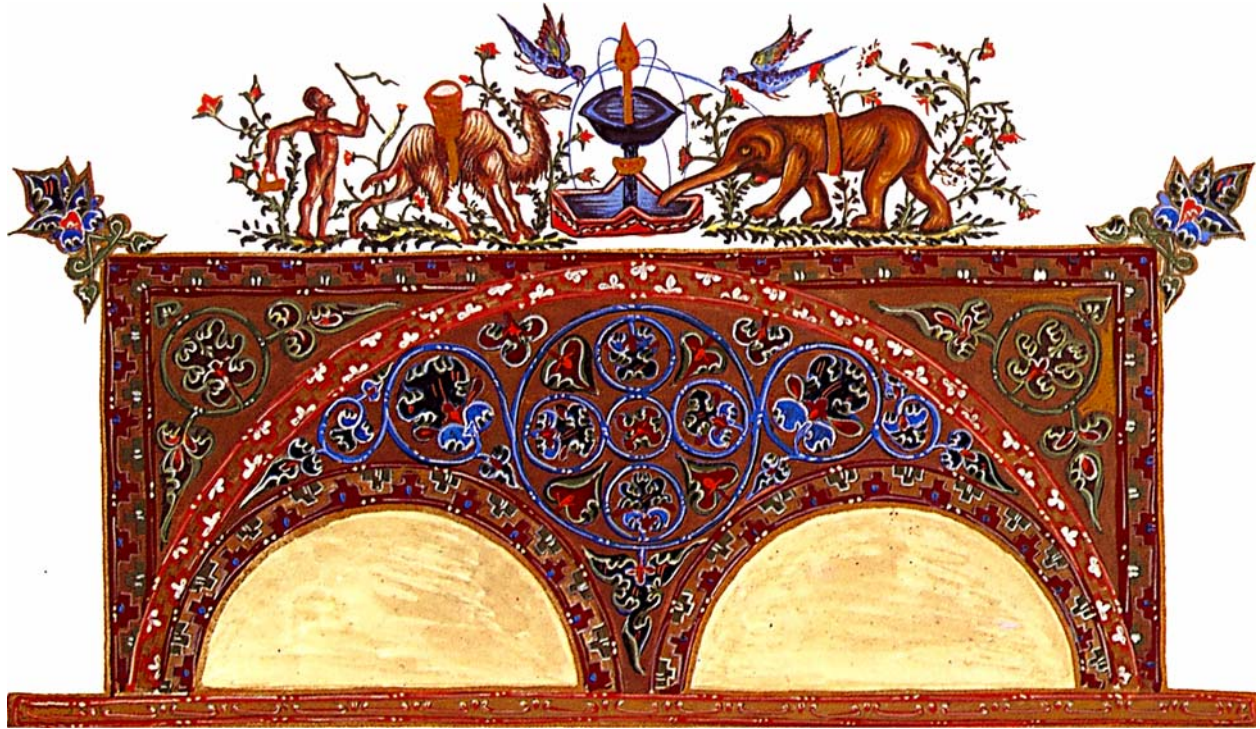


(M) (Δ) (B)
 n Gaul and in Brit - ain thy good name is tru - ly re -
 (Δ) (M) (Δ)
 nowned, for thou didst strive stead - fast - ly a - gainst the doc - trines of
 (B) (Δ) (M)
 foul Pe - la - gius of e - vil fame. Where - fore, O Ger - ma - nus, we en -
 (Δ) (B)
 treat thee with fer - vour: drive all e - vil teach - ing from thy land and re -

kin-dle ^(M) the flame of Or-tho-dox-y a-new ^(Δ) by thine un-ceas- ^(B)

ing prayers.





August





THE PROCESSION OF THE LIFE-GIVING CROSS

August 1

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Σῶσον Κύριε τὸν λαόν σου



(π) ave, O Lord, Thy peo - - ple and bless ____ Thine in - her - - i - tance; π q

grant Thou un - to the faith - - ful vic - to - ry o - ver ad - ver - sar - ies. π q And

by the pow - er of Thy Cross do Thou pre - serve Thy com - - mon - wealth. π q



THE PROCESSION OF THE LIFE-GIVING CROSS

August 1

Kontakion

Fourth Mode

"Thou Who wast raised up"

150

Intonation: #10

Ἦχος ᾠδὴ Δ

Ὁ ὑψωθείς ἐν τῷ σταυρῷ



(Δ) (B) (M) (Δ) 4
 hou Who wast raised__ up__ on the Cross of Thine own will,
 (B) (M) (Δ) 4 (B)
 O Christ our God,__ do__ Thou be - stow Thy com - pas-sions up - on
 (M) (Δ)
 this, Thy new com-mon-wealth named af - ter Thee. Glad - den with Thy
 (M) (Δ) (Γ)
 sov - - 'reign might our most Or - tho-dox hier-archs, and vouch-safe them

(B) ————
 vic - to - ry o - ver eve - ry false teach - - - ing; and as Thy
 (M) (Δ) ————
 help in war__may they pos - sess the weap - on of peace, the tro -
 (B) (Γ) (Δ) ————
 phy in - vin - - ci - ble. _____





THE HOLY SEVEN MACCABEE CHILDREN, SOLOMONE THEIR MOTHER, AND ELEAZAR THEIR TEACHER

August 1

Apolytkion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Τῶν Μακκαβαίων τὸν ἐπτάριθμον



(M)

(B)

et us ac - claim the sev - en Mac - ca - bee chil - - dren

(M)

(B)

with their moth - er, the ho - ly So - lo - mo - ne, and their teach - er

(M)

(Δ)

El - e - a - zar; for they ex - celled in law - ful con - test as

(B)

(Δ)

guard - i - ans and keep - ers of the teach - ings of the Law. And now, as

glo - rious - ly tri - um - phant Mar - tyrs___ of Christ, they in - ter - cede

un - ceas - ing - ly for the world.





THE TRANSLATION OF THE RELICS OF SAINT STEPHEN THE FIRST MARTYR AND ARCHDEACON

August 2

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

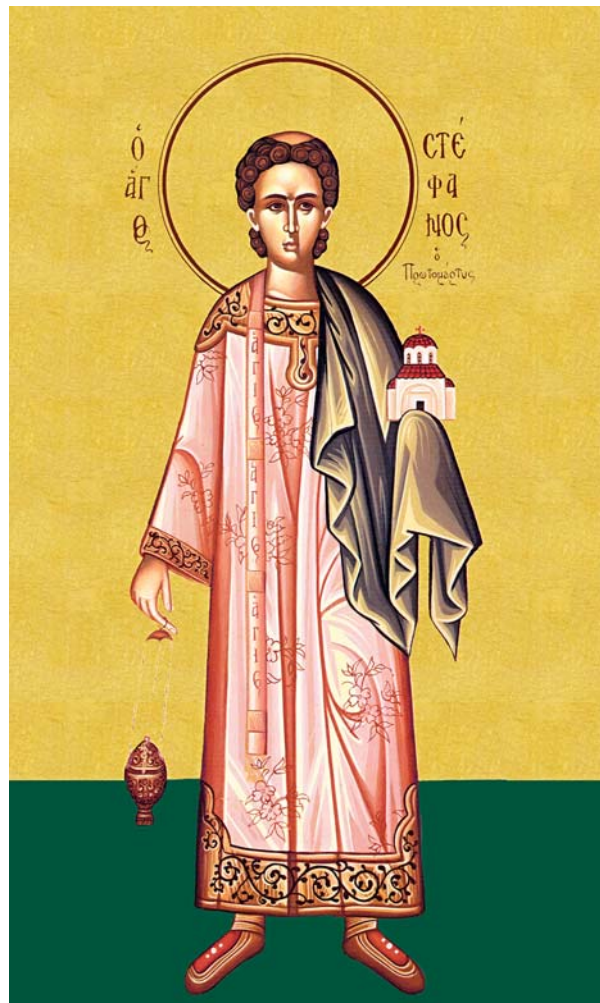
Ἦχος Δ

Βασίλειον διάδημα



he crown of the King-dom hath a - dorned the brow of thy head
 be - cause of the con-tests that thou hast en - dured for Christ God,
 thou first of the mar-tyred Saints; for when thou hadst cen-sured the Jews'
 mad - ness, thou saw - est Christ thy Sav-iour stand - ing at the right hand

^(M)
 of the Fa-ther. O Ste - phen, ev - er pray Him for us, ^(Δ) that He would
^(B)
 save our souls.



SAINT STEPHEN THE FIRST MARTYR



SAINTS ISAACIUS, DALMATUS, AND FAUSTUS

August 3

Apolytikion

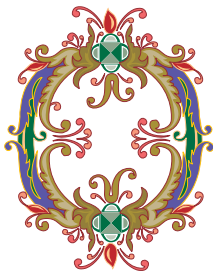
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat-ies guide our life in peace.



THE HOLY SEVEN YOUTHS OF EPHEBUS MAXIMIAN, JAMBlichUS, MARTINIAN, DIONYSIUS, ANTHONY, EXACUSTODIAN, AND CONSTANTINE

August 4

Apolytikion

Fourth Mode

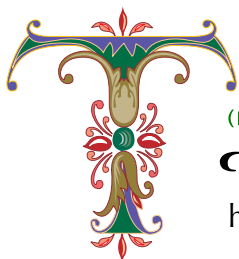
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.





THE FOREFEAST OF THE TRANSFIGURATION

August 5

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ΄

Χριστοῦ τὴν μεταμόρφωσιν



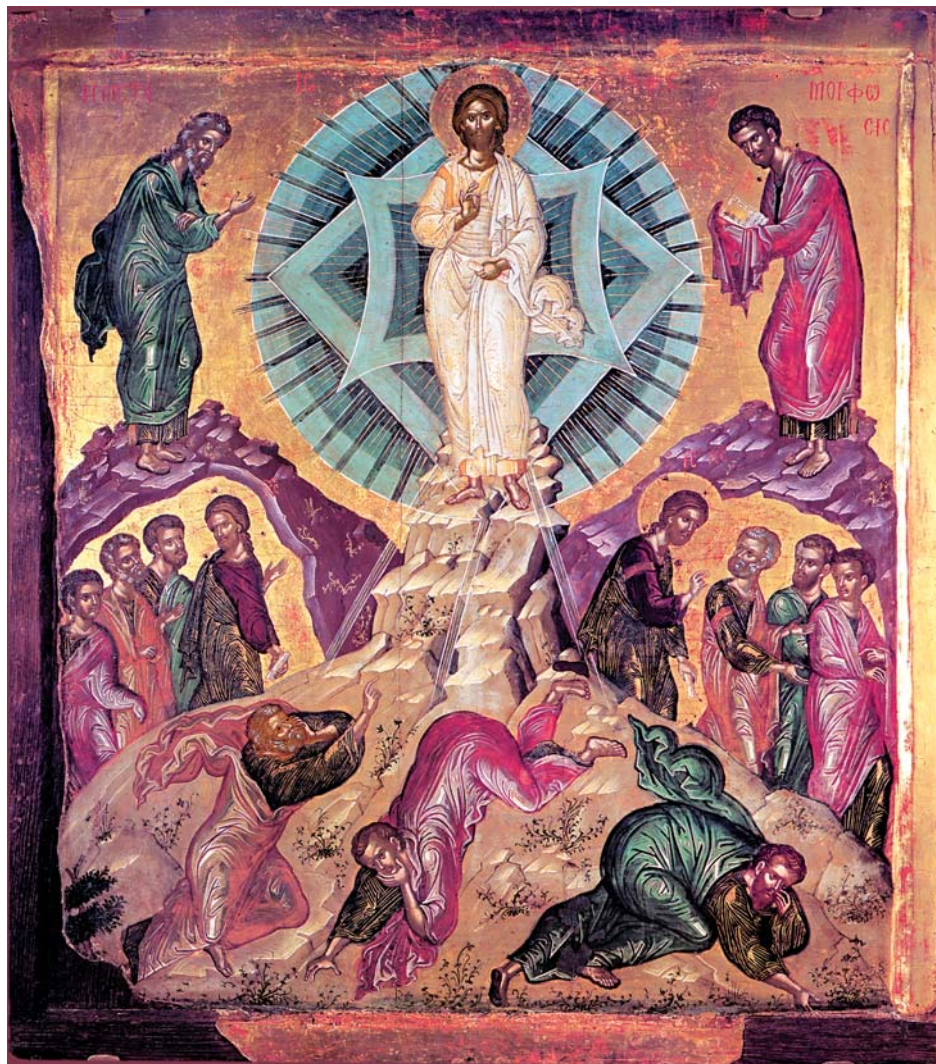
(M) (Δ) (B)
Come, let us all wel-come the Trans-fig-u-ra-tion of

(Δ) (M) (Δ)
Christ, and joy-ous-ly cel-e-brate the bright pre-fes-ti-val,

(B) (Δ) (M)
O ye faith-ful, and let us cry: Nigh at hand now is the day of

(Δ) (B)
God-giv-en glad-ness, as the Sov-'reign Mas-ter go-eth up on

Mount Ta - bor ^(M) to flash forth with the beau - ti - ful light ^(Δ) of His Di -
 vin - i - ty. ^(B)





THE FOREFEAST OF THE TRANSFIGURATION

August 5

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"


150

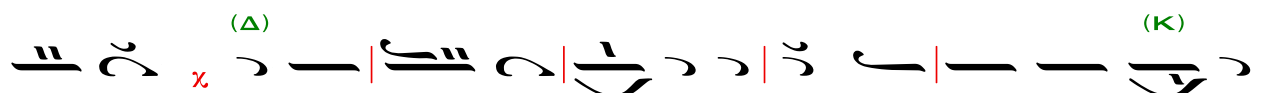

Intonation: #8

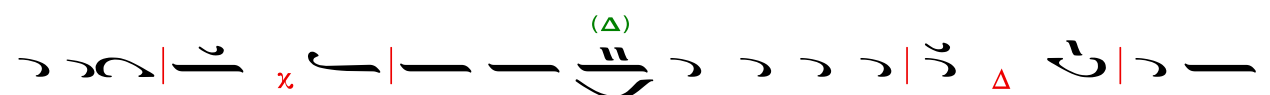
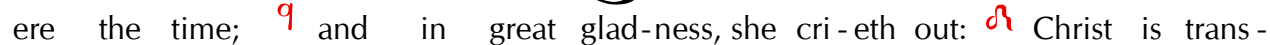

Ἦχος Δ



Ἐν τῇ θεῇ σήμερον



(Δ)  Il of mor - tal na - - ture now di - vine - ly shin -

(Δ)  - - eth  on this day with the ___ di - vine Trans - fig - u - ra - tion

(Δ)  ere__ the time;  and in great glad-ness, she cri - eth out:  Christ is trans -

(Π) (Μ)  fig - - ured, and sav - - eth the race of man. _____ 



THE HOLY MARTYR EUSIGNIUS

August 5

Apolytikion

Fourth Mode

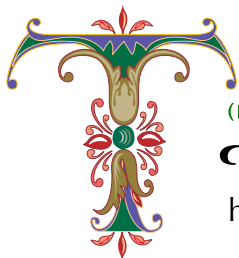
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

Psalmody--bringing about choral singing, a bond, as it were,
toward unity, and joining people into a hamonious union
of one choir--produces also the greatest of blessings: love.

- St. Basil the Great



do thou__en - treat Christ God that we be grant - ed__great mer - cy.



SAINT OSWALD



SAINT JOHN THE ROMANIAN OF HOZEVA MONASTERY

August 5

Apolytikion

Third Mode

150

Ἦχος ϣ ϣ ϣ Γα

Intonation: #8



(N) lee - ing the clam - our of the god - - less au - thor - i - ty (Γ)

(Π) and em - brac - ing the peace - ful sol - i - tude of the des - - ert,

(N) thou didst strive with fast - - ing and cease - less tears to cleanse thy heart. (Γ)

By thy prayers_ the earth shook and the moun - tain moved to cov - er

the ho - ly bones of the cave - - dwell - ing Fa - - thers. Hav - ing ac - quired

un - ceas - ing prayer_ in a pure heart, thou didst in - tel - li - gent - ly speak

of the man - y woes_ of the last_ times. By the gift of

thine in - cor - rupt rel - ics, our Sav - iour hath taught_ us to flee un - to

thee. Where - fore, we cry out: Pu - ri - fy our hearts and keep us faith - - ful

un - to death, O our God - bear - ing Fa - ther John_ the Ro - ma -

- ni - - an.





THE TRANSFIGURATION OF OUR LORD JESUS CHRIST

August 6

Apolytikion

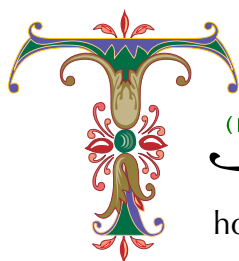
150

Grave Mode

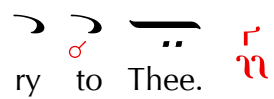
Intonation: #21

Ἦχος βαρύς Γα





Μετεμορφώθης ἐν τῷ ὄρει



hou wast trans-fig - - - ured on the moun-tain, O Christ our God,
show-ing to Thy dis - ci - ples Thy glo - ry as each one could en-dure. Shine
forth Thou on us, who are sin - ners all, Thy light ev - er - un - end - - ing,
through the prayers of the The - o - to - - kos. Light - be - stow - er, glo - -

ry to Thee. 

* Finale:

  Light-be- stow - er, glo - - ry to ___ Thee.  





THE TRANSFIGURATION OF OUR LORD JESUS CHRIST

August 6

Kontakion

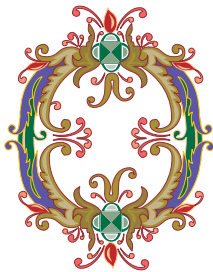
150

Grave Mode

Intonation: #21

Ἦχος βαρύς Γα

Ὅτε καταβάς



(N)

n the mount Thou wast trans - fig - ured, and Thy dis - ci - ples,

(Γ)

as much as they could bear, be - held Thy glo - - ry, O Christ our God;

(N)

that when they should see Thee cru - ci - fied, they would know Thy Pas - sion

(M)

(Γ)

(Π)

(N)

to be will - - - ing, and would preach to the world_ that Thou, in truth,

art the Ef - ful - gence of the Fa - - - ther. _____

ⲁ





THE HOLY RIGHTEOUS MARTYR DOMETIUS

August 7

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

Q: Many times, when I chant, I feel myself being puffed up.

When this happens, how should I confront the thoughts?

A: When the heart becomes puffed up during psalmody, remember that it is written:

"Let not them who embitter Him be exalted in themselves." (Ps. 65:7) Embittering Him is when we sing without understanding (Ps. 47:7) and without the fear of God. If you examine yourself to see if your thoughts are wandering during psalmody, you will definitely find that they have been wandering and you are angering God.

- Sts. Barsanuphius and John



SAINT EMILIAN THE CONFESSOR BISHOP OF CYZICUS

August 8

Apolytikion

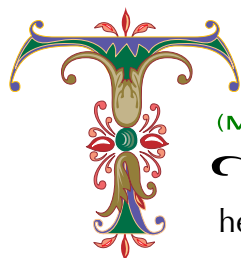
150

Fourth Mode

Intonation: #10

Ἦχος Δ

Κανόνα πίστεως



he truth of things hath re - vealed thee to thy flock as a rule
 of faith, an i - con of meek - ness, and a teach - er of tem - per - ance; for
 this cause thou hast a - chieved the heights by hu - mil - - - i - ty, rich -
 es by pov - er - ty. O Fa - ther and Hier - arch Em - i - - - li - an, in -

ter - cede__with Christ_____ God that our souls be saved.

6.

The chanting that is done in churches is an entreaty towards God
to be appeased for our sins. Whoever begs and prayerfully
supplicates must have a humble and contrite
manner; but to cry out manifests a
manner that is audacious
and irreverent.

Canon LXXV of the Sixth Ecumenical Synod



THE HOLY APOSTLE MATTHIAS

August 9

Apolytikion

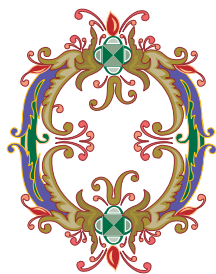
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



ho - ly A - pos - - tle Mat - thi - as, in - ter - cede _

_ with the _ mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.

150



THE HOLY MARTYR LAURENCE ARCHDEACON OF ROME

August 10

Apolytikion

Fourth Mode

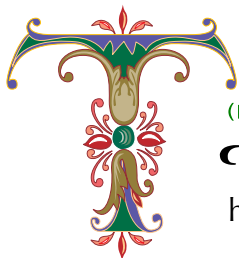
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

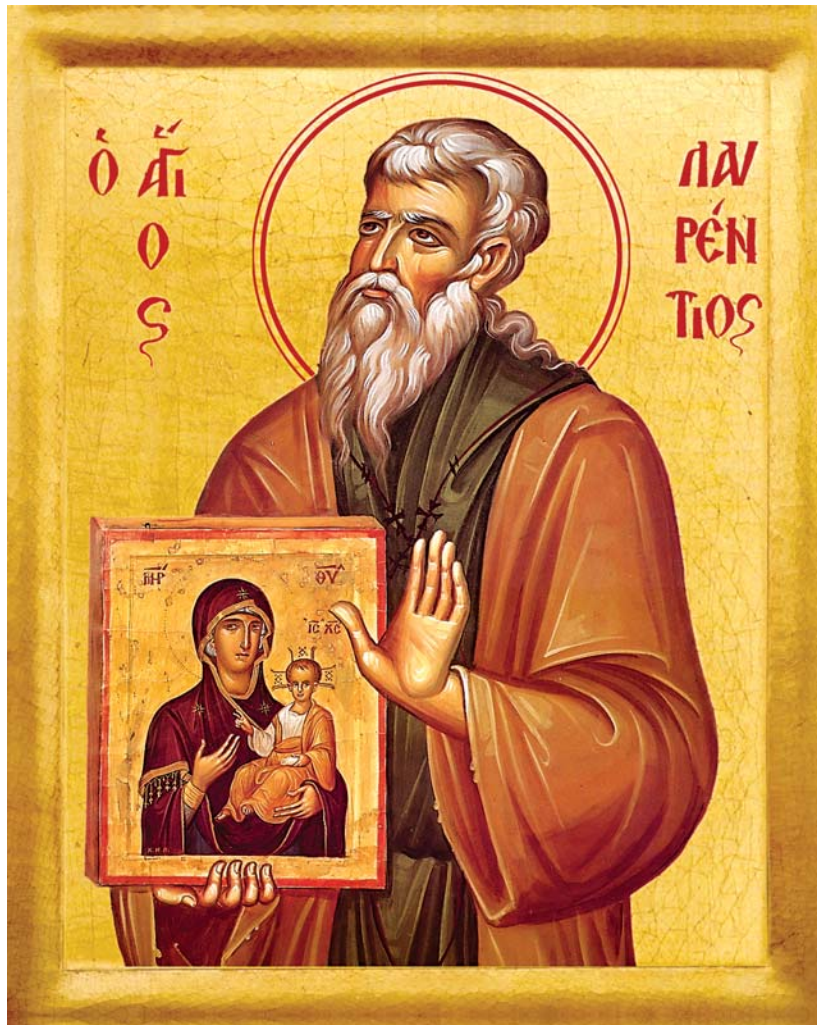
Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
 hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
 (Δ) (M) (Δ)
 re - ceived as the prize the crowns of in - cor - rup - tion and life
 (B) (Δ) (M) (Δ)
 from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast
 4 (B)
 down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful.



SAINT LAWRENCE



THE HOLY MARTYR EUPHROSIMUS THE DEACON

August 11

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε

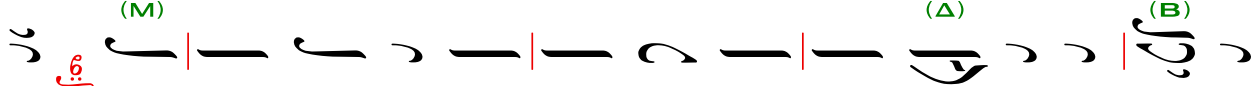


(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

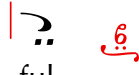
(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -



 tion. O Christ God, by his prayers, save our souls, since Thou art mer - ci -



 ful.

For to sing the Psalms demands such concentration
 of a man's whole being on them that, in doing it, his usual
 disharmony of mind and corresponding bodily confusion is resolved,
 just as the notes of several flutes are brought by harmony to one effect; and he
 is thus no longer to be found thinking good and doing evil, ...so he who sings well
 puts his soul in tune, correcting by degrees its faulty rhythm so that at last, being truly
 natural and integrated, it has fear of nothing, but in peaceful freedom from all vain
 imaginings may apply itself with greater longing to the good things to come.
 For a soul rightly ordered by chanting the sacred words forgets its own
 afflictions and contemplates with joy the things of Christ alone.

- St. Athanasios the Great



THE HOLY MÀRTYRS PHOTIUS AND ÀNICETUS

August 12

Apolytikion

Fourth Mode

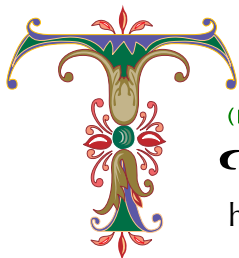
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art mer - ci -

ful.





SAINT MAXIMUS THE CONFESSOR

August 13

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and__
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ God - in - spired__
(M) (N)
a - dorn - ment of mo - - nas - tics, ς O wise__ Max - i - mus, by thy
(M) (Γ)
teach - ings thou hast en - light - ened all, O harp of the__ Spir - it. ς In -

10



SAINT MAXIMUS THE CONFESSOR



SAINT TIKHON OF ZADONSK

August 13

Apolytikion

Plagal Fourth Mode

150

Ἦχος λ ϣ ϣ ϣ

Intonation: #25



(Γ) (N) (M) (Γ)
rom thy youth thou didst love Christ, O ____ bless - ed ____ one, ϣ ϣ

(N)
and thou wast a mod - el to all in word, Δ ϣ life, __ love, spir - it,

(M) (Γ) (Π) (N)
faith, pu - ri - ty, and hu - - mil - i - - ty. ϣ Where - fore, thou hast

(M)
now ____ tak - en up thy dwell - - ing in the heav - en - ly ____ man - sions ϣ

^(Г) | ^(N) where, as thou stand-est be-fore the throne of the Most Ho-ly Trin-i-
 ty, ^Δ do thou pray, O Saint Tik-hon, that our___souls be___saved. ^(M) ^(Г)



SAINT TIKHON
OF ZADONSK



THE FOREFEAST OF THE DORMITION OF THE MOST HOLY THEOTOKOS

August 14

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Λαοὶ προσκιρτήσατε



(M) (Δ) (B)

n faith, O ye peo - ple, leap for joy while clap - ping your

(Δ) (M) (Δ)

hands; and gath - er in glad - ness on this day with long - ing and

(B) (Δ) (M)

shout in ra - di - ant ju - bi - lance. For the The - o - to - kos com - eth

(Δ) (B)

nigh to de - part - ing from thē earth un - to the heights; and we glo - ri -

fy her ^(M) with glo - ry as the Moth - er of God ^(Δ) in our un - ceas - ^(B)

ing hymns.





THE FOREFEAST OF THE DORMITION OF THE MOST HOLY THEOTOKOS

August 14

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Τῇ ἐνδόξῳ μνήμῃ σου



(Δ) (Κ)
 n thē Im - ma - te - - ri - al Spir - it, the whole _____
 (Δ) (Κ)
 world hath been mys - ti - c'ly _____ a - dorned up - on thy glo - rious mem -
 (Δ) Δ
 - o - ry; and it doth cry to thee joy - ous - ly: Re - jice, O Vir -
 (Π) (Μ)
 - gin, thou boast _____ of the Chris - tian race. _____

Δ



THE HOLY PROPHET MICHAEL (MICAH)

August 14

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δε

Τοῦ Προφήτου σου



(M)

s we cel - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Mi - chai-as, O Lord, through him we be - seech Thee to save

our souls.





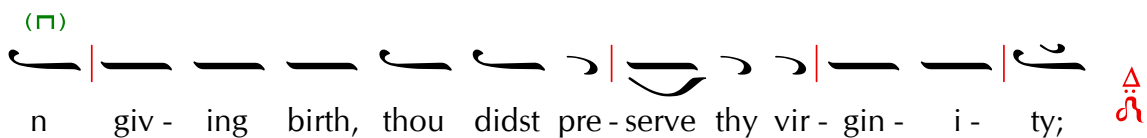
August 15

Apolytikion

First Mode

Intonation: #1

Ἐν τῇ γεννήσει



in thy dor-mi-tion, thou didst not for-sake the world, O The- - o -

to - kos. π q Thou wast trans-lat - - ed un - to life, Δ since thou art the

π_q

*
 our souls ___ from ___ death. π ϩ

* Finale:

π ϩ our souls ___ from ___ death. π ϩ





THE DORMITION OF OUR LADY THE THEOTOKOS AND EVER-VIRGIN MARY

August 15

Kontakion

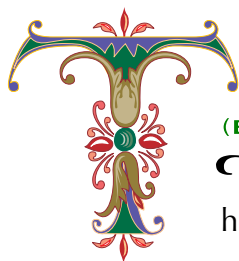
150

Second Mode

Intonation: #4

Ἦχος Δι

Τὴν ἐν πρεσβείαις

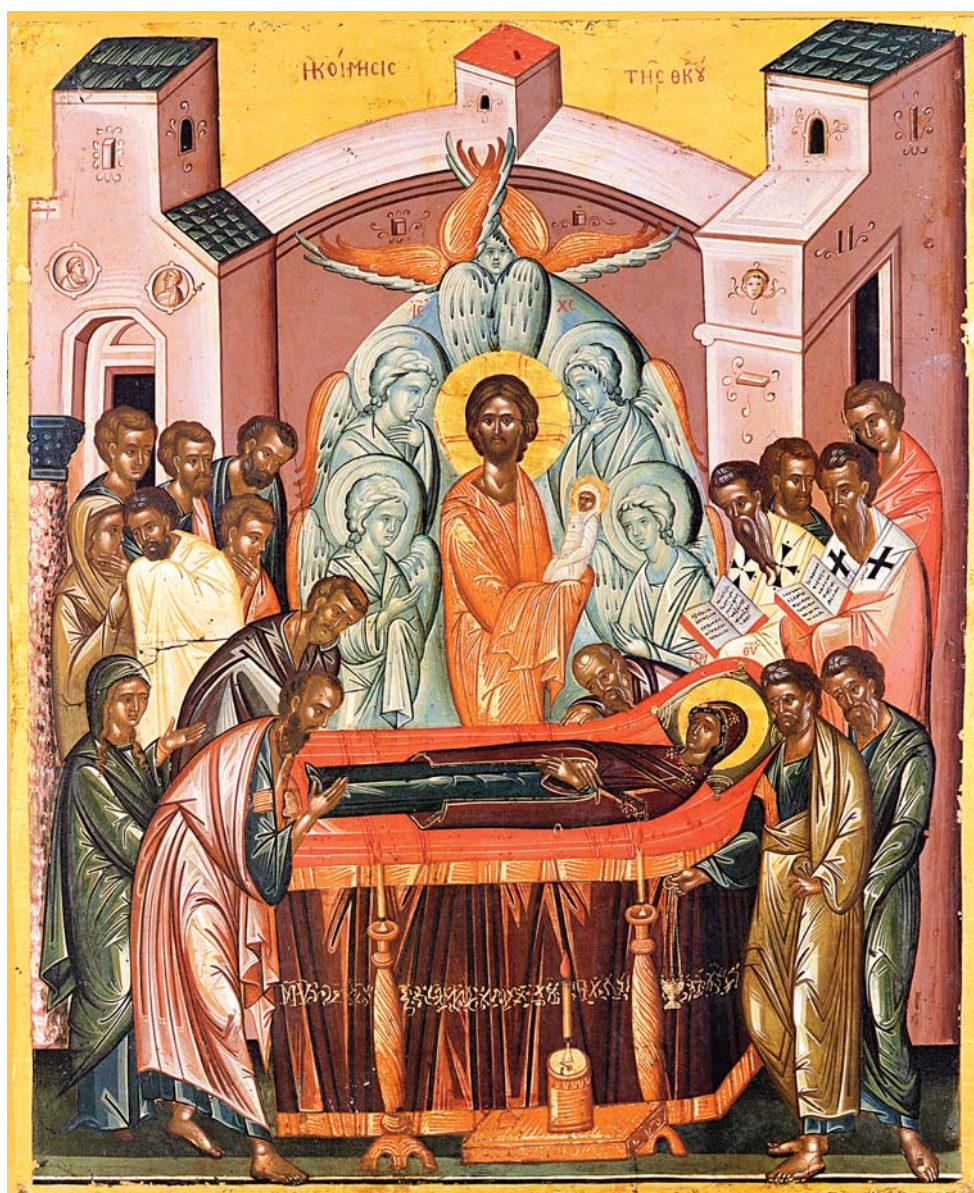
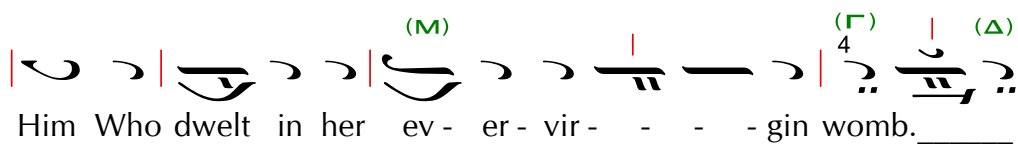


(B) he grave and death could not hold the The - o - to - - - -

- - - - kos, (M) who is un - sleep - ing in her in - ter - ces - (Δ) - - - sions

(B) and an un - fail - ing hope in her me - di - a - - - - tions. (M) For

(Δ) as the Moth - er of Life she was trans - lat - ed to life by





THE TRANSLATION OF THE HOLY ICON OF JESUS CHRIST NOT MADE BY HANDS

August 16

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τὴν ἄχραντον εἰκόνα σου



(M) e wor - - - ship Thine im - mac - u - late i - con, O Good (Δ)

(B) One, ask - ing the for - give - ness of our fail - ings, O Christ our God; (Δ)

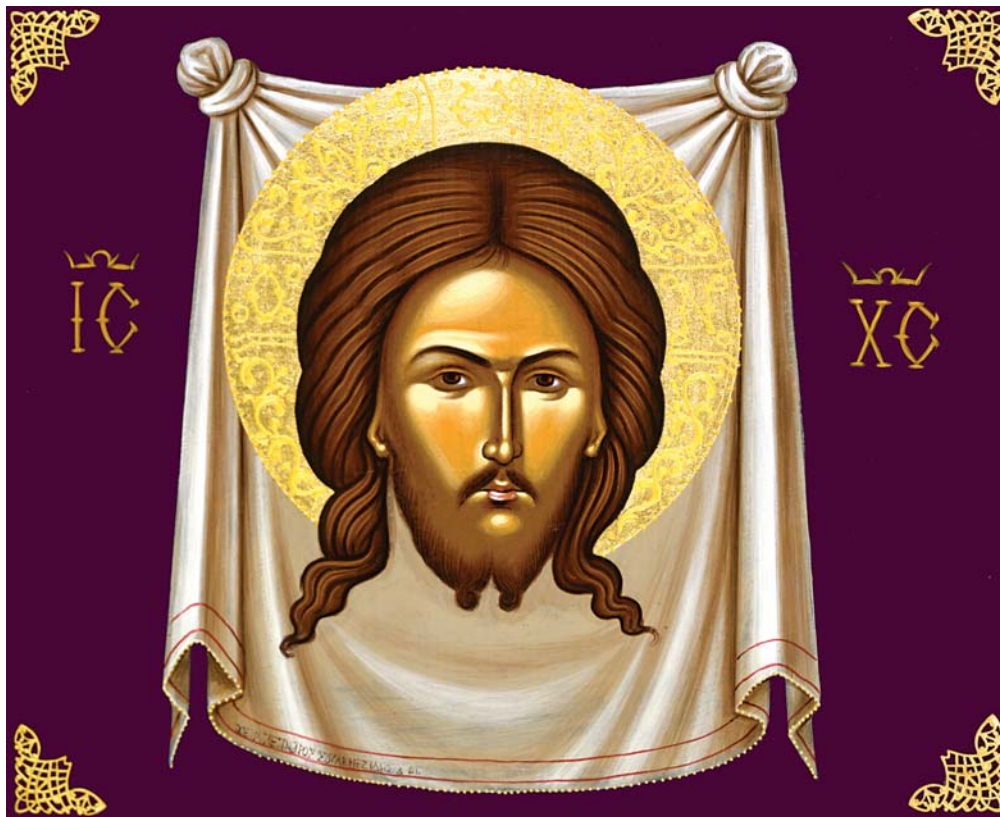
(M) for of Thine own will Thou wast well-pleased to as - cend the Cross_ in

(Δ) (M) (Δ) the flesh, that Thou might-est de - liv - er from slav - er - y to thē

en - e - my those whom Thou hadst fash - - - - ioned. ^(B) ^(Δ) Where-fore, we cry

to Thee thank - - ful - ly: ^(B) ^(Δ) Thou didst fill all things with joy, O our Sav -

iour, when Thou cam - est to save ^(M) _____ the world. ^(Δ)





THE HOLY MARTYR MYRON

August 17

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Ὁ Μάρτυς σου Κύριε



(M) (Δ) (B)
hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since he pos - sessed Thy strength, he cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by his prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.



