

Morning Prayers

[The Trisagion Prayers](#)

[Prayer of St. Seraphim of Sarov](#)

O Heavenly King, O Comforter, the Spirit of Truth, Who art in all places and fillest all things, the Treasury of good things and Giver of life, come and abide in us. Cleanse us from every stain and save our souls, O Good One.

[Morning Prayer to the Holy Trinity](#)

[Morning Prayer of St. Basil the Great](#)

The Trisagion Prayers

[Psalm 51](#)

(From Pascha until Ascension we sing "Christ is Risen" 3X in place of Glory to thee... thru Holy God)

[The Little Doxology](#)

Holy God, Holy Mighty Holy Immortal, Have Mercy On us. (3x)

[Intercessions for the Living](#)

Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

[Prayers for the Departed](#)

All Holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities.

[Prayer to your Gaurdian Angel](#)

Holy God, visit and heal our infirmities for thy Name's sake.

[Prayer for Tranquillity](#)

Lord have mercy. Lord have mercy. Lord have mercy.

[Prayer for the acceptance of God's will](#)

Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.
The Lord's Prayer

[Prayer of St. Ephraim](#)

Our Father, Who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

[Prayer for the acceptance of Gods will](#)

Priest: For Thine is the kingdom and the power and the glory of the Father and of the Son and of the Holy Spirit , now and ever and unto ages of ages.

[Hymn to the Theotokos](#)

All: Amen.
O God be merciful to me a sinner. (3x)

Prayer of St. Seraphim of Sarov

Lord, cleanse me of my sins and have mercy on me. There is no way to measure my sin; have mercy on me. Lord, forgive the many times I disobey thee. Master, I bow down before thy cross and glorify thy resurrection. Lord, when I sin in what I say and do, have mercy on me because of thy great compassion.

Morning Prayer to the Holy Trinity

Having arisen from sleep, we fall down before thee, O Blessed One, and sing to thee, O Mighty One, the Angelic Hymn: Holy, holy, holy art Thou, O God. Through the Theotokos have mercy on us.

Glory to the Father and to the Son and to the Holy Spirit.

Having raised me from my bed and from sleep, O Lord, enlighten my mind and my heart, and open my lips that I may praise thee, O Holy Trinity: Holy, holy, holy art Thou, O God. Through

the Theotokos have mercy on us.

Both now and ever and unto ages of ages. Amen.

The Judge shall come suddenly, and the deeds of each shall be revealed: but with fear we cry out in the middle of the night: Holy, holy, holy art Thou, O God. Through the Theotokos have mercy on us.

Lord, have mercy. (12x)

Morning Prayer of St. Basil the Great

Arising from sleep, I thank thee, O Holy Trinity, for thy lovingkindness and patience. Thou hast not been angry with me for my laziness and sinfulness. Nor hast Thou destroyed me for the wrongs I have done.

Instead, in thy usual love for mankind, Thou hast raised me up as I lay in despair, that I might rise early and glorify thy Lordship.

Enlighten now the eyes of my mind and open my mouth to receive thy words and understand thy commandments. Help me to obey thy will, sing to thee with all my heart, and praise Thine All-holy name: of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

Psalm 51

Have mercy on me, O God, according to your lovingkindness;
According to the multitude of your tender mercies, blot out my transgressions.

Wash me thoroughly from my iniquity,
And cleanse me from my sin.

For I acknowledge my transgressions,
And my sin is always before me.

Against you, you only, have I sinned,
And done this evil in your sight.

That you may be found just when you speak,
And blameless when you judge.

Behold, I was brought forth in iniquity,
And in sin my mother conceived me.

Behold, you desire truth in the inward parts,
And in the hidden part you will make me to know wisdom.

Purge me with hyssop, and I shall be clean;
Wash me, and I shall be whiter than snow.

Make me hear joy and gladness,
That the bones you have broken may rejoice.

Hide your face from my sins
And blot out all my iniquities.

Create in me a clean heart, O God,
And renew a steadfast spirit within me.

Do not cast me away from your presence,
And do not take your Holy Spirit from me.