SAINT MYRON



THE HOLY MARTYRS FLORUS AND LAURUS

August 18

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

4 (B)
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art mer - ci - ^(Δ) ^(B)

ful. ^(B)



SAINTS FLORUS AND LAURUS



THE HOLY MARTYR ANDREW THE COMMANDER AND THE 2,593 MARTYRED WITH HIM

August 19

Apolytikion

Fourth Mode

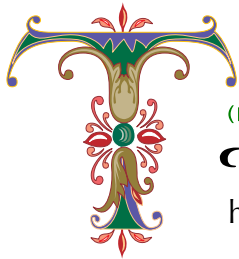
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ'

Οἱ Μάρτυρές σου Κύριε



hy Mar - tyr's, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

Now [in 1911] theatrical tunes and melodies have even
penetrated into the Church, forcing out ancient chant.

Meanwhile, the latter is more highly artistic,
but people don't understand this.

- St. Barsanuphius of Optina



THE HOLY PROPHET SAMUEL

August 20

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τοῦ Προφήτου σου



(M)

s we cel - - - e - brate the mem - o - ry of Thy

(Δ)

(B)

(M)

Proph-et Sam - u - el, O Lord, through him we be - seech Thee to save _____

_____ our souls.





THE HOLY APOSTLE THADDAEUS

August 21

Apolytikion

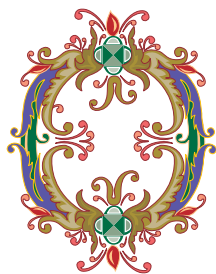
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολε ἅγιε



(N) ho - - ly A-pos-tle Thad - dae - us, (Γ) in - ter - cede__

with the__ mer - ci - ful God (Γ) that He grant un - to our souls for - give - ness of

of - fenc - es.

Γα



THE HOLY MARTYR BASSA AND HER SONS THEOGNIUS, AGAPIUS, AND PISTUS

August 21

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
 hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee
 (Δ) (M) (Δ)
 re - ceived as the prize the crowns of in - cor - rup - tion and life
 (B) (Δ) (M) (Δ)
 from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
 4 (B)
 down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

Those who chant should offer
 their psalmodies with great care to God,
 Who looks into the hidden recesses of the heart,
 i.e., into the psalmody and prayer that are
 done mentally in the heart rather
 than uttered in external cries.

- Canon LXXV of the Sixth Ecumenical Synod



THE SYNAXIS OF THE ICON OF THE MOTHER OF GOD OF PRUSA

August 22

Apolytikion

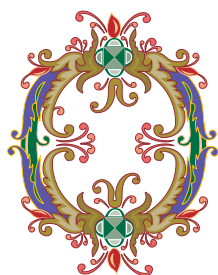
First Mode

"While Gabriel was saying"

150

Ἦχος ᾠ Πα

Intonation: #1



(□) La - dy, by thine i - con of Pru - sa thou art shown__

forth as the great pro - tect - ress of Greece__ and a work - er of dread

won - - ders; for thou__ grant - est sight__ un - to the blind, O__

thou all - spot - less Mar - i - am; thou dost cast__ out wick - ed de - mons

and heal - est all that flee___ un - to thee while cry - ing: π ϩ Glo - - - ry

un - to thy child - birth with - out seed. Δ ϩ Glo - ry to Him that hath

made thee won - - drous. Δ ϩ (Δ) (Π) Glo - ry to Him that work - - eth such man - -

ner___ of mar - - vels through thee. π ϩ





THE HOLY MARTYRS AGATHONICUS AND LUPUS

August 22 and 23*

Apolytikion

Fourth Mode

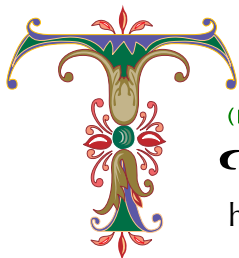
"Be quick to anticipate"

150

Intonation: #10

Ἦχος Δ

Οἱ Μάρτυρές σου Κύριε



(M) (Δ) (B)
hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee

(Δ) (M) (Δ)
re - ceived as the prize the crowns of in - cor - rup - tion and life

(B) (Δ) (M) (Δ)
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast

⁴
down the ty - rants and whol - ly de - stroyed the de - mons' strength - less pre - sump -

* The hymns of Saint Lupus (who would celebrate on August 23rd) are transferred to August 22nd because of the Apodosis of the Feast of the Dormition of the Theotokos.

tion. ^(M) O Christ God, by their prayers, save our souls, since Thou art ^(Δ) mer - ci - ^(B)

ful. ^(B)



SAINT LUPUS



peace - ful ha - ven. Where - fore, now crowned as a Mar - - - tyr, he

in - ter - ced - eth that our souls be saved.



SAINT IRENAEUS



THE HOLY HIEROMARTYR EUTYCHES DISCIPLE OF ST. JOHN THE THEOLOGIAN

August 24

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Καὶ τρόπων μέτοχος



(M)

(Δ)

s a shar - er of the ways and a suc - ces - sor to

(B)

(M)

(Δ)

the throne of thē A-pos - - tles, O in - spired of God, thou found -

(M)

(Δ)

(B)

est dis - - ci - pline to be a means of as - cent to di - vine vi -

(M)

- - sion. Where-fore, hav - ing right - ly di - vid - - ed the word of

^(Δ)
 truth, ^Δ thou didst al - so con - test for the Faith e - ven un - to blood, ^Δ
^(B) ^(M)
 O Hier - o - mar - tyr Eu - ty - ches. ⁶ In - ter - cede with Christ our God
^(B)
 that our souls be saved. ⁶

Even though the meaning of the words [of psalmody] be unknown to you,
 teach your mouth to utter them meanwhile. For the tongue is made
 holy by the words when they are uttered with
 a ready and eager mind.

- St. John Chrysostom



THE TRANSLATION OF THE RELICS OF SAINT PETER METROPOLITAN OF MOSCOW

August 24

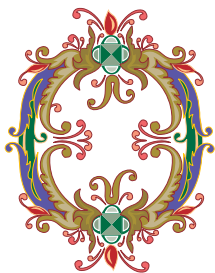
Apolytikion

Fourth Mode

150

Ἦχος Δε

Intonation: #10



(M)

(Δ)

n this day hath come the glo - ri - ous feast of the trans -

(B)

(M)

la - tion of thy pre - cious rel - ics, O Saint Pe - - ter, which doth ex -

(Δ)

(M)

(Δ)

ceed - ing - ly glad - den thy flock and all Chris - tian peo - - ple. Fail

(B)

not to pray for them to Christ our God Who en - trust - ed His flock to thee,

^{6.} that it be kept un-harmed from ^(M) en - - e - mies, ^Δ and that
^(B)
 our souls be saved. ^{6.}



SAINT PETER OF MOSCOW



SAINT COSMAS OF ÆTOLIA EQUAL TO THE APOSTLES

August 24

Apolytikion

Fourth Mode

150

Ἦχος Δε

Intonation: #10



(M) ith odes let us ac - claim the re-nowned_ Cos-mas, (B) who (M)

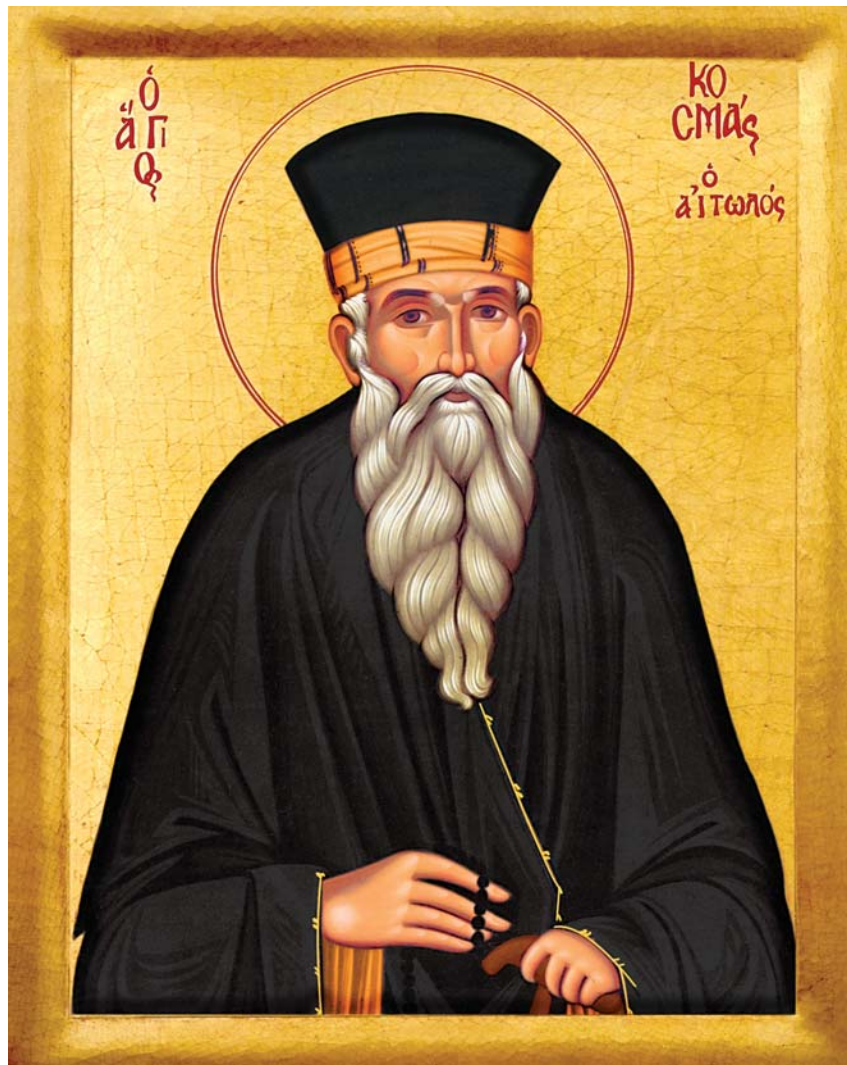
(Δ) glo-rious - ly ex - celled a-mong the choirs of the mar - tyrs, priests, and as - (B)

(Δ) cet - - ics, and let us gath - er in his hon - our, (B) for he

dis - pens - eth heal - ing__ to them that have re-course to him with faith,

^(Δ)
 since, as an e - qual of thē A - pos - tles, ^(B) he hath bold - ness be -

fore Christ.





SAINT COSMAS OF AETOLIA EQUAL TO THE APOSTLES

August 24

Kontakion

Fourth Mode

"Thou Who wast raised up"

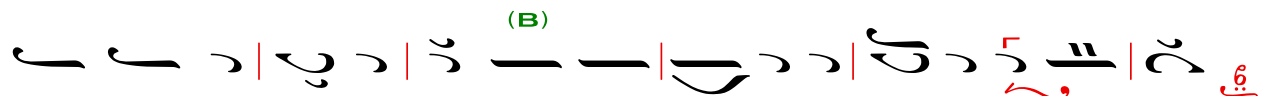
150

Ἦχος Δ

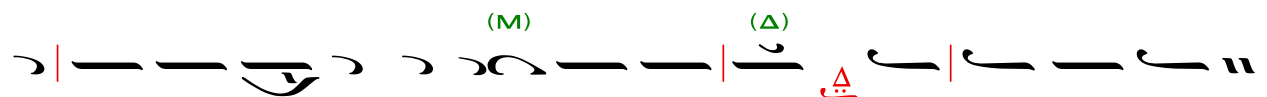
Intonation: #10




(Δ) (B) (M) (Δ) 4
 ome from Ae - to - - li - - a, O God - bear - ing Fa -
 (B) (M) (Δ) 4
 ther, thou didst be - come a right - eous monk on Mount Ath - os;
 (B) (M) (Δ)
 and as a true in - i - tiate of the glo - ry of God, thou didst
 (M) (Δ) (Γ)
 preach the word of truth to all men, O most blest one, and



 didst bring them all to Christ as a true em - u - la - - - - tor



 of the A - pos - tles' choir, and thou didst prove a hier - o - mar - -



 tyr in shed - ding thy sa - cred blood.

No one should seek their own good,
but the good of others.

I Corinthians 10:24



THE HOLY APOSTLES BARTHOLOMEW AND TITUS

August 25

Apolytikion

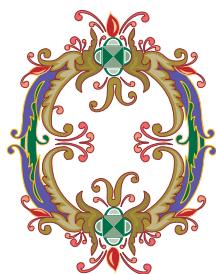
150

Third Mode

Intonation: #8

Ἦχος γ'. Γα

Ἀπόστολοι ἅγιοι



(N) ho - - ly A - pos - tles, (Γ) in - ter - cede (Π) with the

(Γ) mer - ci - ful God π that He grant un - to our souls for - give - ness of of - fenc -

es. Γ



THE MEETING OF THE ICON OF THE MOTHER OF GOD OF VLADIMIR

August 26

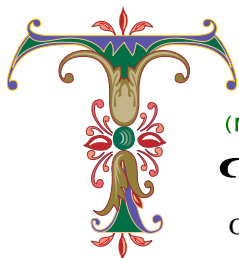
Apolytikion

Fourth Mode

150

Ἦχος Δε

Intonation: #10



(M) (Δ) (B)
o - day the most glo - ri - ous cit - y of Mos-cow re - joic-eth

(M)
ra-diant-ly, for it re - ceiv - eth as a ray of the sun

(Δ) (B)
thy won - der - work - ing i - con, O La - - dy; and as we now

(M) (B) (Δ)
have_ re - course there - to, we pray to thee and cry: O most won -

der - ful La - dy The - o - to - - - kos, pray to Christ our God,
 Who was in - car - nate of thee, that this cit - y and all Chris - tian
 cit - ies and coun - tries be kept un - harmed from all as - saults of thē en -
 e - my, and that our souls be saved, for He is mer - ci - ful.





SAINTS ADRIAN AND NATALIE

August 26

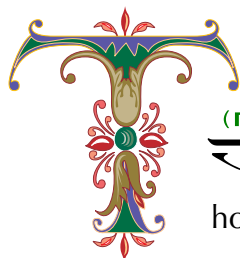
Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8



hou didst deem that Faith which hath sal - va - tion to be
rich - - es nev - er lost or plun - dered. Thou for - sook - - est thy
fa - - thers' im - - pi - - e - ty, and thou didst fol - low thy Mas - -
ter, be - com - ing rich in His di - vine gifts, O glo - - ri - ous

A - dri - - an. ^(N) With the god - ly mind - ed Nat - a - lie, who em - bold - ened ^(Γ)
 thee, ^(N) en - treat Christ God, O Mar - tyr, that our souls ^(Γ) be saved.





THE HOLY MARTYR PHANURIUS

August 27

Apolytikion

Fourth Mode

"Be quick to anticipate"

150

Ἕχος Δι

Intonation: #10



(M) (Δ) (B)
heav - en - ly song of praise is bright - ly sung on the

(Δ) (M) (Δ)
earth; the hosts of the An - gels keep an earth - ly fes - ti - val

(B) (Δ)
now in splen - dour and ra - diant joy; from on high, they praise with

(M) (Δ) (B)
hymns thy suf - f'rings and strug - gles; and be - low, the Church doth laud

the heav - en - ly glo - ry ^(M) thou found - est by thy con - tests and pains,
 O glo - rious Pha - nu - ri - us. ^(Δ) ^(B)



SAINT PHANURIUS



SAINT PIMEN

August 27

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ῥοαῖς



(Γ)

(N)



ith the streams of thy tears, thou didst cul - ti - vate the

(M)

(Π)

(N)



bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M)

(Π)



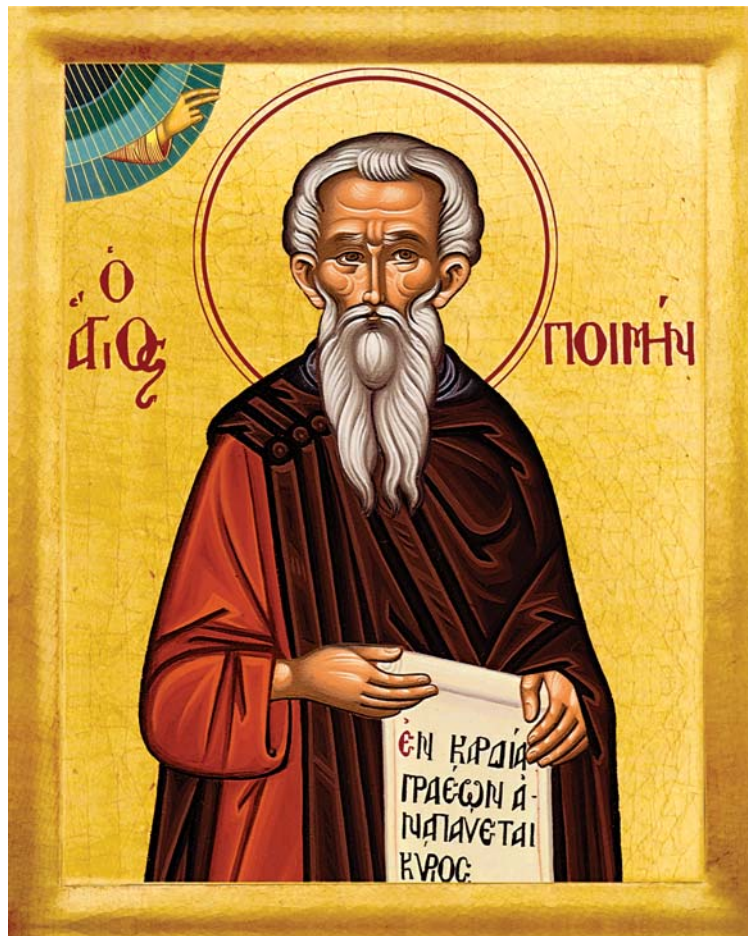
the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N)



thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^(Δ) O ^(M) Pi - men our right - eous ^(Γ) Fa - ther. ^(Γ) In - ter - cede with
 Christ God that our ^(N) ^(M) ^(Γ) souls be ^(σ) saved.



SAINT PIMEN



SAINT MOSES THE ETHIOPIAN

August 28

Apolytikion

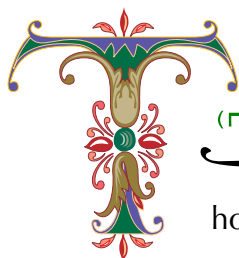
150

First Mode

Intonation: #1

Ἦχος ᾠ Πα

Τῆς ἐρήμου πολίτης



(Π)

hou didst prove to be a cit - i - zen of the des - - ert, an an -

gel in the flesh, and a won - der - work - - er, O Mo - - ses, our God -

bear - ing Fa - ther. By fast - ing, vig - - il, and prayer thou didst ob - tain -

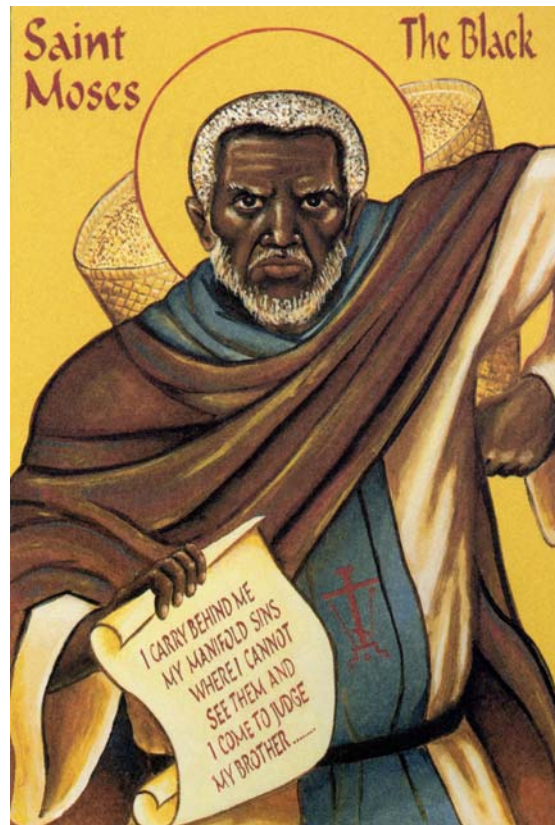
heav - - en - ly gifts, and thou heal - - est the sick and the souls of them

that have re-course to thee with faith. ^π Glo-ry to Him that hath giv - - en thee

strength. ^Δ Glo - - ry to Him___ that hath crowned_thee. ^Δ Glo - ry to

Him that work-eth heal-ings__ for all___ through_ thee.

^π
9





THE SYNAXIS OF THE FATHERS OF THE FAR CAVES IN KIEV

August 28

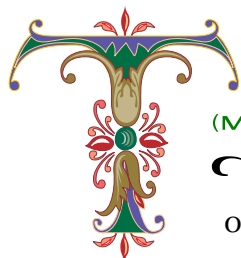
Apolytikion

Fourth Mode

150

Ἦχος Δε

Intonation: #10



(M) (Δ) (B)
o - geth - er with the whole as - sem - bly of the mo - nas - tic

(M)
Saints, we hon - our to - day the no - et - ic sun and bril - - - liant

(B) (Δ)
moon of the found-ing Fa - thers of the Ki - ev Caves. For these

(M) (Δ)
il - lu - mine the fir - ma - ment of the Church and en - light - en them

that toil___ in the dark-ness of the pas - - - - sions. By their prayers,
 they grant help from Christ God in the time of all trib - u - la - tions
 and they make en - treat - y for the de - liv - er - ance of our souls.

What state can be more blessed than to imitate on earth the choirs of angels?
 to begin the day with prayer, and honor our Maker with hymns and songs?
 As the day brightens, to betake ourselves, with prayer attending on it
 throughout, to our labors, and to season our work with hymns,
 as food with salt? The consolation from hymns produces
 a state of soul that is cheerful and free of sorrow.

- St. Basil the Great



SAINT JOB OF POCHAEV

August 28

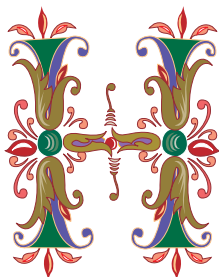
Apolytikion

Fourth Mode

150

Ἦχος Δ

Intonation: #10



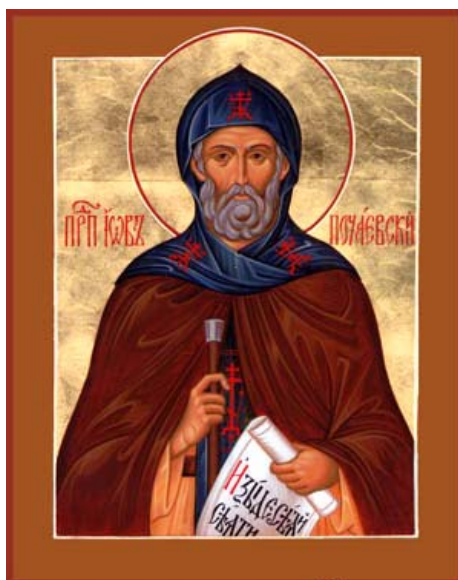
(Δ) av - ing ac - quired_ the pa - tience of the long - suf - fer-ing (B)

fore - fa - ther, hav - ing re - sem-bled the Bap - tist in ab - sti - nence, (M) and

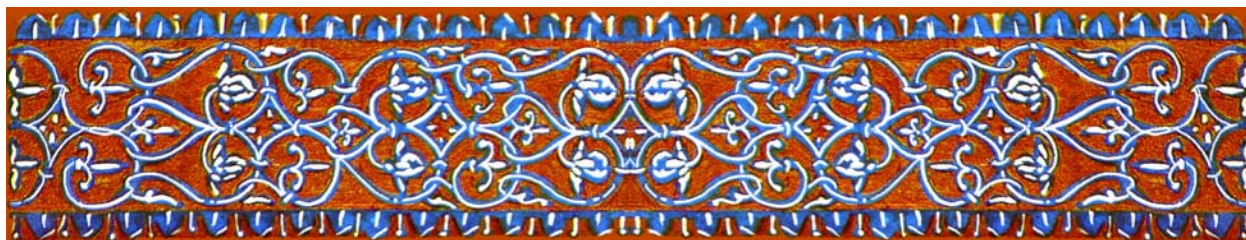
shar - ing the di - vine zeal of both, thou wast grant - - ed to

(Δ) re - ceive their names, and wast a fear - less preach - er of the true Faith. (B)

(M) (B) (M)
 In this way thou didst bring a mul - ti - tude of mo - nas - tics to
 (Δ) (B) (M)
 Christ, and thou didst strength - en all the peo - ple in Or - tho - dox - y,
 (Δ) (B)
 O Job, our ho - ly Fa - - - ther. Pray that our souls be saved.



SAINT JOB OF POCHAEV



SAINT SUSANNA QUEEN OF GEORGIA

August 28 (and October 17)

Apolytikion

Plagal First Mode

"Let us worship the Word"

150

Ἦχος λ̣ ᾠ̣ Κε

Intonation: #13



(K)

et us hon - our Su - san - na, the wise hand-maid of God, the

god - ly boast of I - be - ri - a, the bright lamp of the Faith, the

far - shin-ing and great bea-con of true pi - e - ty. For, by her con - fes -

(Δ)

sion of the Truth, she hath shown forth un - to all the path lead-ing to

sal - va - tion; and she mak - eth fer - vent en - treat - - - y that we
 be grant - ed life and mer - cy from God.



THE HOLY MÆRTYR SUSANNA
 QUEEN OF GEORGIA



THE BEHEADING OF SAINT JOHN THE FORERUNNER

August 29

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Μνήμη δικαίου



(M)

he mem - o - ry of the just _____ is cel - e - brat - ed with

(Δ)

hymns _____ of praise, but the Lord's tes - ti - mo - ny is suf - fi -

(B)

(M)

cient for thee, O Fore - - run-ner; for thou hast proved to be tru -

(Δ)

(B)

ly e - ven more ven - er - a - ble than the Proph - - ets, since thou

(M)

wast grant-ed to bap - tize in the run - ning wa - ters Him Whom they pro -
 claimed. Where-fore, hav - ing con - test - ed for__ the truth, thou didst re -
 joice to an - nounce the good ti - dings e - ven to those in Ha - - -
 des: that God hath ap - peared_ in the flesh, tak - ing a - way the
 sin of__ the world and grant - ing us great mer - - - - cy.



(K) (Δ) (K) ⲕ
 der; for she loved___not the Law of God, nor e - ter - nal life, ⲛ
 (M) (K) ⲕ
 but one___false and fleet - - - - ing. ⲕ





SAINTS ALEXANDER, JOHN, AND PAUL THE NEW, ARCHBISHOPS OF CONSTANTINOPLE

August 30

Apolytikion

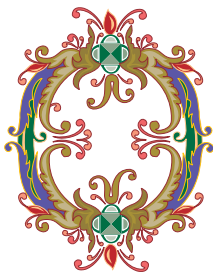
150

Fourth Mode

Intonation: #10

Ἦχος Δ' Δε

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M) (Δ)
God of our Fa-thers, ev - er deal - ing__with us ac -

(B) (M) (Δ)
cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ) (B)
by their en - treat-ies guide our life in peace.



THE SYNAXIS OF THE HOLY HIERARCHS OF SERBIA

August 30

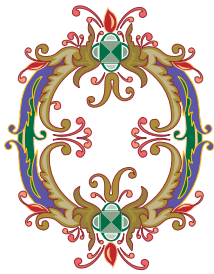
Apolytikion

Fourth Mode

150

Ἦχος Δ΄

Intonation: #10



(M)

(Δ)

(B)

our first Hier-archs and God-bear-ing Fa - thers, as en -

light-en - ers of Ser - bi - a, her ho - ly chief shep-herds and pa - tri -

(M)

archs, true guard - i - ans of thē ap - os - tol - ic tra - di - - - tions,

(Δ)

(B)

un - shake - a - ble pil - lars and teach-ers of Or - tho-dox - y, en -

treat Christ, the Mas - ter ^(Δ) of all, ^(B) for the peace of the world and
 great mer - cy for our souls.





THE SYNAXIS OF THE HOLY NEW MARTYRS OF SERBIA

August 30

Apolytikion

First Mode (soft chromatic)
"The soldiers standing guard"

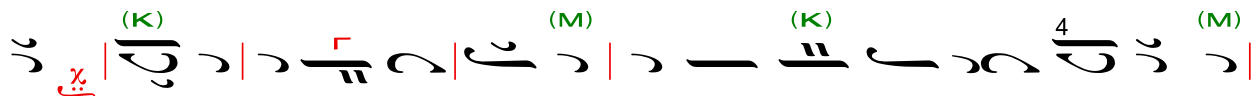
150

Ἦχος 4̣ Κε


Intonation: #4



he scar - let of your blood, shed for Christ's sake, O Mar - tyrs,
doth or - na - ment the Church like fine lin - en and pur - ple. The
crim - son seed of the Faith is a - gain sown with gen - - 'rous
hand. Lo, the rush - - ings of this riv - er make glad God's Cit -



y, and her en - - e - mies are there-by drowned in___ con - fu - sion. O



Ser - bi - a, ex - ult with joy!

When chanters chant with the tongue and also with the mind,
they greatly benefit not only themselves but
also those who want to hear them.

- St. Athanasius the Great



THE DEPOSITION OF THE PRECIOUS SASH OF THE THEOTOKOS

August 31

Apolytikion

150


Plagal Fourth Mode

Intonation: #25

$$^{\circ}\text{H}\chi\omicron\varsigma \quad \frac{\lambda}{\pi} \ddot{\text{H}} \text{---}^{\circ}$$

Θεοτόκε ἀειπάρθενε




 Ev - er - vir - gin

man - - kind, ⁽²⁾ thou hast be - stowed up - on thy peo - ple a might - y

in - ves - - ture, ^{Δq} e - ven thine im - mac - u - late ^(M) bod - y's ^(Γ) rai - ment and [♂]

sash, which by thy seed - less child - birth have re - mained in - cor -

rupt; ^(Δ)q for in thee na-ture and ^(M) ^(Γ) time are made new. ^(Π) Where - fore,
^(N) we im - plore thee to grant peace to the world, ^(Δ)q and great mer - cy ____
^(Γ) to our ____ souls. ^(Δ)q





THE DEPOSITION OF THE PRECIOUS SASH OF THE THEOTOKOS

August 31

Kontakion

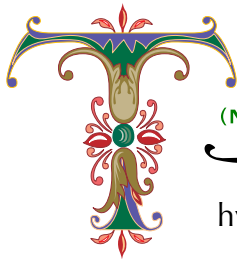
150

Second Mode

Intonation: #4

Ἦχος Δι

Τὴν θεοδόχον γαστέρα



(M) (Δ) (B)
 hy pre - - - cious sash, O The - o - to - kos, which en - com -
 (M) (B)
 passed thy God - re - ceiv - ing womb, is an in - vin - ci - ble force
 (B)
 for thy flock, and an un - fail - ing treas - ur - y of eve - ry good,
 (Δ) (M) (Γ) (Δ)
 O on - ly Ev - er - vir - - gin Moth - - - er.



THE HOLY HIEROMARTYR CYPRIAN OF CARTHAGE

August 31

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

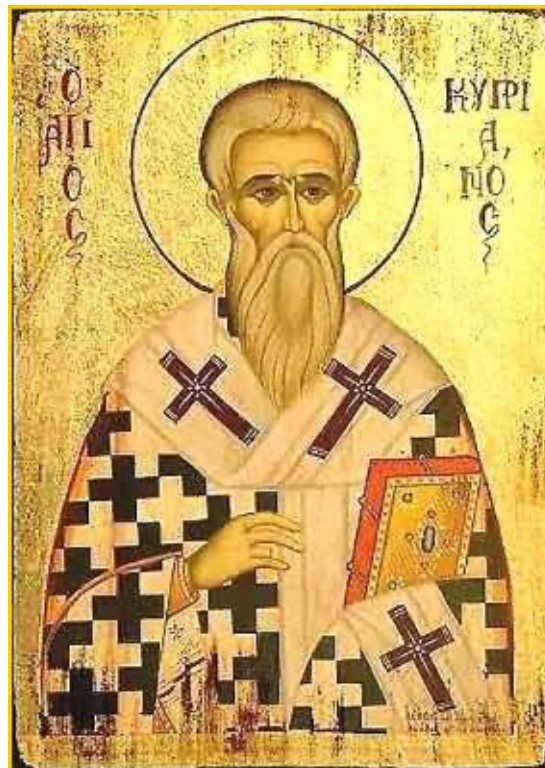
Ὁρθοδοξίας ὁδηγέ



(Γ) (N) (M)
uide of Or - tho - dox - y, teach - er of pi - e - ty and__
(Γ) (Π) (N)
ho - li - - ness, ς lu - mi - nar - y of the world, Δ q God - in - spired__
(M) (N)
a - dorn - ment of con - - fes - sors, ς O wise__ Cyp - ri - an, by thy
(M) (Γ)
teach - ings thou hast en - light - ened all, O harp of the__ Spir - it. ς In -

ter - cede with Christ God that our ____ souls be ____ saved.

Г
О



SAINT CYPRIAN



Tríodíon





SUNDAY OF THE PUBLICAN AND PHARISEE

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ

Φαρισαίου φύγωμεν



et us flee the Phar - - i - see's con - ceit - ed vaunt - -
ing; let us learn the Pub - - li - can's hu - mil - i - ty, and cry__with
groans un - to the Sav-iour: Thou Who a - lone art swift - ly rec -
on - ciled, be gra-cious un - - to__ us.



SUNDAY OF THE PRODIGAL SON

Kontakion

Third Mode
"On this day the Virgin"

150

Intonation: #8

Ἦχος Γα

Τῆς πατρῶας δόξης σου



ool - ish - ly I sprang a - way from Thy great fa - ther - ly
glo - - - ry, and dis - persed in wick - - ed deeds the rich - es
that Thou didst give me. With the Prod - i - gal I
there - - - fore cry un - to Thee now: I have sinned

(Π) a - gainst Thee, O com - pas - sion - ate Fa - - - ther. (Ν) But re - ceive

me in re - pen - - tance; Δ make me as one of Thy hired__ ser - vants, O

Lord. υ





SATURDAY BEFORE MEAT-FARE SUNDAY: SATURDAY OF THE SOULS

Apolytikion

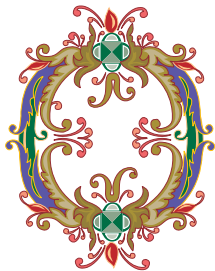
150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Ὁ βάθει σοφίας



(Γ) Thou Who by the depth of Thy wis - dom dost pro - vide

all things out of love for man, and grant - est un - to all that which

is prof - it - a - ble, O on - ly Cre - a - tor: Grant rest, O Lord, to

(N) (M) (N) the souls of Thy ser - vants; for in Thee have they placed their hope,

(Γ) ———— (Π) (M) (Γ)
 O our Cre - a - tor and Fash - ion - - er and__ God.

Γ
 Δ

Theotokion

Plagal Fourth Mode

Ἦχος λ π δὲ —

Σὲ καὶ τεῖχος



(Γ) ———— (N) ————
 hee do we have as a wall and a ha - ven, and an
 ac - cept - a - ble in - ter - ces - sor with God, Δ₉ Whom thou didst bear, O
 un - wed - ded The - o - to - - kos, Δ₉ thou sal - va - tion of the faith - - - ful.

(M) ————
 Γ Δ



SATURDAY BEFORE MEAT-FARE SUNDAY: SATURDAY OF THE SOULS

Kontakion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Μετὰ τῶν ἁγίων



(N)

ith the Saints grant rest, O Christ, to the souls of Thy ser -

(M)

vants, where there is nei - ther pain, nor sor - row, nor sigh - ing, but

(M)

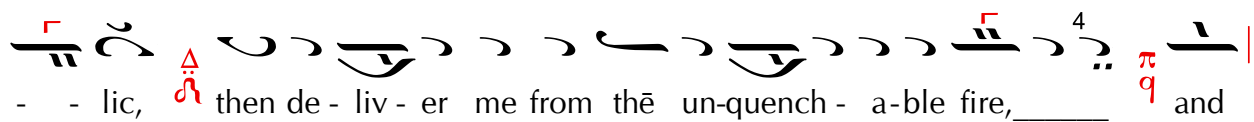
life un - - end - ing.



150

Intonation: #1

Όταν ἔλθῃς ὁ Θεός



deem me wor - - thy to stand at Thy right hand, O most right - - eous_ Judge.





CHEESE-FARE SATURDAY: THE COMMEMORATION OF ALL OUR RIGHTEOUS AND GOD-BEARING ASCETICAL FATHERS AND MOTHERS

Apolytikion

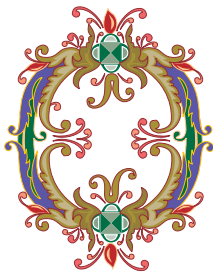
150

Fourth Mode

Intonation: #10

Ἦχος Δι

Ὁ Θεὸς τῶν Πατέρων ἡμῶν



(M)

(Δ)

God of our Fa-thers, ev - er deal - ing__with us ac -

(B)

(M)

cord-ing to Thy gen - tle-ness: take not Thy mer - cy from us, but

(Δ)

(B)

by their en - treat - ies guide our life in peace.

6



CHEESE-FARE SATURDAY: THE COMMEMORATION OF ALL OUR RIGHTEOUS AND GOD-BEARING ASCETICAL FATHERS AND MOTHERS

Kontakion

Plagal Fourth Mode
"As first-fruits of our nature"

150

Intonation: #25

Ἦχος λ π ς

Ὡς εὐσεβείας κήρυκας



(Γ) (N)
s preach-ers of true pi - e - ty who si - lenced all im - pi -

e - ty, Lord, Thou hast made the whole host of God-bear-ing Saints shine forth with

(M) (N)
splen-dour__ on the__ world. By their prayers and en - treat-ies, keep all

them that ex - tol and sin - cere - ly mag - ni - fy Thee in per - fect

(N) _____ (M) _____
 peace, to chant__ and to sing to Thee: Al - le - - lu - i - - a. ✠





CHEESE-FARE SUNDAY: THE COMMEMORATION OF ADAM'S EXILE FROM PARADISE

Kontakion

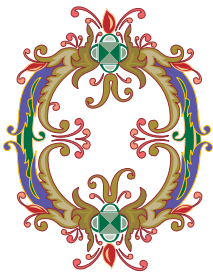
150

Plagal Second Mode

Intonation: #17

Ἦχος λ π — Δι

Τῆς σοφίας ὁδηγέ



(M) (Δ) (B)
Thou Guide un - to wis - dom, Be - stow - er of pru - - -

(M) (Δ)
- - dence, In - struct - or of the fool - ish, and De - fend - er of the poor:

(B)
es - tab - lish and grant un - der - stand - ing un - to my heart, O Mas - -

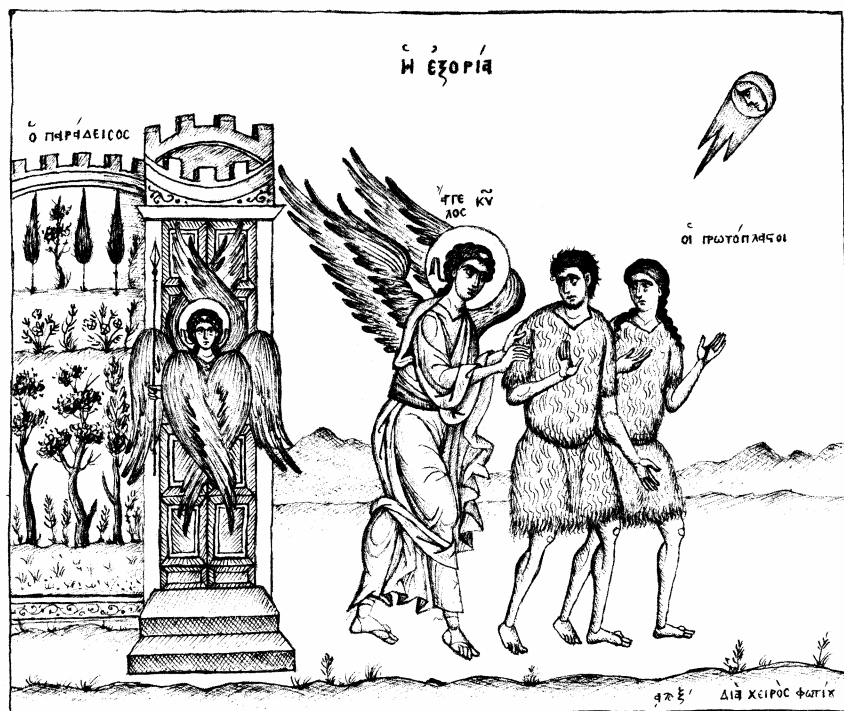
- - - - - ter. Grant me speech, O Word of the Fa - - ther;

(Δ) (B)

for be - hold, I shall not keep my lips from cry - ing un-to Thee: Have

(M)

mer - cy, O Mer - ci - ful One, on me who have fall - - - en.





THE FIRST SATURDAY OF THE FAST: THE COMMEMORATION OF THE MIRACLE OF THE KOLLYVA BY SAINT THEODORE THE TYRO

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Μεγάλα τὰ τῆς πίστεως



(M) (Δ) reat are the a - chieve - ments of faith! In the
(B) foun - tain of flame, as by the wa - ter of rest, the ho - ly Mar - tyr
(M) (Δ) The - o - dore re - joiced; for hav - ing been made a whole - burnt of - fer -
(B) ing in the fire, he was of - fered as sweet bread un - to the Trin - i - ty.

By his prayers, O Christ God, save _____ our souls.



SAINT THEODORE THE TYRO



THE FIRST SATURDAY OF THE FAST: THE COMMEMORATION OF THE MIRACLE OF THE KOLLYVA BY SAINT THEODORE THE TYRO

Kontakion

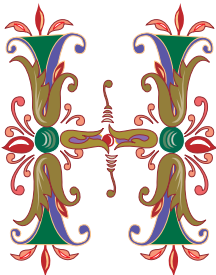
150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Πίστιν Χριστοῦ



(Γ) (N)
av - ing re - ceived the Faith of Christ in thy heart as a breast -

- plate, Δ thou didst tram - ple up - on thē en - e - my hosts, Δ O much -

(M) (Γ) (N)
suf - fer - ing__ cham - pi - - on; ς and thou hast been crowned e - ter - nal -

(M) (Γ)
ly with a heav - en - ly crown, Δ since thou art__ in - - vin - ci - - ble. ς



THE FIRST SUNDAY OF THE FAST: THE SUNDAY OF ORTHODOXY

Apolytikion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τὴν ἄχραντον εἰκόνα σου



(M) e wor - - - ship Thine im - mac - u - late i - con, O Good

(B) One, ask - ing the for - give - ness of our fail - ings, O Christ our God;

(M) for of Thine own will Thou wast well-pleased to as - cend the Cross in

(Δ) (M) (Δ) the flesh, that Thou might-est de - liv - er from slav - er - y to thē

en - e - my those whom Thou hadst fash - - - - ioned. Where-fore, we cry
 to Thee thank - - ful - ly: Thou didst fill all things with joy, O our Sav -
 iour, when Thou cam - est to save _____ the world.

We should offer up doxologies to God with fear and a contrite heart,
 in order that they may be accepted like fragrant incense.

- St. John Chrysostom



THE FIRST SUNDAY OF THE FAST: THE SUNDAY OF ORTHODOXY

Kontakion

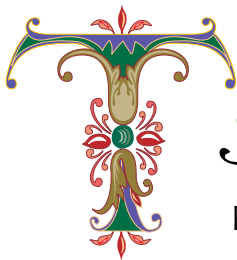
150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϝ Ϟ ϡ

Ὁ ἀπερίγραφτος Λόγος



(Γ) (N)
hē un - de - pict - a - ble Word of the Fa - ther be - came de -

(M)
pict - a - ble when He took flesh of thee, O The - o - - to - kos; Ϟ

(N)
and when He had re - stored the de - filed__ im - age to its an - cient state, Δ ϡ

(M) (N)
He suf - fused it with__ di - - vine beau - - ty. Ϟ As for us, con - fes -

10





THE SECOND SATURDAY OF THE FAST

Apolytikion

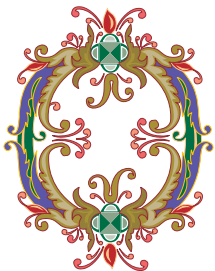
150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀπόστολοι, μάρτυρες



(M)

(Δ)

a - pos - - tles, mar-tyrs, proph-ets, hier - archs, right-eous, _

_ and just _____ ones, who have fin - ished your course well and have

(B)

(M)

(Δ)

kept the Faith: see - ing ye have bold-ness with the Sav - - - iour, be -

(M)

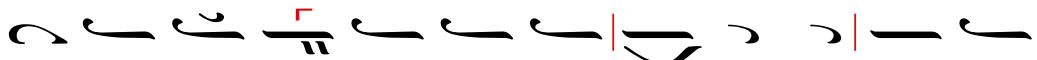
seech Him for us, since He is good, that our souls be saved, _____ we

pray.

Apolytikion for the Reposed

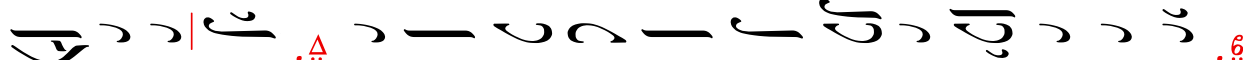


(M)



(Δ)

Keep Thy ser - - - vants in re - mem - brance, O Lord, since



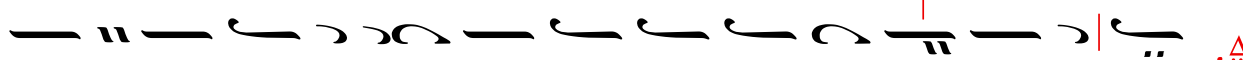
(B)

Thou art good; and do Thou for - give their eve - ry sin in this life;



(M)

for no man is with - out sin, ex - cept for Thee Who art a - ble to grant

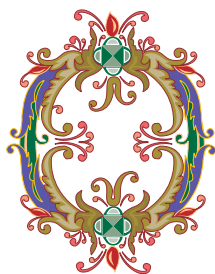


(Δ)

(M)

rest even un - to those that have de - part - - - ed hence.

Theotokion



(M)



(Δ)

ho - ly Moth - - er of thē In - ef - fa - ble Light, with



(B)

(Δ)

(B)

rev - er - ence we mag - ni - fy thee, hon - our - ing thee with an - gel - - ic



(Γ)

4

(Δ)

hymns. _____



THE SECOND SATURDAY OF THE FAST

Kontakion

Plagal Fourth Mode

150

Intonation: #25

Ἦχος λ π ς

Μετὰ τῶν ἁγίων



(N)

ith the Saints grant rest, O Christ, to the souls of Thy ser -

(M)

vants, where there is nei - ther pain, nor sor - row, nor sigh - ing, but

(M)

life un - - end - ing.



THE SECOND SUNDAY OF THE FAST: SAINT GREGORY PALAMAS ARCHBISHOP OF THESSALONICA

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Ὁρθοδοξίας ὁ φωστήρ



(N) ight of Or - tho - dox - y, (M) pil - lar and teach - er ___ of the_

(Π) ___ Church, (N) a - dorn - ment of mo - nas - tics, in - vin - ci - ble cham - pi - on

(M) of the - o - - lo - gians, (N) O Greg - o - ry thou won - der - work - er, Δ q

boast of Thes - sa - lon - i - ca, her - - ald of grace: Δ q (M) ev - er pray that our ___

souls be ___ saved.



SAINT GREGORY PALAMAS



THE SECOND SUNDAY OF THE FAST: SAINT GREGORY PALAMAS ARCHBISHOP OF THESSALONICA

Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

150

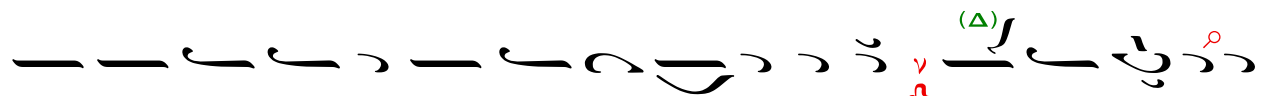
















Intonation: #24

Ἦχος λ̣ ϣ̣ Νη

Τὸ τῆς σοφίας



ith one ac - cord, we praise thee as the sa - cred and
di - vine ves - sel of wis - dom and clear trum - pet of the - ol -
o - gy, O our right - eous Fa - ther Greg - o - ry of di - vine speech.
As a mind that stan - deth now be - fore the Pri - mal Mind, do


 thou ev - er guide a - right and lead our mind to Him,  that we all may__
 4             
 cry:  Re - joice, O her - - ald of grace__ di - - vine. 

While your tongue sings,
 let your mind search out the meaning of the words,
 so that you might sing in spirit and sing also in understanding.

- St. Basil the Great



THE THIRD SATURDAY OF THE FAST

Apolytikion

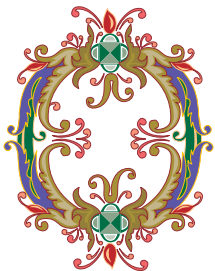
150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀπόστολοι, μάρτυρες



(M) a - pos - - tles, mar-tyrs, proph-ets, hier - archs, right-eous, (Δ)

and just _____ ones, who have fin - ished your course well and have

(B) kept the Faith: see - ing ye have bold-ness with the Sav - - - iour, (M) (Δ) be -

seech Him for us, since He is good, (M) that our souls be saved, _____ we

pray.

Apolytikion for the Reposed



ⲁ

(M)

(Δ)

ⲕⲉⲉⲓⲥ ⲧⲏⲩ ⲥⲉⲣ - - - ⲧⲁⲛⲧⲥ ⲓⲛ ⲣⲉ - ⲙⲉⲙ - ⲃⲣⲁⲛⲥⲉ, Ⲡ ⲛⲟⲣⲁ, ⲥⲓⲛⲉ

ⲧⲏⲱⲁⲩ ⲁⲣⲧ ⲓⲛ ⲓⲁⲛⲁ ⲁⲛⲁ ⲧⲏⲱ ⲓⲁⲣ - ⲓⲧⲉ ⲧⲏⲱ ⲉⲧⲉ - ⲣⲏⲩ ⲥⲓⲛ ⲓⲛ ⲧⲏⲥ ⲓⲧⲉ; ⲁ

(M)

ⲓⲁⲣ ⲛⲟ ⲙⲁⲛ ⲓⲥ ⲱⲓⲧⲏⲱⲧ ⲥⲓⲛ, ⲉⲭ - ⲥⲉⲡⲧ ⲓⲁⲣ ⲧⲏⲱ ⲱⲁⲣ ⲁ - ⲃⲟⲗⲉ ⲧⲟ ⲓⲁⲛⲧ

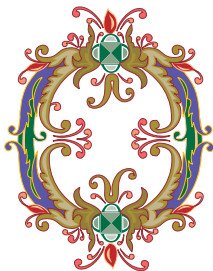
(Δ)

(M)

ⲣⲉⲥⲧⲏⲱⲁ ⲉ - ⲧⲉⲛ ⲱⲛ - ⲧⲟ ⲧⲏⲱ ⲧⲏⲱ ⲁⲣⲧⲏⲱⲧ - - - ⲉⲁⲧ ⲏⲉⲛⲥ. ⲁ

Theotokion

ⲁ



(M)

(Δ)

ⲕⲉⲉⲓⲥ ⲧⲏⲩ ⲙⲟⲧⲏⲱⲧ - - ⲉⲣ ⲟⲩ ⲧⲏⲱ ⲓⲛ - ⲉⲩ - ⲩⲁⲃⲟⲗⲉ ⲛⲓⲁⲧ, ⲱⲓⲛ

(B)

(Δ)

(B)

ⲣⲉⲧⲉⲣ - ⲉⲣ - ⲉⲛⲥⲉ ⲱⲉ ⲙⲁⲓⲁⲛⲓ - ⲩⲏⲩⲱⲧⲉⲩ, ⲏⲟⲛ - ⲟⲩⲣⲓⲛⲓⲁⲧ ⲧⲏⲱ ⲱⲓⲛ ⲁⲛ - ⲓⲁⲛⲓⲁⲃⲟⲗⲉ - - ⲓⲁⲛⲓⲁⲃⲟⲗⲉ

(Γ)

4

(Δ)

ⲧⲏⲱⲁⲩ. ⲁ



THE THIRD SATURDAY OF THE FAST

Kontakion

Plagal Fourth Mode

150

Intonation: #25

Ἦχος λ π ς

Μετὰ τῶν ἁγίων



(N)

ith the Saints grant rest, O Christ, to the souls of Thy ser -

(M)

vants, where there is nei - ther pain, nor sor - row, nor sigh - ing, but

(M)

life un - - end - ing.



THE THIRD SUNDAY OF THE FAST: THE WORSHIP OF THE PRECIOUS AND LIFE-GIVING CROSS

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ♩ Πα

Σῶσον Κύριε τὸν λαόν σου



(Π) ♩ ave, O Lord, Thy peo - - ple and bless _____ Thine in - her - - i - tance; π

♩ grant Thou un - to the faith - - ful vic - to - ry o - ver ad-ver - sar - ies. π And

♩ by the pow - er of Thy Cross do Thou pre-serve Thy com - - mon - wealth. π



THE THIRD SUNDAY OF THE FAST: THE WORSHIP OF THE PRECIOUS AND LIFE-GIVING CROSS

Kontakion

150

Grave Mode

Intonation: #21

Ἦχος βαρύς Γα

Οὐκ ἔτι φλογίνη



(Γ) (N)
o long - er doth the flam - ing sword guard the gate of E -

- - den, for a mar - vel - lous quench - - ing__ is come up - on it,

(M) (Γ) (N)
e - ven the Tree__ of the Cross. The sting hath been tak - - en from death,

(M) (Δ)
and the vic - to - ry from Ha - - - des. And Thou, my Sav - - - iour,

hast ap - peared___ un - to those in Ha - des, say - - ing: En - ter ye
 a - gain___ in - to Par - - a - - dise.





THE FOURTH SATURDAY OF THE FAST

Apolytikion

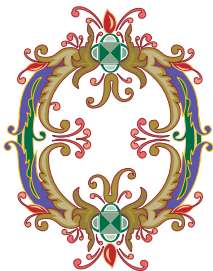
150

Second Mode

Intonation: #4

Ἦχος Δι

Ἀπόστολοι, μάρτυρες



(M) a - pos - - tles, mar-tyrs, proph-ets, hier - archs, right-eous, (Δ)

and just _____ ones, who have fin - ished your course well and have

(B) kept the Faith: see - ing ye have bold-ness with the Sav - - - iour, (M) (Δ) be -

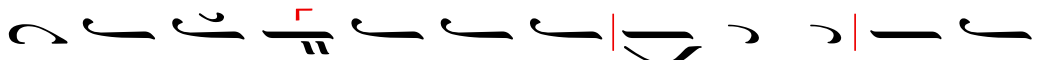
seech Him for us, since He is good, (M) that our souls be saved, _____ we

pray.

Apolytikion for the Reposed



(M)



(Δ)

Keep Thy ser - - - vants in re - mem - brance, O Lord, since



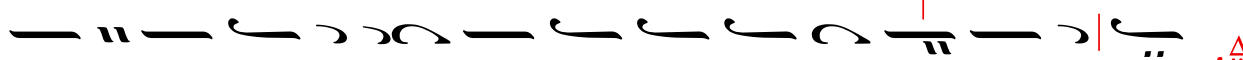
(B)

Thou art good; and do Thou for - give their eve - ry sin in this life;



(M)

for no man is with - out sin, ex - cept for Thee Who art a - ble to grant

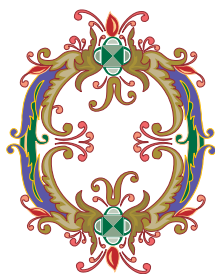


(Δ)

(M)

rest even un - to those that have de - part - - - ed hence.

Theotokion

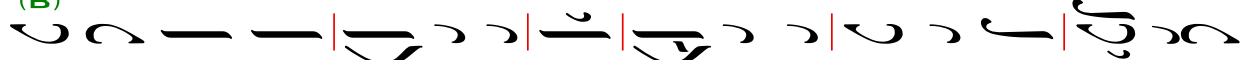


(M)



(Δ)

ho - ly Moth - - er of thē In - ef - fa - ble Light, with

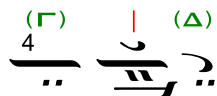


(B)

(Δ)

(B)

rev - er - ence we mag - ni - fy thee, hon - our - ing thee with an - gel - - ic



(Γ)

4

(Δ)

hymns. _____



THE FOURTH SATURDAY OF THE FAST

Kontakion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Μετὰ τῶν ἁγίων



(N)

ιθ the Saints grant rest, O Christ, to the souls of Thy ser -

(M)

vants, where there is nei - ther pain, nor sor - row, nor sigh - ing, but

(M)

life un - - end - ing.



THE FOURTH SUNDAY OF THE FAST: SAINT JOHN OF THE LADDER

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ταῖς τῶν δακρύων σου ροαῖς



(Γ) (N)
ith the streams of thy tears, thou didst cul - ti - vate the

(M) (Π) (N)
bar - ren - ness of the ___ des - ert; and by thy sigh - - ings from

(M) (Π)
the depths, thou didst bear fruit a hun-dred-fold in ___ la - bours; and

(N)
thou be - cam - est a lu - mi - nar - y, shin - ing with mir - a - cles up - on

the world, ^Δ O John our right-eous___ Fa - ther. ^Γ In - ter - cede with Christ ^Ν
 God that our___ souls be___ saved. ^Γ





THE FOURTH SUNDAY OF THE FAST: SAINT JOHN OF THE LADDER

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

150

Intonation: #4

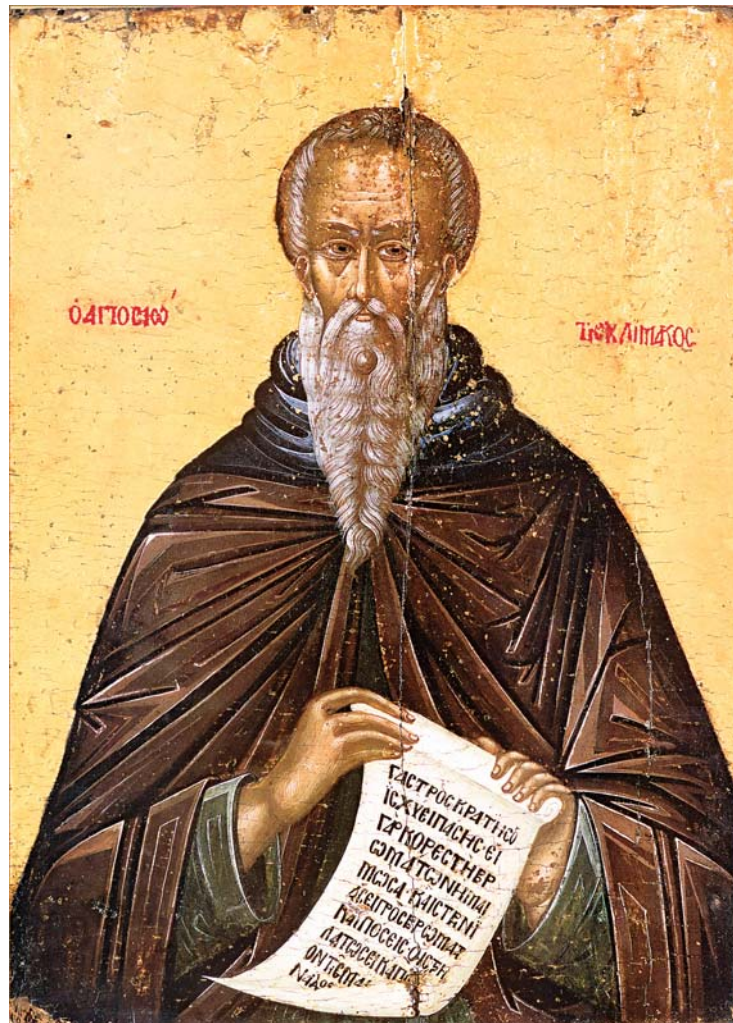
Ἦχος ᾠ̣̈ Κε

Καρπούς ἀειθαλεῖς

A s ev - er - bloom-ing fruits, thou dost of - fer the teach-ings
 of thy God - giv - en book, O wise John, thou most bless-ed, while sweet -
 'ning the hearts of all them that heed it with vig - - i - lance;
 for it is a lad-der from thē earth un - - to Heav-en

^(K) that con-fer - - reth ^(M) glo - ry on the ^(K) souls that ^(M) as - cend it and hon -
 our thee faith-ful - ly.

SAINT
JOHN



OF THE
LADDER



THURSDAY OF THE FIFTH WEEK

THE GREAT CANON OF

SAINT ANDREW OF CRETE

Kontakion

adapted from Gregory the Protopsaltis (+1822)

ⲗ̅ⲭ̅ 66

Plagal Second Mode (Soft Chromatic)

Intonation: #17 or #18

ⲛⲁⲟⲥ ⲗ̅ⲭ̅ ⲛⲁⲟⲥ ⲃⲉ

Ψυχὴ μου, ψυχὴ μου



(M) (Δ) (M)



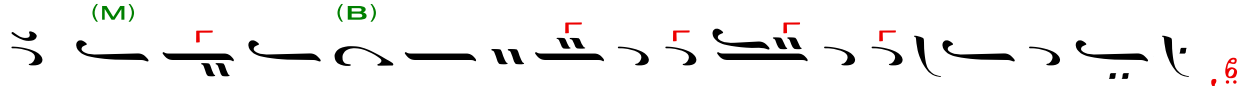
y soul, _____ my soul, a - - rise! _____ Where - fore -

(B) (M) (Δ)

_____ dost _____ thou slum - - - - ber? Thē end _____ is _____ draw -

(B) (M)

ing _____ nigh, _____ and thou shalt _____ be _____ trou - - - - bled. A -


 rouse _____ thy - - self, _____ there - - fore, that Christ _____ God _ may _

 _____ spare _____ thee; _____ for He is eve - - ry - - -

 where pre - - - sent and fill - - - - - eth _____ all _____ things.

Just as the angels stand with great fear
 and chant their hymns to the Creator,
 likewise should we stand in psalmody.

- St. Ephraim the Syrian



THE SATURDAY OF THE AKATHIST HYMN

Apolytikion

150

Plagal Fourth Mode

Intonation: #24

Ἦχος λ π ς Νη

Τὸ προσταθέν









hen the bod - - i - less one__ learned the se - cret__ com -



mand, in haste he came__ and stood be - fore__ Jo - seph's dwell - - -

ing, and spake un - to the Maid - - en who__ knew not wed - lock: The

One__ Who hath bowed the Heav - - ens by His des - cent is held_


 __ and con - tained un - chang - - ing whol - ly in thee.  See - ing Him re -

 ceiv - ing the form of a ser - vant in thy womb, I stand in awe and

 cry to __ thee:  Re - joice, thou Bride un - wed - ded. 

* Finale:


 Re - joice, thou Bride un - wed - - ded. _____ 

I will pray with the spirit,
 and I will pray with the understanding also:
 I will sing with the spirit, and I will sing with the understanding also.

- I Cor. 14:15



THE SATURDAY OF THE AKATHIST HYMN

Kontakion

Plagal Fourth Mode

150

Intonation: #24

Ἦχος λ π ς Νη

Τῇ Υπερμάχῳ




(N) (Π) (N) 4
o thee, the Cham - - pion Lead - er, we thy flock ded - i - cate


6 λ (Π) (N) 6 λ
a feast of vic - - to - ry and of thanks - giv - ing, as ones res -

(Π) γ
cued out of suf - f'rings, O The - - o - to - kos. But as thou__ art one

(N) 6 λ
with might which is in - vin - ci - - ble, from all dan - gers that can



 Bride un - wed - ded.







THE FIFTH SUNDAY OF THE FAST: SAINT MARY OF EGYPT

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς Γα

Ἐν σοὶ Μητὲρ ἀκριβῶς



(Γ) (N) (M)
n thee thē im - age was pre - served with ex - act - ness, O____
(N)
Moth - er; ς for tak - ing up thy cross, thou didst fol - low Christ, and
(M) (Γ) (N)
by thy deeds thou didst teach us to o - ver - - look the flesh, ς for
(Γ) (N)
it pass - eth a - way, Δ ς but to at - tend____ to____ the soul since it

^(M)
 is im - - mor - tal. ^(Γ) Where-fore, O ^(N) right-eous Mar - y, thy spir - it
^(M)
 re - joic - eth with thē ____ An - gels.

SAINT
MARY



OF
EGYPT



THE FIFTH SUNDAY OF THE FAST: SAINT MARY OF EGYPT

Kontakion

Fourth Mode

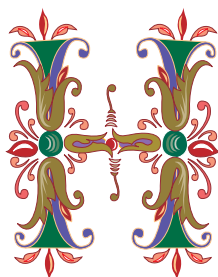
"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δε

Τῆς ἀμαρτίας τὴν ἀγλύν



av - ing es - caped the gloom of sin, O blest Mar - y,
and shin - ing bright - - ly with the light of re - pen - tance, thou
didst pre - sent thy heart to Christ, O glo - rious one, bring - ing Him
His ho - - ly and all - im - mac - u - late Moth - er as a great - ly

mer - ci - ful and most bold in - ter - ces - - - sor. Hence, thou hast
 found the par - don of thy sins and with thē An - - gels re - joic -
 est for ev - er - more.





Lazarus Saturday

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πα

Τὴν κοινὴν ἀνάστασιν



(Π)

n con - firm - ing the com-mon Res - ur - rec - tion, O Christ God, Thou

didst raise up Laz - - a - rus from the dead be-fore__Thy Pas - sion. πᾶ Where -

fore, we al - so, like the chil - - dren, bear - - ing the sym - - bols of

vic - to - ry, cry to Thee, the Van - quish - er of death: πᾶ Ho - san - na in the

high - - est; bless - - ed is He that com - eth in the Name__ of the

⁴ Lord. __ π ρ





Lazarus Saturday

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Ἡ πάντων χαρά



(M) o those on thē earth, the Joy of all, Christ God, (Δ) the
 Truth, (Δ) the Light and the Life, the Res - ur - rec - tion of (B) the world, (M)
 in His good - ness hath now ap - peared and is be - come the true ar - -
 che - type (Δ) of the Res - ur - rec - tion of all, (B) be - stow - ing (M) di - vine

for - give - ness on _____ all men. 