Restore to me the joy of your salvation,
And uphold me by your generous Spirit.

Then I will teach transgressors your ways,
And sinners shall be converted to you.

Deliver me from the guilt of bloodshed, O God,
And my tongue shall sing aloud of your righteousness,

O Lord, open my lips,
And my mouth shall show forth your praise.

For you do not desire sacrifice or else I would give it;
you do not delight in burnt offering.

The sacrifices of God are a broken spirit;
A broken and contrite heart, these, O God, you will not despise.

Do good in your good pleasure to Zion,
Build the walls of Jerusalem.

Then you will be pleased with the sacrifices of righteousness, with burnt offerings and whole
burnt offerings,
Then shall they offer bulls on your altar.

The Little Doxology

Glory to God in the Highest, and on earth peace, good will among men.

We hymn thee, we bless thee, we worship thee, we glorify thee, we give thanks unto thee for
thy great glory.
Lord King, heavenly God, Father Almighty; O Lord, the only-begotten Son, Jesus Christ; and
the Holy Spirit.

Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy
on us, Thou that takest away the sins of the world.

Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.

For Thou only art holy, Thou only art the Lord, Jesus Christ, to the glory of God the Father.
Amen.

Every day will I bless thee, and praise thy name forever; yea, forever and ever.

Lord, Thou hast been our refuge from generation to generation. I said: Lord, be merciful unto
me; heal my soul, for I have sinned against thee.

Lord, I have fled unto thee; teach me to do thy will, for Thou art my God.

For with thee is the fountain of life; in thy light shall we see light.

O continue thy mercy unto them that know thee.

Vouchsafe, O Lord, to keep us this day without sin.

Blessed art Thou, O Lord, the God of our fathers, and praised and glorified is thy name forever.
Amen.

Let thy mercy be upon us, O Lord, even as we have set our hope on thee.

Blessed art Thou, O Lord: teach me thy statutes.
Blessed art Thou, O Master: make me to understand thy statutes.

Blessed art Thou, O Holy One: enlighten me with thy statutes.

Their mercy, O Lord, endureth forever. O despise not the works of thy hands.

To thee belongeth worship, to thee belongeth praise, to thee belongeth glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

A reading from the Epistle and the Gospel of the day may be read here. See lectionary.

The Nicene Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the Only-begotten, Begotten of the Father before all worlds. Light of Light, Very God of Very God, Begotten, not made; of one essence with the Father, by whom all things were made: Who for us men and for our salvation came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary, and was made man; and was crucified also for us under Pontius Pilate, and suffered and was buried; and the third day He rose again, according to the Scriptures; and ascended into heaven, and sits at the right hand of the Father; and He shall come again with glory to judge the living and the dead, Whose kingdom shall have no end.

And I believe in the Holy Spirit, the Lord, and Giver of Life, Who proceeds from the Father, Who with the Father and the Son together is worshipped and glorified, Who spoke by the prophets.

And I believe in one Holy Catholic and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead, and the life of the world to come. Amen.

Intercessions for the Living

Lord Jesus Christ, because of your everlasting mercy and lovingkindness you became man, enduring crucifixion and death for the salvation of all who truly believe in you. You rose from the dead and now sit on the right hand of the Father, yet you hear the humble prayers of those who call upon you with all their heart. Turn now your ear to your lowly servant who prays for all your people.

First of all remember your Holy Catholic and Apostolic Church which you redeemed with your precious blood. Keep it strong and growing; keep it in peace; protect it from the gates of hell forever; heal the divisions of the Churches; silence those who speak against her, and root out every heresy by the power of your Holy Spirit.

Lord, have mercy and save our rulers and all who protect us. Keep our nations at peace and subdue the enemies of good government. May our government be at peace with your Holy Church and all your people, that we may have a tranquil life, free to pursue right belief, virtue, and godly living.

Lord have mercy and save the holy patriarchs, bishops, and clergy of your Church. you have ordained them to feed the flock with your everlasting Word. Through their prayers have mercy on me, a sinner, and save me.

Lord have mercy and save all the monks and nuns, and all who in virginity, reverence, and fasting serve you piously. Lighten their burden and grant them strength in their struggles.