PALM SUNDAY

Apolytikion

150

First Mode

Intonation: #1

Ἦχος Πά

Τὴν κοινὴν ἀνάστασιν



(Π) n con - firm - ing the com-mon Res - ur - rec - tion, O Christ God, Thou

didst raise up Laz - - a - rus from the dead be-fore Thy Pas - sion. Where -

fore, we al - so, like the chil - - dren, bear - - ing the sym - - bols of

vic - to - ry, cry to Thee, the Van - quish - er of death: Ho - san - na in the

high - - est; bless - - ed is He that com - eth in the Name__ of the

Lord. __





PALM SUNDAY

Another Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Ὁ Δε

Συνταφέντες



(M)

(B)

s by bap - tis - m we were bur - ied with Thee, O Christ

(M)

(Δ)

our God, so by Thy Res - ur - rec - tion we were deemed wor - thy of

(B)

(M)

(Δ)

im - mor - tal life; and prais - ing Thee, we cry: Ho - san - na in the high - est;

(B)

bles - ed is He that com - eth in the Name of the Lord.



PALM SUNDAY

Kontakion

150

Plagal Second Mode

Intonation: #17

Ἦχος λ π ς Δι

Τῷ θρόνῳ ἐν οὐρανῷ




(M) e - ing borne up - on a throne in Heav - - en, (Δ) and up - on

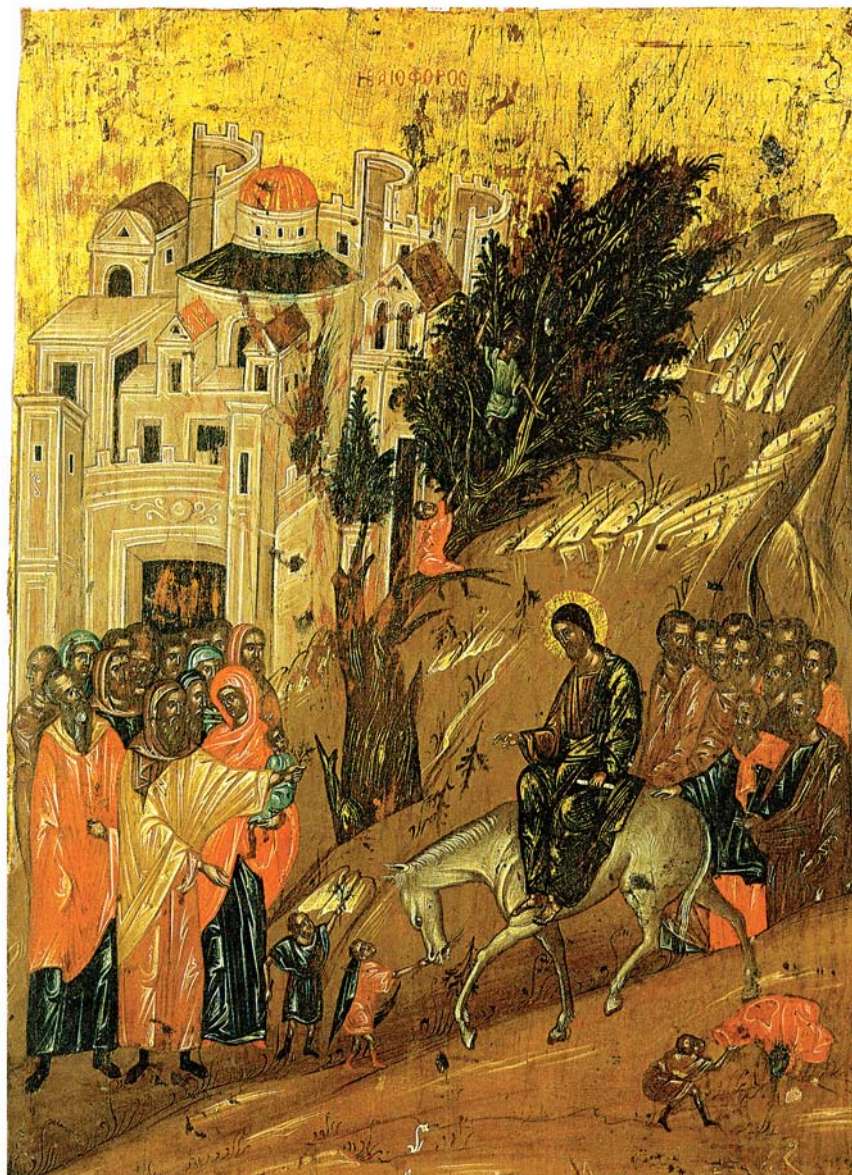
(B) a colt on__thē earth, O Christ_____ God, (Δ) Thou didst ac - cept

(M) the praise of thē An - - - gels (Δ) and the laud - a - tion of the chil-dren

(B) as they cried to Thee: (M) Bless - ed art (Δ) Thou Who com - est to re - call (M)

Ad - - am. _____

(Г) 4 (Δ) 





HOLY AND GREAT MONDAY

Troparion

108

Plagal Fourth Mode

Intonation: #8

Ἦχος λ π ς

Ἰδοὺ ὁ Νυμφίος



(Γ) (N) (M) (Γ)
e - hold, the Bride-groom com-eth in the mid - dle__ of the__

(N) (M)
__ night, and bless - ed is that ser - - vant whom He shall find__ watch -

(Γ) (N) (Π) (M)
ing; and a - gain__ un - wor - - thy is he whom He shall find__

(Π) (N)
heed - less. Be - ware, there-fore, O my soul, lest thou be borne down

with sleep, lest thou be giv - en up to death, and be shut out from the
 King - dom. But rath - er rouse thy - self and cry: Ho - -
 ly, Ho - - - ly, Ho - ly art Thou, O our God; by the
 pro - tec - tion of the Bod - i-less Hosts, have mer - - - cy on us.

* Finale:

through the The - o - to - - - kos, have mer - - - cy on us.
 us.





HOLY AND GREAT TUESDAY

Troparion

108

Plagal Fourth Mode

Intonation: #8

Ἦχος λ π ς

Ἰδοὺ ὁ Νυμφίος



(Γ) (N) (M) (Γ)
e - hold, the Bride-groom com-eth in the mid - dle___ of the_

(N) (M)
_ night, and bless - ed is that ser - - vant whom He shall find___ watch -

(Γ) (N) (Π) (M)
ing; and a - gain___ un - wor - - thy is he whom He shall find___

(Π) (N)
heed - less. Be - ware, there-fore, O my soul, lest thou be borne down

with sleep, ^(Δ) lest thou be ^(Π) giv - en up to death, ^(M) and be shut out from the_
 __ King - dom. ^(N) But ^(Π) rath - er rouse thy - self __ and __ cry: ^(Π) Ho - -
 ly, __ Ho - - - ly, ^(N) Ho - ly art __ Thou, ^(M) ^(Γ) O ^(Π) our __ God; ^{*} ^(Π) by the
 in - ter - ces - sions of the Fore-run-ner, have mer - - - cy on __ us.

* Finale:

^(Π) ^(N) through the The - o - to - - - kos, have mer - - - cy on ^(Π) ^(N) ³ us.
^(M)





HOLY AND GREAT WEDNESDAY

Troparion

108

Plagal Fourth Mode

Intonation: #8

Ἦχος λ π ς

Ἰδοὺ ὁ Νυμφίος



e - hold, the Bride-groom com-eth in the mid - dle___ of the_

__ night, and bless - ed is that ser - - vant whom He shall find___ watch -

ing; and a - gain___ un - wor - - thy is he whom He shall find___

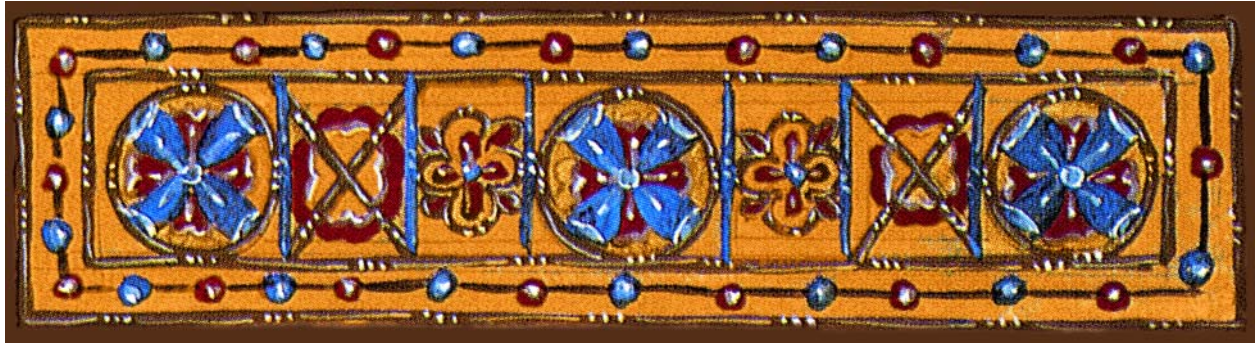
heed - less. Be - ware, there-fore, O my soul, lest thou be borne down

with sleep, lest thou be giv - en up to death, and be shut out from the
 King - dom. But rath - er rouse thy - self and cry: Ho - -
 ly, Ho - - - ly, Ho - ly art Thou, O our God; by the
 pow - - er of Thy Cross, have mer - - - cy on us.

* Finale:

through the The - o - to - - - kos, have mer - - - cy on us.





HOLY AND GREAT THURSDAY

Troparion

108

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Ὅτε οἱ ἑνδοξοὶ μαθηταί

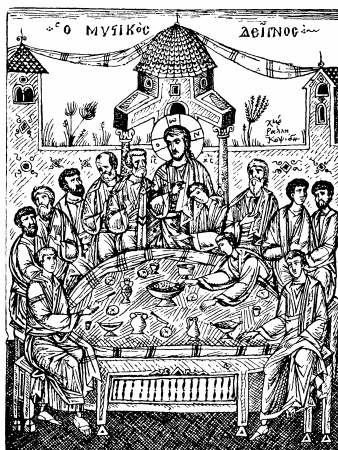


(Γ) (N)
 hen the glo - ri - ous dis - ci - ples were en - light - ened at the
 (M) (Γ) (N)
 wash - ing of the feet, then Ju - das the un - god - ly one
 (M) (N)
 was strick - en and dark - ened with the love of sil - ver. And un -
 (M) (Γ)
 to the law - less judg - es did he de - liv - er Thee, the right - eous Judge.

(Π) (N)
 O thou lov - - er of mon - ey, be - hold thou him that for the sake there -
 (M) (Γ) (N)
 of did___ hang him - - self; flee from that in - sa - - tia - ble soul that
 (M) (N)
 dared such things a - gainst the___ Mas - ter. O Thou Who art good
 * (M) (Γ)
 un - to all, Lord,___ glo - ry___ be to___ Thee.

* Finale:

(Π) (N) | (M)
 Δ 9 Lord,___ glo - - ry be to Thee.____





HOLY AND GREAT FRIDAY

Apolytikion
(for the end of Orthros)

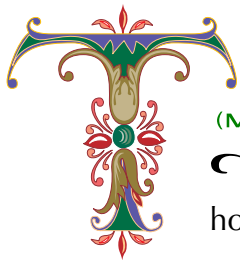
150

Fourth Mode

Intonation: #10

Ἦχος Δ'

Ἐξηγόρασας ἡμᾶς



(M) (B)

hou didst ran - som us from the curse of the Law by Thy pre -

(M) (Δ)

cious Blood. Nailed to the Cross and pierced with the lance, Thou didst

(B)

pour forth im - mor - tal - i - ty for men. O our Sav - iour, glo - ry

be to Thee.



HOLY AND GREAT SATURDAY

Apolytikia

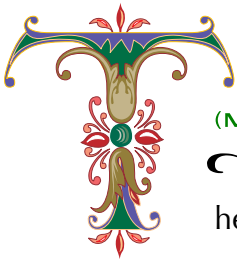
150

Second Mode

Intonation: #8

Ἦχος Δι

Ὁ εὐσχήμων Ἰωσήφ



(M)

(Δ)

he no - - - ble Jo - seph, tak - ing Thine im - mac - u - late

(B)

Bod - y down from the Tree, and hav - ing wrapped It in pure lin - en and

(M)

(Δ)

(M)


spic - - - es, laid It for bur - i - al in a new _____ tomb.

Glory...

Δόξα Πατρί

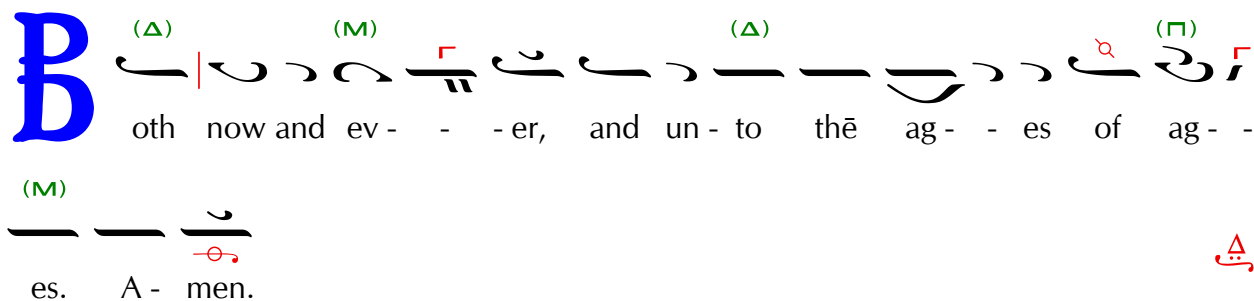
G ^(Δ) lo - ry ^(B) to the Fa - ther, and to the Son, and ^(M) to the Ho - ly Spir -
 - - it. Δ

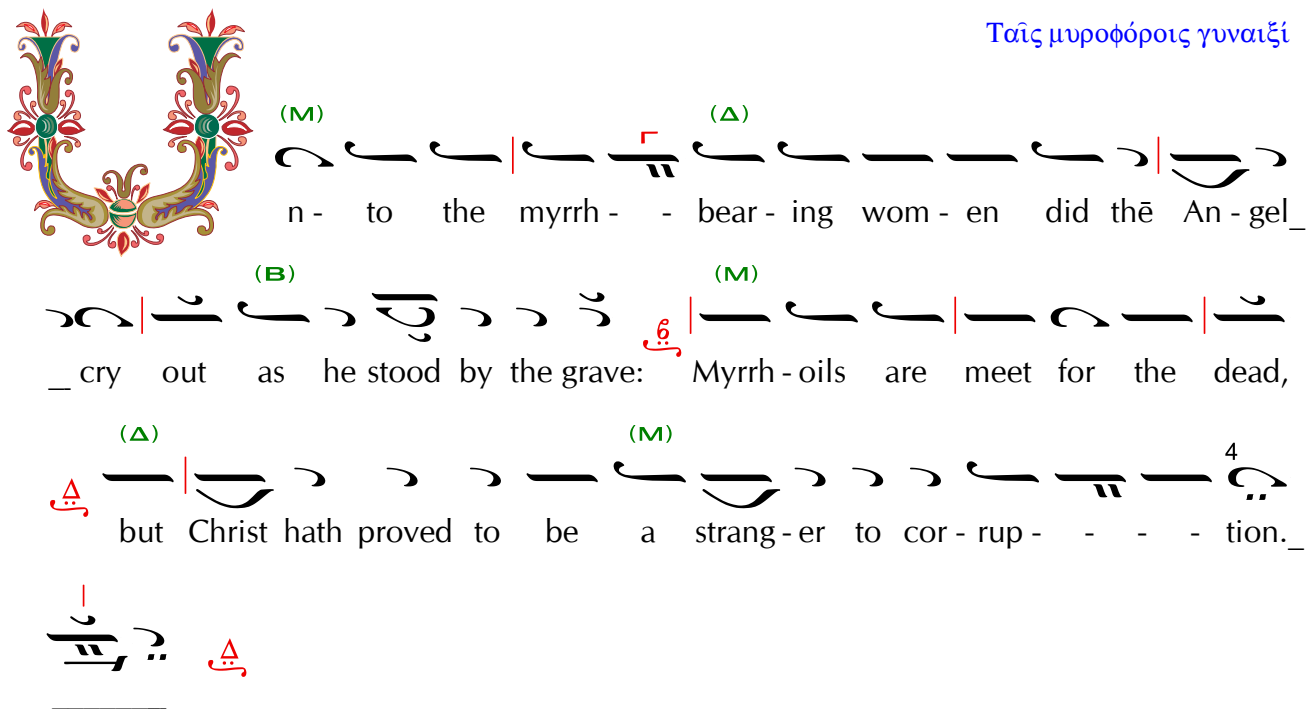
Ὅτε κατήλθες

 ^(M) hen Thou didst de - scend ___ un - to death, O ^(Δ) Life Im-mor - - tal,
^(B) then didst Thou slay Ha-des with the light-ning of Thy Di - vin - i - ty. ^(Δ) And
 when Thou ___ didst al - so raise the dead out of the neth - - er world, ^(Δ) all
^(B) the pow-ers of the ___ heav-ens were cry-ing out: ^(M) O Giv - er of life,
 Christ our God, glo - ry be _____ to Thee. Δ

Both now...

Καὶ νῦν


 Both now and ev - - - er, and un - to thē ag - - es of ag - -
 es. A - men.


 n - to the myrrh - - bear - ing wom - en did thē An - gel -
 _ cry out as he stood by the grave: Myrrh - oils are meet for the dead,
 but Christ hath proved to be a strang - er to cor - rup - - - - tion.



Pentecostarion





π
(Π) 1
(Κ) 2
(Π) 3

Christ__ is ris - en__

be - - stowed life.





THE HOLY AND GREAT SUNDAY OF PASCHA

Kontakion

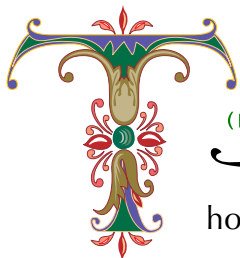
150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϝ ϝ

Εὐ καὶ ἐν τάφῳ



(Γ) (N) (M) (Γ)
hough Thou didst de - scend in - to the grave, O Im - - mor - tal
(N) (M) (N)
One, yet didst Thou de - stroy the pow - er of Ha - des, and didst a -
(Γ)
rise as vic - tor, O Christ God, call - ing to the myrrh - bear - ing wom - -
(M) (N)
en, Re - joyce, and giv - ing peace un - to Thine A - pos - tles, O Thou Who

(П) (N) (M)
 dost grant _____ res - ur - rec - tion to the fall - - - en. _____

1
 2





THE HOLY AND GREAT SUNDAY OF PASCHA

Hypakoe

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Προλαβοῦσαι τὸν ὄρθρον



(M)

hen they who were with Mar - y came, an - tic - i - pat - ing

(B)

the dawn, and found the stone rolled a - way from the sep - ul - chre,

(M)

(Γ)

(Δ)

they heard from thē An - - - gel: Why seek ye a-mong the dead, as

(B)

though He were mor - - tal man, Him Who a - bid - eth in ev - er - last - ing

^(M)
 light? ^{6.} Be - hold the grave-clothes. Go quick - ly and pro-claim to the
^(Δ) ^(B)
 world that the Lord is ris - en, and hath put death to death. ^{6.} For He
^(M) ^(B)
 is the Son of God, Who sav - eth the race of man. ^{6.}





THE NEWLY REVEALED MARTYRS RAPHAEL, NICHOLAS, AND IRENE

Bright Tuesday

Apolytikion

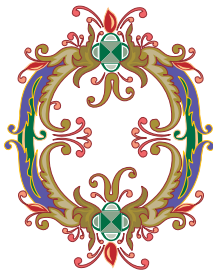
Fourth Mode

"Be quick to anticipate"

150

Ἦχος Δ

Intonation: #10



(M) (Δ) (B)
 n Les - bos, ye strove in con - test for the sake of Christ
 (Δ) (M) (Δ)
 God; ye al - so have hal - lowed her with the dis - cov - er - y
 (B) (Δ) (M)
 of your rel - ics, O bless - ed ones. O God - bear - er Raph - a - el, with
 (Δ) (B)
 thee, we all hon - our Nich - o - las the dea - con and I - rene the chaste

vir - gin, ^(M) as our di - vine pro - tect - ors, who now ^(Δ) in - ter - cede with ^(B)

the Lord.





THE FEAST OF THE LIFE-GIVING SPRING

Bright Friday

Apolytikion

Third Mode

"Awed by the beauty"

150

Ἦχος γ'. Γα

Intonation: #8



(Γ) s a life - giv - ing fount, — thou didst con-ceive — the Dew

(Γ) that is tran - scen-dent in — es - sence, O Vir - - gin Maid, Δ and thou

(Π) hast welled forth for — our sakes the nec - - tar of joy e - ter - - nal, π

(Γ) which doth pour forth from thy fount — with the (N) wa - ter that spring - - eth

up ^(A) un - to ^(Γ) ev - er - last-ing__ life ^(N) in un - end - - - ing and might -
 y streams; ^(γ) where - in, tak-ing de - light,__ we all cry out: ^(Γ) Re - joice,
 O thou Spring of life for all men. ^(Γ)





THE FEAST OF THE LIFE-GIVING SPRING

Bright Friday

Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

150

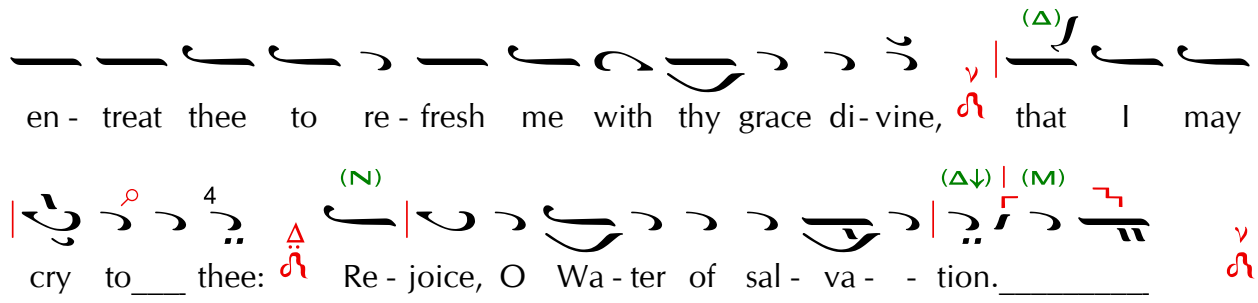
Intonation: #24

Ἦχος λ π δ Νη

Ἐξ ἀκενώτου πηγῆς



(N) (N) (N)
 rom thine un - fail - - ing fount, O Maid su - preme - ly graced
 of God, 4 6 λ thou dost re - ward me by the flow of thē un - end -
 ing streams 6 λ of thy grace that doth sur-pass hu - man un - der-stand-ing. γ δ
 (N) (N)
 And since thou didst bear the Word in - com - pre - hen - si - bly, 6 λ I





THOMAS SUNDAY

Apolytikion

150

Grave Mode

Intonation: #21

Ἦχος βαρύς Γα

Ἐσφραγισμένου τοῦ μνήματος



(N)

hilst the tomb was sealed, Thou, O Life, didst shine forth from the

(M)

(Γ)

(N)

grave, O Christ God; and whilst the doors were shut, Thou didst come

(Γ)

un - to Thy dis - ci - ples, O Res - ur - rec - tion of all, re - new -

(N)

*

(Γ)

ing through them an up - right Spir - - it in us ac - cord - ing to

(N) (M)
 Thy great mer - - - cy. n

* Finale:

(N) (M)
A ac - cord - ing to Thy great mer - - - cy. n





THOMAS SUNDAY

Kontakion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Τῇ φιλοπράγμονι δεξιᾷ



(N)

ith his search-ing right__ hand, Thom-as did probe Thy life-

(M)

(N)

be-stow - ing side, O__ Christ God; for when Thou didst en - ter whilst the

doors were shut, he cried__ out un - to Thee with the rest of thē A-

*

(M)

(Γ)

pos - tles: Thou art my__ Lord__ and my__ God.

ρ

* Finale:

^(N)
^Δ 9 | ^(M) ^Δ 9
 Thou art my Lord___ and my God.____





THE SUNDAY OF THE MYRRH-BEARING WOMEN

Apolytikia

150

Second Mode

Intonation: #8

Ἦχος Δι

Ὅτε κατήλθες




(M) hen Thou didst de - scend un - to death, O Life Im - mor - - (Δ)

(B) tal, then didst Thou slay Ha - des with the light - ning of Thy Di - vin - i -

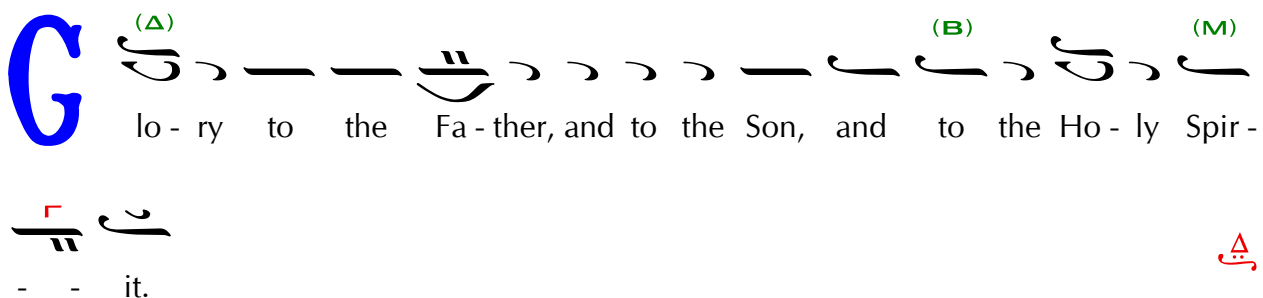
(Δ) ty. And when Thou didst al - so raise the dead out of the neth - - er

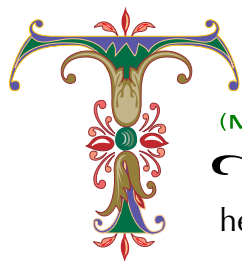
(B) world, all the pow - ers of the heav - ens were cry - ing out: (M) O

Giv - er of life, Christ our God, glo - ry be _____ to Thee. 

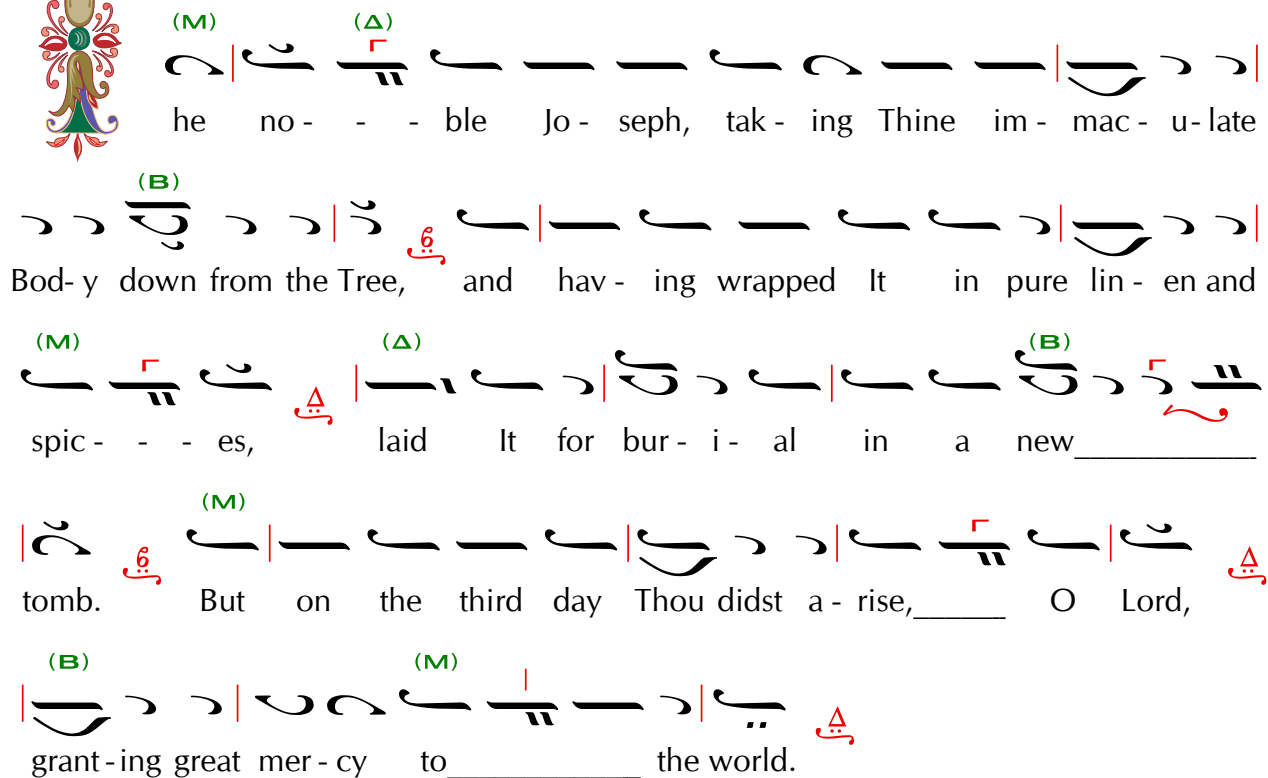
Glory...

Δόξα Πατρί

G lo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir -
- - it. 



Ὁ εὐσχήμων Ἰωσήφ

he no - - - ble Jo - seph, tak - ing Thine im - mac - u - late
Bod - y down from the Tree, and hav - ing wrapped It in pure lin - en and
spic - - - es, laid It for bur - i - al in a new _____
tomb. But on the third day Thou didst a - rise, _____ O Lord,
grant - ing great mer - cy to _____ the world. 

Both now...

Καὶ νῦν

B ^(Δ) ^(M) ^(Δ) ^(Π)
 oth now and ev - - - er, and un - to thē ag - - es of ag - -
^(M)
 es. A - men.

U ^(M) ^(Δ) ^(B) ^(M) ^(Δ) ^(B) ^(M) ^(B)
 n - to the myrrh - - bear - ing wom - en did thē An - gel -
 - cry out as he stood by the grave: Myrrh - oils are meet for the dead,
 but Christ hath proved to be a strang - er to cor - rup - - -
^(M) ^(B)
 tion. But cry out: The Lord is ris - - en, grant - ing great mer - cy
^(M)
 to _____ the world.

* Finale:

^(B) ^(M) ^(Γ) ^(Δ)
 grant - ing great mer - cy to _____ the world. _____



THE SUNDAY OF THE MYRRH-BEARING WOMEN

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Τὸ Χαῖρε ταῖς μυροφόροις



hen Thou _____ didst cry, Re - joice, un - to the Myrrh-bear-ers,
Thou didst make the lam - en - ta - tion of Eve the first moth - er
to cease by Thy Res - ur - rec - tion, O Christ _____ God. And
Thou didst bid Thine A - pos - tles to preach: The Sav - iour is ris -

(M)
 en from _____ the grave. ⲁ

* Finale:

ⲁ The Sav - iour is ris - en from _____ the grave. ⲁ

(M) (Γ) (Δ)





THE SUNDAY OF THE PARALYTIC

Kontakion

Third Mode

"On this day the Virgin"

150

Intonation: #8

Ἦχος Γα

Τὴν ψυχὴν μου Κύριε



(M) s of old Thou didst__ raise up the par - a - lyt - ic,

O Lord_____ God, by Thy God - like care__ and might, raise up

my soul which is pal - - - sied by_____ di - verse sins and trans -

gres - - - sions and by un - seem - - - ly deeds__ and acts, that



THE WEDNESDAY OF MID-PENTECOST

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ρ̣ ρ̣ ρ̣

Μεσοῦσης τῆς ἑορτῆς



(M)

(N)

t Mid - feast give Thou my thirst - y soul to drink of the

(M)

(Γ)

(N)

wa - ters of ___ pi - e - - ty; for Thou, O Sav - iour, didst cry out

(M)

(Γ)

to all: Who - so - ev - er is thirst - y, let him come to ___ Me and ___

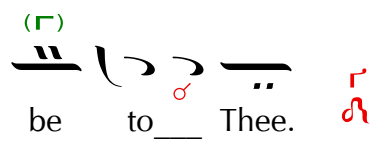
(Π)

(N)

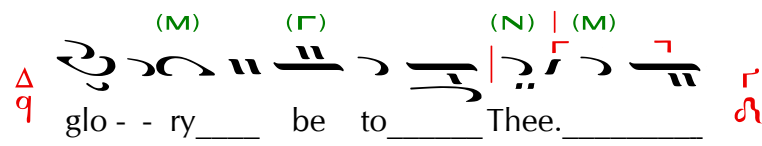
*

(M)

drink. Where - fore, O Well - spring of life, ___ Christ our God, glo - - ry ___

(Г)
 be to__ Thee. 

* Finale:

 (M) (Г) (N) | (M)
 glo - - ry__ be to__ Thee.____





THE WEDNESDAY OF MID-PENTECOST

Kontakion

Fourth Mode

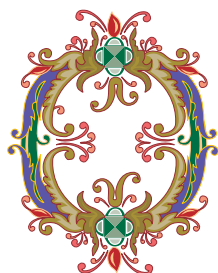
"Thou Who wast raised up"

150

Intonation: #10

Ἦχος Δι

Τῆς ἑορτῆς τῆς νομικῆς



(Δ) (B) (M) (Δ) 4
 sov - 'reign Mas - - ter__ and Cre - a - tor of all things, Δ
 (B) (M) (Δ) 4 (B)
 O Christ our God,__ Thou__ didst cry un - to those pre-sent Δ at the
 (M) (Δ)
 Ju - da - ic Mid - feast and ad - dress them thus: Δ Come and draw the
 (M) (Δ) (Γ)
 wa - - ter of Δ im - mor - tal - i - ty free - ly. Δ Where-fore, we fall

down be-fore Thee and faith-ful-ly cry _____ out: Grant Thy com-
 pas-sions un - - to us, O Lord, for Thou art tru - - ly the Well-
 spring of life for all.

* Finale:

the Well-spring of life__ for all. _____





THE SUNDAY OF THE SAMARITAN WOMAN

Kontakion

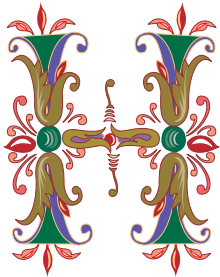
150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Πίστει ἐλθοῦσα



(N) av - ing come to the well in faith, (Γ) the Sa - mar - i - tan

(N) wom - an be - held Thee, the (M) Wa - ter of ___ Wis - dom, (N) where - of hav - ing

drunk a - bun - dant - ly, Δ q she, the re-nowned one, in - her - it - ed the

* (M) King-dom on high for ___ ev - er.



* Finale:

^(П)
King-dom on high for ev - - - er. _____





THE SUNDAY OF THE BLIND MAN

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ'

Τῆς ψυχῆς τὰ ὄμματα

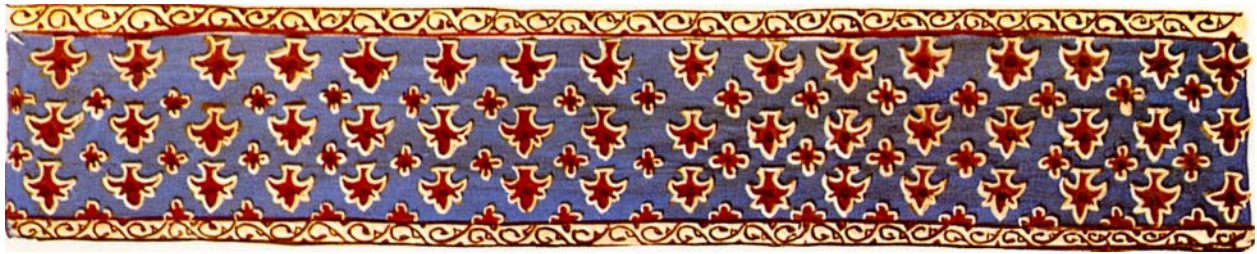


(Δ) (Κ)
e - ing blind - ed in ___ thē eyes of my soul, O Sav - -
(Δ) (Κ)
- iour, I come un - to Thee, ___ O Christ, as did the man who was
(Δ)
_ born blind. And in re - pen - tance I cry to Thee: Of those in
*
dark - - ness art Thou ___ the most ra - - diant ___ Light.

* Finale:

art Thou__ the most ra - diant Light. _____





HOLY ASCENSION

Apolytikion

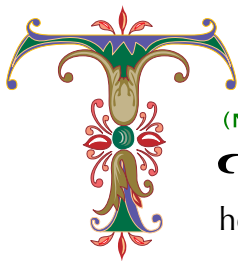
150

Fourth Mode

Intonation: #10

Ἦχος ᾠδῆς

Ἀνελήφθη ἐν δόξῃ



(M)

(B)

(M)

hou hast as - cend - ed in glo - ry, O Christ our God, and

(Δ)

(B)

glad - dened Thy dis - ci - ples with the prom - ise of the Ho - ly Spir -

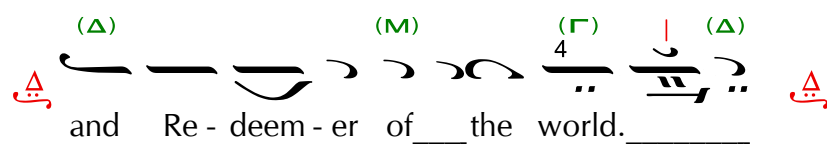
(Δ)

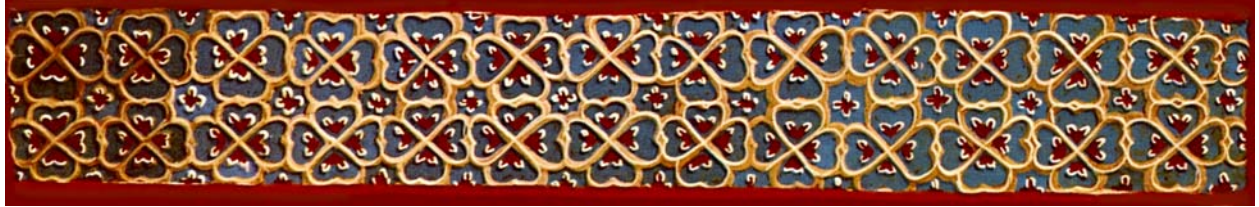
it; and they were as - sured by the bless - - - ing that Thou

* (B)

art the Son of God and Re - deem - er of the world.

* Finale:





HOLY ASCENSION

Kontakion

150

Plagal Second Mode

Intonation: #17

Ἦχος λ π ς Δ ε

Τὴν ὑπὲρ ἡμῶν



(M)

(Δ)

(M)

hen Thou hadst ful - filled Thy dis - pen - sa - tion for our sakes,

(Δ)

u - nit - ing things on earth with the Heav - - ens, Thou didst as - cend

(B)

(M)

in glo - ry, O Christ our God, de - part - ing not hence, but re - main - ing

(Δ)

(B)

in - sep - 'ra - ble from us and cry - ing un - to them that love _____

(Δ) (B)
 Thee: I am with___ you, and no one can be a - gainst____
 (Γ) (Δ) (A)
 you.____





THE SUNDAY OF THE 318 GOD-BEARING FATHERS OF THE FIRST ECUMENICAL COUNCIL

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϣ Γα

ὑπερδεδοξαμένος εἰ



(Γ) (N) (M) (Γ) 4
ost glo - ri - fied art Thou, O Christ our God, ϣ

(N) (M) (Γ)
Who hast es - tab - - lished our Fa - thers as lu - mi - nous stars up - - on

(N) (Γ)
thē earth, ϣ and through them didst guide us all to the true Faith. O

(N) (M) (Γ)
Most Mer - ci - ful One, Δ glo - ry be to Thee. ϣ



THE SUNDAY OF THE 318 GOD-BEARING FATHERS OF THE FIRST ECUMENICAL COUNCIL

Kontakion

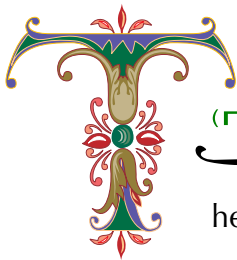
150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ ϝ Γα

Τῶν Ἀποστόλων



(Γ) (N) (M)
he preach-ing of thē A - pos-tles and the doc-trines of the___ Fa -
(Π) (N)
4 thers ϝ con - firmed_ the one Faith in the Church. And wear-ing the gar -
(M) (Γ) 4
ment of truth, wo - - ven from the the - ol - - o - - gy on___ high, ϝ
(Π) (N)
she right - - ly di - vid-eth and glo - ri - fi - eth the great mys-ter - y

(M) (Г)
 of ___ pi - e - - ty. r



THE FIRST ECUMENICAL COUNCIL



THE SATURDAY BEFORE PENTECOST: SATURDAY OF THE SOULS

Apolytikion

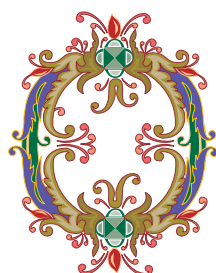
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Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Ὁ βάθει σοφίας



(Γ) Thou Who by the depth of Thy wis - dom dost pro - vide

all things out of love for man, and grant - est un - to all that which

is prof - it - a - ble, O on - ly Cre - a - tor: Grant rest, O Lord, to

(N) (M) (N) the souls of Thy ser - vants; for in Thee have they placed their hope,

(Γ) ———— (Π) (M) (Γ)
 O our Cre - a - tor and Fash - ion - - er and — God.

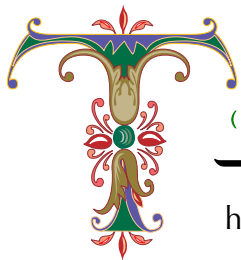
Γ
 Δ

Theotokion

Plagal Fourth Mode

Ἦχος λ π δ ᾠ

Σὲ καὶ τεῖχος



(Γ) ———— (N) ————
 hee do we have as a wall and a ha - ven, and an
 ac - cept - a - ble in - ter - ces - sor with God, Δ₉ Whom thou didst bear, O
 un - wed - ded The - o - to - - kos, Δ₉ thou sal - va - tion of the faith - - - ful.

(M) ————
 Γ Δ

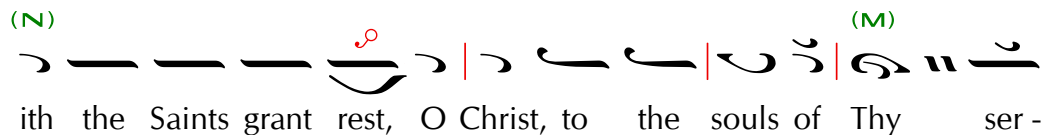


χ^2 150

Intonation: #25

$$^{\circ}\text{H}\chi\text{o}\varsigma \quad \frac{\lambda}{\pi} \quad \text{d} \quad \text{---}^{\circ}$$

Μετὰ τῶν ἁγίων



wants, where there is nei- ther pain, nor sor- row, nor sigh-ing, but

(M)
life un - - end - ing.



HOLY PENTECOST

Apolytikion

150

Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Εὐλογητὸς εἰ



(N) less - ed art Thou, (M) O (Γ) Christ our God, Who hast shown

(N) forth the fish - er - men as su - preme - ly wise (Δ) by send - ing down up -

(M) on them the Ho - ly (N) Spir - it, (Γ) and through them didst draw the

(N) world in - to Thy net. (Δ) O Be - friend - er of man, * (M) glo - ry

(Г)
 be to__ Thee. Г

* Finale:

(M) (N) | (M)
Δ q glo - ry__ be to__ Thee. Г





HOLY PENTECOST

Kontakion

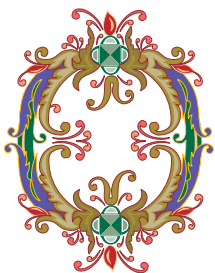
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Plagal Fourth Mode

Intonation: #25

Ἦχος λ π ς

Ὅτε καταβάς



(M) (N)
nce, __ when He de - scend - ed and con - found - ed __ the tongues,

Δ q the Most High di - vid - ed the __ na - tions; ς and __ when He di - vid -

ed the tongues of fire, Δ q He called all men in - to __ u - ni - - ty; ς

(N) (Π)
and with one ac - cord we glo - ri - fy the All - - ho - ly Spir - -

(N) (M)
 it. _____
 a





THE SUNDAY OF ALL SAINTS

Apolytikion

150

Fourth Mode

Intonation: #10

Ἦχος Δι

Τῶν ἐν ὅλῳ τῷ κόσμῳ



(M)

(B)

- dorned in the blood of Thy Mar - tyrs through-out all the

(M)

(Δ)

world as in pur - ple and fine lin - en, Thy Church, through them,

(M)

(Δ)

doth cry un - - to Thee, O Christ God: Send down Thy com - pas - sions up -

(M)

(B)

on Thy peo-ple; grant peace to Thy com-mon-wealth, and great mer - cy to

our souls.





THE SUNDAY OF ALL SAINTS

Kontakion

Plagal Fourth Mode
"As first-fruits of our nature"

150

Intonation: #25

Ἦχος λ ϣ̣ ϣ̣̣

Ὡς ἀπαρχάς

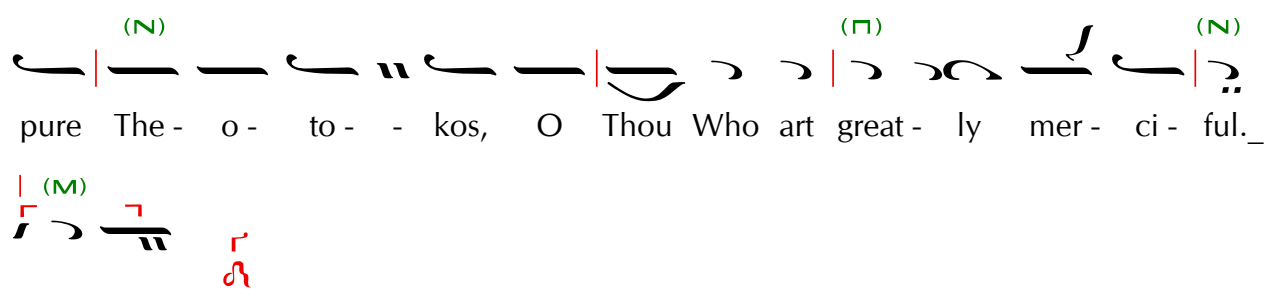


(Γ) (N)
 s first-fruits of our na-ture to the Plant - er of cre - at -

ed things, the world pre - sent-eth the God-bear-ing mar-tyred Saints in of - f'ring

(M) (N)
 un - to___ Thee, O___ Lord. Through their ear - nest en - treat-ies, keep

(Π)
 Thy Church in deep peace and di - vine tran - quil - li - ty, through the



No one in such chanting
 with a ready and eager mind will
 be blamed if he be weakened by old age,
 or young, or have a rough voice, or is altogether
 ignorant of rhythm. What is here sought for is a sober
 soul, an alert mind, a contrite heart, sound reason, and a clear
 conscience. If having these you have entered into God's sacred choir,
 you may stand beside David himself. There is no need of zithers, nor of
 taut strings, nor of a plectrum, nor skill, nor any instruments. But if you will,
 you can make yourself into a zither, mortifying the limbs of the flesh, and
 forming full harmony between body and soul. For when the flesh does
 not lust against the spirit, but yields to its commands, and
 perseveres along the path that is noble and admirable,
 you thus produce a spiritual melody.

- St. John Chrysostom



THE SUNDAY OF THE ATHONITE FATHERS*

Apolytikion

150

First Mode

Intonation: #1

Ἦχος ᾠὴ Πά

Τοὺς τοῦ Ἁθῶ Πατέρας



(Π)

et us hon - our the fa - thers of Mount Ath - os with hymns

and songs, ^Δ those who were con - fess - ors and right - eous ones, ^Δ with the

hier - archs and mar - tyred monks. ^π And let us em - u - late their no - ble deeds

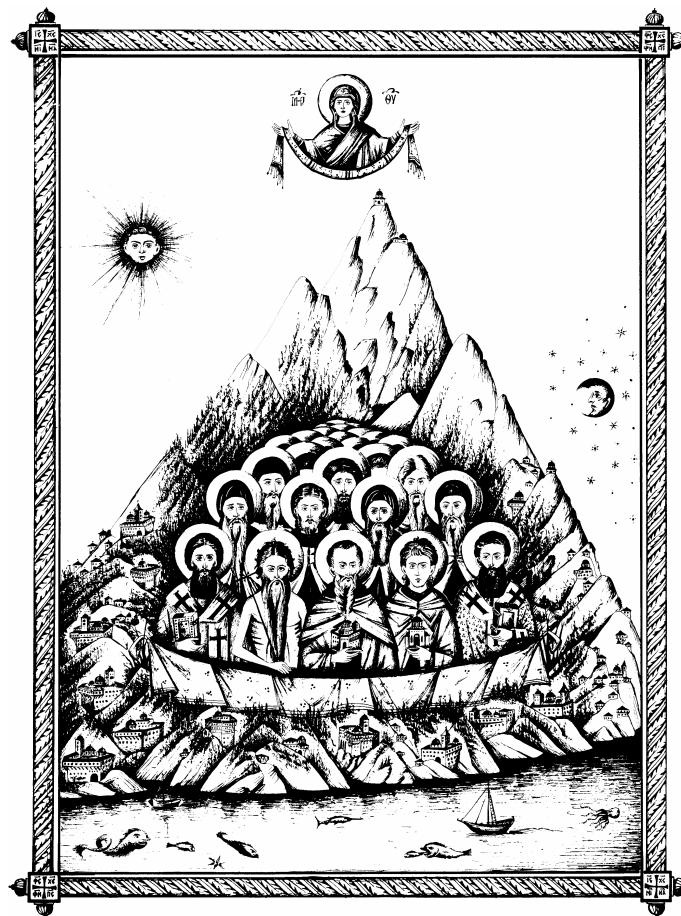
^Δ and cry _____ out say - ing with one voice: ^π Glo - ry to Him _____ that

* Celebrated on the Sunday following the Sunday of All Saints

hath crowned_ you. ^Δ Glo - ry to Him that hath sanc - ti - fied__

you. ^(Δ) ^(Π) ^Δ Glo - ry to Him that hath shown you forth as our pro - tect - - ors in

eve - ry per - il. ^π ^q



THE SAINTS OF THE HOLY MOUNTAIN



Weekday Theotokia





Rubrics for the Weekday Theotokia

The weekday theotokia (pronounced "teh-o-to-KEE-ah") in the following section are chanted after the apolytikia if the saint(s) of the day are not celebrated. "Celebrated saints" are saints for whom the Menaion appoints that the Great Doxology be chanted in Orthros. These weekday theotokia are chanted at three times in the daily services: 1) after the apolytikia at the end of Vespers, 2) after the apolytikia in the beginning of Orthros, and 3) after the apolytikia at the end of Orthros. Theotokia are never chanted after the apolytikia in the Divine Liturgy. The order for chanting the apolytikia and theotokia at those three times in the services is as follows:

When there is only one saint of the day in the Menaion, the apolytikion of that saint is chanted once, followed by the verses *Glory to the Father... Both now and ever...*, and then the theotokion is chanted in the same mode in which the apolytikion was chanted. For example, if it is Tuesday, October 4th, the apolytikion of the day for St. Hierotheos is in fourth mode. Therefore, the theotokion chanted after it in the beginning of Orthros will be *To God's Birthgiver...* on page 1366.

When there are two saints of the day in the Menaion, the apolytikion of the first saint is chanted once. Then, the verse *Glory to the Father...* is chanted, followed by the apolytikion of the second saint. Thereafter, the verse *Both now and ever...* is chanted, followed by the weekday theotokion in the same mode as the apolytikion of the second saint. For example, if it is Wednesday, November 19th, the apolytikion for the Prophet Abdias is chanted in second mode, followed by the verse *Glory to the Father...* and the

apolytikion of St. Barlaam in fourth mode. Then, the verse *Both now and ever...* is chanted, followed by the weekday theotokion in fourth mode for Wednesday: *O Mother of Christ our God...* on page 1368.

Weekday theotokia are not chanted in the post-feast periods after feast days of the Lord and the Mother of God. They are replaced by the apolytikion of that feast day.

When the saint of the day is "celebrated," i.e., when the Menaion appoints that the Great Doxology be chanted in Orthros, then the resurrectional theotokion in the previous section in the same mode as the apolytikion of the saint of the day is chanted instead of a weekday theotokion in the following section.

Bear in mind that verses such as *Glory to the Father...* and *Both now and ever...* are always chanted in the same mode as the troparion immediately following that verse. In Appendix II we have provided heirmologic (brief) melodies for the verses *to the Father...* and *Both now and ever...* in all eight modes.





WEEKDAY THEOTOKIA

First Mode

Ἦχος ♪̣ Πα

For Sunday Vespers and
Monday Orthros at "God is the Lord"

150

Θαῦμα θαυμάτων



(Π)

e - hold - ing a won - der of won - ders in thee, O Full of

Grace, _ cre - a - - tion re - joic - - eth; for thou didst con - ceive _ with - out

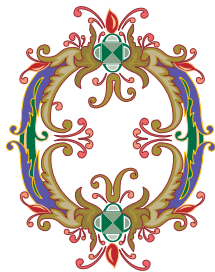
seed and gav - est birth in - ef - - fa - - bly un - to Him up -

on Whom thē or - - ders of An - gels can - not gaze. En - treat Him in

be - half of our souls. _____

π
q

For the end of Monday Orthros



Ἄχραντε Θεοτόκε

Δ
q

Im - mac - u - late The - o - to - kos, who art bless - ed

in the Heav - ens and glo - ri - fied up - on thē earth, re - joice, thou Bride un -

wed - - ded. _____

π
q

For Monday Vespers and Tuesday Orthros at "God is the Lord"

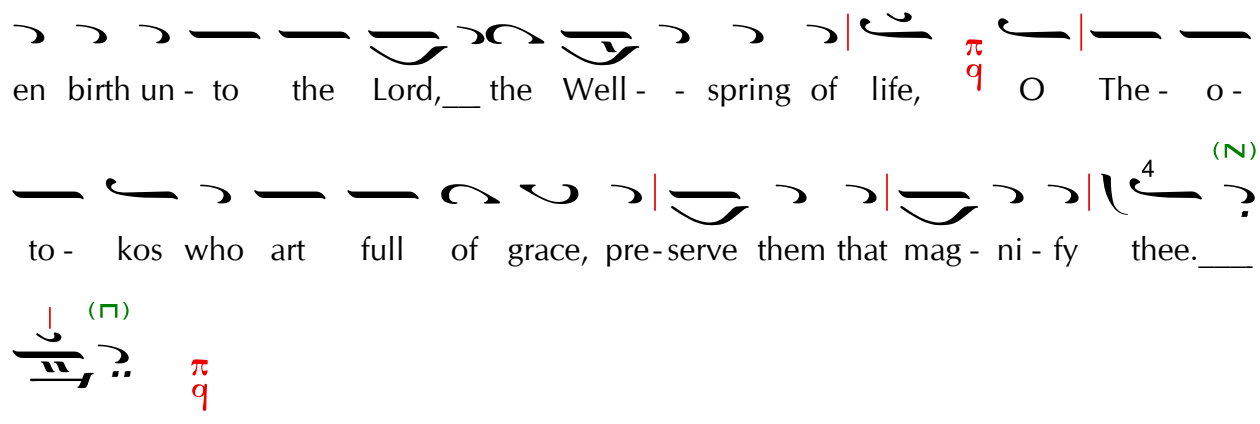


Συλλαβοῦσα ἀφλέκτως

Δ
q

ince thou hast con - ceived_ in thy womb the fire_ of

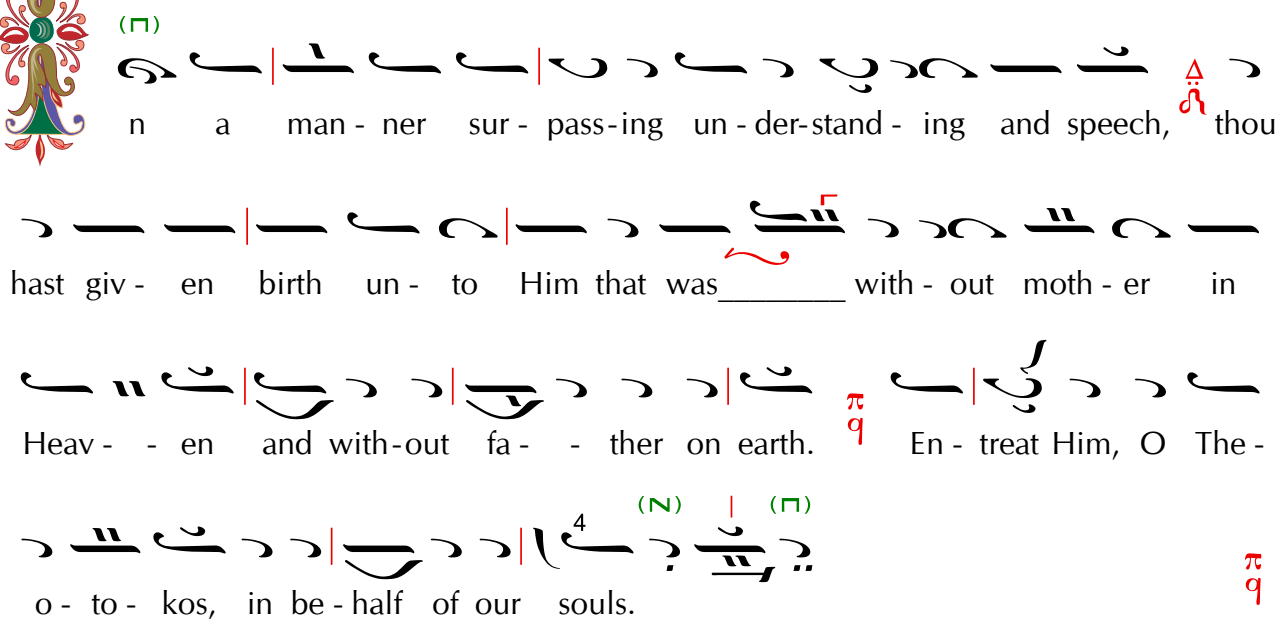
the God - head with - out be - - ing con - sumed, and hast with - out seed giv -



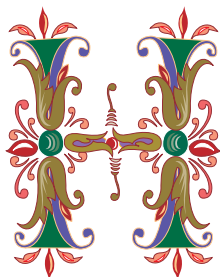
For the end of Tuesday Orthros



Τὸν ἀμήτορα



For Tuesday Vespers and Wednesday Orthros at "God is the Lord"



Οἱ τὴν σὴν προστασίαν Δ

(Π)

av - ing thy pro - tec - tion, O im - mac - - u - late one, Δ

and be - ing de - liv - ered from af - flic - tions by thy prayers, π q we who

are in eve - ry way guard - ed by the Cross (Δ) of thy Son (Π) Δ do all

mag - ni - fy thee rev - 'rent - ly as (N) is (Π) due. π q

For the end of Wednesday Orthros

See "O immaculate Theotokos..." on page 1348.

For Wednesday Vespers and Thursday Orthros at "God is the Lord"

See "Since thou hast conceived..." on page 1348.

For the end of Thursday Orthros

See "In a manner surpassing..." on page 1349.

For Thursday Vespers and Friday Orthros at "God is the Lord"

See "Having thy protection..." on page 1350.

For the end of Friday Orthros

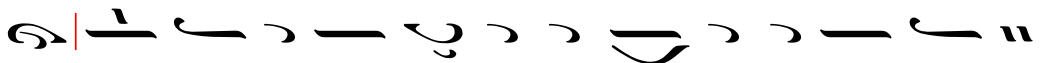
See "O immaculate Theotokos..." on page 1348.



For Friday Vespers and Saturday Orthros at "God is the Lord"



Τοῦ Γαβριήλ 

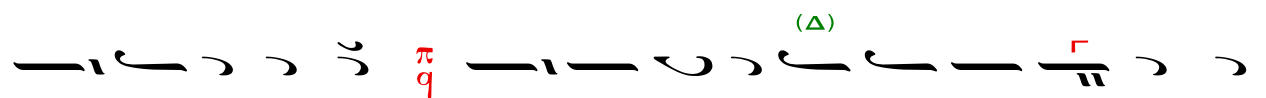




(Π)

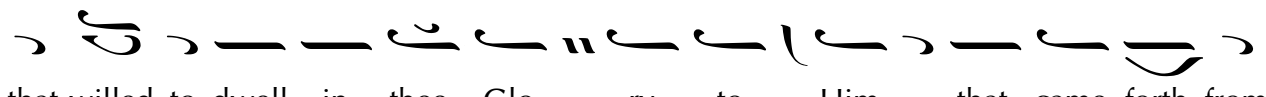
 hile Ga - bri - el was say - ing Re - jice to thee, O Vir - -

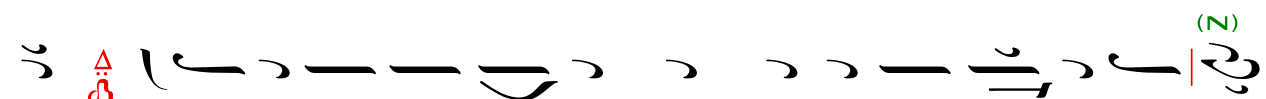
 gin,  at his voice the Mas - ter of all ___ things took flesh with - in thy


 pure womb.  He dwelt in thee as His ho - ly ark as spake the right-eous


 Da - vid in the psalms. Thou wast seen to be more spa - - cious than


 all__ the Heav - ens since thou didst bear__ thy Cre - a - tor.  Glo - ry to Him


 that willed to dwell in thee. Glo - - ry to Him__ that came forth from


 thee. Glo - - ry to Him that, through thy giv - ing birth, hath de - liv -


 ered us. _____

For the end of Saturday Orthros

See "In a manner surpassing..." on page 1349.



WEEKDAY THEOTOKIA

Second Mode

(Soft Chromatic)

For Sunday Vespers and
Monday Orthros at "God is the Lord"

150

Ἦχος Δι

Εὐσπλαγγνίας ὑπάρχεις



(M)

(Δ)

ince thou art _____ a well - spring of pit - - - - y,

(B)

count us wor - thy of com - pas - sion, O The - o - to - - - - kos.

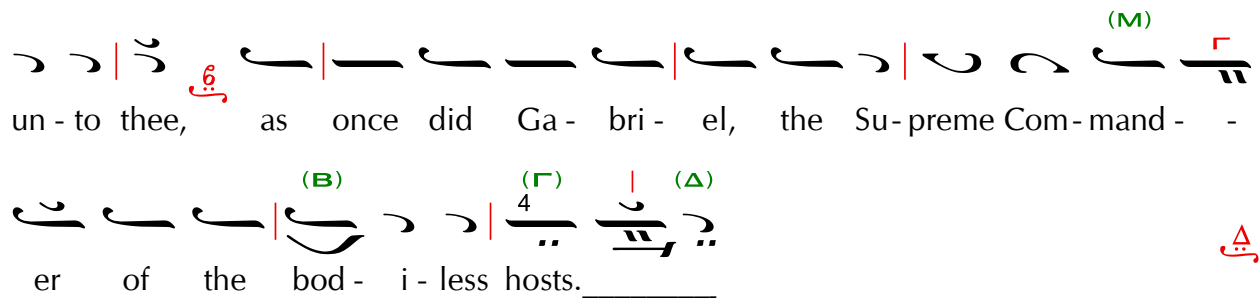
(M)

(Δ)

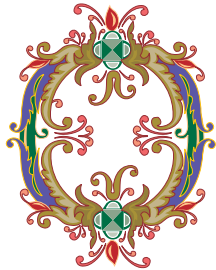
Look up - on a sin - - ful peo - - - ple; show forth, as al -

(B)

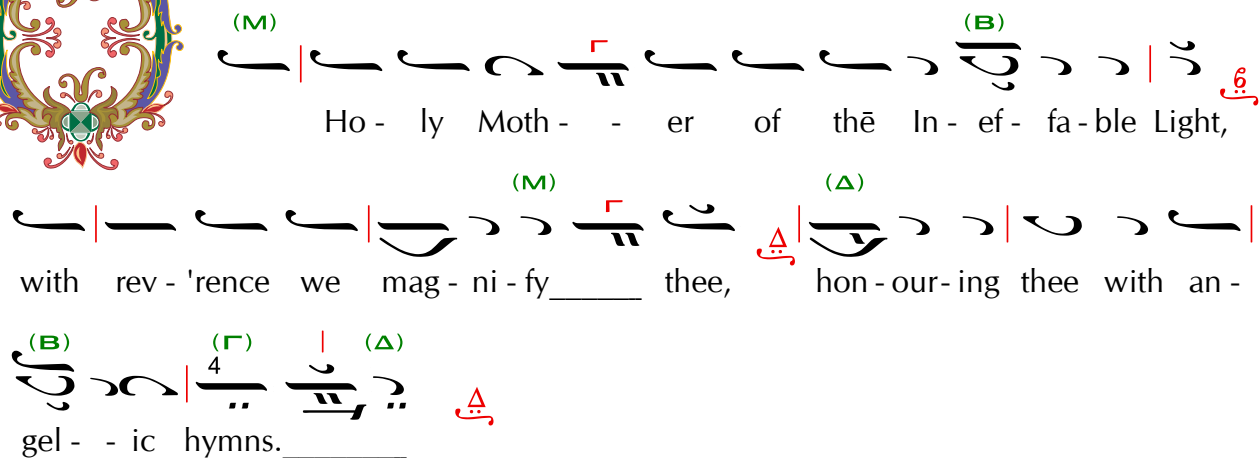
ways, thy pow - - - - er. For hop - ing in thee, we cry Re - joice



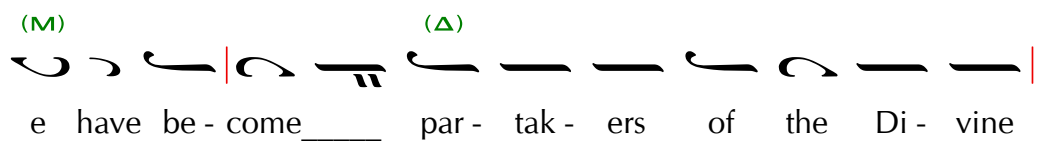
For the end of Monday Orthros



Μήτηρ ἁγία

For Monday Vespers and
Tuesday Orthros at "God is the Lord"

Θείας γεγόναμεν



na - ture through thee, O ev - er - vir - gin The - o - to - - - - kos;
 for thou hast borne thē In - car - nate God____ for us. Where - fore, as
 is due, we all mag - ni - fy thee rev - 'rent - ly._____

For the end of Tuesday Orthros



Σὲ μεγαλύνομεν

e mag - ni - fy____ thee, O The - o - to - kos, and
 cry____ out: Re - joice, O cloud of thē Un - wan - ing Light;
 for thou hast borne thē In - car - nate God____ for us. Where - fore, as
 is due, we all mag - ni - fy thee rev - 'rent - ly._____

For Tuesday Vespers and
Wednesday Orthros at "God is the Lord"

ὑπερδοξασμένη ὑπάρχεις ⲁ



(M) (Δ) (B)
ost glo - - - ri - fied art Thou, O Vir - gin The - o - to -

(M) ⲁ
- - - - kos. We praise thee, for through the Cross of thy Son, ⲁ

(Δ) (B) (M) ⲁ
Ha - des was cast down and death was slain. Hav - ing been put to death,

(Δ) (B) ⲁ
we were raised up and were deemed wor - thy__ of life. We re -

(Δ) ⲁ
ceived Par - a - dise, thē an - cient bliss. There - fore, in thanks - giv - ing, we

(B) ⲁ
glo - ri - fy Christ__ our God, since He is might - y and a - lone

(Γ) (Δ) ⲁ
a - bun - dant in mer - - - - cy. ⲁ

For the end of Wednesday Orthros



Σὲ μεγαλύνομεν

(M) e mag - ni - fy _____ thee, (Δ) O The - o - to - kos, and
 cry _____ out: Re - joice, O rod from whom God blos-somed forth
 (B) seed - less - ly and de - stroyed death by the Tree.

For Wednesday Vespers and
Thursday Orthros at "God is the Lord"

See "We have become partakers..." on page 1354.

For the end of Thursday Orthros

See "We magnify thee... Rejoice, O cloud..." on page 1355.

For Thursday Vespers and
Friday Orthros at "God is the Lord"


See "Most glorified art thou..." on page 1356.










For the end of Friday Orthros

See "We magnify thee... Rejoice, O rod..." on page 1357.












For Friday Vespers and
Saturday Orthros at "God is the Lord"

Πάντα ὑπὲρ ἔννοιαν 














 ^(Δ)        











 Il thy mys - ter - ies are be - yond com-pre - hen - - - -

           ^(B)












 sion; all are ex - ceed-ing - ly glo - ri-ous, O The - o - to - - - -

   ^(M)        

 - - - - kos. Sealed with pu - ri - ty and pre-served by vir - gin - - -

   ^(Δ)        ^(B)

 i - ty, thou wast known to be a true moth-er, giv-ing birth un - to

   ^(M)  ^(Δ)    ^(B)  ^(Γ)  ^(Δ)  

 the true God. Do thou en-treat Him that our souls be saved.