Lord have mercy and save my family and my friends (parents, brothers and sisters, spouse, children, others) Give them blessings now and salvation in the life to come.

Lord have mercy and save:

--the very old and the very young

--the needy

--orphans

--widows

--the sick and afflicted

--those in sorrow and distress

--the imprisoned

--Christians who suffer for your sake

--those in military service

--travelers

--unborn children, that they may be protected in their mother's womb

--(others who come to mind)

Remember them, and come to them with strength and comfort, and quickly deliver them.

Lord have mercy and save those who slander and work against me. Help me to love them, forgive them, and pray for their salvation. Bring those who fall from the true faith to the light of your holy wisdom, and unite them to your Holy, Catholic, and Apostolic Church. Amen.

Prayers For the Departed

Lord remember those who have fallen asleep in the hope of resurrection and eternal life (those who come to mind). Forgive all their sins committed in knowledge or ignorance. Let them enjoy thy eternal blessings in the Light of thy presence; grant them peace, refreshment, fellowship with thy saints, and life that never ends. Have mercy on us, for Thou art full of grace and lovest mankind. Amen.

Prayer to your Guardian Angel

Holy Guardian Angel, do not depart from me, a sinner, or allow me to be overcome by the enemy. Give strength to my weak hand, and set me on the path of salvation. Forgive me when I offend thee, and protect me in the coming day, that I may not anger God by sinning. Pray to God for me that I may come to Reverence Him and become a servant worthy of His great kindness. Amen.

A Prayer For Tranquillity

O Lord grant that I may meet all that this coming day brings to me with spiritual tranquillity. Grant that I may fully surrender myself to thy Holy will. At every hour of this day, reveal thy will to me. Bless my dealings with all who surround me. Whatsoever news may reach me in the course of the day, teach me to accept it with a calm soul and the firm conviction that all is subject to thy Holy will.

Direct my thoughts and feelings in all my words and actions. In all unexpected occurrences, do not let me forget that all is sent down from thee. Grant that I may deal straightforwardly and wisely, neither embarrassing nor saddening anyone.

O Lord, grant me the strength to endure the fatigue of the coming day and all the events that take place during it. Direct my will and teach me to pray, to believe, to hope, to be patient, to forgive and to love. Amen.

Prayer for the Acceptance of God's Will

O Lord, I do not know what to ask of thee. Thou alone know what are my true needs. Thou lovest me more than I myself know how to love. Help me to see my real needs which are concealed from me. I do not dare ask either for a cross or for consolation. I can only wait on thee. My heart is open to thee. Visit and help me, for the sake of thy great mercy. Strike me down and heal me; cast me down and raise me up. I worship in silence thy Holy will and thy unsearchable ways. I offer myself as a sacrifice to thee. I have no other desire than to fulfill thy will. Teach me to pray. Pray Thou thyself in me. Amen.

The Lenten Prayer of St. Ephraim (used during Lent)

O Lord and Master of my life, do not give to me the spirit of laziness, faintheartedness, lust for power, and idle talk. (*prostration*)

But give to me, thy servant, the spirit of purity, humility, patience and love. (*prostration*)

O Lord and King, grant me to see my own faults and not to judge my brother, for blessed art Thou unto ages of ages. (*prostration*)

O God, cleanse me, a sinner. (12x)

Repeat entire prayer with one prostration at the end.

Personal Prayers

The following prayers, as well as your personal prayers and praise may be offered up silently at this point.

Prayer to your Patron Saint

Pray to God for me, holy (*name of patron saint*) for with fervor I run to thee, swift helper and intercessor for my soul.

Prayer to Overcome Sin

O Lord, I also specifically pray that you will empower me to overcome the sin of (____), that most seriously grieves me, and that I would gain the opposing virtue of (____).

Hymn to the Theotokos

More honorable than the cherubim,
And More glorious beyond compare
than the seraphim,
Thou who without stain barest God the Word,
And art truly Theotokos, we magnify thee.

Dismissal

Glory to the Father and to the Son and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us and save us.

People: Amen.

A special reading from the lives of the Saints may be read here.