For the end of Saturday Orthros

See " O holy Mother..." on page 1354.



WEEKDAY THEOTOKIA

Third Mode

For Sunday Vespers and
Monday Orthros at "God is the Lord"

150

Ἦχος ἦ Γα

Τὴν ὡραιότητα π






(Γ) wed by the beau - - ty of thy vir - gin - - i - ty and

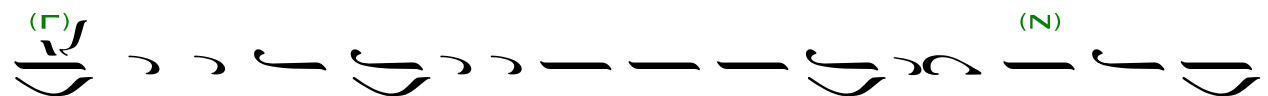
(N) the ex - ceed - ing ra - - diance of thy pu - - ri - ty, Ga - - bri -

(Γ) el called out un - - to thee, O The - o - to - - kos: What wor - thy


(N) hymn of praise can I of - - fer un - - to thee? And what shall




 I name____ thee?  I am in doubt____ and____ stand in awe. 




 Where-fore, as com - mand - - ed, I cry to thee:___ Re - joice, O Full_




 __ of _____ Grace. _____ 


For the end of Monday Orthros






Ἐκαστος ὅπου σώζεται 




 ve - - - ry man right - ly run - neth for ref - uge there where he

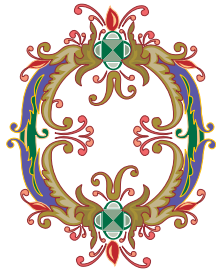


 can be saved:  and what oth - er ref - uge is there like un - to thee, 



 O The - o - to - kos, __ who shel - ter - est our _____ souls? _____ 

For Monday Vespers and
Tuesday Orthros at "God is the Lord"



Καταφυγή καὶ δύναμις π
q

(N) π
q The - o - to - kos, our (Γ) ref - uge and strength, and might -
(Π) π
q y suc - cour of the world: By (N) thine in - ter - (Γ) ces - sions, shel - ter__ thy
x
q serv - ants from eve - ry ne - ces - si - ty, __ O (N) on - ly bless - - ed__
(M)
π
q one.

For the end of Tuesday Orthros

See "Every man rightly runneth..." on page 1360.

For Tuesday Vespers and
Wednesday Orthros at "God is the Lord"



Ῥάβδον δυνάμεως π
q

(N) π
q e who un - ceas - ing - ly (Γ) mag - ni - fy thee with love x
q

pos- sess the Cross of ___ thy Son ^{π q} as a scep- ter of pow - - er, O
 The - o - to - - kos, ^{π q} and we hum - ble there - with thē in - - - so -
 lence of ___ our en - e - mies. _____ ^{π q}

For the end of Wednesday Orthros

See "O Theotokos, our refuge..." on page 1361.

For Wednesday Vespers and Thursday Orthros at "God is the Lord"

Προφήται προεκήρυξαν ^{π q}
 he proph - ets fore - told, thē a - pos - tles taught, the mar - tyr
 con-fessed ^{π q} and we have be - lieved that thou art tru - ly the The - o -
 to - kos. ^{π q} Where-fore, we al - so mag - ni - fy thine in - ef - fa - -

ble child-birth. _____

For the end of Thursday Orthros

See "Every man rightly runneth..." on page 1360.

For Thursday Vespers and Friday Orthros at "God is the Lord"

See "We who unceasingly magnify..." on page 1361.

For the end of Friday Orthros

See "O Theotokos, our refuge..." on page 1361.

For Friday Vespers and Saturday Orthros at "God is the Lord"

Σὲ τὴν μεσιτεύσασαν π q

e praise thee, the Me - di - a - tress for the sal - va - tion of_

_our race, O Vir - gin The - o - to - - kos; π q for in the flesh tak - -

en from thee, thy Son and our God hath deigned to en - dure the pas -
 sion through the Cross, and hath re - deemed us from cor - ruption, since He is
 the Friend of man.

For the end of Saturday Orthros

See "The prophets foretold..." on page 1362.





WEEKDAY THEOTOKIA

Fourth Mode (Soft Chromatic)

For Sunday Vespers and
Monday Orthros at "God is the Lord"

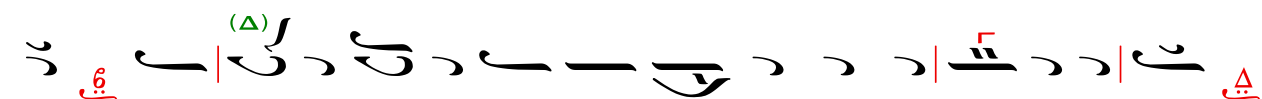
Ἦχος Δι

150


Τῇ ἀνατροφῇ



(M) (B) (M) (Δ)
n - to her that was reared in the Tem - ple, in the Ho -
(Γ) (Δ) (B)
ly___ of Ho-lies, and who was a - dorned with faith and wis - dom and
(M)
blame-less vir - gin - i - ty, did the Su - preme Com - mand - er Ga - -
(Δ) (B)
bri - el bring the sal - u - ta - tion from Heav-en and the greet-ing: Re -





 joice. Re - joice, O bless - ed one. Re - joice, thou who art glo - - ri - fied;




 the Lord is with thee.

For the end of Monday Orthros

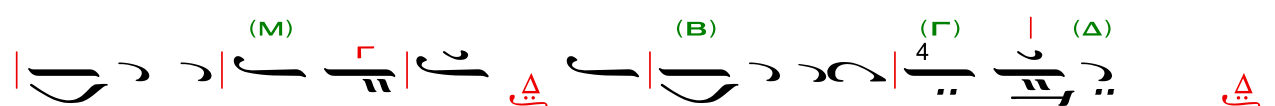
Ὅτι πάντων ὑπάρχεις

 ince thou art high - er than all cre - a - tion, we are not a -




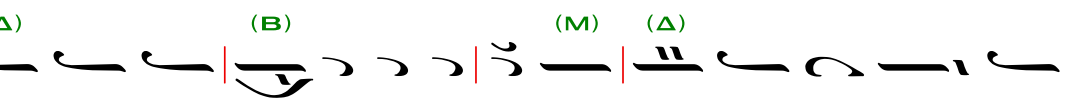
 ble to praise thee wor - thi - ly, O The - o - to - kos; but we, the un - de -




 serv - ing, en - treat thee: Have mer - cy on us.

For Monday Vespers and Tuesday Orthros at "God is the Lord"

Τῇ Θεοτόκῳ ἐκτενῶς

 o God's Birth - giv - - er let us run now most ear - nest -



 ly, we sin - ners all and wretch - ed ones, and fall pros - trate

(B) (M) (Δ)

in re - pen - tance, call - ing from the depths of our souls: La - dy,

(M) (Δ) (Γ)

come un - to _____ our aid, have com - pas - sion up - on us; has -

(B)

ten thou, for we are lost in a throng of trans - gres - - - sions;

(M) (Δ)

turn not thy ser - vants a - way _____ with emp - ty hands, for thee a -

(B) (Γ) (Δ)

lone _____ do we have as our on - - ly hope. _____

For the end of Tuesday Orthros

Σὲ μεγαλύνομεν



(B)

e mag - ni - fy thee, O The - o - to - kos, and cry out:

(M) (Δ) (M)

Thou art the bush where - in Mo - ses _____ be - held, with - out be - - -

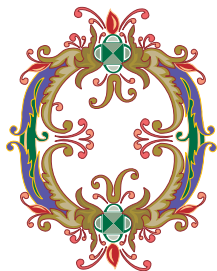
(Δ) (B) (Γ) (Δ)

ing burned, the fire _____ of the God - head as _____ a flame. _____

For Tuesday Vespers and
Wednesday Orthros at "God is the Lord"

"Be quick to anticipate"

Παρθένε πανάμωμε



(M) (Δ) (B)

Moth - er of Christ our God, O Vir - gin blame-less and

(Δ) (M) (Δ)

pure, a sword pierced thy spot-less and all - ho - ly soul when thou

(B) (Δ) (M)

didst be - hold thine own Son and God will - ing - ly en - dur - ing cru -

(Δ) (B)

ci - fix - ion, O Maid-en. O most bless - ed La - dy, do not cease

(M) (Δ)

to be-seech Him to grant us the for - give - ness of our fail - ings

(B) (Γ) (Δ)

and man - - y sins.

For the end of Wednesday Orthros

Σὲ μεγαλύνομεν Θεοτόκε



(B) e mag - ni - fy thee, O The - o - to - kos, and cry out:

(M) Thou art the moun-tain_ from which the Stone was in - ef - fa - bly

(B) (Γ) (Δ) hewn that crushed the gates of Ha - - - des.

For Wednesday Vespers and
Thursday Orthros at "God is the Lord"

Τὸν Λόγον τοῦ Πατρὸς



(M) (Δ) (B) e know the Word of the Fa - ther, e - ven Christ our God,

(M) (Δ) (B) to be in - car - nate of thee, O Vir - gin The - o - to - kos, O

on - ly pure one, O on - ly bless - ed one. Where - fore, we mag - ni -

(Δ) (M) (Γ) (Δ) - fy thee, prais - ing thee un - ceas - ing - ly.

For the end of Thursday Orthros

See "Since thou art higher..." on page 1366.

For Thursday Vespers and Friday Orthros at "God is the Lord"

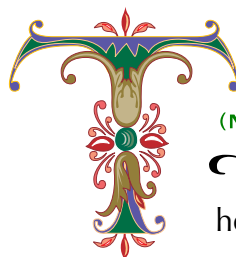
See "O Mother of Christ..." on page 1368.

For the end of Friday Orthros

See "We magnify thee... Thou art the mountain..." on page 1369.

For Friday Vespers and Saturday Orthros at "God is the Lord"

Τὸ ἀπ' αἰῶνος



(M) (Δ) (M) (Δ)
 he mys - ter - y hid - den from e - ter - ni - ty and un - known
 to ___ thē an - gels (B) is made man - i - fest through thee, O The - o -
 to - kos, to those on earth. (Δ) God be - came in - car - nate in an un - min -
 gled un - - - - ion (B) and for our sake hath sub - mit - ted will -

ing - ly to the Cross, ^(M) where - by He hath raised up the first - fash - ioned
 man ^(Δ) and hath saved our souls ^(M) from death. ^(Γ) ^(Δ)

For the end of Saturday Orthros

See "We magnify thee... Thou art the bush..." on page 1367.





Weekday Theotokia

Plagal First Mode

For Sunday Vespers and
Monday Orthros at "God is the Lord"

Ἦχος λ̣ ᾠ̣ Κε

150

Μετὰ ἀγγέλων



(Κ)

ith thē An - gels, the heav - - ens, and with man -

kind, earth - ly things cry out to thee with a ju - bi-lant voice: Re -

joice, thou por - - tal that art more spa-cious than the heav-ens; re -

(Δ)

(Κ)

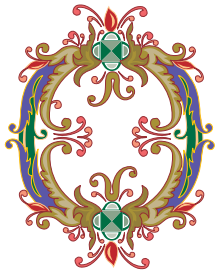
joice, on - ly sal - va - tion of thē earth-born; re-joice, O mod - est one,

(Μ)

(Δ)

(Κ)

who art full of grace, who gav - est birth to God in - car - nate. _____



For the end of Monday Orthros

Ὁ ἐκ Παρθένου Ⲛ ⲓ

(K) Ⲛ Christ God, Who from the Vir - gin__ hast dawned up - on the

Ⲛ ⲓ world, mak - ing us sons of light through her: have mer - cy__ on us. (Δ) (K) Ⲛ ⲓ

Ⲛ ⲓ

Ⲛ ⲓ

For Monday Vespers and Tuesday Orthros at "God is the Lord"

"Let us worship the Word"

Τὴν ταχεῖάν σου σκέπην

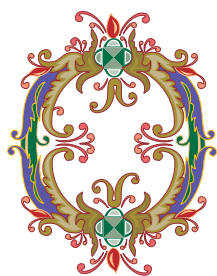
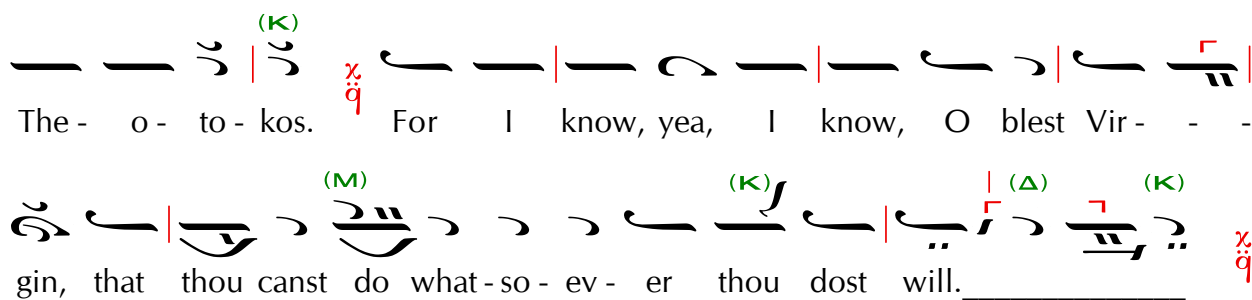


(K) Ⲛ o thou show thy pro - tec - tion and speed - y help to us, Ⲛ ⲓ

Ⲛ ⲓ and thy mer - cy up - on all thy faith - ful serv - ants, O Maid. Ⲛ ⲓ And

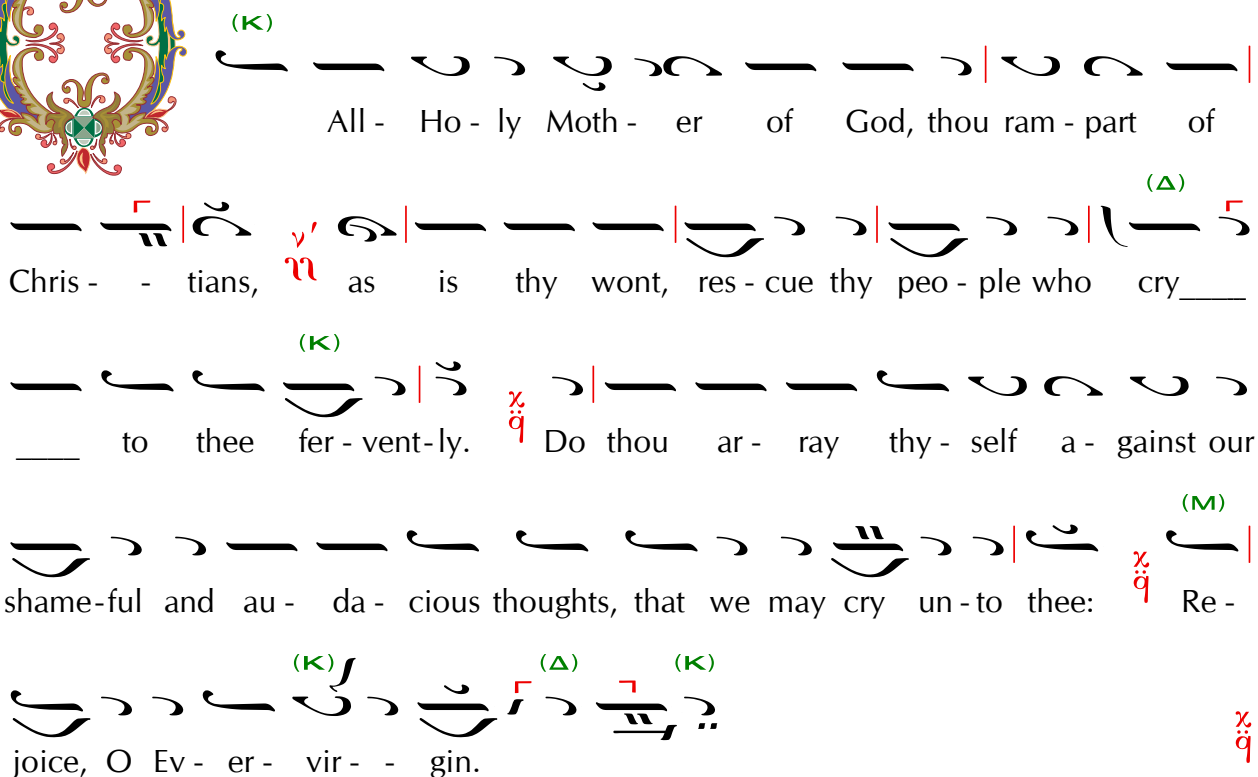
Ⲛ ⲓ be - calm,__ O most pure one, eve - ry storm - y wave of all vain and

(Δ) Ⲛ ⲓ fu - tile thoughts, and do thou res - ur - rect my fall - en soul, O blest__



For the end of Tuesday Orthros

Μήτηρ Θεοῦ παναγία



For Tuesday Vespers and
Wednesday Orthros at "God is the Lord"

"Let us worship the Word"

Τῷ Σταυρῷ τοῦ Υἱοῦ σου



(K) y the Cross of thy Son, O pure Maid most graced of God, all

the de-lu-sion of i-dols hath been com-plete-ly de-stroyed;

and the pow-er of the de-mons hath been tram-pled down. And for this

(Δ) rea-son, as is meet, we the faith-ful ev-er hymn and bless thee and

(K) sing thy prais-es, and in pro-fess-ing thee right-ly as God's

(Δ) Birth-giv-er, we all mag-ni-fy thee. (K) (M)

For the end of Wednesday Orthros

See "O Christ God..." on page 1373.

For Wednesday Vespers and
Thursday Orthros at "God is the Lord"

Τὸ ξένον τῆς Παρθένου

he strange mys - ter - y con - cern - ing the Vir - - - gin

proved to be the world's sal - va - tion; for Thou wast born from her seed -

less - ly, and didst ap - pear in the flesh with - out her hav - ing

suf - fered cor - rup - - tion. O thou Joy of all, Lord, glo - ry be to

Thee.

For the end of Thursday Orthros

See "O All-Holy Mother of God..." on page 1374.

For Thursday Vespers and
Friday Orthros at "God is the Lord"

See "By the Cross of thy Son..." on page 1375.

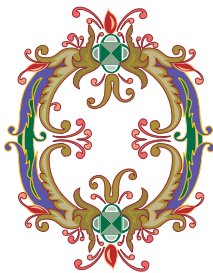
For the end of Friday Orthros

See "O Christ God..." on page 1373.

For Friday Vespers and Saturday Orthros at "God is the Lord"

"Let us worship the Word"

Χαῖρε πύλη Κυρίου



(K) (Δ) (K)
im - pass - a - ble gate of the Lord, do thou re-joyce.

Re-joyce, O ram-part and shel - - ter for them that has - ten to thee. Tran -

quil ha - ven and pure Maid-en who didst not know man and who bar - est

in the flesh thy Cre - a - tor and thy God, re - joyce; and cease not to

(K) pray Him, mak-ing en - trea - ty for them that wor - - ship and praise

(M) (K) (Δ) (K)
Him that was born of thee.

For the end of Saturday Orthros

See "O Christ God..." on page 1373.



WEEKDAY THEOTOKIA

Plagal Second Mode
(Soft Chromatic)

For Sunday Vespers and
Monday Orthros at "God is the Lord"

Ἦχος λ π̣ Ḅ

150

Ἀρχὴ σωτηρίας



(M) (Δ) (B) (Δ) (B)
a - bri - el's sal - u - ta - tion to the Vir - gin was the
be - gin - ning of our sal - va - tion; (M) (Δ)
turned not a - way from the greet - - - ing. She did not doubt as
did Sa - rah in her tent, but said: (B) (Δ)
Be - hold, the hand - maid of the

Lord; be it un - to me ac - cord - ing to thy word.



For the end of Monday Orthros

Ἀρχαγγελικὸν λόγον

hou didst ac - cept the word of thē Arch - an - gel, O The -
 - o - to - kos, and thou be - cam - est a che - ru - bic throne, for
 thou held - est in thine arms the hope of our souls.



For Monday Vespers and
 Tuesday Orthros at "God is the Lord"

Ἐλπίς τοῦ κόσμου

good hope of the world, O Vir - gin The - - o - to -
 kos, thy might - y pro - tec - - tion, and thine a - lone, do we seek.

(M) (Δ)

Take com - pas - - - - sion up - on a peo - ple be - reft of pro -

(M) (Δ)

tec - - - - - tion; en - treat the mer - ci - ful God that our

(B)

souls be__de - liv - - - - ered from eve - ry threat, O on - ly bless -

(Γ) (Δ)

ed one._____



For the end of Tuesday Orthros

Οὐδεὶς προστρέχων

(M) (Δ)

rom thee is no one turned a - way a - shamed and emp - ty

(Π) (B)

who doth run to thee for ref - uge, O pure Vir - gin The - o - to - -

(Δ)

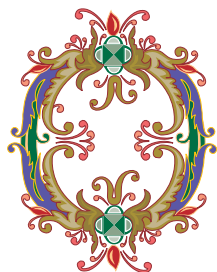
kos; but he ask - eth the fa - vour and re - ceiv - eth the gift from thee,


(B) (Γ) (Δ)

un - to the prof - it of his own re - quest._____

For Tuesday Vespers and
Wednesday Orthros at "God is the Lord"

Θεοτόκε Παρθένε 



(Δ) Vir - gin The - o - to - kos, (M) en - treat thy Son, Who was
(B) will - ing - ly nailed to the Cross, (M) and Who hath freed the world from
(Δ) er - ror, e - ven Christ our God, (B) that He have mer - cy on our
(Γ) souls. (Δ) 

For the end of Wednesday Orthros

Τὸν πρὸ αἰώνων

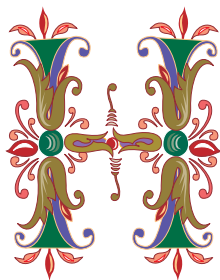


(M) (Δ) ith - out a man thou hast con - ceived the Son and Word of
(M) God, Who with - out a moth - er was be - got - ten of the Fa -
(Δ) ther be - fore thē ag - - - es, (B) and Who in these lat - ter

times be - came__ in - car - nate ^(Δ) of thy pure blood, O Birth - giv - er of ^(B)
 God. ^(M) Do thou en - treat _____ Him ^(Δ) that He grant us the for - ^(Δ)
 give - ness of sins be - fore the end. _____ ^(B) ^(Γ) ^(Δ)

For Wednesday Vespers and
Thursday Orthros at "God is the Lord"

Ἀγία Δέσποινα



o - ly La - dy, pure Moth - er of our God, ^(Δ) who ^(M)
 in - ef - fa - bly gav - est birth to the Cre - a - tor of all: ^(B) With the ^(Δ)
 sa - cred A - pos - - - tles, ^(Δ) ev - er en - treat _____ His good - ness ^(B) ^(Δ)
 that He de - liv - er us _____ from pas - sions ^(Δ) and grant us the for - ^(B)
 give - - ness _____ of sins. _____ ^(Γ) ^(Δ)



For the end of Thrusday Orthros

Μεγάλων χαρισμάτων ⲁ

(Δ) (B) ⲁ

on - ly Vir - gin Moth - er of God, thou wast vouch-safed

(M) (Δ) ⲁ

the great - est of gifts; for, O pure _____ Maid, to One of the Trin -

(B) (Δ) (B) ⲁ

i - ty, Christ God, the Life - - be - stow - er, thou bod - i - ly _____ didst

(Γ) (Δ) ⲁ

give birth for the sal - va - tion of our low - ly souls. _____

For Thursday Vespers and Friday Orthros at "God is the Lord"

See "O Virgin Theotokos..." on page 1381.

For the end of Friday Orthros

See "Without a man..." on page 1381.

For Friday Vespers and Saturday Orthros at "God is the Lord"

Προΐστορεῖ ὁ Γεδεών ⲁ



(M) (Δ) (B) (Δ)
ⲁ
 id - e - on tell - eth a - fore-time of thy___ con-cep - tion,
(B) (Δ)
 and Da-vid ex - pound-eth thy child-birth, O The - - o - to - kos. ⲁ
(B) (Δ)
 the Word came down in - to thy womb like dew up - on___ the fleece, ⲁ
(M) (B) ⲁ (M)
 and thou, O ho - ly earth_____ that art full of grace, ⲁ didst with -
(Δ) (M)
 out_____ seed blos - som forth the Sal - va - tion of the world, ⲁ e - ven
(Γ) ⲁ (Δ)
 Christ our God._____ ⲁ

For the end of Saturday Orthros

See "Without a man..." on page 1381.



WEEKDAY THEOTOKIA

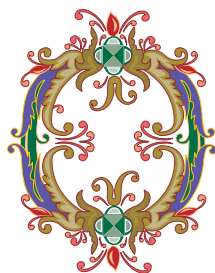
Grave Mode

For Sunday Vespers and
Monday Orthros at "God is the Lord"

Ἦχος βαρύς Γα

150

Θεοτόκε Παρθένε



(Γ) Un - de - filed (N) Vir - gin The - o - to - - - kos, Δ

with the hosts on high, (Γ) en - treat thy Son (Π) that we who glo - ri - - fy

(N) thee with faith π be grant - - - ed for - give - ness of of - fenc - es be -

(M) fore the end. Γ

For the end of Monday Orthros

ὑπερέβης τὰς Δυνάμεις ᾠ



(Γ) (N)
 hou hast sur - passed the hosts of the Heav - - ens, O bless - ed The - o -

(M) (Γ) (N)
 to - - - kos; ᾠ for thou be - cam - est__ a di - vine tem - ple, ᾠ since

(M)
 thou gav - est birth__ to Christ, the Sav - iour of our souls. _____ ᾠ

For Monday Vespers and Tuesday Orthros at "God is the Lord"

Τὸ Χαῖρέ σοι



(Γ) (N) (M) (Γ)
 o thee we say Re - jice, O The - o - to - - - kos; ᾠ for















(N)
 by con - ceiv - ing God in thy womb ᾠ thou wast shown to__ be high - er


















(M)
 than thē An - - - gels. _____ ᾠ

















For the end of Tuesday Orthros

Ειρήνευσον πρεσβείαις 



             
y thē in - ter - ces - sions of the The - o - to - - - kos, make

               
peace - - ful the lives of us who cry to Thee:  O mer - ci - ful















               
Lord, glo - ry be to Thee. _____






































For Tuesday Vespers and
Wednesday Orthros at "God is the Lord"

Τὸν σταυρωθέντα



            
ith - out ceas - ing__ en - treat Christ God,  Who was cru - ci













               
fied for us  and hath de - stroyed the do - min - ion of death,  O Vir -








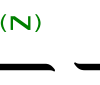

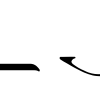




               
gin The - o - to - kos,  that He save__ our__ souls. _____












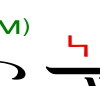






For the end of Wednesday Orthros

Λύτρωσαι Θεοτόκε 

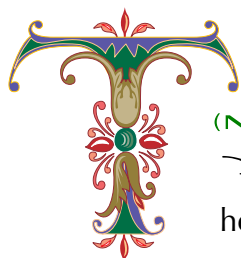
 ^(Γ)  ^(N)         
e - liv - er us, O The - o - to - kos,  from the sins___ that















 ^(M)    ^(Π)  ^(N)        
op - press___ us;  for we the faith - ful have none oth - er hope

             
but thee  and the God___ Who was born___ of___ thee. 








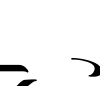



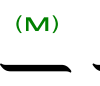


For Wednesday Vespers and
Thursday Orthros at "God is the Lord"

Ὁ καρπὸς τῆς κοιλίας σου

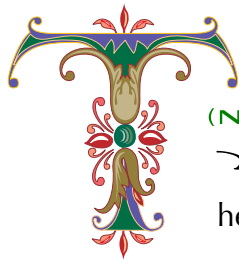


 ^(N)            
he fruit of thy womb, O im - mac - - u - late one,  is

             
the ful - fill - ment of the proph - - ets and the Law.  Where - - fore,

             
in glo - ri - fy - ing thee with knowl - edge as the The - o - to - - -

             
kos,  we rev - 'rent - ly mag - ni - fy___ thee. 



For the end of Thursday Orthros

Ὁ καρπὸς τῆς γαστρὸς σου ᾠ

(N) he fruit of thy womb, O Bride of God, ᾠ hath proved to
 be the cause of sal - va - - tion for man. ᾠ Where-fore, as we glo -
 ri - fy___ thee with mind and tongue_ as the The - - o - to - - - kos, ᾠ
 (N) we the faith - ful mag - ni - fy___ thee. (M) ᾠ


For Thursday Vespers and Friday Orthros at "God is the Lord"

See "Without ceasing..." on page 1387.

For the end of Friday Orthros

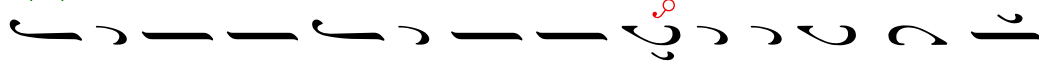
See "Deliver us, O Theotokos..." on page 1388.

For Friday Vespers and
Saturday Orthros at "God is the Lord"

Ὡς τῆς ἡμῶν ἀναστάσεως 



(N)




s the treas - ur - y of our sal - va - tion, O all-hymned one,

do thou lead up from the pit and a - byss of__ of - fen - ces them that



(Γ)




(N)




hope in thee; for them__ that were li - a - ble__ be - cause of sin 

(M)

(N)


hast thou saved by giv-ing birth__ to Sal - va - - - tion,  O thou who be -


fore__ child - birth wast vir - gin,  and in child-birth wast vir - gin,  and


af - ter child-birth a - gain re-main - est vir - - gin. 


For the end of Saturday Orthros

Χαίρε ἡ τὸν ἀχώρητον




(Δ) (Z)

e - joice, _____ thou who hast con - tained _____ in thy womb Him


(M)

Whom the heav-ens can-not con-tain.


(Γ)

Re-joice, O Vir-gin, thou preach-ing

of the Proph - - ets, *2b* from thee Em - ma - nu - el shone forth. *2c* Re -

— — — — — — — | — — — — —
joyce, O Moth- er ___ of Christ ___ God. _____

(M)





WEEKDAY THEOTOKIA

Plagal Fourth Mode

For Sunday Vespers and
Monday Orthros at "God is the Lord"

Ἦχος λ β ᾠ ρ

150

Χαῖρε, ἡ δι' Ἀγγέλου



(M) (N)
e - joice, thou who through an An - gel didst re - ceive the

Joy of the world. Re - joice, thou who didst bear thy Cre - - a - tor and

(Π) (N)
Lord. Re - joice, thou who wast count-ed wor - thy to be - come the Moth -

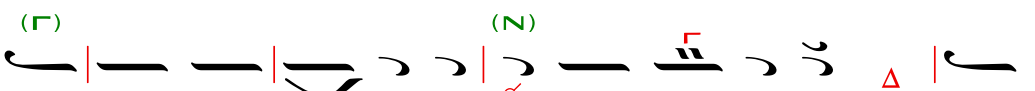

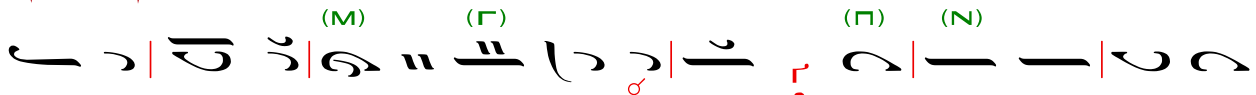

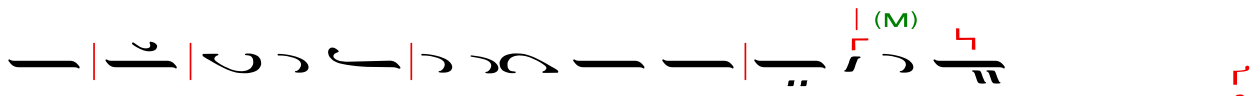

er of God.



For the end of Monday Orthros

Χαῖρε ἡ πύλη 

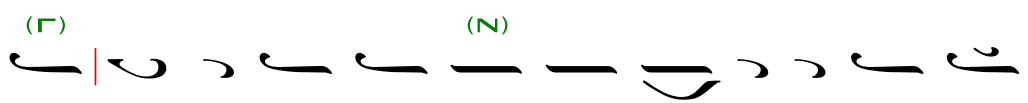
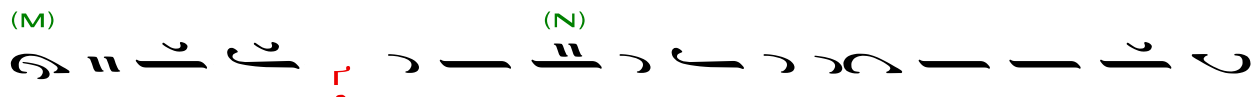

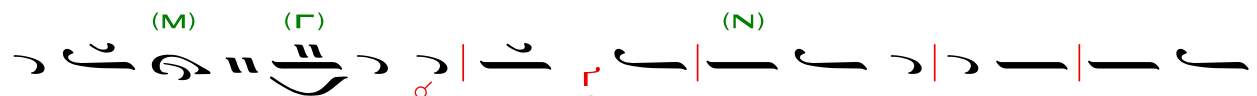

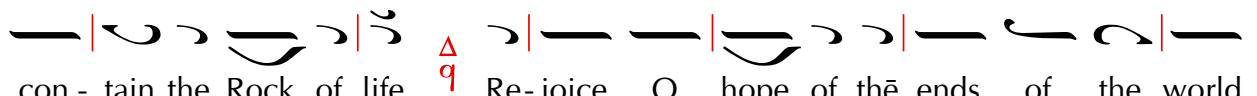




 e - joice, O gate of the King of Glo - - ry,  through

 which the Most High a - - lone hath__ passed  and which a - lone He

 kept sealed, for the sal - va - tion of our souls. 

For Monday Vespers and
 Tuesday Orthros at "God is the Lord"

Τὸ ἀσάλευτον στήριγμα

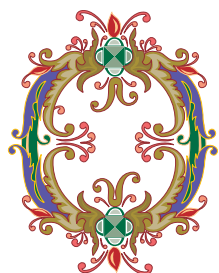



 ith hymns let us the faith - ful mag - ni - fy the The -

 o - - to - kos,  thē un - sha - ken foun - da - tion of the Faith, and

 the hal - lowed__ gift to our souls.  Re - joice, thou who in thy womb didst

 con - tain the Rock of life.  Re-joyce, O hope of thē ends of the world,

and suc-cour of thē af- - flict - ed. Re - joice, O Bride un - wed -
 - - ded. _____

For the end of Tuesday Orthros

Παρθένε ἄχραντε



Im - mac - u - late Vir - gin, save us by thine in -
 ter - - ces - sions, stir - ring up thy moth - er - ly com - pas - sions be -
 fore thy Son__ and our God. _____

For Tuesday Vespers and
Wednesday Orthros at "God is the Lord"

Τὸν ἀμνὸν καὶ ποιμένα



hen she who bare the Lamb and Shep-herd and Sav - iour_
 __ of the__ world be - held Him on the Cross, she__ said with__

tears: ^(Γ) ^(N) The world re- joic- eth at re- ceiv- ing re- demp- - tion, ^(Γ) ^Δ but
 my bow- els burn as I see Thy cru- ci- - fix- ion, ^(N) ^(M) ^(Γ) ^(N) which Thou
 en- dur- est for all, ^Δ ^(M) O my Son__ and my God. _____ ^Δ



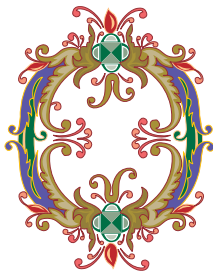
For the end of Wednesday Orthros

Ὁ καρπὸς τῆς κοιλίας σου

^(Γ) ^(M) ^(Γ) he fruit of thy womb, O__ im- - mac- u- late one, ^Δ is
^(N) ^(M) the ful- fill- ment of the Proph- ets__ and the__ Law. ^Δ Where-fore, in
^(N) glo- ri- fy- ing thee with knowl- edge as the The- o- to- - kos, ^Δ
 we rev- 'rent- ly mag- - ni- fy thee. _____ ^Δ

For Wednesday Vespers and Thursday Orthros at "God is the Lord"

Ἡ νοητὴ πύλη



(Γ) (N)
 spir - it - u - al gate of life, Δ 9 O im - mac - u -
 late The - o - to - kos, Δ 9 de - liv - - er from per - ils them that have re -
 (M) (Γ) (Π) (N)
 course__ to__ thee with__ faith, 9 that we may glo - ri - fy thine
 all - ho - ly Child, Δ 9 for the sal - va - tion of our souls. (M) 9

For the end of Thursday Orthros

See "O immaculate Virgin..." on page 1394.

For Thursday Vespers and Friday Orthros at "God is the Lord"

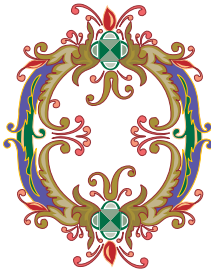
See "When she who bare the Lamb..." on page 1394.

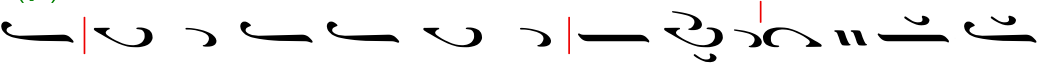
For the end of Friday Orthros


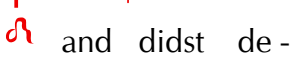
See "The fruit of thy womb..." on page 1395.


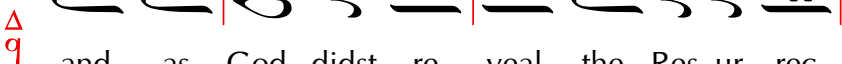
For Friday Vespers and
Saturday Orthros at "God is the Lord"

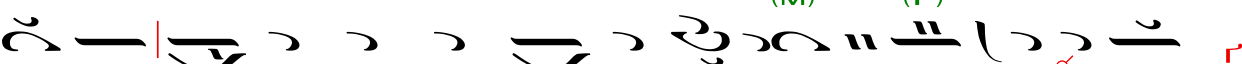

Ὁ δι' ἡμᾶς γεννηθείς






(Γ) 
Thou Who for our sakes wast born of___ a___ Vir - gin,

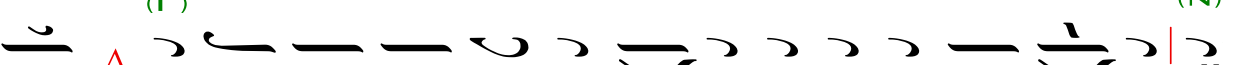

(N) (M) (N) 
and didst suf - fer cru - ci - fix - ion, O___ Good One,  and didst de -



spoil___ death by death,  and as God, didst re - veal the Res - ur - rec -

(M) (Γ) 
tion: Dis - dain them not which Thou hast fash - ioned___ with Thy___ hand; 

(Γ) 
show us Thy love for man - kind, O Mer - ci - ful One;  ac - cept

(N) 
the The - o - to - kos that gave Thee birth, who in - ter - ced - - eth for

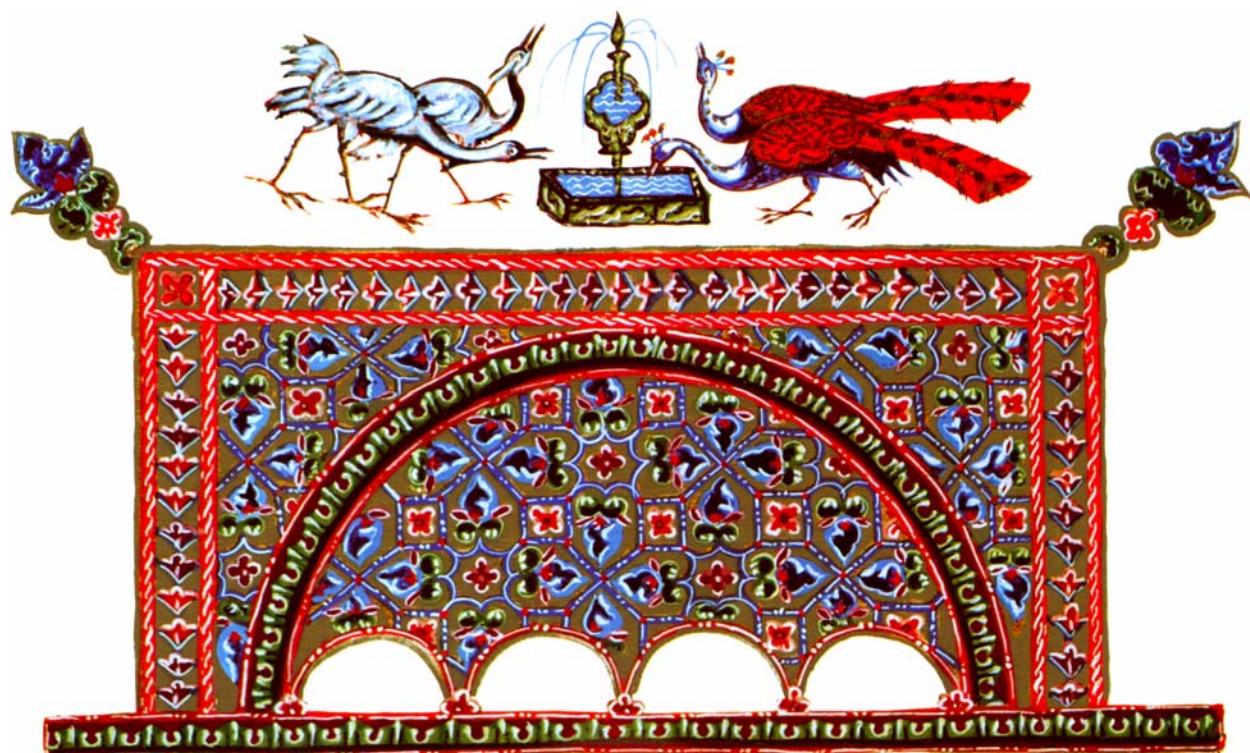
(Γ) (N) 
us;  and do Thou, our Sav - iour, save___ a de - spair - ing peo - - ple._

(M) 

For the end of Saturday Orthros

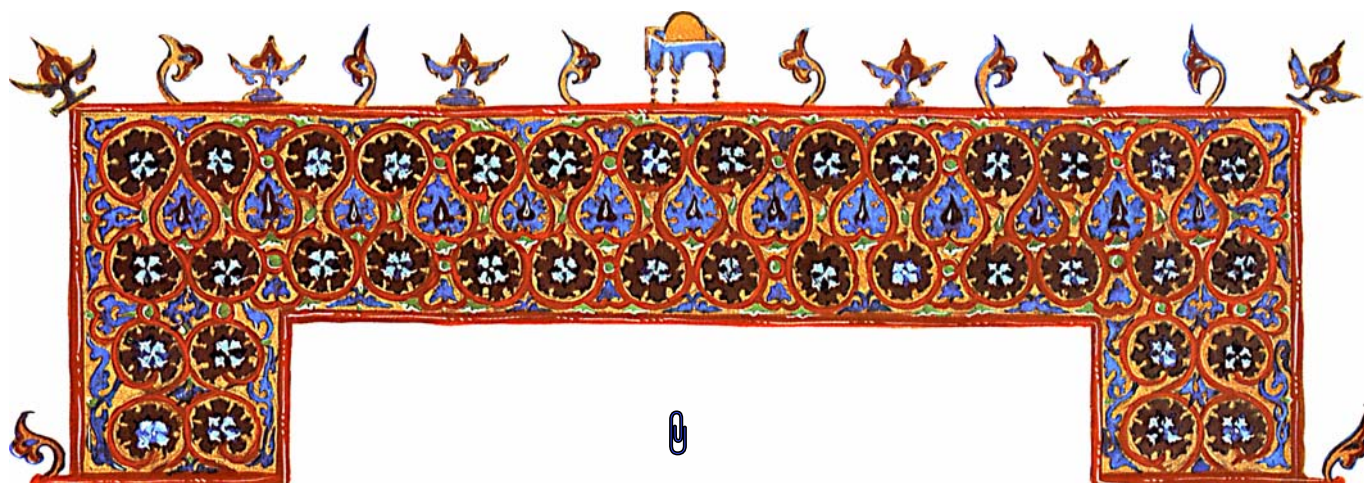
See "O immaculate Virgin..." on page 1394.





Additional Troparia





ἈΘΗΝΙΤΗ ΎΜΝΟΣ ΤΟ ΤΗΣ ΠΑΝΑΓΙΑ*

Grave Mode (Diatonic)
Triple Meter

120

Duration: 1:45

adapted from oral tradition
as recorded by Hieromonk Hierotheos of Philotheou

Intonation: #22

Ἦχος βαρύς Ζω

Παναγία Δέσποινα



(z) n - der thy pro - tec - - tion, O Pan - - a -

gi - - a our La - dy, do all thy ser-vants un - wor - - thi - ly

run and sup - - pli - cate thee, O most pure one. Has - -

* This paraliturgical hymn may be chanted during the distribution of the antidoron after liturgy. In some monasteries on the Holy Mountain, it is chanted after the procession back into church following the meal after a vigil on feast days of the Mother of God.

ten to de - liv - er all of us from ev - ery dan - ger and ne -
 ces - - si - ty and from a sud - - den death, which de - stroy - - eth
 ut - - ter - ly and fi - - nal - ly. We know that thou art ca -
 - pa - ble to con - sum - mate all things that thou dost want
 to do. La - - dy of the u - - ni - verse, the hope and the
 pro - tec - tion of the world, O Maid - en full of grace, come hear -
 en un - to us who pray to thee.





0 PROTECTION OF CHRISTIANS

Kontakion

150

Second Mode

Intonation: #4

Ἦχος Δι

Προστασία τῶν Χριστιανῶν



(M)

(Δ)

pro - tect - ion of Chris - tians that can - not be put -

(B)

to shame, me - di - a - tion un - - to the Cre - a - tor most con - -

(M)

- - - stant: O de - spise not the sup - pli - ant voic - es of those

(Δ)

who have sinned; but be thou quick, O good one, to come un - to - our

aid, ^(A) who in faith cry ^(B) un - to thee: ^(M) Has - ten__ to in - ter - ces - sion,
^(B) and speed thou to__ ^(M) make sup - pli - ca - tion, ^(A) thou who dost ^(Δ) ev - er
 pro - tect, ^(B) O The - o - to - kos, them that ^(Γ) hon - - our thee. ^(A) ^(Δ)





OFFICE OF SUPPLICATION FOR OUR ENVIRONMENT

September 1

Apolytikion

Fourth Mode

150

Ἦχος Δ' Ϡ

Intonation: #10



(M)

(Δ)

(B)

ord and Sav - iour, who as God brought all things in - to be -

(M)

(Δ)

ing by a word, es - tab - lish - ing laws and gov - ern - ing them un -

(B)

err - ing - ly to your glo - ry, at the prayers of the Moth - er of God,
Thy

* Patriarch Demetrios of Constantinople made September 1st a day of special prayer for the Environment and commissioned the hymnographer Monk Gerasimos of the Holy Mountain to compose a special office for it. This service was translated by Archimandrite Efrem (Lash) and is available online at: <http://www.anastasis.org.uk/envirom.htm>

^(A)
 keep se - cure and un - harmed all thē el - e - ments ^A which hold thē earth

^(B)
 to - geth - er, and save the u - ni - verse.

⁶





THE CONSECRATION OF THE CHURCH OF THE HOLY RESURRECTION

September 13

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

150

Intonation: #8

Ἦχος Δ'

Οὐρανὸς πολύφωτος



he Church is shown__ to be a man - y - light - ed heav -
- - en that doth shine a guid - - ing light up - on all them that
do__ be - lieve; where - in while stand - ing, we cry a - loud: Do Thou Thy -
self__ now es - tab - - lish this house, O Lord.



SAINT THEODORE OF TARSUS ARCHBISHOP OF CANTERBURY

September 19

Apolytikion

First Mode

"While Gabriel was saying"

150

Ἦχος ᾠὴ Πα

Intonation: #1



(Π)

on of Tar - sus like Paul and a teach - er of Pe - ter's faith

Eng - land did re - ceive thee with glad - - ness to u - nite its di -

vid - ed church. Thy words, O Ho - ly The - o - dore, brought peace, while

bear - ing in thy heart the gift of God. Thou pro - claim - - est the true



SAINT ÆTHELDREDA* OF ELY QUEEN AND ABBESS PROTECTRESS OF CAMBRIDGE

October 17

Apolytikion

Third Mode
"Thy confession"

150

Ἦχος γ'. Γα

Intonation: #8

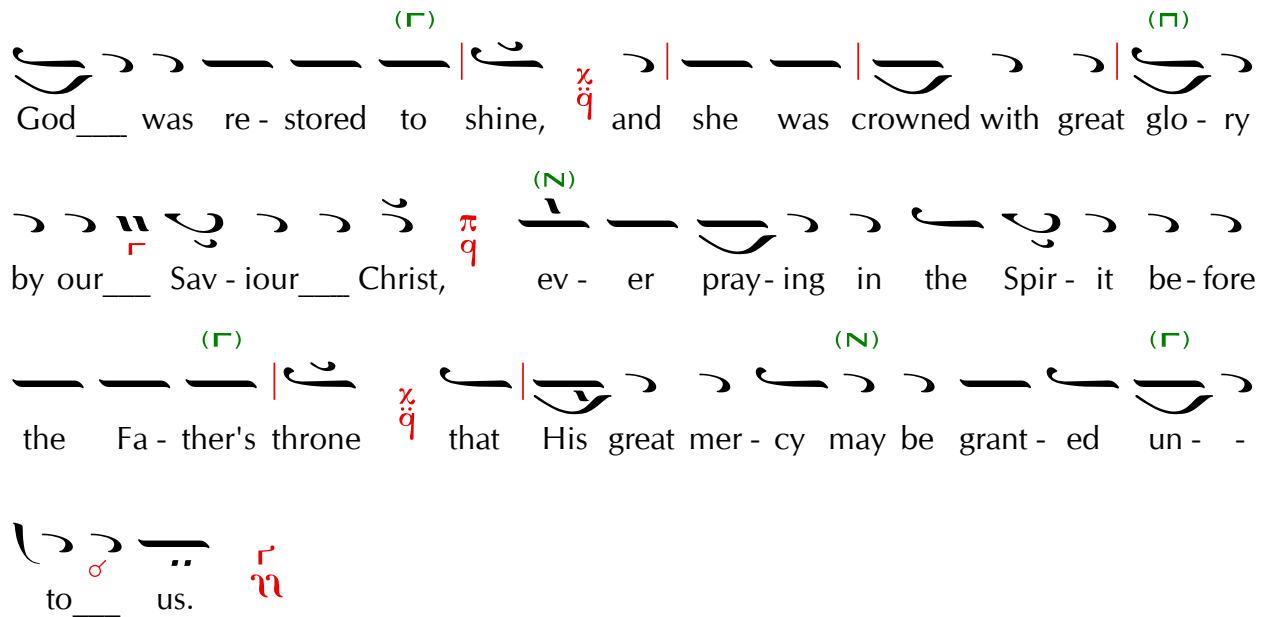


et us praise the vir - gin Eth - el - dre - da, flame

of faith a - bove the church of E - ly, Mother Ab - bess, in -

ter - ces - sor and pro - - tec - tor for all. In her thē im - age of

* Pronounced "Ef-ol-DREE-dah"





SAINT TABITHA THE ALMSGIVER

October 25

Apolytikion

First Mode

150

Ἦχος ♪̣ Πα

Intonation: #26



(Π)

ith the flow of the man - y-streamed riv - er of alms - giv -

ing ^Δ thou didst wa - - ter the dry earth of the need - y and show - er

alms on the wid - - ows and poor; ^{π ♪̣} thou didst shine forth with the light__ of

thy works ^Δ and wast ra - di - ant with grace, O Tab - i - tha. ^{π ♪̣} Glo - ry to

Christ Who lov - eth thee; ^Δ glo - - ry to Christ__ Who hath blessed__
 thee; ^Δ ^(Δ) ^(Π) glo - ry to Christ Whom thou didst fol - - low as a true dis - ci -
 ple and a spot - - less__ lamb.

π
9





APOLYTIKION OF THE RESURRECTION

First Mode

Ἦχος ♪̣̣̣̣̣̣ Πα

χ̣̣̣̣̣̣ 160



Τοῦ λίθου σφραγισθέντος

(Π)

hen the stone was sealed__ by the Jews and the sol - - diers

(Δ)

were guard - - ing Thine im-mac - u - late bod - - y, Thou didst a - rise__

(Π)

on the third__ day, O Sa - - viour, grant-ing life un - to the world. For which

(Δ)

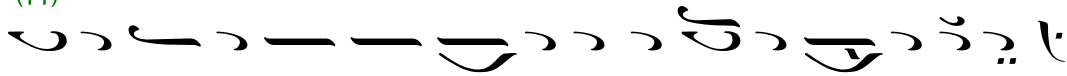
(Π)

cause the pow - - ers of heav - - en cried out to Thee, O Life-giv - er: π̣̣̣̣̣̣ Glo-

(Δ)

ry to Thy res - ur - rec - - tion, O Christ. Δ̣̣̣̣̣̣ Glo-ry to__ Thy King - dom.

(□)



Glo-ry to Thy dis - pen - sa - - tion, O on - ly Friend__ of man.

π
q

Glory...

Δόξα Πατρί

G

(□)

(Δ)

(□)

lo - ry to the Fa - - - ther, and to the Son,__ and to the Ho -



ly Spir - - it.

Δ
Δ

Both now...

Καὶ νῦν

B

(Δ)

oth now and ev - - - er, and un - to thē ag - es of ag - -



- es. A - men.

Δ
Δ


Resurrectional Theotokion

Τοῦ Γαβριὴλ



(□)


hile Ga - bri - el was say - ing Re - jice to thee, O Vir - -

gin,  at his voice the Mas - ter of all ___ things took flesh with - in thy


pure womb.  He dwelt in thee as His ho - ly ark as spake the right-eous



Da - vid in the psalms. Thou wast seen to be more spa - - cious than

(□)

all ___ the Heav - ens since thou didst bear ___ thy Cre - a - tor.  Glo - ry to Him

that willed to dwell in thee. Glo - - ry to Him ___ that came forth from

thee.  Glo - - ry to Him that, through thy giv - ing birth, hath de - liv -

ered us.  



Resurrectional Hypakoë

Ἡ τοῦ ληστοῦ πρ

(π)

he re - pen - tance of the thief hath plun - dered Par - a - dise,

Δ

and the la - men - ta - tion of the myrrh - - bear - ers hath pro - claimed joy;

πρ

for Thou art ris - en, O Christ God,

Δ

grant - ing great mer - - cy

un - to the world. _____

πρ





APOLYTIKION OF THE RESURRECTION

Second Mode

Ἦχος Δι'

160

Ὅτε κατήλθες



(M)

(Δ)

hen Thou didst de - scend ___ un - to death, O Life Im-mor - - tal,

(B)

(Δ)

then didst Thou slay Ha-des with the light-ning of Thy Di - vin - i - ty. And

when Thou ___ didst al - so raise the dead out of the neth - - er world, all

(B)

(M)

the pow-ers of the ___ heav-ens were cry-ing out: O Giv - er of life,

Christ our God, glo - ry be _____ to Thee.

Glory...

Δόξα Πατρί

G ^(Δ) lo - ry to the ^(B) Fa - ther, and to the Son, and ^(M) to the Ho - ly Spir -
- - it. A

Both now...

Καὶ νῦν

B ^(Δ) oth now and ^(M) ev - - - er, and ^(Δ) un - to the ^(Π) ag - - es of ag - -
es. A - men. A

Resurrectional Theotokion

Πάντα ὑπὲρ ἔννοιαν



^(Δ) Il thy mys - ter - ies are be - yond com - pre - hen - - -
sion; A ^(B) all are ex - ceed - ing - ly glo - ri - ous, O The - o - to - - -
- - - - kos. ^(M) 6 Sealed with pu - ri - ty and pre - served by vir - gin - - -

i - ty, ^(Δ) thou wast known to be a true moth-er, ^(B) giv-ing birth un - to
 the true ^(M) God. ^(Δ) Do thou en-treat Him that our souls ^(B) be saved. ^(Γ) ^(Δ)

Resurrectional Hypakoë

Μετὰ τὸ πάθος ^(Δ)

^(M) f - ter the Pas - - - sion, ^(Δ) the wom-en came un - to the
 tomb ^(B) to a - noint Thy Bod - y, O Christ ^(M) God; ^(Δ) they
 saw An - gels in the grave and stood in awe; ^(Δ) for they heard their
 voice, ^(M) pro - claim-ing that the Lord is ris - - - en, ^(B) grant - ing great mer -
 cy un - to ^(M) the world. ^(Δ)



APOLYTIKION OF THE RESURRECTION

Third Mode

Ἦχος Γα

160

Εὐφραινέσθω τὰ οὐράνια



(N) — — — — — (Γ) — — — — — (Γ) — — — — —
et the heav - - ens re - joice, and let things on earth be__glad, π q
(N) — — — — — (Γ) — — — — —
for the Lord__ hath wrought might_ with His arm; x q He hath tram - - pled
(Γ) — — — — — (N) — — — — — 4 — — — — —
up-on__ death__ by__ death; π q He hath be-come the first-born of the dead. γ δ
(Γ) — — — — — (N) — — — — — (Γ) — — — — —
From the bowels of Ha-des hath He de - liv - ered us, x q and hath grant -
— — — — —
- ed great mer - cy to the world. r n

Glory...

Δόξα Πατρί

π

G ^(N) lo - ry__ to the ^(Γ) Fa - ther, and to the Son, and to the ^(Π) Ho - ly
 Spir - - - it. π

Both now...

Καὶ νῦν


B ^(M) oth now and ^(Γ) ev - er, and un - to thē ^(Π) ag - - es of ag -
 es. A-men. π

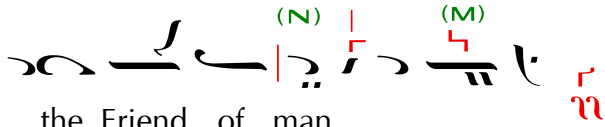
Resurrectional Theotokion

Σὲ τὴν μεσιτεύσασαν



^(N) e praise thee, the Me - di - ^(Γ) a - tress for the sal - va - tion of_
 __our race, O Vir - gin The - o - to - - kos; π ^(N) for in the flesh tak - -
 en from thee, thy Son and__our ^(Π) God ⁴ hath deigned to__en - dure the pas -

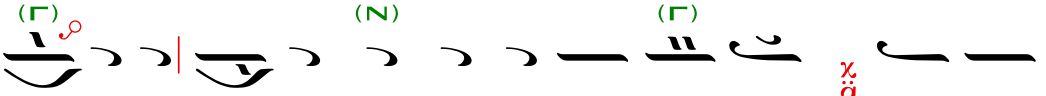

 sion through the Cross, and hath re - deemed us from cor - rup-tion, since He is_



 _the Friend of man.





Resurrectional Hypakoë

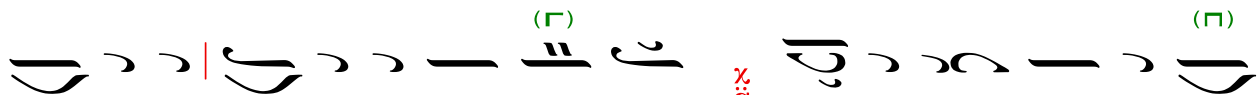
Ἐκπλήττων τῇ ὁράσει



 aus - ing a - ston - ish - ment by his ap - pear - ance and re -


 fresh - ment by__ his speech, the ra - diant An - gel said un - to the myrrh -


 bear - - ers: Why seek ye the Liv - ing One in the tomb? Ris -


 en is He__ that hath__ emp - tied the tombs. Know Him as thē im -


 mu - ta - ble Chang - er of cor - rup - tion; say un - - to God: How awe -


 some are Thy works! For Thou__ hast saved the race__ of__ man.



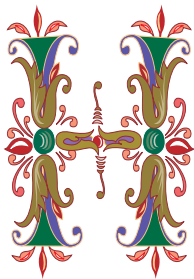
ἈΠΟΛΥΤΙΚΙΟΝ OF THE RESURRECTION

Fourth Mode

Ἦχος ᾠδῆς

160

Τὸ φαίδρον



(M)

(Δ)

(B)

av - ing learned the joy - ful proc - la - ma - - tion of the Res -

(Π)

(M)

ur - rec - tion from the an - - gel, and hav - ing cast off the an - ces - tral

(Δ)

(B)

con-dem-na - - tion, the wom - en dis - ci - ples spake to the A - pos -

(Δ)

(B)



tles tri - um-phant-ly: Death is de - spoiled and Christ God is ris - - en, grant -

ing great mer - cy un - to the world.





Glory...

Δόξα Πατρί 

G ^(M) ^(Δ) ^(M)
lo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir -

- - it. 

Both now...



Καὶ νῦν

B ^(M)
oth now and ev - - - er, and un - to thē ag - es of ag - es.

A - men. 

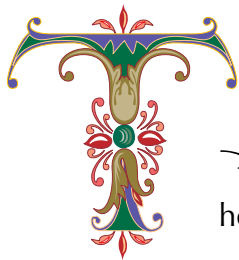
Resurrectional Theotokion

Τὸ ἀπ' αἰῶνος



^(M) ^(Δ) ^(M) ^(Δ)
he mys - ter - y hid - den from e - ter - ni - ty and un - known
to thē an - gels  is made man - i - fest through thee, O The - o -
to - kos, to those on earth.  God be - came in - car - nate in an un - min -

gled un - - - - ion ^(B) and for our sake hath sub - mit - ted will -
 ing - ly to the Cross, ^(M) where - by He hath raised up the first - fash - ioned
 man ^(Δ) and hath saved our souls ^(M) from death. ^(Γ) ^(Δ)



Resurrectional Hypakoë

Τὰ τῆς σῆς ^(Δ)

^(B) he myrrh - bear - ing wom - en ran forth and de - clared ^(Δ) to thē A -
 pos - tles the tid - ings of Thy won - drous a - ris - ing, ^(M) O Christ, ^(Δ) for Thou
 as God art ris - en, ^(B) grant - ing great mer - cy un - to the world. ^(Δ)



APOLYTIKION OF THE RESURRECTION

Plagal First Mode

$$\mathbb{H}^{\lambda}_{\chi_0} \leq \frac{\lambda}{\pi} \leq \frac{1}{K\varepsilon}$$
 χ^2_{160}

Τὸν συνάναρχον Λόγον



(K)

 (Δ)

(K)

et us wor-ship the Word, Who is un - or - ig - i-nate with

the Fa-ther and the Spir-it, and from a vir- - - gin was born for our

 (Δ)

(K)

sal - va - tion, O be-liev- ers, and let us sing His praise. For in His good-ness

 (Δ)

He was pleased to ascend the Cross in the flesh, and to undergo

(K)

(Δ)

(K)

(M)

death, and to raise up those who had died, by His glo - ri-ous Res-ur -

(K)

rec - - - - - tion.

xc

Glory...

Δόξα Πατρί

G^(K) lo - ry to the Fa - ther, and to the Son, and ^(Δ) to the Ho - ly
Spir - it.

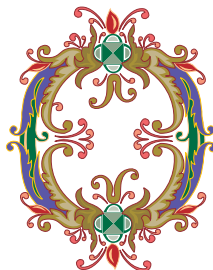
X
C

Both now...

Καὶ νῦν

Both now and ever, and unto the ages of ages.

X
C



Resurrectional Theotokion

Χαῖρε πύλη Κυρίου ⲛ ⲓ ⲑ

(K) (Δ) (K)
im - pass - a - ble gate of ___ the Lord, do thou re-joyce. ⲛ ⲓ ⲑ

Re-joyce, O ram - part and shel - - ter for them that has - ten to thee. ⲛ ⲓ ⲑ Tran -

quil ha - ven and pure Maid - en who didst not know man ⲛ ⲓ ⲑ and who bar - est

in the flesh thy Cre - a - tor and thy God, ⲛ ⲓ ⲑ (Δ) re - joyce; and cease not to

(K) ⲛ ⲓ ⲑ | mak - ing en - trea - ty for them that wor - - ship and praise ___

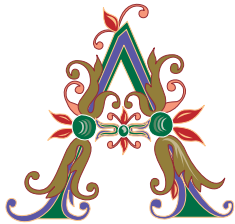
(M) (K) (Δ) (K)
Him ___ that was born of thee. ⲛ ⲓ ⲑ

When the day is over, the vendor sits down and counts his profits;
but the worker of virtue does so when the psalmody is over.

—St. John of the Ladder

Ἀγγελικῇ ὁράσει ⲛⲓⲁ

Resurrectional Hypakoë



(K) ⲕ ⲛⲓⲁ - ston-ished in mind at the vi - sion of thē An - - gel, ⲛⲓⲁ

ⲛⲓⲁ and en - light - ened in soul by__Thy di - vine a - ris - ing, ⲛⲓⲁ the

ⲛⲓⲁ myrrh-bear-ers pro-claimed the good tid - ings un - to thē A - pos - - tles:

ⲛⲓⲁ Pro - claim a-mong the na - - tions the Res - - ur - rec - tion of the

ⲛⲓⲁ Lord, ⲛⲓⲁ Who work - eth with you in won - - ders, and grant-eth us great

(K) ⲕ ⲛⲓⲁ mer - - - - cy. ⲛⲓⲁ





APOLYTIKION OF THE RESURRECTION

Plagal Second Mode

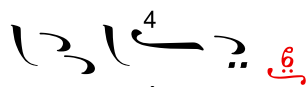
Ἦχος λ π̄ B̄8 —

160

Ἀγγελικαὶ Δυνάμεις





hen the an - gel - ic pow - - - ers were at Thy tomb, then
 they that guard-ed Thee be-came as dead. And Ma - ry stood be-side the grave__
 seek-ing Thine im - mac - u - - late bod - y. Thou hast de - spoiled__ Ha - des
 and wast not tried there-by. Thou didst meet the Vir-gin and didst grant life to us.
 O Thou Who art ris - en from__ the dead, Lord,__ glo - ry be

to Thee. 

Glory...

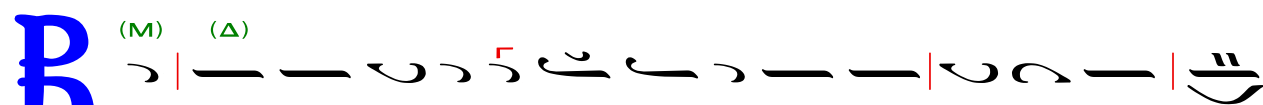
Δόξα Πατρί 

G 
lo - ry to the Fa - ther, and to the Son, and to the Ho - - ly

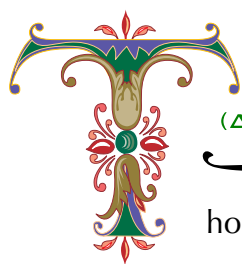

Spir - it. 

Both now...

Καὶ νῦν

B 
oth now and ev - - - er, and un - to thē ag - es of ag -


es. A-men. 



Resurrectional Theotokion

Ὁ τὴν εὐλογημένην ⲁ

(Δ) (B) (Δ) ⲁ
 hou, Who didst call Thy Moth - - er bless-ed, cam - est of Thine
(B) ⲁ (M) (B) ⲁ
 own free will un - to___ the pas-sion, shin-ing forth up-on the Cross, wish -
(Δ) (B) ⲁ (Δ) ⲁ
 ing to seek__out Ad-am, and say - ing un - to___ thē an-gels: Re - joice with
(Δ) (B) ⲁ (Δ)
 Me, for the drach-ma that was lost is found. Thou Who hast wise - ly or -
(B) (Γ) ⲁ (Δ) ⲁ
 -dered all_____ things, glo - ry be___ to Thee._____

When you stand in church, be careful not to look here and there
 or curiously examine how each one of the brethren stands
 or sings. Rather, pay attention only to yourself
 and to the chanting and to your sins.

—St. Symeon the New Theologian

Resurrectional Hypakoë

Τῷ ἐκουσίῳ



(M) (Δ)
 y Thy vol - un - tar - y and life - cre - at - ing death, O Christ,
 (B) (Δ)
 Thou, as God, hast bro - ken the gates___ of Ha - des and hast
 (B) (M)
 o - pened___ the an - cient Par - a - dise to us. And a - ris - - - ing
 (B) (M)
 from___ the dead, Thou hast de - liv - ered our life from___ cor - rup - tion.





ἈΠΟΛΥΤΙΚΙΟΝ OF THE RESURRECTION

Grave Mode

Ἦχος βαρύς ᾠδὴ Γα

160



Κατέλυσας τῷ σταυρῷ σου

(Γ) (N)
y Thy Cross Thou didst a - bol - - ish death; to the thief Thou didst

(Γ) (Γ) (N)
o - - pen Par - a-dise; Thou didst trans-form the myrrh - - bear-ers'

(Γ)
lam-en - ta - - tion, and didst or - der Thine A - pos - - tles to preach that

(Δ) (N) (Γ) (N)
Thou art ris - - - en, O Christ our God, be - stow-ing great mer - - cy

(Γ)
up - on the world.



Glory...

Δόξα Πατρί



G ^(Γ) lo - ry ^(N) to the Fa - ther, and to the Son, and ^(M) to the Ho - - ly
Spir - - - it.



Both now...

Καὶ νῦν

B ^(Γ) oth now and ^(N) ev - - er, and un - to thē ^(Γ) ag - es of ag - - es. A -
men.



Resurrectional Theotokion

Ὡς τῆς ἡμῶν ἀναστάσεως



^(N) s the treas - ur - y of our sal - va - tion, O all-hymned one,
do thou lead up from the pit and a - byss of ^(A) of - fen - ces them that

(Γ) hope in thee; (N) for them _____ that were li - a - ble__ be - cause of sin
 hast thou saved by giv-ing birth__ to Sal - va - - - tion, (M) O thou who be -
 fore__ child - birth wast vir - gin, and in child-birth wast vir - gin, and
 af - ter child-birth a - gain re-main - est vir - - gin. (M)



Resurrectional Hypakoë

Ὁ ἡμετέραν μορφήν

(Γ) hou Who didst take on our form and didst bod - i - ly
 (N) en - dure the Cross, save me by Thy Res - ur - rec - tion, O Christ God,
 (Γ) since Thou art the Friend__ of__ man.



APOLYTIKION OF THE RESURRECTION

Plagal Fourth Mode

Ἦχος λ π ς

160

Ἐξ ὕψους κατήλθες



(Γ) (Π) (Μ) (Γ)
rom the heights didst Thou come down, O Com - pas-sion-ate One. And

(Π) (Μ) (Γ) (Π) (Ν)
Thou didst sub - mit to three - day bur - i - - al that from the pas -

(Δ)
sions Thou might de - liv - - er us. O our Life and Res - ur - rec -

(Ν) (Μ) (Γ)
- tion, O Lord, glo - ry be to Thee.

161

Glory...

Δόξα Πατρί



G ^(Γ) ^(N) ^(M)
lo - ry to the Fa - ther, and to the Son, and to the Ho - ly___ Spir -

it.



Both now...

Καὶ νῦν

B ^(M) ^(N)
oth now and ev - er, and un - to thē ag - - es of ag - - es

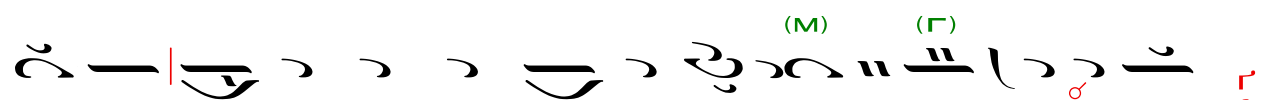
A - men.





Resurrectional Theotokion


Ὁ δι' ἡμᾶς γεννηθείς


^(Γ) ^(N) ^(M) ^(N)
Thou Who for our sakes wast born of___ a___ Vir - gin,
and didst suf - fer cru - ci - fix - ion, O___ Good One, and didst de -
spoil___ death by death, ^Δ and as God, didst re - veal the Res - ur - rec -



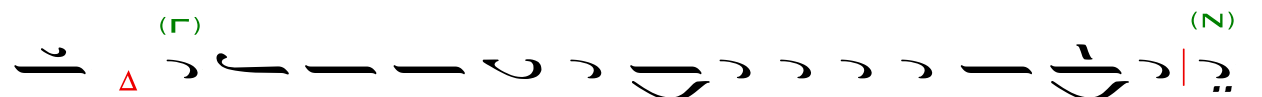
 tion: Dis - dain them not which Thou hast fash - ioned__ with Thy__ hand; 




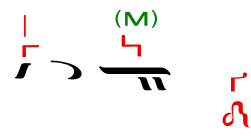
 show us Thy love for man-kind, O Mer - ci - ful One;  ac - cept



 the The - o - to - kos that gave Thee birth, who in - ter - ced - - eth for



 us;  and do Thou, our Sav - iour, save__ a de-spair-ing peo - - ple._



No one in such chanting with a ready
 and eager mind will be blamed if he be weakened by old age,
 or young, or have a rough voice, or is altogether ignorant of rhythm. What is
 here sought for is a sober soul, an alert mind, a contrite heart, sound reason, and a
 clear conscience. If having these you have entered into God's sacred choir, you may
 stand beside David himself. There is no need of zithers, nor of taut strings, nor
 of a plectrum, nor skill, nor any instruments. But if you will, you can make
 yourself into a zither, mortifying the limbs of the flesh, and forming
 full harmony between body and soul. For when the flesh does not
 lust against the spirit, but yields to its commands, and
 perseveres along the path that is noble and
 admirable, you thus produce
 a spiritual melody.

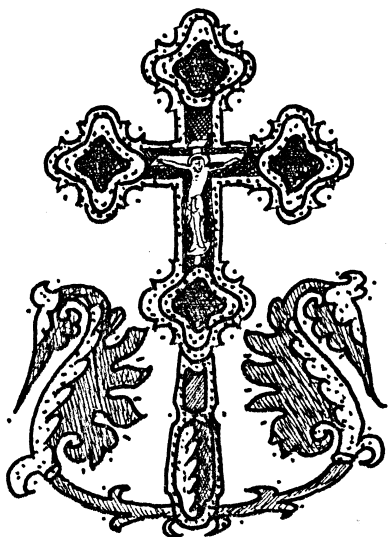
—St. John Chrysostom

Resurrectional Hypakoë

Αἱ μυροφόροι



tand - ing at the tomb of the Life - giv - er, Δ q the myrrh -
 - bear - ers sought thē im - mor - tal Mas - ter a - - mong the ♂ dead; ♂ and
 re - ceiv - ing the good tid - ings of joy from thē An - - gel, Δ q they an -
 nounced to thē A - - pos - tles ♂ that the Lord is ris - - - en, Δ q
 grant - ing great mer - cy un - - to the ♂ world. ♂





Index

Aaron, Prophet	20	Alypius the Stylite	302
Abbacum, Prophet	324	Ambrose, Bishop of Milan	341
Abdias (Obadiah), Prophet	280	Amorion, 42 Martyrs of	659
Abercius, Bishop of Hieropolis	171	Amos, Prophet	927
Abraham, Patriarch	126	Amphilochios, Bishop of Iconium	294
Abramius of the Kiev Caves, the Recluse	199	Ananias, Apostle, of the 70	105
Acacius of Mount Athos	803	Ananias, one of the Three	
Acacius, Priest (with Patrick of Prusa)	849	Children in Babylon	379
Acepsimas of Persia	214	Anastasia of Rome, Deliverer from Potions	404
Achillius, Metropolitan of Larissa	842	Anastasia of Rome, Righteous Martyr	197
Acindynus of Persia	212	Anastasius of Persia	525
Adrian	1186	Anatolius of Optina	543
Aethalas of Persia	214	Anatolius, Archbishop of Constantinople	990
Aetherius, Bishop of Cherson	661	Andrew in the Judgment	153
Agabus, Apostle, of the 70	751	Andrew the Commander	1163
Agape of Thessalonica	766	Andrew, Archbishop of Crete	994
Agapius of Caesaria in Palestine	683	Andrew, Martyr in Athens	847
Agapius of Edessa in Macedonia	1167	Andrew, the First-Called Apostle	316
Agapius, Son of Saint Eustathius	63	Andronicus (with Probus and Tarachus)	140
Agatha of Belo-Russia	581	Andronicus of Antioch (with Athanasia)	124
Agathangelus (with Clement)	531	Andronicus, Apostle, of the 70	846, 1101
Agathodorus of Thyatira	142	Anempodistus of Persia	212
Agathodorus, Bishop of Cherson	661	Anicetus of Nicomedia	1143
Agathonica of Thyatira	142	Anna (Anne), Mother of the	
Agathonicus of Nicomedia	1171	Most Holy Theotokos:	
Aggaeus (Haggai), Prophet	377	Conception of	345
Agrippina of Rome	952	Dormition of	1084
Alban, First Martyr of Britain	950	with Joachim	38
Alexander, Patriarch of Constantinople	1204	Anthimus, Bishop of Nicomedia	16
Alexandra (with Antonina)	913	Anthony of the Kiev Caves, Founder	1020
Alexis the Man of God	689	Anthony the Great of Egypt	502
Alexis, Metropolitan of Moscow		Anthony, one of the Seven	
and All Russia	116, 853	Youths of Ephesus	173

Antipas, Bishop of Pergamum	758	Benedict of Nursia	680
Antonina (with Alexandra)	913	Benedimus of Athens	847
Anysia of Thessalonica	433	Blaise, Archbishop of of Sebastia	598
Apelles, Apostle, of the 70	203	Boniface of Rome	392
Aphthonius of Persia	212	Boris, Passion-bearer	1082
Apollonius of Egypt	373	Botolph of Ikanhoe	934
Apostles, Synaxis of the Seventy	458	Brigid of Kildare	572
Apostles: Peter and Paul, Chief Apostles	972	Bucolus, Bishop of Smyrna	583
Apostles: Synaxis of the Twelve	975	Callinicus of Cilicia	1097
Apphia, Apostle	291	Callinicus, Martyr of Appolonia	373
Aquila, Apostle, of the 70	1037	Calliopius of Perga in Pamphylia	747
Aquilina of Byblos, in Syria	921	Callistratus and the Forty-Nine Martyrs	89
Archippus, Apostle, of the 70	291, 621	Capito, Bishop of Cherson	661
Arethas	177	Carpus, Apostle, of the 70	871
Arian of Egypt	373	Carpus, Bishop of Thyatira	142
Aristarchus, Apostle, of the 70	763	Catherine of Alexandria	296
Aristobulus, Apostle, of the 70	203, 682	Cecilia of Rome	292
Arsenius the Great	823	Celsus of Milan	144
Arsenius, Archbishop of Corfu	511	Charitina	114
Artemius, Great Martyr	165	Chariton the Confessor	93
Asyncritus, Apostle, of the 70	751	China, Martyrs of	915
Athanasia of Antioch (with Andronicus)	124	Chionia of Thessalonica	766
Athanasius of Athos	998	Christina of Athens	847
Athanasius the Great,		Christina of Tyre	1080
Patriarch of Alexandria	506, 806	Christodulus of Patmos	687
Athenogenes	1048	Christopher, Great Martyr	828
Autonomus, Bishop from Italy, in Bithynia	43	Chrysanthus (with Daria)	694
Auxentius of Greater Armenia	369	Claudius (with Diodore, <i>et al.</i>)	743
Auxentius on the Mountain	608	Clement of Rome	295
Azarius, one of the Three		Clement, Bishop of Ancyra	529
Children in Babylon	379	Cleonicus of Cappadocia	653
Babylas, Bishop of Antioch	21	Columba of Iona	909
Bacchus, Great Martyr	119	Conon of Isauria	657
Baileus, Bishop of Cherson	661	Consecration of the Church of	
Barbara the Novice	1002	the Holy Resurrection	45, 347
Barbara, Great Martyr	326	Constantine I, the Great, God-crowned	
Barlaam of Antioch	281	Sovereign and Equal to the Apostles	855
Barnabas, Apostle, of the 12	917	Constantine, one of the Seven Youths of	
Barsanuphius the Great	585	Ephesus	173
Bartholomew, Apostle, of the 12	917, 1183	Cosmas of Aetolia, Equal to the Apostles	1179
Baruch, Prophet	91	Cosmas of Rome, Unmercenary	979
Basil of Ancyra, Priest	701	Cosmas the Hymnographer	146
Basil the Confessor, Bishop of Patrium	760	Cosmas, Unmercenary	209
Basil the Confessor, Fellow Ascetic of			
Procopius of Decapolis	643	Crescens of Myra in Lycia	764
Basil the Great, Archbishop		Crescens, Apostle, of the 70	1101
of Caesarea	441, 556	Crete, 10 Martyrs of	406
Basileus, Bishop of Amasia	790	Cross, Honoured and Life-giving:	
Basiliscus, Nephew of Saint		Appearance over Jerusalem	818
Theodore the Tyro	653, 859	Exaltation	48
Bassa of Edessa in Macedonia	1167	Forefeast of the Exaltation	47

Procession of	1111	Ephraim the Syrian	550
Cuthbert, Bishop of Lindisfarne	698	Ephraim, Bishop of Cherson	661
Cyprian, Bishop of Carthage	1212	Epimachus of Egypt	204
Cyprian, Hieromartyr, the Former Sorcerer	108	Epiphanius, Bishop of Cyprus	835
Cyriacus the Anchorite	95	Episteme	221
Cyricus of Iconium	1042	Erastus, Apostle, of the 70	240
Cyril of Belozersk	911	Esaias (Isaiah), Prophet	825
Cyril, Archbishop of Alexandria	506, 907	Eudocia the Samaritan	649
Cyril, Archbishop of Jerusalem	692	Eudocimus of Cappadocia	1102
Cyril, Deacon	722	Eugene of Greater Armenia	369
Cyril, Equal to the Apostles, Enlightener of the Slavs	831	Eugene, Bishop of Cherson	661
Cyrus, Unmercenary	560, 966	Eugenia of Rome	408
Cyzicus, 9 Martyrs of	794	Eugenius, Martyrs in the Quarter	627
Dalmatus of Dalmatus Monastery	1118	Eugraphus	350
Damian of Rome, Unmercenary	979	Eulampia of Nicomedia	128
Damian, Unmercenary	209	Eulampius of Nicomedia	128
Daniel the Stylite	356	Eumenius, Bishop of Gortynia	59
Daniel, Prophet	379	Euphemia the All-famed	53, 1022
Daria	694	Euphrosyne of Alexandria	82
David of Thessalonica	962	Euplus the Deacon	1141
Demetrius the Myrrh-streamer	180	Euppsychius of Caesarea	752
Diodore (with Claudius, <i>et al.</i>)	743	Eusebius, Bishop of Samosata	948
Dionysius of Athens	847	Eusignius of Antioch	1124
Dionysius of Zakynthos	383	Eustathius Placidus	63
Dionysius the Areopagite	110	Eustathius, Bishop of Antioch the Great	626
Dionysius, one of the Seven Youths of Ephesus	173	Eustratius of Greater Armenia	369
Dius of Antioch, Wonderworker	1056	Euthymius of Mount Athos	803
Dometian, Bishop of Melitene	483	Euthymius the Great of Palestine	515
Dometius of Persia	1134	Eutropius of Cappadocia	653
Domnica of Constantinople	475	Eutyches, Disciple of Saint John the Theologian	1175
Dorotheus, Bishop of Tyre	897	Eutychius, Archbishop of Constantinople	745
Dorymedon of Synnada	61	Eutychius, Bishop of Melitene	876
Earthquake, Deliverance from, (Oct. 26)	182	Exacustodian, one of the Seven Youths of Ephesus	173
Ecumenical Council, Seventh	132	Ezekiel, Prophet	1077
Ecumenical Councils, All Seven Councils	1028	Faith, Virgin Martyr	57
Eleazar, Teacher of the Seven Maccabees	1114	Faustus of Dalmatus Monastery	1118
Eleutherius, Bishop of Illyricum	375	Febronia of Murom	958
Elias the Thesbite (Elijah the Tishbite), Prophet	1064	Felicity of Carthage	570
Elipdus, Bishop of Cherson	661	Florus of Illyricum	1161
Elisseus (Elisha), Prophet	923	Forefathers of Christ, Sunday between Dec. 11-18	352
Elizabeth the Wonderworker of Constantinople	787	Gabriel, Archangel	715, 1031
Elizabeth, Grand Duchess of Russia	1002	Galaction (with Episteme)	221
Elpidaphorus of Persia	212	George of Hozeva	477
Emilian of Dorostolum	1052	George of Lydda, Consecration of the Church of	216
Emilian the Confessor, Bishop of Cyzicus	1136	George of Mount Maleon	741
Epenetus, Apostle, of the 70	1101	George the Trophy-bearer	784
Ephesus, Seven Youths of	1119	George, Bishop of Mytilene	749

Gerasimus of Cephalonia, the New Ascetic	167	Hope, Virgin Martyr	57
Gerasimus of the Jordan	655	Hosea, Prophet	152
Germanus of Auxerre	1106	Hyacinth the Chamberlain	988
Germanus, Archbishop of Constantinople	835	Hypatius, Bishop of Gangra	728
Gervasius of Milan	144	Ignatius of Mount Athos	803
Gleb, Passion-bearer	1082	Ignatius the God-bearer, Bishop of Antioch	398, 554
Glyceria the Virgin, of Novgorod	836	Indiction (New Year)	1
Golinduc of Persia	1035	Innocents, Holy. 14,000 infants slain by Herod	430
Gordius of Caesarea	456	Irenaeus, Bishop of Lyons	1173
Gregory I the Great, Pope of Rome	672	Irenarchus of Sebastia	312
Gregory of Decapolis	286	Irene of Chrysovalantou, Abbess	1095
Gregory Palamas, Archbishop of Thessalonica	260	Irene of Thessalonica	766
Gregory the Theologian, Archbishop of Constantinople	539, 556	Irene	814
Gregory V, Patriarch of Constantinople	754	Isaac the Syrian	552
Gregory, Bishop of Agrigentum	294	Isaacus the Confessor, Abbot of Dalmatus Monastery	880, 1118
Gregory, Bishop of Greater Armenia	97	Isadore of Chios	838
Gregory, Bishop of Neocaesarea	275	Isaurus of Athens	932
Gregory, Bishop of Nyssa	483	Isidore of Mount Pelusium	579
Guria of Edessa	264	Jamblichus, one of the Seven Youths of Ephesus	173
Habib of Edessa, Deacon	264	James the Persian	308
Haralampus of Magnesia	595	James, Apostle, of the 12, Brother of Saint John the Theologian	797
Helen, Equal to the Apostles, Mother of Saint Constantine	855	James, Apostle, Son of Alphaeus	123
Helladius, Hieromartyr	872	James, Bishop and Confessor	700
Heraclius of Athens	847	James, Brother of God	175
Herman of Alaska	270, 362	Janarius, Bishop of Benevento	780
Herman of Valaam	970	Jason, Apostle, of the 70	796
Hermes, Apostle, of the 70	751	Jeremias, Prophet	801
Hermias of Cappadocia	882	Jesus Christ, our Lord, God, and Saviour: Holy Napkin	1157
Hermippus of Nicomedia	1088	Meeting in the Temple, Forefeast	565
Hermocrates of Nicomedia	1088	Transfiguration	1130
Hermogenes of Alexandria	350	Transfiguration, Forefeast	1121
Hermogenes, Patriarch of Moscow and All Russia	116, 615	Circumcision of	439
Hermolaus of Nicomedia	1088	Circumcision of	443
Hermylus (with Stratonice)	488	Meeting in the Temple	573
Herodion, Apostle, of the 70	751	Nativity, Eve of	410
Hesychius the Senator	651	Nativity, Forefeast	394
Hierotheus, Bishop of Athens	112	Nativity, Sunday after	418
Hilarion the Great	169	Nativity, Sunday before	385
Hilarion the New, Abbot of Dalmatus Monastery	889	Theophany	468
Hilarion the New, Abbot of Pelecete	720	Theophany, Eve of	465
Hilary of Ancyra	1026	Theophany, Forefeast	446
Hilary of Poitiers	490	Robe of, Deposition of in Moscow	1016
Hilda of Whitby	276	Nativity	414
Holy Apostles of the Seventy	1094	Jesus of Navi (Joshua, Son of Nun)	11
Holy Royal Martyrs of Russia	996	Joachim, Father of the Theotokos	38
Holy Seven Maccabee Children	1114		

Joannicius the Great	217	Juvenal of Alaska	986
Job of Pochaev, Wonderworker	1196	Kiev Caves Lavra:	
Job the Much-suffering, Prophet	816	Synaxis of the Fathers of the Far Caves	1194
Joel, Prophet	158	Synaxis of the Fathers of the Near Caves	68
John Cassian, Confessor	645	Kyriake of Nicomedia	1008
John Chrysostom, Archbishop		Laurence, Archdeacon of Rome	1139
of Constantinople	255, 546, 556	Laurus of Illyricum	1161
John III Scholasticus, Patriarch of		Lazarus of Mount Galesion	227
Constantinople	1204	Leo I the Great, Pope of Rome	619
John Maximovitch, Archbishop of		Leo, Bishop of Catania	624
San Francisco, Wonderworker	942	Leontius of Phonecia	936
John of Damascus	327	Leucius of Asia Minor	373
John of Kronstadt	163	Longinus the Centurion	150
John of Lycus in Egypt (Gaza)	585	Love (Charity), Virgin Martyr	57
John of Rila	161	Lucia of Syracuse	371
John the Almsgiver, Archbishop		Lucian	148
of Alexandria	249	Lucillian of Nicomedia	891
John the Faster	14	Luke of Mount Stirion	589
John the Forerunner, Synaxis of	471	Luke, Apostle and Evangelist	157
John the Hut-dweller	499	Lupus	1171
John the Romanian of Hozeva Monastery	1128	Macarius of Optina	32
John the Russian, the New Confessor	874	Macarius the Great of Egypt	509
John the Theologian, Apostle and Evangelist:		Macarius, Archibishop of Corinth	770
Translation of	86	Macrina, Sister of Saint Basil the Great	1054
Miracle of the Manna	820	Malachias, Prophet	455
John, Abbot of Sinai, Author of the Ladder	724	Mamas, Great Martyr	12
John, Baptist and Forerunner:		Marcella of Chios	1070
Beheading	1200	Marcellus of the Monastery of	
Conception of	72	the Unsleeping, Abbot	431
First and Second Finding	631	Marcian the Notary	178
Nativity	954	Mardius of Greater Armenia	369
Third Finding	867	Marina (Margaret)	1050
John, Disciple of St. Gregory of Decapolis	772	Mark Eugenicus, Metropolitan of Ephesus	513
John, Fellow Ascetic of Symeon of Emesa	1067	Mark, Apostle and Evangelist	789
John, Unmercenary	560, 966	Mark, Bishop of Arethusa	722
Jonas, Metropolitan of Kiev		Martha of Bethany, Sister of Saint Lazarus	893
and All Russia	116, 928	Martin the Confessor, Pope of Rome	762
Jonas, Prophet	65	Martin, Bishop of Tours	251
Joseph of Arimethea	1104	Martinian of Palestine	604
Joseph of Optina	826	Martinian, one of the Seven	
Joseph of Persia, Presbyter	214	Youths of Ephesus	173
Joseph the Confessor,		Martyrius the Notary	178
Archbishop of Thessalonica	1038	Martyrs, Anonymous, 2,593 with Saint	
Joseph the Hymnographer	739	Andrew the Commander	1163
Jude, Apostle, of the 12	938	Mary Magdalene, Myrrh-bearer,	
Julian of Tarsus	946	Equal to the Apostles	1068
Juliana of Nicomedia	400	Mary of Bethany, Sister of Saint Lazarus	893
Julitta of Iconium	1042	Mary of Egypt	733
Junia, Apostle, of the 70	846	Mary, Theotokos and Ever virgin:	
Justin the Philosopher	887	Entry into the Temple, Forefeast	283
Justina, Virgin Martyr (with Cyprian)	108	Annunciation	709

Annunciation, Forefeast of	704	Myron, Presbyter	1159
Deposition of Raiment in Blachernae	982	Nahum, Prophet	325
Deposition of Sash at Chalcoprateia	1209	Narcissus, Apostle, of the 70	203
Dormition	1153	Natalie of Nicomedia, Wife of Saint Adrian	1186
Entry into the Temple	287	Nazarius of Milan	144
Forefeast of the Dormition	1149	Nectarius, Metropolitan of Pentapolis	232
Forefeast of the Nativity	27	Neonilla (with Terence)	193
Icon of "It is Truly Meet" (Axion Estin)	918	Neophytus of Vatopedi Monastery	521
Icon "Joy of All that Sorrow"	1074	Neophytus the Recluse of Cyprus	533
Icon Kazan	1010	Nestor of Thessalonica	187
Icon of Pochaev	1072	Nicander, Bishop of Myra	219
Icon of Prusa	1169	Nicanor, Apostle, one of the 7 Deacons	1094
Icon of Tikhvin	960	Nicephorus (with Claudius, <i>et al.</i>)	743
Icon of Tricherousa (Of the Three Hands)	968	Nicephorus of Antioch in Syria	593
Icon of Vladimir	1184	Nicephorus the Confessor, Patriarch of Constantinople	678, 889
Nativity	34	Nicetas the Confessor, Abbot of Medicum	737
Protection of	101, 189	Nicetas the Goth	51
Synaxis of Miasinae	9	Nicholas Planas, Presbyter of Athens	617
Matrona of Chios	1046	Nicholas the Enlightener of Japan	577
Matrona of Constantinople	238	Nicholas, Archbishop of Myra	337
Matrona of Thessalonica	718	Nicodemus of the Holy Mountain	1040
Matthew, Apostle and Evangelist	274	Nicomedia, 20,000 Martyrs of	428
Matthias, Apostle, of the 12	1138	Nicon "Repent-Ye"	304
Maura of Egypt	808	Nicon and his 199 Disciples	703
Maximilian, one of the Seven Youths of Ephesus	173	Nicopolis in Armenia, 45 Martyrs	1018
Maximus the Confessor	519, 1145	Nilus of Sinai	253
Melania the Elder of Rome	905	Nina (Nino), Enlightener of Georgia	493
Melania the Younger of Rome	435	Ninian, Enlightener of Scotland, Equal to the Apostles	55
Meletius, Archbishop of Antioch the Great	602	Nymphodora of Bithynia	39
Melitene, 33 Martyrs of	225	Olga, Great Princess of Kiev, Equal to the Apostles	1024
Menander, Priest (with Patrick of Prusa)	849	Olympas, Apostle, of the 70	240
Menas of Egypt	243, 245	Onesimus, Apostle	291, 610
Menas the Most Eloquent	350	Onesiphorus (with Porphyrius)	236
Menodora of Bithynia	39	Onuphrius, the Great, of Egypt	920
Mercurius	298	Optina Hermitage, Synaxis of the Righteous Fathers of	130
Methodius of Patara, Bishop of Olympus	944	Orestes of Cappadocia	241
Methodius, Archbishop of Constantinople, Confessor	925	Orestes of Greater Armenia	369
Methodius, Equal to the Apostles, Enlightener of the Slavs	831	Oswald, King of Northumbria	1126
Metrodora of Bithynia	39	Pachomius the Great	840
Metrophanes, Archbishop of Constantinople	895	Paisius the Great, of Egypt	940
Michael the Confessor, Bishop of Synnada	861	Paisius Velichkovsky	266
Michael, Archangel	25, 229	Pamphilus, Martyr in Caesarea of Palestine	611
Michaias (Micah), Prophet	1152	Pancratius, Bishop of Tauromenium	1014
Misael, one of the Three Children in Babylon	379	Panteleimon, Great Martyr and Healer	1091
Mocius of Amphipolis	833	Paphnutius, Hieromartyr	774
Moses the Ethiopian	1192	Pappias (with Claudius, <i>et al.</i>)	743
Moses, Prophet	20		

Papylus of Thyatira, Deacon	142	Porphyrius (with Onesiphorus)	236
Paramonus of Bithynia	314	Porphyrius, Bishop of Gaza	637
Paraskeve of Rome	1090	Probus (with Tarachus and Andronicus)	140
Parmenas, Apostle, one of the 7 Deacons	1094	Prochorus, Apostle, one of the 7 Deacons	1094
Parthenius, Bishop of Lampsacus	589	Proclus of Ancyra	1026
Patapius of Thebes	343	Proclus, Archbishop of Constantinople	286
Patrick, Bishop of Prusa	849	Procopius of Decapolis, Confessor	641
Patrick, Enlightener of Ireland, Equal to the Apostles	691	Procopius, Great Martyr	1012
Paul of Thebes	497	Protasius of Milan	144
Paul the Confessor, Archbishop of Constantinople	223	Pudens, Apostle, of the 70	763
Paul the New, Patriarch of Constantinople	1204	Quadratus of Corinth	668
Paul, Apostle of the Nations	972	Quadratus, Apostle	67
Paul, Martyr in Athens	847	Quartus, Apostle, of the 70	240
Paulinus of Athens	847	Rodion, Apostle, of the 70	240
Pegasius of Persia	212	Romanus of Palestine	278
Pelagia of Tarsus	812	Romanus the Melodist	106
Pelagia, Former Courtesan	121	Rufus, Apostle, of the 70	751
Perpetua of Carthage	570	Russia, All New Martyrs of	527
Peter of Alexandria	295	Sabbas the Sanctified	333
Peter of Athos, Righteous	920	Sabbas, Archbishop of Serbia	495
Peter of Lampsacus	865	Sabbatius of Antioch	61
Peter the Aleut	366	Sabine of Egypt	685
Peter, Apostle, Chief of the 12	972	Saint Sabbas Monastery, Martyrs of	696
Veneration of the Precious Chains	501	Samson the Hospitable	964
Peter, Metropolitan of Moscow and All Russia	116, 402, 1177	Samuel, Prophet	1165
Phanurius, the Newly-Revealed	1188	Sebastia, 40 Martyrs of	665
Philaret the Almsgiver	322	Sebastian of Rome	390
Philemon of Egypt	373	Seraphim of Sarov, Wonderworker	451, 1060
Philemon, Apostle, of the 70	291	Serapion (or Sarapinus) (with Claudius, <i>et al.</i>)	743
Philip, Apostle, of the 12	259	Serbia, New Martyrs of, slain by the Latins	1207
Philip, Apostle, one of the 7 Deacons	137	Serbia, Synaxis of the Holy Hierarchs	1205
Philip, Metropolitan of Moscow and All Russia	116, 481, 992	Sergius of Radonezh, Wonderworker	84, 1000
Philothei of Athens	622	Sergius of Valaam	970
Philumenus of Ancyra	314	Sergius, Great Martyr	119
Phlegon, Apostle, of the 70	751	Shamuna of Edessa	264
Phocas, Bishop of Sinope	70, 1078	Silas, Apostle, of the 70	1101
Photine the Samaritan Woman	639	Silouan the Athonite	78
Photius of Nicomedia	1143	Silvan, Apostle, of the 70	1101
Photius the Great, Patriarch of Constantinople	587	Simon the Zealot, Apostle	830
Pimen of the Kiev Caves, the Faster	1190	Sinai and Raithu	492
Pistus of Edessa in Macedonia	1167	Sisoës the Great of Egypt	1004
Plato of Ancyra	278	Solomone, Mother of the Seven Maccabees	1114
Polyaenus, Priest (with Patrick of Prusa)	849	Sophia, Mother of Saints Faith, Hope and Love of Rome	57
Polycarp, Bishop of Smyrna	629	Sophonias, Prophet	325
Polyeuctus of Melitene	479	Sophronius, Archbishop of Jerusalem	670
Pompey of Carthage	756	Sosipater, Apostle, of the 70	240, 796
		Sozon of Lycaonian	30

Spyridon, Bishop of Trimythus	358	Theodosius the Cenobiarch	484
Stachys, Apostle, of the 70	203	Theodota, Virgin Martyr	1099
Stephen of Saint Sabbas Monastery	195, 1033	Theodotus of Ancyra	901
Stephen the New	310	Theognius of Edessa in Macedonia	1167
Stephen, Archdeacon	422	Theonas (with Theopemptus)	461
Stephen, First Martyr and Archdeacon	1116	Theopemptus, Bishop	461
Stratonicus (with Hermylus)	488	Theophanes the Branded	135
Stylian of Paphlagonia	306	Theophanes the Confessor	674
Susanna (Shushanik), Queen of Georgia	155, 1198	Theophano, Empress	378
Sylvester, Pope of Rome	449	Theophylact, the Confessor, Bishop of Nicomedia	663
Symeon of Emesa, Fool for Christ's Sake	1067	Theopiste, Wife of Saint Eustathius	63
Symeon of the Wondrous Mountain	863	Theopistus, Son of Saint Eustathius	63
Symeon the Myrrh-streamer	606	Thomas of Mount Maleon	1006
Symeon the New Theologian	138	Thomas, Apostle	118
Symeon the New Theologian	676	Thyrus Martyr at Appolonia	373
Symeon the Stylite	3	Tiburtius of Rome	292
Symeon, Bishop of Jerusalem, Kinsman of the Lord	792	Tikhon of Zadonsk, Bishop of Voronezh	1147
Symeon, Bishop of Persia	768	Tikhon the Confessor, Patriarch of Moscow and All Russia	116, 707
Syncletike	463	Tikhon, Bishop of Amathus in Cyprus	930
Tamara (Tamar), Queen of Georgia	802	Timon, Apostle, one of the 7 Deacons	1094
Tarachus	140	Timothy of Egypt	808
Tarasius, Archbishop of Constantinople	635	Timothy of Symbola	626
Tatiana of Rome, Deaconess	486	Timothy, Apostle, Disciple of Saint Paul	523
Terence (with Neonilla)	193	Titus the Wonderworker	735
Terence of Carthage	756	Titus, Apostle, of the 12	1183
Thaddaeus, Apostle, of the 70	1166	Trophimus of Synnada	61
Thalleus of Phoenicia	851	Trophimus, Apostle, of the 70	763
Thecla, First Martyr Equal to the Apostles	76	Trypho of Pechenga	568
Theoctistus, Abbot of Cucomo in Sicily	459	Urban, Apostle, of the 70	203
Theoctistus, Fellow Ascetic of St. Euthymius	18	Valerian of Rome	292
Theodora of Alexandria	41	Varus	159
Theodora, Empress who restored the Holy Icons	600	Victor (with Claudius, <i>et al.</i>)	743
Theodore of Sykeon, Bishop of Anastasiopolis, Wonderworker	782	Victor of Italy	245
Theodore of the Hair-Shirt	776	Victorinus (with Claudius, <i>et al.</i>)	743
Theodore the Branded	424	Vincent of Lerins, Righteous	865
Theodore the Commander	903	Vincent of Saragossa	245
Theodore the Sanctified, of Egypt	844	Vladimir, Great Prince of Kiev, Equal to the Apostles	1044
Theodore the Studite	247	Xenia of Rome	535
Theodore the Tyro	613	Xenia of St. Petersburg	537
Theodore, Bishop of Edessa	1058	Xenophon of Robeika	545
Theodore, the Commander	590	Zacchaeus, Apostle	778
Theodosia of Tyre	878	Zacharias, Prophet, Father of the Forerunner	23, 592
Theodosius of the Kiev Caves, Abbot	810	Zenobia of Aegae in Cilicia	201
		Zenobius of Aegae in Cilicia	201





*Glory be to God
for all things.
Amen*